

2022

식품수급표

2022 FOOD BALANCE SHEET

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2022년도 식품수급표

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머 리 말

세계 160여 개국은 FAO의 권장 방식에 따라 자국의 식품 및 영양수급 분석표인 식품수급표를 작성하고 있으며, 우리나라도 이 방식에 따라 1962년부터 식품수급표를 작성해 왔다.

식품수급표는 국민에게 공급되는 식품의 수급 상황과 1인 1일당 식품공급량 및 영양공급량 등을 제시하고 있어 식품수급정책의 기초자료와 국민영양 및 식생활 개선을 위한 연구 자료로 널리 이용되고 있으며, 세계 여러 나라와의 국제 비교도 가능하다.

식품수급표의 영양공급량은 식품공급량에 영양성분가를 적용하여 계산한 결과로서 취사, 조리, 폐기 등의 과정에서 발생하는 감량이 포함되지 않는다. 그러므로 영양공급량은 영양섭취량과 개념상 구별되어야 한다.

식품수급표는 1999년부터 에너지 자급률 산정방식을 새로이 정립하여 발표하고 있으며, 2015년도 식품수급표(확정치)부터는 2017년도 6월에 발표된 『식품성분표』(제9개정판)가 적용되었다. 올해는 국민건강영양조사 결과를 바탕으로 쌀 품목별 섭취량 추이를 성별, 연령대별로 파악할 수 있는 내용이 추가되었다.

끝으로 이 보고서의 작성을 위해 협조를 아끼지 않으신 여러 자문위원, 그리고 기초통계를 제공한 관련 부처의 여러분께 감사드린다.

2023. 12.

한국농촌경제연구원장 **한 두 봉**

2022년도 식품수급표 작성

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원고 작성

2022년도 식품수급표의 다음 사항은 한국보건산업진흥원 연미영 박사가
집필하였다.

- 영양섭취기준
- 식품수급의 영양 평가를 위한 주요 영양소 결정
- 식품수급의 영양 평가

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제 1 장

식품수급표 작성요령

작성상의 일반원칙
이용자를 위한 참고사항
용어해설

1.1. 작성상의 일반원칙

① 조사 대상기간

2022년 1월 1일부터 12월 31일까지를 조사 대상기간으로 하였으나, 양곡은 미곡 연도를 기준으로 하였다.

② 조사 범위

위의 조사기간 동안의 국민 1인 1일당 식품공급량을 조사하였으며, 이에 의하여 국민 1인 1일당 에너지·단백질·지방질·무기질 및 비타민 등 영양공급량을 산출하였다.

③ 조사 대상품목(식품군의 분류)

우리나라 국민이 일반적으로 식용하고 있는 모든 식품을 조사대상으로 하였다. 다만, 생산 및 공급량에 관한 자료가 극히 불충분하고 국민영양공급에의 기여도가 낮은 일부품목은 제외하였다. 이들 식품의 분류와 배열은 FAO 방식에 준하였다.

④ 조사 항목

위의 조사대상 품목별로 생산량, 이입량, 수입량, 이월량, 수출량, 사료용, 종자용, 가공용 중 식용·비식용(공업용), 감모량 등을 조사하여 식용공급량을 산출하였다. 각 조사항목 간의 관계는 다음과 같다.

$$\textcircled{1} \text{ 생산량} + \text{수입량} + \text{이입량} = \text{총공급량}$$

$$\textcircled{2} \text{ 총공급량} - (\text{이월량} + \text{수출량} + \text{사료용} + \text{종자용} + \text{감모량} + \text{식용가공업용} + \text{비식용가공업용}) = \text{식용공급량}$$

1인 1일당 식품공급량은 각 식품별로 그 식용공급량을 2022년도 인구 5,166만 5,660명으로 나누어 얻은 1인 1년당 공급량을 365일로 나누어 산출하였으며, 여기에 각 영양성분가를 곱하여 영양공급량을 구하였다.

⑤ 조사자료와 수집방법

기본 통계자료는 농림축산식품부, 해양수산부, 통계청, 국세청, 산림청 등 책임 있는 기관이 작성한 공식자료를 수집하여 사용하였다. 관계기관 간의 수치 차이가 있을 때에는 재확인하였다.

⑥ 영양성분가 적용

영양성분가는 농촌진흥청 국립농업과학원의 식품성분표[(2011년도(확정치)부터 제8개정판, 2015년도 식품수급표(확정치)부터는 제9개정판을 적용함)]를 이용하였으며, 보완을 요하는 사항은 자문위원회의 자문을 구했다.

1.2. 이용자를 위한 참고사항

① 이 수급표상의 ‘공급량’은 각 식품의 가식부분 중량(weight of edible portion)으로 나타내었다. 다만 서류, 견과류, 채소류, 과일류, 어패류 및 해조류 등은 생중량으로 표시하였다.

② 이 수급표에 표시된 1인당 공급량과 실제 섭취량 간에는 다소 차이가 있다. 섭취량이 아니라 공급량의 조사결과이므로 영양개선의 기초자료보다는 식량 수급정책의 기초자료로 이용하는 것이 적절하며, FAO가 권고한 양식에 준하여 작성하였기 때문에 국제비교의 자료로도 이용할 수 있다.

1.3. 용어해설

① 생산량

2022년 1월 1일부터 12월 31일 사이의 국내생산량. 단, 미곡과 고구마 등 추곡은 전년도 생산량을 적용하였다.

② 수입량

당해 연도에 외국에서 수입한 총량. 단, 일반수입과 원조 형식의 수입은 포함하나 밀수입분은 제외하였다.

③ 이입량

2021년도 말 재고량으로 2021년에서 2022년으로 이월되어 넘어온 양.

④ 총공급량 : 생산량+수입량+이입량

⑤ 이월량

2022년도 말 재고량. 즉, 2022년에서 2023년으로 이월된 양.

⑥ 수출량

당해 연도에 외국으로 수출한 양. 일반유환수출과 무환수출을 포함한다. 소관 행정기관의 수치를 사용하였으며, 무역통계연보(관세청)도 참고하였다.

⑦ 사료용

당해 연도 총공급량에서 사료용으로 공급한 양.

⑧ 종자용

당해 연도 총공급량에서 종자용으로 공급한 양.

⑨ 감모량

총공급량 가운데 생산에서 조리과정에 이르기까지의 운반, 가공 및 유통과정에서 손실된 양. 감모량 산출에 사용한 품목별 감모율은 후기하였다.

⑩ 식용가공량

당해 연도 총공급량에서 식용가공용으로 공급한 양. 단, 양조용, 착유용(두류, 종실류) 및 분유·연유제조용(우유) 등만을 계상하고, 기타 식용가공량은 식용공급량에 포함시켰다.

⑪ 비식용가공량

당해 연도 총공급량에서 비식용인 공업용 등으로 공급한 양.

⑫ 식용 공급량

총공급량 - (이월 + 수출 + 사료 + 종자 + 감모 + 식용가공량 + 비식용가공량).

⑬ 순식용 공급량

식용공급량에서 폐기분을 제외한 양.

14 1인 1년당 공급량

순식용공급량을 2022년도 인구 5,166만 5,660명으로 나누어 산출한 양.

15 1인 1일당 공급량

1인 1년당 공급량을 365일로 나누어 산출한 양.

16 1인 1일당 영양공급량

1인 1일당 순식용공급량에 식품별 영양성분가를 적용하여 산출한 양.

17 폐기율

식용공급량 중 통상 비가식 부분으로 폐기하는 양의 비율.

제 2 장

결과의 개요

개요

쌀 품목별 섭취량 추이

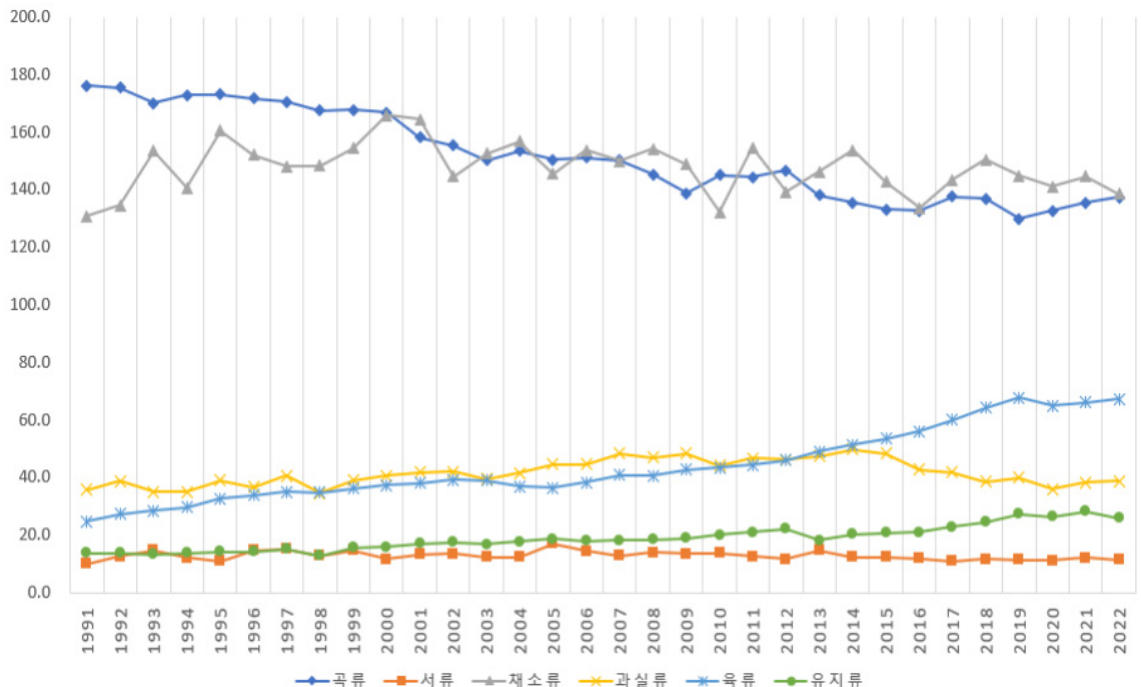
2.1. 개요

연도별 식품류별 1인 1년간 식품공급량 추이는 <그림 2-1>에서 보는 바와 같다. 2022년은 식품류별 1인 1년간 식품공급량 증감은 품목류에 따라 차이가 존재하였다. 가장 큰 증가폭을 나타낸 품목류는 육류로 전년 대비 1.6% 증가하였으며, 다음으로 과실류 1.5%, 곡류 1.4% 등으로 나타났다. 반면 가장 큰 감소폭을 나타낸 품목류는 유지류로 전년 대비 8.5% 감소하였으며, 서류와 채소류는 각각 5.3%와 4.1% 감소하였다.

국민 1인 1일당 평균 에너지와 각 영양소의 공급 상태의 경우 전년 대비 ① 에너지는 49kcal 감소한 3,092kcal가 공급되었으며, ② 단백질은 0.3g이 감소한 112.9g이 공급되었다. ③ 지방질은 전년 대비 6.6g이 감소한 115.7g이 공급되었으며, ④ 무기질 중 칼슘은 8.3mg이 감소한 795.6mg, 철은 0.3mg 감소한 23.8mg이 각각 공급되었다. ⑤ 비타민 A는 38R.E.가 감소한 1,278R.E., 비타민 B1과 B2는 전년도와 유사한 수준인 2.25mg, 2.45mg이 공급되었다. 나이아신은 전년도와 유사한 수준인 23.2mg이며, 비타민 C는 전년 대비 2.6mg 감소한 74.3mg이 공급되었다.

그림 2-1. 식품류별 식품공급량 추이(1인 1년간)

단위: kg



가. 공급식품

① 곡류

2022년도 국민 1인당 연간 곡류 공급량은 137.5kg(1일당 376.7g)으로 전년도보다 1.9kg 증가했으며, 과거 가장 많이 공급된 1979년도의 192.4kg에 비하면 54.9kg 감소한 수준이다.

- ① 쌀: 2022년도 국민 1인당 연간 쌀 공급량은 67.4kg(1인 1일당 184.7g)으로 전년도보다 0.4kg 증가하였다. 1979년도의 136.0kg에 비해서는 68.6kg 감소한 수치이다.
- ② 보리: 2022년도 국민 1인당 연간 보리 공급량은 0.5kg(1인 1일당 1.3g)으로 전년대비 0.1kg 감소한 수치이다.
- ③ 밀: 2022년도 국민 1인당 연간 밀 공급량은 37.8kg(1인 1일당 103.5g)으로, 전년도보다 1kg 증가하였다.
- ④ 옥수수: 2022년도 국민 1인당 연간 옥수수 공급량은 27.3kg(1인 1일당 74.8g)으로 전년 대비 0.5kg 증가하였다.

② 서류

2022년도 국민 1인당 연간 서류 공급량은 11.6kg(1인 1일당 31.7g)으로 전년도보다 0.7kg 감소하였다. 감자는 연간 국민 1인당 7.1kg(1인 1일당 19.5g)이 공급되어 전년도보다 1kg 감소하였다. 고구마는 국민 1인당 연간 4.4kg(1인 1일당 12.2g)이 공급되어 전년도보다 0.3kg 증가하였다.

③ 설탕류

2022년도 국민 1인당 설탕류 공급량은 연간 22.9kg(1인 1일당 62.9g)으로 전년도와 동일하였다.

④ 두류

2022년도 국민 1인당 연간 두류 공급량은 9.2kg(1인 1일당 25.2g)으로 전년도보다 0.7kg 증가하였다. 콩의 공급량은 국민 1인당 연간 7.3kg(1인 1일당 20.0g)으로 전년도보다 0.9kg 증가하였다. 팥은 국민 1인당 연간 0.4kg이 공급되어 전년도와 동일하였다. 기타 두류의 국민 1인당 연간 공급량은 1.5kg으로 전년도보다 0.1kg 감소하였다.

⑤ 견과류

2022년도의 국민 1인당 연간 견과류 공급량은 1.9kg으로 전년도보다 0.3kg 감소하였다.

⑥ 종실류

2022년도 국민 1인당 연간 종실류 공급량은 0.8kg으로 전년도보다 0.1kg 증가하였다. 참깨는 0.3kg이 공급되어 전년도와 동일하였으며, 기타 종실류 역시 0.4kg이 공급되어 전년도와 동일하였다.

⑦ 채소류

2022년도 국민 1인당 연간 채소류 공급량은 138.6kg(1인 1일당 379.7g)으로 전년도보다 5.9kg이 감소하였다.

⑧ 과실류

2022년도의 국민 1인당 연간 과실류 공급량은 38.9kg(1인 1일당 106.6g)으로 전년도보다 0.6kg이 증가하였다.

⑨ 육류

2022년도의 국민 1인당 연간 육류 공급량은 67.3kg(1인 1일당 184.4g)으로 전년도보다 1.1kg이 증가하였다. 품목별로 살펴보면 (i) 쇠고기는 국민 1인당 연간 14.3kg(1인 1일당 39.2g)이 공급되어 전년도보다 0.9kg 증가하였다. (ii) 돼지고기의 국민 1인당 연간 공급량은 29.1kg(1인 1일당 79.7g)으로 전년도와 동일한 수준이다. (iii) 닭고기는 국민 1인당 연간 11.6kg(1인 1일당 31.8g)이 공급되어 전년도보다 0.2kg 증가하였다. (iv) 육류 부산물의 국민 1인당 연간 공급량은 12.3kg(1인 1일 33.7g)으로 전년도보다 0.1kg 감소하였다.

⑩ 계란류¹⁾

2022년도 국민 1인당 연간 계란류 공급량은 11.6kg(1인 1일당 31.8g)으로 전년도보다 0.2kg 감소하였다.

1) 2021년 계란류의 생산량 및 수출입량은 한국농촌경제연구원의 『2023 농업전망-계란수급 동향』을 참고하여 작성됨.

11 우유류

2022년도 국민 1인당 연간 우유류 공급량은 76.8kg(1인 1일당 210.5g)으로 전년도보다 0.4kg이 감소하였다.

12 어패류²⁾

2022년도의 국민 1인당 연간 어패류 공급량은 37.7kg(1인 1일당 103.2g)으로 전년도보다 2.7kg 감소하였다. 어류의 공급량은 국민 1인당 연간 20.7kg(1인 1일당 56.6g)으로 전년도보다 2.6kg 감소하였다. 패류의 공급량은 국민 1인당 연간 17.0kg(1인 1일당 46.6g)으로 전년도보다 0.1kg 감소하였다.

13 해조류³⁾

2022년도 국민 1인당 연간 해조류 공급량은 25.6kg(국민 1인 1일당 70.2g)으로 전년도보다 2.4kg 감소하였다.

14 유지류

2022년도 국민 1인당 연간 유지류 공급량은 25.9kg(1인 1일당 70.9g)으로 전년도보다 2.4kg이 감소하였다. 식물성 유지류의 공급량은 국민 1인당 연간 25.5kg으로 전체 공급 유지류의 98.7%를 차지하고 있으며, 전년도보다 2.4kg 감소하였다. 동물성 유지의 국민 1인당 연간 공급량은 0.3kg으로 전년도보다 0.1kg 감소하였다⁴⁾.

15 주(酒)류

2022년도 국민 1인당 연간 주류 공급량은 63.7kg(1인 1일당 174.5g)으로 전년도보다 2.3kg이 증가하였다.

2) 어패류의 생산량 및 수출입량은 한국해양수산개발원(KMI) 수산업관측센터에 위탁하여 작성됨.

3) 해조류의 생산량 및 수출입량은 한국해양수산개발원(KMI) 수산업관측센터에 위탁하여 작성됨.

4) 동물성 유지류 생산량은 통계자료가 발표되고 있는 어유가 주종이고, 공식통계가 집계되고 있지 않은 우지와 돈지는 현재 산정되지 않고 있음.

나. 공급에너지와 영양소

2022년도 국민 1인 1일당 공급에너지는 3,092kcal(전년 대비 49kcal 감소)이며, 단백질은 112.9g(전년 대비 0.3g 감소), 지방은 115.7g(전년 대비 6.6g 감소)이 공급되었다.

① 에너지

연도별 국민 1인 1일당 에너지 공급 추이는 <표 2-1>과 같다. 국민 1인 1일당 에너지 공급량은 2015년 이후 2019년(3,063kcal)까지 증가하다 2020년(3,024kcal) 감소하였으며, 2021년 3,141kcal로 증가하였으나 2022년 3,092kcal로 다시 감소하였다.

표 2-1. 1인 1일당 영양공급량 추이

연도 영양소	1995	2000	2005	2010	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
에너지(kcal)	2,959	3,010	2,983	2,990	2,982	3,058	2,844	2,860	2,983	3,012	3,063	3,024	3,141	3,092
단백질(g)	96.9	97.1	98.1	97.4	99.2	102.7	104.9	104.8	112.5	111.6	112.4	111.3	113.2	112.9
지방질(g)	76.9	80.1	88.9	94.1	89.8	98.1	94.9	98.6	104.1	109.1	118.9	116.6	122.3	115.7

당질로부터의 에너지 공급 비중은 점차 감소하는 경향을 보이고 있으나, 2022년에는 전년보다 다소 증가하였다. 반면, 지방질로부터의 에너지 공급 비중은 증가 추세를 보이는 가운데 2022년에는 전년보다 다소 감소하였다.

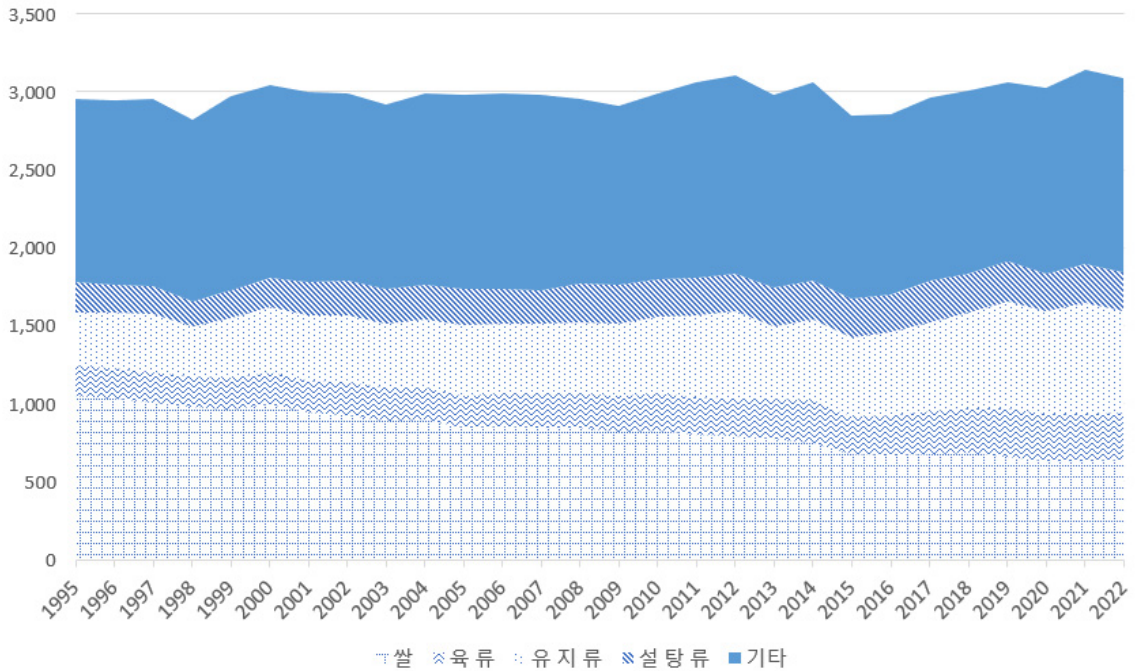
표 2-2. 연도별 공급에너지의 영양소별 구성비

연도 영양소	1995	2000	2005	2010	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
탄수화물(%)	63.5	63.1	60.0	58.6	59.9	57.8	58.8	58.2	53.6	52.5	50.4	50.5	50.7	51.6
지방질(%)	23.4	24.0	26.8	28.3	26.8	28.8	27.6	28.2	31.4	32.6	34.9	34.8	35.0	33.8
단백질(%)	13.1	12.9	13.2	13.0	13.3	13.4	13.6	13.6	15.0	14.9	14.7	14.7	14.4	14.6

연도별 식품군별 에너지 공급 추이는 <그림 2-2>에서 보는 바와 같다. 우리의 주식인 쌀의 에너지 공급 비율은 1980년 49.7%에서 1992년 39.7%, 2022년에는 20.6%로 감소한 반면, 육류의 에너지 공급 비율은 같은 기간 3.7%에서 9.9%로, 유지류의 에너지 공급 비율은 11.6%에서 21.1%로 각각 증가하였다.

그림 2-2. 1인 1일당 공급에너지 추이

단위: kcal



2022년도 식품군별로 1인 1일당 에너지 공급 상태를 살펴보면,

- ① 곡물로부터는 1,271kcal가 공급되어 전년도 1,253kcal보다 17kcal 증가하였다. (i) 쌀로부터는 637kcal(전체 공급에너지의 20.6%)가 공급되어 전년도보다 4kcal 증가하였다. (ii) 보리로부터는 4kcal가 공급되어 전년 대비 1kcal 감소하였다. (iii) 밀로부터는 387kcal가 공급되어 전년 대비 9kcal 증가하였다.
- ② 서류로부터는 23kcal가 공급되어 전년과 유사하였다.
- ③ 설탕류로부터는 251kcal가 공급되어 전년과 유사하였다.
- ④ 두류로부터는 105kcal가 공급되어 전년도보다 9kcal 증가하였다.
- ⑤ 견과류로부터는 19kcal가 공급되어 전년도보다 4kcal 감소하였다.
- ⑥ 종실류로부터는 11kcal가 공급되어 전년과 유사하였다.
- ⑦ 채소류로부터는 106kcal가 공급되어 전년도보다 6kcal 감소하였다.
- ⑧ 과일류로부터는 52kcal가 공급되어 전년도보다 1kcal 증가하였다.
- ⑨ 육류로부터는 전년도보다 5kcal 증가한 307kcal가 공급되었다.

- ⑩ 계란류로부터는 41kcal가 공급되어 전년도보다 1kcal 감소하였다.
- ⑪ 우유류로부터는 146kcal가 공급되어 전년도보다 1kcal 감소하였다.
- ⑫ 어패류로부터는 99kcal가 공급되어 전년도보다 8kcal 감소하였다.
- ⑬ 해조류로부터는 10kcal가 공급되어 전년도보다 1kcal 감소하였다.
- ⑭ 유지류로부터는 651kcal가 공급되어 전년도보다 60kcal 감소하였다.

동·식물성 식품군별 에너지 공급 상태를 보면,

- ① 식물성 식품으로부터는 2,551kcal(전체 공급에너지의 80.8%)가 공급되어 전년도의 2,420kcal보다 131kcal 증가하였다. 그 중에서 전분질로부터는 1,376kcal가 공급되어 전년도의 1,334kcal보다 42kcal 감소하였다.
- ② 동물성 식품으로부터는 605kcal가 공급되어 전년도와 유사하였다.

② 단백질

2022년도 단백질의 총 공급량은 국민 1인 1일당 112.9g으로 전년도의 113.2g보다 0.3g 감소하였다. 그 중에서 식물성 단백질은 50.4g으로 총공급 단백질량의 44.6%이다. 동물성 단백질은 62.6g(총 공급 단백질의 55.4%)으로 전년도보다 0.9g 감소하였다. 연도별 공급 단백질의 구성비는 <표 2-3>과 같다.

표 2-3. 연도별 공급단백질의 구성비

구분 \ 연도	2000	2010	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
총단백질공급량, g (A)	97.0	97.4	99.2	102.7	104.9	104.8	112.5	111.6	112.4	111.3	113.2	112.9
동물성단백질, g (B)	41.2	47.3	50.9	54.1	55.4	56.0	63.3	62.3	64.9	63.0	63.5	62.6
B/A %	42.4	48.6	51.3	52.7	52.8	53.4	53.5	55.8	57.7	56.6	56.1	55.4
식물성단백질, g (C)	55.9	50.1	48.3	48.6	49.4	48.9	49.2	49.3	47.5	48.3	49.7	50.4
C/A %	57.6	51.4	48.7	47.3	47.1	46.7	43.7	44.2	42.3	43.4	43.9	44.6

③ 지방질

2022년도 지방질의 총 공급량은 국민 1인 1일당 115.7g으로 전년도보다 6.6g이 감소하였다. 그중에서 동물성 지방질은 32.1g으로 총 공급 지방질의 27.7%이다.

④ 무기질

- ① 칼슘: 2022년도의 칼슘 공급량은 국민 1인 1일당 795.6mg으로 전년도의 803.9mg보다 8.3mg이 감소하였다. 그러나 이는 한국인 평균 칼슘 권장량이 700mg인 점을 감안할 때 충분한 수준이다.
- ② 철: 2022년도 철 공급량은 국민 1인 1일당 23.8mg으로 전년도보다 0.3mg 감소하였으며, 한국인 평균 철 권장량(12.0mg)을 고려할 때 충분한 양이 공급되고 있다.

⑤ 비타민류

- ① 비타민 A: 2022년도 비타민 A 공급량은 국민 1인 1일당 1,278R.E.로 전년도보다 38R.E. 감소하였다.
- ② 비타민 B₁(티아민): 2022년도의 비타민 B₁ 공급량은 국민 1인 1일당 2.25mg이다. 비타민 B₁의 소요량은 공급에너지 1,000kcal당 0.4mg이므로 2022년도 총에너지 공급량 3,092kcal에 대한 비타민 B₁ 소요량인 1.24mg에 비해 충분한 양이 공급되고 있다.
- ③ 비타민 B₂(리보플라빈): 2022년도 비타민 B₂의 공급량은 국민 1인 1일당 2.45mg이다. 공급에너지 1,000kcal당 0.6mg의 B₂가 소요되므로, 2022년도는 1.86mg으로 추산되어 비타민 B₂ 공급은 소요량보다 0.6mg 이상 충분한 상황이다.
- ④ 나이아신: 2022년도 국민 1인 1일당 나이아신 공급량은 23.2mg으로 전년과 유사한 수준이다.
- ⑤ 비타민 C(아스코르빈 산): 2022년도 국민 1인 1일당 비타민 C 공급량은 74.3mg으로 전년보다 2.6mg 감소하였다.

2.2. 쌀 품목별 섭취량 추이

국민건강영양조사 결과에 따르면 2021년 기준 일일 평균 멥쌀 섭취량은 143g이며, 남성의 평균 섭취량은 172.6g, 여성의 섭취량은 114g으로 남성이 여성보다 58.6g을 더

섭취하고 있다. 멍쌀 섭취량이 가장 많은 연령대는 6~18세(155.1g)이며, 75세 이상(153.6g), 65-74세(145g) 순서이다. 일일 평균 떡 섭취량은 12.9g으로 조사되었으며, 여성의 섭취량(13.7g)이 남성의 섭취량(12.1g)보다 많은 것으로 나타났다. 떡 섭취량이 가장 많은 연령대는 40-64세(14.2g)이며, 19-39세(12.2g), 65-74세(12.1g) 순서로 확인되었다.

표 2-4. 2021년 국민건강영양조사 성별/연령대별 섭취량

단위: g/일

구분	전체	성별		연령대					
		남자	여자	1-5	6-18	19-39	40-64	65-74	75 이상
현미	5.6	5.9	5.3	2.6	6	4.1	6	8.4	6.7
멍쌀	143.4	172.6	114	113.9	155.1	137.9	144.4	145	153.6
찹쌀	3.8	3.7	4	5.5	5.4	1.5	3.3	7.7	7.2
떡	12.9	12.1	13.7	10.9	12	12.2	14.2	12.1	11.4

주: n=5,940

자료: 2021년 국민건강영양조사

2010~21년 기간 동안 멍쌀 섭취량은 연평균 2.4% 감소하였으며, 찹쌀은 5.5%, 떡은 2.9% 감소함. 2021년 일일 평균 현미 섭취량 5.6g으로 2010년과 유사 수준이다. 일일 평균 현미 섭취량은 2010년부터 증가추세를 보였으나 2016년 기점으로 추세가 전환되었다.

표 2-5. 2021년 국민건강영양조사 성별/연령대별 섭취량

단위: g/일

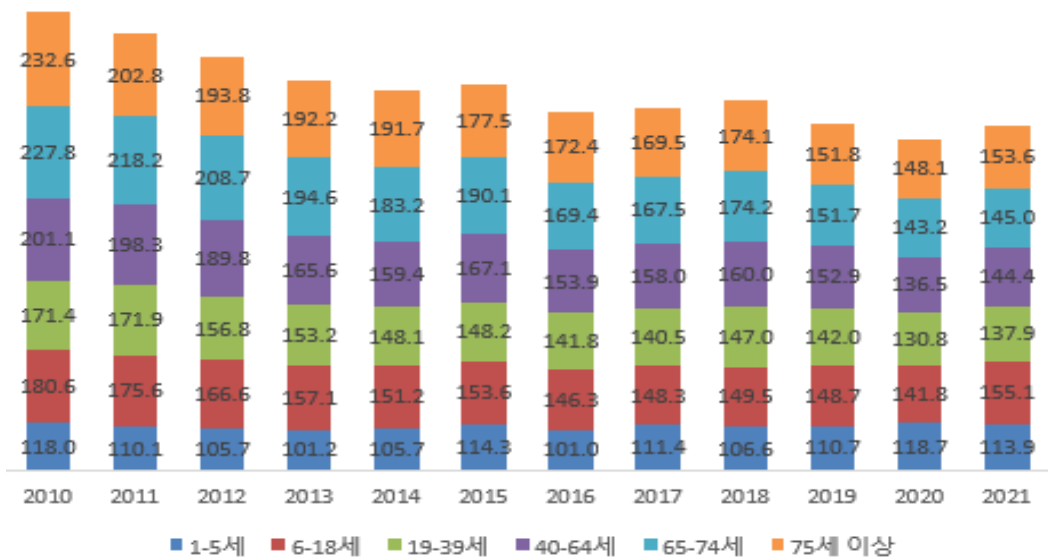
구분	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
현미	5.5	5.3	6.8	9.2	8.8	7.4	9.3	8.4	7.8	5.2	5.8	5.6
멍쌀	187.5	183.9	173.4	161.0	155.8	159.4	149.2	151.0	154.7	147.5	136.2	143.4
찹쌀	7.1	9.0	11.2	11.8	11.2	8.9	5.7	5.5	4.8	3.8	3.6	3.8
떡	17.8	15.5	13.3	16.3	15.2	18.5	15.1	17.5	16.2	13.8	14.4	12.9

자료: 2010~2021년 국민건강영양조사

2010~21년 기간 동안 일일 평균 맷쌀 섭취량 변화가 가장 큰 연령대는 65~74세로 82.8g이 감소하였으며, 75세 이상(79g 감소), 40~64세(5.6g 감소) 순으로 나타났다. 동기간 일일 평균 떡 섭취량 변화가 가장 큰 연령대 역시 65~74세로 10.6g이 감소하였으며, 다음으로 감소 폭이 큰 연령대는 40~64세(6.5g 감소) 순으로 나타났다. 1~5세 연령대의 일일 평균 떡 섭취량은 동기간 추세상의 변동은 있었으나 2021년 기준 10.9g으로 조사되어 2010년 섭취량(9.3g)에 비해 높은 수준으로 나타났다.

그림 2-3. 2010~2021년 국민건강영양조사 연령대별 맷쌀 섭취량 추이

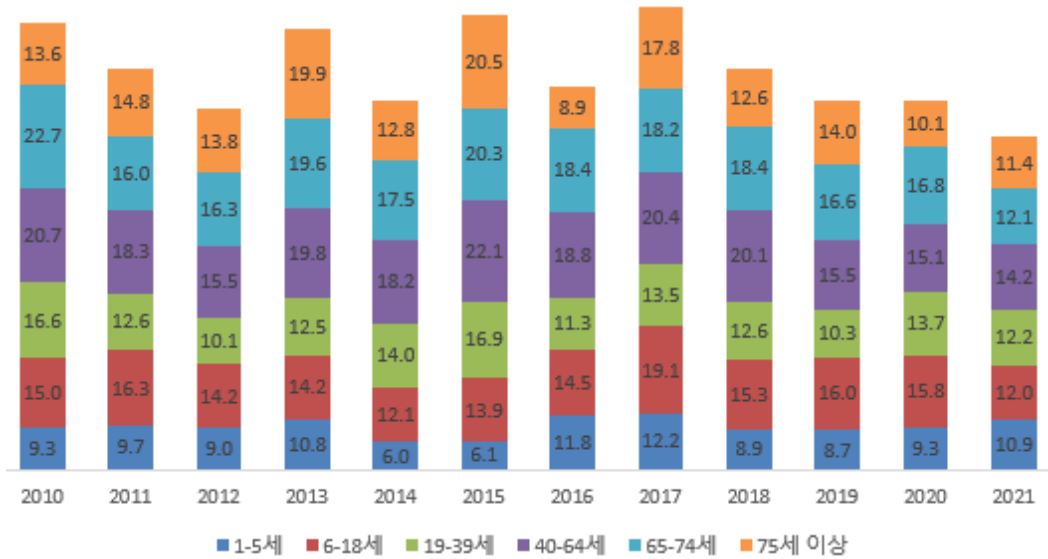
단위: g/일



자료: 2010~2021년 국민건강영양조사

그림 2-4. 2010~2021년 국민건강영양조사 연령대별 떡 섭취량 추이

단위: g/일



자료: 2010~2021년 국민건강영양조사

제 3 장

식품수급표 내역

2022년도 식품수급표(잠정치)
2021년도 식품수급표
2022년도 식품군별 영양공급량
1인 1년당 식품공급량
1인 1일당 식품공급량
1인 1일당 공급에너지
1인 1일당 공급단백질
1인 1일당 공급지방질
1인 1일당 영양공급량
연도별 영양공급량 및 구성비
연도별 식품수급표(1962-2020)

3.1. 2022년도 식품수급표(잠정치)

인구: 51,665천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공급 량 Total Supply	이 월 Carry- Over	수출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		식용 공급량 Food	폐기율 Re- fuse
										식 용 Food	비식용 NonFood		
.....1,000톤.....													%
1. 곡 류 Cereals	4,098.0	17,047.0	2,354.0	23,499.0	3,180.0	4.0	11,273.0	41.0	217.0	1,084.9	757.9	7,699.1	
밀 Wheat	35.0	4,565.0	797.0	5,397.0	744.0	0.0	2,081.0	2.0	32.0	0.0	0.0	2,538.0	23.0
쌀 Rice	3,882.0	393.0	785.0	5,060.0	1,302.0	4.0	0.0	31.0	113.0	122.0	0.0	3,488.0	
보 리 Barley	68.0	164.0	70.0	302.0	37.0	0.0	15.0	3.0	18.0	205.0	0.0	24.0	
옥 수 수 Maize	95.0	11,634.0	694.0	12,423.0	1,089.0	0.0	9,137.0	0.0	26.0	757.9	757.9	1,413.1	
기 타 Cereals, other	18.0	291.0	8.0	317.0	8.0	0.0	40.0	5.0	28.0	0.0	0.0	236.0	
2. 서 류 Starchy Roots	827.0	58.0	0.0	885.0	0.0	0.0	83.0	52.0	83.0	0.0	0.0	667.0	
감 자 Potatoes	478.0	58.0	0.0	536.0	0.0	0.0	48.0	31.0	48.0	0.0	0.0	409.0	10.0
고 구 마 Sweet Potatoes	349.0	0.0	0.0	349.0	0.0	0.0	35.0	21.0	35.0	0.0	0.0	258.0	11.0
3. 설탕 류 Sweeteners	1,467.5	1.3	0.0	1,468.8	0.0	269.0	0.0	0.0	12.0	0.0	0.0	1,187.8	
4. 두 류 Pulses	138.7	1,378.9	159.0	1,676.6	117.0	0.1	0.0	3.4	8.2	1,058.0	0.0	489.9	
대 두 Soybeans	111.0	1,288.0	156.0	1,555.0	110.0	0.0	0.0	3.0	7.0	1,058.0	0.0	377.0	
팥 Red Beans	5.0	21.0	1.0	27.0	4.0	0.0	0.0	0.0	0.0	0.0	0.0	23.0	
기 타 Pulses, other	22.7	69.9	2.0	94.6	3.0	0.1	0.0	0.4	1.2	0.0	0.0	89.9	33.7
5. 견 과 류 Tree Nuts	61.4	82.8	0.0	144.2	0.0	6.0	0.0	0.0	3.5	0.0	0.0	134.8	
6. 종 실 류 Oil Crops	52.8	100.6	11.7	165.1	16.0	0.2	0.0	0.3	1.0	108.5	0.0	39.1	
참 깨 Sesame	10.1	84.3	11.7	106.1	16.0	0.1	0.0	0.2	0.4	71.9	0.0	17.5	
기 타 Oil crops, other	42.7	16.4	0.0	59.1	0.0	0.1	0.0	0.1	0.6	36.7	0.0	21.6	
7. 채 소 류 Vegetables	8,551.4	1,670.5	1.4	10,223.3	5.4	224.5	0.0	36.3	2,277.8	0.0	0.0	7,679.3	
8. 과 실 류 Fruit	2,206.1	695.5	0.0	2,901.7	0.0	39.4	0.0	0.0	285.9	3.4	0.0	2,573.0	

Food Balance Sheet, 2022(Preliminary)

In 51,665 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)									
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins				
	kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg
7,115.4	137.51	376.74	1,270.90	31.72	5.01	51.77	5.31	37.02	0.85	0.18	4.04	0.15
1,954.3	37.77	103.47	386.67	11.02	1.05	17.75	0.71	0.00	0.14	0.03	0.42	0.15
3,488.0	67.41	184.68	637.14	11.82	0.74	12.93	2.40	1.85	0.42	0.04	2.22	0.00
24.0	0.46	1.27	4.02	0.12	0.02	0.38	0.03	0.00	0.00	0.00	0.02	0.00
1,413.1	27.31	74.82	199.77	7.26	2.84	18.71	1.57	35.17	0.25	0.08	1.05	0.00
236.0	4.56	12.50	43.29	1.51	0.35	2.01	0.59	0.00	0.04	0.03	0.33	0.00
597.7	11.55	31.65	22.68	0.52	0.08	3.65	0.15	9.36	0.02	0.01	0.16	2.77
368.1	7.11	19.49	10.04	0.38	0.01	1.46	0.10	0.00	0.01	0.01	0.07	1.46
229.6	4.44	12.16	12.64	0.13	0.07	2.19	0.06	9.36	0.01	0.00	0.08	1.31
1,187.8	22.95	62.89	251.14	0.00	0.01	2.51	0.08	0.00	0.00	0.37	0.00	0.00
476.0	9.20	25.20	104.73	8.11	4.22	40.12	1.75	1.15	0.13	0.11	0.83	0.47
377.0	7.29	19.96	83.24	7.01	3.26	36.32	1.51	0.91	0.09	0.10	0.42	0.39
23.0	0.44	1.22	4.38	0.24	0.01	1.15	0.07	0.00	0.01	0.00	0.03	0.00
76.0	1.47	4.02	17.11	0.86	0.96	2.65	0.16	0.24	0.04	0.01	0.39	0.07
99.4	1.92	5.57	19.28	0.60	1.37	6.01	0.12	0.55	0.00	0.02	0.13	0.45
39.1	0.76	2.07	11.20	0.50	0.88	11.43	0.16	0.10	0.01	0.02	0.06	0.01
17.5	0.34	0.93	5.18	0.24	0.42	6.96	0.07	0.03	0.00	0.01	0.03	0.01
21.6	0.42	1.14	6.02	0.26	0.45	4.48	0.09	0.07	0.00	0.01	0.03	0.00
7,171.4	138.59	379.70	106.33	6.76	1.99	110.77	8.85	478.30	0.36	0.45	2.58	46.49
2,013.4	38.91	106.61	51.84	0.63	0.15	11.28	0.31	23.20	0.10	0.05	0.34	16.12

Food Balance Sheet, 2022(Preliminary)

In 51,665 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)									
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비타민 Vitamins				
						Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg
3,482.5	67.30	184.39	306.55	34.54	18.64	20.08	3.69	456.47	0.59	0.47	9.66	1.98
740.6	14.31	39.21	71.87	7.31	4.48	4.35	0.95	2.52	0.02	0.08	1.43	0.11
1,505.0	29.09	79.69	143.81	15.27	9.40	4.35	0.57	5.57	0.41	0.17	2.90	0.55
600.1	11.60	31.78	43.85	6.72	1.97	3.07	0.20	10.50	0.05	0.03	1.93	0.00
636.7	12.31	33.71	47.03	5.24	2.80	8.31	1.98	437.89	0.10	0.19	3.39	1.32
599.6	11.59	31.75	41.27	3.95	2.34	16.51	0.57	43.17	0.02	0.15	0.03	0.00
3,975.4	76.83	210.48	145.88	6.96	7.09	257.99	0.12	117.49	0.05	0.36	0.66	2.04
3,936.7	76.08	208.43	137.57	6.42	6.92	235.53	0.10	114.64	0.04	0.34	0.63	1.65
5.2	0.10	0.28	1.42	0.07	0.08	2.70	0.00	1.16	0.00	0.00	0.00	0.02
22.9	0.44	1.21	4.42	0.41	0.01	17.16	0.00	0.00	0.00	0.02	0.02	0.12
5.0	0.10	0.27	1.36	0.04	0.06	1.80	0.02	1.42	0.00	0.00	0.02	0.24
5.5	0.11	0.29	1.12	0.02	0.02	0.80	0.00	0.28	0.00	0.00	0.00	0.01
1,338.8	25.87	70.88	651.23	0.00	70.71	1.37	0.11	5.53	0.00	0.00	0.00	0.00
1,321.2	25.53	69.95	642.84	0.00	69.78	1.37	0.11	0.10	0.00	0.00	0.00	0.00
17.6	0.34	0.93	8.39	0.00	0.93	0.00	0.00	5.43	0.00	0.00	0.00	0.00
1,948.7	37.66	103.18	98.58	17.14	3.08	197.51	1.76	27.50	0.10	0.16	4.28	1.02
1,068.9	20.66	56.59	65.12	10.78	2.45	59.76	0.81	25.13	0.06	0.11	3.09	0.45
879.8	17.00	46.58	33.46	6.36	0.62	137.75	0.95	2.38	0.04	0.05	1.19	0.57
1,326.5	25.64	70.23	10.37	1.52	0.17	64.59	0.83	78.16	0.03	0.09	0.45	2.82
3,296.2	63.70	174.52	137.13	0.39	0.04	3.77	0.03	0.00	0.00	0.03	0.31	0.03
30,217.6	583.97	1,599.936	3,091.98	112.94	115.75	795.59	23.81	1,278.01	2.25	2.45	23.22	74.32
			3,229.11	113.33	115.78	799.36	23.84	1,278.01	2.26	2.48	23.53	74.35

3.2. 2021년도 식품수급표

인구: 51,744천명

식품명 Products	생 산 Production	수 입 Import	이입 Carry-In	총 공급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		식용 공급량 Food	폐기율 Re- fuse
										식 용 Food	비식용 NonFood		
.....1,000톤.....													%
1. 곡 류 Cereals	3,736.0	16,409.0	2,465.0	22,610.0	2,354.0	2.0	10,830.0	40.0	635.0	1,160.6	789.6	7,588.4	
밀 Wheat	26.0	4,170.0	599.0	4,795.0	797.0	0.0	1,491.0	1.0	30.0	0.0	0.0	2,476.0	23.0
쌀 Rice	3,507.0	493.0	981.0	4,981.0	785.0	2.0	0.0	32.0	543.0	153.0	0.0	3,466.0	
보 리 Barley	89.0	165.0	99.0	353.0	70.0	0.0	17.0	3.0	13.0	218.0	0.0	32.0	
옥 수 수 Maize	92.0	11,307.0	777.0	12,176.0	694.0	0.0	9,277.0	0.0	27.0	789.6	789.6	1,388.4	
기 타 Cereals, other	22.0	274.0	9.0	305.0	8.0	0.0	45.0	4.0	22.0	0.0	0.0	226.0	
2. 서 류 Starchy Roots	887.0	55.0	0.0	942.0	0.0	0.0	89.0	56.0	90.0	0.0	0.0	707.0	
감 자 Potatoes	557.0	55.0	0.0	612.0	0.0	0.0	56.0	33.0	56.0	0.0	0.0	467.0	10.0
고 구 마 Sweet Potatoes	330.0	0.0	0.0	330.0	0.0	0.0	33.0	23.0	34.0	0.0	0.0	240.0	11.0
3. 설 탕 류 Sweeteners	1,467.5	1.3	0.0	1,468.8	0.0	270.0	0.0	0.0	12.0	0.0	0.0	1,186.8	
4. 두 류 Pulses	108.5	1,436.3	121.0	1,665.9	159.0	0.0	0.0	3.4	7.2	1,042.0	0.0	454.2	
대 두 Soybeans	81.0	1,343.0	115.0	1,539.0	156.0	0.0	0.0	3.0	5.0	1,042.0	0.0	333.0	
팥 Red Beans	6.0	15.0	4.0	25.0	1.0	0.0	0.0	0.0	1.0	0.0	0.0	23.0	
기 타 Pulses, other	21.5	78.3	2.0	101.9	2.0	0.0	0.0	0.4	1.2	0.0	0.0	98.2	33.7
5. 견 과 류 Tree Nuts	59.6	101.6	0.0	161.3	0.0	6.5	0.0	0.0	3.9	0.0	0.0	150.9	
6. 종 실 류 Oil Crops	45.8	105.2	9.0	160.0	11.7	1.0	0.0	0.3	1.0	107.5	0.0	38.5	
참 깨 Sesame	6.8	86.9	9.0	102.7	11.7	1.0	0.0	0.2	0.4	71.9	0.0	17.5	
기 타 Oil crops, other	39.0	18.3	0.0	57.3	0.0	0.0	0.0	0.1	0.5	35.6	0.0	20.9	
7. 채 소 류 Vegetables	9,045.2	1,549.5	18.8	10,613.6	1.4	253.7	0.0	42.8	2,299.7	0.0	0.0	8,015.9	
8. 과 실 류 Fruit	2,109.5	768.3	0.0	2,877.8	0.0	35.6	0.0	0.0	283.9	3.2	0.0	2,555.1	

Food Balance Sheet, 2021

In 51,744 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)									
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비타민 Vitamins				
						Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg
7,018.9	135.65	371.63	1,253.44	31.22	4.92	50.97	5.23	36.39	0.84	0.18	3.99	0.15
1,906.5	36.84	100.94	377.23	10.75	1.02	17.31	0.69	0.00	0.13	0.03	0.41	0.15
3,466.0	66.98	183.51	633.12	11.74	0.73	12.85	2.39	1.84	0.42	0.04	2.20	0.00
32.0	0.62	1.69	5.35	0.15	0.03	0.51	0.04	0.00	0.00	0.00	0.03	0.00
1,388.4	26.83	73.51	196.28	7.13	2.79	18.38	1.54	34.55	0.24	0.08	1.03	0.00
226.0	4.37	11.97	41.46	1.44	0.34	1.93	0.57	0.00	0.03	0.03	0.31	0.00
633.9	12.25	33.56	23.22	0.56	0.08	3.70	0.16	8.71	0.02	0.01	0.16	2.89
420.3	8.12	22.25	11.46	0.44	0.01	1.67	0.11	0.00	0.01	0.01	0.08	1.67
213.6	4.13	11.31	11.76	0.12	0.07	2.04	0.05	8.71	0.01	0.00	0.08	1.22
1,186.8	22.94	62.84	250.92	0.00	0.01	2.51	0.08	0.00	0.00	0.37	0.00	0.00
439.2	8.49	23.25	96.00	7.36	3.84	36.20	1.59	1.08	0.12	0.10	0.79	0.44
333.0	6.44	17.63	73.53	6.19	2.88	32.08	1.33	0.80	0.08	0.09	0.37	0.35
23.0	0.44	1.22	4.38	0.24	0.01	1.15	0.07	0.00	0.01	0.00	0.03	0.00
83.2	1.61	4.40	18.09	0.93	0.95	2.97	0.19	0.28	0.04	0.01	0.39	0.09
111.9	2.16	5.92	23.52	0.76	1.76	8.54	0.15	0.50	0.00	0.03	0.16	0.43
38.5	0.74	2.04	11.01	0.49	0.86	11.30	0.16	0.09	0.01	0.01	0.06	0.01
17.5	0.34	0.93	5.18	0.24	0.42	6.96	0.07	0.03	0.00	0.01	0.03	0.01
20.9	0.40	1.11	5.83	0.25	0.44	4.34	0.09	0.07	0.00	0.01	0.03	0.00
7,479.4	144.54	396.01	112.75	7.08	2.11	116.04	9.29	513.84	0.36	0.48	2.66	48.34
1,983.5	38.33	105.02	50.99	0.64	0.15	11.58	0.31	23.15	0.10	0.05	0.34	16.66

Food Balance Sheet, 2021

In 51,744 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)									
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비타민 Vitamins				
						Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg
3,426.2	66.21	181.40	301.28	33.96	18.33	19.79	3.64	459.48	0.59	0.47	9.55	1.99
692.4	13.38	36.66	67.19	6.84	4.18	4.07	0.88	2.36	0.02	0.07	1.33	0.10
1,504.9	29.08	79.68	143.80	15.27	9.40	4.35	0.57	5.57	0.41	0.17	2.90	0.55
587.2	11.35	31.09	42.90	6.58	1.93	3.01	0.19	10.27	0.05	0.03	1.89	0.00
641.7	12.40	33.97	47.39	5.28	2.83	8.37	2.00	441.28	0.10	0.19	3.42	1.33
608.5	11.76	32.22	41.88	4.01	2.37	16.75	0.58	43.81	0.03	0.15	0.03	0.00
3,997.9	77.26	211.68	146.90	7.02	7.14	260.48	0.12	118.35	0.05	0.36	0.67	2.09
3,958.3	76.50	209.58	138.32	6.46	6.96	236.83	0.10	115.27	0.04	0.34	0.63	1.66
5.7	0.11	0.30	1.55	0.08	0.08	2.94	0.00	1.26	0.00	0.00	0.00	0.03
24.1	0.47	1.28	4.65	0.43	0.01	18.07	0.00	0.00	0.00	0.02	0.02	0.13
5.7	0.11	0.30	1.55	0.04	0.07	2.06	0.02	1.62	0.00	0.00	0.02	0.28
4.1	0.08	0.22	0.82	0.02	0.02	0.59	0.00	0.20	0.00	0.00	0.00	0.00
1,462.6	28.26	77.44	711.49	0.00	77.24	1.37	0.11	4.25	0.00	0.00	0.00	0.00
1,444.7	27.92	76.49	702.86	0.00	76.30	1.37	0.11	0.10	0.00	0.00	0.00	0.00
17.9	0.35	0.95	8.63	0.00	0.94	0.00	0.00	4.15	0.00	0.00	0.00	0.00
2,088.4	40.36	110.57	106.17	18.50	3.32	196.89	1.80	27.97	0.10	0.17	4.44	1.06
1,203.7	23.26	63.73	72.41	12.06	2.69	64.09	0.86	25.62	0.06	0.12	3.24	0.50
884.7	17.10	46.84	33.75	6.45	0.62	132.80	0.94	2.35	0.04	0.05	1.20	0.56
1,451.1	28.04	76.83	11.05	1.56	0.18	67.81	0.87	78.31	0.03	0.09	0.49	2.86
3,176.4	61.39	168.18	131.86	0.39	0.04	3.78	0.03	0.00	0.00	0.03	0.30	0.03
30,666.4	592.65	1623.69	3,140.64	113.18	122.30	803.93	24.10	1,315.94	2.24	2.49	23.34	76.92
			3,272.50	113.57	122.34	807.71	24.13	1,315.94	2.24	2.51	23.64	76.95

3.3. 2022년도 식품군별 영양공급량(1인 1일당)

식품명	공급량 Quantity (g)	에너지 Energy (kcal)	단백질 Protein (g)	지방 Fat (g)	칼슘 Calcium (mg)	철 Iron (mg)
곡류	376.74	1,270.90	31.72	5.01	51.77	5.31
서리	31.65	22.68	0.52	0.08	3.65	0.15
설탕	62.89	251.14	0.00	0.01	2.51	0.08
두류	25.20	104.73	8.11	4.22	40.12	1.75
견과류	5.27	19.28	0.60	1.37	6.01	0.12
종실류	2.07	11.20	0.50	0.88	11.43	0.16
채소류	379.70	106.33	6.76	1.99	110.77	8.85
과실류	106.61	51.84	0.63	0.15	11.28	0.31
육류	184.39	306.55	34.54	18.64	20.08	3.69
계란류	31.75	41.27	3.95	2.34	16.51	0.57
우유류	210.48	145.88	6.96	7.09	257.99	0.12
유지류	70.88	651.23	0.00	70.71	1.37	0.11
어패류	103.18	98.58	17.14	3.08	197.51	1.76
해조류	70.23	10.37	1.52	0.17	64.59	0.83
주류	174.52	137.13	0.39	0.04	3.77	0.03
합계	1,835.56	3,229.11	113.33	115.78	799.36	23.84

3.4. 1인 1년당 식품공급량, 1997~2022

단위: kg

식품명	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009
곡류	170.6	167.6	167.8	166.8	158.1	155.4	150.3	153.5	150.5	151.2	150.2	145.3	138.9
쌀	105.5	102.9	100.6	97.9	92.8	91.1	87.8	88.6	83.2	84.1	82.8	83.2	80.5
밀가루	33.7	34.6	35.8	36.1	34.4	34.6	32.4	33.5	31.6	32.4	33.0	31.8	32.2
보리	2.0	2.4	2.0	1.8	2.0	1.6	1.1	1.5	1.2	1.2	1.0	1.1	1.2
기타	29.4	27.7	29.4	31.0	28.9	28.1	29.1	30.4	34.5	33.5	33.5	29.1	24.9
서리	15.2	12.8	14.8	11.8	13.4	13.7	12.5	12.5	17.0	14.5	12.9	14.0	13.6
설탕	17.0	15.1	17.2	17.9	20.1	20.9	20.9	21.1	21.2	21.2	20.3	23.7	23.6
두류	11.0	11.6	12.0	10.7	10.3	10.5	10.3	10.8	11.4	11.0	10.7	9.7	9.7
견과류	1.9	1.5	1.5	1.5	1.6	1.1	1.2	1.2	1.3	1.5	1.5	1.4	1.5
종실류	0.7	0.9	0.6	0.7	0.7	0.7	0.9	0.7	0.7	1.0	0.7	0.7	0.8
채소류	148.2	148.3	154.5	165.9	164.4	144.6	152.6	156.8	145.5	153.8	149.9	154.2	148.9
과실류	40.7	34.6	39.1	40.7	41.9	42.0	39.5	41.6	44.7	44.6	48.3	46.9	48.3
육류	35.2	34.8	36.3	37.5	38.2	39.2	39.0	36.9	36.6	38.4	40.9	40.7	42.9
계란류	8.7	8.3	8.3	8.6	8.7	9.5	8.9	8.9	9.1	9.4	9.5	9.4	10.0
우유류	40.7	40.5	50.5	49.3	51.4	52.8	50.8	53.8	54.0	53.9	55.2	52.8	52.8
유지류	15.2	12.9	15.7	15.9	17.0	17.5	16.8	17.7	18.7	18.1	18.2	18.6	18.9
어패류	32.0	27.2	30.7	30.7	35.6	36.3	38.5	41.1	39.9	43.5	42.1	39.0	36.1
해조류	11.6	7.5	7.6	6.1	6.6	8.4	6.4	7.9	9.6	13.0	14.4	15.8	14.4

The average nutrient supply from each food group (per capita per day), 2022

비타민A VitaminA (R.E)	비타민B ₁ Thiamin (mg)	비타민B ₂ Riboflavin (mg)	나이아신 Niacin (mg)	비타민C Ascorbic acid (mg)	Products
37.02	0.85	0.18	4.04	0.15	Cereals
9.36	0.02	0.01	0.16	2.77	Starchy Roots
0.00	0.00	0.37	0.00	0.00	Sweeteners
1.15	0.13	0.11	0.83	0.47	Pulses
0.55	0.00	0.02	0.13	0.45	Tree Nuts
0.10	0.01	0.02	0.06	0.01	Oil Crops
478.30	0.36	0.45	2.58	46.49	Vegetables
23.20	0.10	0.05	0.34	16.12	Fruit
456.47	0.59	0.47	9.66	1.98	Meat
43.17	0.02	0.15	0.03	0.00	Eggs
117.49	0.05	0.36	0.66	2.04	Milk
5.53	0.00	0.00	0.00	0.00	Oils and Fats
27.50	0.10	0.16	4.28	1.02	Fishes and Shellfishes
78.16	0.03	0.09	0.45	2.82	Seaweeds
0.00	0.00	0.03	0.31	0.03	Alcoholic Beverages
1,278.01	2.26	2.48	23.53	74.35	Total

Annual change in the food supply per capita per year, 1997~2022

Unit: kg

2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	Products
145.1	144.5	146.8	138.2	135.5	133.1	132.8	137.7	136.9	130.0	132.8	135.6	137.5	Cereals
81.5	80.6	79.4	77.8	74.8	71.7	71.0	71.8	72.3	70.0	67.2	67.0	67.4	Rice
33.3	34.0	34.1	31.6	31.8	32.1	31.8	32.2	31.6	31.6	31.0	36.8	37.8	Wheat Flour
1.3	1.3	1.3	1.0	1.3	1.3	1.0	1.3	1.3	0.9	1.3	0.6	0.5	Barley
29.0	28.5	32.0	27.9	27.6	28.0	29.0	32.3	31.8	27.5	33.4	31.2	31.9	Cereals, other
13.8	12.6	11.7	14.8	12.4	12.5	11.9	11.1	11.7	11.6	11.4	12.3	11.6	Starchy Roots
22.7	22.7	22.4	23.7	23.6	22.4	22.5	24.1	22.7	23.4	21.9	22.9	23.0	Sweeteners
10.4	9.9	10.0	9.8	10.3	10.1	9.9	8.5	8.3	8.2	8.4	8.5	9.2	Pulses
1.5	1.5	1.8	1.8	1.9	1.8	1.9	1.7	1.6	1.6	1.6	2.2	1.9	Tree Nuts
0.7	0.8	0.7	0.8	0.8	0.8	0.9	0.9	0.8	0.8	0.8	0.7	0.8	Oil Crops
132.2	154.6	139.2	146.2	153.7	142.8	133.6	143.5	151.2	144.9	141.2	144.5	138.6	Vegetables
44.2	46.7	46.2	47.5	49.8	48.5	42.9	41.8	40.0	39.9	36.1	38.3	38.9	Fruit
43.5	44.4	46.0	49.2	51.5	53.5	56.1	60.1	63.4	67.8	65.1	66.2	67.3	Meat
9.9	9.9	10.3	10.3	11.1	10.9	11.6	9.6	10.6	10.8	11.8	11.8	11.6	Eggs
57.0	59.3	54.9	61.4	61.7	63.6	64.3	68.6	69.0	69.8	74.6	77.3	76.8	Milk
20.1	21.1	22.2	18.2	20.4	20.8	21.2	22.9	24.4	27.5	26.4	28.3	25.9	Oils and Fats
36.5	37.1	38.3	37.1	41.6	38.5	36.3	38.2	41.8	42.0	40.7	40.4	37.7	Fishes and Shellfishes
14.7	15.7	15.9	17.4	16.9	18.6	21.1	27.7	26.6	28.1	27.1	28.0	25.6	Seaweeds

3.5. 1인 1일당 식품공급량, 1997~2022

단위: g

연도 식품명	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009
	곡 류	467.3	459.2	459.7	457.1	433.0	425.6	411.9	420.6	412.4	414.3	411.6	398.0
쌀	289.0	281.9	275.7	268.1	254.2	249.5	240.4	242.6	228.1	230.4	226.8	228.0	220.7
밀가루	92.2	94.8	98.2	99.0	94.3	94.9	88.8	91.8	86.7	88.8	90.3	87.1	88.3
보 리	5.4	6.7	5.4	4.9	5.4	4.3	3.1	4.1	3.2	3.4	2.8	3.0	3.3
기 타	80.6	75.8	80.4	85.0	79.1	77.0	79.6	82.1	94.4	91.7	91.7	79.8	68.2
서 류	41.6	35.1	40.7	32.2	36.7	37.6	34.3	34.2	46.6	39.6	35.3	38.5	37.2
설 탕 류	46.6	41.3	47.1	48.9	54.9	57.2	57.2	57.9	58.1	58.0	55.5	64.9	64.7
두 류	30.2	31.8	33.0	29.4	28.2	28.8	28.3	29.5	31.3	30.2	29.3	26.6	26.5
견 과 류	5.1	4.1	4.1	4.1	4.3	3.1	3.2	3.3	3.5	4.0	4.0	3.8	4.2
종 실 류	2.0	2.5	1.7	1.9	2.0	1.8	2.5	1.9	1.9	2.6	2.0	1.9	2.2
채 소 류	406.1	407.5	423.2	454.6	450.3	396.2	418.1	429.67	398.7	421.4	410.7	422.5	408.0
과 실 류	111.5	94.8	107.0	111.4	114.8	114.9	108.1	114.1	122.6	122.1	132.4	128.6	132.4
육 류	96.4	95.3	99.3	102.8	104.6	107.4	106.9	101.1	100.3	105.3	112.0	111.4	117.5
계 란 류	24.0	22.7	22.8	23.5	23.9	26.0	24.3	24.4	24.9	25.8	26.1	25.8	27.3
우 유 류	111.5	111.0	138.4	135.0	144.5	144.7	139.1	147.4	147.9	147.7	151.2	144.0	144.7
유 지 류	41.6	35.5	43.0	43.6	46.7	47.8	45.9	484	51.3	49.6	49.9	50.9	51.8
어 패 류	87.6	74.5	84.2	84.1	97.5	99.5	105.6	112.5	109.4	119.3	115.3	107.0	98.9
해 조 류	31.8	20.4	20.9	16.6	18.0	22.9	17.6	21.5	26.3	35.7	39.4	43.4	39.5

3.6. 1인 1일당 공복에너지, 1997~2022

단위: kcal

연도 식품명	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009
	곡 류	1,636	1,608	1,610	1,665	1,578	1,551	1,500	1,531	1,498	1,506	1,496	1,449
쌀	1,006	981	959	997	945	928	894	903	848	857	844	848	821
밀가루	339	348	361	363	346	348	326	337	318	326	332	320	324
보 리	19	23	19	17	19	15	11	14	11	12	10	11	12
기 타	273	256	272	287	267	260	269	277	320	311	311	271	231
서 류	40	34	39	29	32	31	30	29	38	33	30	34	32
설 탕 류	180	160	182	188	211	220	220	223	224	223	213	250	249
두 류	116	123	129	116	110	113	110	115	121	117	114	103	103
견 과 류	10	8	8	9	9	7	8	9	9	10	11	10	13
종 실 류	11	13	9	10	10	8	11	9	9	13	9	9	10
채 소 류	118	116	126	126	123	112	115	122	116	113	119	117	115
과 실 류	55	46	53	54	54	55	52	54	58	58	62	60	62
육 류	200	197	207	206	206	211	211	202	200	210	223	222	232
계 란 류	38	36	36	38	41	41	38	39	34	36	36	36	38
우 유 류	80	76	92	100	103	101	97	100	99	99	100	96	96
유 지 류	369	314	380	418	417	429	412	434	460	444	446	455	464
어 패 류	94	82	91	84	105	105	110	118	113	123	116	110	102
해 조 류	9	6	6	5	5	7	5	6	3	5	5	5	5

Annual change in the food supply per capita per day, 1996~2021

Unit: g

2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	Year Products
397.5	395.8	402.3	378.7	371.3	364.7	363.8	377.2	375.0	356.2	363.9	371.6	376.7	Cereals
223.2	220.8	217.6	213.0	205.0	196.5	194.5	196.8	198.0	191.9	184.1	183.5	184.7	Rice
91.3	93.3	93.4	86.5	87.0	88.0	87.2	88.1	86.4	86.4	84.9	100.9	103.5	Wheat Flour
3.7	3.6	3.6	2.8	3.6	3.6	2.8	3.6	3.6	2.6	3.4	1.7	1.3	Barley
79.3	78.1	87.6	76.4	75.6	76.7	79.4	88.6	87.1	75.3	91.5	85.5	87.3	Cereals, other
37.9	34.4	32.2	40.5	34.1	34.1	32.5	30.5	32.0	31.8	31.2	33.6	31.6	Starchy Roots
62.3	62.2	61.3	65.0	64.7	61.3	61.7	65.9	62.3	64.2	59.9	62.9	62.9	Sweeteners
28.5	27.1	27.4	27.0	28.2	27.8	27.0	23.3	22.8	22.4	23.0	23.3	25.2	Pulses
4.1	4.2	4.8	5.0	5.3	4.8	5.2	4.7	4.5	4.4	4.4	5.9	5.3	Tree Nuts
1.9	2.3	2.0	2.2	2.1	2.3	2.6	2.5	2.1	2.3	2.3	2.0	2.1	Oil Crops
362.1	423.5	381.5	400.4	421.0	391.1	366.1	393.0	414.1	397.0	386.8	396.0	379.7	Vegetables
121.0	127.9	126.6	130.2	136.5	133.0	117.6	114.6	109.6	109.4	98.9	105.0	106.6	Fruit
119.3	121.7	125.9	134.8	141.1	146.6	153.6	164.8	173.7	185.7	178.3	181.4	184.4	Meat
27.1	27.0	28.3	28.2	30.4	29.9	31.7	26.4	29.1	29.6	32.4	32.2	31.7	Eggs
156.1	162.4	150.4	168.2	169.0	174.3	176.1	188.1	188.9	191.2	204.4	211.7	210.5	Milk
55.0	43.1	60.8	49.8	56.0	55.0	58.0	62.6	66.9	75.5	72.5	77.4	70.9	Oils and Fats
100.1	101.6	103.7	101.7	114.0	105.4	99.6	123.3	114.6	115.2	111.5	110.6	103.2	Fishes and Shellfishes
40.2	57.7	43.5	47.7	46.3	50.9	57.7	76.0	72.9	77.0	74.3	76.8	70.2	Seaweeds

Annual change in the energy supply per capita per day, 1997~2022

Unit: kcal

2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	Year Products
1,447	1,431	1,453	1,369	1,342	1,230	1,225	1,264	1,258	1,202	1,216	1,253	1,271	Cereals
830	801	790	773	744	678	671	679	683	662	635	633	637	Rice
335	344	344	319	321	329	326	329	323	323	317	377	387	Wheat Flour
13	13	12	10	12	11	9	11	11	8	11	5	4	Barley
269	273	306	267	265	212	219	244	241	209	253	238	243	Cereals, other
33	29	27	34	30	24	22	22	22	22	23	23	23	Starchy Roots
239	239	236	250	249	244	246	261	248	254	239	251	251	Sweeteners
111	113	115	112	117	115	112	97	94	93	95	96	105	Pulses
14	15	17	18	21	18	20	19	17	17	17	24	19	Tree Nuts
9	12	10	12	11	12	14	13	11	12	13	11	11	Oil Crops
105	137	131	139	152	112	102	101	114	113	107	113	106	Vegetables
58	62	62	63	66	65	57	56	54	53	48	51	52	Fruit
235	239	246	264	277	242	254	270	285	304	295	301	307	Meat
37	38	39	39	42	39	41	34	38	38	42	42	41	Eggs
102	110	103	112	112	127	128	136	136	137	143	147	146	Milk
493	531	560	458	516	506	533	575	615	694	666	711	651	Oils and Fats
101	103	106	105	116	104	97	102	110	112	108	106	99	Fishes and Shellfishes
5	7	7	7	7	7	9	11	11	11	11	11	10	Seaweeds

3.7. 1인 1일당 공급단백질, 1997~2022

단위: g (%)

연 도	동물성 단백질 (Animal protein)					
	축 산 물 Livestock products				어 패 류 Fishes and Shellfishes	동물성 계 Subtotal animal protein
	육류 Meat	계란류 Eggs	우유류 Milk	소계 Subtotal		
1997	17.15 (17.67)	2.99 (3.08)	4.44 (4.58)	24.58 (25.33)	15.66 (16.14)	40.24 (41.47)
1998	16.90 (18.06)	2.84 (3.03)	4.11 (4.40)	23.85 (25.49)	13.54 (14.47)	37.38 (39.95)
1999	17.72 (18.04)	2.85 (2.90)	4.92 (5.01)	25.48 (25.95)	15.28 (15.56)	40.76 (41.51)
2000	18.38 (19.03)	2.94 (3.04)	4.95 (5.13)	26.27 (27.20)	14.92 (15.45)	41.19 (42.65)
2001	18.73 (19.05)	2.99 (3.04)	5.46 (5.55)	27.18 (27.65)	17.48 (17.78)	44.66 (45.43)
2002	19.28 (19.58)	3.25 (3.30)	5.52 (5.61)	28.06 (28.48)	17.79 (18.06)	45.85 (46.55)
2003	19.18 (19.64)	3.03 (3.11)	5.33 (5.46)	27.54 (28.22)	18.57 (19.02)	46.11 (47.24)
2004	18.07 (18.18)	3.05 (3.07)	5.49 (5.53)	26.61 (26.77)	20.05 (20.18)	46.66 (46.95)
2005	17.96 (18.30)	2.93 (2.99)	5.40 (5.50)	26.29 (26.80)	19.14 (19.51)	45.43 (46.31)
2006	18.89 (18.72)	3.05 (3.02)	5.44 (5.39)	27.39 (27.13)	20.75 (20.56)	48.14 (47.69)
2007	20.11 (19.94)	3.07 (3.05)	5.41 (5.37)	28.59 (28.36)	19.86 (19.70)	48.46 (48.06)
2008	20.00 (20.65)	3.05 (3.15)	5.25 (5.42)	28.30 (29.22)	18.41 (19.01)	46.71 (48.24)
2009	21.18 (22.26)	3.22 (3.38)	5.27 (5.54)	29.67 (31.19)	17.11 (17.99)	46.78 (49.18)
2010	21.48 (22.06)	3.19 (3.28)	5.50 (5.65)	30.18 (30.99)	17.15 (17.61)	47.32 (48.59)
2011	21.98 (22.59)	3.08 (3.17)	5.37 (5.52)	30.43 (31.27)	17.35 (17.83)	47.78 (49.10)
2012	22.63 (22.91)	3.23 (3.27)	5.08 (5.14)	30.94 (31.32)	17.75 (17.97)	48.69 (49.30)
2013	24.16 (24.36)	3.22 (3.24)	5.39 (5.43)	32.77 (33.03)	18.09 (18.24)	50.86 (51.27)
2014	25.36 (24.68)	3.46 (3.37)	5.42 (5.28)	34.24 (33.33)	19.85 (19.32)	54.09 (52.65)
2015	27.54 (26.26)	3.71 (3.54)	6.13 (5.85)	37.39 (35.65)	18.04 (17.20)	55.43 (52.85)
2016	28.88 (27.55)	3.94 (3.76)	6.23 (5.94)	39.05 (37.24)	16.92 (16.14)	55.97 (53.38)
2017	31.11 (27.66)	3.28 (2.92)	6.52 (5.80)	40.90 (36.37)	17.63 (19.90)	63.29 (56.27)
2018	32.84 (29.42)	3.62 (3.24)	6.55 (5.87)	43.01 (38.53)	19.30 (17.29)	62.31 (55.82)
2019	35.08 (31.22)	3.68 (3.28)	6.57 (5.85)	45.33 (40.35)	19.52 (17.37)	64.85 (57.72)
2020	33.41 (30.02)	4.03 (3.62)	6.86 (6.17)	44.30 (39.80)	18.71 (16.81)	63.01 (56.61)
2021	33.96 (30.01)	4.01 (3.54)	7.02 (6.21)	44.99 (39.75)	18.50 (16.35)	63.50 (56.10)
2022	34.54 (30.58)	3.95 (3.50)	6.96 (6.16)	45.45 (40.24)	17.14 (15.18)	62.59 (55.42)

Annual change in the protein supply per capita per day, 1995~2020

Unit: g(%)

식물성단백질 (Plant protein)				합계 Total	year
곡류 Cereals	두류 Pulses	기타 Others	식물성계 Subtotal plant protein		
36.51 (39.01)	9.92 (10.60)	9.76 (10.43)	56.19 (60.05)	93.57 (100.00)	1997
36.76 (37.44)	10.28 (10.47)	10.40 (10.58)	57.45 (58.40)	98.21 (100.00)	1998
36.58 (37.88)	9.06 (9.38)	9.75 (10.09)	55.39 (57.35)	96.58 (100.00)	1999
34.67 (35.42)	8.65 (8.84)	9.34 (9.54)	52.66 (53.81)	97.87 (100.00)	2000
34.67 (35.26)	8.69 (8.84)	10.29 (10.47)	53.65 (54.57)	98.31 (100.00)	2001
34.11 (34.63)	8.89 (9.03)	9.65 (9.80)	52.65 (53.45)	98.50 (100.00)	2002
33.03 (33.84)	8.59 (8.80)	9.88 (10.12)	51.50 (52.76)	97.62 (100.00)	2003
33.88 (34.10)	8.97 (9.03)	9.86 (9.92)	52.72 (53.05)	99.38 (100.00)	2004
33.48 (34.21)	9.89 (10.08)	9.31 (9.49)	52.68 (53.69)	98.12 (100.00)	2005
33.60 (33.29)	9.62 (9.53)	9.58 (9.49)	52.80 (52.31)	100.94 (100.00)	2006
33.45 (33.18)	9.31 (9.23)	9.62 (9.54)	52.38 (51.94)	100.83 (100.00)	2007
32.07 (33.12)	8.36 (8.63)	9.70 (10.01)	50.13 (51.76)	96.84 (100.00)	2008
30.63 (32.20)	8.36 (8.79)	9.35 (9.83)	48.35 (50.82)	95.13 (100.00)	2009
32.23 (33.09)	9.03 (9.28)	8.80 (9.04)	50.06 (51.41)	97.38 (100.00)	2010
31.39 (32.26)	8.55 (8.77)	9.60 (9.87)	49.54 (50.90)	97.32 (100.00)	2011
32.10 (32.49)	8.70 (8.81)	9.28 (9.40)	50.08 (50.70)	98.78 (100.00)	2012
29.96 (30.20)	8.55 (8.62)	9.83 (9.91)	48.35 (48.73)	99.21 (100.00)	2013
29.51 (28.72)	8.86 (8.62)	10.28 (10.01)	48.65 (47.35)	102.74 (100.00)	2014
29.91 (28.52)	9.02 (8.60)	10.51 (10.02)	49.45 (47.15)	104.88 (100.00)	2015
29.91 (28.52)	8.79 (8.39)	10.18 (9.71)	48.88 (46.62)	104.84 (100.00)	2016
31.14 (27.69)	7.42 (6.60)	10.62 (9.44)	49.18 (43.73)	112.47 (100.00)	2017
30.89 (27.67)	7.27 (6.51)	11.17 (10.00)	49.32 (44.18)	111.63 (100.00)	2018
29.26 (26.04)	7.15 (6.36)	11.09 (9.87)	47.50 (42.28)	112.35 (100.00)	2019
30.27 (27.20)	7.34 (6.60)	10.68 (9.59)	48.30 (43.39)	111.30 (100.00)	2020
31.22 (27.59)	7.36 (6.50)	11.10 (9.81)	49.68 (43.90)	113.18 (100.00)	2021
31.72 (28.08)	8.11 (7.18)	10.52 (9.32)	50.35 (44.58)	112.94 (100.00)	2022

3.8. 1인 1일당 공금지방질, 2012~2022
Annual change in the fat supply per capita per day, 2012~2022

단위: g

연도 식품명	Year											Products
	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	
곡 류	5.00	4.48	4.43	4.57	4.64	5.02	4.94	4.46	5.02	4.92	5.01	Cereals
쌀	0.87	0.85	0.82	0.79	0.78	0.79	0.79	0.77	0.74	0.73	0.74	Rice
밀 가루	0.84	0.77	0.78	0.89	0.88	0.89	0.88	0.88	0.86	1.02	1.05	Wheat Flour
보 리	0.03	0.02	0.03	0.06	0.05	0.06	0.06	0.05	0.06	0.03	0.02	Barley
기 타	3.26	2.83	2.80	2.83	2.93	3.27	3.21	2.77	3.36	3.13	3.20	Cereals, other
서 류	0.02	0.03	0.02	0.08	0.07	0.08	0.08	0.07	0.08	0.08	0.08	Starchy Roots
설 탕 류	0.00	0.00	0.00	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	Sweeteners
두 류	4.82	4.67	4.83	4.57	4.46	3.85	3.73	3.79	3.76	3.84	4.22	Pulses
견 과 류	1.20	1.26	1.55	1.28	1.54	1.41	1.20	1.28	1.29	1.76	1.37	Tree Nuts
종 실 류	0.81	0.90	0.87	0.96	1.07	1.03	0.88	0.95	0.97	0.86	0.88	Oil Crops
채 소 류	1.00	1.03	1.43	2.10	1.87	1.74	2.16	2.23	2.12	2.11	1.99	Vegetables
과 실 류	0.20	0.21	0.22	0.20	0.17	0.17	0.16	0.16	0.15	0.15	0.15	Fruit
육 류	15.16	16.25	17.06	14.59	15.34	16.18	17.00	18.26	17.95	18.33	18.64	Meat
계 란 류	2.35	2.34	2.52	2.20	2.34	1.94	2.15	2.18	2.39	2.37	2.34	Eggs
우 유 류	5.07	5.67	5.70	5.99	6.06	6.45	6.48	6.54	6.95	7.14	7.09	Milk
어 패 류	3.13	3.05	3.37	3.31	3.02	3.27	3.44	3.51	3.44	3.32	3.08	Fishes and Shellfishes
해 조 류	0.10	0.10	0.10	0.11	0.14	0.19	0.17	0.17	0.16	0.18	0.17	Seaweeds
유 지 류	60.78	49.77	55.98	54.90	57.84	62.46	66.71	75.31	72.29	77.24	70.71	Oils and Fats
합 계	99.65	89.76	98.10	94.87	98.55	104.11	109.10	118.86	116.59	122.30	115.75	Total

3.9. 1인 1일당 영양공급량, 1993~2022
Annual change in the nutrient supply per capita per day, 1993~2022

연 도 별	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	칼슘 Calcium (mg)	철 Iron (mg)	비타민A VitaminA (R.E)	비타민B ₁ Thiamin (mg)	비타민B ₂ Riboflavin (mg)	나이아신 Niacin (mg)	비타민C Ascorbic acid (mg)
1993	2,872	91.7	74.1	601	25.1	5,750	1.90	1.49	19.1	160
1994	2,950	94.6	77.3	573	25.3	6,020	1.94	1.51	19.8	142
1995	2,959	96.9	76.9	623	16.7	1,309	1.91	1.48	20.7	146
1996	2,948	98.0	77.7	613	16.5	1,271	1.92	1.51	21.1	146
1997	2,957	97.0	79.6	625	17.0	1,357	1.94	1.52	21.0	141
1998	2,819	93.6	72.8	591	16.5	1,229	1.89	1.44	20.7	138
1999	2,968	98.2	82.5	626	16.8	1,369	1.97	1.53	21.4	143
2000	3,010	97.1	80.1	625	16.0	1,353	1.93	1.58	20.2	163
2001	3,000	98.3	83.9	655.8	16.0	1,329	1.91	1.63	20.8	164
2002	2,991	98.5	85.2	637.2	16.0	1,303	1.88	1.62	20.7	146
2003	2,919	97.6	83.1	655.5	16.2	1,310	1.87	1.60	20.5	155
2004	2,990	99.4	85.8	654.2	16.7	1,180	1.91	1.62	21.4	159
2005	2,983	98.1	88.9	645.9	17.5	1,243	1.91	1.56	20.8	124
2006	2,989	100.9	88.3	695.2	18.2	1,235	1.93	1.59	21.4	128
2007	2,981	100.8	89.0	670.0	18.1	1,315	1.95	1.61	21.4	127
2008	2,957	96.8	88.6	666.0	17.5	1,263	1.88	1.57	20.8	128
2009	2,909	95.1	89.7	630.3	17.0	1,210	1.82	1.53	20.3	124
2010	2,990	97.4	94.1	648.8	17.3	1,179	1.86	1.55	20.4	113
2011	3,067	97.3	96.0	727.4	21.7	1,130	2.40	1.49	20.6	123
2012	3,112	98.8	99.7	688.1	21.7	1,163	2.43	1.54	20.7	117
2013	2,982	99.2	89.8	698.9	21.7	1,223	2.44	1.56	21.2	122
2014	3,058	102.7	98.1	720.8	22.4	1,394	2.48	1.65	22.3	127
2015	2,844	104.9	94.9	724.3	22.3	1,213	2.10	2.31	21.5	79
2016	2,860	104.8	98.6	713.6	22.2	1,134	2.10	2.26	21.3	75
2017	2,983	112.5	104.1	777.2	23.1	1,172	2.24	2.35	25.3	79
2018	3,012	111.6	109.1	778.7	23.1	1,268	2.24	2.41	23.5	81
2019	3,063	112.4	118.9	773.7	22.7	1,303	2.20	2.44	23.9	80
2020	3,024	111.3	116.6	802.8	23.0	1,307	2.25	2.42	23.3	77
2021	3,141	113.2	122.3	803.9	24.1	1,316	2.24	2.49	23.3	77
2022	3,092	112.9	115.7	795.6	23.8	1,278	2.25	2.45	23.2	74

주 1) 1995년부터 비타민A는 R.E (I.R.E.=3.33 I.U. Retinol).

2) 2015년부터 『식품성분표』(제9개정판)을 적용함에 따라 비타민류 성분기준이 변경됨.

3.10. 연도별 영양공급량 및 구성비(1인 1일당), 1997~2022

구	분	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	
실	에너지 (kcal)	총에너지	2,957	2,819	2,968	3,010	3,000	2,991	2,919	2,990	2,983	2,989	2,981	2,957	2,909
		식물성	2,525	2,416	2,526	2,579	2,538	2,515	2,452	2,524	2,525	2,511	2,497	2,484	2,429
		전분질	1,792	1,765	1,778	1,810	1,720	1,695	1,640	1,675	1,657	1,656	1,639	1,586	1,524
		채소류	194	183	196	198	196	182	186	193	192	194	202	197	200
		기타	540	467	552	571	621	638	625	656	676	661	655	701	706
		동물성	431	404	442	431	462	477	467	466	458	478	484	474	480
수	단백질 (g)	총단백질	97.0	93.6	98.2	97.1	98.3	98.5	97.6	99.4	98.1	100.9	100.8	96.8	95.1
		식물성	56.8	56.2	57.4	55.9	53.6	52.6	51.5	52.7	52.7	52.8	52.4	50.1	48.3
		동물성	40.2	37.4	40.8	41.2	44.7	45.8	46.1	46.7	45.4	48.1	48.5	46.7	46.8
	지방질 (g)	총지방질	79.6	72.8	82.5	80.1	83.9	85.2	83.1	85.8	88.9	88.3	89.0	88.6	89.7
		식물성	54.7	49.3	56.8	55.9	58.2	58.7	57.5	60.7	64.2	62.9	63.0	62.8	63.3
		동물성	24.9	23.5	25.6	24.1	25.6	26.5	25.6	25.1	24.6	25.5	26.0	25.9	26.4
구 성 비 (%)	에너지	총에너지	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
		식물성	85.4	85.7	85.1	85.7	84.6	84.1	84.0	84.4	84.7	84.0	83.8	84.0	83.5
		전분질	60.6	62.6	59.9	60.1	57.3	56.7	56.2	56.0	55.6	55.4	55.0	53.6	52.4
		채소류	6.6	6.5	6.6	6.6	6.5	6.1	6.4	6.5	6.4	6.5	6.8	6.7	6.9
		기타	18.3	16.6	18.6	19.0	20.7	21.3	21.4	21.9	22.7	22.1	22.0	23.7	24.3
		동물성	14.6	14.3	14.9	14.3	15.4	15.9	16.0	15.6	15.3	16.0	16.2	16.0	16.5
	단백질	총단백질	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
		식물성	58.5	60.0	58.5	57.6	54.6	53.5	52.8	53.0	53.7	52.3	51.9	51.8	50.8
		동물성	41.5	40.0	41.5	42.4	45.4	46.5	47.2	47.0	46.3	47.7	48.1	48.2	49.2
		총지방질	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
		식물성	68.7	67.7	68.9	69.8	69.5	68.9	69.2	70.8	72.3	71.2	70.8	70.9	70.6
		동물성	31.3	32.3	31.1	30.2	30.5	31.1	30.8	29.2	27.7	28.8	29.2	29.1	29.4

Annual change in the nutrient supply and proportion per capita per day, 1997~2022

2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	Items			
2,990	3,067	3,112	2,981	3,058	2,844	2,860	2,983	3,012	3,063	3,024	3,141	3,092	Q u a n t i t y	Energy (kcal)	Total Energy	
2,504	2,569	2,607	2,455	2,503	2,327	2,323	2,413	2,438	2,457	2,420	2,536	2,491			Plant	
1,591	1,573	1,594	1,516	1,489	1,368	1,359	1,383	1,375	1,317	1,334	1,373	1,398			Starchy	
186	226	221	231	250	207	193	189	195	195	185	198	189			Vegetables	
726	770	791	709	764	751	771	841	868	944	901	976	904			Others	
487	498	505	526	555	517	537	571	574	606	604	605	601			Animal	
97.4	97.3	98.8	99.2	102.7	104.9	104.8	112.5	111.6	112.4	111.3	113.2	112.9		P r o p o r t i o n (%)	Protein (g)	Total Protein
50.1	49.5	50.1	48.3	48.6	49.4	48.9	49.2	49.3	47.5	48.3	49.7	50.3				Plant
47.3	47.8	48.7	50.9	54.1	55.4	56.0	63.3	62.3	64.9	63.0	63.5	62.6				Animal
94.1	96.0	99.7	89.8	98.1	94.9	98.6	104.1	109.1	118.9	116.6	122.3	115.7			Fat (g)	Total Fat
67.3	69.5	72.7	61.7	68.6	68.1	70.0	75.2	79.4	86.8	84.3	90.2	83.7				Plant
26.8	26.4	26.9	28.1	29.5	26.8	28.6	28.9	29.7	32.1	32.3	32.1	32.1				Animal
100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0		P r o p o r t i o n (%)	Energy	Total Energy
83.7	83.8	83.8	82.4	81.8	81.8	81.2	80.9	80.9	80.2	80.0	80.7	80.6				Plant
53.2	51.3	51.2	50.8	48.7	48.1	47.5	46.4	45.6	43.0	44.1	43.7	45.2				Starchy
6.2	7.4	7.1	7.8	8.2	7.3	6.8	6.3	6.5	6.4	6.4	6.3	6.1	Vegetables			
24.3	25.1	25.4	23.8	25.0	26.4	27.0	28.2	28.8	30.8	29.8	30.7	29.2	Others			
16.3	16.2	16.32	17.6	18.2	18.2	18.8	19.1	19.1	19.8	20.0	19.3	19.4	Animal			
100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	Protein		Total Protein	
51.4	50.9	50.67	48.7	47.3	47.1	46.6	43.7	44.2	42.3	43.4	43.9	44.6			Plant	
48.6	49.1	49.3	51.3	52.7	52.9	53.4	56.3	55.8	57.7	56.6	56.1	55.4			Animal	
100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0			Fat	Total Fat
71.5	72.4	73.0	68.7	69.9	71.8	71.0	72.2	72.8	73.0	72.3	73.7	72.3				Plant
28.5	27.6	27.0	31.3	30.1	28.2	29.0	27.8	27.2	27.0	27.7	26.3	27.7				Animal

3.11. 1962년도 식품수급표

인구: 26,432천명

식품명 Products	생산 Production	수입 Import	이입 Carry-In	총공급량 Total Supply	이월 Carry-Over	수출 Export	사료 Feed	종자 Seed	감모 Loss	가공용 Food Manufacture		순식용 총량 Total
										식용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												
밀	268	372	277	917	265		10	5	12	615 ¹⁾	10 ²⁾	
밀 가루	440	34	340	814	325							489
쌀	3,015		2,836	5,851	2,373			77	107	5 ²⁾		3,289
보리	1,378		751	2,129	633		54	38	46	50 ²⁾		1,308
기타	141	54	101	296	105		6 ²⁾	2	4	6 ²⁾		173
2. 서 류												
감자	412			412			1	46	41			325
고구마	1,151			1,151			45	57	115	110		824
3. 설탕 류	46			46					0			46
4. 두 류												
콩	156	24		180			5	22	5	1 ²⁾		148
팥	16			16					0			16
기타	11			11					0			11
5. 견과 류	2			2					0	4²⁾		2
6. 종실 류	6			6			0	0	0			2
7. 채소 류	1,300			1,300					194			1,106
8. 과실 류	196			196		1			20			175
9. 육 류												
쇠고기	24			24								24
돼지고기	53	1		55								55
닭고기	16			16								16
기타	3	7		10								10
부산물	22			22								22
10. 계란 류	59	0		59		3		0				56
11. 우유 류	3	1		4			0		0			4
12. 어패 류	418			418		34			21			363
13. 해조 류	38			38		4			2			32
14. 유지 류	6	2		8					0			8
15. 주 류	629			629	3	0			19			607
합 계												

주 1) 제분용: 610천톤, 양조용: 5천톤

2) 추정치임.

Food balance Sheet, 1962

In 26,432 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
198.9	545.1	1,862	42.2	5.2	151	5.3	2	0.99	0.31	15.7	0	Cereals
												Wheat
18.5	50.7	179	4.4	0.6	10	0.6	0	0.10	0.03	0.7	0	Wheat Flour
124.4	340.9	1,159	22.2	1.4	82	1.4	-	0.34	0.17	5.1	0	Rice
49.5	135.6	461	13.8	2.7	54	2.7	0	0.48	0.10	9.5	0	Barley
6.5	17.9	63	1.9	0.6	4	0.6	2	0.07	0.03	0.4	0	Cereals, other
43.5	119.1	126	1.6	0.4	23	0.8	140	0.15	0.05	0.6	20	Starchy Roots
12.3	33.7	23	0.8	0.2	2	0.2	0	0.05	0.01	0.2	5	Potatoes
31.2	85.4	103	0.8	0.2	22	0.6	140	0.10	0.04	0.5	15	Sweet Potatoes
1.7	4.8	19				0	0	0	0	0	0	Sweeteners
6.6	18.1	73	7.2	2.9	23	1.3	2	0.11	0.03	0.6	0	Pulses
5.6	15.3	63	6.4	2.7	19	1.2	2	0.09	0.03	0.5	0	Soybeans
0.6	1.7	5	0.4	0.0	2	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.1	5	0.5	0.2	1	0.1	0	0.01	0.00	0.0	0	Pulses, other
0.1	0.2	0	0.0	0.0	0	0.0	2	0.00	0.00	0.0	0	Tree Nuts
0.1	0.2	1	0.0	0.1	1	0.0	0	0.00	0.00	0.0	0	Oil Crops
41.8	114.6	41	1.9	0.3	81	1.6	2,751	0.07	0.14	2.4	31	Vegetables
6.6	18.1	8	0.1	0.1	2	0.1	58	0.00	0.01	0.0	1	Fruit
4.8	13.2	35	1.7	3.0	1	0.2	5	0.02	0.02	0.5	0	Meat
0.9	2.5	6	0.4	0.4	0	0.0	1	0.00	0.00	0.1	0	Bovine Meat
2.1	5.7	21	0.6	2.1	0	0.1	0	0.02	0.01	0.1	0	Pig Meat
0.6	1.7	2	0.2	0.1	0	0.0	4	0.00	0.00	0.1	0	Poultry Meat
0.4	1.0	2	0.1	0.2	0	0.0	0	0.00	0.00	0.0	0	Meat, other
0.8	2.3	3	0.4	0.1	0	0.1	0	0.00	0.00	0.1	0	Edible Viscera
2.1	5.8	7	0.6	0.5	3	0.1	41	0.00	0.01	0.0	0	Eggs
0.2	0.4	0	0.0	0.0	1	0.0	1	0.00	0.00	0.0	0	Milk
13.7	37.6	36	5.3	1.5	49	1.0	22	0.03	0.04	1.4	0	Fishes and Shellfishes
1.2	3.3	2	0.1	0.0	10	0.3	78	0.00	0.01	0.0	0	Seaweeds
0.3	0.8	7		0.8								Oils and Fats
23.0	62.9											Alcoholic Beverages
		2,218	60.8	14.8	344	10.7	3,101	1.37	0.60	21.2	52	Grand Total

3.11. 1963년도 식품수급표

인구: 27,184천명

식품명 Products	생산 Production	수입 Import	이입 Carry-In	총공급량 Total Supply	이월 Carry-Over	수출 Export	사료 Feed	종자 Seed	감모 Loss	가공용 Food Manufacture		순식용 총량 Total
										식용 Food	비식용 NonFood	
..... 1,000 M/T												
1. 곡 류												
밀	228	898	265	1,391	224		10	6	14	1,127 ¹⁾	10 ²⁾	
밀 가루	809	21	325	1,155	552							603
쌀	3,758	117	2,373	6,248	3,086			34	128	6 ²⁾		2,994
보리	918	207	633	1,758	138		56	40	33	50 ²⁾		1,441
기타	142	16	105	263	109		6 ²⁾	1	5	6 ²⁾		136
2. 서 류												
감자	391			391			1 ²⁾	43	39			309
고구마	1,404			1,404			45 ²⁾	69	140	116 ²⁾		1,034
3. 설탕 류	34			34					0			34
4. 두 류												-
콩	156	11		167			5	22	5	1 ²⁾		135
팥	15			15					0			15
기타	11			11					0			11
5. 견과 류	2			2					0			2
6. 종실 류	6			6			0		0	3²⁾		3
7. 채소 류	1,188			1,188					178			1,010
8. 과실 류	179			179		2			18			159
9. 육 류												
쇠고기	30			30								30
돼지고기	77			77								77
닭고기	20			20								20
기타	9			9								9
부산물	29			29								29
10. 계란 류	74			74		3		0				71
11. 우유 류	6	1		7			0		0			7
12. 어패 류	474			474		29			24			421
13. 해조 류	47			47		1			2			44
14. 유지 류	7	1		8					0			8
15. 주 류	561			561		1			17			543
합 계												

주 1) 제분용: 1,123천톤, 양조용: 4천톤

2) 추정치임.

Food balance Sheet, 1963

In 27,184 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
190.3	521.5	1,783	41.1	5.2	146	5.3	1	0.99	0.30	15.8	0	Cereals
												Wheat
22.2	60.8	215	5.2	0.7	12	0.7	0	0.12	0.03	0.9	0	Wheat Flour
110.0	301.7	1,026	19.6	1.2	72	1.2		0.30	0.15	4.5	0	Rice
53.0	145.2	493	14.8	2.9	58	2.9	0	0.51	0.10	10.2	0	Barley
5.2	13.7	48	15.0	0.4	3	0.5	1	0.06	0.02	0.3	0	Cereals, other
49.4	135.4	147	1.7	0.4	28	0.9	171	0.17	0.06	0.7	23	Starchy Roots
11.4	31.1	21	0.7	0.1	1	0.2	0	0.05	0.01	0.1	4	Potatoes
38.0	104.2	126	1.0	0.3	26	0.8	171	0.12	0.05	0.6	19	Sweet Potatoes
1.3	3.4	14				0	0	0	0	0	0	Sweeteners
5.9	16.2	65	6.4	2.6	21	1.2	2	0.10	0.03	0.5	0	Pulses
5.0	13.6	56	5.6	2.4	17	1.0	1	0.08	0.02	0.4	0	Soybeans
0.6	1.5	5	0.3	0.0	2	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.1	5	0.5	0.2	1	0.1	0	0.01	0.00	0.0	0	Pulses, other
0.1	0.2	0	0.0	0.0	0	0.0	2	0.00	0.00	0.0	0	Tree Nuts
0.1	0.3	2	0.1	0.2	2	0.0	0	0.00	0.00	0.0	0	Oil Crops
37.2	101.8	37	1.7	0.3	72	1.4	2,443	0.06	0.12	2.1	27	Vegetables
5.8	16.0	7	0.1	0.0	1	0.1	51	0.00	0.01	0.0	1	Fruit
6.1	16.6	45	2.1	3.9	1	0.2	6	0.03	0.02	0.6	0	Meat
1.1	3.0	7	0.4	0.5	0	0.1	1	0.00	0.00	0.1	0	Bovine Meat
2.8	7.8	29	0.8	2.9	0	0.1	0	0.03	0.01	0.2	0	Pig Meat
0.7	2.0	2	0.2	0.2	0	0.0	5	0.00	0.00	0.1	0	Poultry Meat
0.3	0.9	2	0.1	0.2	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.1	2.9	4	0.5	0.1	0	0.1	0	0.00	0.01	0.2	0	Edible Viscera
2.6	7.1	9	0.7	0.7	4	0.1	51	0.01	0.02	0.1	0	Eggs
0.3	0.7	0	0.0	0.0	1	0.0	1	0.00	0.00	0.0	0	Milk
15.5	42.4	40	6.0	1.7	55	1.1	25	0.03	0.05	0.6	0	Fishes and Shellfishes
1.6	4.4	3	0.1	0.0	13	0.4	104	0.00	0.01	0.1	0	Seaweeds
0.3	0.8	7		0.8								Oils and Fats
20.0	54.7											Alcoholic Beverages
		2,158	60.1	15.8	345	10.8	2,856	1.40	0.61	21.5	52	Grand Total

3.11. 1964년도 식품수급표

인구: 27,958천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												
밀	309	375	224	909	306		7	10	13	563 ¹⁾	10 ²⁾	
밀 가 루	378	24	552	954	256							698
쌀	3,954		3,086	7,040	3,271	13		48	138	20 ²⁾		3,550
보 리	1,515	194	138	1,847	721		59	60	47	5 ²⁾		955
기 타	162	47	109	317	127		27 ²⁾	2	5	6 ²⁾		150
2. 서 류												
감 자	570	0		570			7	125	57			381
고 구 마	2,651			2,651			49	41	265	65		2,231
3. 설탕 류	2	18		20		4			0			16
4. 두 류												
콩	162	9		171			8	21	5	1 ²⁾		137
팥	17			17					0			17
기 타	12			12					0			12
5. 견 과 류	2			2					0			2
6. 종 실 류	6			6					0	4²⁾		3
7. 채 소 류	1,438			1,438		0			216			1,222
8. 과 실 류	229			229		3			23			204
9. 육 류												
쇠 고 기	46			46								46
돼 지 고 기	88			88		3						85
닭 고 기	19			19								19
기 타	7			7								7
부 산 물	40			40								40
10. 계 란 류	61			61		3		0				58
11. 우 유 류	11	29		40			0		1			39
12. 어 패 류	538			538		29			27			482
13. 해 조 류	43			43		2			2			39
14. 유 지 류	9			10					0			10
15. 주 류	495	1		495	41				24			440
합 계												

주 1) 제분용: 525천톤, 양조용: 38천톤

2) 추정치임.

Food balance Sheet, 1964

In 27,958 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
191.5	524.6	1,795	39.6	4.5	138	4.6	1	0.87	0.29	13.0	0	Cereals
												Wheat
25.0	68.4	242	5.9	0.8	14	0.8	0	0.14	0.03	1.0	0	Wheat Flour
127.0	347.9	1,183	22.6	1.4	83	1.4		0.35	0.17	5.2	0	Rice
34.2	93.6	318	9.5	1.9	37	1.9	0	0.33	0.07	6.6	0	Barley
5.3	14.7	52	1.6	0.4	4	0.6	1	0.06	0.02	0.3	0	Cereals, other
93.4	256.0	289	3.0	0.8	57	1.8	358	0.31	0.11	1.4	45	Starchy Roots
13.6	37.3	25	0.8	0.2	2	0.2	0	0.06	0.01	0.2	5	Potatoes
79.8	218.6	264	2.2	0.6	55	1.6	358	0.26	0.10	0.2	39	Sweet Potatoes
0.6	1.6	6				0	0	0	0	0	0	Sweeteners
5.9	16.3	65	6.4	2.6	21	1.2	2	0.10	0.03	0.5	0	Pulses
4.9	13.4	55	5.5	2.4	17	1.0	1	0.08	0.02	0.4	0	Soybeans
0.6	1.7	5	0.4	0.0	2	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.2	5	0.5	0.2	1	0.1	0	0.01	0.00	0.0	0	Pulses, other
0.1	0.2	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Tree Nuts
0.1	0.3	2	0.1	0.2	2	0.0	0	0.00	0.00	0.0	0	Oil Crops
43.7	119.7	43	2.0	0.4	85	1.7	2,874	0.07	0.14	2.5	32	Vegetables
7.3	20.0	9	0.1	0.1	2	0.1	64	0.00	0.01	0.0	1	Fruit
7.0	19.3	51	2.5	4.3	2	0.3	6	0.00	0.02	0.7	0	Meat
1.6	4.5	10	0.7	0.8	0	0.1	2	0.00	0.01	0.1	0	Bovine Meat
3.0	8.3	31	0.8	3.1	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
0.7	1.9	2	0.2	0.1	0	0.0	5	0.00	0.00	0.1	0	Poultry Meat
0.3	0.7	2	0.1	0.1	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.4	3.9	6	0.7	0.1	1	0.1	0	0.00	0.01	0.2	0	Edible Viscera
2.1	5.8	7	0.6	0.5	3	0.1	41	0.00	0.01	0.0	0	Eggs
1.4	3.8	2	0.1	0.1	6	0.0	6	0.00	0.01	0.0	0	Milk
17.2	47.2	45	6.7	1.8	61	1.2	28	0.04	0.05	1.7	0	Fishes and Shellfishes
1.4	3.8	2	0.1	0.0	12	0.3	89	0.00	0.01	0.0	0	Seaweeds
0.4	1.0	9		1.0								Oils and Fats
15.7	43.1											Alcoholic Beverages
		2,326	61.3	16.3	389	11.3	3,470	1.44	0.68	19.9	78	Grand Total

3.11. 1965년도 식품수급표

인구: 26,670천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												
밀	300	476	306	1,082	296		11	8	14	743 ²⁾	10 ²⁾	
밀 가 루	480	48	256	784	356							428
쌀	3,501		3,271	6,772	2,801	16		36	125	23 ²⁾		3,771
보 리	1,807	106	721	2,634	994		47	47	59	5 ²⁾		1,482
기 타	148	58	127	333	118	2	27 ²⁾	1	5	6 ²⁾		175
2. 서 류												
감 자	580	0		580			3	61	58			458
고 구 마	2,997			2,997			50	140	300	313		2,194
3. 설 탕 류	45			45		8						37
4. 두 류												
콩	174	0		174			4	15	5	1 ²⁾		149
팥	16			16		4		2	0			10
기 타	12			12		0		1	0			11
5. 견 과 류	2			2					0			2
6. 종 실 류	8			8					0	5²⁾		3
7. 채 소 류	1,577			1,577					237			1,340
8. 과 실 류	311			311		1			31			280
9. 육 류												
쇠 고 기	39			39								39
돼 지 고 기	78			78								78
닭 고 기	14			14								14
기 타	2			2		0						2
부 산 물	35			35								35
10. 계 란 류	55			55		1		0				54
11. 우 유 류	13	48		61			0		2			59
12. 어 패 류	576			576		72			29			475
13. 해 조 류	50			50		6			3			41
14. 유 지 류	11			11					0			11
15. 주 류	554		6	560					15			545
합 계												

주 1) 제분용: 667천톤, 양조용: 76천톤

2) 추정치임.

Food balance Sheet, 1965

In 26,670 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
204.3	559.6	1,910	43.2	5.3	156	5.3	2	1.00	0.32	16.3	0	Cereals
												Wheat
14.9	40.9	145	3.5	0.5	8	0.5	0	0.08	0.02	0.6	0	Wheat Flour
131.5	360.4	1,225	23.4	1.4	86	1.4		0.36	0.18	5.4	0	Rice
51.7	141.6	482	14.4	2.8	57	2.8	0	0.50	0.10	9.9	0	Barley
6.1	16.7	59	1.8	0.5	4	0.6	2	0.07	0.30	0.4	0	Cereals, other
92.5	253.4	282	3.1	0.8	55	1.8	343	0.31	0.11	1.3	44	Starchy Roots
16.0	43.8	30	1.0	0.2	2	0.2	0	0.07	0.01	0.2	6	Potatoes
76.5	209.7	253	2.1	0.6	53	1.5	343	0.25	0.09	1.1	38	Sweet Potatoes
1.3	3.5	14				0	0	0	0	0	0	Sweeteners
5.9	16.2	66	6.5	2.7	21	1.2	2	0.10	0.03	0.5	0	Pulses
5.2	14.2	58	5.9	2.5	18	1.1	1	0.09	0.02	0.5	0	Soybeans
0.3	1.0	3	0.2	0.0	1	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.1	4	0.4	0.2	1	0.1	0	0.01	0.00	0.0	0	Pulses, other
0.1	0.2	0	0.0	0.0	0	0.0	1	0.00	0.00	0.0	0	Tree Nuts
0.1	0.3	2	0.1	0.2	2	0.0	0	0.00	0.00	0.0	0	Oil Crops
46.7	128.1	46	0.8	0.4	91	1.8	3,073	0.08	0.15	2.7	35	Vegetables
9.8	26.8	12	0.1	0.1	2	0.2	86	0.01	0.01	0.1	2	Fruit
5.9	16.1	43	2.1	3.7	1	0.2	5	0.03	0.02	0.6	0	Meat
1.4	3.7	8	0.5	0.7	0	0.1	1	0.00	0.01	0.1	0	Bovine Meat
2.7	7.5	28	0.7	2.8	0	0.1	0	0.03	0.01	0.2	0	Pig Meat
0.5	1.3	2	0.2	0.1	0	0.0	3	0.00	0.00	0.1	0	Poultry Meat
0.1	0.2	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.2	3.3	5	0.6	0.1	0	0.1	0	0.00	0.01	0.2	0	Edible Viscera
1.9	5.2	6	0.5	0.5	3	0.1	37	0.0	0.01	0.0	0	Eggs
2.1	5.6	3	0.2	0.2	9	0.0	8	0.00	0.01	0.0	0	Milk
16.6	45.4	43	6.4	1.8	59	1.2	27	0.04	0.05	1.7	0	Fishes and Shellfishes
1.4	3.9	2	0.1	0.0	12	0.3	92	0.00	0.01	0.0	0	Seaweeds
0.4	1.1	9		0.1								Oils and Fats
19.0	52.1											Alcoholic Beverages
		2,440	63.1	16.6	410	12.1	3,675	1.57	0.71	23.2	80	Grand Total

3.11. 1966년도 식품수급표

인구: 29,086천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												
밀	315	426	296	1,037	312		15	9	14	678 ²⁾	10 ²⁾	
밀 가 루	420	105	356	881	293							588
쌀	3,919	18	2,801	6,738	3,202	33		36	135	18 ²⁾		3,314
보 리	2,018	7	994	3,019	1,190	0	63	44	67	11 ²⁾		1,644
기 타	149	36	115	211	111	1	25 ²⁾	1	4	6 ²⁾		153
2. 서 류												
감 자	688			688			3	61	69			555
고 구 마	2,690			2,690			50	140	269	312		1,919
3. 설 탕 류	72			72		9			1			62
4. 두 류												
콩	161	0		161		0	5	15	5	2 ²⁾		135
팥	19			19		4		2	1			12
기 타	15	0		15		0	0	2	0			13
5. 견 과 류	3			3					0			3
6. 종 실 류	10			10					0	7²⁾		3
7. 채 소 류	1,718			1,718					257			1,461
8. 과 실 류	331			331		2			33			296
9. 육 류												
쇠 고 기	42			42								42
돼 지 고 기	134			134								134
닭 고 기	19			19								19
기 타	2			2		0						2
부 산 물	43			43								43
10. 계 란 류	66			66		2		0				64
11. 우 유 류	18	29		47			0		1			46
12. 어 패 류	634			634		97			32			505
13. 해 조 류	50			50		7			3			40
14. 유 지 류	16	0		16					0			16
15. 주 류	719			719	3				20			696
합 계												

주 1) 제분용: 584천톤, 양조용: 94천톤

2) 추정치임.

Food balance Sheet, 1966

In 29,086 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
					Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
kg	g	kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
195.9	536.8	1,835	42.4	5.4	152	5.5	1	1.02	0.31	16.6	0	Cereals
												Wheat
20.2	55.4	196	4.8	0.6	11	0.6	0	0.11	0.03	0.8	0	Wheat Flour
113.9	312.2	1,061	20.3	1.2	75	1.2		0.31	0.16	4.7	0	Rice
56.5	154.9	527	15.8	3.1	62	3.1	0	0.54	0.11	10.8	0	Barley
5.3	10.4	50	1.6	0.5	4	0.5	1	0.06	0.02	0.3	0	Cereals, other
85.1	233.0	253	3.0	0.7	48	1.6	296	0.29	0.10	1.2	40	Starchy Roots
19.1	52.3	35	1.2	0.2	2	0.3	0	0.08	0.02	0.2	7	Potatoes
66.0	180.8	218	1.8	0.5	46	1.3	296	0.21	0.08	1.0	33	Sweet Potatoes
2.1	5.8	23				0	0	0	0	0	0	Sweeteners
5.5	15.1	61	6.0	2.5	19	1.1	2	0.09	0.03	0.5	0	Pulses
4.6	12.7	52	5.3	2.2	16	1.0	1	0.08	0.02	0.4	0	Soybeans
0.4	1.1	4	0.2	0.0	1	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.2	5	0.5	0.2	2	0.1	0	0.01	0.00	0.0	0	Pulses, other
0.1	0.3	0	0.0	0.0	0	0.0	3	0.00	0.00	0.0	0	Tree Nuts
0.1	0.3	2	0.1	0.2	2	0.0	0	0.00	0.00	0.0	0	Oil Crops
50.2	137.6	50	2.3	0.4	98	1.9	3,303	0.08	0.17	2.9	37	Vegetables
10.2	27.9	12	0.1	0.1	3	0.2	89	0.01	0.01	0.1	2	Fruit
8.3	22.6	65	2.8	5.7	2	0.3	2	0.05	0.03	0.7	0	Meat
1.4	4.0	9	0.6	0.7	0	0.1	2	0.00	0.01	0.1	0	Bovine Meat
4.6	12.6	47	1.2	4.7	1	0.2	0	0.04	0.01	0.3	0	Pig Meat
0.7	1.8	2	0.2	0.1	0	0.0	1	0.00	0.00	0.1	0	Poultry Meat
0.1	0.2	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.5	4.0	6	0.7	0.1	1	0.0	0	0.00	0.01	0.2	0	Edible Viscera
2.2	6.0	7	0.6	0.6	3	0.1	43	0.01	0.01	0.0	0	Eggs
1.6	4.4	3	0.1	0.1	7	0.0	7	0.00	0.00	0.0	0	Milk
17.4	47.6	45	6.8	1.9	61	1.2	28	0.04	0.05	1.8	0	Fishes and Shellfishes
1.4	3.8	2	0.1	0.0	11	0.3	88	0.00	0.01	0.0	0	Seaweeds
0.6	1.5	14		1.5								Oils and Fats
23.9	65.6											Alcoholic Beverages
		2,372	64.3	19.1	407	12.2	3,862	1.60	0.72	23.8	79	Grand Total

3.11. 1967년도 식품수급표

인구: 29,784천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												
밀	310	636	312	1,257	244		12	17	15	959 ¹⁾	10 ²⁾	
밀 가 루	601	14	293	908	505							403
쌀	3,603	139	3,202	6,944	2,870			35	128	5 ²⁾		3,906
보 리	1,916	3	1,190	3,109	1,152		85	52	64	5 ²⁾		1,751
기 타	149	25	110	283	118	2	23 ²⁾	6	5	6 ²⁾		124
2. 서 류												
감 자	566	0		566			2	61	57			446
고 구 마	1,671			1,671			63	131	167	411		899
3. 설 탕 류	101			101		10			1			90
4. 두 류												
콩	201	6		207	30		6	17	6	1 ²⁾		148
팥	19			19	2	1		2	1			13
기 타	15	0		15		0	0	2	0			13
5. 견 과 류	3			3					0			3
6. 종 실 류	29			29					1	23		5
7. 채 소 류	1,869			1,869		3			280			1,586
8. 과 실 류	358			359		4			36			319
9. 육 류												
쇠 고 기	46			46								46
돼 지 고 기	101			101								101
닭 고 기	24			24								24
기 타	3			3								3
부 산 물	42			42								42
10. 계 란 류	96			96		2		0				94
11. 우 유 류	11	9		20			0		1			19
12. 어 패 류	659			659		79	0		33			547
13. 해 조 류	64			64		4			3			57
14. 유 지 류	25	1		26					0	3		23
15. 주 류	925		33	958		14			27			917
합 계												

주 1) 제분용: 835천톤, 양조용: 124천톤

2) 추정치임.

Food balance Sheet, 1967

In 29,784 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
207.6	568.8	1,941	44.2	5.4	161	5.5	1	1.04	0.33	17.4	0	Cereals
												Wheat
13.5	37.1	131	3.2	0.4	7	0.4	0	0.07	0.02	0.5	0	Wheat Flour
131.1	359.3	1,222	23.4	1.4	86	1.4		0.36	0.18	5.4	0	Rice
58.8	161.1	548	16.4	3.2	64	3.2	0	0.56	0.11	11.3	0	Barley
4.2	11.4	40	1.2	0.4	3	0.4	1	0.05	0.01	0.1	0	Cereals, other
45.2	123.7	128	1.7	0.4	23	0.8	135	0.16	0.05	0.6	21	Starchy Roots
15.0	41.0	28	0.9	0.2	2	0.2	0	0.06	0.01	0.2	6	Potatoes
30.0	82.7	100	0.8	0.2	21	0.6	135	0.10	0.04	0.4	15	Sweet Potatoes
3.0	8.3	33				0.0	0	0.00	0.00	0.0	0	Sweeteners
5.8	16.0	65	6.4	2.6	20	1.2	2	0.10	0.03	0.5	0	Pulses
5.0	13.6	56	5.6	2.4	17	1.0	1	0.08	0.02	0.4	0	Soybeans
0.4	1.2	4	0.3	0.0	1	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.2	5	0.5	0.2	2	0.1	0	0.01	0.00	0.0	0	Pulses, other
0.1	0.3	0	0.0	0.0	0	0.0	2	0.00	0.00	0.0	0	Tree Nuts
0.2	0.5	3	0.1	0.2	3	0.1	0	0.00	0.00	0.0	0	Oil Crops
52.9	145.1	52	2.5	0.4	103	2.0	3,482	0.09	0.17	3.4	39	Vegetables
10.7	29.3	13	0.1	0.1	3	0.2	94	0.01	0.01	0.1	2	Fruit
7.3	19.0	52	2.4	4.5	2	0.3	5	0.04	0.02	0.6	0	Meat
1.5	4.2	10	0.6	0.8	0	0.1	2	0.00	0.01	0.1	0	Bovine Meat
3.4	9.3	35	0.9	3.4	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
0.8	1.4	2	0.2	0.1	0	0.0	3	0.00	0.00	0.1	0	Poultry Meat
0.1	0.3	1	0.0	0.1	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.4	3.9	6	0.7	0.1	1	0.1	0	0.00	0.01	0.2	0	Edible Viscera
3.2	8.6	11	0.8	0.8	4	0.2	61	0.01	0.02	0.0	0	Eggs
0.6	1.6	1	0.5	0.5	3	0.0	2	0.00	0.00	0.0	0	Milk
18.4	50.3	48	7.1	2.0	65	1.3	30	0.04	0.06	1.9	0	Fishes and Shellfishes
1.9	5.2	3	0.1	0.0	16	0.4	123	0.00	0.01	0.1	0	Seaweeds
0.8	2.1	19		2.1								Oils and Fats
30.8	84.4											Alcoholic Beverages
		2,367	65.6	18.6	401	12.0	3,936	1.48	0.70	24.2	62	Grand Total

3.11. 1968년도 식품수급표

인구: 30,469천명

식품명 Products	생산 Production	수입 Import	이입 Carry-In	총공급량 Total Supply	이월 Carry-Over	수출 Export	사료 Feed	종자 Seed	감모 Loss	가공용 Food Manufacture		순식용 총량 Total
										식용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡류												
밀	345	813	244	1,402	504		24	17	17	830 ¹⁾	11 ²⁾	
밀가루	499	55	505	1,059	515	0						544
쌀	3,195	247	2,870	6,312	2,510	0		32	114	4		3,652
보리	2,084	155	1,152	3,391	1,194	0	59	54	71	15		1,998
기타	187	31	111	328	176	1	27	3	5	6		107
2. 서류												
감자	617	0		617			2	8	62			547
고구마	2,049			2,049			83	130	205	295		1,337
3. 설탕류	140	8	4	153	5	9			2			137
4. 두류												
콩	245	4	129	378	184			17	8	1		168
팥	26	0	13	39	19	0		2	1			17
기타	17	0		17				1	1			15
5. 견과류	3			3					0			3
6. 종실류	55	0	23	77	25				3	2	42	2
참깨	7		4	11	4				0	0	4	2
기타	48		19	66	21				3	2	38	2
7. 채소류	2,152			2,152		4			304			1,844
8. 과실류	392	1	115	509	123	8			51	1		326
9. 육류												
쇠고기	57	0		57								57
돼지고기	104	0		104								104
닭고기	34			34								34
기타	8			8		0						8
부산물	49			49								49
10. 계란류	80			80		2						74
11. 우유류												
우유	28			28					1	11		16
분유	1	3		4					0			4
탈지분유		6		6					0			6
12. 어패류												
어류	511			511		58			23			430
패류	220			220		8			11			202
13. 해조류	103			103		19			5			79
14. 유지류												
식물성	21	1		22					0	1	4	17
동물성	6	51	0	57	0				1	5	36	15
마가린	6	0	0	7	0				0			7
15. 주합계	1,055		7,431	1,062	9	11			32			1,010

주 1) 제분용: 693천톤, 양조용: 137천톤

2) 추정치임.

3) 원유환산중량임.

Food balance Sheet, 1968

In 30,469 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
206.5	565.7	1,931	44.8	5.8	163	5.8	0	1.09	0.33	18.4	0	Cereals
												Wheat
17.5	47.9	169	4.1	0.5	10	0.5	0	0.10	0.02	0.7	0	Wheat Flour
119.9	328.5	1,117	21.4	1.3	79	1.3		0.33	0.16	4.9	0	Rice
65.6	179.7	611	18.3	3.6	72	3.6	0	0.63	0.13	12.6	0	Barley
3.5	9.6	34	1.0	0.3	3	0.4	1	0.04	0.01	0.2	0	Cereals, other
60.5	165.8	176	2.2	0.5	32	1.1	297	0.21	0.07	0.9	28	Starchy Roots
16.6	45.5	31	1.0	0.2	2	0.3	0	0.07	0.01	0.2	6	Potatoes
43.9	120.3	145	1.2	0.3	30	0.9	297	0.14	0.05	0.7	22	Sweet Potatoes
4.5	12.3	49				0.0	0	0.00	0.00	0.0	0	Sweeteners
6.6	18.1	73	7.1	2.9	23	1.3	7	0.11	0.03	0.56	0	Pulses
5.5	15.1	62	6.2	2.7	19	1.1	6	0.09	0.03	0.48	0	Soybeans
0.6	1.6	5	0.4	0.0	2	0.1	1	0.01	0.00	0.03	0	Red Beans
0.5	1.4	6	0.6	0.2	2	0.1	1	0.01	0.00	0.04	0	Pulses, other
0.1	0.3	0	0.0	0.0	0	0.0	2	0.00	0.00	0.0	0	Tree Nuts
0.1	0.3	2	0.1	0.1	2	0.0	0	0.00	0.00	0.0	0	Oil Crops
0.0	0.2	1	0.0	0.1	1	0.0	0	0.00	0.00	0.0	0	Sesame
0.0	0.2	1	0.0	0.1	1	0.0	0	0.00	0.00	0.0	0	Oil Crops, other
60.5	165.8	60	2.8	0.5	118	2.3	3,978	0.10	0.20	3.5	45	Vegetables
10.7	29.3	13	0.1	0.1	3	0.2	94	0.01	0.01	0.6	2	Fruit
8.3	22.7	59	2.9	4.9	2	0.3	10	0.04	0.03	0.8	0	Meat
1.9	5.2	12	0.8	0.9	0	0.1	2	0.00	0.01	0.2	0	Bovine Meat
3.4	9.3	35	0.9	3.4	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
1.1	3.0	4	0.4	0.2	0	0.0	8	0.00	0.00	0.1	0	Poultry Meat
0.3	0.8	2	0.1	0.2	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.6	4.4	6	0.8	0.1	1	0.1	0	0.00	0.01	0.3	0	Edible Viscera
2.4	6.6	8	0.6	0.6	3	0.1	47	0.01	0.02	0.0	0	Eggs
		5	0.3	0.2	13	0.0	2	0.00	0.00	0.0	0	Milk
0.5	1.5	1	0.0	0.1	2	0.0	2	0.00	0.00	0.0	0	Milk
0.1	0.4	2	0.1	0.1	4	0.0	0	0.00	0.01	0.0	0	Milk Powder
0.2	0.5	2	0.2	0.0	7	0.0	0	0.00	0.01	0.0	0	Skim Milk Powder
20.7	56.7	49	7.7	1.8	44	0.9	22	0.03	0.04	1.4	0	Fishes and Shellfishes
14.1	38.6	41	6.1	1.7	39	0.5	9	0.02	0.03	1.0	0	Fishes
6.6	18.1	8	1.6	0.1	5	0.3	13	0.01	0.01	0.4	0	Shellfishes
2.6	7.1	4	0.2	0.0	22	0.6	167	0.01	0.01	0.1	0	Seaweeds
1.3	3.3	29	0.0	3.2	0	0.0	4	0.00	0.00	0.0	0	Oils and Fats
0.6	1.5	14		1.5	0		0	0.00	0.00	0.0	0	Vegetable Oils
0.5	1.3	12	0.0	1.3	0		3	0.00	0.00	0.0	0	Animal Fats
0.2	0.5	4	0.0	0.4	0	0.0	1	0.00	0.00	0.0	0	Margarine
33.2	90.9											Alcoholic Beverages
		2,475	68.9	22.7	425	12.7	4,626	1.60	0.73	25.6	75	Grand Total

3.11. 1969년도 식품수급표

인구: 30,469천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												
밀	366	1,343	504	2,213	909	0	33	14	22	1,223 ¹⁾	11 ²⁾	
밀 가루	711	199	516	1,426	636							790
쌀	4,090	631	2,510	7,231	3,448	0		36	142			3,599
보리	2,066	107	1,194	3,368	1,162		104	52	73	6		1,969
기타	165	138	118	422	179	6	144	7	6	7		74
2. 서 류										4		
감자	600			600				80	60			460
고구마	2,123			2,123			92	203	212			1,246
3. 설탕 류	189		5	194	10	7				396		175
4. 두 류												
콩	229	18	184	430	167			22	8			231
팥	25	0	19	44	17	1		2	1	2		24
기타	18	0		19		1		0	1			17
5. 견과 류	3			3					0	0		2
6. 종실 류												
참깨	8	1		9				0	0			4
기타	56			56				3	2	4	3	
7. 채소 류	2,429	2		2,431		5			365	48		2,061
8. 과실 류	417	3		420		6			42	1		371
9. 육 류												
쇠고기	49	1		49								49
돼지고기	107			107		1						106
닭고기	43			43								43
기타	6			6								6
부산물	45			45								45
10. 계란 류	127			127		2		4				122
11. 우유 류												
우유	35	0		35			2		1	18		15
분유	2	12		14					0			14
양유	3			3			2		0			1
연유	1	0		1					0			1
12. 어패 류												
어류	597			597		91			27			479
패류	184			184		10			9			164
13. 해조 류	54			54		12			3			39
14. 유지 류												
식물성	26	2		28					0	1	55	21
동물성		57		57		0			1	9	34	12
마가린	11	0	0	11	0	0			0			11
15. 주 류	1,247	0	9	1,256	11	8			37			1,202
합 계												

주 1) 제분용: 1,223천톤, 양조용: 235천톤

2) 추정치임.

3) 원유환산중량임.

Food balance Sheet, 1969

In 30,469 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
206.6	566.0	1,921	45.1	5.5	161	5.7	1	1.17	0.31	17.8	0	Cereals
												Wheat
25.4	69.5	246	6.0	0.8	14	0.8	0	0.14	0.03	0.8	0	Wheat Flour
115.6	316.7	1,077	20.6	1.3	76	1.3		0.32	0.16	4.7	0	Rice
63.2	173.2	575	17.8	3.3	69	3.5		0.69	0.05	12.1	0	Barley
2.4	6.6	23	0.7	0.2	2	0.2	1	0.02	0.01	0.1	0	Cereals, other
54.8	150.1	160	2.0	0.5	30	1.0	180	0.19	0.06	0.0	26	Starchy Roots
14.8	40.5	27	0.8	0.2	2	0.2	0	0.06	0.01	0.2	6	Potatoes
40.0	109.7	132	1.1	0.3	28	0.8	180	0.13	0.05	0.6	20	Sweet Potatoes
5.6	15.4	61	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Sweeteners
8.7	23.9	96	9.2	3.9	30	1.7	3	0.14	0.04	0.8	0	Pulses
7.4	20.3	83	8.4	3.6	26	1.5	2	0.12	0.04	0.7	0	Soybeans
0.8	2.1	6	0.4	0.0	3	0.1	0	0.01	0.00	0.0	0	Red Beans
0.5	1.5	6	0.4	0.3	2	0.1	1	0.01	0.00	0.0	0	Pulses, other
0.1	0.2	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Tree Nuts
0.1	0.3	2	0.1	0.2	2	0.1	0	0.00	0.00	0.0	0	Oil Crops
0.1	0.3	2	0.1	0.2	2	0.1	0	0.00	0.00	0.0	0	Sesame
												Oil Crops, other
66.7	182.8	65	3.2	0.8	130	2.5	4,388	0.11	0.21	4.0	50	Vegetables
11.9	32.6	14	0.1	0.1	3	0.2	17	0.01	0.01	0.1	2	Fruit
8.0	21.9	56	2.7	4.9	1	0.2	31	0.04	0.02	0.6	0	Meat
1.6	4.3	10	0.6	0.8	0	0.1	2	0.00	0.01	0.1	0	Bovine Meat
3.4	9.3	36	0.9	3.4	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
1.4	3.8	5	0.5	0.3	0	0.0	9	0.00	0.00	0.0	0	Poultry Meat
0.2	0.5	1	0.1	0.0	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.4	3.9	6	0.6	0.3			20					Edible Viscera
3.9	10.7	15	1.2	1.1	6	0.3	84	0.01	0.03	0.0	0	Eggs
(3.4)³⁾	(9.4)³⁾	8	0.4	0.4	15	0.0	20	0.00	0.02	0.0	0	Milk
0.5	1.3	1	0.0	0.0	2	0.0	2	0.00	0.00	0.0	0	Milk
0.4	1.2	6	0.3	0.3	12	0.0	17	0.00	0.02	0.0	0	Milk Powder
0.0	0.1	0	0.0	0.0	0	0.0	1	0.00	0.00	0.0	0	Mutton Milk
0.0	0.3	1	0.0	0.0	1	0.0	1	0.00	0.00	0.0	0	Skim Milk Powder
20.6	56.5	53	8.1	2.2	73	1.4	33	0.05	0.07	2.1	0	Fishes and Shellfishes
15.4	42.1	46	6.7	2.0	64	1.0	11	0.03	0.05	1.5	0	Fishes
5.3	14.4	8	1.4	0.1	8	0.4	22	0.02	0.02	0.6	0	Shellfishes
1.3	3.5	2	0.1	0.0	13	0.3	64	0.00	0.01	0.0	0	Seaweeds
1.4	3.9	34	0.0	3.7	0	0.0	2	0.00	0.00	0.0	0	Oils and Fats
0.7	1.9	17	0.0	1.9			0	0.00	0.00	0.0	0	Vegetable Oils
0.4	1.1	10	0.0	1.1			2	0.00	0.00	0.0	0	Animal Fats
0.3	0.9	7	0.0	0.8	0	0.0	0	0.00	0.00	0.0	0	Margarine
38.6	105.7											Alcoholic Beverages
		2,486	72.2	23.4	463	13.5	4,824	1.61	0.77	26.1	77	Grand Total

3.11. 1970년도 식품수급표

인구: 31,793천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												6,871
밀	357	1,178	497	2,032	329		68	16	21	1,158 ¹⁾	11	
밀 가 루	1,143	27		1,170		1						598
쌀	3,939	696	3,448	8,084	3,643			37	143	571 ²⁾		4,254
보 리	1,974	109	1,162	3,245	1,057		155	47	67	7		1,910
기 타	146	217	178	542	145	5	264	8	7	9		108
2. 서 류											4	1,221
감 자	606	0		606			91	52	61			402
고 구 마	2,136			2,136			303	184	214			818
3. 설 탕 류	210		10	220	10	7				2	400	201
4. 두 류												287
콩	232	30	167	429	150		0	23	8			245
팥	25		17	42	16	0	0	2	1	2 ³⁾		22
기 타	20	0		20		0	0		1			20
5. 견 과 류	3	0		3		0			0	0		2
6. 종 실 류	54	1		55					1	2		2
참 껌	10			10					0	0	51	1
기 타	44	1		45					0	1	10	0
7. 채 소 류	2,433			2,433		0				361	42	2,072
8. 과 실 류	428	3		431		4				43	1	383
9. 육 류												268
쇠 고 기	49	1		50		0						50
돼 지 고 기	116			116								116
닭 고 기	45			45								45
기 타	5	0		5		1						4
부 산 물	53			53								53
10. 계 란 류	123			123		0		4				120
11. 우 유 류												(94)⁵⁾
우 유	52			52						2		23
분 유	4	6		10						0	27 ⁴⁾	10
양 유	3			3						0	0	3
연 유	1	1		2						0		2
12. 어 패 류												712
어 류	685			685		99				29		557
기 타	218			218		52				11		155
13. 해 조 류	96			96		8				5		83
14. 유 지 류	50	66	0	116	0	0				1	18⁶⁾	49
식 물 성	30	0		31						0	1 ⁶⁾	7
동 물 성		65		65		0				1	17 ⁶⁾	42
마 가 린	20	0	0	20	0					0		20
15. 주 류	1,543	1	6	1,550	6	0				57		1,485
합 계												

주 1) 제분용임. 2) 양조용임. 3) 착유용임. 4) 분유제조용임.

Food balance Sheet, 1970

In 31,793 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
216.1	592.1	2,006	47.8	5.8	169	9.7	1	1.23	0.41	18.1	0	Cereals
												Wheat
18.8	51.6	181	6.0	0.8	12	1.2	0	0.16	0.04	0.9	0	Wheat Flour
133.8	366.6	1,246	23.8	1.5	88	1.5	0	0.37	0.18	5.5	0	Rice
60.1	164.6	546	17.0	3.1	66	6.6	0	0.66	0.18	11.5	0	Barley
3.4	9.3	33	1.0	0.4	2	0.4	1	0.05	0.02	0.2	0	Cereals, other
38.4	105.2	109	1.5	0.4	19	0.7	115	0.13	0.04	0.5	18	Starchy Roots
12.7	34.7	24	0.8	0.2	2	0.2	0	0.07	0.01	0.2	5	Potatoes
25.7	70.4	85	0.7	0.2	18	0.5	115	0.06	0.03	0.4	13	Sweet Potatoes
6.3	17.4	69	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Sweeteners
9.0	24.7	100	9.6	4.1	31	1.8	4	0.15	0.04	0.8	0	Pulses
7.7	21.1	87	8.7	3.7	27	1.6	2	0.13	0.04	0.7	0	Soybeans
0.7	1.9	6	0.4	0.0	2	0.1	0	0.01	0.00	0.0	0	Red Beans
0.6	1.7	7	0.5	0.4	2	0.1	1	0.01	0.00	0.1	0	Pulses, other
0.1	0.2	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Tree Nuts
0.1	0.2	1	0.0	0.1	1	0.0	0	0.00	0.00	0.0	0	Oil Crops
0.0	0.0	1	0.0	0.0	1	0.0	0	0.00	0.00	0.0	0	Sesame
0.0	0.0	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Oil Crops, other
65.6	180.1	65	2.5	0.7	86	1.4	4,323	0.13	0.15	3.1	49	Vegetables
12.0	33.0	14	0.1	0.1	3	0.2	19	0.01	0.01	0.0	2	Fruit
8.4	23.0	59	2.9	5.1	1	0.2	35	0.04	0.02	0.6	0	Meat
1.6	4.3	10	0.6	0.8	0	0.1	2	0.00	0.00	0.1	0	Bovine Meat
3.6	10.0	37	1.0	3.7	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
1.4	3.8	5	0.5	0.3	0	0.0	10	0.00	0.00	0.2	0	Poultry Meat
0.1	0.3	1	0.1	0.0	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.7	4.6	7	0.7	0.4	0	0.0	23	0.00	0.00	0.0	0	Edible Viscera
3.8	10.3	14	1.1	1.1	6	0.2	81	0.01	0.03	0.0	0	Eggs
(3.0)⁵⁾	(8.1)⁵⁾	5	0.4	0.2	14	0.0	9	0.00	0.02	0.0	0	Milk
0.7	2.0	1	0.1	0.1	3	0.0	3	0.00	0.00	0.0	0	Milk
2.0	0.8	4	0.3	0.1	0	0.0	5	0.00	0.01	0.0	0	Milk Powder
0.1	0.2	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Mutton Milk
0.2	0.2	1	0.0	0.0	1	0.0	1	0.00	0.00	0.0	0	Skim Milk Powder
23.1	64.7	53	7.7	2.4	44	1.6	29	0.08	0.08	1.9	0	Fishes and Shellfishes
18.3	51.2	46	6.5	2.2	35	0.7	15	0.05	0.05	1.4	0	Fishes
4.9	13.4	8	1.2	0.1	9	0.9	14	0.03	0.03	0.5	0	Shellfishes
2.6	7.2	3	0.2	0.0	20	0.3	198	0.00	0.01	0.2	0	Seaweeds
1.5	4.1	34	0.0	3.8			1	0.00	0.00	0.0	0	Oils and Fats
0.7	1.9	17	0.0	1.9			0	0.00	0.00	0.0	0	Vegetable Oils
0.2	0.5	4	0.0	0.5			1	0.00	0.00	0.0	0	Animal Fats
0.6	1.7	13	0.0	1.4	0	0.0	0	0.00	0.00	0.0	0	Margarine
46.7	127.7											Alcoholic Beverages
		2,533	73.9	23.8	395	16.3	4,761	1.77	0.81	24.5	69	Grand Total

5) 원유 환산중량임. 6) 마가린 제조용임.

3.11. 1971년도 식품수급표

인구: 31,828천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000 M/T												
1. 곡 류												7,119
밀	322	1,654	329	2,305	540		68	11	22	1,654	11	
밀 가 루	1,191	124		1,314		0				635		679
쌀	3,998	910	3,643	8,550	3,809		17	37	147	17		4,523
보 리	1,858	65	1,057	2,980	860		155	47	62	9		1,846
기 타	127	315	145	588	118	2	383	6	5	2		71
2. 서 류												1,397
감 자	590	2		592			100	62	59	0		371
고 구 마	1,901			1,901			226	125	190	337		1,023
3. 설 탕 류	238		9	246	12	4				2		228
4. 두 류												345
콩	222	62	150	434	61		1	15	8	37		312
팥	23		16	39	13	4	1	1	1			19
기 타	18	2		20		4		1	1			14
5. 견 과 류	4	0		4		0			0			4
6. 종 실 류	65	5		70		0			2	65	1	2
참 깨	13	1		14		0			0	12		2
기 타	52	4		56		0			1	53	1	0
7. 채 소 류	2,897	0		2,897		10				434		2,516
8. 과 실 류	417	11		428		3				43	2	381
9. 육 류												260
쇠 고 기	48	1		48		0						48
돼 지 고 기	113	0		113		0						113
닭 고 기	50	0		50								50
기 타	5	2		6		1						5
부 산 물	44			44								44
10. 계 란 류	128	0		128		1						127
11. 우 유 류												(163)
우 유	65			65					2	36		27
분 유	5	15		20					0			20
양 유	3			3					0			2
연 유	1	1		3					0			3
12. 어 패 류												755
어 류	727			727		104			32			591
패 류	228			228		52			11			165
13. 해 조 류	93			93		1			5			86
14. 유 지 류												73
식 물 성	45	3		49		0			0	4	0	44
동 물 성		76		76		0			1	23	50	3
마 가 린	27	0		27					0			27
15. 주 합 류	1,680			1,680					49			1,631

Food balance Sheet, 1971

In 31,828 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
219.5	601.4	2,038	48.2	5.6	169	9.3	1	1.21	0.40	17.8	0	Cereals
												Wheat
20.9	57.4	201	6.7	0.9	14	1.4	0	0.18	0.04	1.0	0	Wheat Flour
139.5	382.1	1,299	24.8	1.5	92	1.5	0	0.38	0.19	5.7	0	Rice
56.7	156.0	518	16.1	3.0	62	6.2	0	0.62	0.16	10.9	0	Barley
2.2	6.0	21	0.7	0.2	2	0.2	1	0.02	0.01	0.1	0	Cereals, other
43.0	116.8	125	1.5	0.4	23	0.8	142	0.15	0.05	0.7	22	Starchy Roots
11.4	30.4	21	0.7	0.1	1	0.2	0	0.05	0.01	0.1	4	Potatoes
31.5	86.4	104	0.9	0.2	22	0.6	142	0.10	0.04	0.5	18	Sweet Potatoes
7.0	19.3	77	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Sweeteners
10.6	29.1	118	11.6	4.9	37	2.1	4	0.18	0.06	1.0	0	Pulses
9.6	26.4	108	10.9	4.6	33	2.0	3	0.16	0.05	0.8	0	Soybeans
0.6	1.6	5	0.3	0.0	2	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.2	5	0.3	0.3	1	0.1	1	0.01	0.01	0.1	0	Pulses, other
0.1	0.3	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Tree Nuts
0.1	0.1	1	0.0	0.1	1	0.0	0	0.00	0.00	0.0	0	Oil Crops
0.1	0.1	1	0.0	0.1	1	0.0	0	0.00	0.00	0.0	0	Sesame
												Oil Crops, other
77.6	212.9	68	3.0	0.8	100	1.5	4,258	0.11	0.23	2.4	47	Vegetables
11.7	32.2	14	0.3	0.1	3	0.3	18	0.01	0.01	0.1	2	Fruit
8.0	22.0	56	2.7	4.9	1	0.2	31	0.04	0.02	0.6	0	Meat
1.5	4.1	9	0.6	0.7	0	0.1	2	0.00	0.01	0.1	0	Bovine Meat
3.5	9.6	36	0.9	3.5	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
1.6	4.3	5	0.5	0.3	0	0.0	11	0.00	0.00	0.2	0	Poultry Meat
0.2	0.4	1	0.1	0.0	0	0.0	0	0.00	0.00	0.0	0	Meat, other
1.3	3.7	5	0.6	0.3			18					Edible Viscera
3.9	10.7	15	1.2	1.1	6	0.3	84	0.01	0.03	0.0	0	Eggs
(5.0)	(13.7)	9	0.6	0.2	25	0.0	11	0.01	0.03	0.0	0	Milk
0.8	2.3	1	0.1	0.1	4	0.0	3	0.00	0.00	0.0	0	Milk
0.6	1.7	7	0.5	0.1	20	0.0	7	0.01	0.03	0.0	0	Milk Powder
0.1	0.2	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Mutton Milk
0.1	0.2	1	0.0	0.0	1	0.0	1	0.00	0.00	0.0	0	Skim Milk Powder
23.3	63.9	57	8.3	2.5	52	1.3	30	0.06	0.08	1.9	0	Fishes and Shellfishes
18.2	50.0	50	7.0	2.4	44	0.7	16	0.04	0.06	1.6	0	Fishes
5.1	13.9	7	1.3	0.1	8	0.5	14	0.03	0.02	0.3	0	Shellfishes
2.7	7.3	3	0.2	0.0	20	0.3	188	0.00	0.01	0.1	0	Seaweeds
2.3	6.2	52	0.0	5.8		0.0	5	0.00	0.00	0.0	0	Oils and Fats
1.4	3.7	33	0.0	3.7			0	0.00	0.00	0.0	0	Vegetable Oils
0.1	0.2	2	0.0	0.2			0	0.00	0.00	0.0	0	Animal Fats
0.8	2.3	17	0.0	1.8		0.0	5	0.00	0.00	0.0	0	Margarine
50.3	138.0											Alcoholic Beverages
		2,633	77.6	26.5	437	16.2	4,771	1.77	0.91	24.4	71	Grand Total

3.11. 1972년도 식품수급표

인구: 32,360천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												7,245
밀	241	1,950	437	2,628	382		56	6	22	2,154	15	
밀 가 루	1,659	83		1,742		2				747		993
쌀	3,957	489	3,331	7,771	3,298		20	35	142	9		4,274
보 리	1,965	192	940	3,096	982	0	100	42	66	15		1,891
기 타	110	428	106	644	75	1	459	3	7	14		86
2. 서 류												1,464
감 자	460	0		460		0	45	44	46	0		325
고 구 마	1,877			1,877		0	187	100	188	264		1,139
3. 설 류	206	2	9	217	9	3				2		203
4. 두 류												219
콩	224	38	196	458	209	0	1	15	8	37		188
팥	21	0		21		1	1	2	1			17
기 타	16	0		16		1		2	0			13
5. 견 과 류	4			4		0			0	0		4
6. 종 실 류												8
참 껌	14	0		14					0	6		8
기 타	27	6		33		0			1	30	2	0
7. 채 소 류	2,727	1		2,728		9				409		2,310
8. 과 실 류	500	8		508		9				51	1	447
9. 육 류												309
쇠 고 기	51	0		52		0						52
돼 지 고 기	110	0		110		4						105
닭 고 기	78	0		78		0						78
기 타	5	6		11		4						8
부 산 물	66			66								66
10. 계 란 류	140			140		0		4				136
11. 우 유 류												122
우 유	80			80					2	37		41
분 유	5	7		12					0			12
양 유	3			3					0			2
연 유	2	1		2					0			2
12. 어 패 류												963
어 류	958			958		145			48			766
패 류	261			261		50			13			197
13. 해 조 류	98			98		7			5			86
14. 유 지 류												67
식 물 성	40	3		43					0	1		41
동 물 성		85		85		0			1	15	59	10
마 가 린	16	0		16					0			16
15. 주 류 합 계	1,932	0		1,932		0			56			1,875

0 단위 미만.
 - 해당 숫자 없음.

Food balance Sheet, 1972

In 32,360 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
223.9	613.4	2,082	50.6	6.0	173	10.0	2	1.30	0.41	18.3	0	Cereals
												Wheat
30.7	84.1	294	9.8	1.3	20	2.0	0	0.27	0.06	1.4	0	Wheat Flour
132.1	361.9	1,230	23.5	1.4	87	1.4		0.36	0.08	5.4	0	Rice
58.4	160.1	532	16.5	3.0	64	6.4		0.64	0.16	11.2	0	Barley
2.7	7.3	25	0.7	0.3	2	0.2	2	0.02	0.01	0.2	0	Cereals, other
45.3	124.0	135	1.6	0.4	26	0.9	158	0.15	0.05	0.7	21	Starchy Roots
10.1	27.6	19	0.6	0.1	1	0.2	0	0.04	0.01	0.1	4	Potatoes
35.2	96.4	116	1.0	0.3	24	0.7	158	0.11	0.04	0.5	17	Sweet Potatoes
6.3	17.2	68	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Sweeteners
6.8	18.5	75	7.2	3.0	23	1.3	3	0.11	0.03	0.6	0	Pulses
5.8	15.9	65	6.6	2.8	20	1.2	2	0.10	0.03	0.5	0	Soybeans
0.5	1.5	5	0.3	0.0	2	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.1	5	0.3	0.2	1	0.1	1	0.01	0.00	0.1	0	Pulses, other
0.1	0.3	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Tree Nuts
0.3	0.7	3	0.1	0.4	4	0.1	0	0.00	0.00	0.0	0	Oil Crops
0.3	0.7	3	0.1	0.4	4	0.1	0	0.00	0.00	0.0	0	Sesame
												Oil Crops, other
71.4	195.6	66	2.8	0.8	90	1.6	3,912	0.11	0.16	2.2	42	Vegetables
13.8	37.9	16	0.2	0.1	4	0.3	27	0.01	0.01	0.1	3	Fruit
9.5	26.1	61	3.3	5.1	1	0.3	46	0.04	0.02	0.7	0	Meat
1.6	4.4	10	0.6	0.8	0	0.1	2	0.00	0.01	0.2	0	Bovine Meat
3.3	8.9	34	0.9	3.3	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
2.4	6.6	8	0.8	0.5	0	0.1	17	0.00	0.01	0.3	0	Poultry Meat
0.2	0.7	1	0.1	0.1	0	0.0	0	0.00	0.00	0.0	0	Meat, other
2.0	5.5	8	0.9	0.4			28				0	Edible Viscera
42.0	11.5	16	1.3	1.2	7	0.3	91	0.01	0.03	0.0	0	Eggs
3.8	10.4	7	0.4	0.3	18	0.0	12	0.00	0.02	0.0	0	Milk
1.3	3.5	2	0.1	0.1	6	0.0	5	0.00	0.01	0.0	0	Milk
0.4	1.0	4	0.3	0.1	11	0.0	7	0.00	0.02	0.0	0	Milk Powder
0.1	0.2	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Mutton Milk
0.1	0.2	1	0.0	0.0	1	0.0	1	0.00	0.00	0.0	0	Skim Milk Powder
29.8	81.5	77	11.2	3.2	71	2.3	42	0.08	0.15	3.2	3	Fishes and Shellfishes
23.7	64.8	67	9.6	3.1	58	1.6	21	0.05	0.07	2.8	0	Fishes
6.1	16.7	10	1.6	0.2	13	0.7	21	0.03	0.07	0.5	2	Shellfishes
2.7	7.3	3	0.2	0.0	25	0.3	178	0.00	0.01	0.1	0	Seaweeds
2.1	5.7	49	0.0	5.4			2	0.00	0.00	0.0	0	Oils and Fats
1.3	3.5	32	0.0	3.5			0	0.00	0.00	0.0	0	Vegetable Oils
0.3	0.8	7	0.0	0.8			2	0.00	0.00	0.0	0	Animal Fats
0.5	1.3	10	0.0	1.1		0.0		0.00	0.00	0.0	0	Margarine
58.0	158.8											Alcoholic Beverages
		2,657	78.8	26.1	442	17.3	4,472	1.82	0.90	26.0	68	Grand Total

3.11. 1973년도 식품수급표

인구: 32,905천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												7,273
밀	162	1,955	446	2,563	178		50	4	19	2,297	(15)	
밀 가 루	1,814	0		1,815		3				786		1,026
쌀	4,212	394	3,298	7,903	3,533		14	34	148	5		4,169
보 리	1,778	350	1,014	3,142	889	0	226	39	62	5		1,921
기 타	117	596	116	829	166	3	474	3	8	18		157
2. 서 류												1,242
감 자	478			472		1	37	42	47			345
고 구 마	1,669			1,669		0	137	92	167	376		897
3. 설 탕 류	303		9	312	9	48				3		251
4. 두 류												272
콩	246	86	209	541	233		0	17	9	42		239
팥	21			21					2	1		19
기 타	16			16		0			2	0		14
5. 견 과 류	4			4		0			0	0		4
6. 종 실 류												10
참 깨	17			17					1	7		10
기 타	26	4		29					1	25	3	0
7. 채 소 류	2,628	0		2,628		5				394		2,229
8. 과 실 류	560	11		571		8				57	1	504
9. 육 류											1	303
쇠 고 기	57	1		58		0						58
돼 지 고 기	109			109		4						105
닭 고 기	40			40								40
기 타	5	10		15		1						14
부 산 물	87			87								87
10. 계 란 류	138			138		0				5		133
11. 우 유 류												(109)
우 유	104			104					3	41		60
분 유	6	1		7					0			7
양 유	1			1					0			1
연 유	1	0		1					0			1
12. 어 패 류												906
어 류	1,012			1,012		150			51			811
패 류	162			162		59			8			95
13. 해 조 류	194			194		8			10			177
14. 유 지 류												70
식 물 성	38	6		44					0	1		43
동 물 성		93		93					1	17	66	9
마 가 린	18	0		18					0			18
15. 주 합 계	2,065	0		2,065		1			60			2,004

Food balance Sheet, 1973

In 32,905 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
					mg	mg	I.U.	mg	mg	mg	mg	
221.0	605.6	2,055	50.3	6.2	171	10.2	3	1.30	0.41	18.2	0	Cereals
												Wheat
31.2	85.4	299	10.0	1.3	21	2.1	0	0.27	0.06	1.5	0	Wheat Flour
126.7	347.1	1,180	22.6	1.4	83	1.4		0.35	0.17	5.2	0	Rice
58.4	159.9	531	16.5	3.0	64	6.4		0.64	0.16	11.2	0	Barley
4.8	13.1	45	1.3	0.5	3	0.3	3	0.04	0.01	0.3	0	Cereals, other
37.8	103.4	110	1.4	0.3	20	0.7	122	0.13	0.04	0.5	17	Starchy Roots
10.5	28.7	19	0.6	0.1	1	0.2	0	0.04	0.01	0.1	4	Potatoes
27.3	74.7	90	0.7	0.2	19	0.5	122	0.09	0.03	0.4	13	Sweet Potatoes
7.6	20.9	83	0.0	0.0		0.0	0	0.00	0.00	0.0	0	Sweeteners
8.3	22.7	91	8.9	3.7	29	1.7	3	0.14	0.04	0.7	0	Pulses
7.3	19.9	82	8.2	3.5	25	1.5	2	0.12	0.03	0.6	0	Soybeans
0.6	1.6	5	0.3	0.0	2	0.1	0	0.01	0.00	0.0	0	Red Beans
0.4	1.1	5	0.4	0.2	1	0.1	1	0.01	0.00	0.1	0	Pulses, other
0.1	0.3	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Tree Nuts
0.3	0.8	3	0.2	0.4	5	0.1	0	0.00	0.00	0.0	0	Oil Crops
0.3	0.8	3	0.2	0.4	5	0.1	0	0.00	0.00	0.0	0	Sesame
												Oil Crops, other
67.7	185.6	57	2.7	0.8	86	1.5	3,712	0.10	0.16	2.2	40	Vegetables
15.3	42.0	18	0.2	0.2	4	0.3	45	0.01	0.01	0.1	3	Fruit
9.2	25.3	61	3.3	5.1	1	0.2	47	0.04	0.02	0.6	0	Meat
1.7	4.8	11	0.7	0.9	0	0.1	2	0.00	0.01	0.2	0	Bovine Meat
3.2	8.7	33	0.9	3.2	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
1.2	3.3	4	0.4	0.3	0	0.0	8	0.00	0.00	0.2	0	Poultry Meat
0.4	1.2	3	0.2	0.2	0	0.0	0	0.00	0.00	0.0	0	Meat, other
2.6	7.3	10	1.2	0.6			36					Edible Viscera
4.0	11.0	15	1.2	1.1		0.3	87	0.01	0.03	0.0	0	Eggs
(3.3)	(9.1)	6	0.3	0.3	14	0.0	15	0.00	0.02	0.0	0	Milk
1.8	5.0	3	0.1	0.2	8	0.0	7	0.00	0.01	0.0	0	Milk
0.2	0.6	3	0.2	0.2	6	0.0	8	0.00	0.01	0.0	0	Milk Powder
0.0	0.1	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Mutton Milk
0.0	0.1	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Skim Milk Powder
27.6	75.5	73	10.6	3.3	61	1.8	30	0.06	0.09	3.0	0	Fishes and Shellfishes
24.7	67.6	69	9.9	3.3	56	1.6	23	0.06	0.08	2.8	0	Fishes
2.9	7.9	4	0.7	0.1	5	0.2	7	0.01	0.01	0.2	0	Shellfishes
5.4	14.7	10	1.0	0.0	60	1.0	1,255	0.01	0.05	0.4	0	Seaweeds
2.1	5.8	50	0.0	5.6		0.0	2	0.00	0.00	0.0	0	Oils and Fats
1.3	3.6	32	0.0	3.6			0	0.00	0.00	0.0	0	Vegetable Oils
0.3	0.8	7	0.0	0.8			2	0.00	0.00	0.0	0	Animal Fats
0.5	1.5	11	0.0	1.2		0.0		0.00	0.00	0.0	0	Margarine
60.9	166.9											Alcoholic Beverages
		2,632	80.1	27.0	451	17.8	5,321	1.80	0.87	25.7	60	Grand Total

3.11. 1974년도 식품수급표

인구: 33,459천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total
										식 용 Food	비식용 NonFood	
..... 1,000톤												
1. 곡 류												
밀	136	1,592	516	2,244	665		48	4	17	1,496 ¹⁾	(15) ²⁾	20
밀 가루	1,196	23		1,219						479		
쌀	4,445	206	4,288	8,939	4,192			35	160	7		
보리	1,705	299	2,130	4,134	1,951		60	44	66	63		
기타	109	612	326	1,047	385	2	446	3	9	7		
2. 서 류												6
감자	471			471		0		36	47			
고구마	1,450			1,450				72	145	370		
3. 설탕 류	285	0	10	296	25	68				3		0
4. 두 류												
콩	319	50	219	587	265			15	12	20		
팥	28			28				2	1			
기타	21			21				2	1			
5. 견과 류	6			6		0			0	0		36
6. 종실 류												
참깨	17			17				0	0	8		
기타	47	2		48				0	1	45	2	
7. 채소 류	2,664			2,644		5			397			
8. 과실 류	597	10		607		10			61	3	10	
9. 육 류												16
쇠고기	63	0		63								0
돼지고기	110	0		110		6						
닭고기	41			41								
기타	6	16		22		10						
부산물	93			93								
10. 계란 류	160			160								
11. 우유 류												11
우유	120			120					4			
우분유	7	2		8					0			
양유	1			1					0			
연유	2	0		2					0			
12. 어패 류												55
어류	949			949		32			49			37
패류	219			219		109			11			73
13. 해조 류	298			298		29			15			0
14. 유지 류												
식물성	39	4		44					0	1		
동물성		46		46					11	20		
마가린	20	0		20					0			
15. 주합 류	2,186	38		2,225		69			64			

주 1) 제분용. 2) 추정치.
 () 내는 원유 환산량임.

Food balance Sheet, 1974

In 33,459 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	
						mg	mg	I.U.	mg	mg	mg	mg	
7,429	222	608.3	2,063	49.3	6.0	172	9.7	3	1.25	0.40	18.2	0	Cereals
													Wheat
740	22	60.6	212	7.1	0.9	15	1.5	0	0.19	0.04	1.0	0	Wheat Flour
4,545	136	372.1	1,265	24.2	1.5	89	1.5	0	0.37	0.19	5.6	0	Rice
1,950	58	159.7	530	16.5	3.0	64	6.4	0	0.64	0.16	11.2	0	Barley
194	6	15.9	56	1.5	0.6	4	0.4	3	0.05	0.01	0.4	0	Cereals, other
1,251	37	102.4	107	1.4	0.3	19	0.7	166	0.13	0.04	0.5	17	Starchy Roots
388	12	31.8	22	0.7	0.1	2	0.2	0	0.05	0.01	0.1	4	Potatoes
863	26	70.6	85	0.7	0.2	18	0.5	166	0.08	0.03	0.4	13	Sweet Potatoes
200	6	16.4	65	0.0	0.0		0.0	0	0.00	0.00	0.0	0	Sweeteners
320	10	26.2	105	10.2	4.3	33	1.9	4	0.16	0.04	0.9	0	Pulses
275	8	22.5	92	9.3	4.0	29	1.7	2	0.14	0.04	0.7	0	Soybeans
26	1	2.1	7	0.5	0.0	3	0.1	0	0.01	0.00	0.0	0	Red Beans
19	1	1.5	6	0.4	0.3	2	0.1	1	0.01	0.00	0.1	0	Pulses, other
5	0	0.4	1	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Tree Nuts
8	0	0.6	2	0.1	0.3	4	0.1	0	0.01	0.00	0.0	0	Oil Crops
8	0	0.6	2	0.1		4	0.1	0	0.01	0.00	0.0	0	Sesame
0													Oil Crops, other
2,242	67	183.6	57	2.8	0.8	93	1.6	2,673	0.10	0.15	2.3	43	Vegetables
533	16	43.6	19	0.2	0.2	4	0.3	52	0.01	0.02	0.1	3	Fruit
313	9	25.7	61	3.3	5.1	1	0.2	49	0.04	0.02	0.6	0	Meat
63	2	5.1	12	0.8	0.9	0	0.1	2	0.00	0.01	0.2	0	Bovine Meat
104	3	8.5	32	0.8	3.2	1	0.1	0	0.03	0.01	0.2	0	Pig Meat
41	1	3.4	4	0.4	0.3	0	0.0	8	0.00	0.00	0.2	0	Poultry Meat
12	0	1.0	2	0.1	0.2	0	0.0	1	0.00	0.00	0.0	0	Meat, other
93	3	7.6	11	1.2	0.5			38					Edible Viscera
160	5	13.1	19	1.5	1.4	8	0.3	105	0.01	0.04	0.0	0	Eggs
(127)	(4)	(10.5)	7	0.4	0.4	16	0.0	18	0.00	0.02	0.0	0	Milk
71	2	5.8	3	0.2	0.2	9	0.0	8	0.00	0.01	0.0	0	Milk
8	0	0.7	3	0.2	0.2	6	0.0	9	0.00	0.01	0.0	0	Milk Powder
1	0	0.1	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Mutton Milk
2	0	0.1	0	0.0	0.0	0	0.0	0	0.00	0.00	0.0	0	Skim Milk Powder
969	29	79.4	71	9.9	3.3	115	1.1	18	0.15	0.06	2.3	0	Fishes and Shellfishes
870	26	71.2	68	9.5	3.2	112	1.0	16	0.14	0.05	2.2	0	Fishes
99	3	8.1	3	0.4	0.1	3	0.0	2	0.01	0.01	0.1	0	Shellfishes
254	8	20.8	17	1.8	0.1	84	2.4	2,207	0.02	0.09	0.6	0	Seaweeds
77	2	6.3	54	0.0	6.0			2	0.00	0.00	0.0	0	Oils and Fats
42	1	3.5	31	0.0	3.5			0	0.00	0.00	0.0	0	Vegetable Oils
15	0	1.2	11	0.0	1.2			2	0.00	0.00	0.0	0	Animal Fats
20	1	1.6	12	0.0	1.3		0.0		0.00	0.00	0.0	0	Margarine
2,092	63	171.3											Alcoholic Beverages
			2,648	80.9	28.2	549	18.3	5,297	1.88	0.88	25.5	64	Grand Total

Food balance Sheet, 1975

In 35,281 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
6,808	192.95	528.64	1,801.14	40.44	4.88	162.23	7.22	1.24	1.02	0.34	15.23	0.00	Cereals
													Wheat
1,062	30.09	32.44	291.83	7.00	1.15	37.92	1.32	0.00	0.23	0.06	2.47	0.00	Wheat Flour
4,228	119.84	328.33	1,116.32	21.34	1.31	78.80	1.31	0.00	0.33	0.16	4.92	0.00	Rice
1,399	39.65	108.63	360.65	11.19	2.06	43.45	4.34	0.00	0.43	0.11	7.60	0.00	Barley
119	3.37	9.24	32.34	0.91	0.36	2.06	0.25	1.24	0.03	0.01	0.24	0.00	Cereals, other
1,256	35.04	97.64	128.87	1.79	0.43	23.81	0.04	80.86	0.17	0.05	0.65	20.98	Starchy Roots
420	11.90	32.60	29.55	0.98	0.21	2.05	0.25	0.00	0.07	0.01	0.21	6.18	Potatoes
836	23.70	64.93	99.23	0.81	0.22	21.73	0.56	80.86	0.10	0.04	0.44	14.81	Sweet Potatoes
1	0.04	0.11	0.09	0.00	0.00	0.03	0.00	0.00	0.00	0.00	0.00	0.01	Taro
184	5.22	14.30	56.91	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Sweeteners
291	8.25	22.60	90.33	8.87	3.58	28.89	1.63	2.28	0.12	0.03	0.74	0.00	Pulses
249	7.06	19.34	79.62	8.02	3.42	24.66	1.46	1.37	0.11	0.03	0.62	0.00	Soybeans
24	0.69	1.89	5.99	0.40	0.01	2.34	0.10	0.11	0.01	0.00	0.03	0.00	Red Beans
18	0.50	1.36	4.72	0.45	0.15	1.89	0.07	0.00	0.00	0.00	0.09	0.00	Pulses, other
7	0.17	0.47	0.31	0.01	0.02	0.17	0.01	0.10	0.00	0.00	0.00	0.11	Tree Nuts
45	1.27	3.48	13.46	0.48	0.96	6.31	0.22	0.15	0.00	0.01	0.07	0.00	Oil Crops
12	0.33	0.90	5.35	0.18	0.46	5.67	0.14	0.00	0.00	0.00	0.04	0.00	Sesame
33	0.94	2.58	8.11	0.30	0.50	0.64	0.06	0.15	0.00	0.01	0.03	0.00	Oil Crops, other
2,206	62.53	171.32	56.75	2.82	0.42	86.68	1.48	371.36	0.09	0.14	2.61	47.57	Vegetables
492	13.93	38.23	19.25	0.20	0.17	4.40	0.28	66.01	0.00	0.01	0.12	4.27	Fruit
326	9.26	25.35	50.38	3.19	4.49	2.77	0.24	0.59	0.00	0.03	0.48	0.00	Meat
74	2.10	5.75	12.54	0.79	1.02	0.35	0.10	^{0.29} (0.58)	0.00	0.02	0.21	0.00	Bovine Meat
100	2.83	7.75	22.09	0.76	2.02	2.17	0.13	^{0.00} (0.34)	0.00	0.00	0.02	0.00	Pig Meat
55	1.57	4.30	5.42	0.53	0.21	0.17	0.00	^{0.30} (0.56)	0.00	0.01	0.22	0.00	Poultry Meat
12	0.34	0.92	1.90	0.12	0.15	0.08	0.01	^{0.00} (33.15)	0.00	0.00	0.03	0.00	Meat, other
85	2.42	6.63	8.43	0.99	0.09	0.00	0.00	^{18.07} (53.15)	0.00	0.00	0.00	0.00	Edible Viscera
139	3.96	10.85	17.39	1.38	1.32	7.23	0.30	2.17	0.01	0.03	0.01	0.00	Eggs
113	4.44	12.19	6.09	0.32	0.34	13.38	0.00	(2.96)	0.00	0.02	0.02	0.12	Milk
17	2.59	7.10	2.17	0.11	0.12	5.84	0.00	^{0.75} (1.28)	0.00	0.01	0.01	0.07	Milk
10	0.28	0.77	3.79	0.20	0.21	7.31	0.00	^{1.39} (1.62)	0.00	0.01	0.01	0.05	Milk Powder
0	0.01	0.03	0.02	0.00	0.0	0.05	0.00	^{0.01} (0.04)	0.00	0.00	0.00	0.00	Mutton Milk
1	0.03	0.08	0.11	0.01	0.01	0.18	0.00	^{0.05} (1.96)	0.00	0.00	0.00	0.00	Skim Milk Powder
856	24.62	67.55	65.98	10.31	2.92	108.88	1.93	(7.58)	0.00	0.09	3.28	0.16	Fishes and Shellfishes
860	18.72	51.30	55.16	8.65	2.72	36.35	1.05	^{0.95} (4.00)	0.03	0.05	2.74	0.01	Fishes
197	5.90	16.25	10.82	1.66	0.20	22.53	0.88	^{1.01} (3.58)	0.05	0.04	0.54	0.15	Shellfishes
185	5.26	14.41	15.04	1.30	0.57	56.84	1.32	963.30	0.01	0.00	0.38	0.66	Seaweeds
94	2.67	7.31	65.75	0.01	7.30	0.00	0.00	(2.51)	0.00	0.00	0.00	0.00	Oils and Fats
40	1.14	3.12	28.08	0.00	3.12	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
54	1.53	4.19	37.67	0.01	4.18	0.00	0.00	(2.51)	0.00	0.00	0.00	0.00	Animal Fats
													Margarine
2,049	58.08	159.12											Alcoholic Beverages
			2,390	71.1	27.4	4.95	15.5	(2,779)	1.50	0.82	23.5	74.0	Grand Total

Food balance Sheet, 1976

In 35,860 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	
						mg	mg	I.U.	mg	mg	mg	mg	
6,962	194.14	530.43	1,797.13	40.31	4.71	162.37	7.06	1.95	1.09	0.34	15.13	0.00	Cereals
													Wheat
1,098	30.62	83.65	296.12	7.19	1.17	38.48	1.34	0.00	0.33	0.06	2.51	0.00	Wheat Flour
4,339	121.00	330.60	1,124.04	21.48	1.32	79.34	1.32	0.00	0.33	0.17	4.96	0.00	Rice
1,411	39.35	107.51	356.93	11.07	2.04	43.00	4.30	0.00	0.43	0.11	7.53	0.00	Barley
114	3.17	8.67	20.04	0.56	0.18	1.55	0.10	1.95	0.00	0.00	0.13	0.00	Cereals, other
1,303	36.32	99.25	111.07	1.55	0.37	19.64	0.72	116.23	0.14	0.04	0.56	18.07	Starchy Roots
462	12.89	35.23	25.37	0.85	0.18	1.76	0.21	0.00	0.06	0.01	0.18	5.28	Potatoes
838	23.37	63.86	85.57	0.70	0.70	17.88	0.51	116.23	0.08	0.03	0.38	12.77	Sweet Potatoes
2	0.06	0.18	0.13	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.02	Taro
216	6.01	16.44	65.33	0.00	0.00	0.38	0.00	0.00	0.00	0.00	0.00	0.00	Sweeteners
347	9.66	26.40	103.97	9.27	4.03	39.53	1.79	3.05	0.13	0.04	0.84	0.00	Pulses
298	8.31	22.71	91.75	8.31	3.86	34.75	1.59	1.52	0.12	0.04	0.71	0.00	Soybeans
31	0.86	2.36	7.74	0.51	0.01	2.93	0.12	0.24	0.01	0.00	0.04	0.0	Red Beans
18	0.49	1.33	4.74	0.45	0.16	1.85	0.08	1.29	0.00	0.00	0.09	0.00	Pulses, other
6	0.17	0.47	1.11	0.02	0.38	0.32	0.00	0.29	0.00	0.00	0.00	0.13	Tree Nuts
50	1.40	3.82	14.27	0.50	1.08	7.68	0.24	0.31	0.00	0.00	0.08	0.00	Oil Crops
11	0.32	0.88	5.23	0.17	0.45	5.54	0.14	0.00	0.00	0.00	0.04	0.00	Sesame
38	1.08	2.94	9.04	0.33	0.63	2.14	0.10	0.31	0.00	0.00	0.04	0.00	Oil Crops, other
2,445	68.18	186.37	60.71	3.10	0.43	97.66	1.62	726.74	0.08	0.13	2.89	58.40	Vegetables
471	13.13	35.91	18.35	0.20	0.16	3.91	0.27	70.92	0.00	0.01	0.11	3.73	Fruit
346	9.66	26.42	54.33	3.89	4.30	4.04	0.63	234.31	0.02	0.10	1.13	0.70	Meat
76	2.11	5.78	12.60	0.80	1.02	0.35	0.10	0.58	0.00	0.02	0.21	0.00	Bovine Meat
110	3.07	8.38	23.88	0.99	2.18	2.35	0.14	0.84	0.00	0.00	0.02	0.00	Pig Meat
61	1.70	4.65	5.86	0.96	0.22	0.19	0.00	1.86	0.00	0.01	0.23	0.00	Poultry Meat
12	0.33	0.90	1.72	0.13	0.13	0.12	0.02	0.00	0.00	0.00	0.03	0.00	Meat, other
88	2.45	6.71	10.27	1.01	0.75	1.03	0.37	231.03	0.02	0.07	0.64	0.70	Edible Viscera
146	4.08	11.15	17.86	1.42	1.35	7.44	0.30	103.03	0.01	0.03	0.01	0.00	Eggs
193	5.42	14.45	10.69	0.53	0.46	21.91	0.06	30.31	0.00	0.02	0.05	0.40	Milk
105	2.94	8.03	4.74	0.23	0.26	12.77	0.01	12.05	0.00	0.01	0.02	0.08	Milk
12	0.33	0.89	4.17	0.23	0.18	6.37	0.05	17.72	0.00	0.01	0.03	0.31	Milk Powder
1	0.02	0.05	0.03	0.00	0.00	0.09	0.00	0.07	0.00	0.00	0.00	0.00	Mutton Milk
2	0.06	0.16	0.21	0.01	0.01	0.36	0.00	0.45	0.00	0.00	0.00	0.00	Condensed Milk
23	0.63	1.72	1.57	0.06	0.01	2.41	0.00	0.52	0.00	0.00	0.00	0.00	Milk, other
860	24.03	65.49	69.55	11.29	2.02	78.04	2.87	61.04	0.07	0.08	2.19	0.22	Fishes and Shellfishes
615	17.78	46.84	54.20	8.65	1.73	80.90	2.03	28.07	0.02	0.04	1.64	0.08	Fishes
245	6.25	18.65	15.35	2.64	0.29	17.14	0.84	33.09	0.02	0.04	0.55	0.14	Shellfishes
209	5.82	15.93	14.81	1.40	0.06	66.26	2.91	1,619.65	0.02	0.07	0.46	2.33	Seaweeds
110	3.06	8.39	75.44	0.01	8.38	0.00	0.00	9.36	0.00	0.00	0.00	0.00	Oils and Fats
50	1.38	3.78	34.02	0.00	3.78	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
60	1.71	4.61	41.42	0.01	4.60	0.00	0.00	9.36	0.00	0.00	0.00	0.00	Animal Fats
2,195	61.0	167.2											Alcoholic Beverages
			2,414	73.5	27.9	509	18.6	2,976	1.56	0.86	23.5	83	Grand Total

Food balance Sheet, 1977

In 37,184 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	
						mg	mg	I.U.	mg	mg	mg	mg	
6,951	190.77	522.64	1,768.01	38.68	4.32	156.04	6.06	3.01	0.91	0.32	13.42	0.00	Cereals
													Wheat
1,141	31.32	85.83	303.84	7.38	1.20	39.48	1.37	0.00	0.24	0.06	2.57	0.00	Wheat Flour
4,605	126.39	346.26	1,177.28	22.51	1.39	83.10	1.39	0.00	0.35	0.17	5.19	0.00	Rice
1,038	28.48	78.02	259.03	8.04	1.48	31.21	3.12	0.00	0.31	0.08	5.46	0.00	Barley
167	4.57	12.51	27.86	0.75	0.25	2.25	0.18	3.01	0.01	0.01	0.20	0.00	Cereals, other
1,223	33.57	91.80	104.34	1.41	0.34	18.78	0.67	112.24	0.08	0.04	0.52	16.85	Starchy Roots
401	10.99	30.13	21.69	0.72	0.15	1.51	0.18	0.00	0.00	0.01	0.15	4.52	Potatoes
820	22.51	61.67	82.64	0.68	0.19	17.27	0.49	112.24	0.08	0.04	0.37	12.33	Sweet Potatoes
298	8.19	22.43	89.13	0.00	0.00	0.00	0.00	0.00	0.00	0.01	0.00	0.01	Sweeteners
336	9.21	25.26	99.93	8.82	3.94	37.56	1.70	2.87	0.05	0.03	0.84	0.00	Pulses
284	7.79	21.35	86.25	7.81	3.63	32.67	1.49	1.43	0.04	0.00	0.67	0.00	Soybeans
30	0.83	2.27	7.20	0.49	0.01	2.81	0.12	0.23	0.00	0.05	0.04	0.00	Red Beans
22	0.59	1.64	6.48	0.52	0.30	2.08	0.09	1.21	0.01	0.04	0.13	0.01	Pulses, other
12	0.32	0.87	1.55	0.04	0.04	0.31	0.02	0.58	0.00	0.00	0.01	0.22	Tree Nuts
7	0.20	0.55	3.27	0.11	0.28	3.47	0.09	0.00	0.00	0.00	0.02	0.00	Oil Crops
7	0.20	0.55	3.27	0.11	0.28	3.47	0.09	0.00	0.00	0.00	0.02	0.00	Sesame
0	0.00	0.00											Oil Crops, other
2,276	62.47	171.19	55.75	2.75	0.43	85.87	1.52	706.19	0.14	0.14	2.42	47.18	Vegetables
559	15.34	42.03	21.69	0.23	0.18	4.24	0.27	142.14	0.01	0.01	0.12	5.40	Fruit
382	10.49	28.75	75.59	4.81	6.11	1.68	0.05	4.99	0.09	0.04	0.26	0.00	Meat
81	2.24	6.14	12.83	1.12	0.88	0.31	0.00	2.03	0.00	0.01	0.00	0.00	Bovine Meat
141	3.88	10.63	36.75	1.52	3.35	0.74	0.00	0.00	0.06	0.01	0.00	0.00	Pig Meat
62	1.70	4.67	5.88	0.97	0.22	0.19	0.04	1.87	0.00	0.01	0.23	0.00	Poultry Meat
3	0.07	0.20	0.27	0.04	0.01	0.02	0.01	0.00	0.00	0.00	0.01	0.00	Meat, other
95	2.60	7.12	19.86	1.16	1.65	0.42	0.00	1.09	0.03	0.01	0.02	0.00	Edible Viscera
163	4.48	12.27	19.66	1.56	1.49	8.23	0.33	113.07	0.01	0.04	0.01	0.00	Eggs
254	6.98	19.12	13.59	0.65	0.66	29.80	0.08	21.92	0.01	0.03	0.08	0.56	Milk
163	4.48	12.28	7.25	0.36	0.41	19.53	0.01	18.42	0.00	0.02	0.04	0.12	Milk
3	0.09	0.26	1.31	0.07	0.05	2.34	0.00	2.21	0.00	0.00	0.00	0.02	Whole Milk Powder
13	0.03	0.09	0.32	0.03	0.00	1.18	0.01	0.03	0.00	0.00	0.00	0.01	Skim Milk Powder
12	0.32	0.89	4.19	0.17	0.17	5.49	0.06	0.00	0.01	0.01	0.04	0.40	Modified Milk Powder
2	0.05	0.12	0.16	0.01	0.01	0.27	0.00	0.34	0.00	0.00	0.00	0.00	Condensed Milk
8	0.21	0.58	0.34	0.02	0.02	0.92	0.00	0.87	0.00	0.00	0.00	0.01	Milk, other
1	0.01	0.04	0.00	0.00	0.00	0.07	0.00	0.05	0.00	0.00	0.00	0.00	Mutton Milk
888	24.31	66.64	75.00	13.12	2.05	73.89	2.93	32.82	0.09	0.09	3.48	c	Fishes and Shellfishes
755	20.67	56.63	67.89	11.73	1.91	64.53	2.53	26.45	0.07	0.08	3.13	0.02	Fishes
133	3.64	10.01	7.11	1.39	0.14	9.36	0.40	6.37	0.02	0.01	0.35	0.04	Shellfishes
188	5.15	14.11	15.36	1.68	0.05	53.43	1.28	3.97	0.03	0.08	0.45	2.24	Seaweeds
124	3.40	9.31	83.65	0.02	9.28	0.00	0.00	10.22	0.00	0.00	0.00	0.00	Oils and Fats
52	1.42	3.88	34.83	0.00	3.87	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
72	1.98	5.43	48.82	0.02	5.41	0.00	0.00	10.22	0.00	0.00	0.00	0.00	Animal Fats
2,390	65.59	179.7											Alcoholic Beverages
			2,427	73.9	29.2	474	15.0	15.46	1.48	0.84	21.6	72.5	Grand Total

3.11. 1978년도 식품수급표

인구: 37,019천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총공 급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		순식용 총 량 Total	폐기 율 Re- fuse
										식 용 Food	비식용 NonFood		
..... 1,000톤													%
1. 곡 류	8,815	3,378	2,500	14,693	2,800	80	1,602	102	852	1,923	178	7,156	0
밀	36	1,587	279	1,902	211		20	3	19	1,649			
밀 가루	1,269		16	1,285	5				5	25	55	1,196	
쌀	6,006		1,076	7,082	1,218	80		35	559	202		4,988	
보리	1,348		881	2,229	1,104		71	60	252	33		709	
기타	156	1,791	248	2,195	262		1,511	4	17	14	123	264	
2. 서 류	1,897			1,897			89	120	190	479		1,020	
감자	338			338					65	34		239	6
고구마	1,560			1,560			89	55	156	479		781	10
3. 설탕 류	521		11	533	16	95			4	4		413	0
4. 두 류	383	229	59	672	63		177	23	22		1	385	0
콩	319	223	59	601	63		173	20	19			326	
팥	35	1		35			2	2	2		0	29	
기타	30	5		35			2	1	1		0	30	
5. 견과 류	31			31		5			1			26	
6. 종실 류	68	10	17	94	11			2	2	57	7	15	0
참깨	32	10	0	42	4			1	1	22		14	
기타	36		16	52	7			1	1	35	7	1	
7. 채소 류	7,852	73		7,925		10		43	3,607			4,265	
8. 과실 류	801	8		809		6			80	6		716	
9. 육 류	381	56	2	440	8	1						430	0
쇠고기	74	44	2	121	6							115	
돼지고기	172	9		180	2							178	
닭고기	82			82								82	
기타	7	3		10		1						9	
부산물	46	0		46								46	
10. 계란 류	217			217				10	4			203	
11. 우유 류												326	0
우유	321		1	322	1					97		224	
전지분유	4		1		0							4	
탈지분유	2		0		0							2	
조제분유	14		0		0							14	
연유	1											1	
양유	0			0								0	
12. 어패 류	2,051	51		2,102		621			74			1,407	
어류	1,565	36		1,601		388			61			1,152	
패류	486	15		501		232			13			255	
13. 해조 류	217			217		71			7			139	0
14. 유지 류	67	93	25	185	16				2			167	0
식물성	66	15	10	91	7				1			84	
동물성	1	78	15	94	9				1			83	
15. 주 합 계	2,293	2	11	2,306	9	1			13			2,283	0

Food balance Sheet, 1978

In 37,019 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg				g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	
			kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,156	193.28	529.53	1,812.59	39.16	4.19	130.59	4.91	85.93	1.08	0.29	13.75	0.00	Cereals
													Wheat
1,196	32.29	88.47	313.17	7.87	0.97	17.69	0.97	0.00	0.18	0.04	1.24	0.00	Wheat Flour
4,988	134.73	369.12	1,255.02	23.99	1.48	88.59	1.48	0.00	0.70	0.18	9.97	0.00	Rice
709	19.16	52.49	176.37	5.46	1.00	22.05	1.94	0.00	0.13	0.04	2.10	0.00	Barley
264	7.10	19.46	68.02	1.83	0.75	2.25	0.51	85.93	0.07	0.02	0.45	0.00	Cereals, other
928	25.05	68.63	81.65	0.97	0.24	15.39	0.52	94.64	0.09	0.03	0.40	12.89	Starchy Roots
225	6.07	16.63	11.97	0.40	0.08	0.83	0.10	0.00	0.03	0.00	0.08	2.49	Potatoes
703	18.98	52.00	69.68	0.57	0.16	14.56	0.42	94.64	0.07	0.03	0.31	10.40	Sweet Potatoes
413	11.15	30.55	121.46	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.01	Sweeteners
385	10.38	28.44	113.05	9.80	4.51	41.82	1.90	3.10	0.15	0.05	0.96	0.00	Pulses
326	8.79	24.08	97.29	8.81	4.09	36.85	1.69	1.69	0.13	0.05	0.75	0.00	Soybeans
29	0.79	2.16	6.86	0.46	0.01	2.68	0.11	0.22	0.01	0.00	0.04	0.00	Red Beans
30	0.80	2.20	8.90	0.53	0.40	2.30	0.10	1.20	0.01	0.00	0.17	0.00	Pulses, other
16	0.42	1.15	1.87	0.04	0.01	0.43	0.02	0.81	0.00	0.00	0.01	0.31	Tree Nuts
15	0.40	1.10	6.45	0.22	0.55	7.16	0.16	0.00	0.01	0.00	0.05	0.00	Oil Crops
14	0.38	1.04	6.18	0.21	0.53	6.56	0.16	0.00	0.01	0.00	0.05	0.00	Sesame
1	0.02	0.05	0.27	0.01	0.02	0.61	0.01	0.00	0.00	0.00	0.00	0.00	Oil Crops, other
3,854	103.97	284.85	84.64	4.59	0.67	161.85	1.79	1,097.14	0.16	0.24	4.34	88.02	Vegetables
600	16.16	44.27	23.14	0.22	0.18	4.32	0.26	204.10	0.02	0.02	0.16	5.22	Fruit
430	11.59	31.75	77.16	5.32	6.18	2.71	0.73	133.33	0.11	0.08	1.44	0.17	Meat
115	3.09	8.47	22.10	1.52	1.78	0.85	0.23	3.39	0.01	0.01	0.36	0.00	Bovine Meat
178	4.80	13.15	41.69	1.19	3.79	1.05	0.29	0.00	0.09	0.02	0.50	0.00	Pig Meat
82	2.22	6.08	7.56	1.26	0.29	0.24	0.00	2.43	0.01	0.01	0.30	0.00	Poultry Meat
9	0.23	0.63	0.89	0.11	0.04	0.06	0.02	1.02	0.00	0.00	0.03	0.00	Meat, other
46	1.25	3.42	4.83	0.51	0.28	0.51	0.19	126.49	0.01	0.04	0.24	0.17	Edible Viscera
181	4.88	13.37	21.40	1.70	1.62	8.94	0.36	122.25	0.01	0.04	0.01	0.00	Eggs
326	8.80	24.13	16.51	0.80	0.81	37.03	0.09	27.61	0.01	0.04	0.08	0.81	Milk
224	6.03	16.52	9.75	0.48	0.55	26.27	0.02	24.78	0.01	0.02	0.03	0.33	Milk
4	0.11	0.30	1.51	0.08	0.06	2.71	0.00	2.56	0.00	0.00	0.00	0.02	Whole Milk Powder
2	0.05	0.14	0.49	0.05	0.00	1.79	0.01	0.04	0.00	0.00	0.00	0.01	Skim Milk Powder
14	0.36	0.99	4.64	0.19	0.19	6.08	0.07	0.00	0.01	0.01	0.04	0.44	Modified Milk Powder
1	0.03	0.08	0.11	0.01	0.01	0.18	0.00	0.23	0.00	0.00	0.00	0.00	Condensed Milk
0	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Mutton Milk
837	22.21	60.85	60.87	10.74	1.95	39.72	1.62	29.00	0.06	0.07	2.41	0.30	Fishes and Shellfishes
725	19.33	52.96	55.17	9.60	1.83	35.98	1.23	25.27	0.05	0.06	2.14	0.16	Fishes
112	2.88	7.89	5.70	1.14	0.12	3.74	0.39	3.73	0.01	0.01	0.27	0.14	Shellfishes
139	3.74	10.25	1.96	0.23	0.05	33.95	0.32	172.71	0.00	0.02	0.17	0.02	Seaweeds
167	4.46	12.22	109.88	0.02	12.20	0.00	0.00	11.62	0.00	0.00	0.00	0.00	Oils and Fats
84	2.23	6.11	54.96	0.00	6.11	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
83	2.23	6.11	54.92	0.02	6.09	0.00	0.00	11.62	0.00	0.00	0.00	0.00	Animal Fats
2,283	61.67	168.96											Alcoholic Beverages
			2,532.64	73.80	33.14	483.93	12.68	1,982.24	1.83	0.91	23.75	107.76	Grand Total

3.11. 1979년도 식품수급표

인구: 37,605천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
..... 1,000톤													%
1. 곡 류	8,785	5,035	279	16,619	2,590		2,549	100	1,985	2,132	31	7,233	0
밀	42	1,652	211	1,905	164		20	4	17	1,700			
밀 가루	1,309		5	1,314	17					25	28	1,244	
쌀	5,797	502	1,218	7,517	757			35	1,408	204		5,113	
보리	1,508		1,104	2,612	1,323		76	55	535	73		550	
기타	129	2,881	262	3,272	329		2,453	6	25	130	3	326	
2. 서 류	1,971	1		1,972			252	172	202	539		807	
감자	344	1		345				85	50			210	6
고구마	1,627			1,627			252	87	152	539		597	10
3. 설탕 류	641		16	657	9	116			5	37		489	0
4. 두 류	355	436	63	854	103		296	26	24	1		404	0
콩	293	422	63	778	103		291	22	20			342	
팥	27	10		37			2	2	2	0		31	
기타	36	3		39			3	2	2	1		31	
5. 견과 류	43			43		9		0	1			34	
6. 종실 류	73	17	13	103	16			2	1	58	11	14	0
참깨	27	17	6	49	6			1	1	30		13	
기타	47		7	54	11			2	1	28	11	1	
7. 채소 류	8,180	17		8,197		32		72	2,897			5,197	
8. 과실 류	857	22		878		1			86	6		786	
9. 육 류	493	41	8	542	18	1						523	0
쇠고기	86	32	6	124	10							114	
돼지고기	223	7	2	233	7	0						225	
닭고기	90			90	0							90	
기타	86			86		0						86	
부산물	7	2		9								8	
10. 계란 류	243	0		244				7	2			237	
11. 우유 류												374	
우유	381		0	381	0					136		245	0
전지분유	6		0	6	1							5	
탈지분유	4	1	0	5	1							4	
조제분유	14		0	15	0							15	
연유	2		0	2	1							1	
양유	0			0								0	
12. 어패 류	2,162	108		2,269		696			79			1,494	
어류	1,580	56		1,636		389			62			1,185	
패류	581	51		633		307			16			309	
13. 해조 류	226			226		99			6			120	0
14. 유지 류	103	92	16	210	9				2			199	0
식물성	103	18	7	127	5				1			121	
동물성	0	74	9	84	4				1			79	
15. 주 합 계	2,527	2	7	2,537	10	2			5			2,519	0

주: 단수가 일치하지 않는 것은 반올림 때문임. 주류의 단위는 천kl, l, ml임.

Food balance Sheet, 1979

In 37,605 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
Total	kg	g	kcal	g	g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,233	192.35	526.99	1,804.50	38.65	4.23	128.00	4.64	100.05	1.06	0.29	13.43	0.00	Cereals
													Wheat
1,244	33.09	90.65	320.90	8.07	1.00	18.13	1.00	0.00	0.18	0.05	1.27	0.00	Wheat Flour
5,113	135.97	372.52	1,266.56	24.21	1.49	89.40	1.49	0.00	0.71	0.19	10.06	0.00	Rice
550	14.63	40.08	134.67	4.17	0.76	16.83	1.48	0.00	0.10	0.03	1.60	0.00	Barley
326	8.66	23.74	82.38	2.20	0.98	3.64	0.67	100.05	0.07	0.03	0.50	0.00	Cereals, other
734	19.54	53.53	62.82	0.78	0.19	11.68	0.40	71.27	0.07	0.02	0.31	9.99	Starchy Roots
197	5.24	14.37	10.34	0.35	0.07	0.72	0.09	0.00	0.02	0.00	0.07	2.16	Potatoes
537	14.29	39.16	52.47	0.43	0.12	10.97	0.31	71.27	0.05	0.02	0.24	7.83	Sweet Potatoes
489	13.01	35.65	141.72	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.01	Sweeteners
404	10.74	29.42	114.67	10.02	4.44	43.18	1.94	3.39	0.28	0.08	0.93	0.10	Pulses
342	9.09	24.90	100.61	9.12	4.23	38.10	1.74	1.74	0.26	0.00	0.77	0.00	Soybeans
31	0.83	2.28	7.22	0.49	0.01	2.82	0.12	0.23	0.01	0.00	0.04	0.00	Red Beans
31	0.82	2.24	6.84	0.42	0.20	2.26	0.08	1.42	0.02	0.00	0.12	0.10	Pulses, other
21	0.56	1.53	2.60	0.06	0.03	0.53	0.03	1.09	0.01	0.00	0.01	0.41	Tree Nuts
14	0.38	1.03	6.03	0.20	0.50	6.98	0.15	0.00	0.01	0.00	0.05	0.00	Oil Crops
13	0.34	0.93	5.54	0.18	0.47	5.87	0.14	0.00	0.01	0.00	0.04	0.00	Sesame
1	0.04	0.10	0.50	0.02	0.03	1.11	0.01	0.00	0.00	0.00	0.00	0.00	Oil Crops, other
4,608	122.51	333.65	113.33	5.81	1.38	193.99	2.40	1,997.44	0.20	0.31	4.50	103.35	Vegetables
654	17.40	47.66	23.78	0.23	0.18	5.70	0.29	158.39	0.02	0.02	0.16	6.32	Fruit
523	13.91	38.12	91.59	6.28	7.33	3.40	0.95	239.04	0.14	0.12	1.78	0.32	Meat
114	3.03	8.29	21.64	1.49	1.74	0.83	0.22	3.32	0.01	0.01	0.36	0.00	Bovine Meat
225	5.99	16.41	52.03	2.38	4.73	1.31	0.36	0.00	0.12	0.03	0.62	0.00	Pig Meat
90	2.39	6.53	8.23	1.35	0.31	0.26	0.00	2.61	0.01	0.01	0.33	0.00	Poultry Meat
86	2.29	6.28	8.85	0.94	0.51	0.94	0.35	231.88	0.01	0.07	0.45	0.31	Meat, other
8	0.22	0.60	0.83	0.12	0.04	0.06	0.02	1.23	0.00	0.00	0.02	0.00	Edible Viscera
211	5.55	15.20	24.33	1.93	1.84	10.16	0.41	138.81	0.02	0.05	0.02	0.00	Eggs
374	9.95	27.26	18.80	1.03	0.84	34.99	0.10	13.18	0.08	0.05	0.07	0.68	Milk
245	6.51	17.84	10.88	0.64	0.54	21.94	0.02	11.24	0.07	0.03	0.02	0.18	Milk
5	0.13	0.35	1.69	0.09	0.09	3.09	0.00	1.76	0.00	0.00	0.00	0.01	Whole Milk Powder
4	0.10	0.26	0.94	0.09	0.00	3.16	0.00	0.01	0.00	0.00	0.00	0.01	Skim Milk Powder
15	0.39	1.06	4.99	0.20	0.21	6.54	0.07	0.00	0.00	0.01	0.05	0.48	Modified Milk Powder
1	0.03	0.09	0.29	0.01	0.01	0.27	0.00	0.17	0.01	0.00	0.00	0.00	Condensed Milk
0	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Mutton Milk
856	22.73	62.26	63.51	11.00	1.99	47.75	1.44	55.69	0.06	0.08	2.76	0.39	Fishes and Shellfishes
741	19.69	53.94	57.69	9.91	1.90	41.09	1.07	46.80	0.05	0.07	2.47	0.22	Fishes
115	3.04	8.32	5.82	1.09	0.09	6.66	0.37	8.89	0.01	0.01	0.29	0.17	Shellfishes
120	3.19	8.73	1.91	0.23	0.03	23.90	0.27	158.09	0.00	0.02	0.12	0.03	Seaweeds
199	5.30	14.50	129.29	0.02	14.49	0.32	0.02	31.55	0.00	0.00	0.00	0.00	Oils and Fats
121	3.21	8.78	78.98	0.00	8.78	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
79	2.09	5.72	50.31	0.02	5.71	0.32	0.02	31.55	0.00	0.00	0.00	0.00	Animal Fats
2,519	66.98	183.52											Alcoholic Beverages
			2,598.73	76.23	37.46	510.58	13.04	2,967.96	1.96	1.05	24.13	121.56	Grand Total

3.11. 1980년도 식품수급표

인구: 38,198천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
.....1,000톤.....													%
1. 곡 류	7,614	4,624	2,571	14,809	1,749		2,080	81	1,343	2,363	125	7,067	
밀	92	1,810	164	2,066	142		7	5	84	1,828			
밀 가 루	1,408			1,408						226	59	1,122	
쌀	5,136	580	752	6,468	682			44	649	18		5,075	
보 리	811		1,326	2,137	730		104	30	525	211		537	
기 타	168	2,234	329	2,731	195		1,969	2	85	80	66	334	
2. 서 류	1,809			1,809			168	97	95	552		898	
감 자	422			422				56	30			337	6
고 구 마	1,387			1,387			168	41	65	552		562	10
3. 설 탕 류	760		3	763	22	314			4	29		393	0
4. 두 류	326	427	105	858	46		340	12	90			370	
대 두	257	417	103	777	44		333	9	87			304	
팥	33	10		43	2		3	1	1			35	
기 타	36		2	38			4	2	2			31	
5. 견 과 류	45	0		45		18		0	1			26	
6. 종 실 류	57	15	46	119	36			2	1	54	11	16	0
참 깨	12	15	17	45	8			1	0	22		14	
기 타	45		29	74	28			1	0	33	11	1	
7. 채 소 류	7,298			7,298		16		49	2,129	23		5,101	
8. 과 실 류	833	15		848		3			85	14		747	
9. 육 류	516	1	18	536	4	1						530	0
쇠 고 기	93		11	104	4							100	
돼 지 고 기	235		7	242	1							242	
닭 고 기	90		0	91	0							91	
부 산 물	91			91								91	
기 타	6	1		7		1						6	
10. 계 란 류	260			260				9				251	
11. 우 유 류												412	0
우 유	452		0	452						132		312	
전지분유	10		1	11	5							7	
탈지분유	3		1	4	1							3	
조제분유	17		0	17	1							16	
연 유	2		1	3	1							1	
12. 어 패 류	2,090	40		2,130		555			79			1,496	
어 류	1,498	37		1,535		335			60			1,139	
패 류	592	4		596		220			19			357	
13. 해 조 류	317	0		317		138			9			170	0
14. 유 지 류	117	79	9	205	10				2			193	0
식 물 성	112	42	5	160	8				2			150	
동 물 성	4	37	4	45	2							43	
15. 주 류	2,729	1	15	2,745	16	14			15			2,700	0
합 계													

주: 단수가 일치하지 않는 것은 반올림 때문임. 주류의 단위는 천kl, l, ml임.

Food balance Sheet, 1980

In 38,198 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products	
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins						
	1,000ton	kg	g	kcal	g	g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin		C
							mg	mg	I.U.	mg	mg	mg		mg
7,067	185.02	505.51	1,730.22	36.93	4.05	122.84	4.43	102.64	1.20	0.28	12.97	0.00		
														Cereals
														Wheat
1,122	29.37	80.25	284.07	7.14	0.88	16.05	0.88	0.00	0.16	0.04	1.12	0.00		Wheat Flour
5,075	132.85	362.99	1,234.15	23.59	1.45	87.12	1.45	0.00	0.69	0.18	9.80	0.00		Rice
537	14.06	38.40	129.03	3.99	0.73	16.13	1.42	0.00	0.10	0.03	1.54	0.00		Barley
334	8.74	23.87	82.96	2.20	0.99	3.55	0.67	102.64	0.07	0.03	0.51	0.00		Cereals, other
822	22.52	58.80	64.75	0.94	0.22	11.25	0.43	65.79	0.08	0.02	0.33	10.63		Starchy Roots
317	8.29	22.65	16.31	0.54	0.11	1.13	0.14	0.00	0.04	0.01	0.11	3.40		Potatoes
505	13.23	36.15	48.44	0.40	0.11	10.12	0.29	65.79	0.05	0.02	0.22	7.23		Sweet Potatoes
393	10.30	28.14	111.89	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.01		Sweeteners
370	9.68	26.46	102.54	8.91	3.91	38.60	1.73	3.17	0.25	0.07	0.84	0.10		Pulses
304	7.96	21.75	87.87	7.96	3.70	33.28	1.52	1.52	0.22	0.07	0.67	0.00		Soybeans
35	0.92	2.51	7.95	0.54	0.02	3.11	0.13	0.25	0.01	0.00	0.05	0.00		Red Beans
31	0.81	2.21	6.73	0.41	0.19	2.22	0.08	1.40	0.02	0.00	0.12	0.10		Pulses, other
16	0.42	1.16	1.96	0.04	0.02	0.40	0.03	0.83	0.01	0.00	0.01	0.31		Tree Nuts
16	0.41	1.13	6.59	0.22	0.55	7.55	0.17	0.00	0.01	0.00	0.05	0.00		Oil Crops
14	0.38	1.03	6.12	0.20	0.52	6.49	0.15	0.00	0.01	0.00	0.05	0.00		Sesame
1	0.04	0.10	0.47	0.02	0.03	1.06	0.01	0.00	0.00	0.00	0.00	0.00		Oil Crops, other
4,607	120.59	329.49	118.68	5.91	1.74	191.83	2.29	206.35	0.20	0.30	4.36	106.30		Vegetables
621	16.24	44.38	22.00	0.21	0.17	5.50	0.27	155.44	0.02	0.02	0.15	6.26		Fruit
530	13.88	37.91	91.49	6.21	7.35	3.38	0.95	247.32	0.15	0.12	1.77	0.33		Meat
100	2.62	7.15	18.66	1.29	1.50	0.72	0.19	2.86	0.01	0.01	0.31	0.00		Bovine Meat
242	6.33	17.30	54.83	2.51	4.98	1.38	0.38	0.00	0.12	0.03	0.66	0.00		Pig Meat
91	2.38	6.50	8.19	1.34	0.31	0.26	0.00	2.60	0.01	0.01	0.32	0.00		Poultry Meat
91	2.39	6.53	9.21	0.98	0.53	0.98	0.36	241.15	0.01	0.07	0.46	0.33		Edible Viscera
6	0.16	0.43	0.60	0.09	0.03	0.03	0.01	0.71	0.00	0.00	0.02	0.00		Meat, other
224	5.85	15.99	25.59	2.03	1.94	10.70	0.43	146.32	0.02	0.05	0.02	0.00		Eggs
412	10.78	29.46	22.75	1.25	1.04	42.32	0.11	17.00	0.10	0.06	0.08	0.77		Milk
321	8.40	22.94	14.00	0.83	0.69	28.22	0.02	14.45	0.09	0.04	0.02	0.23		Milk
7	0.17	0.47	2.29	0.12	0.12	4.18	0.00	2.38	0.00	0.00	0.00	0.01		Whole Milk Powder
3	0.08	0.21	0.76	0.07	0.00	2.56	0.00	0.01	0.00	0.00	0.00	0.01		Skim Milk Powder
16	0.42	1.15	5.43	0.22	0.22	7.11	0.08	0.00	0.01	0.01	0.05	0.52		Modified Milk Powder
1	0.03	0.08	0.27	0.01	0.01	0.25	0.00	0.15	0.00	0.00	0.00	0.00		Condensed Milk
862	22.51	61.49	60.70	10.67	1.82	44.25	1.38	62.08	0.07	0.08	2.64	0.31		Fishes and Shellfishes
723	18.89	51.60	53.68	9.34	1.71	36.88	0.96	48.31	0.05	0.06	2.30	0.16		Fishes
139	3.62	9.89	7.02	1.33	0.11	7.37	0.42	13.77	0.02	0.02	0.34	0.15		Shellfishes
170	4.46	12.18	2.38	0.30	0.04	32.46	0.40	207.41	0.00	0.02	0.16	0.05		Seaweeds
193	5.04	13.77	123.35	0.01	13.76	0.14	0.01	14.30	0.00	0.00	0.00	0.00		Oils and Fats
150	3.92	10.72	96.43	0.00	10.71	0.00	0.00	0.00	0.00	0.00	0.00	0.00		Vegetable Oils
43	1.12	3.05	26.92	0.01	3.05	0.14	0.01	14.30	0.00	0.00	0.00	0.00		Animal Fats
2,700	70.67	193.10												Alcoholic Beverages
			2,484.89	73.61	36.62	511.21	12.61	3,036.64	1.92	1.03	23.37	125.07		Grand Total

3.11. 1981년도 식품수급표

인구: 38,723천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용	비식용	총 량	
..... 1,000톤													%
1. 곡 류	4,639	6,695	2,133	13,467	2,407		2,047	83	677	350	151	7,752	
쌀	3,550	2,245	1,066	6,861	1,495			44	195	18		5,109	0
보 리	859		730	1,589	545		48	34	407	56		499	0
밀	57	2,095	142	2,294	196		7	3	25	250	82	1,731	23
옥 수	154	2,355	195	2,704	171		1,990	1	49	26	69	398	0
기 타	19				19		2	1	1			15	0
2. 서 류	1,671			1,671			148	99	502	285	13	624	
감 자	568			568				62	216			290	6
고 구 마	1,103			1,103			148	37	286	285	13	333	10
3. 설탕 류	701		2	703	12	330			4	21		336	0
4. 두 류	279	538	46	863	63		394	13	13			380	
대 두	216	529	44	789	62		388	10	10			319	0
팥	29	8	2	39			3	1	1			33	0
기 타	34	1		35	1		3	2	2			27	
5. 견 과 류	65	0		65		17		0	1			48	
6. 종 실 류	49	14	8	71	9		0	1	1	41	7	13	0
참 깨	12	14	8	34	9			0	0	15		10	
기 타	37			37			0	1	1	25	7	3	
7. 채 소 류	7,577	6		7,583		36		52	2,133			5,362	
8. 과 실 류	1,026			1,026		9			103	3		912	
9. 육 류	433	26	4	463	5	0						457	0
쇠 고 기	69	25	4	98	5							92	
돼지고기	209		1	210								210	
닭 고 기	91		0	91	1							91	
부 산 물	57			57								57	
기 타	6	1		7		0						7	
10. 계 란 류	255			255				10				245	
11. 우 유 류												558	0
우 유	513			513						172		341	
전지분유	7		5	12	1							11	
탈지분유	2		1	4	0							3	
조제분유	16		1	17	1							16	
연 유	2		1	3	1							2	
12. 어 패 류	2,365	48		2,413		584			91			1,738	
어 류	1,722	46		1,768		316			73			1,379	
패 류	643	2		645		267			19			359	
13. 해 조 류	444	0		445		145			15			284	0
14. 유 지 류	107	127	10	245	12				2			231	0
식 물 성	103	67	8	179	9				2			169	
동 물 성	4	60	2	66	4							63	
15. 주 류	2,715		16	2,732	12	5			13			2,702	0
합 계													

주: 단수가 일치하지 않는 것은 반올림 때문임. 주류의 단위는 천kl, l, ml임.

Food balance Sheet, 1981

In 38,723 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
Total						Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,354	189.92	520.32	1,783.13	38.25	4.37	124.74	4.61	126.73	0.72	0.29	8.77	0.00	Cereals
5,109	131.94	361.49	1,229.06	23.50	1.45	86.76	1.45	0.00	0.36	0.18	5.42	0.00	Rice
499	12.87	35.27	118.50	3.67	0.67	14.81	1.30	0.00	0.09	0.03	1.41	0.00	Barley
1,333	34.42	94.31	333.86	8.39	1.04	18.86	1.04	0.00	0.19	0.05	1.32	0.00	Wheat
398	10.28	28.16	98.29	2.56	1.18	3.94	0.79	126.73	0.08	0.03	0.59	0.00	Maize
15	0.40	1.09	3.43	0.12	0.03	0.36	0.04	0.00	0.00	0.00	0.02	0.00	Cereals, other
573	14.80	40.55	42.35	0.70	0.16	6.91	0.29	38.63	0.06	0.06	0.22	7.14	Starchy Roots
273	7.05	19.32	13.91	0.46	0.10	0.97	0.12	0.00	0.03	0.05	0.10	2.90	Potatoes
300	7.75	21.23	28.44	0.23	0.06	5.94	0.17	38.63	0.03	0.01	0.13	4.25	Sweet Potatoes
336	8.67	23.74	94.48	0.00	0.00	0.70	0.05	0.00	0.00	0.00	0.00	0.02	Sweeteners
379	9.80	26.84	106.58	9.20	4.19	39.25	1.78	3.27	0.15	0.05	0.90	0.06	Pulses
319	8.25	22.59	91.27	8.27	3.84	34.57	1.58	1.58	0.01	0.04	0.70	0.00	Soybeans
33	0.86	2.36	7.49	0.51	0.01	2.93	0.12	0.24	0.01	0.00	0.04	0.00	Red Beans
27	0.69	1.89	7.82	0.43	0.34	1.76	0.08	1.45	0.01	0.00	0.15	0.06	Pulses, other
30	0.76	2.09	3.49	0.08	0.03	0.72	0.05	1.51	0.01	0.00	0.02	0.57	Tree Nuts
13	0.33	0.91	5.20	0.17	0.42	6.65	0.14	0.00	0.00	0.00	0.04	0.00	Oil Crops
10	0.26	0.71	4.23	0.14	0.36	4.49	0.11	0.00	0.00	0.00	0.03	0.00	Sesame
3	0.07	0.20	0.97	0.04	0.06	2.17	0.03	0.00	0.00	0.00	0.01	0.00	Oil Crops, other
4,801	123.97	339.65	109.91	5.87	1.47	196.55	2.14	1,790.53	0.23	0.39	4.37	104.28	Vegetables
757	19.54	53.52	27.39	0.40	0.21	5.97	0.38	229.94	0.05	0.09	0.65	5.59	Fruit
457	11.81	32.35	78.70	5.36	6.33	2.75	0.74	155.01	0.13	0.09	1.47	0.20	Meat
93	2.41	6.59	17.21	1.19	1.38	0.66	0.18	2.64	0.01	0.01	0.28	0.00	Bovine Meat
210	5.42	14.84	47.06	2.15	4.28	1.19	0.33	0.00	0.11	0.03	0.56	0.00	Pig Meat
91	2.34	6.41	8.08	1.33	0.31	0.26	0.00	2.56	0.01	0.01	0.32	0.00	Poultry Meat
57	1.47	4.04	5.69	0.61	0.33	0.61	0.22	149.05	0.01	0.04	0.29	0.20	Edible Viscera
7	0.17	0.46	0.67	0.09	0.03	0.05	0.01	0.76	0.00	0.00	0.02	0.00	Meat, other
211	5.45	14.93	23.91	1.90	1.81	9.99	0.40	136.41	0.01	0.04	0.01	0.00	Eggs
558	14.40	39.46	26.02	1.25	1.23	62.57	0.54	64.56	0.08	0.05	0.39	0.58	Milk
341	8.81	24.15	15.21	0.72	0.77	44.92	0.43	28.98	0.07	0.02	0.31	0.00	Milk
11	0.29	0.79	3.99	0.21	0.21	7.15	0.00	6.76	0.00	0.01	0.01	0.06	Whole Milk Powder
3	0.08	0.22	0.78	0.08	0.00	2.81	0.02	0.60	0.01	0.00	0.01	0.00	Skim Milk Powder
16	0.42	1.16	5.47	0.22	0.22	7.17	0.08	27.89	0.01	0.01	0.05	0.52	Modified Milk Powder
2	0.06	0.17	0.57	0.01	0.01	0.53	0.00	0.34	0.00	0.00	0.00	0.01	Condensed Milk
1,005	25.91	70.97	79.74	13.14	2.64	87.14	2.43	41.24	0.08	0.10	2.88	0.17	Fishes and Shellfishes
865	22.31	61.12	72.61	11.80	2.53	80.29	2.01	32.45	0.06	0.08	2.55	0.04	Fishes
140	3.60	9.85	7.13	1.34	0.11	6.85	0.42	8.79	0.02	0.02	0.33	0.13	Shellfishes
284	7.34	20.12	4.01	0.54	0.03	64.84	0.74	505.14	0.00	0.04	0.32	0.06	Seaweeds
231	5.97	16.36	146.33	0.01	16.34	0.22	0.01	22.47	0.00	0.00	0.00	0.00	Oils and Fats
165	4.35	11.92	107.18	0.00	11.91	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
63	1.62	4.44	39.15	0.01	4.43	0.22	0.01	22.47	0.00	0.00	0.00	0.00	Animal Fats
2,702	69.78	191.17											Alcoholic Beverages
			2,531.24	76.86	39.21	609.01	14.29	3,185.45	1.53	1.20	20.04	118.68	Grand Total

3.11. 1982년도 식품수급표

인구: 39,331천명

식품명 Products	생산	수입	이입	총공급량	이월	수출	사료	종자	감모	가공용 Food Manufacture		순식용	폐기 Re- fuse
	Production	Import	Carry-In	Total Supply	Carry-Over	Export	Feed	Seed	Loss	식용 Food	비식용 NonFood	총량 Total	
..... 1,000톤													%
1. 곡류	6,046	5,404	2,407	13,857	2,363		2,677	86	462	397	119	7,753	
쌀	5,063	269	1,495	6,827	1,370			44	223	49		5,141	0
보리	749		545	1,294	475		55	37	162	57		508	0
밀	66	1,940	196	2,202	252		6	3	28	265	65	1,583	23
옥수수	145	2,814	171	3,130	200		2,301	1	47	26	54	501	0
기타	23			404	66		315	1	2			20	0
2. 서류	1,649	381		1,649			165	88	414	290	12	680	
감자	540			540				54	191			295	6
고구마	1,109			1,109			165	34	222	290	12	385	10
3. 설탕류	654		14	668	29	246			4	15		374	0
4. 두류	328	542	63	932	64		438	14	21			395	
대두	257	536	62	855	63		431	10	16			335	0
팥	34	6		40	1		3	2	2			31	0
기타	37			38			4	2	3			29	
5. 견과류	70	0		70		15		0	1			53	
6. 종실류	57	7	9	72	2	0	0	1	1	36		31	
참깨	18	7	9	33	2			0	0	12		18	0
기타	40			40			0	1	1	23		14	0
7. 채소류	8,000	17		8,017		25		40	2,189			5,763	
8. 과실류	1,194			1,194		10			119	11		1,054	
9. 육류	464	42	5	510	1	2						508	0
쇠고기	61	42	5	108	1							107	
돼지고기	238			238								238	
닭고기	99		0	99								99	
부산물	60			60								60	
기타	7			7		2						5	
10. 계란류	260			260				10				249	
11. 우유류												593	0
우유	576			576						192		384	
전지분유	9		1	10	1							9	
탈지분유	3		0	3	0							3	
조제분유	18		1	19	1							17	
연유	1		1	2	0							2	
12. 어패류	2,281	53		2,334		514			91			1,729	
어류	1,639	43		1,681		279			70			1,332	
패류	643	10		652		235			21			397	
13. 해조류	361			361		146			11			204	0
14. 유지류	100	185	12	298	14				2			282	0
식물성	99	118	9	226	10				2			214	
동물성	1	67	4	72	4							68	
15. 주류	2,690		12	2,701	20	21			11			2,650	0
합계													

주: 단수가 일치하지 않는 것은 반올림 때문임. 주류의 단위는 천kl, l, ml임.

Food balance Sheet, 1982

In 39,331 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
Total						Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,387	187.82	514.57	1,763.00	37.83	4.55	123.04	4.69	157.15	0.72	0.29	8.75	0.00	Cereals
5,141	130.72	358.15	1,217.70	23.28	1.43	85.96	1.43	0.00	0.36	0.18	5.37	0.00	Rice
508	12.91	35.37	118.85	3.68	0.67	14.86	1.31	0.00	0.09	0.03	1.41	0.00	Barley
1,219	30.99	84.90	300.54	7.56	0.93	16.98	0.93	0.00	0.17	0.04	1.19	0.00	Wheat
501	12.75	34.92	121.88	3.18	1.47	4.89	0.98	157.15	0.10	0.04	0.73	0.00	Maize
18	0.45	1.23	4.02	0.14	0.04	0.35	0.03	0.00	0.01	0.00	0.05	0.00	Cereals, other
624	15.87	43.48	46.28	0.73	0.17	7.73	0.31	43.97	0.06	0.06	0.24	7.73	Starchy Roots
277	7.05	19.32	13.91	0.46	0.10	0.97	0.12	0.00	0.03	0.05	0.10	2.90	Potatoes
347	8.82	24.16	32.38	0.27	0.07	6.77	0.19	43.97	0.03	0.01	0.14	4.83	Sweet Potatoes
374	9.52	26.09	103.99	0.00	0.00	0.78	0.05	0.00	0.00	0.00	0.00	0.02	Sweeteners
392	9.98	27.33	108.06	9.41	4.20	40.26	1.83	3.54	0.15	0.05	0.87	0.04	Pulses
335	8.51	23.33	94.24	8.54	3.97	35.69	1.63	1.63	0.13	0.04	0.72	0.00	Soybeans
31	0.80	2.18	6.91	0.47	0.01	2.70	0.11	0.22	0.01	0.00	0.04	0.00	Red Beans
26	0.67	1.82	6.91	0.41	0.22	1.87	0.08	1.69	0.01	0.00	0.11	0.04	Pulses, other
33	0.84	2.31	3.92	0.09	0.04	0.80	0.05	1.66	0.01	0.01	0.02	0.62	Tree Nuts
31	0.80	2.18	11.98	0.41	0.89	18.23	0.34	0.00	0.01	0.00	0.08	0.00	Oil Crops
18	0.45	1.22	7.28	0.24	0.62	7.72	0.20	0.00	0.01	0.00	0.06	0.00	Sesame
14	0.35	0.96	4.70	0.18	0.27	10.52	0.14	0.00	0.00	0.00	0.03	0.00	Oil Crops, other
5,128	130.39	357.24	121.25	6.23	1.51	200.99	2.33	209.50	0.23	0.41	4.33	104.32	Vegetables
879	22.34	61.20	31.56	0.46	0.24	7.43	0.40	418.44	0.07	0.12	0.76	7.07	Fruit
508	12.91	35.37	88.24	5.85	7.18	5.70	0.81	154.04	0.15	0.08	2.24	0.04	Meat
107	2.71	7.42	19.36	1.34	1.56	0.74	0.20	2.97	0.01	0.01	0.32	0.00	Bovine Meat
238	6.04	16.55	52.45	2.40	4.76	1.32	0.36	0.00	0.12	0.03	0.63	0.00	Pig Meat
99	2.52	6.91	8.71	1.43	0.33	0.28	0.00	2.76	0.01	0.01	0.35	0.00	Poultry Meat
60	1.52	4.16	7.24	0.62	0.50	3.33	0.24	147.81	0.02	0.03	0.93	0.04	Edible Viscera
5	0.12	0.34	0.48	0.07	0.02	0.04	0.01	0.50	0.00	0.00	0.01	0.00	Meat, other
214	5.45	14.93	23.91	1.90	1.81	9.99	0.40	136.56	0.01	0.04	0.01	0.00	Eggs
593	15.08	41.32	26.74	1.28	1.26	65.74	0.59	67.20	0.09	0.05	0.42	0.59	Milk
384	9.81	26.88	16.86	0.80	0.86	49.77	0.48	32.11	0.07	0.03	0.35	0.00	Milk
9	0.22	0.61	3.05	0.16	0.16	5.47	0.00	5.17	0.00	0.01	0.01	0.04	Whole Milk Powder
3	0.08	0.21	0.74	0.07	0.00	2.67	0.02	0.57	0.00	0.00	0.01	0.00	Skim Milk Powder
17	0.44	1.21	5.72	0.23	0.23	7.49	0.08	29.14	0.01	0.01	0.05	0.55	Modified Milk Powder
2	0.04	0.11	0.37	0.01	0.01	0.35	0.00	0.22	0.00	0.00	0.00	0.00	Condensed Milk
1,036	26.36	72.23	80.51	13.68	2.54	85.70	2.50	36.40	0.08	0.10	3.50	0.24	Fishes and Shellfishes
837	21.29	58.34	70.32	11.60	2.41	77.49	2.05	30.83	0.06	0.08	3.00	0.07	Fishes
199	5.07	13.89	10.19	2.08	0.13	8.21	0.45	5.57	0.02	0.02	0.50	0.17	Shellfishes
204	5.19	14.22	2.53	0.40	0.01	39.36	0.57	421.53	0.00	0.03	0.21	0.06	Seaweeds
282	7.16	19.63	175.58	0.01	19.60	0.27	0.02	27.01	0.00	0.00	0.00	0.00	Oils and Fats
214	5.43	14.88	133.86	0.00	14.87	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
68	1.73	4.75	41.72	0.01	4.73	0.27	0.02	27.01	0.00	0.00	0.00	0.00	Animal Fats
2,650	67.36	184.56											Alcoholic Beverages
			2,587.54	78.28	44.01	606.01	14.89	3,560.02	1.60	1.24	21.44	120.72	Grand Total

3.11. 1983년도 식품수급표

인구: 39,951천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
..... 1,000톤													%
1. 곡 류	6,252	6,512	2,364	15,128	2,690		3,811	86	325	361	175	7,680	
쌀	5,175	216	1,423	6,814	1,517			45	141	25		5,086	
보 리	815		489	1,304	624		64	34	125	62		395	
밀	112	1,861	252	2,225	304		5	4	6	242	85	1,579	23
옥 수	117	4,167	200	4,484	205		3,507	1	51	32	90	598	
기 타	33	268		301	40		235	2	2			22	
2. 서 류	1,322			1,322			132	96	264	216		614	
감 자	479			479				35	152			292	6
고 구 마	843			843			132	61	112	216		322	10
3. 설 탕 류	785		28	813	23	331			5	20		434	
4. 두 류	307	731	65	1,103	115		556	13	22			397	
대 두	233	724	63	1,020	113		552	10	16			329	
팥	40	7	2	49	2			2	3			42	
기 타	34			34			4	1	3			26	
5. 견 과 류	76	1		77		23			1			53	
6. 종 실 류	72	10	2	84				2	2	45		35	
참 깨	35	10	2	47				1	1	24		21	
기 타	37			37				1	1	21		14	
7. 채 소 류	7,048	11		7,059		45		77	1,978			4,959	
8. 과 실 류	1,400			1,400		7			140	7		1,246	
9. 육 류	559	50	1	610	2	1						607	
쇠 고 기	66	50	1	11	2							115	
돼 지 고 기	295			295								295	
닭 고 기	120			120								120	
부 산 물	71			71								71	16
기 타	7			7		1						6	
10. 계 란 류	286			286				12				273	14
11. 우 유 류												715	
우 유	712			712						144		568	
전 지 분 유	5	1	1	7								7	
탈 지 분 유	3			3								3	
조 제 분 유	19		1	20	1							19	
연 유	1			1								1	
12. 어 패 류	2,412	66		2,478		482			100			1,896	
어 류	1,746	57		1,803		278			76			1,449	
패 류	666	9		675		204			24			447	
13. 해 조 류	391			391		114			14			263	
14. 유 지 류	137	173	14	324	16				3			305	
식 물 성	135	125	10	270	11				3			256	
동 물 성	2	48	4	54	5							49	
15. 주 류	2,347		24	2,371	20	6			8			2,337	
합 계													

주: 단수가 일치하지 않는 것은 반올림 때문임. 주류의 단위는 천kl, l, ml임.

Food balance Sheet, 1983

In 39,951 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
Total						Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U	mg	mg	mg	mg	
7,311	183.03	501.47	1,776.02	40.85	6.16	49.36	15.54	193.59	0.85	0.39	7.70	0.00	Cereals
5,086	127.31	348.80	1,238.24	25.11	3.14	17.44	12.56	0.00	0.49	0.28	5.23	0.00	Rice
395	9.90	27.12	99.26	2.82	0.52	11.20	0.92	0.00	0.06	0.02	1.03	0.00	Barley
1,216	30.44	83.41	291.92	8.84	0.92	10.09	1.17	0.00	0.16	0.04	0.83	0.00	Wheat
598	14.97	41.01	143.14	3.94	1.56	10.25	0.86	193.59	0.14	0.05	0.57	0.00	Maize
16	0.41	1.13	3.46	0.14	0.02	0.39	0.03	0.00	0.00	0.00	0.02	0.00	Cereals, other
565	14.13	38.72	35.43	0.48	0.14	4.94	0.44	101.90	0.05	0.02	0.29	6.77	Starchy Roots
275	6.88	18.86	15.46	0.28	0.04	0.57	0.30	0.00	0.03	0.01	0.23	3.39	Potatoes
290	7.25	19.86	20.06	0.20	0.10	4.37	0.14	101.90	0.02	0.01	0.06	3.38	Sweet Potatoes
434	10.87	29.78	114.72	0.00	0.00	0.87	0.06	0.00	0.00	0.00	0.00	0.00	Sweeteners
393	9.87	27.05	106.73	9.24	4.12	39.81	1.79	1.88	0.15	0.05	0.87	0.04	Pulses
329	8.24	22.59	91.25	8.27	3.84	34.56	1.58	0.68	0.12	0.04	0.70	0.00	Soybeans
42	1.07	2.93	9.07	0.63	0.02	3.63	0.15	0.00	0.02	0.00	0.05	0.00	Red Beans
26	0.56	1.53	6.41	0.34	0.26	1.62	0.05	1.21	0.01	0.00	0.12	0.04	Pulses, other
33	0.82	2.24	3.81	0.09	0.05	0.77	0.05	1.58	0.01	0.00	0.02	0.59	Tree Nuts
35	0.90	2.46	11.42	0.40	1.03	11.25	0.29	0.00	0.01	0.00	0.11	0.00	Oil Crops
21	0.54	1.48	8.18	0.29	0.75	9.34	0.24	0.00	0.01	0.00	0.07	0.00	Sesame
14	0.36	0.98	3.24	0.11	0.27	1.91	0.05	0.00	0.00	0.00	0.04	0.00	Oil Crops, other
4,397	110.05	301.50	97.71	5.30	1.79	164.41	1.86	206.72	0.20	0.33	2.79	96.02	Vegetables
1,055	26.41	72.36	31.93	0.67	0.25	5.60	0.64	266.65	0.05	0.04	0.21	8.15	Fruit
597	14.94	40.92	88.79	7.26	6.38	5.73	0.86	40.35	0.17	0.10	2.54	0.06	Meat
115	2.89	7.92	10.38	1.81	0.29	1.50	0.38	1.19	0.01	0.05	1.29	0.00	Bovine Meat
295	7.38	20.22	57.24	3.11	4.85	0.40	0.34	1.01	0.15	0.03	0.40	0.00	Pig Meat
120	3.00	8.22	10.85	1.70	0.39	0.33	0.00	3.29	0.01	0.01	0.41	0.00	Poultry Meat
60	1.50	4.11	9.33	0.55	0.77	3.44	0.13	32.84	0.01	0.01	0.42	0.05	Edible Viscera
6	0.16	0.45	1.01	0.09	0.06	0.05	0.00	2.02	0.00	0.00	0.02	0.00	Meat, other
235	5.89	16.13	26.63	2.05	1.95	10.79	0.44	147.30	0.02	0.05	0.02	0.00	Eggs
715	18.24	49.97	32.14	1.59	1.63	54.32	0.15	81.92	0.03	0.08	0.11	0.09	Milk
568	14.23	38.97	22.60	1.13	1.25	38.97	0.04	45.99	0.01	0.06	0.04	0.00	Milk
7	0.18	0.48	2.40	0.13	0.13	4.31	0.00	4.07	0.00	0.01	0.01	0.03	Whole Milk Powder
3	0.08	0.22	0.78	0.08	0.00	2.81	0.02	0.60	0.01	0.00	0.01	0.00	Skim Milk Powder
19	0.47	1.30	6.10	0.25	0.25	8.00	0.09	31.10	0.01	0.01	0.05	0.06	Modified Milk Powder
1	0.03	0.08	0.26	0.01	0.01	0.24	0.00	0.15	0.00	0.00	0.00	0.00	Condensed Milk
1,259	31.49	86.28	103.33	18.18	2.61	64.41	4.94	62.80	0.13	0.12	3.79	0.17	Fishes and Shellfishes
967	24.19	66.28	88.42	15.71	2.35	55.23	4.13	39.29	0.08	0.08	3.23	0.13	Fishes
292	7.30	20.00	14.91	2.47	0.26	9.18	0.81	23.51	0.05	0.04	0.56	0.04	Shellfishes
263	6.59	18.04	5.44	0.53	0.04	15.09	0.45	154.11	0.01	0.02	0.04	0.12	Seaweeds
305	7.63	20.92	188.19	0.01	20.91	0.18	0.01	18.13	0.00	0.00	0.00	0.00	Oils and Fats
256	6.40	17.54	157.81	0.00	17.54	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
49	1.23	3.38	30.38	0.01	3.37	0.18	0.01	18.13	0.00	0.00	0.00	0.00	Animal Fats
2,337	58.51	160.30											Alcoholic Beverages
			2,622.38	86.63	47.05	427.50	27.53	3,155.92	1.68	1.21	18.49	112.01	Grand Total

3.11. 1984년도 식품수급표

인구: 40,578천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
..... 1,000톤													%
1. 곡 류	6,343	6,430	2,757	15,530	2,417	135	4,034	82	273	584	197	7,808	
쌀	5,404		1,518	6,922	1,262	135		44	162	43		5,276	
보 리	804		608	1,412	587		204	36	64	177		344	
밀	17	2,648	304	2,969	245		702	1	19	279	82	1,641	23
옥 수	101	3,223	256	3,580	275		2,569	1	25	79	115	516	
기 타	17	559	71	647	48		559		3	6		31	
2. 서 류	1,481			1,481			148	67	230	323	104	609	
감 자	469			469				39	62		104	264	6
고 구 마	1,012			1,012			148	28	168	323		345	10
3. 설탕 류	765		22	787	34	240			5	19		489	
4. 두 류	291	718	129	1,138	110				13	21	582	412	
대 두	227	694	127	1,048	108			10	16	582		332	
팥	30	17	2	49	2			1	2			44	
기 타	34	7		41				2	3			36	
5. 견 과 류	70			70		28			1			41	
6. 종 실 류	71	8	2	81			1	2	1	52		25	
참 깨	43	8	2	53				1	1	34		17	
기 타	28			28			1	1		18		8	
7. 채 소 류	7,277	52		7,329		19		67	2,571			4,672	
8. 과 실 류	1,229			1,229		2			123	5		1,099	
9. 육 류	647	24	1	672	10	1						661	
쇠 고 기	91	24	1	116	9							107	
돼 지 고 기	341			341	1							240	
닭 고 기	118			118								118	
부 산 물	89			89								89	16
기 타	8			8		1						7	
10. 계 란 류	285			285					12			273	14
11. 우 유 류												788	
우 유	841	24	8	873	39					252		581	
전지분유	12	2		13	3							10	
탈지분유	6	1		7	1							6	
조제분유	18			19	1							18	
연 유	2		1	2								2	
12. 어 패 류	2,538	82		2,620		611			100			1,908	
어 류	1,851	69		1,920		374			77			1,469	
패 류	686	13		699		237			23			439	
13. 해 조 류	432	2		434		152			14			267	
14. 유 지 류	42	304	16	362	17				3			342	
식 물 성	32	230	11	273	12				3			258	
동 물 성	10	74	5	89	5							84	
15. 주 류	2,477		20	2,497	18	2			7			2,470	
합 계													

주: 단수가 일치하지 않는 것은 반올림 때문임. 주류의 단위는 천kl, l, ml임.

Food balance Sheet, 1984

In 40,578 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	
						mg	mg	I.U.	mg	mg	mg	mg	
7,429	183.07	501.55	1,776.20	40.66	5.99	46.76	15.60	164.44	0.84	0.39	7.66	0.00	Cereals
5,276	130.02	356.22	1,264.59	25.65	3.21	17.81	12.82	0.00	0.50	0.28	5.34	0.00	Rice
344	8.48	23.23	85.01	2.42	0.44	9.59	0.79	0.00	0.05	0.02	0.88	0.00	Barley
1,264	31.14	85.31	298.59	9.04	0.94	10.32	1.19	0.00	0.16	0.04	0.85	0.00	Wheat
516	12.72	34.84	121.58	3.34	1.32	8.71	0.73	164.44	0.11	0.04	0.49	0.00	Maize
29	0.72	1.96	6.41	0.21	0.08	0.32	0.05	0.00	0.00	0.00	0.10	0.00	Cereals, other
558	13.76	37.70	34.89	0.46	0.14	5.11	0.41	107.50	0.05	0.02	0.26	6.58	Starchy Roots
248	6.11	16.74	13.73	0.25	0.03	0.50	0.27	0.00	0.03	0.01	0.20	3.01	Potatoes
310	7.65	20.96	21.17	0.21	0.10	4.61	0.15	107.50	0.02	0.01	0.06	3.56	Sweet Potatoes
489	12.05	33.01	127.17	0.00	0.00	0.96	0.06	0.00	0.00	0.00	0.00	0.00	Sweeteners
406	10.01	27.43	108.59	9.30	4.22	39.95	1.81	2.22	0.15	0.05	0.92	0.07	Pulses
332	8.18	22.42	90.56	8.20	3.81	34.30	1.57	0.67	0.12	0.04	0.69	0.00	Soybeans
44	1.07	2.94	9.10	0.63	0.02	3.64	0.15	0.00	0.02	0.00	0.05	0.00	Red Beans
30	0.76	2.07	8.93	0.47	0.38	2.01	0.08	1.54	0.01	0.00	0.18	0.07	Pulses, other
25	0.62	1.70	2.88	0.07	0.04	0.59	0.03	1.21	0.01	0.00	0.01	0.45	Tree Nuts
25	0.62	1.70	8.93	0.31	0.80	8.80	0.23	0.00	0.01	0.00	0.08	0.00	Oil Crops
17	0.42	1.16	6.41	0.23	0.59	7.32	0.19	0.00	0.01	0.00	0.05	0.00	Sesame
8	0.20	0.54	2.51	0.09	0.21	1.48	0.04	0.00	0.01	0.00	0.03	0.00	Oil Crops, other
4,164	102.61	281.12	76.76	4.53	1.20	158.02	1.78	1,859.05	0.17	0.29	2.83	87.96	Vegetables
934	26.41	63.09	27.89	0.59	0.22	4.73	0.57	209.12	0.05	0.03	0.18	6.64	Fruit
646	15.92	43.61	97.26	7.59	7.16	6.41	0.91	47.50	0.19	0.10	2.56	0.07	Meat
107	2.63	7.20	9.43	1.64	0.27	1.37	0.35	1.08	0.01	0.05	1.17	0.00	Bovine Meat
340	8.37	22.94	64.93	3.53	5.51	0.46	0.39	1.15	0.17	0.03	0.46	0.00	Pig Meat
118	2.91	7.96	10.51	1.65	0.38	0.32	0.00	3.18	0.01	0.01	0.40	0.00	Poultry Meat
75	1.84	5.05	11.46	0.68	0.94	4.22	0.16	40.33	0.01	0.01	0.51	0.06	Edible Viscera
7	0.17	0.46	0.94	0.08	0.06	0.05	0.00	1.76	0.00	0.00	0.03	0.00	Meat, other
235	5.79	15.87	26.19	2.02	1.92	10.61	0.43	145.11	0.02	0.05	0.02	0.00	Eggs
788	19.47	53.19	33.72	1.70	1.68	58.45	0.17	82.47	0.03	0.08	0.13	0.11	Milk
581	14.33	39.25	22.77	1.14	1.26	39.05	0.04	46.32	0.01	0.06	0.04	0.00	Milk
10	0.25	0.67	3.37	0.18	0.18	6.03	0.00	5.70	0.00	0.01	0.01	0.05	Whole Milk Powder
6	0.15	0.41	1.46	0.14	0.00	5.30	0.04	1.13	0.01	0.00	0.03	0.00	Skim Milk Powder
18	0.44	1.21	5.70	0.23	0.23	7.47	0.08	29.06	0.01	0.01	0.05	0.05	Modified Milk Powder
2	0.05	0.13	0.42	0.01	0.01	0.39	0.00	0.25	0.00	0.00	0.00	0.00	Condensed Milk
1,260	31.05	85.08	102.37	17.85	2.67	67.61	5.00	60.07	0.11	0.11	3.52	0.21	Fishes and Shellfishes
971	23.92	65.54	87.48	15.32	2.41	58.86	4.27	39.45	0.07	0.07	2.96	0.16	Fishes
289	7.13	19.54	14.89	2.53	0.26	8.75	0.73	20.62	0.04	0.04	0.56	0.05	Shellfishes
267	6.59	18.05	5.41	0.54	0.03	12.31	0.36	176.97	0.02	0.02	0.03	0.08	Seaweeds
342	8.43	23.10	207.85	0.02	23.09	0.30	0.02	30.26	0.00	0.00	0.00	0.00	Oils and Fats
258	6.37	17.45	157.01	0.00	17.45	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
84	2.06	5.65	50.84	0.02	5.64	0.30	0.02	30.26	0.00	0.00	0.00	0.00	Animal Fats
2,470	60.87	166.77											Alcoholic Beverages
			2,636.09	85.63	49.16	420.61	27.38	2,885.91	1.64	1.16	18.22	102.17	Grand Total

3.11. 1985년도 식품수급표

인구: 41,056천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
..... 1,000톤													%
1. 곡 류	6,414	6,430	2,420	15,264	2,220		3,983	73	263	513	208	8,003	
쌀	5,682		1,247	6,929	1,432			45	170	25		5,257	
보 리	571		587	1,158	259		260	25	46	222		346	
밀	11	2,996	249	3,256	274		932	1	19	238	88	1,705	23
옥 수	133	3,035	275	3,443	198		2,389	1	25	28	120	682	
기 타	17	399	62	478	57		402	1	3			13	
2. 서 류	1,467			1,467			147	71	147	326	127	528	
감 자	572			572			57	46	57		14	276	6
고 구 마	895			895			90	25	90	326	113	252	10
3. 설 탕 류	833		27	860	21	333	25			471		480	
4. 두 류	296	906	89	1,292	98			10	20	724		440	
대 두	254	885	87	1,226	96			8	18	724		380	
팥	25	19		47	2			1	1			42	
기 타	17	2	2	19				1	1			18	
5. 견 과 류	76				76		24		1	2		50	
6. 종 실 류	69	3		72				2		52		18	
참 깨	42	3		45				1		31		13	
기 타	27			27				1		21		5	
7. 채 소 류	7,106	30	1	7,137		86		58	2,520	90		4,580	
8. 과 실 류	1,461			1,461		7			146	106		1,308	
9. 육 류	689		9	698	6							692	
쇠 고 기	117		9	126	6							120	
돼 지 고 기	345			345								345	
닭 고 기	126			126								126	
부 산 물	94			94								94	16
기 타	7			7								7	
10. 계 란 류	311			311				13				298	14
11. 우 유 류												944	
우 유	1,006	2	39	1,047	57					239		752	
전지분유	12		3	16	4	2	1					8	
탈지분유	7		1	7	1							6	
조제분유	19		1	20	1							19	
연 유	3		1	3	1							2	
12. 어 패 류	2,670	90		2,760		700			167			1,893	
어 류	1,842	71		1,913		382			141			1,390	
패 류	828	19		847		318			26			503	
13. 해 조 류	447	1		448		166			14			268	
14. 유 지 류	59	324	17	400	19				2			379	
식 물 성	40	270	14	324	15				1			307	
동 물 성	19	54	3	76	4				1			72	
15. 주 합 계	2,491		26	2,517	26	7			7			2,477	

Food balance Sheet, 1985

In 41,056 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg				g	kcal	g	g	Ca Calcium	FeIron	A	
						mg	mg	I.U.	mg	mg	mg	mg	
7,610	185.37	507.86	1,797.05	41.41	6.32	49.30	15.62	214.93	0.86	0.39	7.68	0.00	Cereals
5,257	128.04	350.80	1,245.34	25.26	3.16	17.54	12.63	0.00	0.49	0.28	5.26	0.00	Rice
346	8.43	23.10	84.54	2.40	0.44	9.54	0.79	0.00	0.05	0.02	0.88	0.00	Barley
1,313	31.97	87.59	306.55	9.28	0.96	10.60	1.23	0.00	0.17	0.04	0.88	0.00	Wheat
682	16.62	45.54	158.92	4.37	1.73	11.38	0.96	214.93	0.15	0.05	0.64	0.00	Maize
13	0.31	0.85	2.69	0.10	0.02	0.23	0.02	0.00	0.00	0.00	0.03	0.00	Cereals, other
486	11.85	32.46	29.49	0.41	0.11	3.85	0.38	77.57	0.05	0.02	0.25	5.69	Starchy Roots
260	6.33	17.34	14.22	0.26	0.03	0.52	0.28	0.00	0.03	0.01	0.21	3.12	Potatoes
226	5.52	15.12	15.27	0.15	0.08	3.33	0.11	77.57	0.02	0.01	0.04	2.57	Sweet Potatoes
480	11.69	32.02	123.61	0.00	0.00	0.94	0.06	0.00	0.00	0.00	0.00	0.00	Sweeteners
440	10.72	29.36	115.05	10.14	4.34	43.73	1.98	2.21	0.16	0.05	0.86	0.00	Pulses
380	9.25	25.34	102.37	9.27	4.31	38.77	1.77	0.76	0.14	0.05	0.79	0.00	Soybeans
42	1.04	2.84	8.82	0.61	0.02	3.53	0.15	0.00	0.22	0.00	0.05	0.00	Red Beans
18	0.43	1.18	3.86	0.26	0.01	1.44	0.05	1.45	0.00	0.00	0.03	0.00	Pulses, other
32	0.78	2.12	3.55	0.08	0.04	0.73	0.04	1.51	0.01	0.00	0.02	0.57	Tree Nuts
18	0.45	1.24	6.55	0.23	0.59	6.57	0.17	0.00	0.01	0.00	0.06	0.00	Oil Crops
13	0.32	0.89	4.90	0.17	0.45	5.59	0.14	0.00	0.00	0.00	0.04	0.00	Sesame
5	0.13	0.35	1.65	0.06	0.14	0.97	0.03	0.00	0.00	0.00	0.02	0.00	Oil Crops, other
4,047	98.57	270.05	86.48	4.66	1.37	143.86	1.76	1,907.23	0.18	0.32	2.75	80.67	Vegetables
1,090	26.56	72.76	31.78	0.66	0.25	5.69	0.61	295.67	0.06	0.04	0.22	8.20	Fruit
677	16.49	45.19	99.68	7.91	7.28	6.75	0.95	48.45	0.20	0.11	2.74	0.07	Meat
120	2.93	8.03	10.52	1.83	0.30	1.53	0.39	1.20	0.01	0.05	1.31	0.00	Bovine Meat
345	8.41	23.03	65.17	3.55	5.53	0.46	0.39	1.15	0.17	0.03	0.46	0.00	Pig Meat
126	3.08	8.42	11.12	1.74	0.40	0.34	0.00	3.37	0.01	0.01	0.42	0.00	Poultry Meat
79	1.91	5.24	11.90	0.71	0.98	4.38	0.17	41.88	0.01	0.01	0.53	0.06	Edible Viscera
7	0.16	0.47	0.97	0.09	0.07	0.05	0.00	0.85	0.00	0.00	0.03	0.00	Meat, other
257	6.25	17.12	28.26	2.17	2.07	11.45	0.46	156.53	0.02	0.05	0.02	0.00	Eggs
944	23.09	63.02	39.68	1.99	2.01	68.45	0.18	95.27	0.03	0.10	0.14	0.10	Milk
752	18.31	50.15	29.09	1.45	1.60	50.15	0.05	59.18	0.02	0.08	0.05	0.00	Milk
8	0.20	0.54	2.72	0.14	0.15	4.87	0.00	4.61	0.00	0.01	0.01	0.04	Whole Milk Powder
6	0.15	0.40	1.44	0.14	0.00	5.20	0.04	1.11	0.01	0.00	0.03	0.00	Skim Milk Powder
19	0.46	1.25	5.90	0.24	0.24	7.72	0.09	30.05	0.01	0.01	0.05	0.06	Modified Milk Powder
2	0.06	0.16	0.54	0.01	0.01	0.50	0.00	0.32	0.00	0.00	0.00	0.00	Condensed Milk
1,259	30.68	84.04	92.28	16.44	2.19	59.49	4.18	59.47	0.11	0.10	3.21	0.20	Fishes and Shellfishes
929	22.63	61.99	75.39	13.60	1.90	49.69	3.33	35.66	0.06	0.06	2.58	0.15	Fishes
330	8.05	22.05	16.89	2.84	0.29	9.80	0.85	23.81	0.05	0.04	0.63	0.05	Shellfishes
268	6.52	17.87	5.23	0.48	0.02	11.98	0.46	166.23	0.01	0.02	0.04	0.05	Seaweeds
379	9.22	25.25	227.13	0.01	25.23	0.21	0.01	20.93	0.00	0.00	0.00	0.12	Oils and Fats
307	7.47	20.46	184.04	0.00	20.45	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
72	1.75	4.79	43.09	0.01	4.78	0.21	0.01	20.93	0.00	0.00	0.00	0.00	Animal Fats
2,477	60.33	169.42											Alcoholic Beverages
			2,686.81	86.61	51.82	413.00	26.88	3,046.00	1.70	1.21	17.99	95.61	Grand Total

3.11. 1986년도 식품수급표

인구: 41,569천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	總 量 Total	
.....1,000톤.....													%
1. 곡 류	6,231.3	7,469.0	2,182.5	15,882.8	2,128.1		4,361.1	66.0	492.0	484.1	222.3	8,129.3	
쌀	5,625.6		1,427.7	7,053.6	1,251.4			44.5	405.2	25.2		5,327.3	
보 리	452.6		262.8	715.4	162.7		20.0	20.0	36.2	185.9		290.5	
밀	4.5	3,443.0	268.0	3,715.5	401.0		1,276.0	0.2	20.3	240.0	77.0	1,701.0	23
옥 수	131.8	3,697.0	198.0	4,026.8	278.0		2,743.0	0.7	29.0	33.0	145.3	797.8	
기 타	16.6	329.0	26.0	371.6	35.0		322.0	0.5	1.2			12.7	
2. 서 류	1,356.2			1,356.2			135.6	67.2	135.6	247.0	90.7	680.1	
감 자	569.3			569.3			56.9	42.1	56.9		4.2	409.1	6
고 구 마	786.9			786.9			78.7	25.1	78.7	247.0	86.5	270.9	10
3. 설 탕 류	835.8		21.4	857.2	47.0	272.0				0.4		538.1	
4. 두 류	295.0	969.0	97.9	1,361.9	31.4				23.2			437.2	
대 두	233.9	944.0	96.0	1,273.9	28.0				6.7	18.0	860.0	361.2	
팥	24.2	20.0	1.6	45.9	29				1.2	2.0		39.7	
기 타	36.9	5.0	0.3	42.1	0.5				2.1	3.2		36.3	
5. 견 과 류	62.1	0.1		62.3		30.1			0.2	1.1	5.0	30.9	
6. 종 실 류	73.4	2.0		75.4					1.4	1.6	52.8	19.6	
참 깨	48.2	2.0		50.2					1.0	0.7	32.2	13.3	
기 타	25.2			25.2					0.4	0.9	17.7	6.3	
7. 채 소 류	8,514.0	1.8		8,515.8		35.5			84.0	3,017.5	92.9	5,378.8	
8. 과 실 류	1,474.2			1,474.2		13.8			146.0		93.0	9.3	1,305.1
9. 육 류	801.5		5.6	807.0	8.8	1.1					17.2	63.1	734.0
쇠 고 기	151.2		5.6	156.7	8.8						0.1	147.9	
돼 지 고 기	321.2			321.2		0.8					17.1	320.4	
닭 고 기	129.4			129.4								129.4	
부 산 물	191.2			191.2		0.3						63.1	127.7
기 타	8.5			8.5								8.5	16
10. 계 란 류	357.4			357.4					23.8			336.6	14
11. 우 유 류												1,087.3	
우 유	1,154.5			1,154.5							271.4	883.1	
전 지 분 유	8.0		4.3	12.3	2.5						2.7	9.8	
탈 지 분 유	6.7		1.5	8.2	2.2						1.5	6.0	
조 제 분 유	17.1		1.3	18.4	1.0							17.4	
연 유	2.2		0.6	2.8	0.5							2.3	
12. 어 패 류	3,164.7	108.0		3,272.7		1,064.0			119.5			2,090.2	
어 류	2,211.2	100.7		2,311.9		528.2				98.2		1,685.5	
패 류	953.5	7.3		960.8		534.8				21.3		404.7	
13. 해 조 류	557.2	6.3		563.5		162.3			20.1			381.1	
14. 유 지 류	54.6	340.3	15.8	410.6	17.9				3.9			388.8	
식 물 성	38.8	305.8	11.0	355.6	15.4					3.4		336.8	
동 물 성	15.8	34.5	4.8	55.0	2.5					0.5		52.0	
15. 주 류	2,566		25	2,591	25	7			6			2,556	
합 계													

주: 단수가 일치하지 않는 것은 반올림 때문임. 주류의 단위는 천kl, l, ml임.

Food balance Sheet, 1986

In 41,569 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,735.7	186.09	509.84	1,804.3	41.55	6.49	49.29	15.62	248.17	0.88	0.40	7.61	0.00	Cereals
5,327.3	128.16	351.11	1,246.4	25.28	3.16	17.56	12.64	0.00	0.49	0.28	5.27	0.00	Rice
290.5	6.99	19.15	70.1	1.99	0.36	7.91	0.65	0.00	0.04	0.02	0.73	0.00	Barley
1,309.8	31.51	86.32	302.1	9.15	0.95	10.45	1.21	0.00	0.16	0.04	0.86	0.00	Wheat
797.8	19.19	52.58	183.5	5.05	2.00	13.14	1.10	248.17	0.17	0.06	0.74	0.00	Maize
10.3	0.25	0.69	2.2	0.07	0.01	0.24	0.01	0.00	0.00	0.00	0.02	0.00	Cereals, other
619.4	15.12	41.42	37.0	0.54	0.13	4.30	0.52	82.44	0.06	0.02	0.35	7.29	Starchy Roots
384.6	9.25	25.35	20.8	0.38	0.05	0.76	0.41	0.00	0.04	0.01	0.30	4.56	Potatoes
234.8	5.87	16.07	16.2	0.16	0.08	3.54	0.11	82.44	0.02	0.01	0.05	2.73	Sweet Potatoes
538.1	12.95	35.47	136.9	0.00	0.00	1.05	0.07	0.00	0.00	0.00	0.00	0.00	Sweeteners
430.5	10.36	28.37	112.9	9.72	4.50	41.50	1.88	1.96	0.16	0.05	0.97	0.08	Pulses
361.2	8.69	23.81	96.2	8.71	4.05	36.42	1.67	0.71	0.13	0.05	0.74	0.00	Soybeans
39.7	0.95	2.61	8.1	0.56	0.02	3.24	0.14	0.00	0.01	0.00	0.05	0.00	Red Beans
29.6	0.71	1.95	8.7	0.44	0.44	1.83	0.07	1.24	0.01	0.00	0.19	0.08	Pulses, other
30.9	0.75	2.04	3.7	0.09	0.07	0.73	0.04	1.41	0.01	0.00	0.02	0.52	Tree Nuts
19.6	0.47	1.29	6.8	0.24	0.61	6.67	0.17	0.00	0.01	0.00	0.06	0.00	Oil Crops
13.3	0.32	0.88	4.8	0.17	0.45	5.53	0.14	0.00	0.00	0.00	0.04	0.00	Sesame
6.3	0.15	0.42	2.0	0.07	0.16	1.15	0.03	0.00	0.01	0.00	0.02	0.00	Oil Crops, other
4,763.5	114.59	313.95	98.0	5.27	1.54	170.70	2.11	2,263.21	0.22	0.37	2.95	95.28	Vegetables
1,092.7	26.29	72.02	31.5	0.65	0.25	5.54	0.61	279.16	0.06	0.04	0.22	7.83	Fruit
713.5	17.17	47.03	100.9	8.30	7.23	8.58	1.07	63.22	0.19	0.12	3.18	0.09	Meat
147.9	3.56	9.75	12.8	2.22	0.36	1.85	0.47	1.46	0.01	0.06	1.59	0.00	Bovine Meat
320.4	7.71	21.12	59.8	3.25	5.07	0.42	0.36	1.06	0.15	0.03	0.42	0.00	Pig Meat
129.4	3.11	8.53	11.3	1.77	0.41	0.34	0.00	3.41	0.01	0.01	0.43	0.00	Poultry Meat
107.3	2.58	7.07	16.1	0.95	1.32	5.91	0.23	56.50	0.02	0.01	0.71	0.08	Edible Viscera
8.5	0.21	0.57	1.1	0.11	0.07	0.05	0.01	0.79	0.00	0.00	0.03	0.00	Meat, other
286.9	6.90	18.91	31.2	2.40	2.29	12.65	0.51	172.91	0.02	0.06	0.02	0.00	Eggs
1,087.3	26.15	71.63	44.3	2.23	2.27	76.69	0.18	103.06	0.04	0.11	0.14	0.10	Milk
883.1	21.24	58.20	33.8	1.69	1.86	58.20	0.06	68.08	0.02	0.09	0.06	0.00	Milk
9.8	0.24	0.65	3.3	0.17	0.17	5.82	0.00	5.50	0.00	0.01	0.01	0.05	Whole Milk Powder
6.0	0.14	0.39	1.4	0.14	0.00	5.13	0.04	1.09	0.01	0.00	0.03	0.00	Skim Milk Powder
17.4	0.42	1.15	5.4	0.22	7.06	0.08	0.08	28.08	0.01	0.01	0.05	0.05	Modified Milk Powder
2.3	0.06	0.15	0.5	0.01	0.48	0.00	0.00	0.31	0.00	0.00	0.00	0.00	Condensed Milk
1,355.6	32.67	99.51	101.1	17.71	2.62	65.73	4.26	57.70	0.11	0.10	3.77	0.21	Fishes and Shellfishes
1,102.4	26.58	72.82	88.1	15.48	2.40	57.76	3.63	41.71	0.08	0.07	3.32	0.16	Fishes
253.2	6.09	16.69	13.0	2.23	0.22	7.97	0.63	15.99	0.03	0.03	0.45	0.05	Shellfishes
381.1	9.17	25.12	7.6	0.73	0.04	18.49	0.48	241.89	0.02	0.03	0.05	0.12	Seaweeds
388.8	9.35	25.62	230.1	0.01	25.56	0.32	0.01	14.27	0.00	0.00	0.00	0.00	Oils and Fats
336.8	8.10	22.19	199.6	0.00	22.18	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
52.0	1.25	3.43	30.4	0.01	3.38	0.32	0.01	14.27	0.00	0.00	0.00	0.00	Animal Fats
2,556	61.49	168.00											Alcoholic Beverages
			2,746.3	89.44	53.61	462.23	27.54	3,529.40	1.75	1.31	19.35	111.53	Grand Total

3.11. 1987년도 식품수급표

인구: 41,575천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
..... 1,000톤													%
1. 곡 류	6,259.9	9,071.8	2,128.0	17,459.7	2,453.0		5,425.0	70.2	311.6	566.3	514.0	8,119.3	
쌀	5,607.2		1,249.0	6,856.2	1,239.0			46.0	148.0	27.0		5,396.2	
보 리	516.3		165.0	681.3	150.0		48.0	22.0	40.6	219.3		201.5	
밀	3.7	4,223.0	401.0	462.8	499.0		2,015.0		25.0	233.0	78.0	1,777.7	23
옥 수	113.3	4,792.1	278.0	5,183.4	562.0		3,278.5	1.0	96.0	87.0	436.0	722.9	
기 타	19.4	56.7	35.0	111.1	3.0		83.5	1.2	2.1			21.3	
2. 서 류	1,135.0			1,135.0			114.8	54.0	113.5	237.0	5.0	610.8	
감 자	451.0			451.0			46.4	33.0	45.1			326.6	6
고 구 마	684.0			684.0			68.4	21.0	68.4	237.0	5.0	284.2	10
3. 설 탕 류	896.1		67.0	963.1	27.0	301.0						635.1	
4. 두 류	283.2	1,150.0	30.0	1,458.1	134.0			15.3	21.9	863.8		423.2	
대 두	198.5	1,130.5	27.0	1,356.0	132.0			11.0	17.0	863.8		332.3	
팥	30.6	14.4	3.0	48.0	2.0			1.6	2.3			42.1	
기 타	54.1			54.1				2.7	2.6			48.9	
5. 견 과 류	61.6	0.2		61.8		35.8		0.1	1.5			24.3	
6. 종 실 류	71.4	8.0		79.4				1.6		54.5		23.4	
참 깨	43.3	8.0		51.3				1.0		35.2		15.1	
기 타	28.1			28.1				0.6		19.3		8.3	
7. 채 소 류	7,244.5	1.0		7,245.6		27.4		91.4	1,838.2			5,288.5	
8. 과 실 류	1,582.9			1,582.9		27.7			158.3	12.3	0.4	1,384.6	
9. 육 류	918.0		8.4	926.4	5.7	3.1						80.3	837.2
쇠 고 기	149.2		8.4	157.6	5.7								151.9
돼 지 고 기	376.7			376.7		3.1							373.5
닭 고 기	140.7			140.7									140.7
부 산 물	242.4			242.4							80.3	162.1	16
기 타	9.0			9.0								9.0	
10. 계 란 류	389.4			389.4				26.2				363.2	14
11. 우 유 류												1,204.1	
우 유	1,413.1		62.0	1,475.2	50.4		3.5			260.6		1,160.7	
전지분유	11.6		3.3	14.9	2.3		0.4					12.1	
탈지분유	8.7		2.9	11.6	2.6							8.9	
조제분유	19.6		1.0	20.6	1.1							19.5	
연 유	2.4		0.5	2.9	0.1							2.8	
12. 어 패 류	2,910.4	413.2		3,323.6		1,094.0			109.9			2,142.0	
어 류	1,881.2	402.4		2,283.6		678.2			77.6			1,527.8	
패 류	1,029.2	10.8		1,040.0		394.8			32.3			614.2	
13. 해 조 류	456.7	8.5		465.2		185.1			14.0			266.1	
14. 유 지 류	43.3	390.7	17.0	518.9	18.0				3.8			429.1	
식 물 성	38.8	343.5	15.0	465.2	15.9				3.8			377.5	
동 물 성	4.5	47.2	2.0	53.7	2.1							51.6	
15. 주 합 계	2,693.0		22.0	2,715.0	39.0	7.0			6.0			2,663.0	

Food balance Sheet, 1987

In 41,575 thousand persons

공급량 Net Food Supply		1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products	
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	FeIron	A	B ₁	B ₂		Niacin
						mg	mg	I.U.	mg	mg	mg		mg
7,705.7	185.35	507.81	1,796.32	41.25	6.29	46.48	15.55	224.88	0.86	0.39	7.43		
5,396.2	129.8	355.62	1,262.34	25.6	3.2	17.78	12.8		0.5	0.28	5.33		Cereals
201.5	4.85	13.29	48.63	1.38	0.25	5.49	0.45		0.03	0.01	0.5		Rice
1,368.9	32.92	90.19	315.67	9.56	0.99	10.91	1.26		0.17	0.05	0.9		Barley
722.9	17.39	47.64	166.28	4.57	1.81	11.91	1.0	224.88	0.16	0.05	0.67		Wheat
16.5	0.4	1.1	3.4	0.13	0.02	0.38	0.02				0.02		Maize
562.7	13.53	37.07	33.60	0.47	0.12	4.31	0.44	86.44	0.05	0.02	0.29	6.50	Cereals, other
307.0	7.38	20.22	16.58	0.3	0.04	0.61	0.32		0.03	0.01	0.24	3.64	Starchy Roots
255.8	6.15	16.85	17.02	0.17	0.08	3.71	0.12	86.44	0.02	0.01	0.05	2.86	Potatoes
635.1	15.28	41.86	161.73			1.24	0.08						Sweet Potatoes
413.9	9.95	27.26	108.72	9.2	4.35	39.27	1.78	2.25	0.15	0.05	0.99	0.11	Sweeteners
332.3	7.99	21.89	88.44	8.01	3.72	33.49	1.53	0.66	0.12	0.04	0.68		Pulses
42.1	1.01	2.77	8.58	0.59	0.02	3.43	0.14		0.02		0.05		Soybeans
39.6	0.95	2.61	11.71	0.6	0.61	2.35	0.09	1.59	0.01		0.26	0.11	Red Beans
24.3	0.59	1.62	3.19	0.08	0.08	0.56	0.03	1.08	0.01		0.02	0.39	Pulses, other
23.4	0.56	1.53	8.01	0.28	0.72	7.72	0.2		0.01		0.08		Tree Nuts
15.1	0.36	0.99	5.44	0.19	0.5	6.21	0.16				0.04		Oil Crops
8.3	0.2	0.55	2.56	0.09	0.22	1.51	0.04				0.03		Sesame
4,663.4	112.2	307.31	106.51	5.26	1.54	156.94	2.1	2,274.43	0.23	0.39	2.88	88.97	Oil Crops, other
1,095.6	26.34	72.16	31.4	0.65	0.24	5.88	0.56	325.56	0.06	0.04	0.24	8.97	Vegetables
811.2	19.5	53.42	116.66	9.3	8.49	10.32	1.2	79.39	0.22	0.13	3.51	0.11	Fruit
151.9	3.65	10.0	13.1	2.28	0.37	1.9	0.48	1.5	0.01	0.06	1.63		Meat
373.5	8.98	24.6	69.63	3.79	5.9	0.49	0.42	1.23	0.18	0.04	0.49		Bovine Meat
140.7	3.38	9.26	12.22	1.92	0.44	0.37		3.7	0.01	0.01	0.46		Pig Meat
136.1	3.27	8.96	20.34	1.21	1.68	7.49	0.29	71.58	0.02	0.02	0.9	0.11	Poultry Meat
9.0	0.22	0.6	1.37	0.1	0.1	0.07	0.01	1.37			0.03	0.01	Edible Viscera
312.4	7.52	20.6	34.01	2.62	2.49	13.78	0.56	188.54	0.02	0.06	0.02		Meat, other
1,204.1	28.96	79.34	57.13	2.89	2.93	99.66	0.23	129.91	0.05	0.14	0.18	0.12	Eggs
1,160.7	27.92	76.49	44.37	2.22	2.45	76.49	0.08	90.26	0.02	0.11	0.08		Milk
12.1	0.29	0.79	3.99	0.21	0.21	7.15		6.76		0.01	0.01	0.06	Milk
8.9	0.21	0.58	2.06	0.2		7.48	0.06	1.59	0.01		0.04		Whole Milk Powder
19.5	0.47	1.29	6.07	0.24	0.25	7.95	0.09	30.91	0.01	0.01	0.05	0.06	Skim Milk Powder
2.8	0.07	0.19	0.64	0.02	0.02	0.6		0.38				0.01	Modified Milk Powder
1,277.1	30.71	84.13	92.88	15.91	2.57	60.13	3.36	45.03	0.09	0.1	3.83	0.36	Condensed Milk
948.3	22.81	62.49	75.39	12.71	2.31	51.44	2.74	33.21	0.07	0.07	3.26	0.17	Fishes and Shellfishes
328.8	7.9	21.64	17.49	3.2	0.26	8.69	0.62	11.82	0.02	0.03	0.57	0.07	Fishes
266.1	6.4	17.53	5.29	0.52	0.04	14.81	0.42	152.82	0.01	0.02	0.04	0.12	Shellfishes
429.1	10.34	28.33	254.81	0.01	28.31	0.18	0.01	17.59					Seaweeds
377.5	9.1	24.93	224.26			24.92							Oils and Fats
51.6	1.24	3.4	30.55	0.01	3.39	0.18	0.01	17.59					Vegetable Oils
2,663.0	64.05	175.5											Animal Fats
													Alcoholic Beverages
			2810.26	88.44	58.17	461.28	26.50	3,527.91	1.76	1.35	19.50	105.53	Grand Total

3.11. 1988년도 식품수급표

인구: 41,975천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
..... 1,000톤													%
1. 곡 류	6,207.4	9,563.0	2,424.0	18,194.4	2,713.0		5,765.0	67.0	322.0	585.0	553.0	8,189.7	
쌀	5,493.3		1,239.0	6,732.3	1,121.0			45.0	212.0	30.0		5,324.3	
보 리	561.5		150.0	711.5	155.0		1.0	20.0	45.0	302.0		188.5	
밀	2.5	4,243.0	499.0	4,744.5	546.0		2,010.0		26.0	213.0	100.0	1,849.5	23
옥 수	127.4	5,236.0	529.0	5,892.4	879.0		3,686.0	1.0	38.0	40.0	453.0	795.4	
기 타	22.7	84.0	7.0	113.7	12.0		68.0	1.0	1.0			32.0	
2. 서 류	957.5			957.5			119.9	59.4	94.9	180.9	0.4	502.1	
감 자	414.9			414.9			65.0	40.0	40.0			269.9	6
고 구 마	542.6			542.6			54.9	19.4	54.9	180.9	0.4	232.1	10
3. 설 탕 류	912.3		54.2	966.5	38.3	265.4			6.5			656.2	
4. 두 류	294.3	1,152.0	135.0	1,581.3	182.0		914.0	11.4	29.0	914.0		444.9	
대 두	203.5	1,137.0	132.0	1,472.5	175.0		914.0	7.0	26.0	914.0		350.5	
팥	35.1	13.0	3.0	51.1	7.0			2.0	2.0			40.1	
기 타	55.8	2.0		57.8				2.4	1.0			54.4	
5. 견 과 류	82.9	0.1	10.9	94.0	8.6	40.0		0.1	1.1			44.2	
6. 종 실 류	80.9			80.9				1.7		47.7		31.6	
참 깨	52.4			52.4				1.1		30.8		20.5	
기 타	28.6			28.6				0.6		16.9		11.1	
7. 채 소 류	7,701.2	72.3		7,773.6		51.1		68.4	2,034.2			5,619.8	
8. 과 실 류	1,713.7	11.9		1,725.6		16.6			170.9	14.2		1,523.9	
9. 육 류	966.7	14.2	5.7	986.6	4.9	8.1					83.9	889.7	
쇠 고 기	126.6	14.2	5.7	146.5	4.9							141.5	
돼 지 고 기	433.0			433.0		8.0						425.0	
닭 고 기	149.0			149.0								149.0	
부 산 물	252.0			252.0							83.9	168.1	16
기 타	6.2			6.2		0.1						6.0	
10. 계 란 류	425.9			425.9				26.9				399.0	14
11. 우 유 류												1,443.0	
우 유	1,631.9		50.4	1,682.3	30.0		0.8			251.8		1,399.6	
전 지분 유	9.6		2.3	11.9	1.8		0.1					10.0	
탈 지분 유	9.2		2.6	11.8	1.2							10.6	
조 제분 유	20.6		1.1	21.7	0.9							20.8	
연 유	2.0		0.1	2.1	0.2							2.0	
12. 어 패 류	2,728.3	436.4	177.4	3,342.1	198.7	1,120.9			101.3			1,921.2	
어 류	1,762.6	407.1	130.6	2,300.3	161.0	716.9			71.1			1,351.3	
패 류	965.7	29.3	46.9	1,041.9	37.8	404.0			30.2			569.9	
13. 해 조 류	483.1	15.5		498.6		182.2			15.8			300.6	
14. 유 지 류	38.1	399.0	18.0	455.1	18.0				3.8			433.2	
식 물 성	32.0	352.1	15.8	399.9	15.8				3.8			380.2	
동 물 성	6.2	46.9	2.2	55.2	2.2							53.0	
15. 주 합 계	2,844.0		39.0	2,823.0	47.0	13.0			6.0			2,817.0	

3.11. 1989년도 식품수급표

인구: 42,380천명

식품명 Products	생산	수입	이입	총공급량	이월	수출	사료	종자	감모	가공용 Food Manufacture		순식용	폐기 Re- fuse
	Production	Import	Carry-In	Total Supply	Carry-Over	Export	Feed	Seed	Loss	식용 Food	비식용 NonFood	총량 Total	
..... 1,000톤													%
1. 곡 류	6,691.0	8,597.0	2,774.0	18,062.0	2,670.0		5,711.0	66.0	336.0	584.0	556.0	8,139.0	
쌀	6,053.0		1,121.0	7,174.0	1,572.0		0	45.0	242.0	36.0		5,279.0	
보리	516.0	48.0	174.0	738.0	211.0		18.0	19.0	41.0	317.0		132.0	
밀	1.0	2,292.0	546.0	2,839.0	237.0		525.0		14.0	186.0	104.0	1,773.0	23
옥수수	106.0	5,528.0	921.0	6,555.0	588.0		4,487.0	1.0	38.0	45.0	452.0	944.0	
기타	15.0	729.0	12.0	756.0	62.0		681.0	1.0	1.0			11.0	
2. 서 류	1,163.5			1,163.5			114.8	59.4	206.8	209.7	0.1	572.7	
감자	603.0			603.0			60.0	40.0	110.0			393.0	6
고구마	560.5			560.5			54.8	19.4	96.8	209.7	0.1	179.8	10
3. 설탕 류	978.1		38.7	1,016.8	27.6	326.0			6.5			656.6	
4. 두 류	329.6	932.0	179.0	1,440.6	116.1			10.9	30.0	830.0		453.6	
대두	239.0	932.0	167.0	1,338.0	106.0			8.0	27.0	830.0		367.0	
팥	38.0		7.0	45.0	4.0			1.0	2.0			38.0	
기타	52.6		5.0	57.6	6.1			1.9	1.0			48.6	
5. 견과 류	84.2	0.4		84.5		34.8		0.1	1.2			48.4	
6. 종실 류	82.7		3.5	86.2	3.5			1.0		54.9		26.8	
참깨	52.4		3.5	55.9	3.5			0.4		36.6		15.3	
기타	30.3			30.3				0.6		18.2		11.5	
7. 채소 류	8,370.1	99.3	34.0	8,503.4	25.0	56.0		75.5	2,149.3			6,197.6	
8. 과실 류	2,108.3	47.5		2,155.8		14.6			214.1	13.4		1,913.6	
9. 육 류	989.4	49.6	4.9	1,043.9	2.7	11.9					86.9	942.5	
쇠고기	90.1	49.6	4.9	144.5	1.2							143.3	
돼지고기	485.1			485.1	1.5	11.9						471.7	
닭고기	154.9			154.9								154.9	
부산물	259.4			259.4							86.9	172.5	16
10. 계란 류	407.3			407.3				26.7				380.6	14
11. 우유 류												1,254.4	
우유	1,761.8		30.0	1,791.8	150.3		1.6			432.5		1,207.4	
전지분유	15.8		1.8	17.6	8.5		0.2					8.9	
탈지분유	18.8		1.2	20.0	6.6							13.4	
조제분유	22.8		0.9	23.7	1.3							22.4	
연유	2.3		0.2	2.5	0.1							2.4	
12. 어패 류	2,833.3	389.8	198.7	3,421.9	276.1	920.7			111.3			2,113.9	
어류	1,841.1	361.0	161.0	2,363.1	190.6	618.6			77.7			1,476.3	
패류	992.2	28.8	37.8	1,058.8	85.5	302.1			33.6			637.6	
13. 해조 류	487.0	14.2		501.2		199.7			15.1			286.4	
14. 유지 류	53.5	408.7	18.0	480.3	23.0				3.8			453.5	
식물성	44.4	351.6	14.9	410.9	19.7				3.8			387.5	
동물성	9.2	57.1	3.1	69.4	3.3							66.1	
15. 주 합 계	2,969.0		47.0	3,016.0	51.0	16.0			5.0			2,944.0	

Food balance Sheet, 1989

In 43,380 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg				g	g	g	Ca Calcium	FeIron	A	B ₁	
			kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,728.6	182.34	499.56	1,763.60	40.04	6.88	46.64	15.08	287.99	0.87	0.39	7.16	0.00	Cereals
5,279.0	124.56	341.26	1,211.47	23.89	3.41	17.06	12.29	0.00	0.48	0.27	5.12	0.00	Rice
132.0	3.11	8.52	28.72	0.88	0.16	3.49	0.26	0.00	0.02	0.01	0.29	0.00	Barley
1,365.2	32.21	88.25	308.86	9.35	0.97	10.68	1.24	0.00	0.17	0.04	0.88	0.00	Wheat
944.0	22.27	61.01	212.94	5.86	2.32	15.25	1.28	287.99	0.20	0.07	0.85	0.00	Maize
8.4	0.19	0.51	1.60	0.07	0.02	0.16	0.01	0.00	0.00	0.00	0.02	0.00	Cereals, other
531.2	12.54	34.36	30.16	0.46	0.10	3.02	0.46	53.69	0.05	0.02	0.32	6.08	Starchy Roots
369.4	8.72	23.89	19.59	0.36	0.05	0.72	0.38	0.00	0.04	0.01	0.29	4.30	Potatoes
161.8	3.82	10.47	10.57	0.10	0.05	2.30	0.07	53.69	0.01	0.01	0.03	1.78	Sweet Potatoes
656.6	15.49	42.44	163.93	0.00	0.00	1.26	0.08	0.00	0.00	0.00	0.00	1.00	Sweeteners
444.8	10.50	28.77	114.83	9.80	4.61	41.82	1.89	2.40	0.16	0.05	1.02	0.10	Pulses
367.0	8.66	23.73	95.85	8.68	4.03	36.30	1.66	0.71	0.13	0.05	0.74	0.00	Soybeans
38.0	0.90	2.47	7.64	0.53	0.01	3.06	0.13	0.00	0.01	0.00	0.04	0.00	Red Beans
39.8	0.94	2.58	11.32	0.58	0.57	2.45	0.10	1.69	0.01	0.00	0.24	0.10	Pulses, other
30.0	0.71	1.95	3.38	0.08	0.05	0.67	0.04	1.37	0.01	0.00	0.02	0.51	Tree Nuts
26.8	0.63	1.73	8.91	0.31	0.79	8.25	0.21	0.00	0.01	0.00	0.09	0.00	Oil Crops
15.3	0.36	0.99	5.44	0.19	0.50	6.21	0.16	0.00	0.00	0.00	0.04	0.00	Sesame
11.5	0.27	0.74	3.46	0.12	0.29	2.04	0.06	0.00	0.00	0.00	0.04	0.00	Oil Crops, other
5,456.8	128.73	352.69	115.54	6.15	1.78	177.51	2.73	2,837.71	0.26	0.44	3.30	102.61	Vegetables
1,531.1	36.12	98.96	42.21	0.89	0.31	8.96	0.72	629.16	0.08	0.05	0.37	14.14	Fruit
914.9	21.59	59.15	132.93	10.15	9.89	10.60	1.26	81.79	0.26	0.14	3.57	0.11	Meat
143.3	3.38	9.26	12.13	2.11	0.34	1.76	0.44	1.39	0.01	0.06	1.51	0.00	Bovine Meat
471.7	11.13	30.49	86.30	4.70	7.32	0.61	0.52	1.52	0.22	0.05	0.61	0.00	Pig Meat
154.9	3.66	10.03	13.24	2.08	0.48	0.40	0.00	4.01	0.01	0.02	0.50	0.00	Poultry Meat
144.9	3.42	9.37	21.27	1.26	1.75	7.83	0.30	74.87	0.02	0.02	0.95	0.11	Edible Viscera
327.3	7.72	21.15	34.90	2.69	2.56	14.17	0.57	194.59	0.02	0.06	0.02	0.00	Eggs
1,254.5	29.61	81.12	58.69	3.02	2.95	104.09	0.27	134.60	0.05	0.15	0.20	0.11	Milk
1,207.4	28.49	78.05	45.27	2.26	2.50	78.05	0.08	92.10	0.02	0.12	0.08	0.00	Milk
8.9	0.21	0.58	2.89	0.15	0.15	5.17	0.00	4.89	0.00	0.01	0.01	0.04	Whole Milk Powder
13.4	0.32	0.88	3.15	0.31	0.01	11.40	0.09	2.43	0.02	0.01	0.06	0.00	Skim Milk Powder
22.4	0.53	1.45	6.84	0.28	0.28	8.96	0.10	34.85	0.01	0.02	0.06	0.07	Modified Milk Powder
2.4	0.06	0.16	0.55	0.01	0.01	0.51	0.00	0.33	0.00	0.00	0.00	0.00	Condensed Milk
1,243.2	29.28	80.22	86.76	14.81	2.39	48.89	2.97	39.73	0.09	0.10	3.79	0.21	Fishes and Shellfishes
875.2	20.61	56.47	67.43	11.22	2.11	41.00	2.36	30.41	0.07	0.07	3.12	0.15	Fishes
368.0	8.67	23.75	19.33	3.59	0.28	7.89	0.61	9.32	0.02	0.03	0.67	0.06	Shellfishes
286.4	6.76	18.52	5.43	0.53	0.02	11.58	0.37	182.43	0.02	0.02	0.04	0.10	Seaweeds
453.5	10.70	29.31	263.68	0.01	29.29	0.22	0.01	21.70	0.00	0.00	0.00	0.00	Oils and Fats
387.5	9.14	25.04	225.25	0.00	25.03	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
66.1	1.56	4.27	38.43	0.01	4.26	0.22	0.01	21.70	0.00	0.00	0.00	0.00	Animal Fats
2,944.0	69.47	190.32											Alcoholic Beverages
			2,824.92	88.93	61.64	477.68	26.67	4,467.14	1.88	1.44	18.90	123.97	Grand Total

3.11. 1990년도 식품수급표

인구: 42,869천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 율 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
..... 1,000톤													%
1. 곡 류	6,448.0	8,905.0	2,792.0	18,145.0	3,439.0		5,420.0	63.0	252.0	498.0	570.0	7,903.0	
쌀	5,898.0		1,572.0	7,470.0	2,025.0			45.0	201.0	22.0		5,177.0	
보 리	416.0	64.0	353.0	833.0	400.0			17.0	33.0	279.0		104.0	
밀	1.0	2,239.0	237.0	2,477.0	479.0		98.0		12.0	150.0	84.0	1,654.0	23.0
옥 수	121.0	6,198.0	572.0	6,891.0	446.0		4,949.0	1.0	6.0	47.0	486.0	956.0	
기 타	12.0	404.0	58.0	474.0	89.0		373.0					12.0	
2. 서 류	983.6			983.6			57.3	54.4	69.0	290.3	0.1	512.6	
감 자	391.4			391.4			25.0	35.0	40.0			291.4	6.0
고 구 마	592.3			592.3			32.3	19.4	29.0	290.3	0.1	221.2	10.0
3. 설 탕 류	1,016.0		27.6	1,043.6	44.3	335.0			6.6			657.7	
4. 두 류	331.7	1,107.4	113.3	1,552.4	198.0			10.2	28.0	866.0		450.2	
대 두	252.0	1,092.0	106.0	1,450.0	196.0			8.0	25.0	866.0		355.0	
팥	31.0	13.0	4.0	48.0	2.0			1.0	2.0			43.0	
기 타	48.7	2.4	3.3	54.4				1.2	1.0			52.2	
5. 견 과 류	89.1	0.4		89.6	18.0	36.5		0.1	1.8			33.2	
6. 종 실 류	67.8	12.1	3.5	83.4	4.7			1.6		49.2		27.8	
참 깨	39.7	12.1	3.5	55.3	4.7			1.2		31.0		18.4	
기 타	28.0			28.0				0.4		18.2		9.4	
7. 채 소 류	8,751.7	97.8	25.0	8,874.5	2.7	26.1		87.5	2,296.9			6,461.4	
8. 과 실 류	1,766.2			1,766.2		42.4			176.6	7.2		1,540.0	
9. 육 류	1,053.5	86.5	2.7	1,142.7	3.1	5.8					93.8	1,040.0	
쇠 고 기	94.9	84.0	1.2	180.1	3.1							177.0	
돼 지 고 기	506.5	2.6	1.5	510.6		5.8						504.8	
닭 고 기	171.7			171.7								171.7	
부 산 물	280.3			280.3							93.8	186.5	16.0
10. 계 란 류	393.3			393.3								393.3	14.0
11. 우 유 류	1,801.8		166.8	1,968.6	27.0	0.1	52.7			525.3		1,363.5	
우 유	1,751.8		150.3	1,902.1	23.0		48.0			525.3		1,305.8	
전 지 분 유	8.6		8.5	17.1	1.9		4.7					10.5	
탈 지 분 유	12.3		6.6	18.9	0.6	0.1						18.2	
조 제 분 유	25.7		1.3	27.0	1.4							25.6	
연 유	3.4		0.1	3.5	0.1							3.4	
12. 어 패 류	2,832.4	365.1	276.1	3,473.6	289.8	856.3			116.4			2,211.1	
어 류	1,888.0	317.9	190.6	2,396.5	208.4	592.2			79.8			1,516.1	
패 류	944.4	47.2	85.5	1,077.1	81.3	264.2			36.6			695.0	
13. 해 조 류	442.1	15.0		457.1		201.3			12.8			243.1	
14. 유 지 류	49.2	572.0	23.0	644.3	27.0				5.1			612.1	
식 물 성	41.6	472.7	19.7	534.0	22.4				5.1			506.5	
동 물 성	7.6	99.4	3.3	110.3	4.6							105.6	
15. 주 합 계	2,953.0		51.0	3,004.0	54.0	18.0			5.0			2,927.0	

* 인구 수를 42,869천명으로 수정 적용함.

Food balance Sheet, 1990

In 42,869 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg				g	g	g	Ca Calcium	FeIron	A	B ₁	
			kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,520.4	175.44	480.66	1,697.18	38.41	6.67	44.61	14.56	288.37	0.84	0.38	6.88	0.00	Cereals
5,177.0	120.76	330.85	1,174.5	23.16	3.31	16.54	11.91	0.00	0.46	0.26	4.96	0.00	Rice
104.0	2.43	6.66	22.44	0.69	0.13	2.73	0.21	0.00	0.01	0.01	0.23	0.00	Barley
1,273.6	29.71	81.40	284.89	8.63	0.90	9.85	1.14	0.00	0.15	0.04	0.81	0.00	Wheat
956.0	22.30	61.10	213.23	5.87	2.32	15.27	1.28	288.37	0.20	0.07	0.86	0.00	Maize
9.8	0.24	0.67	2.11	0.06	0.02	0.21	0.01	0.00	0.00	0.00	0.01	0.00	Cereals, other
473.0	11.03	30.22	27.19	0.39	0.10	3.32	0.37	65.21	0.04	0.02	0.25	5.31	Starchy Roots
273.9	6.39	17.51	14.36	0.26	0.04	0.53	0.28	0.00	0.03	0.01	0.21	3.15	Potatoes
199.1	4.64	12.71	12.84	0.13	0.06	2.80	0.09	65.21	0.01	0.01	0.04	2.16	Sweet Potatoes
657.7	15.34	42.03	162.34	0.00	0.00	1.25	0.08	0.00	0.00	0.00	0.00	0.00	Sweeteners
439.6	10.25	28.08	112.31	9.49	4.55	40.64	1.82	2.16	0.16	0.05	1.04	0.12	Pulses
355.0	8.28	22.68	91.65	8.30	3.86	34.71	1.59	0.68	0.12	0.04	0.70	0.00	Soybeans
43.0	1.00	2.74	8.49	0.59	0.02	3.40	0.14	0.00	0.02	0.00	0.05	0.00	Red Beans
41.6	0.97	2.66	12.17	0.60	0.68	2.54	0.10	1.48	0.02	0.00	0.28	0.12	Pulses, other
20.6	0.48	1.32	2.38	0.06	0.05	0.45	0.03	0.92	0.01	0.00	0.01	0.34	Tree Nuts
27.8	0.65	1.78	9.32	0.33	0.84	9.09	0.23	0.00	0.01	0.00	0.09	0.00	Oil Crops
18.4	0.43	1.18	6.50	0.23	0.60	7.42	0.19	0.00	0.01	0.00	0.05	0.00	Sesame
9.4	0.22	0.60	2.82	0.10	0.24	1.66	0.05	0.00	0.00	0.00	0.04	0.00	Oil Crops, other
5,685.5	132.62	363.34	116.42	6.30	1.80	185.39	2.73	285.47	0.27	0.46	3.20	107.51	Vegetables
1,241.5	28.95	79.32	34.20	0.72	0.26	6.74	0.64	437.04	0.06	0.04	0.28	9.92	Fruit
1,010.1	23.57	64.58	143.36	11.17	10.56	11.59	1.41	87.61	0.28	0.16	4.05	0.12	Meat
177.0	4.13	11.32	14.82	2.58	0.42	2.15	0.54	1.70	0.01	0.07	1.84	0.00	Bovine Meat
504.8	11.78	32.27	91.34	4.97	7.75	0.65	0.55	1.61	0.23	0.05	0.65	0.00	Pig Meat
171.7	4.01	10.99	14.50	2.27	0.53	0.44	0.00	4.39	0.01	0.02	0.55	0.00	Poultry Meat
156.7	3.65	10.00	22.70	1.35	1.87	8.36	0.32	79.90	0.02	0.02	1.01	0.12	Edible Viscera
338.2	7.89	21.62	35.67	2.75	2.62	14.48	0.58	198.87	0.02	0.06	0.02	0.00	Eggs
1,363.5	31.80	87.12	64.31	3.33	3.19	115.15	0.32	147.15	0.06	0.16	0.24	0.13	Milk
1,305.8	30.46	83.45	48.40	2.42	2.67	83.45	0.08	98.47	0.03	0.13	0.08	0.00	Milk
10.5	0.24	0.66	3.30	0.18	0.18	5.92	0.00	5.59	0.00	0.01	0.01	0.05	Whole Milk Powder
18.2	0.42	1.15	4.13	0.41	0.01	14.96	0.12	3.19	0.03	0.01	0.07	0.00	Skim Milk Powder
25.6	0.60	1.64	7.74	0.31	0.32	10.14	0.11	39.46	0.01	0.02	0.07	0.07	Modified Milk Powder
3.4	0.08	0.22	0.73	0.02	0.02	0.68	0.00	0.44	0.00	0.00	0.00	0.01	Condensed Milk
1,307.3	30.51	83.59	91.52	15.88	2.41	51.24	3.39	38.85	0.09	0.10	3.88	0.22	Fishes and Shellfishes
899.5	20.98	57.48	70.13	11.91	2.11	42.47	2.69	27.99	0.07	0.07	3.17	0.16	Fishes
407.8	9.53	26.11	21.39	3.97	0.30	8.77	0.70	10.86	0.02	0.03	0.71	0.06	Shellfishes
243.1	5.67	15.53	4.49	0.42	0.02	10.66	0.37	139.57	0.01	0.02	0.04	0.11	Seaweeds
612.1	14.28	39.12	351.94	0.02	39.09	0.36	0.02	35.84	0.00	0.00	0.00	0.00	Oils and Fats
506.5	11.82	32.38	291.34	0.00	32.37	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
105.6	2.46	6.74	60.60	0.02	6.72	0.36	0.02	35.84	0.00	0.00	0.00	0.00	Animal Fats
2,927.0	68.28	187.07											Alcoholic Beverages
			2,852.61	89.27	72.16	494.97	26.56	426.32	1.86	0.45	19.98	123.77	Grand Total

3.11. 1991년도 식품수급표

인구: 43,268천명

식품명 Products	생 산	수 입	이 입	총공 급량	이 월	수 출	사 료	종 자	감 모	가 공 용 Food Manufacture		순식용	폐기 물 Re- fuse
	Produc- tion	Import	Carry-In	Total Supply	Carry- Over	Export	Feed	Seed	Loss	식 용 Food	비식용 NonFood	총 량 Total	
..... 1,000톤													%
1. 곡 류	6,080.0	10,147.0	3,458.0	19,685.0	3,715.0		6,393.0	58.0	383.0	557.0	553.0	8,026.0	
쌀	5,606.0		2,025.0	7,631.0	2,141.0			43.0	267.0	95.0		5,085.0	
보 리	340.0	76.0	406.0	822.0	365.0			13.0	43.0	313.0		88.0	
밀	1.0	4,449.0	472.0	4,922.0	694.0		2,291.0		27.0	91.0	61.0	1,758.0	23.0
옥 수	120.0	5,441.0	466.0	6,027.0	466.0		3,935.0	1.0	46.0	58.0	492.0	1,029.0	
기 타	13.0	181.0	89.0	283.0	49.0		167.0	1.0				66.0	
2. 서 류	821.4	47.3	3.2	871.9	16.1		81.9	42.9	81.9	180.6		468.3	
감 자	389.7	15.0		404.7			40.0	30.0	40.0			294.7	6.0
고 구 마	431.7	32.3	3.2	467.2	16.1		41.9	12.9	41.9	180.6		173.6	10.0
3. 설 탕 류	1,013.7		44.3	1,058.0	31.0	321.0			7.1			698.9	
4. 두 류	289.2	931.0	204.7	1,424.9	115.2			9.8	32.8	805.0		462.1	
대 두	233.0	883.0	196.0	1,312.0	110.0			6.0	31.0	805.0		360.0	
팥	23.0	16.0	2.0	41.0	1.0			1.0	1.0			38.0	
기 타	33.2	32.0	6.7	71.9	4.2			2.8	0.8			64.1	
5. 견 과 류	93.7	7.2	18.0	119.0	18.0	33.9	6.6	0.1	1.5			58.9	
6. 종 실 류	60.0	33.4	0.6	94.0	1.4			1.4	1.3	40.7		49.3	
참 깨	29.8	33.4	0.6	63.8	1.4			1.2	0.9	23.8		36.5	
기 타	30.2			30.2				0.2	0.3	16.8		12.8	
7. 채 소 류	8,684.1	71.4	2.7	8,758.1	18.1	39.0		102.2	2,120.1			6,478.7	
8. 과 실 류	1,729.8	336.1		2,065.8		12.6			173.0	6.6		1,873.7	
9. 육 류	1,083.5	142.8	3.1	1,229.5	5.7	3.6			22.5		93.6	1,104.1	
쇠 고 기	98.4	125.2	3.1	226.7	3.6				4.5			218.7	
돼 지 고 기	498.9	17.7		516.5	2.1	3.6			10.2			500.6	
닭 고 기	206.5			206.5					4.1			202.4	
부 산 물	279.7			279.7					3.7		93.6	182.4	16.0
10. 계 란 류	383.5			383.5					7.7			375.8	14.0
11. 우 유 류	1,785.7	34.2	27.0	1,846.9	73.7				13.6	411.6		1,348.0	
우 유	1,741.0	17.1	23.0	1,781.1	65.8				13.0	411.6		1,290.7	
전 지 분 유	4.1	4.1	1.9	10.1	1.6				0.1			8.4	
탈 지 분 유	10.5	13.0	0.6	24.1	5.0				0.2			18.9	
조 제 분 유	26.0		1.4	27.4	1.1				0.3			26.0	
연 유	4.1		0.1	4.2	0.2				0.0			4.0	
12. 어 패 류	2,515.9	518.4	289.7	3,324.2	320.2	864.7			107.0			2,032.4	
어 류	1,550.2	449.0	208.4	2,207.7	192.7	567.1			72.4			1,375.6	
패 류	965.7	69.4	81.3	1,116.5	127.5	297.6			34.6			656.8	
13. 해 조 류	468.9	21.1	0.0	490.0	0.0	171.4			15.9			302.6	
14. 유 지 류	45.0	562.3	27.0	634.2	31.7				6.1			596.4	
식 물 성	39.9	502.5	22.4	564.7	28.2				5.4			531.1	
동 물 성	5.1	59.8	4.6	69.5	3.5				0.7			65.3	
15. 주 합	3,066.0		54.0	3,120.0	48.0	25.0			5.0			3,042.0	

Food balance Sheet, 1991

In 43,268 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg				g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	
			kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,621.7	176.15	482.60	1,731.22	38.33	6.77	46.38	14.59	307.51	0.86	0.38	6.74	0.00	Cereals
5,085.0	117.52	321.97	1,178.42	21.89	3.22	16.10	11.91		0.48	0.26	4.83	0.00	Rice
88.0	2.03	5.56	18.80	0.57	0.11	2.22	0.11		0.01		0.14	0.00	Barley
1,353.7	31.29	85.73	300.04	9.17	0.86	11.14	1.11		0.15	0.04	0.77	0.00	Wheat
1,029.0	23.78	65.15	218.91	6.25	2.48	16.29	1.37	307.51	0.21	0.07	0.91	0.00	Maize
66.0	1.53	4.19	15.05	0.44	0.11	0.63	0.08		0.00		0.08	0.00	Cereals, other
433.3	10.01	27.42	23.92	0.36	0.08	2.70	0.35	50.74	0.04	0.01	0.24	4.84	Starchy Roots
277.0	6.40	17.53	14.03	0.26	0.04	0.53	0.28		0.03	0.01	0.21	3.16	Potatoes
156.3	3.61	9.89	9.89	0.10	0.05	2.18	0.07	50.74	0.01	0.01	0.03	1.68	Sweet Potatoes
698.9	16.15	44.25	170.77	0.00	0.00	1.32	0.09				0.00	0.01	Sweeteners
452.2	10.45	28.63	105.10	9.49	4.52	36.22	1.42	8.23	0.13	0.05	1.05	0.19	Pulses
360.0	8.32	22.79	85.94	8.34	3.88	30.55	1.19	1.60	0.09	0.04	0.50	0.00	Soybeans
38.0	0.88	2.41	7.47	0.52	0.01	2.99	0.13		0.01		0.04	0.00	Red Beans
54.2	1.25	3.42	11.68	0.63	0.62	2.68	0.11	6.63	0.02		0.51	0.19	Pulses, other
36.0	0.83	2.27	3.85	0.09	0.05	0.79	0.05	1.63	0.01		0.02	0.63	Tree Nuts
49.3	1.14	3.12	16.55	0.58	1.50	16.77	0.43		0.01	0.01	0.15	0.00	Oil Crops
36.5	0.84	2.30	12.70	0.45	1.17	14.50	0.37		0.01	0.00	0.10	0.00	Sesame
12.8	0.30	0.82	3.85	0.13	0.32	2.27	0.06			0.00	0.05	0.00	Oil Crops, other
5,661.0	130.82	358.41	106.66	6.04	1.66	151.02	2.45	311.230	0.27	0.34	2.62	10.941	Vegetables
1,551.9	35.87	98.27	44.88	0.70	0.42	10.78	0.62	678.66	0.07	0.05	0.63	14.19	Fruit
1,074.9	24.84	68.05	150.65	11.36	11.14	10.78	1.13	87.81	0.27	0.12	2.79	0.12	Meat
218.7	5.05	13.84	22.00	2.52	1.11	1.52	0.28	3.60	0.01	0.03	0.54	0.00	Bovine Meat
500.6	11.57	31.70	89.71	4.88	7.61	0.63	0.54	1.58	0.23	0.05	0.63	0.00	Pig Meat
202.4	4.68	12.82	16.93	2.65	0.62	0.51	0.00	5.13	0.01	0.02	0.64	0.00	Poultry Meat
153.2	3.54	9.70	22.02	1.31	1.81	8.11	0.31	77.49	0.02	0.02	0.98	0.12	Edible Viscera
323.2	7.47	20.47	31.52	2.56	2.19	7.98	0.41	135.08	0.01	0.09	0.02	0.00	Eggs
1,348.0	31.15	85.34	63.65	3.27	3.10	112.99	0.32	126.17	0.06	0.16	0.24	0.12	Milk
1,290.7	29.83	81.73	48.22	2.37	2.62	81.73	0.08	78.46	0.02	0.12	0.08	0.00	Milk
8.4	0.19	0.52	2.59	0.14	0.14	4.68	0.00	4.43		0.01	0.01	0.04	Whole Milk Powder
18.9	0.44	1.21	4.37	0.42	0.01	15.66	0.12	3.34	0.03	0.01	0.08	0.00	Skim Milk Powder
26.0	0.60	1.64	7.64	0.31	0.32	10.14	0.11	39.46	0.01	0.02	0.07	0.07	Modified Milk Powder
4.0	0.09	0.25	0.82	0.02	0.02	0.77	0.00	0.49		0.00	0.00	0.01	Condensed Milk
1,253.1	28.93	79.26	87.37	15.19	2.48	101.97	2.13	52.42	0.06	0.12	3.69	0.50	Fishes and Shellfishes
871.3	20.14	55.18	65.84	10.97	2.14	89.25	1.69	42.25	0.05	0.10	3.08	0.38	Fishes
381.8	8.79	24.08	21.53	4.22	0.34	12.72	0.44	10.17	0.01	0.02	0.61	0.12	Shellfishes
302.6	6.98	19.12	5.96	0.60	0.05	15.44	0.37	377.70	0.01	0.04	0.16	1.06	Seaweeds
596.4	13.78	37.76	334.19	0.01	37.72	0.86	0.01	26.33		0.00	0.00	0.00	Oils and Fats
531.1	12.27	33.62	296.94	0.00	33.59	0.86	0.01	0.39		0.00	0.00	0.00	Vegetable Oils
65.3	1.51	4.14	37.25	0.01	4.13	0.00	0.00	25.94		0.00	0.00	0.00	Animal Fats
3,042.0	70.31	192.60											Alcoholic Beverages
			2,876.29	88.57	71.70	515.98	24.35	498.455	1.81	1.37	18.36	131.07	Grand Total

3.11. 1992년도 식품수급표

인구: 43,663천명

식품명 Products	생산	수입	이입	총공급량	이월	수출	사료	종자	감모	가공용 Food Manufacture		순식용	폐기 Re- fuse
	Production	Import	Carry-In	Total Supply	Carry-Over	Export	Feed	Seed	Loss	식용 Food	비식용 NonFood	총량 Total	
..... 1,000톤													%
1. 곡 류	5,787.0	10,754.0	3,715.0	20,256.0	3,755.0		6,853.0	54.0	358.0	590.0	564.6	8,081.4	
쌀	5,384.0		2,141.0	7,525.0	1,999.0			42.0	269.0	185.0		5,030.0	
보리	314.0	134.0	365.0	813.0	433.0			10.0	24.0	265.0		81.0	
밀	1.0	3,856.0	694.0	4,551.0	495.0		2,074.0		23.0	61.0	52.0	1,846.0	23.0
옥수수	75.0	6,386.0	466.0	6,927.0	718.0		4,518.0	1.0	42.0	79.0	512.6	1,056.4	
기타	13.0	378.0	49.0	440.0	110.0		261.0	1.0				68.0	
2. 서 류	1,015.0	5.0	16.1	1,036.1	45.2		103.7	66.1	103.7	125.8		591.6	
감자	638.8	5.0		643.8			65.0	50.0	65.0			463.8	6.0
구마	376.2		16.1	392.3	45.2		38.7	16.1	38.7	125.8		127.8	10.0
3. 설탕 류	1,088.4		31.0	1,119.4	33.9	358.0			7.3			720.2	
4. 두 류	243.2	1,352.5	115.2	1,710.9	102.1			7.2	11.6	1,141.0		449.0	
대두	183.0	1,304.0	110.0	1,597.0	94.0			5.0	10.0	1,141.0		347.0	
팥	27.0	16.0	1.0	44.0	5.0			1.0	1.0			37.0	
기타	33.2	32.5	4.2	69.9	3.1			1.2	0.6			65.0	
5. 견과 류	105.6	6.9	18.0	130.5	20.0	32.9	6.2	0.1	1.8			69.6	
6. 종실 류	65.9	32.9	1.4	100.2	2.0			1.7	1.5	36.0		59.1	
참깨	29.1	32.9	1.4	63.4	2.0			1.4	1.1	17.9		41.1	
기타	36.8			36.8				0.3	0.5	18.1		18.0	
7. 채소 류	8,877.8	169.0	17.8	9,064.6	66.7	62.9		70.8	2,103.2			6,761.0	
8. 과실 류	2,090.2	193.2		2,283.5		7.7			209.0	4.0		2,062.8	
9. 육 류	1,255.5	131.9	5.7	1,393.2	25.1	8.5			25.0		108.3	1,226.2	
쇠고기	99.6	131.9	3.6	235.1	10.0				4.5			220.6	
돼지고기	601.3		2.1	603.4	9.9	8.5			11.7			573.3	
닭고기	231.5			231.5	5.2				4.5			221.7	
부산물	323.2			323.2					4.3		108.3	210.6	16.0
10. 계란 류	385.5			385.5	0.6				7.7			377.2	14.0
11. 우유 류	1,860.9	76.7	73.7	2,011.3	35.7				15.2	459.3		1,501.2	
우유	1,816.1	69.7	65.8	1,951.6	31.2				14.6	459.3		1,446.6	
전지분유	4.0	0.8	1.6	6.4	0.4				0.1			5.9	
탈지분유	10.3	6.2	5.0	21.5	2.7				0.2			18.6	
조제분유	27.6		1.1	28.7	1.3				0.3			27.1	
연유	2.9		0.2	3.1	0.1				0.0			3.0	
12. 어패 류	2,684.3	365.6	342.9	3,392.9	394.4	747.7			112.6			2,138.2	
어류	1,631.2	300.0	193.1	2,124.3	260.1	486.6			68.9			1,308.7	
패류	1,053.1	65.6	149.8	1,268.6	134.3	261.1			43.7			829.5	
13. 해조 류	604.2	41.8		646.0	15.6	150.8			24.0			455.7	
14. 유지 류	33.6	579.2	31.7	644.6	32.2				6.1			606.2	
식물성	27.9	504.5	28.2	560.7	28.0				5.3			527.3	
동물성	5.7	74.7	3.5	83.9	4.2				0.8			78.9	
15. 주합 계	3,066.0		48.0	3,114.0	35.3	28.0			4.0			3,046.7	

Food balance Sheet, 1992

In 43,663 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products	
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins						
	1,000ton	kg				g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin		C
			kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg		
7,656.8	175.37	480.47	1,722.60	38.34	6.78	46.64	14.42	312.81	0.86	0.38	6.69	0.00	Cereals	
5,030.0	115.20	315.62	1,155.15	21.46	3.16	15.78	11.68		0.47	0.25	4.73	0.00	Rice	
	81.0	1.86	5.10	17.22	0.52	0.10	2.04	0.10	0.01		0.13	0.00	Barley	
	1,421.4	32.55	89.18	312.12	9.54	0.89	11.59	1.16	0.15	0.04	0.80	0.00	Wheat	
	1,056.4	24.19	66.27	222.68	6.36	2.52	16.57	1.39	312.81	0.22	0.07	0.93	0.00	Maize
	68.0	1.57	4.30	15.41	0.44	0.10	0.66	0.08	0.00		0.09	0.00	Cereals, other	
551.0	12.61	34.55	29.08	0.48	0.09	2.41	0.49	36.96	0.05	0.02	0.35	6.15	Starchy Roots	
435.9	9.98	27.34	21.87	0.41	0.05	0.82	0.44		0.05	0.01	0.33	4.92	Potatoes	
	115.0	2.63	7.21	7.20	0.07	0.04	1.59	0.05	36.96	0.01	0.01	0.02	1.22	Sweet Potatoes
720.2	16.49	45.18	174.36	0.00	0.00	1.35	0.09				0.00	0.02	Sweeteners	
441.6	10.13	27.75	100.29	9.11	4.19	34.96	1.38	10.13	0.12	0.05	1.05	0.18	Pulses	
347.0	7.95	21.78	82.11	7.97	3.70	29.19	1.13	1.52	0.09	0.04	0.48	0.00	Soybeans	
	37.0	0.85	2.33	7.22	0.50	0.01	2.89	0.12	0.01	0.01	0.04	0.00	Red Beans	
	57.6	1.33	3.65	10.94	0.63	0.48	2.89	0.13	8.60	0.02	0.53	0.18	Pulses, other	
42.5	0.97	2.66	4.45	0.10	0.06	0.92	0.06	1.91	0.01	0.01	0.02	0.74	Tree Nuts	
59.1	1.35	3.70	19.47	0.68	1.75	19.32	0.50		0.02	0.01	0.18	0.00	Oil Crops	
41.1	0.94	2.58	14.21	0.50	1.31	16.22	0.41		0.01	0.00	0.12	0.00	Sesame	
	18.0	0.41	1.12	5.26	0.18	0.44	3.10	0.08		0.01	0.07	0.00	Oil Crops, other	
5,882.2	134.72	369.10	113.24	6.27	1.77	149.69	2.51	324.32	0.29	0.35	2.64	109.34	Vegetables	
1,691.1	38.75	106.16	49.32	0.73	0.43	11.99	0.60	512.32	0.07	0.05	0.67	16.99	Fruit	
1,192.5	27.31	74.82	167.36	12.44	12.48	12.07	1.24	99.62	0.31	0.13	3.08	0.13	Meat	
220.6	5.05	13.84	22.00	2.52	1.11	1.52	0.28	3.60	0.01	0.03	0.54	0.00	Bovine Meat	
	573.3	13.13	35.97	101.80	5.54	8.63	0.72	0.61	1.80	0.26	0.06	0.72	0.00	Pig Meat
	221.7	5.08	13.92	18.37	2.88	0.67	0.56	0.00	5.57	0.01	0.02	0.70	0.00	Poultry Meat
	176.9	4.05	11.10	25.19	1.50	2.07	9.28	0.36	88.66	0.03	0.02	1.12	0.13	Edible Viscera
324.4	7.43	20.36	31.35	2.54	2.18	7.94	0.41	134.35	0.01	0.09	0.02	0.00	Eggs	
1,501.2	34.38	94.19	68.14	3.48	3.35	120.36	0.33	134.59	0.07	0.17	0.24	0.11	Milk	
1,446.6	33.13	90.77	53.55	2.63	2.90	90.77	0.09	87.14	0.03	0.14	0.09	0.00	Milk	
	5.9	0.13	0.36	1.77	0.10	0.10	3.20	0.00	3.03	0.00	0.00	0.02	Whole Milk Powder	
	18.6	0.43	1.18	4.28	0.41	0.01	15.31	0.12	3.26	0.03	0.01	0.08	0.00	Skim Milk Powder
	27.0	0.62	1.70	7.90	0.32	0.33	10.48	0.12	40.78	0.01	0.02	0.07	0.08	Modified Milk Powder
	3.0	0.07	0.19	0.64	0.02	0.02	0.60	0.00	0.38	0.00	0.00	0.01	0.00	Condensed Milk
1,293.2	29.59	81.07	87.23	15.10	2.48	101.32	2.00	57.68	0.06	0.13	3.38	0.54	Fishes and Shellfishes	
809.5	18.52	50.74	59.80	9.73	2.05	84.94	1.32	46.09	0.04	0.10	2.62	0.36	Fishes	
	483.7	11.07	30.33	27.43	5.37	0.43	16.38	0.68	11.59	0.02	0.05	0.76	0.18	Shellfishes
455.7	10.44	28.60	8.40	0.82	0.08	26.00	0.56	441.68	0.02	0.00	0.21	1.33	Seaweeds	
606.2	13.88	38.03	336.72	0.01	37.99	0.99	0.01	27.70		0.00	0.00	0.00	Oils and Fats	
527.3	12.08	33.10	292.32	0.00	33.07	0.99	0.01	0.45		0.00	0.00	0.00	Vegetable Oils	
	78.9	1.80	4.93	44.40	0.01	4.92	0.00	0.00	27.25	0.00	0.00	0.00	0.00	Animal Fats
3,046.7	69.78	191.18	(168.37)	(1.18)	(0.02)	(8.39)	(0.31)	(0.00)	(0.00)	(0.03)	(0.00)	(0.00)	Alcoholic Beverages	
			291200	90.10	73.63	535.95	24.59	5019.06	1.88	1.42	18.53	135.52	Grand Total	

3.11. 1993년도 식품수급표

인구: 44,056천명

식품명 Products	생산	수입	이입	총공급량	이월	수출	사료	종자	감모	가공용		순식용	폐기 Re- fuse
	Production	Import	Carry-In	Total Supply	Carry-Over	Export	Feed	Seed	Loss	식용 Food	비식용 NonFood	총량 Total	
..... 1,000톤													%
1. 곡 류	5,756.0	11,126.0	3,755.0	20,637.0	3,884.0		7,280.0	54.0	375.0	578.5	580.7	7,884.9	
쌀	5,331.0		1,999.0	7,330.0	1,820.0			41.0	267.0	194.0		5,008.0	
보리	319.0	75.0	433.0	827.0	401.0			13.0	38.0	254.0		121.0	
밀	1.0	4,401.0	495.0	4,897.0	916.0		2,156.0		26.0	48.0	39.0	1,712.0	23.0
옥수수	92.0	6,418.0	718.0	7,228.0	708.0		4,885.0		44.0	82.5	541.7	966.9	
기타	13.0	232.0	110.0	355.0	39.0		239.0					77.0	
2. 서 류	1,003.6		45.2	1,048.8	41.9		102.3	52.9	102.3	51.6		697.8	
감자	688.8			688.8			70.0	40.0	70.0			508.8	6.0
구마	314.8		45.2	360.0	41.9		32.3	12.9	32.3	51.6		189.0	10.0
3. 설탕 류	1,039.7		33.9	1,073.6	43.4	325.0			7.1			698.2	
4. 두 류	230.0	1,155.3	102.1	1,487.4	117.3			8.0	11.6	914.0		436.5	
대두	176.0	1,113.0	94.0	1,383.0	109.0			6.0	10.0	914.0		344.0	
팥	24.0	13.0	5.0	42.0	4.0			1.0	1.0			36.0	
기타	30.0	29.3	3.1	62.4	4.3			1.0	0.6			56.5	
5. 견과 류	85.5	8.5	20.0	114.0	20.0	25.7		0.1	1.7			66.5	
6. 종실 류	44.7	85.0	2.0	131.8	5.6			0.5	2.2	39.5		84.0	
참깨	16.3	79.5	2.0	97.8	5.6			0.3	1.9	17.4		72.6	
기타	28.5	5.5		34.0				0.2	0.3	22.1		11.4	
7. 채소 류	10,238.1	179.0	66.7	10,483.8	32.4	51.5		71.7	2,603.7			7,724.6	
8. 과실 류	1,920.1	174.7		2,094.8		9.1			192.0	7.7		1,885.9	
9. 육 류	1,339.5	99.0	23.3	1,461.8	11.4	11.3			26.4		117.8	1,294.9	
쇠고기	129.6	99.0	8.2	236.8	3.8				4.7			228.3	
돼지고기	618.4		9.9	628.3	3.9	11.3			12.3			600.8	
닭고기	239.2		5.2	244.4	3.7				4.8			235.9	
부산물	352.3			352.3					4.7		117.8	229.8	16.0
10. 계란 류	447.2		0.6	447.8	2.4				8.9			436.5	14.0
11. 우유 류	1,900.9	153.7	35.7	2,090.2	50.9				15.5	489.6		1,534.2	
우유	1,857.9	139.7	31.2	2,028.8	45.1				14.9	489.6		1,479.1	
전지분유	2.6	2.0	0.4	5.0	0.6				0.0			4.3	
탈지분유	10.9	12.0	2.7	25.6	3.9				0.2			21.5	
조제분유	26.6		1.3	27.9	1.2				0.3			26.5	
연유	2.9		0.1	2.9	0.1				0.0			2.8	
12. 어패 류	2,646.0	463.2	394.4	3,503.6	361.3	751.2			119.5			2,281.5	
어류	1,565.4	401.2	260.1	2,226.7	269.6	534.6			71.1			1,351.4	
패류	1,080.6	62.0	134.3	1,276.9	91.7	216.6			48.4			920.1	
13. 해조 류	682.1	5.1	15.6	702.8	10.0	148.9			27.2			516.7	
14. 유지 류	43.1	546.7	32.2	622.0	31.1				5.9			584.9	
식물성	42.0	489.2	28.0	559.2	28.0				5.3			525.9	
동물성	1.1	57.5	4.2	62.8	3.1				0.6			59.0	
15. 주합	3,002.7	4.7	35.3	3,042.8	31.0	40.3			3.9			2,967.6	

Food balance Sheet, 1993

In 44,056 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,491.1	170.04	465.86	1,671.26	36.99	6.50	45.09	14.10	283.85	0.82	0.36	6.55	0.00	Cereals
5,008.0	113.67	311.42	1,139.82	21.18	3.11	15.57	11.52		0.47	0.25	4.67	0.00	Rice
121.0	2.75	7.53	25.46	0.77	0.15	3.01	0.15		0.01	0.01	0.19	0.00	Barley
1,318.2	29.92	81.97	286.91	8.77	0.82	10.66	1.07		0.14	0.04	0.74	0.00	Wheat
966.9	21.95	60.14	202.06	5.77	2.29	15.03	1.26	283.85	0.20	0.07	0.84	0.00	Maize
77.0	1.75	4.79	17.02	0.50	0.12	0.82	0.09		0.00		0.11	0.00	Cereals, other
648.4	14.72	40.33	34.38	0.55	0.11	3.22	0.55	54.25	0.06	0.02	0.39	7.15	Starchy Roots
478.2	10.86	29.75	23.80	0.45	0.06	0.89	0.48		0.05	0.01	0.36	5.36	Potatoes
170.1	3.86	10.58	10.57	0.11	0.05	2.33	0.07	54.25	0.01	0.01	0.03	1.80	Sweet Potatoes
698.2	15.85	43.42	167.29	0.00	0.00	1.29	0.09				0.00	0.02	Sweeteners
429.3	9.75	26.71	97.38	8.87	4.11	33.98	1.33	8.09	0.12	0.05	0.95	0.15	Pulses
344.0	7.81	21.40	80.67	7.83	3.64	28.67	1.11	1.50	0.09	0.04	0.47	0.00	Soybeans
36.0	0.82	2.25	6.97	0.48	0.01	2.79	0.12		0.01		0.04	0.00	Red Beans
49.3	1.12	3.07	9.75	0.55	0.46	2.52	0.10	6.60	0.02		0.43	0.15	Pulses, other
40.3	0.92	2.52	4.77	0.11	0.11	0.88	0.05	1.67	0.01	0.01	0.02	0.63	Tree Nuts
84.0	1.91	5.23	28.29	0.99	2.58	30.45	0.78		0.02	0.01	0.25	0.00	Oil Crops
72.6	1.65	4.52	24.96	0.88	2.30	28.48	0.72		0.02		0.20	0.00	Sesame
11.4	0.26	0.71	3.33	0.11	0.28	1.97	0.05				0.04	0.00	Oil Crops, other
6,760.5	153.48	420.49	1,175.56	7.04	2.03	177.41	2.76	3,777.98	0.31	0.37	2.84	134.81	Vegetables
1,546.6	35.09	96.14	44.38	0.67	0.40	10.75	0.56	510.27	0.07	0.05	0.61	14.71	Fruit
1,258.1	28.55	78.22	174.91	12.99	13.05	12.93	1.30	107.30	0.32	0.14	3.25	0.14	Meat
228.3	5.18	14.19	22.57	2.58	1.14	1.56	0.28	3.69	0.01	0.03	0.55	0.00	Bovine Meat
600.8	13.64	37.37	105.76	5.75	8.97	0.75	0.64	1.87	0.27	0.06	0.75	0.00	Pig Meat
235.9	5.35	14.66	19.35	3.03	0.70	0.59	0.00	5.86	0.01	0.02	0.73	0.00	Poultry Meat
193.0	4.38	12.00	27.24	1.62	2.24	10.03	0.38	95.88	0.03	0.02	1.21	0.14	Edible Viscera
375.4	8.52	23.34	35.95	2.92	2.50	9.10	0.47	154.06	0.01	0.10	0.02	0.00	Eggs
1,534.2	34.82	95.40	68.69	3.54	3.36	122.54	0.34	134.12	0.07	0.17	0.25	0.10	Milk
1,479.1	33.57	91.97	54.26	2.67	2.94	91.97	0.09	88.29	0.03	0.14	0.09	0.00	Milk
4.3	0.10	0.27	1.36	0.07	0.07	2.46	0.00	2.33		0.00	0.00	0.02	Whole Milk Powder
21.5	0.49	1.34	4.87	0.47	0.01	17.45	0.14	3.72	0.03	0.01	0.09	0.00	Skim Milk Powder
26.5	0.60	1.64	7.64	0.31	0.32	10.14	0.11	39.46	0.01	0.02	0.07	0.07	Modified Milk Powder
2.8	0.06	0.16	0.55	0.01	0.01	0.51	0.00	0.33		0.00	0.00	0.00	Condensed Milk
1,390.3	31.56	86.47	95.36	16.04	2.90	125.61	2.21	56.81	0.06	0.16	3.69	0.61	Fishes and Shellfishes
866.0	19.64	53.81	66.26	10.39	2.44	107.82	1.45	44.72	0.04	0.12	2.89	0.40	Fishes
524.3	11.92	32.66	29.10	5.65	0.46	17.79	0.76	12.09	0.02	0.04	0.80	0.21	Shellfishes
516.7	11.73	32.14	10.02	1.00	0.08	26.45	0.56	644.78	0.02	0.06	0.26	1.78	Seaweeds
584.9	13.28	36.38	321.96	0.01	36.35	1.13	0.01	16.35		0.00	0.00	0.00	Oils and Fats
525.9	11.94	32.71	288.91	0.00	32.69	1.13	0.01	0.51		0.00	0.00	0.00	Vegetable Oils
59.0	1.34	3.67	33.05	0.01	3.66	0.00	0.00	15.84		0.00	0.00	0.00	Animal Fats
2,967.6	67.36	184.55	(165.98)	(1.08)	(0.02)	(7.69)	(0.28)	(0.00)	(0.00)	(0.03)	(0.00)	(0.00)	Alcoholic Beverages
			2,872.19	91.71	74.08	600.83	25.12	5,749.56	1.90	1.49	19.09	160.11	Grand Total

3.11. 1994년도 식품수급표

인구: 44,453천명

식품명 Products	생산	수입	이입	총공급량	이월	수출	사료	종자	감모	가공용 Food Manufacture		순식용	폐기 Re- fuse
	Production	Import	Carry-In	Total Supply	Carry-Over	Export	Feed	Seed	Loss	식용 Food	비식용 NonFood	총량 Total	
..... 1,000톤													%
1. 곡 류	5,074.0	11,720.0	3,884.0	20,678.0	2,777.0		8,204.0	50.0	307.0	618.0	604.3	8,117.7	
쌀	4,750.0		1,820.0	6,570.0	1,156.0			40.0	195.0	174.0		5,005.0	
보리	232.0	81.0	401.0	714.0	259.0			9.0	30.0	307.0		109.0	
밀	2.0	6,050.0	916.0	6,968.0	910.0		4,052.0		36.0	44.0	47.0	1,879.0	23.0
옥수수	82.0	5,322.0	708.0	6,112.0	434.0		3,942.0	1.0	46.0	93.0	557.3	1,038.7	
기타	8.0	267.0	39.0	314.0	18.0		210.0					86.0	
2. 서 류	795.8		41.9	837.7			79.0	51.1	79.0	45.2		583.4	
감자	513.6			513.6			50.0	35.0	50.0			378.6	6.0
고구마	282.2		41.9	324.1			29.0	16.1	29.0	45.2		204.7	10.0
3. 설탕 류	1,149.0		43.4	1,192.4	32.4	377.0			7.8			775.2	
4. 두 류	217.8	1,366.5	119.9	1,704.2	245.3			8.1	11.8	934.0		505.0	
대두	170.0	1,299.0	109.0	1,578.0	231.0			6.0	10.0	934.0		397.0	
팥	19.0	24.0	4.0	47.0	8.0			1.0	1.0			37.0	
기타	28.8	43.5	6.9	79.2	6.3			1.1	0.8			71.0	
5. 견과 류	106.1	10.1	20.0	136.2	20.0	34.1		0.1	2.1			80.0	
6. 종실 류	51.8	84.5	9.4	145.7	19.0			0.3	2.4	30.1		93.9	
참깨	27.9	72.3	9.4	109.6	19.0			0.2	1.9	13.0		75.5	
기타	23.9	12.2		36.1				0.1	0.5	17.1		18.4	
7. 채소 류	9,313.1	216.6	32.4	9,562.1		36.9		68.5	2,268.3			7,188.4	
8. 과실 류	1,929.6	171.0		2,100.6		6.6			193.0			1,901.0	
9. 육 류	1,377.5	145.2	17.4	1,540.0	15.7	11.3			29.7		122.4	1,361.1	
쇠고기	147.3	120.1	9.8	277.2	7.3				5.4			264.4	
돼지고기	621.2	25.1	3.9	650.1	6.7	11.1			12.6			619.6	
닭고기	242.6		3.7	246.3	1.6	0.1			4.9			239.7	
부산물	366.4			366.4					6.7		122.4	237.3	16.0
10. 계란 류	440.3		2.4	442.7	0.6				8.8			433.2	14.0
11. 우유 류	1,955.9	115.4	50.9	2,122.2	17.8				19.2	626.4		1,458.7	
우유	1,917.4	104.9	45.1	2,067.4	15.2				18.7	626.4		1,407.1	
전지분유	1.9	1.2	0.6	3.7	0.2							3.5	
탈지분유	7.6	9.3	3.9	20.8	1.4				0.2			19.2	
조제분유	25.2		1.2	26.4	1.1				0.3			25.1	
연유	3.8		0.1	3.9	0.1							3.8	
12. 어패 류	2,696.4	781.6	361.3	3,839.4	459.6	853.5			126.3			2,400.0	
어류	1,728.3	645.7	269.6	2,643.7	299.5	612.5			86.6			1,645.1	
패류	968.1	135.9	91.7	1,195.7	160.1	241.0			39.7			754.8	
13. 해조 류	777.1	9.4	10.0	796.5	5.1	211.5			29.0			551.0	
14. 유지 류	23.7	599.6	31.1	654.6	29.9				6.2			618.3	
식물성	23.1	539.6	28.0	590.8	29.5				5.6			555.6	
동물성	0.6	60.0	3.1	63.8	0.4				0.6			62.7	
15. 주합 계	3,326.7	16.8	31.0	3,374.5	42.7	50.0			7.4			3,274.4	

Food balance Sheet, 1994

In 44,453 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
Total	kg	g	kcal	g	g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U	mg	mg	mg	mg	
7,685.6	172.89	476.67	1,697.99	37.90	6.68	46.48	14.16	302.17	0.84	0.37	6.61	0.00	Cereals
5,005.0	112.59	308.47	1,129.00	20.98	3.08	15.42	11.41	0.00	0.46	0.25	4.63	0.00	Rice
109.0	2.45	6.72	22.71	0.69	0.13	2.69	0.13	0.00	0.01	0.00	0.17	0.00	Barley
1,446.8	32.55	89.17	312.10	9.54	0.89	11.59	1.16	0.00	0.15	0.04	0.80	0.00	Wheat
1,038.7	23.37	64.02	215.10	6.15	2.43	16.00	1.34	302.17	0.21	0.07	0.90	0.00	Maize
86.0	1.93	5.30	19.09	0.55	0.14	0.77	0.10	0.00	0.00	0.00	0.11	0.00	Cereals, other
540.2	12.15	33.29	28.90	0.44	0.10	3.16	0.43	58.26	0.05	0.02	0.30	5.88	Starchy Roots
355.9	8.01	21.93	17.55	0.33	0.04	0.66	0.35	0.00	0.04	0.01	0.26	3.95	Potatoes
184.3	4.15	11.36	11.36	0.11	0.06	2.50	0.08	58.26	0.01	0.01	0.03	1.93	Sweet Potatoes
775.2	17.44	47.78	184.39	0.00	0.00	1.43	0.10	0.00	0.00	0.00	0.00	0.02	Sweeteners
495.1	11.14	30.51	111.69	10.13	4.79	38.72	1.51	9.31	0.13	0.05	1.11	0.19	Pulses
397.0	8.93	24.47	92.24	8.96	4.16	32.79	1.27	1.71	0.10	0.04	0.54	0.00	Soybeans
37.0	0.83	2.28	7.06	0.49	0.01	2.83	0.12	0.00	0.01	0.00	0.04	0.00	Red Beans
61.1	1.37	3.77	12.38	0.68	0.62	3.11	0.10	7.60	0.02	0.01	0.52	0.19	Pulses, other
48.5	1.09	2.99	5.90	0.14	0.16	1.08	0.06	1.98	0.01	0.01	0.03	0.74	Tree Nuts
93.9	2.11	5.79	31.00	1.08	2.82	32.45	0.83	0.00	0.03	0.01	0.28	0.00	Oil Crops
75.5	1.70	4.65	25.68	0.90	2.37	29.31	0.74	0.00	0.02	0.00	0.21	0.00	Sesame
18.4	0.42	1.14	5.32	0.18	0.45	3.14	0.09	0.00	0.00	0.01	0.07	0.00	Oil Crops, other
6,253.0	140.67	385.38	116.55	6.75	1.98	156.91	2.75	4,022.71	0.30	0.36	2.70	118.76	Vegetables
1,561.7	35.13	96.25	44.86	0.67	0.40	10.69	0.55	474.75	0.07	0.06	0.60	14.13	Fruit
1,323.1	29.76	81.54	181.37	13.56	13.48	13.42	1.37	110.24	0.33	0.14	3.38	0.15	Meat
264.4	5.95	16.30	25.91	2.97	1.30	1.79	0.33	4.24	0.01	0.03	0.64	0.00	Bovine Meat
619.6	13.94	38.19	108.07	5.88	9.16	0.76	0.65	1.91	0.27	0.06	0.76	0.00	Pig Meat
239.7	5.39	14.77	19.50	3.06	0.71	0.59	0.00	5.91	0.01	0.02	0.74	0.00	Poultry Meat
199.4	4.49	12.29	27.89	1.66	2.30	10.27	0.39	98.18	0.03	0.02	1.24	0.15	Edible Viscera
372.6	8.38	22.96	35.36	2.87	2.46	8.96	0.46	151.55	0.01	0.10	0.02	0.00	Eggs
1,458.7	32.82	89.90	64.52	3.30	3.16	114.35	0.31	125.93	0.06	0.16	0.23	0.09	Milk
1,407.1	31.65	86.72	51.17	2.51	2.78	86.72	0.09	83.25	0.03	0.13	0.09	0.00	Milk
3.5	0.08	0.22	1.08	0.06	0.06	1.94	0.00	1.84	0.00	0.00	0.00	0.02	Whole Milk Powder
19.2	0.43	1.19	4.31	0.42	0.01	15.42	0.12	3.29	0.03	0.01	0.08	0.00	Skim Milk Powder
25.1	0.56	1.55	7.18	0.29	0.30	9.53	0.11	37.08	0.01	0.02	0.06	0.07	Modified Milk Powder
3.8	0.09	0.24	0.79	0.02	0.02	0.73	0.00	0.47	0.00	0.00	0.00	0.01	Condensed Milk
1,446.0	32.53	89.12	99.93	16.66	3.13	117.16	2.25	69.05	0.07	0.16	4.23	0.65	Fishes and Shellfishes
1,017.4	22.89	62.70	77.01	12.27	2.76	99.97	1.52	55.77	0.06	0.13	3.59	0.47	Fishes
428.6	9.64	26.42	22.92	4.39	0.37	17.19	0.73	13.28	0.01	0.03	0.64	0.18	Shellfishes
551.0	12.39	33.96	10.59	1.02	0.09	27.18	0.54	677.59	0.02	0.07	0.28	1.86	Seaweeds
618.3	13.91	38.12	337.24	0.01	38.08	1.30	0.01	16.79	0.00	0.00	0.00	0.00	Oils and Fats
555.6	12.50	34.25	302.44	0.00	34.22	1.30	0.01	0.59	0.00	0.00	0.00	0.00	Vegetable Oils
62.7	1.41	3.87	34.80	0.01	3.86	0.00	0.00	16.20	0.00	0.00	0.00	0.00	Animal Fats
3,274.4	73.66	201.81	(180.01)	(1.15)	(0.02)	(8.12)	(0.30)	(0.00)	(0.00)	(0.03)	(0.00)	(0.00)	Alcoholic Beverages
	2,950.29	94.55	77.31	573.27	25.33	6,020.32	1.94	1.51	19.77	142.47			Grand Total

Food balance Sheet, 1995

In 44,606 thousand persons

공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
Total	kg	g	kcal	g	g	Ca Calcium	FeIron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	I.U.	mg	mg	mg	mg	
7,719.2	173.05	474.12	1,660.30	37.26	7.05	45.86	4.47	31.42	0.80	0.19	5.95	0.00	Cereals
4,933.0	110.59	302.99	1,054.39	19.69	3.33	15.15	1.51	0.00	0.39	0.06	3.94	0.00	Rice
86.0	1.93	5.28	18.21	0.52	0.04	1.16	0.08	0.00	0.02	0.00	0.09	0.00	Barley
1,520.8	34.09	93.40	342.94	9.95	0.97	12.05	1.22	0.00	0.16	0.05	0.84	0.00	Wheat
1,088.4	24.40	66.85	225.29	6.42	2.54	16.71	1.40	31.42	0.22	0.07	0.94	0.00	Maize
91.0	2.04	5.59	19.47	0.68	0.16	0.79	0.25	0.00	0.01	0.01	0.15	0.00	Cereals, other
490.5	11.00	30.13	29.02	0.44	0.06	3.06	0.37	1.95	0.04	0.01	0.31	6.14	Starchy Roots
323.7	7.26	19.88	15.91	0.30	0.04	0.60	0.32	0.00	0.03	0.01	0.24	3.58	Potatoes
166.8	3.74	10.24	13.11	0.14	0.02	2.46	0.05	1.95	0.01	0.01	0.07	2.56	Sweet Potatoes
793.5	17.79	48.74	188.27	0.00	0.00	1.46	0.15	0.00	0.00	0.00	0.00	0.01	Sweeteners
493.0	11.05	30.28	117.02	9.38	4.93	49.13	2.18	0.12	0.14	0.09	0.97	0.07	Pulses
402.0	9.01	24.69	96.58	8.44	4.21	45.44	1.97	0.00	0.12	0.08	0.57	0.00	Soybeans
36.0	0.81	2.21	7.53	0.43	0.01	1.99	0.13	0.00	0.01	0.00	0.06	0.00	Red Beans
55.0	1.23	3.38	12.90	0.51	0.71	1.70	0.08	0.12	0.01	0.00	0.34	0.07	Pulses, other
74.5	1.67	4.58	9.86	0.22	0.33	1.94	0.08	0.32	0.01	0.00	0.06	0.48	Tree Nuts
57.6	1.29	3.54	18.64	0.65	1.70	28.97	0.41	0.07	0.02	0.00	0.23	0.00	Oil Crops
33.1	0.74	2.03	11.29	0.39	1.04	23.52	0.21	0.04	0.01	0.00	0.11	0.00	Sesame
24.4	0.55	1.50	7.35	0.26	0.67	5.45	0.20	0.03	0.01	0.00	0.12	0.00	Oil Crops, other
7,162.8	160.58	439.94	127.22	8.07	1.54	158.16	3.36	843.70	0.28	0.35	2.90	114.61	Vegetables
1,743.8	39.09	107.10	53.11	0.59	0.18	9.24	0.36	12.14	0.04	0.03	0.30	19.49	Fruit
1,457.4	32.67	89.52	188.95	15.99	12.95	15.43	2.27	256.76	0.39	0.29	5.52	1.16	Meat
295.6	6.63	18.15	30.43	3.55	1.65	1.77	0.40	1.57	0.01	0.03	0.81	0.12	Bovine Meat
634.2	14.22	38.95	95.70	6.98	7.09	1.60	0.56	1.30	0.27	0.08	1.83	0.24	Pig Meat
189.2	4.24	11.62	26.03	2.23	1.76	1.35	0.12	5.44	0.01	0.02	0.58	0.09	Poultry Meat
338.5	7.59	20.79	36.79	3.24	2.45	10.71	1.19	248.45	0.09	0.15	2.29	0.70	Edible Viscera
382.9	8.58	23.52	37.16	2.94	2.52	9.17	0.47	37.40	0.01	0.10	0.02	0.00	Eggs
1,718.3	38.52	105.54	74.40	3.94	3.74	127.61	0.23	38.04	0.05	0.18	0.21	1.90	Milk
1,670.3	37.45	102.59	61.55	3.28	3.28	107.72	0.10	28.73	0.04	0.14	0.10	1.03	Milk
2.2	0.05	0.14	0.68	0.04	0.04	1.21	0.00	0.24	0.00	0.00	0.00	0.01	Whole Milk Powder
16.1	0.36	0.99	3.56	0.34	0.01	12.38	0.00	0.08	0.00	0.02	0.01	0.01	Skim Milk Powder
25.9	0.58	1.59	7.83	0.26	0.39	5.70	0.12	8.94	0.01	0.01	0.10	0.85	Modified Milk Powder
3.8	0.09	0.24	0.76	0.02	0.02	0.61	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
1,487.6	33.35	91.37	99.39	16.41	3.05	137.96	1.74	19.94	0.07	0.17	3.96	0.67	Fishes and Shellfishes
965.5	21.65	59.30	71.71	11.10	2.62	102.90	1.16	15.29	0.05	0.13	3.20	0.47	Fishes
522.0	11.70	32.06	27.69	5.31	0.43	35.05	0.58	4.66	0.02	0.03	0.76	0.19	Shellfishes
522.2	11.71	32.07	9.41	1.01	0.10	34.76	0.55	61.35	0.02	0.06	0.27	1.91	Seaweeds
632.6	14.18	38.86	346.16	0.02	38.78	0.16	0.11	6.25	0.02	0.00	0.03	0.00	Oils and Fats
565.7	12.68	34.75	307.50	0.02	34.67	0.16	0.10	0.00	0.02	0.00	0.03	0.00	Vegetable Oils
67.0	1.50	4.11	38.66	0.01	4.11	0.00	0.00	6.25	0.00	0.00	0.00	0.00	Animal Fats
3,073.2	68.90	188.76	(132.61)	(0.60)	(0.00)	(3.30)	(0.02)	(0.00)	(0.01)	(0.03)	(0.62)	(0.15)	Alcoholic Beverages
			2,958.93	96.92	76.93	622.90	16.73	1,309.46	1.91	1.48	20.73	146.43	Grand Total
			(3,091.54)	(97.52)	(76.93)	(626.20)	(16.75)	(1,309.46)	(1.92)	(1.50)	(21.35)	(146.58)	"

Food balance Sheet, 1996

In 45,545 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총 량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg				g	g	g	Ca Calcium	FeIron	A	B ₁	
			kcal	g	g	mg	mg	R.E.	mg	mg	mg	mg	
7,822.9	171.76	470.58	1,647.53	37.09	7.07	46.16	4.49	32.35	0.81	0.19	5.92	0.00	Cereals
4,942.0	33.76	92.50	1,034.54	19.32	3.27	14.86	1.49	0.00	0.39	0.06	3.86	0.00	Rice
100.0	2.20	6.02	20.74	0.59	0.05	1.32	0.09	0.00	0.02	0.00	0.10	0.00	Barley
1,537.9	33.76	92.50	339.61	9.86	0.96	11.93	1.21	0.00	0.16	0.04	0.83	0.00	Wheat
1,144.2	25.12	68.83	231.96	6.61	2.62	17.21	1.45	32.35	0.23	0.08	0.96	0.00	Maize
99.0	2.17	5.95	20.65	0.72	0.17	0.83	0.25	0.00	0.01	0.01	0.06	0.00	Cereals, other
669.6	14.70	40.28	37.90	0.59	0.08	3.69	0.51	2.25	0.06	0.02	0.42	8.08	Starchy Roots
473.1	10.39	28.46	22.77	0.43	0.06	0.85	0.46	0.00	0.05	0.01	0.34	5.12	Potatoes
196.5	4.31	11.82	15.13	0.17	0.02	2.84	0.06	2.25	0.01	0.01	0.08	2.95	Sweet Potatoes
769.8	16.90	46.30	178.81	0.00	0.00	1.39	0.14	0.00	0.00	0.00	0.00	0.01	Sweeteners
514.4	11.29	30.94	118.80	9.59	4.92	50.50	2.24	0.13	0.15	0.09	0.93	0.07	Pulses
423.0	9.29	25.45	99.53	8.70	4.34	46.83	2.03	0.00	0.13	0.08	0.59	0.00	Soybeans
38.0	0.83	2.29	7.79	0.44	0.01	2.05	0.14	0.00	0.01	0.00	0.06	0.00	Red Beans
53.4	1.17	3.21	11.48	0.44	0.57	1.62	0.08	0.13	0.01	0.00	0.28	0.07	Pulses, other
67.4	1.48	4.06	8.21	0.18	0.22	1.61	0.07	0.29	0.01	0.00	0.05	0.44	Tree Nuts
32.9	0.72	1.98	10.10	0.35	0.92	12.10	0.25	0.04	0.01	0.00	0.14	0.00	Oil Crops
10.3	0.23	0.62	3.44	0.12	0.32	7.17	0.06	0.01	0.00	0.00	0.14	0.00	Sesame
22.6	0.50	1.36	6.66	0.24	0.60	4.93	0.18	0.03	0.01	0.00	0.11	0.00	Oil Crops, other
6,930.5	152.17	416.90	116.87	7.67	1.49	152.70	3.17	803.94	0.27	0.34	2.85	112.71	Vegetables
1,677.3	36.83	100.90	50.53	0.55	0.18	8.38	0.34	8.81	0.04	0.03	0.28	19.00	Fruit
1,550.1	34.03	93.24	196.52	16.64	13.46	16.31	2.38	273.63	0.40	0.31	5.78	1.22	Meat
313.5	6.88	18.86	31.61	3.69	1.71	1.84	0.41	1.63	0.01	0.03	0.84	0.13	Bovine Meat
667.9	14.66	40.18	98.72	7.20	7.32	1.65	0.58	1.34	0.28	0.09	1.89	0.25	Pig Meat
199.9	4.39	12.03	26.95	2.31	1.82	1.40	0.12	5.63	0.01	0.02	0.61	0.10	Poultry Meat
368.7	8.10	22.18	39.24	3.45	2.61	11.43	1.27	265.02	0.10	0.16	2.44	0.75	Edible Viscera
396.0	8.69	23.82	37.64	2.98	2.55	9.29	0.48	37.88	0.01	0.10	0.02	0.00	Eggs
1,914.1	42.03	115.14	82.53	4.48	4.07	146.25	0.23	40.57	0.06	0.20	0.23	1.97	Milk
1,853.0	42.03	111.46	66.68	3.57	3.57	117.04	0.11	31.21	0.04	0.16	0.11	1.11	Milk
5.4	0.12	0.33	1.61	0.08	0.09	2.87	0.00	0.56	0.00	0.00	0.00	0.02	Whole Milk Powder
27.1	0.59	1.63	5.87	0.56	0.02	20.37	0.01	0.13	0.01	0.03	0.01	0.02	Skim Milk Powder
25.4	0.56	1.53	7.55	0.25	0.38	5.49	0.11	8.62	0.01	0.01	0.10	0.82	Modified Milk Powder
3.2	0.07	0.19	0.62	0.02	0.02	0.49	0.00	0.05	0.00	0.00	0.00	0.01	Condensed Milk
1,567.4	34.41	94.28	104.97	17.03	3.38	139.37	1.70	18.68	0.07	0.18	4.20	0.69	Fishes and Shellfishes
1,046.2	22.97	62.93	78.07	11.81	2.98	104.63	1.19	15.71	0.06	0.15	3.45	0.52	Fishes
521.2	11.44	31.35	26.90	5.22	0.40	34.74	0.52	2.96	0.02	0.03	0.76	0.17	Shellfishes
421.3	9.25	25.34	7.24	0.80	0.08	25.51	0.40	47.27	0.02	0.05	0.21	1.33	Seaweeds
655.2	14.38	39.41	350.38	0.02	39.33	0.17	0.12	5.40	0.02	0.00	0.03	0.00	Oils and Fats
599.7	13.17	36.08	319.04	0.02	36.00	0.17	0.11	0.00	0.02	0.00	0.03	0.00	Vegetable Oils
55.4	1.22	3.33	31.35	0.01	3.33	0.00	0.00	5.40	0.00	0.00	0.00	0.00	Animal Fats
3,138.6	68.91	188.80	(135.91)	(0.56)	(0.00)	(3.16)	(0.02)	(0.00)	(0.01)	(0.03)	(0.61)	(0.13)	Alcoholic Beverages
			2,948.03	97.99	77.74	613.45	16.53	1271.23	1.92	1.51	21.07	145.52	Grand Total
			(3,083.94)	(98.56)	(77.74)	(616.61)	(16.54)	(1271.23)	(1.94)	(1.54)	(21.68)	(145.64)	"

Food Balance Sheet, 1997

In 45,991 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,845.0	170.57	467.33	1,635.7	37.05	7.19	47.01	4.58	34.93	0.81	0.20	5.89	0.00	Cereals
1,548.5	33.67	92.24	338.7	9.83	0.96	11.90	1.21	0.00	0.16	0.04	0.83	0.00	Wheat
4,851.0	105.48	288.98	1,005.6	18.78	3.18	14.45	1.44	0.00	0.38	0.06	3.76	0.00	Rice
91.0	1.98	5.42	18.7	0.53	0.04	1.19	0.08	0.00	0.02	0.00	0.09	0.00	Barley
1,247.5	27.12	74.31	250.4	7.13	2.82	18.58	1.56	34.93	0.25	0.08	1.04	0.00	Maize
107.0	2.33	6.38	22.3	0.77	0.18	0.89	0.28	0.00	0.01	0.01	0.17	0.00	Cereals, other
698.6	15.19	41.62	39.7	0.61	0.08	4.05	0.52	2.53	0.06	0.02	0.43	8.42	Starchy Roots
475.0	10.33	28.30	22.6	0.42	0.06	0.85	0.45	0.00	0.05	0.01	0.34	5.09	Potatoes
223.6	4.86	13.32	17.0	0.19	0.03	3.20	0.07	2.53	0.01	0.01	0.09	3.33	Sweet Potatoes
782.3	17.01	46.60	180.0	0.00	0.00	1.40	0.14	0.00	0.00	0.00	0.00	0.01	Sweeteners
507.2	11.03	30.21	116.4	9.42	4.80	49.84	2.21	0.10	0.14	0.09	0.86	0.08	Pulses
428.0	9.31	25.50	99.7	8.71	4.35	46.79	2.03	0.00	0.13	0.08	0.59	0.00	Soybeans
30.0	0.65	1.79	6.1	0.35	0.00	1.57	0.10	0.00	0.01	0.00	0.05	0.00	Red Beans
49.2	1.07	2.92	10.6	0.36	0.45	1.48	0.08	0.10	0.01	0.00	0.22	0.08	Pulses, other
86.2	1.87	5.13	9.9	0.21	0.22	1.85	0.09	0.37	0.01	0.00	0.06	0.57	Tree Nuts
33.6	0.73	2.00	10.5	0.37	0.96	15.97	0.24	0.04	0.01	0.00	0.13	0.00	Oil Crops
18.4	0.40	1.10	6.1	0.21	0.56	12.68	0.11	0.02	0.01	0.00	0.06	0.00	Seasme
15.2	0.33	0.90	4.4	0.16	0.40	3.28	0.12	0.02	0.00	0.00	0.07	0.00	Oil Crops, other
6,816.8	148.22	406.08	118.2	7.52	1.55	146.62	3.32	875.37	0.27	0.34	2.97	105.36	Vegetables
1,871.9	40.70	111.51	55.2	0.62	0.20	9.72	0.36	10.45	0.05	0.03	0.32	21.16	Fruit
1,617.3	35.17	96.35	200.2	17.15	13.63	16.98	2.50	285.70	0.41	0.32	5.96	1.30	Meat
352.3	7.66	20.98	34.8	4.12	1.86	2.03	0.47	1.94	0.02	0.04	0.96	0.16	Bovine Meat
669.2	14.55	39.86	97.9	7.14	7.26	1.64	0.57	1.33	0.28	0.08	1.87	0.25	Pig Meat
196.9	4.28	11.73	26.3	2.25	1.78	1.36	0.12	5.49	0.01	0.02	0.59	0.09	Poultry Meat
399.0	8.67	23.77	41.2	3.64	2.73	11.95	1.34	276.93	0.10	0.17	2.54	0.80	Edible Viscera
402.1	8.74	23.96	37.8	2.99	2.56	9.34	0.48	38.09	0.01	0.10	0.02	0.00	Eggs
1,871.7	40.70	111.50	80.3	4.44	3.89	145.73	0.21	38.02	0.06	0.20	0.21	1.79	Milk
1,808.4	39.32	107.73	64.6	3.45	3.45	113.11	0.11	30.16	0.04	0.15	0.11	1.08	Milk
5.9	0.13	0.35	1.7	0.09	0.09	3.09	0.00	0.60	0.00	0.00	0.00	0.02	Whole Milk Powder
32.9	0.72	1.96	7.1	0.68	0.02	24.50	0.01	0.16	0.01	0.03	0.02	0.02	Skim Milk Powder
21.0	0.46	1.25	6.2	0.20	0.31	4.49	0.09	7.04	0.00	0.01	0.08	0.67	Modified Milk Powder
3.6	0.08	0.21	0.7	0.02	0.02	0.55	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
698.7	15.19	41.62	368.9	0.03	41.52	0.23	0.15	4.05	0.03	0.00	0.05	0.00	Oils and Fats
665.9	14.48	39.67	350.5	0.02	39.56	0.23	0.15	0.00	0.03	0.00	0.05	0.00	Vegetable Oils
32.9	0.71	1.96	18.4	0.00	1.95	0.00	0.00	4.05	0.00	0.00	0.00	0.00	A nimal Fats
1,471.0	31.98	87.63	94.5	15.66	2.87	138.20	1.66	17.60	0.07	0.16	3.79	0.68	Fishes and Shellfishes
988.2	21.49	58.87	70.1	10.99	2.50	103.05	1.13	15.23	0.05	0.13	3.09	0.48	Fishes
482.7	10.50	28.76	24.4	4.67	0.37	35.15	0.53	2.37	0.02	0.03	0.70	0.20	Shellfishes
534.1	11.61	31.81	9.3	0.96	0.11	37.98	0.53	49.35	0.02	0.06	0.26	1.61	Seaweeds
3,069.3	66.74	182.84	(134.6)	(0.52)	(0.00)	(2.95)	(0.01)	(0.00)	(0.01)	(0.03)	(0.58)	(0.11)	Alcoholic Beverages
			2,956.5	97.03	79.58	624.92	16.99	1,356.61	1.94	1.52	20.95	140.98	Grand Total
			(3,091.1)	(97.55)	(79.58)	(627.87)	(17.00)	(1,356.61)	(1.95)	(1.54)	(21.53)	(141.09)	"

Food Balance Sheet, 1998

In 46,430 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,782.3	167.61	459.21	1,608.39	36.51	6.97	46.09	4.48	32.87	0.80	0.19	5.76	0.00	Cereals
1,607.0	34.61	94.83	348.15	10.10	0.99	12.23	1.24	0.00	0.17	0.05	0.85	0.00	Wheat
4,777.0	102.89	281.88	980.94	18.32	3.10	14.09	1.41	0.00	0.37	0.06	3.66	0.00	Rice
113.0	2.43	6.67	22.99	0.65	0.05	1.45	0.10	0.00	0.02	0.00	0.11	0.00	Barley
1,185.3	25.33	69.94	235.70	6.71	2.66	17.48	1.47	32.87	0.23	0.08	0.98	0.00	Maize
100.0	2.15	5.90	20.61	0.71	0.17	0.83	0.26	0.00	0.01	0.01	0.16	0.00	Cereals, other
594.7	12.81	35.09	33.50	0.52	0.07	3.43	0.44	2.15	0.05	0.02	0.36	7.11	Starchy Roots
403.2	8.68	23.79	19.03	0.36	0.05	0.71	0.38	0.00	0.04	0.01	0.29	4.28	Potatoes
191.5	4.13	11.30	14.47	0.16	0.02	2.71	0.06	2.15	0.01	0.01	0.08	2.83	Sweet Potatoes
700.6	15.09	41.34	159.61	0.00	0.00	1.25	0.12	0.00	0.00	0.00	0.00	0.01	Sweeteners
538.1	11.59	31.75	123.15	9.92	5.19	52.22	2.31	0.11	0.15	0.09	0.98	0.07	Pulses
450.0	9.69	26.55	103.87	9.07	4.53	48.81	2.11	0.00	0.13	0.09	0.62	0.00	Soybeans
31.0	0.67	1.83	6.24	0.36	0.01	1.66	0.11	0.00	0.01	0.00	0.05	0.00	Red Beans
57.1	1.23	3.37	13.04	0.49	0.66	1.75	0.08	0.11	0.01	0.00	0.32	0.07	Pulses, other
69.8	1.50	4.12	7.97	0.17	0.18	1.52	0.07	0.30	0.01	0.00	0.05	0.46	Tree Nuts
41.8	0.90	2.47	13.12	0.46	1.20	21.41	0.28	0.05	0.01	0.00	0.16	0.00	Oil Crops
26.6	0.57	1.57	8.71	0.30	0.80	18.14	0.16	0.03	0.01	0.00	0.08	0.00	Seasme
15.2	0.33	0.90	4.41	0.16	0.40	3.26	0.12	0.02	0.00	0.00	0.07	0.00	Oil Crops, other
6,905.6	148.31	407.49	116.06	7.38	1.39	145.25	3.34	746.54	0.26	0.32	2.78	106.21	Vegetables
1,607.1	34.61	94.83	46.29	0.53	0.18	8.18	0.31	9.65	0.04	0.03	0.27	18.70	Fruit
1,615.3	34.79	95.31	197.32	16.90	13.43	17.32	2.53	296.77	0.41	0.32	5.99	1.34	Meat
337.0	7.26	19.88	32.56	3.92	1.71	1.90	0.45	1.96	0.01	0.04	0.93	0.17	Bovine Meat
671.6	14.46	39.63	97.37	7.10	7.22	1.63	0.57	1.32	0.28	0.08	1.86	0.25	Pig Meat
183.7	3.96	10.84	24.29	2.08	1.64	1.26	0.11	5.08	0.01	0.02	0.55	0.09	Poultry Meat
423.0	9.11	24.96	43.10	3.81	2.86	12.53	1.41	288.42	0.11	0.18	2.66	0.83	Edible Viscera
384.5	8.28	22.69	35.85	2.84	2.43	8.85	0.45	36.07	0.01	0.10	0.02	0.00	Eggs
1,880.2	40.50	110.95	76.34	4.11	3.83	134.41	0.20	37.10	0.05	0.18	0.19	1.70	Milk
1,834.8	39.52	108.27	64.96	3.46	3.46	113.68	0.11	30.32	0.04	0.15	0.11	1.08	Milk
4.2	0.09	0.25	1.23	0.06	0.07	2.18	0.00	0.42	0.00	0.00	0.00	0.01	Whole Milk Powder
19.1	0.41	1.13	4.05	0.39	0.01	14.06	0.00	0.09	0.01	0.02	0.01	0.01	Skim Milk Powder
18.7	0.40	1.10	5.45	0.18	0.27	3.96	0.08	6.22	0.00	0.01	0.07	0.59	Modified Milk Powder
3.4	0.07	0.20	0.65	0.02	0.02	0.52	0.00	0.05	0.00	0.00	0.00	0.01	Condensed Milk
600.9	12.94	35.45	313.86	0.02	35.37	0.18	0.12	1.83	0.02	0.00	0.04	0.00	Oils and Fats
578.9	12.47	34.16	301.67	0.02	34.08	0.18	0.12	0.00	0.02	0.00	0.04	0.00	Vegetable Oils
22.0	0.47	1.30	12.19	0.00	1.29	0.00	0.00	1.83	0.00	0.00	0.00	0.00	Animal Fats
1,263.2	27.21	74.54	82.04	13.54	2.54	131.06	1.45	17.08	0.06	0.14	3.87	0.56	Fishes and Shellfishes
850.9	18.33	50.21	61.70	9.63	2.22	94.75	1.03	13.19	0.04	0.11	3.28	0.42	Fishes
412.3	8.88	24.33	20.33	3.90	0.32	36.31	0.42	3.89	0.01	0.02	0.58	0.14	Shellfishes
346.4	7.46	20.44	5.84	0.70	0.06	20.15	0.36	48.44	0.02	0.05	0.18	1.48	Seaweeds
2,825.4	60.85	166.72	129.69	0.46	0.00	2.58	0.01	0.00	0.01	0.02	0.49	0.11	Alcoholic Beverages
24,038.2	517.73	1,418.44	2,819.34	93.59	72.84	589.30	16.47	1,228.96	1.89	1.44	20.65	137.62	Grand Total
			2,949.03	94.05	72.84	593.88	16.48	1,228.96	1.90	1.46	21.14	137.73	"

Food Balance Sheet, 1999

In 46,858 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
167.80	459.74	1,610.36	36.76	7.11	47.56	4.56	35.36	0.80	0.20	5.74	0.00		Cereals
1,679.4	35.84	98.19	360.50	10.46	1.02	12.67	1.29	0.00	0.17	0.05	0.88	0.00	Wheat
4,715.0	100.62	275.68	959.36	17.92	3.03	13.78	1.38	0.00	0.36	0.06	3.58	0.00	Rice
93.0	1.98	5.44	18.75	0.53	0.04	1.18	0.08	0.00	0.02	0.00	0.09	0.00	Barley
1,286.7	27.46	75.23	253.53	7.22	2.86	18.81	1.58	35.36	0.25	0.08	1.05	0.00	Maize
89.0	1.90	5.11	17.23	0.63	0.16	0.73	0.22	0.00	0.01	0.01	0.13	0.00	Cereals, other
695.4	14.84	40.66	38.85	0.60	0.08	3.99	0.51	2.50	0.05	0.02	0.42	8.24	Starchy Roots
470.1	10.03	27.49	21.99	0.41	0.05	0.82	0.44	0.00	0.05	0.01	0.33	4.95	Potatoes
225.3	4.81	13.17	16.86	0.18	0.03	3.16	0.07	2.50	0.01	0.01	0.09	3.29	Sweet Potatoes
805.7	17.19	47.10	181.67	0.00	0.00	1.42	0.14	0.00	0.00	0.00	0.00	0.01	Sweeteners
564.1	12.04	32.98	129.10	10.28	5.66	53.42	2.36	0.11	0.16	0.10	1.17	0.06	Pulses
462.0	9.86	27.01	105.67	9.23	4.61	49.62	2.15	0.00	0.13	0.09	0.63	0.00	Soybeans
32.0	0.68	1.87	6.38	0.36	0.01	1.70	0.11	0.00	0.01	0.00	0.05	0.00	Red Beans
60.1	1.50	4.10	15.69	0.62	1.04	2.09	0.10	0.01	0.00	0.00	0.50	0.06	Pulses, other
69.4	1.48	4.06	8.17	0.18	0.21	1.59	0.07	0.28	0.01	0.00	0.05	0.44	Tree Nuts
28.6	0.61	1.67	8.76	0.31	0.80	13.7	0.20	0.03	0.01	0.00	0.11	0.00	Oil Crops
15.1	0.32	0.88	4.90	0.17	0.45	10.21	0.09	0.02	0.00	0.00	0.05	0.00	Seasme
13.5	0.29	0.79	3.86	0.14	0.35	2.86	0.11	0.02	0.00	0.00	0.06	0.00	Oil Crops, other
7,238.2	154.47	423.20	125.55	8.01	1.57	149.08	3.35	886.07	0.28	0.35	3.05	107.74	Vegetables
1,830.7	39.07	107.04	53.41	0.62	0.20	9.31	0.36	10.75	0.04	0.03	0.33	20.56	Fruit
1,698.4	36.25	99.30	207.42	17.72	14.14	16.92	2.52	277.03	0.42	0.32	6.06	1.28	Meat
381.6	8.14	22.31	37.25	4.37	2.01	2.17	0.49	1.98	0.02	0.04	1.00	0.16	Bovine Meat
723.9	15.45	42.33	103.99	7.58	7.71	1.74	0.61	1.41	0.30	0.09	1.99	0.27	Pig Meat
199.7	4.26	11.68	26.16	2.24	1.77	1.36	0.12	5.47	0.01	0.02	0.59	0.09	Poultry Meat
393.2	8.39	22.99	40.02	3.53	2.66	11.66	1.30	268.17	0.10	0.17	2.48	0.77	Edible Viscera
389.3	8.31	22.76	35.96	2.85	2.44	8.88	0.46	36.19	0.01	0.10	0.02	0.00	Eggs
2,367.3	50.52	138.41	92.16	4.92	4.72	160.34	0.23	45.09	0.06	0.22	0.22	2.00	Milk
2,325.4	49.63	135.96	81.58	4.35	4.35	142.76	0.14	38.07	0.05	0.19	0.14	1.36	Milk
3.6	0.08	0.21	1.05	0.06	0.06	1.87	0.00	0.36	0.00	0.00	0.00	0.01	Whte Milk Powder
15.1	0.32	0.88	3.18	0.31	0.01	11.05	0.00	0.07	0.00	0.02	0.01	0.01	Skim Milk Powder
19.8	0.42	1.16	5.72	0.19	0.29	4.16	0.09	6.53	0.00	0.01	0.07	0.62	Medied Milk Powder
3.3	0.07	0.19	0.62	0.02	0.02	0.50	0.00	0.05	0.00	0.00	0.00	0.01	Condensed Milk
734.5	15.68	42.95	380.29	0.02	42.85	0.20	0.13	3.80	0.03	0.00	0.04	0.00	Oils and Fats
705.5	15.06	41.25	364.31	0.02	41.16	0.20	0.13	0.00	0.03	0.00	0.04	0.00	Vegetable Oils
29.0	0.62	1.70	15.98	0.00	1.70	0.00	0.00	3.80	0.00	0.00	0.00	0.00	A nimal Fats
1,439.7	30.72	84.18	90.51	15.28	2.65	135.74	1.51	17.05	0.06	0.15	4.02	0.60	Fishes and Shellfishes
920.1	19.64	53.80	64.65	10.24	2.26	97.01	1.05	13.70	0.05	0.12	3.29	0.46	Fishes
519.6	11.09	30.38	25.87	5.05	0.39	38.73	0.46	3.36	0.02	0.03	0.73	0.14	Shellfishes
357.3	7.62	20.89	5.95	0.67	0.06	24.42	0.45	54.65	0.02	0.05	0.18	2.24	Seaweeds
3,015.2	64.35	176.29	140.69	0.45	0.00	2.59	0.01	0.00	0.01	0.02	0.51	0.10	Alcoholic Beverages
25,804.0	550.74	1,508.68	2,968.15	98.21	82.49	625.53	16.83	1,368.91	1.97	1.53	21.41	142.19	Grand Total
			3,108.84	98.66	82.49	628.12	16.84	1,368.91	1.98	1.55	21.92	143.28	"

Food Balance Sheet, 2000

In 47,008 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,842.2	166.83	457.06	1,665.09	36.58	5.58	45.11	4.37	37.11	0.76	0.26	6.24	0.00	Cereals
1,698.6	36.13	99.00	363.47	10.55	1.03	12.77	1.30	0.00	0.17	0.05	0.89	0.00	Wheat
4,600.0	97.86	268.10	997.32	17.16	1.34	10.72	1.07	0.00	0.29	0.11	4.02	0.00	Rice
85.0	1.81	4.95	17.08	0.49	0.03	1.03	0.07	0.00	0.02	0.00	0.07	0.00	Barley
1,354.6	28.82	78.95	266.05	7.66	3.00	19.74	1.66	37.11	0.26	0.09	1.11	0.00	Maize
104.0	2.21	6.06	21.16	0.73	0.18	0.85	0.27	0.00	0.01	0.01	0.16	0.00	Cereals, other
553.0	11.76	32.23	29.07	0.73	0.03	3.80	0.18	2.39	0.03	0.02	0.28	10.22	Starchy Roots
337.2	7.17	19.65	12.97	0.55	0.00	0.79	0.12	0.00	0.02	0.01	0.20	7.08	Potatoes
215.7	4.59	12.57	16.09	0.18	0.03	3.02	0.06	2.39	0.01	0.01	0.09	3.14	Sweet Potatoes
839.4	17.86	48.92	188.38	0.00	0.00	1.48	0.15	0.00	0.00	0.00	0.01	0.03	Sweeteners
504.9	10.74	29.42	115.62	9.06	5.07	49.79	2.08	0.09	0.16	0.08	0.98	0.04	Pulses
399.0	8.49	23.25	90.09	7.96	4.06	45.57	1.82	0.00	0.12	0.08	0.55	0.00	Soybeans
35.0	0.74	2.04	6.97	0.40	0.01	1.88	0.12	0.00	0.01	0.00	0.05	0.00	Red Beans
70.9	1.51	4.13	18.56	0.70	1.01	2.34	0.14	0.09	0.04	0.00	0.38	0.04	Pulses, other
70.3	1.49	4.09	8.79	0.20	0.28	1.68	0.07	0.29	0.01	0.01	0.05	0.43	Tree Nuts
33.3	0.71	1.94	10.00	0.36	0.91	20.60	0.18	0.03	0.01	0.00	0.11	0.00	Oil Crops
25.6	0.55	1.49	8.29	0.00	0.76	17.26	0.20	0.00	0.00	0.00	0.10	0.00	Seasme
7.6	0.16	0.44	1.72	0.08	0.15	3.34	0.03	0.00	0.00	0.00	0.03	0.00	Oil Crops, other
7,800.4	165.94	454.62	126.02	7.80	1.60	162.93	3.58	867.32	0.29	0.36	3.09	125.97	Vegetables
1,911.3	40.66	111.40	53.59	0.66	0.19	8.64	0.35	9.14	0.06	0.03	0.38	21.53	Fruit
1,763.4	37.51	102.77	201.19	18.38	13.15	11.76	2.72	298.45	0.46	0.34	5.21	1.01	Meat
390.7	8.31	22.77	38.10	4.41	2.06	2.89	0.65	1.64	0.01	0.04	0.97	0.03	Bovine Meat
747.4	15.90	43.56	104.32	7.72	7.65	1.67	0.59	1.54	0.34	0.09	2.06	0.15	Pig Meat
231.0	4.91	13.46	23.88	2.59	1.34	1.23	0.15	6.27	0.02	0.03	0.27	0.01	Poultry Meat
394.3	8.39	22.98	35.18	3.65	2.10	5.97	1.33	289.01	0.09	0.17	1.91	0.83	Edible Viscera
403.5	8.58	23.52	37.16	2.94	2.52	9.17	0.47	37.39	0.01	0.10	0.02	0.00	Eggs
2,315.9	49.27	134.98	92.08	4.95	4.65	161.69	0.23	44.70	0.06	0.22	0.23	2.02	Milk
2,264.0	48.16	131.95	79.17	4.22	4.22	138.55	0.13	36.95	0.05	0.18	0.13	1.32	Milk
5.6	0.12	0.32	1.61	0.08	0.09	2.86	0.00	0.56	0.00	0.00	0.00	0.02	White Milk Powder
20.9	0.44	1.22	4.38	0.42	0.01	15.19	0.00	0.10	0.01	0.02	0.01	0.01	Skim Milk Powder
21.4	0.46	1.25	6.17	0.20	0.31	4.48	0.09	7.04	0.00	0.01	0.08	0.67	Modified Milk Powder
4.0	0.09	0.23	0.76	0.02	0.02	0.61	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
748.6	15.92	43.63	391.08	0.00	43.63	0.00	0.00	3.67	0.00	0.00	0.00	0.00	Oils and Fats
724.7	15.42	42.24	377.97	0.00	42.24	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
23.9	0.51	1.39	13.11	0.00	1.39	0.00	0.00	3.67	0.00	0.00	0.00	0.00	Animal Fats
1,442.4	30.68	84.06	86.96	14.92	2.44	132.28	1.38	15.83	0.06	0.14	3.46	0.58	Fishes and Shellfishes
950.8	20.23	55.42	62.71	10.19	2.07	94.26	0.95	14.02	0.05	0.11	2.76	0.45	Fishes
491.5	10.46	28.65	24.25	4.73	0.36	38.01	0.42	1.81	0.02	0.03	0.70	0.13	Shellfishes
284.2	6.05	16.57	4.81	0.55	0.05	16.17	0.28	36.55	0.01	0.04	0.14	1.06	Seaweeds
2,878.8	63.99	175.33	129.03	0.48	0.00	2.73	0.01	0.00	0.01	0.02	0.56	0.09	Alcoholic Beverages
26,299	558.84	1,531.06	3,010.14	97.12	80.08	625.10	16.04	1,352.97	1.93	1.58	20.21	162.90	Grand Total
			3,139.17	97.60	80.08	627.83	16.04	1,352.97	1.94	1.61	20.77	162.99	"

Food Balance Sheet, 2001

In 47,343 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,482.3	158.05	433.00	1,577.80	34.67	5.24	42.55	4.13	34.25	0.71	0.24	5.92	0.00	Cereals
1,630.1	34.43	94.33	346.34	10.05	0.98	12.17	1.24	0.00	0.16	0.05	0.84	0.00	Wheat
4,392.0	92.77	254.16	945.49	16.27	1.27	10.17	1.02	0.00	0.28	0.10	3.81	0.00	Rice
94.0	1.99	5.44	18.76	0.53	0.04	1.13	0.08	0.00	0.02	0.00	0.07	0.00	Barley
1,259.3	26.60	72.87	245.58	7.07	2.77	18.22	1.53	34.25	0.24	0.08	1.02	0.00	Maize
107.0	2.26	6.19	21.63	0.75	0.18	0.86	0.27	0.00	0.01	0.01	0.17	0.00	Cereals, other
633.4	13.38	36.65	32.47	0.84	0.03	4.14	0.21	2.54	0.03	0.02	0.33	11.73	Starchy Roots
402.6	8.50	23.30	15.38	0.65	0.00	0.93	0.14	0.00	0.003	0.01	0.23	8.39	Potatoes
230.7	4.87	13.35	17.09	0.19	0.03	3.20	0.07	2.54	0.01	0.01	0.09	3.34	Sweet Potatoes
949.2	20.05	54.93	211.03	0.01	0.00	1.66	0.17	0.00	0.00	0.00	0.01	0.05	Sweeteners
487.8	10.30	28.23	110.08	8.69	4.73	48.12	2.00	0.10	0.15	0.08	0.88	0.04	Pulses
390.0	8.24	22.57	87.44	7.73	3.94	44.23	1.76	0.00	0.11	0.08	0.53	0.00	Soybeans
32.0	0.68	1.85	6.33	0.36	0.01	1.70	0.11	0.00	0.01	0.00	0.05	0.00	Red Beans
65.8	1.39	3.81	16.32	0.60	0.78	2.19	0.13	0.10	0.03	0.00	0.30	0.04	Pulses, other
74.1	1.57	4.29	9.37	0.21	0.30	1.85	0.08	0.29	0.01	0.01	0.05	0.44	Tree Nuts
34.2	0.72	1.98	10.02	0.37	0.91	20.56	0.18	0.03	0.01	0.00	0.12	0.00	Oil Crops
24.4	0.52	1.41	7.84	0.27	0.72	16.33	0.15	0.03	0.01	0.00	0.08	0.00	Seasme
9.7	0.21	0.56	2.18	0.10	0.19	4.23	0.03	0.00	0.00	0.00	0.04	0.00	Oil Crops, other
7,781.3	164.36	450.30	123.09	7.58	1.52	160.15	3.54	842.83	0.29	0.36	2.99	124.60	Vegetables
1,983.1	41.89	114.76	53.61	0.68	0.19	8.93	0.34	9.33	0.06	0.03	0.39	22.38	Fruit
1,806.8	38.16	104.56	206.14	18.73	13.48	11.60	2.67	285.62	0.47	0.34	5.20	0.98	Meat
372.1	7.86	21.53	36.03	4.17	1.95	2.73	0.62	1.55	0.01	0.04	0.92	0.02	Bovine Meat
783.1	16.54	45.32	108.53	8.03	7.95	1.74	0.61	1.60	0.35	0.09	2.15	0.16	Pig Meat
273.6	5.78	15.84	28.09	3.05	1.58	1.45	0.17	7.38	0.02	0.04	0.32	0.01	Poultry Meat
378.0	7.98	21.87	33.49	3.48	2.00	5.68	1.27	275.09	0.09	0.16	1.82	0.79	Edible Viscera
413.3	8.73	23.92	37.79	2.99	2.56	9.33	0.48	38.03	0.01	0.10	0.02	0.00	Eggs
2,497.3	52.75	144.52	100.49	5.46	5.00	178.88	0.26	48.35	0.07	0.24	0.25	2.22	Milk
2,431.3	51.36	140.70	84.42	4.50	4.50	147.74	0.14	39.40	0.06	0.20	0.14	1.41	Milk
6.3	0.13	0.36	1.80	0.09	0.10	3.21	0.00	0.62	0.00	0.00	0.00	0.02	Whole Milk Powder
30.6	0.65	1.77	6.38	0.61	0.02	22.15	0.01	0.14	0.01	0.03	0.02	0.02	Skim Milk Powder
24.9	0.53	1.44	7.12	0.24	0.36	5.18	0.11	8.12	0.01	0.01	0.09	0.77	Modified Milk Powder
4.1	0.09	0.24	0.77	0.02	0.02	0.61	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
806.5	17.04	46.67	418.40	0.00	46.67	0.00	0.00	3.52	0.00	0.00	0.00	0.00	Oils and Fats
782.5	16.53	45.28	405.35	0.00	45.28	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
24.0	0.51	1.39	13.06	0.00	1.39	0.00	0.00	3.52	0.00	0.00	0.00	0.00	Animal Fats
1,684.2	35.57	97.46	104.90	17.48	3.19	152.40	1.66	21.30	0.08	0.18	4.42	0.69	Fishes and Shellfishes
1,214.8	25.66	70.30	82.13	13.08	2.84	114.41	1.20	18.95	0.06	0.15	3.76	0.56	Fishes
469.3	9.91	27.16	22.77	4.40	0.35	37.99	0.46	2.35	0.01	0.03	0.66	0.13	Shellfishes
311.4	6.58	18.02	5.25	0.61	0.05	15.66	0.30	43.01	0.01	0.04	0.16	1.16	Seaweeds
2,878.8	63.68	174.45	133.56	0.44	0.00	2.69	0.01	0.00	0.01	0.02	0.53	0.08	Alcoholic Beverages
26,675.1	563.45	1,543.69	3,000.45	98.31	83.86	655.81	16.01	1,329.19	1.91	1.63	20.75	164.29	Grand Total
			3,134.01	98.76	83.86	658.50	16.02	1,329.19	1.92	1.65	21.28	164.37	"

3.11. 2002년도 식품수급표

인구: 47,640천명

식품명 Products	생산 Production	수입 Import	이입 Carry-In	총공급량 Total Supply	이월 Carry-Over	수출 Export	사료 Feed	종자 Seed	감모 Loss	가공용 Food Manufacture		식품공급량 Food	폐기 Re-fuse
										식품 Food	비식품 NonFood		
..... 1,000톤													%
1. 곡 류	5,801.0	13,037.0	2,994.0	21,832.0	3,097.0		8,448.0	54.0	1,112.0	501.0	725.8	7,894.2	
밀	6.0	3,830.0	451.0	4,287.0	412.0		1,661.0		36.0	22.0	13.0	2,143.0	23.0
쌀	5,515.0	154.0	1,335.0	7,004.0	1,447.0			45.0	1,030.0	144.0		4,338.0	
보리	212.0	183.0	246.0	641.0	290.0		8.0	9.0	9.0	250.0		75.0	
옥수수	57.0	8,620.0	951.0	9,628.0	931.0		6,628.0	0.0	36.0	85.0	712.8	1,235.2	
기타	11.0	250.0	11.0	272.0	17.0		151.0		1.0			103.0	
2. 서 류	949.6	10.0		959.6			95.8	51.1	99.0	16.1		697.5	
감자	676.5	10.0		686.5			70.0	35.0	70.0			511.5	6.0
고구마	273.1			273.1			25.8	16.1	29.0	16.1		186.0	7.0
3. 설 탕 류	1,305.4	0.0	36.2	1,341.6	36.2	300.0			10.1			995.4	
4. 두 류	151.2	1,568.0	86.0	1,805.2	81.5	0.1		5.6	11.0	1,200.0		507.0	
콩	118.0	1,489.0	81.0	1,688.0	74.0			4.0	9.0	1,200.0		401.0	
팥	11.0	24.0	5.0	40.0	6.0			1.0	1.0			32.0	
기타	22.2	55.0	0.0	77.2	1.5	0.1		0.6	1.0			74.0	
5. 견 과 류	77.4	14.7		92.1	0	14.6			1.9			75.6	
6. 증 실 류	44.7	81.8	0.0	126.5	7.2	0		0.5	0.8	87.2		30.8	
참깨	23.8	63.1	0.0	86.9	7.2			0.3	0.4	63.5		15.5	
들깨	20.9	18.7	0.0	39.6	0			0.2	0.4	23.7		15.4	
7. 채 소 류	9,971.1	356.2	24.0	10,351.3	32.0	109.3		61.8	2,292.1			7,856.1	
8. 과 실 류	2,500.1	344.4		2,844.5		38.5			280.2	4.1		2,521.7	
9. 육 류	1,693.0	457.1	47.9	2,198.0	112.7	19.9			40.6		35.6	1,989.2	
쇠고기	147.4	292.3	18.0	457.7	55.0				8.1			394.6	1.3
돼지고기	785.3	71.0	29.8	886.2	57.7	18.1			16.2			794.2	1.0
닭고기	291.1	93.8		385.0		1.9			7.7			375.5	20.3
부산물	469.1	0.0		469.1					8.7		35.6	424.8	7.5
10. 계 란 류	536.6	0.0		536.6					10.7			525.9	
11. 우 유 류	2,606.1	652.9	7.4	3,266.4	15.0	33.2			25.4	678.1		2,514.7	
우유	2,536.6	646.5		3,183.1		32.0			24.7	678.1		2,448.2	
전지분유	9.1	1.1	0.6	10.7	2.3	0.0			0.1			8.4	
탈지분유	35.9	4.2	5.2	45.3	11.4	0.0			0.3			33.6	
조제분유	20.6	1.2	1.4	24.6	1.1	1.0			0.2			22.2	
연유	3.8	0.0	0.2	4.0	0.2	0.1			0.0			3.7	
12. 유 지 류	29.1	823.7	43.3	896.2	44.8	12.0			8.4	00	0.0	831.7	
식물성	19.4	798.8	41.9	860.1	43.0	10.4			8.1			798.7	
동물성	9.7	24.9	1.4	36.0	1.8	1.6			0.3			33.0	
13. 어 패 류	1,930.7	2,140.4	659.6	4,730.8	768.5	974.9			151.2			2,874.2	39.8
어류	1,165.5	1,742.0	547.4	3,454.9	649.0	549.4			112.8			2,143.7	
패류	765.2	398.5	112.2	1,275.9	119.5	425.5			38.4			730.5	
14. 해 조 류	508.0	44.9	2.7	555.6	0.1	136.7			20.9			397.8	
15. 주 류	3,772.5	63.3	53.6	3,889.3	64.0	145.3			19.1	310.2		3,350.1	
합 계 (주류포함)	28,104.1	19,531.3	3,901.0	51,536.4	4,195.0	1,639.1	8,543.8	173.0	4,064.5	2,486.6	761.4	29,673.0	

Food Balance Sheet, 2002

In 47,640 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,401.3	155.36	425.64	1,551.38	34.11	5.14	41.74	4.06	33.39	0.70	0.24	5.81	0.00	Cereals
1,650.1	34.64	94.90	348.41	10.11	0.99	12.24	1.24	0.00	0.17	0.05	0.85	0.00	Wheat
4,338.0	91.06	249.48	928.05	15.97	1.25	9.98	1.00	0.00	0.27	0.10	3.74	0.00	Rice
75.0	1.57	4.31	14.87	0.42	0.03	0.93	0.07	0.00	0.02	0.00	0.07	0.00	Barley
1,235.2	25.93	71.03	239.38	6.89	2.70	17.67	1.49	33.39	0.23	0.08	0.99	0.00	Maize
103.0	2.16	5.92	20.67	0.72	0.17	0.83	0.26	0.00	0.01	0.01	0.16	0.00	Cereals, other
653.8	13.72	37.60	30.98	0.91	0.02	3.49	0.22	1.89	0.04	0.02	0.35	12.44	Starchy Roots
480.8	10.09	27.65	18.25	0.77	0.00	1.11	0.17	0.00	0.03	0.02	0.28	9.95	Potatoes
173.0	3.63	9.95	12.73	0.14	0.02	2.39	0.05	1.89	0.01	0.00	0.07	2.49	Sweet Potatoes
995.4	20.89	57.24	220.01	0.01	0.00	1.72	0.17	0.00	0.00	0.00	0.01	0.05	Sweeteners
500.0	10.50	28.75	112.54	8.89	4.89	49.08	2.04	0.10	0.16	0.08	0.92	0.04	Pulses
401.0	8.42	23.06	89.34	7.90	4.02	45.15	1.80	0.00	0.12	0.08	0.54	0.00	Soybeans
32.0	0.67	1.84	6.29	0.36	0.01	1.70	0.11	0.00	0.01	0.00	0.05	0.00	Red Beans
67.0	1.40	3.86	16.91	0.64	0.86	2.23	0.13	0.10	0.03	0.00	0.34	0.04	Pulses, other
54.0	1.13	3.10	7.33	0.17	0.30	1.59	0.06	0.22	0.01	0.01	0.04	0.31	Tree Nuts
30.8	0.65	1.77	8.35	0.32	0.75	16.92	0.15	0.02	0.01	0.00	0.12	0.00	Oil Crops
15.5	0.32	0.89	4.94	0.17	0.45	10.28	0.09	0.02	0.00	0.00	0.05	0.00	Seasme
15.4	0.32	0.88	3.41	0.15	0.30	6.63	0.05	0.00	0.00	0.00	0.07	0.00	Oil Crops, other
6,889.7	144.62	396.22	111.84	6.81	1.39	138.19	3.37	795.97	0.26	0.32	2.80	106.04	Vegetables
1,998.4	41.95	114.93	54.90	0.70	0.19	9.46	0.35	9.89	0.06	0.03	0.39	22.52	Fruit
1,868.0	39.21	107.43	211.43	19.28	13.80	11.97	2.73	298.83	0.48	0.35	5.33	1.01	Meat
389.7	8.18	22.41	37.79	4.34	2.06	2.77	0.62	1.57	0.01	0.04	0.95	0.03	Bovine Meat
786.1	16.50	45.21	108.26	8.01	7.93	1.73	0.61	1.60	0.35	0.09	2.14	0.16	Pig Meat
299.3	6.28	17.21	30.53	3.32	1.72	1.57	0.19	8.02	0.02	0.04	0.35	0.01	Poultry Meat
393.0	8.25	22.60	34.85	3.62	2.08	5.90	1.32	287.64	0.09	0.17	1.88	0.81	Edible Viscera
452.3	9.49	26.01	41.10	3.25	2.78	10.14	0.52	41.36	0.02	0.11	0.03	0.00	Eggs
2,516.1	52.82	144.70	100.81	5.52	4.99	181.35	0.25	47.65	0.07	0.25	0.24	2.14	Milk
2,448.2	51.39	140.80	84.48	4.51	4.51	147.84	0.14	39.42	0.06	0.20	0.14	1.41	Milk
8.4	0.18	0.48	2.39	0.13	0.13	4.24	0.00	0.82	0.00	0.01	0.00	0.02	Whole Milk Powder
33.6	0.71	1.93	6.95	0.67	0.02	24.15	0.01	0.15	0.01	0.03	0.02	0.02	Skim Milk Powder
22.2	0.47	1.28	6.30	0.21	0.32	4.58	0.10	7.19	0.00	0.01	0.08	0.68	Modified Milk Powder
3.7	0.08	0.21	0.69	0.02	0.02	0.55	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
831.7	17.46	47.83	428.88	0.00	47.83	0.00	0.00	6.86	0.00	0.00	0.00	0.00	Oils and Fats
798.7	16.77	45.93	411.04	0.00	45.93	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
33.0	0.69	1.90	17.84	0.00	1.90	0.00	0.00	6.86	0.00	0.00	0.00	0.00	Animal Fats
1,729.5	36.30	99.46	105.37	17.79	3.08	148.65	1.72	22.18	0.07	0.17	4.51	0.67	Fishes and Shellfishes
1,223.0	25.67	70.34	80.79	13.06	2.70	112.04	1.16	20.27	0.06	0.14	3.78	0.55	Fishes
506.5	10.63	29.13	24.58	4.73	0.39	36.61	0.56	1.92	0.01	0.03	0.73	0.12	Shellfishes
397.8	8.35	22.88	6.54	0.72	0.07	22.85	0.37	44.24	0.02	0.04	0.19	1.27	Seaweeds
3,350.8	70.34	192.70	147.39	0.48	0.00	2.88	0.01	0.00	0.01	0.03	0.60	0.08	Alcoholic Beverages
26,318.5	552.45	1,513.57	2,991.47	98.50	85.23	637.16	16.01	1,302.59	1.88	1.62	20.74	146.49	Grand Total
			3,138.86	98.97	85.23	640.04	16.02	1,302.59	1.89	1.64	21.34	146.56	"

3.11. 2003년도 식품수급표

인구: 47,849천명

식품명 Products	생산 Production	수입 Import	이입 Carry-In	총공급량 Total Supply	이월 Carry-Over	수출 Export	사료 Feed	종자 Seed	감모 Loss	가공용 Food Manufacture		식품공급량 Food	폐기 Re-fuse
										식품 Food	비식품 NonFood		
..... 1,000톤													%
1. 곡류	5,181.0	12,849.0	3,098.0	21,128.0	2,714.0		8,310.0	52.0	1,207.0	454.0	734.7	7,656.3	
밀	10.0	3,753.0	413.0	4,176.0	419.0		1,656.0		51.0	20.0	17.0	2,013.0	23.0
쌀	4,927.0	180.0	1,447.0	6,554.0	1,099.0			44.0	1,111.0	101.0		4,199.0	
보리	159.0	146.0	290.0	595.0	276.0		1.0	7.0	8.0	249.0		54.0	
옥수수	73.0	8,576.0	981.0	9,580.0	877.0		6,592.0	1.0	37.0	84.0	717.7	1,271.3	
기타	12.0	194.0	17.0	223.0	43.0		61.0					119.0	
2. 서류	842.2	20.0		862.2			87.3	42.9	82.3	9.7		640.1	
감자	525.5	20.0		545.5			55.0	30.0	50.0			410.5	6.0
고구마	316.7			316.7			32.3	12.9	32.3	9.7		229.6	7.0
3. 설탕류	1,313.7	0.0	35.0	1,348.7	41.0	298.0			10.1			999.6	
4. 두류	139.9	1,599.1	81.5	1,820.4	121.5	0.0		4.3	9.0	1,185.0		500.7	
콩	115.0	1,511.0	74.0	1,700.0	118.0			4.0	8.0	1,185.0		385.0	
팥	7.0	22.0	6.0	35.0	3.0			0.0	0.0			32.0	
기타	17.9	66.1	1.5	85.4	0.5	0.0		0.3	1.0			83.7	
5. 견과류	66.1	27.1		93.2	0	13.6			2.0			77.6	
6. 증실류	33.8	105.6	7.2	146.6	7.6	0.1		0.3	1.1	94.6		42.9	
참깨	12.0	81.3	7.2	100.5	7.6	0.1		0.3	0.5	74.0		18.0	
들깨	21.8	24.3	0.0	46.2	0			0.1	0.6	20.6		24.8	
7. 채소류	10,248.1	637.7	32.0	10,917.8	7.2	83.6		59.8	2,485.3			8,281.8	
8. 과실류	2,275.3	432.5		2,707.8		31.4			267.1	5.3		2,404.0	
9. 육류	1,674.9	443.3	112.5	2,230.7	139.7	29.1			40.5		35.2	1,986.2	
쇠고기	141.6	293.7	54.8	490.1	99.9				7.8			382.4	1.3
돼지고기	782.6	60.8	57.7	901.0	39.8	27.1			16.7			817.4	1.0
닭고기	286.5	88.8		375.3		1.9			7.5			365.9	20.3
부산물	464.2	0.0		464.2					8.6		35.2	420.4	7.5
10. 계란류	503.0	0.0		503.0					10.1			492.9	
11. 우유류	2,420.6	611.8	15.0	3,047.4	10.5	48.0			24.5	536.0		2,428.5	
우유	2,366.2	603.6		2,969.9		46.6			23.9	536.0		2,363.4	
전지분유	6.0	1.7	2.3	9.9	1.1	0.0			0.1			8.8	
탈지분유	26.3	4.6	11.4	42.2	6.8	0.0			0.3			35.1	
조제분유	18.3	1.9	1.1	21.3	2.4	1.3			0.2			17.4	
연유	3.8	0.1	0.2	4.1	0.2	0.1			0.0			3.8	
12. 유지류	19.4	797.8	44.8	862.0	43.1	8.9			8.1	0.0	0.0	802.3	
식물성	17.2	777.3	43.0	837.5	41.9	6.8			7.9			780.9	
동물성	2.2	20.5	1.8	24.5	1.2	2.1			0.2			21.4	
13. 어패류	2,001.6	2,206.4	768.5	4,976.6	742.6	989.2			162.2			3,082.5	40.2
어류	1,115.5	1,801.3	649.0	3,565.8	644.5	625.3			114.8			2,181.2	
패류	886.1	405.1	119.5	1,410.8	98.2	363.9			47.4			901.2	
14. 해조류	457.2	35.2	0.1	492.5	0.2	169.3			16.2			306.9	
15. 주류	3,896.3	69.4	64.0	4,029.7	60.7	152.1			61.9	322.9		3,432.1	
합계 (주류포함)	27,176.7	19,765.5	4,194.5	51,136.8	3,827.4	1,671.3	8,397.3	159.3	4,325.4	2,284.6	770.0	29,701.6	

Food Balance Sheet, 2003

In 47,849 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,193.3	150.33	411.87	1,500.03	33.03	5.11	40.88	4.00	34.21	0.68	0.23	5.65	0.00	Cereals
1,550.0	32.39	88.75	325.84	9.46	0.92	11.45	1.16	0.00	0.15	0.04	0.79	0.00	Wheat
4,199.0	87.75	240.42	894.38	15.39	1.20	9.62	0.96	0.00	0.26	0.10	3.61	0.00	Rice
54.0	1.13	3.09	10.66	0.30	0.02	0.67	0.05	0.00	0.01	0.00	0.05	0.00	Barley
1,271.3	26.57	72.79	245.30	7.06	2.77	18.20	1.53	34.21	0.24	0.08	1.02	0.00	Maize
119.0	2.49	6.81	23.85	0.82	0.20	0.95	0.30	0.00	0.01	0.01	0.19	0.00	Cereals, other
599.4	12.53	34.32	30.23	0.79	0.02	3.82	0.19	2.32	0.03	0.02	0.31	11.01	Starchy Roots
385.8	8.06	22.09	14.58	0.62	0.00	0.88	0.13	0.00	0.02	0.01	0.22	7.95	Potatoes
213.5	4.46	12.23	15.65	0.17	0.02	2.93	0.06	2.32	0.01	0.00	0.09	3.06	Sweet Potatoes
999.6	20.89	57.23	219.80	0.01	0.00	1.74	0.18	0.00	0.00	0.00	0.01	0.06	Sweeteners
493.9	10.32	28.28	110.16	8.59	4.69	47.45	1.99	0.13	0.15	0.08	0.89	0.05	Pulses
385.0	8.05	22.04	85.40	7.55	3.84	43.16	1.72	0.00	0.11	0.07	0.52	0.00	Soybeans
32.0	0.67	1.83	6.26	0.36	0.01	1.69	0.11	0.00	0.01	0.00	0.05	0.00	Red Beans
76.9	1.61	4.40	18.50	0.69	0.83	2.60	0.15	0.13	0.03	0.00	0.32	0.05	Pulses, other
55.0	1.15	3.15	8.05	0.19	0.37	1.65	0.06	0.20	0.01	0.01	0.04	0.30	Tree Nuts
42.9	0.90	2.46	11.23	0.44	1.00	22.62	0.19	0.02	0.01	0.00	0.16	0.00	Oil Crops
18.0	0.38	1.03	5.74	0.20	0.53	11.95	0.11	0.02	0.01	0.00	0.06	0.00	Seasme
24.8	0.52	1.42	5.49	0.24	0.48	10.67	0.09	0.00	0.01	0.00	0.11	0.00	Oil Crops, other
7,302.4	152.61	418.12	115.49	7.21	1.40	149.09	3.69	822.41	0.27	0.34	2.85	116.65	Vegetables
1,888.1	39.46	108.11	51.50	0.68	0.18	9.47	0.33	8.72	0.06	0.03	0.39	22.07	Fruit
1,867.0	39.02	106.90	211.35	19.18	13.84	11.78	2.70	294.33	0.48	0.35	5.31	1.00	Meat
377.6	7.89	21.62	36.46	4.18	1.99	2.67	0.60	1.51	0.01	0.04	0.91	0.03	Bovine Meat
809.0	16.91	46.32	110.93	8.21	8.13	1.78	0.63	1.64	0.36	0.10	2.19	0.16	Pig Meat
291.7	6.10	16.70	29.63	3.22	1.67	1.52	0.18	7.78	0.02	0.04	0.34	0.01	Poultry Meat
388.7	8.12	22.26	34.33	3.56	2.05	5.81	1.30	283.40	0.09	0.17	1.87	0.80	Edible Viscera
423.9	8.86	24.27	38.35	3.03	2.60	9.47	0.49	38.59	0.01	0.10	0.02	0.00	Eggs
2,428.5	50.75	139.05	96.53	5.33	4.75	175.76	0.22	44.57	0.07	0.24	0.22	1.94	Milk
2,363.4	49.39	135.32	81.19	4.33	4.33	142.09	0.14	37.89	0.05	0.19	0.14	1.35	Milk
8.8	0.18	0.50	2.49	0.13	0.14	4.42	0.00	0.86	0.00	0.01	0.00	0.03	Whole Milk Powder
35.1	0.73	2.01	7.23	0.69	0.02	25.12	0.01	0.16	0.01	0.04	0.02	0.02	Skim Milk Powder
17.4	0.36	1.00	4.91	0.16	0.25	3.57	0.07	5.61	0.00	0.01	0.06	0.53	Modified Milk Powder
3.8	0.08	0.22	0.70	0.02	0.02	0.56	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
802.3	16.77	45.94	411.65	0.00	45.93	0.00	0.00	2.78	0.00	0.00	0.00	0.00	Oils and Fats
780.9	16.32	44.71	400.12	0.00	44.71	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
21.4	0.45	1.23	11.53	0.00	1.22	0.00	0.00	2.78	0.00	0.00	0.00	0.00	Animal Fats
1,843.9	38.54	105.58	109.57	18.57	3.15	163.88	1.87	24.76	0.08	0.17	4.53	0.72	Fishes and Shellfishes
1,234.9	25.81	70.71	80.75	13.05	2.70	112.33	1.16	22.12	0.06	0.14	3.64	0.55	Fishes
609.0	12.73	34.87	28.83	5.52	0.45	51.54	0.71	2.64	0.02	0.03	0.89	0.17	Shellfishes
306.9	6.41	17.57	4.95	0.56	0.05	17.94	0.31	36.99	0.01	0.04	0.16	1.16	Seaweeds
3,432.1	71.73	196.51	152.24	0.50	0.00	2.99	0.02	0.00	0.01	0.03	0.59	0.10	Alcoholic Beverages
25,998.0	543.33	1,488.58	2,918.89	97.62	83.09	655.54	16.22	1,310.04	1.87	1.60	20.54	154.95	Grand Total
			3,071.12	98.12	83.09	6458.53	16.24	1,310.04	1.88	1.63	21.13	155.05	"

Food Balance Sheet, 2004

In 48,082 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,381.8	153.52	420.61	1,531.54	33.88	5.24	41.99	4.17	34.50	0.70	0.24	5.79	0.00	Cereals
1,611.6	33.52	91.83	337.15	9.78	0.96	11.85	1.20	0.00	0.16	0.04	0.82	0.00	Wheat
4,258.0	88.56	242.62	902.55	15.53	1.21	9.70	0.97	0.00	0.27	0.10	3.64	0.00	Rice
71.0	1.48	4.05	13.95	0.40	0.03	0.87	0.06	0.00	0.01	0.00	0.06	0.00	Barley
1,288.2	26.79	73.40	247.36	7.12	2.79	18.35	1.54	34.50	0.24	0.08	1.03	0.00	Maize
153.0	3.18	8.72	30.53	1.06	0.25	1.22	0.39	0.00	0.01	0.02	0.24	0.00	Cereals, other
600.4	12.49	34.21	28.87	0.82	0.02	3.40	0.20	1.93	0.03	0.02	0.31	11.20	Starchy Roots
422.5	8.79	24.07	15.89	0.67	0.00	0.96	0.14	0.00	0.03	0.01	0.24	8.67	Potatoes
177.9	3.70	10.14	12.98	0.14	0.02	2.43	0.05	1.93	0.01	0.01	0.07	2.53	Sweet Potatoes
1,016.7	21.14	57.93	223.25	0.00	0.00	1.76	0.18	0.00	0.00	0.00	0.01	0.03	Sweeteners
517.5	10.76	29.49	114.73	8.97	4.87	49.70	2.08	0.12	0.16	0.08	0.91	0.05	Pulses
407.0	8.46	23.19	89.85	7.94	4.04	45.40	1.81	0.00	0.12	0.08	0.54	0.00	Soybeans
33.0	0.69	1.88	6.43	0.37	0.01	1.73	0.11	0.00	0.01	0.00	0.05	0.00	Red Beans
77.5	1.61	4.42	18.46	0.67	0.82	2.56	0.15	0.12	0.03	0.00	0.32	0.05	Pulses, other
58.1	1.21	3.31	8.81	0.21	0.46	1.74	0.07	0.22	0.01	0.01	0.05	0.31	Tree Nuts
32.6	0.68	1.85	8.77	0.33	0.79	17.77	0.15	0.02	0.01	0.00	0.12	0.00	Oil Crops
16.7	0.35	0.95	5.28	0.18	0.49	10.99	0.10	0.02	0.01	0.00	0.05	0.00	Seasme
15.9	0.33	0.90	3.49	0.15	0.30	6.78	0.06	0.00	0.00	0.00	0.07	0.00	Oil Crops, other
7,539.2	156.80	429.58	121.53	7.09	1.42	144.72	3.87	689.05	0.27	0.33	2.90	118.68	Vegetables
2,001.9	41.64	114.07	53.79	0.71	0.19	9.89	0.35	9.70	0.06	0.03	0.39	23.06	Fruit
1,774.4	36.90	101.11	202.20	18.07	13.37	10.96	2.55	283.29	0.48	0.33	5.10	0.97	Meat
317.2	6.60	18.07	30.48	3.50	1.66	2.23	0.50	1.27	0.01	0.03	0.76	0.02	Bovine Meat
830.9	17.28	47.34	113.38	8.39	8.31	1.82	0.64	1.67	0.37	0.10	2.24	0.17	Pig Meat
249.1	5.18	14.19	25.18	2.73	1.42	1.30	0.15	6.61	0.02	0.03	0.29	0.01	Poultry Meat
377.3	7.85	21.50	33.16	3.44	1.98	5.61	1.25	273.74	0.09	0.16	1.81	0.77	Edible Viscera
428.1	8.90	24.40	38.55	3.05	2.61	9.51	0.49	38.79	0.01	0.10	0.02	0.00	Eggs
2,587.6	53.82	147.44	100.28	5.49	5.00	180.59	0.23	46.83	0.07	0.25	0.23	2.02	Milk
2,528.7	52.59	144.09	86.45	4.61	4.61	151.29	0.14	40.34	0.06	0.20	0.14	1.44	Milk
6.5	0.13	0.37	1.83	0.10	0.10	3.25	0.00	0.63	0.00	0.00	0.00	0.02	White Milk Powder
30.7	0.64	1.75	6.29	0.60	0.02	21.85	0.01	0.14	0.01	0.03	0.02	0.02	Skim Milk Powder
17.6	0.37	1.00	4.95	0.16	0.25	3.60	0.07	5.65	0.00	0.01	0.06	0.54	Modified Milk Powder
4.1	0.08	0.23	0.75	0.02	0.02	0.60	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
850.1	17.68	48.44	433.53	0.00	48.44	0.00	0.00	1.78	0.00	0.00	0.00	0.00	Oils and Fats
836.8	17.40	47.68	426.41	0.00	47.68	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
13.3	0.28	0.76	7.13	0.00	0.76	0.00	0.00	1.78	0.00	0.00	0.00	0.00	Animal Fats
1,974.2	41.06	112.49	118.08	20.05	3.36	160.79	2.05	27.72	0.09	0.19	5.35	0.81	Fishes and Shellfishes
1,348.1	28.04	76.81	89.21	14.65	2.88	102.03	1.24	23.60	0.07	0.15	4.45	0.61	Fishes
626.1	13.02	35.68	28.87	5.40	0.48	58.77	0.81	4.12	0.02	0.04	0.90	0.21	Shellfishes
377.3	7.85	21.50	6.16	0.70	0.07	21.36	0.36	46.08	0.02	0.04	0.18	1.37	Seaweeds
3,437.2	71.49	195.85	151.31	0.50	0.00	3.00	0.02	0.00	0.01	0.03	0.59	0.09	Alcoholic Beverages
26,823.6	557.87	1,528.41	2,990.08	99.38	85.83	654.18	16.73	1,180.03	1.91	1.62	21.36	158.51	Grand Total
			3,141.39	99.87	85.83	657.18	16.75	1,180.03	1.92	1.64	21.95	158.60	"

Food Balance Sheet, 2005

In 48,138 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,246.1	150.53	412.40	1497.75	33.48	5.58	43.89	4.28	40.77	0.72	0.25	5.65	0.00	Cereals
1523.1	31.64	86.68	318.26	9.24	0.90	11.18	1.14	0.00	0.15	0.04	0.78	0.00	Wheat
4,007.0	83.24	228.05	848.36	14.60	1.14	9.12	0.91	0.00	0.25	0.09	3.42	0.00	Rice
57.0	1.18	3.24	11.19	0.32	0.02	0.68	0.05	0.00	0.01	0.00	0.05	0.00	Barley
1,522.0	31.62	86.62	291.92	8.40	3.29	21.66	1.82	40.71	0.29	0.10	1.21	0.00	Maize
137.0	2.85	7.80	28.03	0.93	0.22	1.24	0.36	0.06	0.02	0.02	0.19	0.00	Cereals, other
818.3	17.00	46.57	38.47	1.13	0.02	4.36	0.27	2.37	0.04	0.03	0.43	15.40	Starchy Roots
599.3	12.45	34.11	22.51	0.95	0.00	1.36	0.20	0.00	0.04	0.02	0.34	12.28	Potatoes
219.1	4.55	12.47	15.96	0.17	0.02	2.99	0.06	2.37	0.01	0.01	0.09	3.12	Sweet Potatoes
1,021.3	21.22	58.13	223.86	0.00	0.00	1.77	0.18	0.00	0.00	0.00	0.01	0.04	Sweeteners
550.6	11.44	31.34	121.19	9.89	5.24	54.15	2.27	0.20	0.17	0.09	0.99	0.15	Pulses
441.0	9.16	25.10	97.22	8.60	4.38	49.41	1.96	0.00	0.13	0.08	0.59	0.00	Soybeans
33.0	0.69	1.88	6.43	0.37	0.01	1.75	0.11	0.00	0.01	0.00	0.05	0.00	Red Beans
76.6	1.59	4.36	17.54	0.93	0.86	2.99	0.20	0.20	0.04	0.01	0.36	0.15	Pulses, other
60.7	1.26	3.46	8.96	0.21	0.45	1.71	0.07	0.24	0.01	0.01	0.05	0.33	Tree Nuts
34.0	0.71	1.93	9.16	0.35	0.82	18.58	0.16	0.02	0.01	0.00	0.12	0.00	Oil Crops
17.6	0.37	1.00	5.57	0.19	0.51	11.60	0.10	0.02	0.01	0.00	0.05	0.00	Seasme
16.4	0.34	0.93	3.60	0.16	0.31	6.99	0.06	0.00	0.00	0.00	0.07	0.00	Oil Crops, other
7,005.4	145.53	398.70	115.73	6.12	1.69	114.52	4.18	713.22	0.24	0.32	2.75	82.90	Vegetables
2,153.5	44.74	122.57	57.79	0.79	0.20	9.62	0.71	56.74	0.07	0.04	0.46	20.48	Fruit
1,762.3	36.61	100.30	200.17	17.96	13.21	10.89	2.56	275.01	0.46	0.29	4.95	0.93	Meat
306.5	6.37	17.44	29.22	3.36	1.60	2.31	0.52	1.29	0.01	0.03	0.74	0.02	Bovine Meat
813.2	16.89	46.29	110.84	8.20	8.12	1.78	0.63	1.64	0.36	0.10	2.19	0.16	Pig Meat
278.7	5.79	15.86	28.07	3.06	1.58	1.45	0.17	6.90	0.02	0.04	0.32	0.00	Poultry Meat
363.9	7.56	20.71	32.04	3.34	1.91	5.35	1.24	265.19	0.07	0.12	1.70	0.75	Edible Viscera
436.8	9.07	24.86	34.31	2.93	2.04	10.69	0.35	39.53	0.01	0.07	0.15	0.00	Eggs
2,598.1	53.97	147.87	99.14	5.40	4.99	177.38	0.22	46.39	0.07	0.24	0.22	1.96	Milk
2,546.5	52.90	144.93	86.96	4.64	4.64	152.18	0.14	40.58	0.06	0.20	0.14	1.45	Milk
6.6	0.14	0.37	1.85	0.10	0.10	3.29	0.00	0.64	0.00	0.00	0.00	0.02	Whole Milk Powder
25.5	0.53	1.45	5.23	0.50	0.01	18.16	0.01	0.12	0.01	0.03	0.01	0.01	Skim Milk Powder
15.6	0.32	0.89	4.38	0.14	0.22	3.18	0.07	4.99	0.00	0.01	0.06	0.47	Modified Milk Powder
3.9	0.08	0.22	0.72	0.02	0.02	0.57	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
901.4	18.73	51.30	459.50	0.00	51.30	0.00	0.00	3.87	0.00	0.00	0.00	0.00	Oils and Fats
881.2	18.31	50.15	448.67	0.00	50.15	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
20.2	0.42	1.15	10.83	0.00	1.15	0.00	0.00	3.87	0.00	0.00	0.00	0.00	Animal Fats
1,921.8	39.92	109.38	113.11	19.14	3.23	171.25	1.89	24.53	0.08	0.18	4.82	0.83	Fishes and Shellfishes
1,298.7	26.98	73.91	84.74	13.84	2.77	116.88	1.21	21.69	0.07	0.15	3.93	0.58	Fishes
623.1	12.94	35.46	28.37	5.31	0.46	54.37	0.68	2.84	0.02	0.04	0.89	0.25	Shellfishes
461.3	9.58	26.26	3.44	0.71	0.08	27.12	0.40	39.97	0.02	0.04	0.20	1.34	Seaweeds
3,366.5	69.93	191.60	147.99	0.49	0.00	2.94	0.02	0.00	0.01	0.02	0.58	0.10	Alcoholic Beverages
26,591.2	552.39	1,513.41	2,982.58	98.12	88.87	645.92	17.53	1,242.86	1.91	1.56	20.80	124.36	Grand Total
			3,130.58	98.61	88.87	648.86	17.54	1,242.86	1.92	1.58	21.38	124.46	"

Food Balance Sheet, 2006

In 48,138 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,303.4	151.22	414.29	1,505.68	33.60	5.51	43.58	4.25	39.44	0.72	0.24	5.67	0.00	Cereals
1,565.4	32.41	88.80	326.03	9.46	0.92	11.46	1.16	0.00	0.15	0.04	0.79	0.00	Wheat
4,062.0	84.10	230.42	857.17	14.75	1.15	9.22	0.92	0.00	0.25	0.09	3.46	0.00	Rice
59.0	1.22	3.35	11.54	0.33	0.02	0.71	0.05	0.00	0.01	0.00	0.05	0.00	Barley
1,477.0	30.58	83.78	282.35	8.13	3.18	20.95	1.76	39.38	0.28	0.09	1.17	0.00	Maize
140.0	2.90	7.94	28.59	0.94	0.23	1.25	0.36	0.06	0.02	0.02	0.20	0.00	Cereals, other
698.0	14.45	39.59	32.84	0.96	0.02	3.75	0.23	2.06	0.04	0.02	0.36	13.06	Starchy Roots
507.2	10.50	28.77	18.99	0.81	0.00	1.15	0.17	0.00	0.03	0.02	0.29	10.36	Potatoes
190.7	3.95	10.82	13.85	0.15	0.02	2.60	0.05	2.06	0.01	0.01	0.08	2.71	Sweet Potatoes
1,022.9	21.18	58.03	223.28	0.01	0.00	1.77	0.18	0.00	0.00	0.00	0.01	0.04	Sweeteners
532.9	11.03	30.23	117.44	9.62	5.21	52.70	2.20	0.17	0.17	0.09	0.97	0.15	Pulses
436.0	9.03	24.73	95.80	8.47	4.31	48.68	1.93	0.00	0.12	0.08	0.58	0.00	Soybeans
24.0	0.50	1.36	4.66	0.27	0.01	1.27	0.08	0.00	0.01	0.00	0.03	0.00	Red Beans
72.9	1.51	4.14	16.98	0.88	0.88	2.75	0.18	0.17	0.04	0.01	0.36	0.15	Pulses, other
70.4	1.46	4.00	10.44	0.24	0.54	2.01	0.08	0.28	0.01	0.01	0.05	0.38	Tree Nuts
46.1	0.95	2.61	12.98	0.48	1.17	26.56	0.23	0.03	0.01	0.00	0.16	0.00	Oil Crops
30.2	0.63	1.71	9.51	0.33	0.87	19.81	0.18	0.03	0.01	0.00	0.09	0.00	Seasme
15.9	0.33	0.90	3.47	0.15	0.30	6.75	0.05	0.00	0.00	0.00	0.07	0.00	Oil Crops, other
7,428.4	153.81	421.38	113.06	6.22	1.66	127.87	4.36	699.98	0.24	0.31	2.71	88.56	Vegetables
2,152.5	45.57	122.11	57.79	0.79	0.20	9.60	0.67	53.86	0.07	0.04	0.45	20.07	Fruit
1,855.6	38.42	105.26	210.08	18.89	13.84	11.24	2.62	273.92	0.48	0.30	5.11	0.93	Meat
319.7	6.62	18.14	30.38	3.50	1.66	2.40	0.54	1.34	0.01	0.03	0.77	0.02	Bovine Meat
848.4	17.57	48.13	115.25	8.53	8.45	1.85	0.65	1.70	0.37	0.10	2.28	0.17	Pig Meat
325.6	6.74	18.47	32.69	3.56	1.84	1.69	0.20	8.04	0.02	0.04	0.37	0.00	Poultry Meat
361.9	7.49	20.53	31.76	3.31	1.89	5.31	1.23	262.84	0.07	0.12	1.69	0.74	Edible Viscera
455.6	9.43	25.84	35.66	3.05	2.12	11.11	0.36	41.09	0.01	0.07	0.16	0.00	Eggs
2,603.4	53.90	147.68	99.03	5.44	4.95	179.37	0.21	45.59	0.07	0.24	0.21	1.89	Milk
2,550.4	52.81	144.67	86.80	4.63	4.63	151.91	0.14	40.51	0.06	0.20	0.14	1.45	Milk
6.0	0.12	0.34	1.69	0.09	0.09	3.01	0.00	0.59	0.00	0.00	0.00	0.02	White Milk Powder
29.9	0.62	1.69	6.10	0.58	0.02	21.17	0.01	0.14	0.01	0.03	0.02	0.02	Skim Milk Powder
13.5	0.28	0.76	3.77	0.12	0.19	2.74	0.06	4.30	0.00	0.01	0.05	0.41	Modified Milk Powder
3.6	0.08	0.21	0.67	0.02	0.02	0.53	0.00	0.06	0.00	0.00	0.00	0.01	Condensed Milk
873.5	18.09	49.55	443.59	0.00	49.55	0.00	0.00	3.78	0.00	0.00	0.00	0.00	Oils and Fats
854.1	17.68	48.45	433.19	0.00	48.45	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
19.5	0.40	1.11	10.40	0.00	1.10	0.00	0.00	3.78	0.00	0.00	0.00	0.00	Animal Fats
2,102.9	43.54	119.29	122.66	20.75	3.47	189.84	2.27	27.56	0.09	0.20	5.28	0.94	Fishes and Shellfishes
1,353.5	28.02	76.78	88.03	14.41	2.86	123.12	1.27	23.78	0.07	0.15	4.20	0.60	Fishes
749.3	15.52	42.51	34.64	6.35	0.61	66.72	1.00	3.78	0.02	0.05	1.08	0.34	Shellfishes
628.6	13.02	35.66	4.54	0.89	0.10	35.85	0.49	47.67	0.02	0.05	0.26	1.62	Seaweeds
3,373.7	69.85	191.38	150.63	0.48	0.00	2.90	0.02	0.00	0.01	0.02	0.56	0.10	Alcoholic Beverages
27,240.2	564.01	1,545.24	2,989.09	100.94	88.34	695.24	18.15	1,235.41	1.93	1.59	21.40	127.66	Grand Total
			3,139.72	101.42	88.34	695.24	18.15	1,235.41	1.94	1.61	21.96	127.76	"

3.11. 2007년도 식품수급표

인구: 48,456천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총 공급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	중 자 Seed	감 모 Loss	가 공 용 Food Manufacture		식용 공급 량 Food	폐기 율 Re- fuse
										식 용 Food	비식용 NonFood		
..... 1,000톤													%
1. 곡 류	4,933.0	12,588.0	2,120.0	19,641.0	1,934.0	1.0	7,921.0	47.0	976.0	462.0	543.4	7,756.6	
밀	7.0	3,315.0	389.0	3,711.0	440.0		1,117.0	0.0	32.0	26.0	21.0	2,075.0	23.0
쌀	4,680.0	246.0	830.0	5,756.0	695.0	1.0	0.0	41.0	806.0	202.0	0.0	4,011.0	
보 리	165.0	183.0	270.0	618.0	293.0		29.0	6.0	7.0	234.0	0.0	49.0	
옥 수	65.0	8,617.0	614.0	9,296.0	487.0		6,757.0	0.0	34.0		522.4	1,495.6	
기 타	16.0	227.0	17.0	260.0	19.0		18.0	0.0	97.0			126.0	
2. 서 류	882.7	15.0		897.7			89.0	52.6	89.0			667.0	
감 자	596.8	15.0		611.8			60.0	30.0	60.0			461.8	6.0
고 구 마	285.8			285.8			29.0	22.6	29.0			205.2	7.0
3. 설 탕 류	1,350.6	0.5	40.0	1,391.1	39.0	360.0			9.9			982.2	
4. 두 류	176.4	1,292.8	69.9	1,539.0	41.9	0.1		4.3	11.0	956.0		525.8	
콩	156.0	1,209.0	66.0	1,431.0	40.0			4.0	10.0	956.0		421.0	
팥	5.0	22.0	3.0	30.0	1.0			0.0	0.0			29.0	
기 타	15.4	61.8	0.9	78.0	0.9	0.1		0.3	1.0			75.8	
5. 견 과 류	84.4	31.1	0.0	115.5	0.0	12.8			2.6			100.2	
6. 증 실 류	39.7	88.0	9.6	137.3	6.5	0.0		0.3	0.9	94.6		34.9	
참 깨	15.5	59.7	9.6	84.8	6.5	0.0		0.3	0.4	62.4		15.2	
들 깨	24.2	28.3	0.0	52.5	0.0	0.0		0.1	0.5	31.5		20.5	
7. 채 소 류	9,587.6	1,138.1	12.5	10,738.2	2.9	103.2		57.0	2,368.8			8,206.4	
8. 과 실 류	2,749.8	575.1	0.0	3,324.9	0.0	30.5			306.9	7.4		2,958.3	
9. 육 류	1,711.8	511.0	87.9	2,310.7	103.9	18.3			43.1		33.9	2,111.6	
쇠 고 기	171.2	202.8	35.0	409.1	40.3				7.4			361.4	1.3
돼 지 고 기	705.6	248.2	47.7	1,001.5	57.5	12.6			18.6			912.7	1.0
닭 고 기	380.4	60.0	5.2	445.6	6.1	5.7			8.7			425.1	20.3
부 산 물	454.6	0.0	0.0	454.6		0.0			8.4		33.9	412.4	7.5
10. 계 란 류	543.8	3.1	0.0	546.8		0.0			10.9			535.9	
11. 우 유 류	2,231.8	976.1	5.5	3,213.3	10.2	49.7			27.0	451.8		2,674.7	
우 유	2,187.8	967.5	0.0	3,155.3	0.0	47.2			26.6	451.8		2,629.8	
전 지 분 유	3.6	1.1	0.5	5.2	0.5	0.0			0.0			4.6	
탈 지 분 유	22.2	4.9	4.0	31.1	8.2	0.1			0.2			22.4	
조 제 분 유	14.6	2.3	0.9	17.8	1.3	1.9			0.1			14.5	
연 유	3.6	0.3	0.1	3.9	0.1	0.4			0.0			3.4	
12. 유 지 류	15.3	882.8	46.7	944.8	47.2	8.5			8.9	0.0	0.0	881.9	
식 물 성	14.5	866.7	45.6	926.9	46.3	6.0			8.7			865.7	
동 물 성	0.8	16.1	1.1	18.0	0.9	2.4			0.2			16.1	
13. 어 패 류	2,460.0	2,134.7	349.2	4,943.9	394.6	784.6			188.2			3,576.5	42.9
어 류	1,329.6	1,554.7	197.8	3,082.1	253.6	448.8			119.0			2,260.6	
패 류	1,130.4	580.0	151.4	1,861.8	140.9	335.8			69.3			1,315.8	
14. 해 조 류	811.1	43.4	0.0	854.6	0.0	121.6			36.6			696.3	
15. 주 류	3,954.5	116.6	90.9	4,162.1	121.1	185.2	0.0	0.0	15.2	251.2	0.0	3,589.4	
합 계 (주류포함)	27,577.9	20,279.7	2,741.4	50,599.0	2,580.1	1,490.3	8,010.0	161.3	4,079.9	1,971.8	577.2	31,706.6	

Food Balance Sheet, 2007

In 48,456 thousand persons

순식용공급량Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,279.4	150.23	411.58	1,495.50	33.45	5.51	43.58	4.22	39.81	0.72	0.24	5.61	0.00	Cereals
1,597.8	32.97	90.34	331.67	9.63	0.94	11.65	1.18	0.00	0.16	0.04	0.81	0.00	Wheat
4,011.0	82.78	226.78	843.63	14.51	1.13	9.07	0.91	0.00	0.25	0.09	3.40	0.00	Rice
49.0	1.01	2.77	9.55	0.27	0.02	0.58	0.04	0.00	0.01	0.00	0.04	0.00	Barley
1,495.6	30.87	84.56	284.98	8.20	3.21	21.14	1.78	39.75	0.28	0.09	1.18	0.00	Maize
126.0	2.60	7.12	25.66	0.84	0.20	1.13	0.32	0.07	0.02	0.01	0.18	0.00	Cereals, other
625.0	12.90	35.34	30.01	0.84	0.02	3.57	0.20	2.05	0.03	0.02	0.32	11.53	Starchy Roots
434.1	8.96	24.55	16.20	0.69	0.00	0.98	0.15	0.00	0.03	0.01	0.25	8.84	Potatoes
190.8	3.94	10.79	13.81	0.15	0.02	2.59	0.05	2.05	0.01	0.01	0.08	2.70	Sweet Potatoes
982.2	20.27	55.53	213.43	0.01	0.00	1.68	0.17	0.00	0.00	0.00	0.01	0.05	Sweeteners
519.0	10.71	29.34	113.85	9.31	4.99	51.00	2.13	0.16	0.16	0.09	0.94	0.14	Pulses
421.0	8.69	23.80	92.20	8.16	4.15	46.86	1.86	0.00	0.12	0.08	0.56	0.00	Soybeans
29.0	0.60	1.64	5.61	0.32	0.01	1.53	0.10	0.00	0.01	0.00	0.04	0.00	Red Beans
69.0	1.42	3.90	16.04	0.83	0.83	2.61	0.17	0.16	0.04	0.01	0.34	0.14	Pulses, other
70.8	1.46	4.00	11.02	0.26	0.61	2.10	0.09	0.27	0.01	0.01	0.06	0.37	Tree Nuts
35.7	0.74	2.02	9.24	0.36	0.83	18.62	0.16	0.02	0.01	0.00	0.13	0.00	Oil Crops
15.2	0.31	0.86	4.78	0.16	0.44	9.95	0.09	0.02	0.00	0.00	0.05	0.00	Seasme
20.5	0.42	1.16	4.46	0.20	0.39	8.67	0.07	0.00	0.00	0.00	0.09	0.00	Oil Crops, other
7,263.4	149.90	410.67	119.34	6.37	1.75	122.63	4.52	765.47	0.25	0.32	2.81	85.94	Vegetables
2,342.4	48.34	132.44	62.78	0.85	0.21	10.25	0.69	55.67	0.07	0.04	0.49	22.68	Fruit
1,980.2	40.87	111.96	223.35	20.11	14.71	11.95	2.79	287.71	0.51	0.32	5.43	0.98	Meat
356.7	7.36	20.17	33.78	3.89	1.85	2.67	0.60	1.49	0.01	0.04	0.86	0.02	Bovine Meat
903.3	18.64	51.07	122.31	9.05	8.96	1.96	0.69	1.81	0.40	0.11	2.42	0.18	Pig Meat
338.8	6.99	19.16	33.90	3.69	1.91	1.75	0.21	8.34	0.02	0.05	0.39	0.00	Poultry Meat
381.4	7.87	21.56	33.36	3.47	1.99	5.57	1.29	276.08	0.08	0.13	1.77	0.78	Edible Viscera
460.9	9.51	26.06	35.96	3.07	2.14	11.20	0.36	41.43	0.01	0.07	0.16	0.00	Eggs
2,674.7	55.20	151.23	99.73	5.41	5.06	177.70	0.22	46.84	0.07	0.24	0.22	1.96	Milk
2,629.8	54.27	148.69	89.21	4.76	4.76	156.12	0.15	41.63	0.06	0.21	0.15	1.49	Milk
4.6	0.09	0.26	1.28	0.07	0.07	2.28	0.00	0.44	0.00	0.00	0.00	0.01	Whole Milk Powder
22.4	0.46	1.27	4.57	0.44	0.01	15.86	0.01	0.10	0.01	0.02	0.01	0.01	Skim Milk Powder
14.5	0.30	0.82	4.04	0.13	0.20	2.94	0.06	4.61	0.00	0.01	0.05	0.44	Modified Milk Powder
3.4	0.07	0.19	0.63	0.02	0.02	0.50	0.00	0.05	0.00	0.00	0.00	0.01	Condensed Milk
881.9	18.20	49.86	445.56	0.00	49.86	0.00	0.00	2.67	0.00	0.00	0.00	0.00	Oils and Fats
855.7	17.87	48.95	436.98	0.00	48.95	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
16.1	0.33	0.91	8.57	0.00	0.91	0.00	0.00	2.67	0.00	0.00	0.00	0.00	Animal Fats
2,039.9	42.10	115.34	116.35	19.86	3.19	176.76	2.04	26.19	0.09	0.19	4.95	0.92	Fishes and Shellfishes
1,263.7	26.08	71.45	81.55	13.43	2.61	108.17	1.15	22.32	0.06	0.14	3.84	0.55	Fishes
776.2	16.02	43.89	34.80	6.43	0.58	68.60	0.89	3.87	0.02	0.05	1.11	0.37	Shellfishes
696.3	14.37	39.37	4.89	0.95	0.11	39.30	0.53	49.76	0.02	0.06	0.28	1.76	Seaweeds
3,589.4	74.08	202.95	158.80	0.51	0.00	3.11	0.02	0.00	0.01	0.03	0.60	0.10	Alcoholic Beverages
27,259.8	562.56	1,541.19	2,980.52	100.83	88.97	669.96	18.12	1,314.91	1.95	1.61	21.40	126.84	Grand Total
			3,139.32	101.34	88.97	673.08	18.14	1,314.91	1.96	1.63	22.00	126.93	"

3.11. 2008년도 식품수급표

인구: 48,607천명

식품명 Products	생 산 Production	수 입 Import	이 입 Carry-In	총 공급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		식품 공급 량 Food	폐기 율 Re- fuse
										식 용 Food	비식용 NonFood		
..... 1,000톤													%
1. 곡 류	4,674.0	12,448.0	1,934.0	19,056.0	2,565.0	0.0	7,434.0	50.0	664.0	413.0	407.5	7,522.5	
밀	10.0	2,435.0	440.0	2885.0	414.0		396.0	1.0	28.0	23.0	15.0	2,008.0	23.0
쌀	4408.0	258.0	695.0	5361.0	686.0		0.0	41.0	443.0	146.0	0.0	4,045.0	
보 리	157.0	170.0	293.0	620.0	213.0		74.0	7.0	28.0	244.0	0.0	54.0	
옥 수	84.0	9,318.0	487.0	9889.0	1231.0		6,942.0	1.0	39.0	0.0	392.5	1,283.5	
기 타	15.0	267.0	19.0	301.0	21.0		22.0	0.0	126.0			132.0	
2. 서 류	952.0	18.3	0.0	970.2	0.0	0.0	95.7	50.3	95.7			728.6	
감 자	599.7	18.3	0.0	617.9	0.0		60.5	30.8	60.5			466.2	6.0
고 구 마	352.3	0.0	0.0	352.3	0.0		35.2	19.5	35.2			262.4	7.0
3. 설 탕 류	1,446.6	0.6	39.0	1486.2	38.0	285.0		0.0	11.6			1,151.6	
4. 두 류	134.0	1,349.1	41.9	1525.0	86.9	0.0		4.3	9.9	946.0	0.0	477.8	
콩	114.0	1,262.0	40.0	1416.0	83.0			4.0	9.0	946.0	0.0	374.0	
팥	5.0	27.0	1.0	33.0	3.0			0.0	0.0	0.0	0.0	30.0	
기 타	15.0	60.1	0.9	76.0	0.9			0.3	0.9	0.0	0.0	73.8	
5. 견 과 류	80.6	27.2	0.0	107.8	0.0	12.6			2.4			92.8	
6. 증 실 류	45.8	82.2	6.5	134.5	6.5	0.0		0.3	0.9	94.0	0.0	32.7	
참 깨	17.5	63.9	6.5	88.0	6.5			0.2	0.4	65.0	0.0	15.8	
기 타	29.5	18.2	0.0	47.7	0.0			0.1	0.5	29.1	0.0	18.1	
7. 채 소 류	10,139.2	1,081.7	2.9	11,223.8	7.9	135.4		59.3	2,534.1			8,487.0	
8. 과 실 류	2,697.7	539.1	0.0	3,236.8	0.0	39.1			319.1	7.0	0.0	2,871.7	
9. 육 류	1,717.3	508.5	103.9	2,329.7	124.6	19.6			43.0	0.0	34.1	2,108.3	
쇠 고 기	173.8	224.1	40.3	438.2	73.1	0.0			7.3	0.0	0.0	357.8	1.3
돼 지 고 기	709.3	214.3	57.5	981.1	44.0	10.4			18.5	0.0	0.0	908.2	1.0
닭 고 기	376.6	70.1	6.1	452.8	7.5	9.3			8.7	0.0	0.0	427.3	20.3
부 산 물	457.5	0.0	0.0	457.5	0.0	0.0			8.5	0.0	34.1	415.0	7.5
10. 계 란 류	541.9	1.9	0.0	543.8	0.0	0.1			10.9	0.0	0.0	532.9	
11. 우 유 류	2,181.3	893.7	10.2	3,085.1	9.0	58.3			25.9	427.2	0.0	2,564.8	
우 유	2,138.8	885.1	0.0	3,023.9	0.0	54.8			25.4	427.2	0.0	2,516.5	
전 지 분 유	3.4	1.3	0.5	5.2	0.3	0.0			0.0	0.0	0.0	4.9	
탈 지 분 유	19.9	5.0	8.2	33.1	7.5	0.3			0.3	0.0	0.0	25.1	
조 제 분 유	15.6	1.9	1.3	18.8	1.1	2.7			0.2	0.0	0.0	14.9	
연 유	3.5	0.4	0.1	4.0	0.1	0.5			0.0	0.0	0.0	3.4	
12. 유 지 류	19.9	910.5	47.2	977.6	48.9	16.7			9.1			903.8	
식 물 성	18.0	891.6	46.3	956.0	47.8	13.7			8.9			885.5	
동 물 성	1.8	18.9	0.9	21.7	1.1	3.0			0.2			18.4	
13. 어 패 류	2,426.4	1,754.2	394.6	4,575.2	354.9	864.2			167.8			3,188.2	40.5
어 류	1,447.7	1,194.9	253.6	2,896.2	222.4	511.6			108.1			2,054.1	
패 류	978.7	559.4	140.9	1,679.0	132.6	352.7			59.7			1,134.0	
14. 해 조 류	934.9	30.2	0.0	965.0	0.0	155.0			40.5			769.5	
15. 주 류	4,090.1	120.8	91.3	4,302.3	89.8	227.7			19.1	260.8		3,704.8	
합 계 (주류포함)	27,991.5	19,645.2	2,580.1	50,216.7	3,241.7	1,586.1	7,529.7	164.3	3,934.9	1,887.2	441.6	31,431.2	

Food Balance Sheet, 2008

In 48,607 thousand persons

순식용공급량Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,060.7	145.26	397.97	1,449.19	32.07	5.03	40.27	3.95	34.06	0.67	0.23	5.44	0.00	Cereals
1,546.2	31.81	87.15	319.97	9.29	0.91	11.24	1.14	0.00	0.15	0.04	0.78	0.00	Wheat
4,045.0	83.22	228.00	848.15	14.59	1.14	9.12	0.91	0.00	0.25	0.09	3.42	0.00	Rice
54.0	1.11	3.04	10.50	0.30	0.02	0.64	0.05	0.00	0.01	0.00	0.04	0.00	Barley
1,283.5	26.41	72.34	243.80	7.02	2.75	18.09	1.52	34.00	0.24	0.08	1.01	0.00	Maize
132.0	2.72	7.44	26.78	0.88	0.21	1.18	0.33	0.06	0.02	0.01	0.19	0.00	Cereals, other
682.2	14.04	38.45	33.91	0.88	0.03	4.29	0.22	2.61	0.04	0.02	0.34	12.33	Starchy Roots
438.2	9.02	24.70	16.30	0.69	0.00	0.99	0.15	0.00	0.03	0.01	0.25	8.89	Potatoes
244.0	5.02	13.75	17.60	0.19	0.03	3.30	0.07	2.61	0.01	0.01	0.10	3.44	Sweet Potatoes
1,151.6	23.69	64.91	249.67	0.01	0.00	1.95	0.20	0.00	0.00	0.00	0.01	0.05	Sweeteners
471.2	9.69	26.56	103.02	8.36	4.49	45.61	1.92	0.16	0.15	0.08	0.87	0.13	Pulses
374.0	7.69	21.08	81.65	7.22	3.68	41.50	1.65	0.00	0.11	0.07	0.49	0.00	Soybeans
30.0	0.62	1.69	5.79	0.33	0.01	1.58	0.10	0.00	0.01	0.00	0.04	0.00	Red Beans
67.2	1.38	3.79	15.58	0.81	0.81	2.54	0.17	0.16	0.04	0.01	0.33	0.13	Pulses, other
66.9	1.38	3.77	10.30	0.25	0.56	2.17	0.08	0.25	0.01	0.01	0.05	0.34	Tree Nuts
33.9	0.70	1.91	8.89	0.34	0.80	17.97	0.16	0.02	0.01	0.00	0.13	0.00	Oil Crops
15.8	0.33	0.89	4.95	0.17	0.46	10.32	0.09	0.02	0.00	0.00	0.05	0.00	Seasme
18.1	0.37	1.02	3.94	0.17	0.34	7.65	0.06	0.00	0.00	0.00	0.08	0.00	Oil Crops, other
7,495.4	154.20	422.48	117.07	6.38	1.68	126.62	4.45	710.62	0.25	0.32	2.73	88.52	Vegetables
2,280.8	46.92	128.56	60.49	0.81	0.21	9.89	0.70	57.61	0.07	0.04	0.46	20.50	Fruit
1,976.4	40.66	111.40	222.11	20.00	14.63	11.92	2.78	288.56	0.51	0.32	5.41	0.98	Meat
353.1	7.27	19.90	33.34	3.84	1.82	2.64	0.59	1.47	0.01	0.04	0.84	0.02	Bovine Meat
898.9	18.49	50.67	121.33	8.98	8.89	1.94	0.69	1.79	0.39	0.11	2.40	0.18	Pig Meat
340.6	7.01	19.20	33.97	3.70	1.92	1.75	0.21	8.35	0.02	0.05	0.39	0.00	Poultry Meat
383.8	7.90	21.63	33.46	3.48	1.99	5.59	1.30	276.95	0.08	0.13	1.78	0.78	Edible Viscera
458.3	9.43	25.83	35.65	3.05	2.12	11.11	0.36	41.07	0.01	0.07	0.15	0.00	Eggs
2,564.8	52.77	144.56	96.32	5.25	4.85	172.54	0.21	45.08	0.07	0.23	0.21	1.90	Milk
2,516.5	51.77	141.84	85.11	4.54	4.54	148.93	0.14	39.72	0.06	0.20	0.14	1.42	Milk
4.9	0.10	0.28	1.36	0.07	0.07	2.43	0.00	0.47	0.00	0.00	0.00	0.01	Whe Milk Powder
25.1	0.52	1.41	5.09	0.49	0.01	17.68	0.01	0.11	0.01	0.02	0.01	0.01	Skim Milk Powder
14.9	0.31	0.84	4.14	0.14	0.21	3.01	0.06	4.72	0.00	0.01	0.05	0.45	Medied Milk Powder
3.4	0.07	0.19	0.62	0.02	0.02	0.49	0.00	0.05	0.00	0.00	0.00	0.01	Condensed Milk
903.8	18.60	50.95	455.44	0.00	50.94	0.00	0.00	3.54	0.00	0.00	0.00	0.00	Oils and Fats
885.5	18.22	49.91	445.70	0.00	49.91	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
18.4	0.38	1.04	9.74	0.00	1.03	0.00	0.00	3.54	0.00	0.00	0.00	0.00	Animal Fats
1,898.0	39.05	106.98	109.86	18.41	3.18	177.27	1.91	26.03	0.08	0.18	4.73	0.83	Fishes and Shellfishes
1,181.4	24.31	66.59	77.82	12.47	2.65	112.02	1.14	22.65	0.06	0.14	3.71	0.53	Fishes
716.5	14.74	40.39	32.04	5.95	0.53	65.25	0.77	3.38	0.02	0.04	1.02	0.30	Shellfishes
769.5	15.83	43.37	5.33	1.03	0.12	44.34	0.58	53.49	0.02	0.06	0.30	2.02	Seaweeds
3,704.8	76.22	208.82	163.51	0.52	0.00	3.18	0.02	0.00	0.01	0.03	0.62	0.10	Alcoholic Beverages
27,159.1	558.75	1,530.82	2,957.26	96.84	88.63	665.95	17.51	1263.10	1.88	1.57	20.83	127.61	Grand Total
			3,120.76	97.36	88.63	669.13	17.53	1263.10	1.89	1.59	21.45	127.71	"

Food Balance Sheet, 2009

In 49,182 thousand persons

순식용공급량Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
6,831.4	138.90	380.55	1,388.09	30.63	4.57	37.36	3.70	28.90	0.63	0.21	5.18	0.00	Cereals
1,585.4	32.24	88.32	324.26	9.41	0.92	11.39	1.16	0.00	0.15	0.04	0.79	0.00	Wheat
3,961.0	80.54	220.65	820.82	14.12	1.10	8.83	0.88	0.00	0.24	0.09	3.31	0.00	Rice
60.0	1.22	3.34	11.52	0.33	0.02	0.70	0.05	0.00	0.01	0.00	0.05	0.00	Barley
1,102.0	22.41	61.39	206.87	5.95	2.33	15.35	1.29	28.85	0.20	0.07	0.86	0.00	Maize
123.0	2.50	6.85	24.62	0.82	0.19	1.09	0.32	0.05	0.02	0.01	0.17	0.00	Cereals, other
668.1	13.59	37.22	32.36	0.87	0.03	4.00	0.21	2.39	0.03	0.02	0.33	12.02	Starchy Roots
442.6	9.00	24.65	16.27	0.69	0.00	0.99	0.15	0.00	0.03	0.01	0.25	8.88	Potatoes
225.6	4.59	12.57	16.08	0.18	0.03	3.02	0.06	2.39	0.01	0.01	0.09	3.14	Sweet Potatoes
1,161.8	23.62	64.72	249.21	0.00	0.00	1.94	0.20	0.00	0.00	0.00	0.01	0.04	Sweeteners
475.9	9.68	26.51	103.20	8.36	4.56	45.60	1.91	0.15	0.15	0.08	0.88	0.13	Pulses
380.0	7.73	21.17	81.99	7.25	3.69	41.67	1.65	0.00	0.11	0.07	0.50	0.00	Soybeans
27.0	0.55	1.50	5.15	0.29	0.01	1.40	0.09	0.00	0.01	0.00	0.04	0.00	Red Beans
68.9	1.40	3.84	16.06	0.82	0.87	2.52	0.17	0.15	0.04	0.01	0.35	0.13	Pulses, other
74.7	1.52	4.16	12.97	0.32	0.83	2.81	0.10	0.26	0.01	0.01	0.06	0.34	Tree Nuts
39.1	0.79	2.18	10.11	0.39	0.90	20.42	0.18	0.02	0.01	0.00	0.14	0.00	Oil Crops
18.1	0.37	1.01	5.60	0.19	0.51	11.66	0.10	0.02	0.01	0.00	0.05	0.00	Seasme
21.0	0.43	1.17	4.51	0.20	0.39	8.76	0.07	0.00	0.00	0.00	0.09	0.00	Oil Crops, other
7,324.4	148.92	408.01	114.87	6.05	1.59	118.17	4.17	662.21	0.24	0.30	2.57	84.00	Vegetables
2,377.6	48.34	132.45	61.76	0.85	0.21	10.36	0.67	57.47	0.07	0.04	0.48	22.20	Fruit
2,109.9	42.90	117.54	231.55	21.18	15.10	12.90	2.99	299.36	0.50	0.33	5.66	1.01	Meat
453.3	9.22	25.25	42.30	4.87	2.31	3.34	0.75	1.86	0.02	0.05	1.07	0.03	Bovine Meat
888.0	18.06	49.47	118.46	8.77	8.68	1.90	0.67	1.75	0.38	0.10	2.34	0.17	Pig Meat
366.5	7.45	20.41	36.13	3.93	2.04	1.86	0.22	8.88	0.03	0.05	0.41	0.00	Poultry Meat
402.2	8.18	22.41	34.66	3.61	2.06	5.79	1.34	286.87	0.08	0.13	1.84	0.81	Edible Viscera
489.4	9.95	27.26	37.62	3.22	2.24	11.72	0.38	43.34	0.01	0.08	0.16	0.00	Eggs
2,598.2	52.83	144.73	96.27	5.27	4.83	173.55	0.21	44.65	0.07	0.23	0.21	1.86	Milk
2549.4	51.84	142.02	85.21	4.54	4.54	149.12	0.14	39.76	0.06	0.20	0.14	1.42	Milk
4.2	0.08	0.23	1.15	0.06	0.06	2.04	0.00	0.40	0.00	0.00	0.00	0.01	Whte Milk Powder
27.5	0.56	1.53	5.52	0.53	0.02	19.16	0.01	0.12	0.01	0.03	0.01	0.02	Skim Milk Powder
13.8	0.28	0.77	3.79	0.13	0.19	2.75	0.06	4.32	0.00	0.01	0.05	0.41	Medied Milk Powder
3.3	0.07	0.19	0.60	0.01	0.02	0.48	0.00	0.05	0.00	0.00	0.00	0.01	Condensed Milk
930.7	18.92	51.84	464.44	0.00	51.84	0.00	0.00	6.43	0.00	0.00	0.00	0.00	Oils and Fats
906.5	18.43	50.50	451.78	0.00	50.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
24.1	0.49	1.35	12.66	0.00	1.34	0.00	0.00	6.43	0.00	0.00	0.00	0.00	Animal Fats
1,775.6	36.10	98.91	101.77	17.11	2.91	152.09	1.78	21.51	0.07	0.17	4.37	0.78	Fishes and Shellfishes
1090.2	22.17	60.73	71.39	11.48	2.41	93.69	1.02	18.86	0.05	0.12	3.40	0.49	Fishes
685.4	13.94	38.18	30.38	5.64	0.50	58.41	0.76	2.65	0.02	0.04	0.97	0.29	Shellfishes
709.2	14.42	39.50	4.73	0.87	0.10	39.40	0.51	43.66	0.02	0.05	0.27	1.68	Seaweeds
3,318.3	67.47	184.85	142.72	0.48	0.00	2.92	0.02	0.00	0.01	0.02	0.55	0.10	Alcoholic Beverages
26,964.4	548.26	1,502.08	2,908.94	95.13	89.72	630.34	16.99	1,210.36	1.82	1.53	20.33	124.06	Grand Total
			3,051.66	95.61	89.72	633.25	17.01	1,210.36	1.83	1.55	20.89	124.16	"

Food Balance Sheet, 2010

In 49,410 thousand persons

순식용공급량Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg	
7,169.2	145.10	397.52	1,447.16	32.23	5.04	40.67	3.99	34.00	0.68	0.23	5.41	0.00	Cereals
1,647.0	33.33	91.33	335.30	9.73	0.95	11.78	1.20	0.00	0.16	0.04	0.82	0.00	Wheat
4,025.0	81.46	223.18	830.23	14.28	1.12	8.93	0.89	0.00	0.25	0.09	3.35	0.00	Rice
66.0	1.34	3.66	12.62	0.36	0.03	0.77	0.05	0.00	0.01	0.00	0.05	0.00	Barley
1,303.2	26.37	72.26	243.51	7.01	2.75	18.06	1.52	33.96	0.24	0.08	1.01	0.00	Maize
128.0	2.59	7.10	25.50	0.85	0.20	1.13	0.33	0.04	0.02	0.01	0.18	0.00	Cereals, other
683.8	13.84	37.92	33.38	0.87	0.03	4.21	0.21	2.56	0.03	0.02	0.34	12.17	Starchy Roots
440.8	8.92	24.44	16.13	0.68	0.00	0.98	0.15	0.00	0.03	0.01	0.24	8.80	Potatoes
243.0	4.92	13.48	17.25	0.19	0.03	3.23	0.07	2.56	0.01	0.01	0.09	3.37	Sweet Potatoes
1,122.7	22.72	62.25	238.84	0.01	0.00	1.87	0.19	0.00	0.00	0.00	0.01	0.07	Sweeteners
513.6	10.40	28.48	110.80	9.03	4.90	49.46	2.07	0.14	0.16	0.09	0.93	0.13	Pulses
417.0	8.44	23.12	89.56	7.92	4.03	45.51	1.81	0.00	0.12	0.08	0.54	0.00	Soybeans
30.0	0.61	1.66	5.69	0.32	0.01	1.55	0.10	0.00	0.01	0.00	0.04	0.00	Red Beans
66.6	1.35	3.70	15.55	0.79	0.85	2.40	0.16	0.14	0.04	0.01	0.34	0.13	Pulses, other
74.5	1.51	4.13	14.10	0.35	0.98	2.96	0.11	0.24	0.01	0.01	0.07	0.31	Tree Nuts
35.1	0.71	1.95	9.13	0.35	0.82	18.48	0.16	0.02	0.01	0.00	0.13	0.00	Oil Crops
17.2	0.35	0.95	5.30	0.18	0.49	11.04	0.10	0.02	0.01	0.00	0.05	0.00	Seasme
17.9	0.36	0.99	3.83	0.17	0.33	7.44	0.06	0.00	0.00	0.00	0.08	0.00	Oil Crops, other
6,530.1	132.16	362.08	104.77	5.44	1.36	105.09	3.99	611.00	0.21	0.27	2.29	74.65	Vegetables
2,182.6	44.17	121.02	58.12	0.80	0.20	9.90	0.65	54.80	0.06	0.04	0.46	20.00	Fruit
2,151.4	43.54	119.29	235.41	21.48	15.37	13.01	3.00	307.53	0.52	0.34	5.72	1.03	Meat
417.2	8.44	23.13	38.75	4.46	2.12	3.06	0.69	1.70	0.01	0.04	0.98	0.02	Bovine Meat
911.8	18.45	50.56	121.08	8.96	8.87	1.94	0.69	1.79	0.39	0.11	2.39	0.18	Pig Meat
408.0	8.26	22.62	40.04	4.36	2.26	2.06	0.24	9.84	0.03	0.05	0.46	0.00	Poultry Meat
414.4	8.39	22.98	35.55	3.70	2.12	5.94	1.38	294.20	0.08	0.14	1.89	0.83	Edible Viscera
488.1	9.88	27.07	37.35	3.19	2.22	11.64	0.38	43.04	0.01	0.08	0.16	0.00	Eggs
2,815.9	56.99	156.14	101.91	5.50	5.21	180.36	0.22	48.19	0.07	0.24	0.22	2.00	Milk
2,774.4	56.15	153.84	92.30	4.92	4.92	161.53	0.15	43.07	0.06	0.22	0.15	1.54	Milk
4.1	0.08	0.23	1.13	0.06	0.06	2.01	0.00	0.39	0.00	0.00	0.00	0.01	Whte Milk Powder
19.4	0.39	1.07	3.87	0.37	0.01	13.44	0.00	0.09	0.01	0.02	0.01	0.01	Skim Milk Powder
14.7	0.30	0.82	4.02	0.13	0.20	2.93	0.06	4.59	0.00	0.01	0.05	0.43	Medied Milk Powder
3.3	0.07	0.18	0.58	0.01	0.01	0.47	0.00	0.05	0.00	0.00	0.00	0.01	Condensed Milk
992.1	20.08	55.01	492.97	0.00	55.01	0.00	0.00	5.12	0.00	0.00	0.00	0.00	Oils and Fats
971.5	19.66	53.87	482.22	0.00	53.87	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Vegetable Oils
20.6	0.42	1.14	10.75	0.00	1.14	0.00	0.00	5.12	0.00	0.00	0.00	0.00	Animal Fats
1,805.8	36.55	100.13	101.14	17.15	2.82	169.73	1.84	23.48	0.07	0.17	4.42	0.80	Fishes and Shellfishes
1,120.1	22.67	62.11	71.06	11.61	2.32	106.89	1.05	21.14	0.05	0.12	3.44	0.49	Fishes
685.7	13.88	38.02	30.08	5.54	0.51	62.84	0.80	2.34	0.02	0.04	0.98	0.32	Shellfishes
725.3	14.68	40.22	5.08	0.98	0.11	41.44	0.54	49.15	0.02	0.06	0.28	1.71	Seaweeds
3,679.8	74.47	204.04	158.42	0.68	0.00	3.70	0.03	0.00	0.01	0.03	0.59	0.22	Alcoholic Beverages
26,674.2	539.85	1,479.04	2,990.18	97.38	94.07	648.84	17.34	1,179.26	1.86	1.55	20.44	112.87	Grand Total
			3,148.60	98.07	94.07	652.54	17.38	1,179.26	1.87	1.57	21.03	113.09	"

3.11. 2011년도 식품수급표

인구: 49,410천명

식품명 Products	생산	수입	이입	총공급량	이월	수출	사료	종자	감모	가공용		식품공급량	폐기율 Re-fuse
	Production	Import	Carry-In	Total Supply	Carry-Over	Export	Feed	Seed	Loss	Food Manufacture	비식품용		
..... 1,000톤													%
1. 곡 류	4,499.0	13,080.0	2,772.0	20,351.0	2,092.0	4.0	8,242.0	41.0	1,117.0	487.0	670.5	7,697.5	
밀	44.0	4,522.0	432.0	4,998.0	516.0	0.0	2,176.0	1.0	104.0	0.0	0.0	2,201.0	23.0
쌀	4,295.0	327.0	1,509.0	6,131.0	968.0	4.0	0.0	37.0	867.0	244.0	0.0	4,011.0	
보리	75.0	218.0	142.0	435.0	98.0	0.0	15.0	3.0	10.0	243.0	0.0	66.0	
옥수수	74.0	7,808.0	666.0	8,548.0	486.0	0.0	6,023.0	0.0	95.0	0.0	670.5	1,273.5	
기타	11.0	205.0	23.0	239.0	24.0	0.0	28.0	0.0	41.0	0.0	0.0	146.0	
2. 서 류	935.1	35.3	0.0	970.4	0.0		93.5	58.2	98.6			720.1	
감자	636.2	35.3	0.0	671.5	0.0		63.6	40.2	68.7			499.0	16.0
고구마	298.9	0.0	0.0	298.9	0.0		29.9	18.0	29.9			221.1	7.0
3. 설 류	1,500.3	0.7	38.0	1,538.9	38.0	360.0			11.4			1,129.5	
4. 두 류	133.9	1,301.0	69.5	1,504.5	65.7				4.4	8.1	919.0	0.0	507.2
콩	105.0	1,212.0	67.0	1,384.0	62.0				4.0	6.0	919.0	0.0	393.0
팥	5.0	25.0	2.0	32.0	2.0				0.0	1.0	0.0	0.0	29.0
기타	23.9	64.0	0.5	88.5	1.7				0.4	1.1	0.0	0.0	85.2
5. 견 류	74.2	44.4	0.0	118.6	0.0	10.9			2.7			105.0	
6. 종 류	46.6	108.5	6.5	161.6	6.1	0.3			0.3	1.1	112.5	0.0	41.4
참깨	12.7	81.9	6.5	101.1	6.1	0.3			0.2	0.5	75.7	0.0	18.4
기타	34.5	26.6	0.0	61.1	0.0	0.0			0.1	0.6	36.8	0.0	23.6
7. 채 류	9,963.7	1,183.9	6.4	11,154.0	1.9	128.9			57.2	2,539.5		8,426.5	
8. 과 류	2,458.5	706.6	0.0	3,165.1	0.0	31.5			312.8	5.2	0.0	2,815.5	
9. 육 류	1,676.4	790.8	57.0	2,524.2	70.2	15.9			48.1	0.0	31.3	2,358.6	
쇠고기	216.4	289.4	0.0	505.8	0.0	0.0			10.1	0.0	0.0	495.7	1.4
돼지고기	575.6	370.4	47.9	993.9	55.2	0.5			18.8	0.0	0.0	919.4	0.0
닭고기	456.5	130.9	9.1	596.5	15.0	15.3			11.3	0.0	0.0	554.9	20.3
부산물	427.9	0.0	0.0	427.9	0.0	0.0			7.9	0.0	31.3	388.7	7.0
10. 계 류	573.1	2.9	0.0	576.0	0.0	0.1			11.5			564.4	
11. 우 류	1,912.7	1,754.5	2.0	3,669.2	2.7	83.4			29.8	602.8	0.0	2,950.5	
우유	1,889.2	1,712.7	0.0	3,601.8	0.0	78.1			29.2	602.8	0.0	2,891.7	
전지분유	1.8	5.3	0.1	7.2	0.5	0.0			0.1	0.0	0.0	6.6	
탈지분유	4.0	33.5	0.9	38.4	1.1	0.0			0.4	0.0	0.0	36.9	
조제분유	15.2	2.6	0.9	18.7	0.9	4.1			0.1	0.0	0.0	13.6	
연유	2.6	0.4	0.0	3.1	0.2	1.3			0.0	0.0	0.0	1.6	
12. 유 류	13.3	1,081.7	54.0	1,149.0	57.4	32.3			10.6			1,048.7	
식물성	12.4	1,066.0	52.8	1,131.2	56.6	30.3			10.4			1,034.0	
동물성	0.9	15.7	1.2	17.8	0.9	2.0			0.1			14.8	
13. 어 류	2,276.1	1,650.3	354.4	4,280.8	384.2	839.3			152.9			2,904.4	36.5
어류	1,382.8	980.8	283.0	2,646.6	314.1	557.6			88.7			1,686.2	
패류	893.3	669.5	71.4	1,634.2	70.1	281.7			64.1			1,218.3	
14. 해 류	1,007.1	50.2	0.0	1,057.3	0.0	233.1			41.2			783.0	
15. 주 류	4,273.4	257.9	690.3	5,221.7	688.4	265.1			12.7	239.6	0.0	4,015.9	
합계 (주류포함)	27,070.0	21,790.8	3,359.9	52,220.6	2,718.2	1,739.8	8,335.5	161.2	4,385.4	2,126.4	701.8	32,052.3	

Food Balance Sheet, 2011

In 49,410 thousand persons

순식용공급량Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										Products
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
						Ca Calcim	Fe Iron	A	B ₁	B ₂	Niacin	C	
						1,000ton	kg	g	kcal	g	g	mg	
7,191.3	144.46	395.79	1,431.09	31.39	4.64	53.42	6.52	35.20	0.92	0.16	5.65	0.00	Cereals
1,694.8	34.05	93.28	343.63	9.13	0.83	18.28	1.72	0.00	0.14	0.02	1.74	0.00	Wheat
4,011.0	80.58	220.75	801.34	14.13	0.88	15.45	2.87	2.21	0.51	0.04	2.65	0.00	Rice
66.0	1.33	3.63	12.51	0.36	0.03	0.87	0.08	0.00	0.01	0.00	0.07	0.00	Barley
1,273.5	25.58	70.09	243.92	6.80	2.66	17.52	1.47	32.94	0.23	0.08	0.98	0.00	Maize
146.0	2.93	8.04	29.70	0.96	0.23	1.29	0.38	0.05	0.02	0.02	0.20	0.00	Cereals, other
624.8	12.55	34.39	29.36	0.71	0.02	5.95	1.03	2.38	0.07	0.01	0.17	4.67	Starchy Roots
419.2	8.42	23.07	14.53	0.55	0.00	3.23	0.97	0.23	0.06	0.01	0.09	1.85	Potatoes
205.6	4.13	11.32	14.83	0.16	0.02	2.72	0.06	2.15	0.01	0.01	0.08	2.83	Sweet Potatoes
1,129.5	22.69	62.17	238.86	0.01	0.00	1.87	0.19	0.00	0.00	0.00	0.01	0.06	Sweeteners
492.5	9.89	27.11	113.03	8.53	4.72	46.41	1.95	0.10	0.15	0.08	0.92	0.06	Pulses
393.0	7.89	21.63	90.81	7.41	3.77	42.41	1.69	0.00	0.11	0.07	0.51	0.00	Soybeans
29.0	0.58	1.60	5.75	0.31	0.01	1.51	0.10	0.00	0.01	0.00	0.04	0.00	Red Beans
70.5	1.42	3.88	16.48	0.81	0.94	2.50	0.16	0.10	0.04	0.01	0.37	0.06	Pulses, other
76.4	1.53	4.20	14.95	0.38	1.04	3.19	0.14	0.24	0.01	0.01	0.07	0.30	Tree Nuts
42.0	0.84	2.31	12.33	0.41	0.95	21.46	0.18	0.02	0.01	0.00	0.15	0.00	Oil Crops
18.4	0.37	1.01	5.84	0.19	0.52	11.73	0.11	0.02	0.01	0.00	0.05	0.00	Seasme
23.6	0.47	1.30	6.49	0.22	0.43	9.72	0.08	0.00	0.01	0.00	0.10	0.00	Oil Crops, other
7,694.0	154.56	423.45	137.00	6.22	0.96	144.70	5.10	590.33	0.32	0.28	2.38	76.22	Vegetables
2,324.3	46.69	127.92	62.06	0.82	0.20	14.42	0.52	27.90	0.11	0.04	0.46	37.36	Fruit
2,211.8	44.43	121.73	239.48	21.98	14.77	11.57	2.81	272.57	0.52	0.34	5.04	0.84	Meat
488.6	9.82	26.89	50.58	5.03	3.05	2.96	0.63	1.46	0.02	0.05	0.94	0.03	Bovine Meat
919.4	18.47	50.60	116.28	9.17	7.56	2.41	0.74	1.16	0.40	0.12	1.61	0.03	Pig Meat
442.3	8.88	24.34	42.99	4.69	2.43	2.22	0.26	11.34	0.03	0.06	0.49	0.00	Poultry Meat
361.6	7.26	19.90	29.64	3.08	1.73	3.98	1.19	258.62	0.06	0.11	2.00	0.77	Edible Viscera
491.0	9.86	27.02	37.56	3.08	2.24	14.05	0.46	23.51	0.06	0.19	0.16	0.00	Eggs
2,950.5	59.27	162.39	109.90	5.37	5.51	175.53	0.21	86.23	0.11	0.12	0.70	0.31	Milk
2,891.7	58.09	159.15	97.08	4.46	5.25	144.83	0.16	82.76	0.10	0.08	0.64	0.00	Milk
6.6	0.13	0.36	1.84	0.09	0.10	3.21	0.00	0.62	0.00	0.00	0.00	0.02	White Milk Powder
36.9	0.74	2.03	7.29	0.70	0.02	25.39	0.01	0.16	0.01	0.04	0.02	0.02	Skim Milk Powder
13.6	0.27	0.75	3.40	0.11	0.13	1.88	0.04	2.66	0.00	0.00	0.04	0.27	Modified Milk Powder
1.6	0.03	0.09	0.29	0.01	0.01	0.23	0.00	0.02	0.00	0.00	0.00	0.00	Condensed Milk
1,048.7	21.07	57.72	531.44	0.00	57.71	0.27	0.01	3.43	0.01	0.01	0.02	0.00	Oils and Fats
1,034.0	20.77	56.91	524.00	0.00	56.90	0.27	0.01	0.04	0.01	0.01	0.02	0.00	Vegetable Oils
14.8	0.30	0.81	7.45	0.00	0.81	0.00	0.00	3.39	0.00	0.00	0.00	0.00	Animal Fats
1,845.1	37.07	101.55	103.37	17.35	3.12	194.26	1.94	27.20	0.09	0.18	4.56	1.00	Fishes and Shellfishes
1,023.6	20.56	56.33	69.33	11.20	2.52	105.36	1.08	23.50	0.06	0.12	3.42	0.46	Fishes
821.6	16.50	45.22	34.03	6.15	0.60	88.90	0.86	3.70	0.03	0.06	1.14	0.54	Shellfishes
783.0	15.73	43.09	6.72	1.05	0.11	40.29	0.58	60.42	0.02	0.06	0.31	2.05	Seaweeds
4,015.9	80.67	221.02	175.12	0.75	0.00	4.06	0.03	0.00	0.01	0.03	0.63	0.25	Alcoholic Beverages
28,238.3	567.27	1,554.16	3,067.15	97.29	95.98	727.39	21.65	1,129.52	2.40	1.49	20.59	122.88	Grand Total
			3,242.27	98.04	95.98	731.45	21.68	1,129.52	2.42	1.52	21.22	123.14	"

3.11. 2012년도 식품수급표

인구: 50,004천명

식품명 Products	생 산 Production	수 입 Import	이입 Carry-In	총 공급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		식용 공 급량 Food	폐기율 Re- fuse
										식 용 Food	비식용 NonFood		
..... 1,000톤													%
1. 곡 류	4,404.0	13,751.0	2,175.0	20,330.0	1,716.0	3.0	8,815.0	41.0	829.0	417.0	656.8	7,852.2	
밀	37.0	5,280.0	516.0	5,833.0	491.0		3,094.0	1.0	23.0	9.0	0.0	2,215.0	23.0
쌀	4,224.0	370.0	1,051.0	5,645.0	762.0	3.0		36.0	724.0	148.0	0.0	3,972.0	
보 리	57.0	249.0	98.0	404.0	57.0		16.0	3.0	2.0	260.0	0.0	66.0	
옥 수	74.0	7,673.0	486.0	8,233.0	378.0		5,681.0	0.0	42.0	0.0	656.8	1,475.2	
기 타	12.0	179.0	24.0	215.0	28.0		24.0	1.0	38.0	0.0	0.0	124.0	
2. 서 류	868.8	44.7	0.0	913.4	0.0	0.0	86.9	60.4	86.9			679.3	
감 자	613.5	44.7	0.0	658.1	0.0		61.4	37.4	61.4			498.0	16.0
고 구 마	255.3	0.0	0.0	255.3	0.0		25.5	23.0	25.5			181.2	7.0
3. 설 탕 류	1,489.0	0.8	38.0	1,527.8	38.0	359.0		0.0	11.3			1,119.4	
4. 두 류	152.8	1,194.3	65.7	1,412.9	58.0			4.4	9.1	827.0		514.3	
콩	129.0	1,110.0	62.0	1,301.0	54.0			4.0	8.0	827.0		408.0	
팥	4.0	26.0	2.0	32.0	4.0			0.0	0.0	0.0		28.0	
기 타	19.8	58.3	1.7	79.9	0.0			0.4	1.1	0.0		78.3	
5. 견 과 류	67.5	70.3	0.0	137.8	0.0	11.4		0.0	3.2	0.0		123.2	
6. 종 실 류	40.2	95.4	6.1	141.7	9.1	0.6		0.3	0.9	106.2		24.5	
참 깨	9.5	73.4	6.1	89.0	9.1	0.6		0.2	0.4	63.2		15.4	
기 타	31.2	32.9	0.0	64.1	0.0			0.1	0.5	42.9		20.5	
7. 채 소 류	8,885.9	1,169.4	1.9	10,057.2	1.9	131.3		44.1	2,232.7	0.0		7,647.2	
8. 과 실 류	2,374.2	777.2	0.0	3,151.4	0.0	30.7			311.8	3.1		2,805.9	
9. 육 류	1,965.8	659.1	70.2	2,695.0	130.9	22.1			50.1		38.5	2,453.5	
쇠 고 기	234.5	253.5	0.0	488.0	2.0	0.0			9.7			476.3	1.4
돼 지 고 기	749.7	275.2	55.2	1,080.0	120.0	1.3			19.2			939.6	0.0
닭 고 기	463.7	130.4	15.0	609.1	8.8	20.9			11.6			567.8	20.3
부 산 물	517.9	0.0	0.0	517.9	0.0	0.0			9.6		38.5	469.8	7.0
10. 계 란 류	604.5	2.8	0.0	607.3	0.0	0.5			12.1			594.7	
11. 우 유 류	2,149.0	1,452.8	2.7	3,604.6	9.3	101.2			27.7	721.4		2,744.9	
우 유	2,110.7	1,414.4	0.0	3,525.1	0.0	93.0			27.1	721.4		2,683.6	
전 지 분 유	1.6	1.6	0.5	3.8	0.4	0.0			0.0	0.0		3.4	
탈 지 분 유	14.2	34.1	1.1	49.5	7.1	0.0			0.4	0.0		41.9	
조 제 분 유	18.2	2.6	0.9	21.7	1.6	5.6			0.1	0.0		14.3	
연 유	4.2	0.1	0.2	4.5	0.2	2.6			0.0	0.0		1.7	
12. 유 지 류	15.0	1,149.0	57.4	1,221.4	61.1	39.3			11.2			1,109.5	
식 물 성	10.4	1,129.0	56.6	1,196.0	59.8	37.9			11.0			1,087.4	
동 물 성	4.5	20.0	0.9	25.4	1.3	1.4			0.2			22.1	
13. 어 패 류	2,141.0	2,017.3	384.2	4,542.5	390.4	841.2			167.0			3,145.3	39.8
어 류	1,257.5	1,331.3	314.1	2,902.9	290.6	598.5			102.1			1,913.2	
패 류	883.4	686.0	70.1	1,639.6	99.8	242.8			64.9			1,232.2	
14. 해 조 류	1,032.4	48.1	0.0	1,080.6	0.0	244.7			41.8			794.1	
15. 주 류	4,349.9	307.5	688.4	5,345.8	686.1	252.0			9.9	251.3		4,146.6	
합 계	26,190.2	22,432.2	2,801.2	51,423.6	2,414.7	1,785.2	8,901.9	150.2	3,794.8	2,074.7	695.3	31,608.4	
(주류포함)													

Food Balance Sheet, 2012

In 50,004 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
							mg	mg	R. E.	mg	mg	mg	mg
7,342.8	146.84	402.31	1,453.08	32.10	5.00	55.72	6.65	40.20	0.94	0.17	5.73	0.00	
1,705.6	34.11	93.45	344.26	9.15	0.84	18.32	1.72	0.00	0.14	0.02	1.75	0.00	
3,972.0	79.43	217.62	789.98	13.93	0.87	15.23	2.83	2.18	0.50	0.04	2.61	0.00	
66.0	1.32	3.62	12.45	0.36	0.03	0.87	0.08	0.00	0.01	0.00	0.07	0.00	
1,475.2	29.50	80.83	281.28	7.84	3.07	20.21	1.70	37.99	0.27	0.09	1.13	0.00	
124.0	2.48	6.79	25.11	0.82	0.19	1.09	0.32	0.04	0.02	0.01	0.17	0.00	
586.9	11.74	32.16	26.54	0.68	0.02	5.43	1.01	1.98	0.07	0.01	0.16	4.14	
418.4	8.37	22.92	14.44	0.55	0.00	3.21	0.96	0.23	0.06	0.01	0.09	1.83	
168.5	3.37	9.23	12.10	0.13	0.02	2.22	0.05	1.75	0.01	0.00	0.06	2.31	
1,119.4	22.39	61.33	235.91	0.01	0.00	1.84	0.19	0.00	0.00	0.00	0.01	0.05	
500.8	10.02	27.44	114.80	8.70	4.82	47.53	1.98	0.08	0.15	0.08	0.92	0.05	
408.0	8.16	22.35	93.85	7.65	3.90	43.83	1.75	0.00	0.11	0.08	0.52	0.00	
28.0	0.56	1.53	5.53	0.30	0.01	1.45	0.09	0.00	0.01	0.00	0.04	0.00	
64.8	1.30	3.55	15.43	0.75	0.92	2.25	0.14	0.08	0.03	0.01	0.36	0.05	
88.0	1.76	4.82	17.49	0.45	1.20	4.19	0.13	0.25	0.01	0.01	0.08	0.32	
35.9	0.72	1.97	10.49	0.35	0.81	18.19	0.16	0.02	0.01	0.00	0.13	0.00	
15.4	0.31	0.84	4.86	0.16	0.43	9.76	0.09	0.02	0.00	0.00	0.05	0.00	
20.5	0.41	1.12	5.63	0.19	0.38	8.43	0.07	0.00	0.00	0.00	0.09	0.00	
6,962.1	139.23	381.45	131.40	5.96	1.00	124.42	4.84	574.90	0.30	0.29	2.45	70.25	
2,310.7	46.21	126.60	61.76	0.83	0.20	14.75	0.52	28.26	0.12	0.04	0.47	37.97	
2,298.6	45.97	125.94	246.13	22.63	15.16	12.33	3.04	325.32	0.53	0.37	5.45	0.99	
469.4	9.39	25.72	48.37	4.82	2.92	2.83	0.60	1.40	0.02	0.05	0.90	0.03	
939.6	18.79	51.48	118.30	9.33	7.69	2.45	0.75	1.18	0.41	0.12	1.64	0.03	
452.6	9.05	24.80	43.80	4.78	2.47	2.26	0.27	11.55	0.03	0.06	0.50	0.00	
437.1	8.74	23.95	35.66	3.71	2.08	4.78	1.43	311.19	0.07	0.14	2.41	0.93	
517.4	10.35	28.35	39.40	3.23	2.35	14.74	0.48	24.66	0.06	0.20	0.17	0.00	
2,744.9	54.89	150.39	102.73	5.08	5.07	166.33	0.20	79.76	0.10	0.12	0.65	0.32	
2,683.6	53.67	147.03	89.69	4.12	4.85	133.80	0.15	76.46	0.09	0.07	0.59	0.00	
3.4	0.07	0.18	0.93	0.05	0.05	1.62	0.00	0.31	0.00	0.00	0.00	0.01	
41.9	0.84	2.30	8.25	0.79	0.02	28.72	0.01	0.18	0.01	0.04	0.02	0.02	
14.3	0.29	0.79	3.56	0.12	0.14	1.96	0.05	2.78	0.00	0.00	0.04	0.29	
1.7	0.03	0.09	0.31	0.01	0.01	0.24	0.00	0.03	0.00	0.00	0.00	0.00	
1,109.5	22.19	60.79	559.64	0.00	60.78	0.24	0.01	5.78	0.01	0.01	0.02	0.00	
1,087.4	21.75	59.58	548.61	0.00	59.57	0.24	0.01	0.03	0.01	0.01	0.02	0.00	
22.1	0.44	1.21	11.02	0.00	1.21	0.00	0.00	5.75	0.00	0.00	0.00	0.00	
1,893.4	38.29	103.74	105.54	17.75	3.13	183.19	1.90	22.87	0.10	0.18	4.18	1.13	
1,081.9	22.06	59.28	71.17	11.64	2.51	84.60	0.93	19.53	0.06	0.11	3.03	0.47	
811.5	16.23	44.46	34.36	6.11	0.62	98.59	0.98	3.34	0.04	0.06	1.15	0.66	
794.1	15.88	43.51	6.64	1.00	0.10	39.19	0.56	59.30	0.02	0.06	0.30	2.08	
4,146.6	82.92	227.19	176.17	0.77	0.00	4.20	0.03	0.00	0.01	0.03	0.66	0.25	
27,619.1	552.76	1,513.24	3,111.54	98.78	99.65	688.10	21.68	1,163.39	2.43	1.54	20.70	117.31	
			3,287.71	99.55	99.65	692.30	21.71	1,163.39	2.44	1.57	21.37	117.57	

Food Balance Sheet, 2013

In 50,220 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
							mg	mg	R. E.	mg	mg	mg	mg
6,941.3	138.22	378.68	1,368.95	29.96	4.48	50.95	6.23	34.51	0.88	0.16	5.38	0.00	
1,585.4	31.57	86.49	318.64	8.47	0.77	16.95	1.59	0.00	0.13	0.02	1.62	0.00	
3,905.0	77.76	213.04	773.32	13.63	0.85	14.91	2.77	2.13	0.49	0.04	2.56	0.00	
51.0	1.02	2.78	9.58	0.28	0.02	0.67	0.06	0.00	0.01	0.00	0.05	0.00	
1,260.9	25.11	68.79	239.38	6.67	2.61	17.20	1.44	32.33	0.23	0.08	0.96	0.00	
139.0	2.77	7.58	28.03	0.91	0.21	1.22	0.36	0.05	0.02	0.02	0.19	0.00	
742.4	14.78	40.50	34.21	0.84	0.03	6.95	1.23	2.71	0.08	0.02	0.20	5.41	
508.1	10.12	27.72	17.46	0.67	0.00	3.88	1.16	0.28	0.07	0.01	0.11	2.22	
234.3	4.67	12.78	16.74	0.18	0.03	3.07	0.06	2.43	0.01	0.01	0.09	3.20	
1,191.2	23.72	64.99	250.18	0.00	0.00	1.95	0.20	0.00	0.00	0.00	0.01	0.05	
494.4	9.84	26.97	112.49	8.55	4.67	46.78	1.96	0.08	0.15	0.08	0.88	0.05	
403.0	8.02	21.99	92.30	7.53	3.83	43.10	1.72	0.00	0.11	0.07	0.52	0.00	
30.0	0.60	1.64	5.89	0.32	0.01	1.55	0.10	0.00	0.01	0.00	0.04	0.00	
61.4	1.22	3.35	14.29	0.70	0.83	2.13	0.14	0.08	0.03	0.01	0.32	0.05	
90.8	1.81	4.95	18.17	0.47	1.26	4.19	0.14	0.26	0.01	0.01	0.08	0.33	
40.3	0.80	2.20	11.70	0.39	0.90	20.26	0.17	0.02	0.01	0.00	0.15	0.00	
17.1	0.34	0.93	5.36	0.18	0.48	10.77	0.10	0.02	0.01	0.00	0.05	0.00	
23.2	0.46	1.26	6.34	0.21	0.42	9.49	0.08	0.00	0.01	0.00	0.10	0.00	
7,339.6	146.15	400.41	138.57	6.22	1.03	131.21	4.90	589.59	0.31	0.29	2.50	73.39	
2,385.9	47.51	130.16	62.66	0.82	0.21	14.36	0.52	27.54	0.11	0.04	0.47	38.31	
2,470.1	49.18	134.75	263.53	24.16	16.25	13.26	3.31	361.09	0.58	0.39	5.92	1.11	
501.3	9.98	27.35	51.44	5.12	3.10	3.01	0.64	1.48	0.02	0.05	0.96	0.03	
1,026.6	20.44	56.00	128.70	10.15	8.37	2.67	0.82	1.28	0.45	0.13	1.78	0.04	
453.0	9.02	24.71	43.65	4.76	2.47	2.26	0.27	11.51	0.03	0.06	0.50	0.00	
489.2	9.74	26.69	39.74	4.13	2.31	5.33	1.59	346.81	0.08	0.15	2.69	1.04	
517.0	10.29	28.21	39.20	3.22	2.34	14.67	0.48	24.54	0.06	0.19	0.17	0.00	
3,083.6	61.40	168.23	111.70	5.39	5.67	175.75	0.22	89.22	0.11	0.12	0.72	0.30	
3,033.8	60.41	165.51	100.96	4.63	5.46	150.61	0.17	86.07	0.10	0.08	0.66	0.00	
4.0	0.08	0.22	1.10	0.06	0.06	1.92	0.00	0.37	0.00	0.00	0.00	0.01	
31.1	0.62	1.70	6.09	0.59	0.02	21.21	0.01	0.14	0.01	0.03	0.02	0.02	
13.6	0.27	0.74	3.36	0.11	0.13	1.85	0.04	2.63	0.00	0.00	0.04	0.27	
1.1	0.02	0.06	0.19	0.00	0.00	0.15	0.00	0.02	0.00	0.00	0.00	0.00	
912.5	18.17	49.78	458.35	0.00	49.77	0.25	0.01	3.18	0.01	0.01	0.02	0.00	
898.6	17.89	49.02	451.40	0.00	49.01	0.25	0.01	0.03	0.01	0.01	0.02	0.00	
13.9	0.28	0.76	6.95	0.00	0.76	0.00	0.00	3.15	0.00	0.00	0.00	0.00	
1,871.0	37.26	102.07	104.89	18.14	3.06	179.48	1.77	23.24	0.09	0.17	4.38	0.99	
1,123.7	22.38	61.30	73.37	12.43	2.51	83.97	0.94	19.99	0.06	0.12	3.36	0.51	
740.0	14.73	40.35	31.30	5.67	0.54	94.41	0.82	2.98	0.03	0.05	1.02	0.48	
873.5	17.39	47.66	7.12	1.08	0.10	39.96	0.60	67.57	0.03	0.07	0.33	2.30	
4,148.6	82.61	226.32	176.01	0.74	0.00	4.12	0.03	0.00	0.01	0.03	0.66	0.24	
28,188.3	561.30	1,537.81	2,981.50	99.21	89.76	698.91	21.73	1,223.26	2.44	1.56	21.20	122.23	
			3,157.50	99.95	89.76	703.03	21.76	1,223.26	2.45	1.59	21.86	122.47	

Food Balance Sheet, 2014

In 50,747 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)									
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins				
	1,000ton	kg				g	kcal	g	g	Ca Calcium	Fe Iron	A
						mg	mg	R. E.	mg	mg	mg	mg
6,876.6	135.51	371.26	1,341.95	29.51	4.43	50.51	6.13	34.17	0.86	0.15	5.30	0.00
1611.6	31.76	87.01	320.54	8.52	0.78	17.05	1.60	0.00	0.13	0.02	1.63	0.00
3,798.0	74.84	205.05	744.32	13.12	0.82	14.35	2.67	2.05	0.47	0.04	2.46	0.00
66.0	1.30	3.56	12.27	0.36	0.03	0.86	0.08	0.00	0.01	0.00	0.07	0.00
1,264.0	24.91	68.24	237.48	6.62	2.59	17.06	1.43	32.07	0.23	0.08	0.96	0.00
137.0	2.70	7.40	27.34	0.89	0.21	1.19	0.35	0.05	0.02	0.02	0.19	0.00
631.2	12.44	34.08	29.84	0.69	0.02	6.00	0.98	2.56	0.06	0.01	0.17	4.82
403.2	7.95	21.77	13.71	0.52	0.00	3.05	0.91	0.22	0.06	0.01	0.09	1.74
228.0	4.49	12.31	16.13	0.17	0.02	2.95	0.06	2.34	0.01	0.01	0.09	3.08
1,198.3	23.61	64.69	249.05	0.00	0.00	1.94	0.20	0.00	0.00	0.00	0.01	0.05
521.5	10.28	28.15	116.94	8.86	4.83	48.31	2.03	0.10	0.16	0.08	0.93	0.07
417.0	8.22	22.51	94.52	7.71	3.93	44.14	1.76	0.00	0.11	0.08	0.53	0.00
31.0	0.61	1.67	6.03	0.33	0.01	1.58	0.10	0.00	0.01	0.00	0.04	0.00
73.5	1.45	3.97	16.40	0.82	0.90	2.59	0.17	0.10	0.03	0.01	0.36	0.07
98.8	1.95	5.34	21.10	0.55	1.55	4.59	0.19	0.26	0.01	0.02	0.09	0.32
39.4	0.78	2.13	11.33	0.38	0.87	19.67	0.17	0.02	0.01	0.00	0.14	0.00
17.0	0.34	0.92	5.28	0.18	0.47	10.61	0.10	0.02	0.01	0.00	0.05	0.00
22.4	0.44	1.21	6.05	0.20	0.40	9.06	0.07	0.00	0.01	0.00	0.09	0.00
7,797.4	153.65	420.97	151.71	6.74	1.43	137.84	5.45	759.70	0.33	0.34	3.06	76.95
2,527.9	49.81	136.48	66.16	0.87	0.22	14.87	0.58	31.09	0.12	0.04	0.49	40.01
2,612.9	51.49	141.07	276.67	25.36	17.06	13.66	3.38	356.18	0.61	0.41	6.06	1.09
523.8	10.32	28.28	53.19	5.29	3.21	3.11	0.66	1.54	0.02	0.05	0.99	0.03
1,098.3	21.64	59.29	136.26	10.74	8.86	2.83	0.86	1.36	0.47	0.14	1.88	0.04
505.5	9.96	27.29	48.20	5.26	2.72	2.49	0.29	12.71	0.03	0.07	0.55	0.00
485.4	9.57	26.21	39.03	4.06	2.27	5.24	1.56	340.57	0.08	0.15	2.64	1.02
562.6	11.09	30.38	42.22	3.46	2.52	15.80	0.52	26.43	0.06	0.21	0.18	0.00
3,130.8	61.69	169.03	112.43	5.42	5.70	176.81	0.22	89.56	0.11	0.12	0.72	0.30
3,078.8	60.67	166.22	101.39	4.65	5.49	151.26	0.17	86.43	0.10	0.08	0.66	0.00
4.1	0.08	0.22	1.13	0.06	0.06	1.97	0.00	0.38	0.00	0.00	0.00	0.01
31.7	0.62	1.71	6.15	0.59	0.02	21.40	0.01	0.14	0.01	0.03	0.02	0.02
13.4	0.26	0.72	3.28	0.11	0.13	1.81	0.04	2.56	0.00	0.00	0.04	0.26
2.7	0.05	0.15	0.48	0.01	0.01	0.38	0.00	0.04	0.00	0.00	0.00	0.00
1,037.1	20.44	55.99	515.52	0.00	55.98	0.25	0.01	3.76	0.01	0.01	0.02	0.00
1,020.9	20.12	55.12	507.53	0.00	55.11	0.25	0.01	0.03	0.01	0.01	0.02	0.00
16.2	0.32	0.87	8.00	0.00	0.87	0.00	0.00	3.73	0.00	0.00	0.00	0.00
2,111.6	41.61	114.00	116.11	19.85	3.37	191.84	1.99	24.51	0.10	0.19	4.77	1.17
1,213.2	23.91	65.50	78.52	13.07	2.70	86.76	0.98	20.45	0.07	0.13	3.56	0.55
898.4	17.70	48.51	37.60	6.79	0.66	105.08	1.02	4.06	0.04	0.06	1.22	0.62
857.2	16.89	46.28	6.90	1.04	0.10	38.73	0.60	65.95	0.03	0.07	0.33	2.31
4,470.1	88.09	241.33	168.47	0.85	0.00	4.63	0.04	0.00	0.02	0.04	0.76	0.27
29,266.7	576.72	1,580.06	3,057.93	102.74	98.10	720.82	22.43	1,394.26	2.48	1.65	22.27	127.08
			3,226.40	103.59	98.10	725.45	22.47	1,394.26	2.50	1.69	23.03	127.35

Food Balance Sheet, 2015

In 51,015 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
							mg	mg	R. E.	mg	mg	mg	mg
6,790.5	133.1	364.7	1,229.5	29.9	4.6	48.3	5.1	33.9	0.8	0.2	4.0	0.1	0.1
1,637.8	32.1	88.0	328.7	9.4	0.9	15.1	0.6	0.0	0.1	0.0	0.4	0.1	0.1
3,658.0	71.7	196.5	677.8	12.6	0.8	13.8	2.6	2.0	0.5	0.0	2.4	0.0	0.0
67.0	1.3	3.6	11.4	0.3	0.1	1.1	0.1	0.0	0.0	0.0	0.1	0.0	0.0
1,263.7	24.8	67.9	181.2	6.6	2.6	17.0	1.4	31.9	0.2	0.1	1.0	0.0	0.0
160.0	3.1	8.6	29.8	1.0	0.2	1.4	0.4	0.0	0.0	0.0	0.2	0.0	0.0
635.0	12.4	34.1	23.5	0.6	0.1	3.8	0.2	8.8	0.0	0.0	0.2	0.2	2.9
423.0	8.3	22.7	11.7	0.4	0.0	1.7	0.1	0.0	0.0	0.0	0.1	0.1	1.7
212.0	4.2	11.4	11.8	0.1	0.1	2.0	0.1	8.8	0.0	0.0	0.1	1.2	1.2
1,141.1	22.4	61.3	244.4	0.0	0.0	2.4	0.1	0.0	0.0	0.4	0.0	0.0	0.0
517.5	10.1	27.8	115.1	9.0	4.6	45.0	2.0	1.2	0.1	0.1	0.9	0.5	0.5
422.3	8.3	22.7	94.6	8.0	3.7	41.3	1.7	1.0	0.1	0.1	0.5	0.4	0.4
25.0	0.5	1.3	4.8	0.3	0.0	1.3	0.1	0.0	0.0	0.0	0.0	0.0	0.0
30.4	0.6	1.6	4.4	0.3	0.0	1.3	0.1	0.1	0.0	0.0	0.0	0.1	0.1
89.5	1.8	4.8	17.6	0.5	1.3	5.6	0.1	0.3	0.0	0.0	0.1	0.4	0.4
42.8	0.8	2.3	12.4	0.5	1.0	12.2	0.2	0.1	0.0	0.0	0.1	0.0	0.0
16.5	0.3	0.9	5.0	0.2	0.4	6.7	0.1	0.0	0.0	0.0	0.0	0.0	0.0
26.3	0.5	1.4	7.4	0.3	0.6	5.5	0.1	0.1	0.0	0.0	0.0	0.0	0.0
7,282.2	142.7	391.1	111.8	7.0	2.1	109.4	8.1	532.4	0.3	0.5	2.7	48.8	48.8
2,476.3	48.5	133.0	65.3	0.8	0.2	14.8	0.5	37.9	0.1	0.1	0.4	19.0	19.0
2,729.6	53.5	146.6	241.8	27.5	14.6	16.1	2.9	368.8	0.5	0.4	7.8	1.6	1.6
534.9	10.5	28.7	52.6	5.4	3.3	3.2	0.7	1.8	0.0	0.1	1.0	0.1	0.1
1,143.0	22.4	61.4	110.8	11.8	7.2	3.3	0.4	4.3	0.3	0.1	2.2	0.4	0.4
545.6	10.7	29.3	40.4	6.2	1.8	2.8	0.2	9.7	0.1	0.0	1.8	0.0	0.0
506.1	9.9	27.2	37.9	4.2	2.3	6.7	1.6	353.0	0.1	0.2	2.7	1.1	1.1
555.9	10.9	29.9	38.8	3.7	2.2	15.5	0.5	40.6	0.0	0.1	0.0	0.0	0.0
3,245.9	63.6	174.3	126.7	6.1	6.0	229.8	0.1	100.0	0.0	0.3	0.6	2.4	2.4
3,184.1	62.4	171.0	112.9	5.3	5.7	193.2	0.1	94.0	0.0	0.3	0.5	1.4	1.4
4.6	0.1	0.2	1.3	0.1	0.1	2.4	0.0	1.0	0.0	0.0	0.0	0.0	0.0
36.3	0.7	1.9	7.1	0.7	0.0	27.5	0.0	0.0	0.0	0.0	0.0	0.2	0.2
16.4	0.3	0.9	4.5	0.1	0.2	6.0	0.1	4.7	0.0	0.0	0.1	0.8	0.8
4.5	0.1	0.2	0.9	0.0	0.0	0.7	0.0	0.2	0.0	0.0	0.0	0.0	0.0
1,024.5	20.1	55.0	505.7	0.0	54.9	1.4	0.1	2.9	0.0	0.0	0.0	0.0	0.0
1,012.2	19.8	54.4	499.6	0.0	54.2	1.4	0.1	0.1	0.0	0.0	0.0	0.0	0.0
12.3	0.2	0.7	6.0	0.0	0.7	0.0	0.0	2.8	0.0	0.0	0.0	0.0	0.0
1,963.0	38.5	105.4	103.5	18.0	3.3	174.9	1.8	23.0	0.1	0.2	4.4	0.9	0.9
1,214.5	23.8	65.2	74.2	12.3	2.8	82.8	1.0	21.1	0.1	0.1	3.4	0.5	0.5
748.4	14.7	40.2	29.4	5.7	0.5	92.1	0.8	2.0	0.0	0.0	1.0	0.4	0.4
948.1	18.6	50.9	7.4	1.1	0.1	45.1	0.6	62.6	0.0	0.1	0.3	2.4	2.4
5,013.7	98.3	269.3	250.6	0.5	0.0	5.3	0.1	0.0	0.0	0.0	0.4	0.0	0.0
28,637.1	561.3	1,537.9	2,843.5	104.9	94.9	724.3	22.3	1,212.6	2.1	2.3	21.5	79.1	79.1
			3,094.1	105.4	94.9	729.7	22.3	1,212.6	2.1	2.3	21.9	79.1	79.1

Food Balance Sheet, 2016

In 51,218 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
							mg	mg	R. E.	mg	mg	mg	mg
6,801.9	132.80	363.85	1,225.02	29.91	4.64	48.42	5.11	34.85	0.83	0.17	3.97	0.13	
1,630.1	31.83	87.20	325.85	9.29	0.88	14.95	0.60	0.00	0.12	0.03	0.36	0.13	
3,636.0	70.99	194.50	671.01	12.45	0.78	13.61	2.53	1.94	0.45	0.04	2.33	0.00	
52.0	1.02	2.78	8.79	0.25	0.05	0.83	0.07	0.00	0.00	0.00	0.05	0.00	
1,308.9	25.55	70.01	186.93	6.79	2.66	17.50	1.47	32.91	0.23	0.08	0.98	0.00	
175.0	3.42	9.36	32.43	1.13	0.27	1.51	0.44	0.00	0.03	0.02	0.25	0.00	
607.6	11.86	32.50	22.05	0.55	0.07	3.50	0.16	7.79	0.02	0.01	0.15	2.77	
418.4	8.17	22.38	11.53	0.44	0.01	1.68	0.11	0.00	0.01	0.01	0.09	1.68	
189.2	3.69	10.12	10.52	0.11	0.06	1.82	0.05	7.79	0.01	0.00	0.07	1.09	
1,152.6	22.50	61.65	246.18	0.00	0.01	2.46	0.08	0.00	0.00	0.37	0.00	0.00	
505.6	9.87	27.05	112.25	8.79	4.46	43.86	1.90	1.24	0.13	0.12	0.84	0.50	
413.0	8.06	22.09	92.13	7.76	3.61	40.20	1.67	1.01	0.09	0.11	0.46	0.43	
25.0	0.49	1.34	4.81	0.26	0.01	1.26	0.08	0.00	0.01	0.00	0.03	0.00	
67.6	1.32	3.62	15.31	0.77	0.85	2.40	0.15	0.24	0.03	0.01	0.34	0.07	
96.5	1.88	5.16	20.26	0.61	1.54	5.74	0.14	0.25	0.00	0.02	0.11	0.38	
48.0	0.94	2.57	13.81	0.61	1.07	13.50	0.20	0.13	0.01	0.02	0.07	0.01	
18.1	0.35	0.97	5.39	0.25	0.44	7.25	0.08	0.03	0.00	0.01	0.03	0.01	
29.9	0.58	1.60	8.42	0.36	0.64	6.26	0.12	0.10	0.01	0.01	0.04	0.00	
6,844.4	133.63	366.12	101.93	6.41	1.87	101.60	8.02	444.25	0.33	0.41	2.44	45.98	
2,198.1	42.92	117.58	57.24	0.71	0.17	12.96	0.36	27.21	0.11	0.05	0.37	17.82	
2,870.9	56.05	153.57	253.84	28.88	15.34	16.65	3.00	372.74	0.49	0.39	8.10	1.61	
573.7	11.20	30.69	56.25	5.72	3.50	3.40	0.74	1.97	0.02	0.06	1.12	0.09	
1,215.5	23.73	65.02	117.34	12.46	7.67	3.55	0.46	4.54	0.34	0.14	2.37	0.45	
569.1	11.11	30.44	42.00	6.44	1.89	2.94	0.19	10.06	0.05	0.03	1.85	0.00	
512.6	10.01	27.42	38.25	4.26	2.28	6.76	1.61	356.16	0.08	0.16	2.76	1.07	
592.3	11.56	31.68	41.19	3.94	2.34	16.47	0.57	43.09	0.02	0.15	0.03	0.00	
3,292.4	64.28	176.12	128.40	6.23	6.06	233.37	0.14	100.99	0.05	0.32	0.60	2.37	
3,227.2	63.01	172.63	113.93	5.32	5.73	195.07	0.09	94.95	0.04	0.28	0.52	1.36	
5.9	0.11	0.31	1.62	0.08	0.09	3.07	0.00	1.32	0.00	0.00	0.00	0.03	
38.0	0.74	2.03	7.40	0.69	0.02	28.73	0.00	0.00	0.00	0.03	0.03	0.21	
15.5	0.30	0.83	4.25	0.12	0.20	5.63	0.05	4.43	0.01	0.01	0.05	0.76	
5.9	0.12	0.32	1.21	0.02	0.02	0.86	0.00	0.30	0.00	0.00	0.00	0.01	
1,083.5	21.16	57.96	532.56	0.00	57.84	1.55	0.11	9.50	0.00	0.00	0.00	0.00	
1,049.5	20.49	56.14	516.02	0.00	56.02	1.55	0.11	0.13	0.00	0.00	0.00	0.00	
34.1	0.67	1.82	16.55	0.00	1.82	0.00	0.00	9.38	0.00	0.00	0.00	0.00	
1,861.5	36.34	99.57	96.56	16.92	3.02	161.43	1.70	22.54	0.08	0.16	4.23	0.91	
1,069.4	20.88	57.21	65.64	10.95	2.45	64.10	0.85	20.44	0.06	0.12	3.16	0.44	
792.1	15.46	42.37	30.92	5.97	0.57	97.33	0.86	2.09	0.03	0.04	1.07	0.47	
1079.2	21.07	57.73	8.59	1.27	0.14	52.04	0.72	69.44	0.03	0.08	0.40	2.43	
3,605.6	70.40	192.87	145.01	0.45	0.04	4.19	0.02	0.00	0.00	0.03	0.36	0.04	
28,114.0	548.91	1,503.86	2,859.88	104.84	98.55	713.56	22.22	1,134.02	2.10	2.26	21.31	74.90	
			3,004.89	105.26	98.59	717.75	22.24	1,134.02	2.10	2.30	21.66	74.94	

Food Balance Sheet, 2017

In 51,362 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
							mg	mg	R. E.	mg	mg	mg	mg
7,071.7	137.68	377.22	1,264.36	31.14	5.02	51.26	5.38	38.98	0.86	0.18	4.15	0.13	
1,652.4	32.17	88.14	329.39	9.39	0.89	15.12	0.60	0.00	0.12	0.03	0.36	0.13	
3,690.0	71.84	196.83	679.07	12.60	0.79	13.78	2.56	1.97	0.45	0.04	2.36	0.00	
68.0	1.32	3.63	11.46	0.33	0.06	1.09	0.09	0.00	0.00	0.00	0.07	0.00	
1,476.3	28.74	78.75	210.25	7.64	2.99	19.69	1.65	37.01	0.26	0.09	1.10	0.00	
185.0	3.60	9.87	34.19	1.19	0.28	1.59	0.47	0.00	0.03	0.02	0.26	0.00	
570.9	11.12	30.45	21.95	0.49	0.08	3.54	0.15	9.19	0.02	0.01	0.15	2.68	
347.3	6.76	18.52	9.54	0.36	0.01	1.39	0.09	0.00	0.01	0.01	0.07	1.39	
223.7	4.35	11.93	12.41	0.13	0.07	2.15	0.06	9.19	0.01	0.00	0.08	1.29	
1,236.0	24.07	65.93	261.45	0.01	0.01	2.60	0.08	0.00	0.00	0.40	0.00	0.00	
437.4	8.52	23.33	96.53	7.42	3.85	36.60	1.61	1.07	0.12	0.10	0.78	0.43	
336.0	6.54	17.92	74.74	6.30	2.93	32.61	1.35	0.82	0.08	0.09	0.37	0.35	
26.0	0.51	1.39	4.99	0.27	0.01	1.31	0.08	0.00	0.01	0.00	0.03	0.00	
75.4	1.47	4.02	16.80	0.85	0.91	2.68	0.17	0.25	0.04	0.01	0.37	0.08	
87.7	1.71	4.68	18.57	0.58	1.41	5.99	0.12	0.21	0.00	0.02	0.11	0.33	
46.2	0.90	2.47	13.25	0.58	1.03	12.86	0.19	0.12	0.01	0.02	0.07	0.01	
16.8	0.33	0.90	5.00	0.23	0.41	6.72	0.07	0.03	0.00	0.01	0.03	0.01	
29.4	0.57	1.57	8.25	0.36	0.62	6.14	0.12	0.09	0.01	0.01	0.04	0.00	
7,368.0	143.45	393.02	101.18	6.56	1.74	114.42	8.23	426.61	0.38	0.39	2.43	50.35	
2,148.6	41.83	114.61	55.77	0.70	0.17	12.39	0.36	27.87	0.10	0.05	0.36	16.83	
3,089.0	60.14	164.77	270.15	31.11	16.18	17.91	3.17	400.65	0.52	0.41	8.81	1.70	
563.1	10.96	30.04	55.05	5.60	3.43	3.33	0.72	1.93	0.02	0.06	1.09	0.08	
1,268.1	24.69	67.64	122.08	12.96	7.98	3.69	0.48	4.72	0.35	0.14	2.46	0.47	
707.1	13.77	37.72	52.04	7.98	2.34	3.65	0.23	12.46	0.06	0.04	2.30	0.00	
550.7	10.72	29.38	40.97	4.56	2.44	7.24	1.73	381.54	0.09	0.17	2.96	1.15	
494.3	9.62	26.37	34.28	3.28	1.94	13.71	0.47	35.86	0.02	0.12	0.03	0.00	
3,525.4	68.64	188.05	135.50	6.52	6.45	243.54	0.14	107.35	0.05	0.33	0.63	2.35	
3,464.3	67.45	184.79	121.96	5.69	6.14	208.81	0.09	101.64	0.04	0.30	0.56	1.46	
6.5	0.13	0.35	1.79	0.09	0.09	3.40	0.00	1.46	0.00	0.00	0.00	0.03	
33.6	0.65	1.79	6.51	0.61	0.02	25.31	0.00	0.00	0.00	0.02	0.02	0.18	
13.6	0.27	0.73	3.73	0.10	0.17	4.94	0.04	3.88	0.00	0.00	0.04	0.67	
7.4	0.14	0.40	1.51	0.03	0.03	1.08	0.00	0.38	0.00	0.00	0.00	0.01	
1,173.6	22.85	62.60	575.35	0.00	62.46	1.52	0.11	3.02	0.00	0.00	0.00	0.00	
1,159.2	22.57	61.83	568.27	0.00	61.69	1.52	0.11	0.12	0.00	0.00	0.00	0.00	
14.5	0.28	0.77	7.09	0.00	0.77	0.00	0.00	2.90	0.00	0.00	0.00	0.00	
1,962.4	38.21	103.68	101.94	17.63	3.27	188.23	1.81	25.25	0.09	0.17	4.57	0.99	
1,185.4	23.08	63.23	72.31	11.98	2.73	82.63	0.98	23.12	0.06	0.12	3.51	0.49	
777.0	15.13	41.44	29.63	5.65	0.55	105.59	0.84	2.13	0.03	0.05	1.06	0.50	
1,423.9	27.72	75.96	11.36	1.71	0.19	69.71	0.99	93.70	0.04	0.10	0.53	3.29	
3,552.6	69.17	189.50	144.50	0.44	0.04	4.13	0.02	0.00	0.00	0.03	0.34	0.04	
29,783.8	579.88	1,588.71	2,983.15	112.47	104.11	777.23	23.14	1172.00	2.24	2.35	25.32	79.32	
			3,127.65	112.91	104.16	781.36	23.16	1172.00	2.24	2.38	25.66	79.36	

3.11. 2018년도 식품수급표

인구:51,607천명

식품명 Products	생 산 Production	수 입 Import	이입 Carry-In	총 공급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		식품 공급량 Food	폐기율 Re- fuse
										식 용 Food	비식용 NonFood		
..... 1,000톤													%
1. 곡 류	4,190.0	14,590.0	3,018.0	21,798.0	2,745.0	2.0	9,995.0	41.0	275.0	1,190.2	783.2	7,549.8	
밀	26.0	3,646.0	482.0	4,154.0	497.0	0.0	1,527.0	1.0	15.0	0.0	0.0	2,114.0	23.0
쌀	3,972.0	398.0	1,888.0	6,258.0	1,442.0	2.0	671.0	32.0	194.0	188.0	0.0	3,729.0	
보리	103.0	239.0	43.0	385.0	52.0	0.0	12.0	5.0	30.0	219.0	0.0	67.0	
옥수수	74.0	9,969.0	596.0	10,639.0	745.0	0.0	7,667.0	0.0	0.0	783.2	783.2	1,443.8	
기타	15.0	338.0	9.0	362.0	9.0	0.0	118.0	3.0	36.0	0.0	0.0	196.0	
2. 서 류	850.0	50.0	0.0	900.0	0.0	0.0	87.3	57.6	82.3	0.0	0.0	672.9	
감자	525.0	50.0	0.0	575.0	0.0	0.0	55.0	35.0	50.0	0.0	0.0	435.0	10.0
고구마	325.0	0.0	0.0	325.0	0.0	0.0	32.3	22.6	32.3	0.0	0.0	237.9	11.0
3. 설 류	1,483.6	1.0	0.0	1,484.6	0.0	299.0	0.0	0.0	11.9	0.0	0.0	1,173.7	
4. 두 류	115.9	1,419.9	80.0	1,615.8	132.0	0.2	0.0	2.4	6.1	1,033.0	0.0	442.2	
콩	86.0	1,338.0	69.0	1,493.0	121.0	0.0	0.0	2.0	5.0	1,033.0	0.0	332.0	
팥	5.0	25.0	9.0	39.0	9.0	0.0	0.0	0.0	0.0	0.0	0.0	30.0	
기타	24.9	56.9	2.0	83.8	2.0	0.2	0.0	0.4	1.1	0.0	0.0	80.2	33.7
5. 견 류	55.5	75.3	0.0	130.8	0.0	8.9	0.0	0.0	3.0	0.0	0.0	118.9	
6. 종 류	54.6	89.7	14.9	159.2	11.7	0.1	0.0	0.3	1.0	112.5	0.0	33.6	
참깨	14.3	75.0	14.9	104.2	11.7	0.1	0.0	0.2	0.5	73.8	0.0	18.0	
기타	40.5	20.3	0.0	60.8	0.0	0.0	0.0	0.1	0.5	38.7	0.0	21.4	
7. 채 류	9,185.9	1,602.1	14.6	10,802.6	10.9	206.5	0.0	43.2	2,465.9	0.0	0.0	8,076.1	
8. 과 류	2,160.5	881.4	0.0	3,041.9	0.0	45.7	0.0	0.0	299.4	1.8	0.0	2,694.9	
9. 육 류	2,740.0	956.1	76.6	3,772.6	147.8	30.0	0.0	0.0	71.0	46.9	46.9	3,477.0	
쇠고기	237.0	416.0	0.0	653.0	0.0	0.0	0.0	0.0	13.1	0.0	0.0	639.9	14
돼지고기	978.9	414.5	68.3	1,461.7	141.2	0.9	0.0	0.0	26.4	0.0	0.0	1,293.2	
닭고기	862.4	125.6	8.3	996.3	6.6	29.1	0.0	0.0	19.2	0.0	0.0	941.4	17.6
부산물	661.7	0.0	0.0	661.7	0.0	0.0	0.0	0.0	12.3	46.9	46.9	602.4	4.9
10. 계 류	646.9	3.6	0.0	650.5	0.0	0.0	0.0	0.0	13.0	0.0	0.0	637.5	
11. 우 유 류	2,079.5	2,232.8	11.1	4,323.3	8.6	139.2	0.0	0.0	35.9	581.3	0.0	3,558.3	
우유	2,040.8	2,198.5	0.0	4,239.2	0.0	126.2	0.0	0.0	35.3	581.3	0.0	3,496.4	
전지분유	13	5.3	0.3	6.9	0.4	0.0	0.0	0.0	0.1	0.0	0.0	6.3	
탈지분유	8.0	24.8	8.2	41.0	6.1	0.1	0.0	0.0	0.3	0.0	0.0	34.4	
조제분유	18.2	4.2	1.4	23.7	1.0	8.7	0.0	0.0	0.1	0.0	0.0	13.8	
연유	11.3	0.1	1.2	12.6	1.0	4.0	0.0	0.0	0.1	0.0	0.0	7.4	
12. 유 지 류	15.5	1,287.8	64.7	1,368.0	68.4	29.3	0.0	0.0	12.7	0.0	0.0	1,259.3	
식물성	14.2	1,275.5	63.7	1,353.4	67.7	25.5	0.0	0.0	12.6	0.0	0.0	1,247.6	
동물성	1.4	12.3	1.0	14.6	0.7	3.8	0.0	0.0	0.1	0.0	0.0	11.7	
13. 어 패 류	2,038.5	2,745.8	265.2	5,049.5	322.5	712.2	0.0	0.0	200.7	0.0	0.0	3,814.1	43.4
어류	1,249.0	1,799.4	222.3	3,270.8	263.8	505.4	0.0	0.0	125.1	0.0	0.0	2,376.5	
패류	789.5	946.4	42.9	1,778.8	58.8	206.8	0.0	0.0	75.7	0.0	0.0	1,437.6	
14. 해 조 류	1,721.8	34.8	0.0	1,756.6	0.0	310.4	0.0	0.0	72.3	0.0	0.0	1,373.9	
15. 주 류	3,436.3	495.5	0.0	3,931.8	0.0	332.1	0.0	0.0	0.0	140.0	0.0	3,459.7	
합 계	27,338.2	25,970.2	3,545.1	56,853.4	3,446.9	1,783.4	10,082.3	144.5	3,550.3	2,965.8	830.1	34,880.3	
(주류포함)													

Food Balance Sheet, 2018

In 51,607 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg				g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁
						mg	mg	R. E.	mg	mg	mg	mg	mg
7,063.6	136.87	375.00	1,257.84	30.89	4.94	50.58	5.36	38.01	0.86	0.18	4.14	0.13	
1,627.8	31.54	86.42	322.94	9.20	0.88	14.82	0.59	0.00	0.12	0.03	0.35	0.13	
3,729.0	72.26	197.97	682.99	12.67	0.79	13.86	2.57	1.98	0.46	0.04	2.38	0.00	
67.0	1.30	3.56	11.24	0.32	0.06	1.07	0.09	0.00	0.00	0.00	0.07	0.00	
1,443.8	27.98	76.65	204.66	7.44	2.91	19.16	1.61	36.03	0.25	0.08	1.07	0.00	
196.0	3.8	10.4	36.0	1.3	0.3	1.7	0.5	0.0	0.0	0.0	0.3	0.0	
603.2	11.69	32.02	22.39	0.53	0.08	3.58	0.16	8.65	0.02	0.01	0.15	2.77	
391.5	7.59	20.78	10.70	0.41	0.01	1.56	0.10	0.00	0.01	0.01	0.08	1.56	
211.7	4.10	11.24	11.69	0.12	0.07	2.02	0.05	8.65	0.01	0.00	0.08	1.21	
1,173.7	22.74	62.31	248.03	0.00	0.01	2.47	0.08	0.00	0.00	0.37	0.00	0.00	
429.7	8.33	22.81	94.44	7.27	3.73	35.95	1.58	1.02	0.11	0.10	0.75	0.42	
332.0	6.43	17.63	73.50	6.19	2.88	32.07	1.33	0.80	0.08	0.09	0.37	0.35	
30.0	0.58	1.59	5.73	0.31	0.01	1.51	0.10	0.00	0.01	0.00	0.04	0.00	
67.7	1.3	3.6	15.2	0.8	0.8	2.4	0.1	0.2	0.0	0.0	0.3	0.1	
84.4	1.64	4.48	16.51	0.52	1.20	5.58	0.11	0.21	0.00	0.02	0.11	0.36	
39.4	0.76	2.09	11.30	0.50	0.88	11.60	0.16	0.10	0.01	0.02	0.06	0.01	
18.0	0.35	0.95	5.33	0.24	0.43	7.16	0.08	0.03	0.00	0.01	0.03	0.01	
21.4	0.4	1.1	6.0	0.3	0.5	4.4	0.1	0.1	0.0	0.0	0.0	0.0	
7,801.0	151.16	414.15	113.76	7.28	2.16	120.90	8.41	504.62	0.39	0.48	2.70	51.91	
2,065.3	40.02	109.64	53.83	0.69	0.16	12.62	0.35	27.24	0.10	0.05	0.35	17.29	
3,272.6	63.41	173.74	284.53	32.84	17.00	18.94	3.34	415.74	0.54	0.43	9.29	1.76	
630.7	12.22	33.48	61.37	6.25	3.82	3.71	0.81	2.15	0.02	0.07	1.22	0.09	
1,293.2	25.06	68.66	123.90	13.16	8.10	3.74	0.49	4.80	0.36	0.15	2.50	0.48	
775.6	15.03	41.17	56.82	8.71	2.55	3.98	0.25	13.60	0.07	0.04	2.51	0.00	
573.1	11.11	30.43	42.44	4.73	2.53	7.50	1.79	395.18	0.09	0.17	3.06	1.19	
548.2	10.62	29.11	37.84	3.62	2.15	15.13	0.52	39.58	0.02	0.14	0.03	0.00	
3,558.3	68.95	188.91	136.13	6.55	6.48	244.89	0.14	107.77	0.05	0.33	0.63	2.36	
3,496.4	67.75	185.62	122.51	5.72	6.16	209.75	0.09	102.09	0.04	0.30	0.56	1.47	
6.3	0.12	0.34	1.72	0.09	0.09	3.28	0.00	1.41	0.00	0.00	0.00	0.03	
34.4	0.67	1.83	6.65	0.62	0.02	25.82	0.00	0.00	0.00	0.02	0.02	0.18	
13.8	0.27	0.73	3.75	0.10	0.17	4.97	0.04	3.90	0.00	0.00	0.04	0.67	
7.4	0.14	0.40	1.51	0.03	0.03	1.08	0.00	0.38	0.00	0.00	0.00	0.01	
1,259.3	24.40	66.85	614.54	0.00	66.71	1.38	0.10	2.41	0.00	0.00	0.00	0.00	
1,247.6	24.17	66.23	608.83	0.00	66.09	1.38	0.10	0.10	0.00	0.00	0.00	0.00	
11.7	0.23	0.62	5.71	0.00	0.62	0.00	0.00	2.31	0.00	0.00	0.00	0.00	
2,158.4	41.82	114.59	110.07	19.30	3.44	191.39	1.88	25.21	0.10	0.18	4.76	1.05	
1,292.8	25.05	68.63	77.26	12.99	2.84	77.64	0.97	22.99	0.07	0.13	3.59	0.53	
865.6	16.77	45.96	32.81	6.31	0.60	113.76	0.91	2.22	0.03	0.05	1.17	0.52	
1,373.9	26.62	72.94	10.81	1.63	0.17	63.69	0.94	96.92	0.04	0.10	0.51	3.40	
3,459.7	67.04	183.67	141.48	0.43	0.04	4.02	0.02	0.00	0.00	0.03	0.33	0.04	
30,259.2	586.34	1,606.42	3,012.03	111.63	109.10	778.72	23.14	1,267.49	2.24	2.41	23.49	81.47	
			3,153.51	112.06	109.14	782.74	23.16	1,267.49	2.24	2.44	23.82	81.50	

3.11. 2019년도 식품수급표

인구:51,709천명

식품명 Products	생 산 Production	수 입 Import	이입 Carry-In	총 공급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		식품 공급량 Food	폐기율 Re- fuse
										식 용 Food	비식용 NonFood		
..... 1,000톤													%
1. 곡 류	4,111.0	14,744.0	2,745.0	21,600.0	2,182.0	2.0	10,303.0	41.0	597.0	1,263.8	845.8	7,211.2	
밀	15.0	3,239.0	497.0	3,751.0	455.0	0.0	1,168.0	1.0	8.0	0.0	0.0	2,119.0	23.0
쌀	3,868.0	292.0	1,442.0	5,602.0	898.0	2.0	454.0	32.0	403.0	191.0	0.0	3,622.0	
보 리	137.0	211.0	52.0	400.0	103.0	0.0	10.0	4.0	7.0	227.0	0.0	49.0	
옥 수	78.0	10,759.0	745.0	11,582.0	717.0	0.0	8,631.0	0.0	153.0	845.8	845.8	1,235.2	
기 타	13.0	243.0	9.0	265.0	9.0	0.0	40.0	4.0	26.0	0.0	0.0	186.0	
2. 서 류	841.5	50.0	0.0	891.5	0.0	0.0	84.0	57.6	82.3	0.0	0.0	667.6	
감 자	535.0	50.0	0.0	585.0	0.0	0.0	55.0	35.0	50.0	0.0	0.0	445.0	10.0
고 구 마	306.5	0.0	0.0	306.5	0.0	0.0	29.0	22.6	32.3	0.0	0.0	222.6	11.0
3. 설 류	1,509.0	0.7	0.0	1,509.7	0.0	286.0	0.0	0.0	3.9	0.0	0.0	381.8	
4. 두 류	120.9	1,392.3	133.0	1,646.3	186.0	0.0	0.0	3.3	6.2	1,015.0	0.0	435.7	
콩	89.0	1,312.0	121.0	1,522.0	172.0	0.0	0.0	3.0	5.0	1,015.0	0.0	327.0	
팥	6.0	22.0	9.0	37.0	11.0	0.0	0.0	0.0	0.0	0.0	0.0	26.0	
기 타	25.9	58.3	3.0	87.3	3.0	0.0	0.0	0.3	1.2	0.0	0.0	82.7	33.7
5. 견 류	50.2	77.7	0.0	127.9	0.0	8.1	0.0	0.0	3.0	0.0	0.0	116.8	
6. 종 류	53.1	101.2	11.7	166.0	9.8	1.4	0.0	0.3	1.1	114.3	0.0	39.0	
참 깨	12.7	76.8	11.7	101.2	9.8	1.2	0.0	0.2	0.4	72.0	0.0	17.5	
기 타	40.5	27.9	0.0	68.4	0.0	0.2	0.0	0.1	0.6	42.3	0.0	25.1	
7. 채 류	9,025.0	1,610.8	10.9	10,646.7	11.8	290.9	0.0	50.5	2,269.5	0.0	0.0	8,024.0	
8. 과 류	2,206.3	801.5	0.0	3,007.8	0.0	44.7	0.0	0.0	296.1	1.8	0.0	2,665.3	
9. 육 류	2,952.6	988.4	147.8	4,088.8	193.7	47.9	0.0	0.0	75.9	50.7	50.7	3,720.6	
쇠 고 기	245.0	427.0	0.0	672.0	0.0	0.0	0.0	0.0	13.4	0.0	0.0	658.6	14
돼 지 고 기	1,070.7	421.3	141.2	1,633.2	183.8	1.3	0.0	0.0	29.0	0.0	0.0	1,419.1	
닭 고 기	922.8	140.1	6.6	1,069.4	9.9	46.6	0.0	0.0	20.3	0.0	0.0	992.7	17.6
부 산 물	714.2	0.0	0.0	714.2	0.0	0.0	0.0	0.0	13.3	50.7	50.7	650.2	4.9
10. 계 류	658.9	3.8	0.0	662.7	0.0	0.0	0.0	0.0	13.3	0.0	0.0	649.4	
11. 우 류	2,089.1	2,340.5	8.6	4,438.2	10.0	198.4	0.0	0.0	36.5	584.5	0.0	3,608.9	
우 유	2,049.4	2,307.0	0.0	4,356.4	0.0	184.0	0.0	0.0	35.9	584.5	0.0	3,552.1	
전 지 분 유	1.5	5.2	0.4	7.1	0.4	0.1	0.0	0.0	0.1	0.0	0.0	6.5	
탈 지 분 유	9.4	23.8	6.1	39.3	6.7	0.3	0.0	0.0	0.3	0.0	0.0	32.0	
조 제 분 유	16.6	4.5	1.0	22.1	1.2	8.7	0.0	0.0	0.1	0.0	0.0	12.0	
연 유	12.3	0.0	1.0	13.3	1.7	5.3	0.0	0.0	0.1	0.0	0.0	6.3	
12. 유 지 류	34.7	1,440.9	68.4	1,543.9	77.2	31.9	0.0	0.0	14.4	0.0	0.0	1,424.5	
식 물 성	13.5	1,425.7	67.7	1,506.9	75.3	24.3	0.0	0.0	14.1	0.0	0.0	1,393.1	
동 물 성	21.2	15.2	0.7	37.1	1.9	7.6	0.0	0.0	0.3	0.0	0.0	31.4	
13. 어 패 류	2,009.7	2,786.9	322.5	5,119.2	241.8	767.6	0.0	0.0	205.5	0.0	0.0	3,906.4	44.3
어 류	1,219.0	1,901.6	263.8	3,384.4	187.1	571.4	0.0	0.0	131.3	0.0	0.0	2,494.6	
패 류	790.8	885.3	58.8	1,734.8	54.7	196.2	0.0	0.0	74.2	0.0	0.0	1,411.8	
14. 해 조 류	1,851.2	43.7	0.0	1,894.9	0.0	364.5	0.0	0.0	76.5	0.0	0.0	1,453.9	
15. 주 류	3,376.7	464.5	0.0	3,841.2	0.0	312.8	0.0	0.0	0.0	140.0	0.0	3,388.4	
합 계	27,513.1	26,382.3	3,447.9	57,343.4	2,912.2	2,043.3	10,387.0	152.7	3,689.4	3,030.2	896.5	35,128.5	
(주류포함)													

Food Balance Sheet, 2019

In 51,709 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)									
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins				
						Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
1,000ton	kg	g	kcal	g	g	mg	mg	R. E.	mg	mg	mg	mg
6,723.8	130.03	356.25	1,202.22	29.26	4.46	46.99	4.99	32.68	0.80	0.16	3.88	0.13
1,631.6	31.55	86.45	323.06	9.21	0.88	14.83	0.59	0.00	0.12	0.03	0.35	0.13
3,622.0	70.05	191.91	662.08	12.28	0.77	13.43	2.49	1.92	0.44	0.04	2.30	0.00
49.0	0.95	2.60	8.20	0.24	0.05	0.78	0.07	0.00	0.00	0.00	0.05	0.00
1,235.2	23.89	65.44	174.73	6.35	2.49	16.36	1.37	30.76	0.22	0.07	0.92	0.00
186.0	3.60	9.85	34.14	1.19	0.28	1.59	0.47	0.00	0.03	0.02	0.26	0.00
598.6	11.58	31.72	21.84	0.53	0.07	3.48	0.15	8.08	0.02	0.01	0.15	2.72
400.5	7.75	21.22	10.93	0.42	0.01	1.59	0.10	0.00	0.01	0.01	0.08	1.59
198.1	3.83	10.50	10.92	0.11	0.06	1.89	0.05	8.08	0.01	0.00	0.07	1.13
1,211.4	23.43	64.18	254.30	0.01	0.01	2.52	0.08	0.00	0.00	0.39	0.00	0.00
422.8	8.18	22.40	93.38	7.15	3.79	35.21	1.54	1.00	0.12	0.09	0.77	0.40
327.0	6.32	17.33	72.25	6.09	2.83	31.52	1.31	0.79	0.07	0.08	0.36	0.34
26.0	0.50	1.38	4.95	0.27	0.01	1.30	0.08	0.00	0.01	0.00	0.03	0.00
69.8	1.35	3.70	16.17	0.79	0.95	2.38	0.15	0.21	0.04	0.01	0.38	0.06
83.2	1.61	4.41	17.12	0.54	1.28	6.02	0.11	0.20	0.00	0.02	0.11	0.32
42.7	0.83	2.26	12.19	0.54	0.95	12.18	0.18	0.11	0.01	0.02	0.07	0.01
17.5	0.34	0.93	5.19	0.24	0.42	6.97	0.07	0.03	0.00	0.01	0.03	0.01
25.1	0.49	1.33	7.01	0.30	0.53	5.21	0.10	0.08	0.00	0.01	0.03	0.00
7,492.7	144.90	396.99	112.86	7.14	2.23	116.23	8.12	509.36	0.36	0.48	2.65	50.52
2,064.9	39.93	109.41	53.29	0.67	0.16	12.21	0.34	25.88	0.10	0.05	0.35	16.96
3,504.6	67.78	185.69	304.24	35.08	18.20	20.18	3.56	447.48	0.58	0.46	9.93	1.90
649.1	12.55	34.39	63.03	6.41	3.93	3.81	0.83	2.21	0.02	0.07	1.25	0.10
1,419.1	27.44	75.19	135.70	14.41	8.87	4.10	0.54	5.25	0.39	0.16	2.74	0.52
817.8	15.82	43.33	59.79	9.16	2.68	4.19	0.27	14.31	0.07	0.05	2.64	0.00
618.6	11.96	32.78	45.72	5.09	2.73	8.08	1.93	425.70	0.10	0.19	3.30	1.28
558.5	10.80	29.59	38.47	3.68	2.18	15.39	0.53	40.24	0.02	0.14	0.03	0.00
3,608.9	69.79	191.21	136.69	6.57	6.54	245.26	0.13	108.67	0.05	0.34	0.63	2.28
3,552.1	68.69	188.20	124.21	5.80	6.25	212.67	0.09	103.51	0.04	0.30	0.57	1.49
6.5	0.13	0.35	1.78	0.09	0.09	3.39	0.00	1.45	0.00	0.00	0.00	0.03
32.0	0.62	1.70	6.17	0.57	0.02	23.97	0.00	0.00	0.00	0.02	0.02	0.17
12.0	0.23	0.64	3.26	0.09	0.15	4.32	0.04	3.39	0.00	0.00	0.04	0.59
6.3	0.12	0.33	1.27	0.03	0.03	0.91	0.00	0.32	0.00	0.00	0.00	0.01
1,424.5	27.55	75.47	693.50	0.00	75.31	1.46	0.11	8.78	0.00	0.00	0.00	0.00
1,393.1	26.94	73.81	678.43	0.00	73.65	1.46	0.11	0.11	0.00	0.00	0.00	0.00
31.4	0.61	1.66	15.07	0.00	1.66	0.00	0.00	8.67	0.00	0.00	0.00	0.00
2,174.3	42.05	115.20	111.90	19.52	3.51	190.22	1.85	25.83	0.10	0.18	4.83	1.11
1,348.0	26.07	71.42	80.64	13.58	2.93	73.00	0.96	23.27	0.07	0.13	3.71	0.57
826.3	15.98	43.78	31.26	5.94	0.58	117.21	0.89	2.56	0.03	0.05	1.12	0.54
1453.9	28.12	77.03	11.24	1.65	0.17	66.40	0.95	94.40	0.04	0.10	0.53	3.34
3,388.4	65.53	179.53	139.53	0.40	0.04	3.85	0.02	0.00	0.00	0.03	0.32	0.03
30,116.4	582.42	1,595.67	3,063.23	112.35	118.86	773.75	22.66	1,302.71	2.20	2.44	23.93	79.68
			3,202.75	112.76	118.90	777.60	22.68	1,302.71	2.20	2.47	24.25	79.72

3.11. 2020년도 식품수급표

인구:51,836천명

식품명 Products	생 산 Production	수 입 Import	이입 Carry-In	총 공급량 Total Supply	이 월 Carry- Over	수 출 Export	사 료 Feed	종 자 Seed	감 모 Loss	가 공 용 Food Manufacture		식품 공급량 Food	폐기율 Re- fuse
										식 용 Food	비식용 NonFood		
..... 1,000톤													%
1. 곡 류	3,961.0	15,874.0	2,182.0	22,017.0	2,393.0	3.0	10,807.0	40.0	296.0	1,114.3	747.3	7,367.7	
밀	17.0	3,339.0	455.0	3,811.0	527.0	0.0	1,186.0	1.0	12.0	0.0	0.0	2,085.0	23.0
쌀	3,744.0	466.0	898.0	5,108.0	981.0	3.0	42.0	31.0	410.0	158.0	0.0	3,483.0	
보 리	99.0	168.0	103.0	370.0	99.0	0.0	12.0	4.0	-19.0	209.0	0.0	65.0	
옥 수	76.0	11,641.0	717.0	12,434.0	777.0	0.0	9,527.0	0.0	-130.0	747.3	747.3	1,512.7	
기 타	25.0	260.0	9.0	294.0	9.0	0.0	40.0	4.0	0.0	0.0	0.0	218.0	
2. 서 류	829.0	47.0	0.0	876.0	0.0	0.0	83.0	52.0	83.0	0.0	0.0	658.0	
감 자	461.0	47.0	0.0	508.0	0.0	0.0	46.0	30.0	46.0	0.0	0.0	386.0	10.0
고 구 마	368.0	0.0	0.0	368.0	0.0	0.0	37.0	22.0	37.0	0.0	0.0	272.0	11.0
3. 설 탕 류	1,457.7	1.0	0.0	1,458.7	0.0	314.0	0.0	0.0	11.4	0.0	0.0	1,133.3	
4. 두 류	133.2	1,320.4	186.0	1,639.7	121.0	0.0	0.0	3.4	10.1	1,057.0	0.0	448.2	
콩	105.0	1,242.0	172.0	1,519.0	115.0	0.0	0.0	3.0	7.0	1,057.0	0.0	337.0	
팥	7.0	14.0	11.0	32.0	4.0	0.0	0.0	0.0	1.0	0.0	0.0	27.0	
기 타	21.2	64.4	3.0	88.7	2.0	0.0	0.0	0.4	2.1	0.0	0.0	84.2	33.7
5. 견 과 류	45.6	75.5	0.0	121.1	0.0	4.3	0.0	0.0	2.9	0.0	0.0	113.9	
6. 종 실 류	55.5	104.7	9.8	170.1	9.0	0.1	0.0	0.3	1.1	115.6	0.0	43.9	
참 깨	13.0	77.7	9.8	100.4	9.0	0.1	0.0	0.2	0.5	72.9	0.0	17.8	
기 타	42.5	27.1	0.0	69.6	0.0	0.1	0.0	0.1	0.7	42.6	0.0	26.1	
7. 채 소 류	8,817.2	1,646.0	11.8	10,475.0	18.8	252.1	0.0	48.7	2,320.2	0.0	0.0	7,835.2	
8. 과 실 류	1,975.5	762.2	0.0	2,737.7	0.0	40.7	0.0	0.0	269.4	3.1	0.0	2,424.5	
9. 육 류	2,818.5	868.5	193.7	3,880.8	153.7	55.3	0.0	0.0	72.3	54.6	54.6	3,544.8	
쇠 고 기	249.0	419.5	0.0	668.5	0.0	0.0	0.0	0.0	13.4	0.0	0.0	655.1	14
돼 지 고 기	1,173.8	310.5	183.8	1,668.1	143.7	4.5	0.0	0.0	30.4	0.0	0.0	1,489.6	
닭 고 기	656.9	138.5	9.9	805.3	10.0	50.9	0.0	0.0	14.9	0.0	0.0	729.6	17.6
부 산 물	738.8	0.0	0.0	738.8	0.0	0.0	0.0	0.0	13.7	54.6	54.6	670.5	4.9
10. 계 란 류	722.3	4.5	0.0	726.8	0.0	0.0	0.0	0.0	14.5	0.0	0.0	712.3	
11. 우 유 류	2,127.4	2,461.3	10.0	4,598.7	14.1	140.8	0.0	0.0	39.1	536.6	0.0	3,868.2	
우 유	2,088.8	2,433.6	0.0	4,522.4	0.0	125.0	0.0	0.0	38.6	536.6	0.0	3,822.3	
전 지 분 유	1.3	5.5	0.4	7.2	0.2	0.0	0.0	0.0	0.1	0.0	0.0	6.9	
탈 지 분 유	13.0	17.5	6.7	37.1	10.9	0.1	0.0	0.0	0.3	0.0	0.0	25.9	
조 제 분 유	12.5	4.7	1.2	18.4	1.2	8.3	0.0	0.0	0.1	0.0	0.0	8.7	
연 유	11.9	0.1	1.7	13.6	1.8	7.3	0.0	0.0	0.0	0.0	0.0	4.4	
12. 유 지 류	33.5	1,373.4	77.2	1,484.0	74.2	29.2	0.0	0.0	13.8	0.0	0.0	1,371.0	
식 물 성	14.0	1,360.5	75.3	1,449.9	72.5	22.8	0.0	0.0	13.5	0.0	0.0	1,341.1	
동 물 성	19.4	12.8	1.9	34.1	1.7	6.4	0.0	0.0	0.3	0.0	0.0	29.9	
13. 어 패 류	1,943.7	2,713.9	241.8	4,899.3	273.5	722.8	0.0	0.0	195.2	0.0	0.0	3,708.0	44.3
어 류	1,152.8	1,815.9	187.1	3,155.8	181.2	541.1	0.0	0.0	121.7	0.0	0.0	2,311.8	
패 류	790.9	898.0	54.7	1,743.5	92.3	181.6	0.0	0.0	73.5	0.0	0.0	1,396.2	
14. 해 조 류	1,769.2	47.0	0.0	1,816.2	0.0	336.1	0.0	0.0	74.0	0.0	0.0	1,406.0	
15. 주 합 류	3,214.8	397.0	0.0	3,611.8	0.0	232.9	0.0	0.0	0.0	140.0	0.0	3,238.9	
(주류포함)	26,689.2	27,297.2	2,912.2	56,898.5	3,057.3	1,898.4	10,890.0	144.3	3,403.1	2,881.2	801.9	34,624.2	

Food Balance Sheet, 2020

In 51,836 thousand persons

순식용공급량 Net Food Supply			1인 1일당 영양공급량 Nutrient Supply(per capita per day)										
총량 Total	1인 1년당 Per capita per year	1인 1일당 Per capita per day	에너지 Energy	단백질 Protein	지방질 Fat	무기질 Minerals		비 타 민 Vitamins					
	1,000ton	kg	g	kcal	g	g	Ca Calcium	Fe Iron	A	B ₁	B ₂	Niacin	C
							mg	mg	R. E.	mg	mg	mg	mg
6,884.2	132.81	363.85	1,216.45	30.27	5.02	50.31	5.29	39.42	0.84	0.18	4.04	0.12	
1,605.5	30.97	84.85	317.10	9.04	0.86	14.55	0.58	0.00	0.11	0.03	0.35	0.12	
3,483.0	67.19	184.09	635.11	11.78	0.74	12.89	2.39	1.84	0.42	0.04	2.21	0.00	
65.0	1.25	3.44	10.86	0.31	0.06	1.03	0.09	0.00	0.00	0.00	0.07	0.00	
1,512.7	29.18	79.95	213.47	7.76	3.04	19.99	1.68	37.58	0.26	0.09	1.12	0.00	
218.0	4.21	11.52	39.92	1.39	0.33	1.85	0.55	0.00	0.03	0.02	0.30	0.00	
589.5	11.37	31.16	22.76	0.50	0.08	3.68	0.15	9.85	0.02	0.01	0.16	2.76	
347.4	6.70	18.36	9.46	0.36	0.01	1.38	0.09	0.00	0.01	0.01	0.07	1.38	
242.1	4.67	12.79	13.31	0.14	0.08	2.30	0.06	9.85	0.01	0.00	0.09	1.38	
1,133.3	21.86	59.90	239.08	0.00	0.01	2.39	0.08	0.00	0.00	0.36	0.00	0.00	
435.6	8.40	23.02	95.24	7.34	3.76	36.32	1.59	1.09	0.11	0.10	0.75	0.42	
337.0	6.50	17.81	74.28	6.26	2.91	32.41	1.34	0.81	0.08	0.09	0.37	0.35	
27.0	0.52	1.43	5.13	0.28	0.01	1.35	0.09	0.00	0.01	0.00	0.04	0.00	
71.6	1.38	3.78	15.83	0.81	0.85	2.56	0.16	0.28	0.03	0.01	0.35	0.07	
82.4	1.59	4.35	17.13	0.55	1.29	6.20	0.11	0.18	0.00	0.03	0.11	0.31	
43.9	0.85	2.32	12.51	0.55	0.97	12.45	0.18	0.11	0.01	0.02	0.07	0.01	
17.8	0.34	0.94	5.24	0.24	0.43	7.05	0.08	0.03	0.00	0.01	0.03	0.01	
26.1	0.50	1.38	7.27	0.31	0.55	5.40	0.11	0.08	0.00	0.01	0.04	0.00	
7,317.9	141.17	386.78	107.30	6.91	2.12	115.80	8.16	497.50	0.37	0.45	2.59	48.51	
1,871.8	36.11	98.93	48.14	0.63	0.15	11.69	0.31	24.10	0.10	0.05	0.32	16.82	
3,374.2	65.09	178.34	295.50	33.41	17.95	19.46	3.56	456.08	0.59	0.46	9.44	1.96	
645.7	12.46	34.13	62.55	6.37	3.90	3.78	0.82	2.20	0.02	0.07	1.24	0.10	
1,489.6	28.74	78.73	142.09	15.09	9.28	4.29	0.56	5.50	0.41	0.17	2.86	0.55	
601.1	11.60	31.77	43.84	6.72	1.97	3.07	0.20	10.49	0.05	0.03	1.93	0.00	
637.9	12.31	33.71	47.03	5.24	2.80	8.31	1.98	437.89	0.10	0.19	3.39	1.32	
612.6	11.82	32.38	42.09	4.03	2.39	16.84	0.58	44.03	0.03	0.15	0.03	0.00	
3,868.2	74.62	204.45	143.44	6.86	6.95	254.98	0.13	115.32	0.05	0.35	0.66	2.20	
3,822.3	73.74	202.02	133.33	6.22	6.71	228.28	0.10	111.11	0.04	0.33	0.61	1.60	
6.9	0.13	0.36	1.87	0.09	0.10	3.55	0.00	1.52	0.00	0.00	0.00	0.03	
25.9	0.50	1.37	4.99	0.46	0.01	19.38	0.00	0.00	0.00	0.02	0.02	0.14	
8.7	0.17	0.46	2.37	0.06	0.11	3.14	0.03	2.47	0.00	0.00	0.03	0.43	
4.4	0.08	0.23	0.88	0.02	0.02	0.63	0.00	0.22	0.00	0.00	0.00	0.01	
1,371.0	26.45	72.46	665.74	0.00	72.29	1.48	0.11	8.16	0.00	0.00	0.00	0.00	
1,341.1	25.87	70.88	651.38	0.00	70.71	1.48	0.11	0.12	0.00	0.00	0.00	0.00	
29.9	0.58	1.58	14.36	0.00	1.58	0.00	0.00	8.04	0.00	0.00	0.00	0.00	
2,110.4	40.71	111.54	108.16	18.71	3.44	206.38	1.87	26.77	0.09	0.17	4.61	1.07	
1,275.0	24.60	67.39	76.46	12.68	2.85	82.23	0.97	24.48	0.06	0.13	3.49	0.53	
835.4	16.12	44.15	31.70	6.03	0.59	124.15	0.89	2.29	0.03	0.05	1.13	0.54	
1,406.0	27.12	74.31	10.70	1.53	0.16	64.78	0.89	84.19	0.04	0.10	0.49	3.12	
3,238.9	62.48	171.19	135.67	0.39	0.04	3.77	0.03	0.00	0.00	0.03	0.30	0.04	
29,891.0	576.64	1,579.84	3,024.24	111.30	116.59	802.76	23.01	1,306.81	2.25	2.42	23.27	77.30	
			3,159.90	111.69	116.63	806.52	23.04	1,306.81	2.25	2.45	23.57	77.33	

제 4장

식품수급조사표

연도별 국내생산량

연도별 수출입량

연도별 식품공급량

1인 1일당 식품공급량

4.1. 연도별 국내생산량

단위: 톤

식 품 명	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
곡 류										
쌀	5,000,149	5,000,688	4,768,000	4,680,000	4,408,000	4,843,000	4,916,000	4,295,000	4,224,000	4,006,000
보리	177,042	192,807	148,000	165,000	157,000	149,000	81,000	75,000	57,000	60,000
밀	12,623	7,687	6,000	7,000	10,000	19,000	39,000	44,000	37,000	19,000
옥수수	77,616	77,616	73,000	65,000	84,000	93,000	77,000	74,000	74,000	83,000
호밀	-	-	-	-	-	-	-	-	-	-
수수	2,342	2,342	3,000	3,000	2,000	2,000	3,000	-	-	-
조	2,644	2,644	2,000	2,000	2,000	1,000	1,000	-	-	-
메밀	2,012	2,012	2,000	3,000	3,000	3,000	2,000	2,000	2,000	3,000
기타	3,469	3,469	5,000	8,000	8,000	6,000	5,000	9,000	10,000	15,000
서 류										
감자	579,475	837,505	699,620	596,839	599,692	609,702	613,848	636,180	613,479	745,879
고구마	268,733	345,239	282,526	285,841	352,260	329,351	350,661	298,930	255,284	342,668
설 탕 류										
설탕	1,309,000	1,323,000	1,303,000	1,324,000	1,419,000	1,440,000	1,466,000	1,468,000	1,462,000	1,479,000
꿀	15,651	18,248	22,993	26,488	27,585	23,028	38,505	32,262	26,980	24,607
두 류										
콩	105,000	139,000	183,000	156,000	114,000	133,000	139,000	105,000	129,000	123,000
팥	6,000	7,000	6,000	5,000	5,000	6,000	6,000	5,000	4,000	5,000
녹두	2,000	1,000	1,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000
망콩	7,177	8,257	6,604	6,354	6,960	7,459	10,201	13,939	10,836	9,913
기타두류	8,000	8,000	8,000	7,000	6,000	7,000	7,000	8,000	7,000	7,000
건 과 류										
밤	71,796	76,447	82,450	77,524	75,171	75,911	68,630	64,586	62,345	64,184
호두	836	868	848	990	979	1,222	1,061	1,070	1,151	1,282
잣	3,063	2,680	1,518	3,782	2,593	2,751	6,720	5,712	1,548	2,435
도토리	1,101	951	1,025	703	685	607	506	448	393	38
은행	1,299	1,552	1,500	1,376	1,160	2,417	2,434	2,385	2,082	2,983
종 실 류										
참깨	11,977	20,863	23,461	15,489	17,506	19,472	12,780	12,704	9,515	9,754
들깨	18,346	18,346	18,142	24,199	28,300	24,205	28,478	33,936	30,679	28,966
유채	1,392	1,616	739	719	1,225	1,604	740	528	549	322

Annual food production

Unit: ton

2014	2015	2016	2017	2018	2019	2020	2021	2022	Products
									Cereals
4,230,000	4,241,000	4,327,000	4,197,000	3,972,000	3868000	3744000	3,507,000	3,882,000	Rice
88,000	76,000	74,000	75,000	103,000	137000	99000	89,000	68,000	Barley
23,000	27,000	38,000	37,000	26,000	15,000	17,000	26,000	35,000	Wheat
80,000	82,008	78,000	74,000	74,000	78,000	76,000	92,000	95,000	Maize
-	-	-	-	-	-	-	-	-	Rye
-	-	-	-	-	-	-	-	-	Sorghum
-	-	-	-	-	-	-	-	-	Millet
2,000	2,000	3,000	2,000	3,000	3,000	3,000	2,000	2,000	Buck Wheat
13,000	15,000	18,000	14,000	12,000	10,000	22,000	20,000	16,000	Cereals, other
									Starchy Roots
585,000	550,000	549,105	460,486	525,000	535,000	461,000	557,000	478,000	Potatoes
329,032	322,071	294,655	341,225	324,960	306,452	368,000	330,000	349,000	Sweet Potatoes
									Sweeteners
1,491,000	1,433,000	1,473,000	1,476,000	1,442,000	1,424,000	1,441,000	1,454,000	1,454,000	Suger
24,613	23,776	14,416	78,624	41,588	84,957	16,685	13,455	13,455	Honey
									Pulses
154,000	139,267	104,000	75,000	86,000	89,000	105,000	81,000	111,000	Soybeans
8,000	7,000	5,000	4,000	5,000	6,000	7,000	6,000	5,000	Red Beans
2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	Green Beans
11,009	12,391	11,651	14,910	14,910	14,910	8,219	9,512	10,671	Groundnuts
9,000	10,000	8,000	9,000	8,000	9,000	11,000	10,000	10,000	Pulses, other
									Tree Nuts
59,465	55,592	53,600	49,883	51,759	46,358	43,017	44,649	43,221	Chestnut
1,123	1,155	1,123	1,124	1,020	1,523	1,433	1,503	1,612	Walnut
7,086	2,641	9,682	4,205	1,223	1,110	743	445	818	Pinenuts
65	40	19	7	21	25	8	5	7	Acorn
3,973	4,033	2,933	1,642	1,499	1,153	397	13,031	15,767	Gingko Nut
									Oil Crops
12,412	12,158	11,678	14,258	14,258	12,727	12,986	6,795	10,090	Sesame
33,434	43,258	50,932	50,738	40,344	40,344	42,341	38,784	42,493	Pelilla Seed
270	208	172	157	162	174	188	185	192	Rape

4.1. 연도별 국내생산량

단위: 톤

식품명	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
채소류										
무	1,709,943	1,277,483	1,494,839	1,194,327	1,402,187	1,256,424	1,039,345	1,236,797	1,139,821	1,298,531
배추	2,865,485	2,325,312	2,749,399	2,217,149	2,584,909	2,528,968	1,783,011	2,680,847	2,151,461	2,388,047
양배추	290,055	289,906	322,616	334,470	328,148	331,429	252,685	368,486	302,909	314,022
파	700,201	513,174	542,981	488,814	505,056	446,991	417,229	482,143	356,734	430,580
생강	17,844	28,797	23,073	28,741	17,791	16,249	24,969	26,603	21,513	24,549
양파	947,797	1,023,331	889,620	1,213,376	1,035,075	1,372,291	1,411,645	1,520,016	1,195,737	1,294,009
마늘	357,824	374,980	331,380	347,546	375,462	357,278	271,559	295,002	339,113	412,250
오이	407,464	403,280	389,555	330,225	383,921	352,018	306,023	303,805	288,071	254,576
호박	304,337	339,097	322,047	330,040	327,502	341,163	302,868	300,400	325,113	323,364
시금치	118,684	108,993	103,679	81,457	93,441	104,578	87,911	104,532	96,160	91,116
토마토	394,621	438,991	433,155	479,851	408,170	383,768	324,806	368,224	432,779	388,624
건고추	154,962	161,380	116,915	160,397	123,508	117,324	95,392	77,110	104,146	117,816
당근	83,587	121,447	134,418	81,738	105,750	106,298	102,116	93,694	63,792	79,800
상추	204,786	167,012	160,284	154,799	138,098	146,061	141,259	116,808	111,950	96,669
송이버섯	385	724	330	479	181	337	729	210	420	86
표고버섯	5,338	5,463	5,347	5,578	5,566	6,185	5,654	5,175	4,367	3,787
느타리	52,211	56,866	45,782	45,957	40,071	39,160	45,191	46,598	51,991	66,039
팽이버섯	32,796	40,161	34,400	36,864	55,231	61,056	53,187	43,098	50,841	33,416
기타버섯	47,539	46,077	49,393	52,375	52,518	46,053	52,564	62,505	59,526	55,470
산나물	30,905	33,271	39,357	40,885	39,962	46,828	47,755	46,317	45,945	38,677
양송이	24,053	18,985	11,892	11,150	10,822	8,175	22,635	13,052	10,996	6,678
참외	243,098	199,785	219,712	205,416	220,385	227,832	207,747	180,013	186,693	176,622
수박	823,672	904,895	778,374	741,880	856,755	846,921	678,810	608,986	642,945	672,914
딸기	202,500	201,995	205,307	203,227	192,297	203,456	231,803	171,519	192,140	216,803
미나리	52,281	47,183	45,780	46,764	43,752	41,169	37,723	46,878	45,230	40,327
가지	36,785	38,941	40,988	46,238	46,140	33,332	28,487	34,151	28,746	28,581
가쪽	18,981	24,855	28,654	26,525	26,799	12,435	8,537	8,931	8,064	9,649
꽃고추	255,319	234,106	236,052	253,738	262,254	233,112	205,071	185,147	197,869	181,069
멜론	39,037	35,592	40,893	47,671	47,076	50,148	41,796	36,105	45,634	48,256
셀러리	2,360	2,225	2,604	3,150	3,045	2,848	1,854	1,795	1,496	1,720
양상추	23,452	27,697	25,305	22,152	29,628	26,914	28,537	25,299	18,887	20,377
피망 ¹⁾	16,146	18,598	20,993	20,397	24,123	26,407	26,296	23,294	22,458	22,206
과실류										
사과	357,180	367,517	407,620	435,686	470,865	494,491	460,285	379,541	394,596	493,701
배	451,861	443,265	431,467	467,426	470,745	418,368	307,820	290,494	172,599	282,212
단감	195,361	235,854	206,589	207,472	216,030	195,138	180,885	171,696	173,814	160,396
포도	367,894	381,436	330,049	328,680	333,596	332,978	305,543	269,150	277,917	260,280
복숭아	200,534	223,701	193,816	184,497	189,064	198,317	138,576	185,078	201,863	193,243
귤	584,353	637,961	620,292	777,547	636,413	752,837	614,786	680,507	692,186	682,801
기타	142,354	168,315	198,241	226,914	255,477	356,863	345,963	350,588	335,999	319,623
유자	11,601	19,127	11,357	11,545	12,553	15,146	11,924	12,336	10,642	9,746
차두	71,983	75,963	64,419	64,816	66,748	63,619	62,892	57,137	57,137	56,101
참다래	12,775	14,811	15,274	17,642	17,412	19,976	22,555	22,625	20,232	19,442
과채류										
쇠고기	144,902	152,424	158,161	171,247	173,813	197,676	186,153	216,403	234,499	259,895
돼지고기	748,558	701,526	677,441	705,578	709,286	722,200	761,109	575,571	749,651	853,812
닭고기	287,735	300,718	349,294	380,362	376,606	408,503	435,528	456,467	463,708	473,445
부산물	450,529	434,332	431,498	454,644	457,547	479,522	493,820	427,949	517,919	580,104

1) 2016년 확정치부터 기타로 분류되었던 파프리카를 피망에 포함

Annual food production

Unit: ton

2014	2015	2016	2017	2018	2019	2020	2021	2022	Products
1,296,970	1,249,327	1,012,162	1,158,979	1,234,561	1,110,874	1,178,631	1,172,345	1,190,610	Vegetables
2,538,804	2,059,824	1,793,391	2,395,686	2,391,946	1,859,705	2,242,640	2,017,507	2,199,070	Radish
379,706	318,168	339,107	330,886	371,651	328,198	313,236	385,940	319,123	Chinese Cabbage
462,695	399,798	409,859	485,116	489,864	463,721	406,095	493,162	448,632	Cabbage
32,102	39,007	58,947	41,147	21,305	24,966	31,538	35,842	22,137	Welsh Onion
1,589,957	1,093,932	1,298,749	1,144,493	1,520,969	1,594,450	1,168,227	1,576,752	1,195,563	Ginger
353,761	266,272	275,547	303,578	331,741	387,671	363,432	308,532	272,759	Onion
279,105	271,040	333,760	341,364	391,214	366,065	335,596	283,933	281,926	Cucumber
345,465	364,416	298,206	312,690	310,218	343,511	325,325	242,914	263,099	Pumpkin
84,170	89,513	72,892	64,529	73,239	70,844	63,005	54,444	54,715	Spinach
499,960	456,982	390,303	355,107	388,657	358,580	344,048	369,383	378,808	Tomato
85,068	97,697	85,459	55,714	71,509	78,437	60,076	92,757	68,984	Red Pepper
83,316	118,594	73,061	74,027	73,143	67,327	100,875	112,105	81,588	Carrot
108,732	101,745	86,128	89,727	93,543	95,582	96,774	97,137	101,831	Lettuce
89	89	124	134	212	135	117	170	129	Pine Mushroom
3,527	4,298	4,177	4,272	3,913	3,659	3,378	3,122	3,189	Oak Mushroom
76,389	62,467	58,784	53,532	39,675	48,327	45,724	47,084	49,951	Oyster Mushroom
33,259	37,554	38,092	28,535	28,532	31,818	26,128	27,038	26,478	Flamm Velutipes
61,420	57,613	55,243	57,185	56,221	50,795	52,548	60,236	57,968	Mush room, other
39,994	41,969	43,007	44,477	48,486	48,486	39,555	37,829	37,263	Wild Plant
11,493	9,732	10,173	10,638	11,348	21,913	20,493	9,258	7,954	Mushroom
158,239	161,100	157,086	166,281	130,528	150,234	148,875	198,598	200,495	Muskmelon
686,883	634,352	570,160	506,471	476,634	475,815	466,529	489,029	487,167	Water Melon
209,901	194,513	191,218	208,699	183,639	234,225	163,646	177,480	158,807	Strawberry
36,793	35,340	29,596	25,063	25,102	24,727	24,819	26,514	27,485	Water Dropwort
32,455	33,483	37,961	31,306	32,326	33,871	32,587	32,533	34,152	Egg Plant
9,884	8,297	8,012	6,505	6,158	6,209	6,162	6,602	5,904	Crown Daisy
185,915	175,574	169,199	186,232	193,745	175,843	183,348	168,375	146,066	Green Pepper
45,374	41,583	36,937	34,622	36,401	39,812	40,622	41,264	48,389	Melon
625	1,055	923	874	1,048	1,048	1,010	1,003	994	Celery
16,304	18,826	17,523	22,632	21,694	79,728	82,458	77,011	22,990	Head Lettuce
28,602	22,897	96,955	100,166	95,702	102,617	102,218	101,365	105,522	Sweet Pepper
									Fruit
474,712	582,845	576,369	545,349	475,303	535,324	422,115	515,931	566,041	Apple
302,731	260,975	238,014	265,757	203,166	200,732	132,580	210,293	251,093	Pear
193,351	173,971	124,020	114,330	104,362	96,271	89,354	99,918	103,851	Persimmon
268,556	258,950	229,284	190,265	175,399	166,159	165,906	168,150	188,771	Grape
210,335	237,711	207,539	222,284	206,889	210,345	189,058	192,094	191,310	Peach
722,325	672,045	609,832	597,294	621,154	629,785	658,859	635,835	610,454	Citrus
383,651	442,555	266,637	282,108	258,561	240,056	211,991	177,136	188,748	Fruit, other
9,326	11,126	11,294	11,126	5,221	5,578	10,581	8,762	8,996	Citron
58,408	67,810	63,776	62,778	53,794	51,087	43,776	50,257	46,655	Plum
23,933	25,132	21,457	25,132	21,075	23,476	20,203	19,880	20,669	Gooseberry
									Meat
260,780	254,922	231,000	239,000	237,000	245,000	249,000	264,000	290,000	Bovine Meat
830,231	848,648	891,092	938,778	978,896	1,070,664	1,173,843	1,172,493	1,132,000	Pig Meat
527,898	585,289	599,463	776,670	862,412	922,754	656,900	632,300	618,000	Poultry Meat
575,161	585,919	593,328	636,271	661,672	714,166	738,774	743,540	738,037	Edible Viscera

4.1. 연도별 국내생산량

단위: 톤

식품명	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
계란류										
달걀	508,000	514,862	537,399	543,785	541,888	579,276	577,521	573,079	604,525	604,464
우유류										
우유	2,255,450	2,228,821	2,176,340	2,187,824	2,138,802	2,109,732	2,072,696	1,889,150	2,110,698	2,093,072
연유	4,127	3,948	3,659	3,567	3,546	3,949	3,744	2,620	4,214	6,012
전지분유	4,673	4,762	4,020	3,565	3,430	3,124	2,569	1,802	1,632	1,912
탈지분유	24,770	23,677	18,318	22,158	19,885	15,193	9,521	3,959	14,223	11,670
조제분유	15,139	15,204	12,766	14,642	15,631	14,453	14,511	15,191	18,236	17,541
어패류										
어류										
가자미	2,598	15,390	19,881	24,660	20,634	20,095	20,686	21,112	20,472	19,017
넙치	33,879	42,192	46,150	44,245	50,617	60,113	46,960	45,482	43,765	41,281
서대류	2,477	2,988	3,612	3,472	2,702	2,831	3,133	3,318	3,237	2,702
대구	10,409	12,483	9,561	15,067	12,419	15,621	16,401	18,498	17,212	15,640
노가리	-	-	-	-	-	-	-	-	-	-
명태	20,073	26,029	26,329	20,144	27,980	38,997	46,795	48,794	39,026	24,342
돔류	18,872	23,768	21,106	23,126	22,733	26,427	25,441	19,110	22,132	19,452
병어	9,286	11,448	13,873	9,489	8,120	5,929	8,871	6,600	4,986	5,387
민어	20,552	20,014	17,537	19,626	20,005	20,765	22,436	18,698	15,967	20,429
조기	25,520	24,691	33,199	44,213	41,141	37,289	36,678	62,742	39,541	38,299
강달이	18,727	15,495	19,375	13,817	11,046	12,074	5,003	13,990	7,760	7,154
성대류	303	375	888	729	1,137	731	979	1,063	1,585	1,564
도루묵	2,472	2,401	2,647	3,769	2,720	3,939	4,236	3,834	5,493	6,306
농어	3,232	3,773	2,744	3,368	2,955	3,586	3,111	3,272	2,903	2,656
능성어	1,039	803	375	455	225	418	476	338	304	590
장어	17,330	15,560	15,929	20,533	19,802	15,257	15,181	17,219	17,771	14,296
눈볼대	3,336	2,858	2,044	2,886	3,743	3,454	3,105	2,491	2,742	3,449
망둥이	1,105	7,486	2,081	1,661	909	1,058	688	828	1,097	948
매통이	1,500	77	17	349	102	279	-	-	-	-
갈치	69,093	62,151	65,788	68,509	75,092	87,833	59,822	33,533	34,326	47,657
양태	1,477	1,738	1,948	1,790	2,082	2,220	2,215	2,331	1,894	1,749
불락	24,749	26,361	1,896	41,788	38,843	37,501	25,005	21,931	27,866	27,937
양미리	2,419	3,925	4,197	3,682	4,033	3,503	-	-	-	-
숭어	14,275	15,274	9,610	16,564	14,397	11,759	11,244	11,762	10,591	7,956
뱅어	1,888	6,955	2,967	1,505	567	137	-	-	-	-
복어	6,024	3,243	4,272	5,207	3,111	4,478	3,754	3,953	3,084	4,074

Annual food production

Unit: ton

2014	2015	2016	2017	2018	2019	2020	2021	2022	Products
657,363	657,636	700,716	577,100	646,900	658,900	722,300	684,900	706,900	Eggs
									Egg
									Milk
2,214,039	2,168,157	2,069,581	2,058,230	2,040,751	2,049,434	2,088,786	2,034,384	1,975,414	Milk
8,535	8,079	9,578	11,655	11,278	12,262	11,872	12,951	15,674	Condensed Milk
2,784	2,615	2,213	1,798	1,284	1,478	1,289	1,049	748	Whole Milk Powder
21,395	17,076	8,540	9,041	8,018	9,356	12,974	7,404	5,813	Skim Milk Powder
17,991	22,183	20,896	16,727	18,163	16,565	12,501	10,755	9,683	Modified Milk Powder
									Fishes and Shellfishes
									Fishes
21,181	19,595	13,760	16,646	18,674	21,840	19,696	23,897	21,893	Flounder
47,481	49,464	45,175	45,196	42,003	47,467	46,995	44,699	49,089	Bastard
2,077	1,703	1,613	1,908	2,081	2,364	2,308	2,053	1,492	Sole
19,621	17,691	12,682	15,868	20,054	26,733	15,938	18,554	11,410	Pacific Cod
-	-	-	-	-	-	0	0	0	Small alaska Pollack
31,626	20,015	20,123	23,498	24,002	23,915	27,196	27,779	21,590	Alaska Pollack
17,631	18,888	14,853	15,836	15,146	14,975	13,843	17,543	17,474	Sea Bream
3,421	3,314	4,747	5,909	8,268	8,678	7,637	8,194	7,750	Harvest Fish
12,959	5,831	5,066	4,568	3,983	4,549	4,545	5,089	6,324	Croaker
30,467	34,658	19,922	19,965	23,770	26,405	41,510	31,893	16,969	Yellow Croaker
7,124	6,493	2,179	2,200	2,647	1,754	2,506	2,634	3,546	Kang Dal I
1,714	1,433	1,246	1,297	1,520	1,660	2,379	1,801	1,642	Bluefin Searobin
4,678	4,762	7,497	4,965	4,183	3,066	5,114	2,760	1,409	Sandfish
2,597	3,291	3,719	3,456	3,113	2,787	2,642	3,309	3,366	Common Sea Bass
466	164	261	533	346	195	139	155	280	Sea Bass
14,976	14,348	14,429	12,136	12,879	13,770	14,727	14,024	14,214	Eel
2,828	2,878	3,195	2,964	3,949	3,859	3,041	3,067	2,570	Black-Throat Sea Perch
517	409	521	395	614	414	333	267	301	Goby
-	-	-	-	-	-	0	0	0	Lizard Fish
47,041	41,085	32,359	54,521	49,514	43,516	65,724	63,056	53,968	Hair Tail
1,683	1,984	1,795	2,146	2,064	1,901	1,381	1,516	1,529	Flat Head
28,753	23,109	21,797	26,193	26,931	24,723	25,520	20,989	19,571	Rock Fish
157	-	-	-	-	-	0	0	0	Sand Lance
7,745	9,976	9,167	8,828	11,343	12,357	12,858	15,462	13,556	Mullet
-	-	-	-	-	-	0	0	0	Icefish
4,048	4,255	4,790	3,824	4,009	4,470	2,662	3,723	4,155	Puffer

4.1. 연도별 국내생산량

단위: 톤

식 품 명	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
멸 치	196,646	249,001	265,346	221,110	261,532	203,728	249,636	292,730	211,980	209,102
정 어 리	215	46	1	106	108	47	111	2,494	6,046	8,021
전 어	4,494	6,840	9,834	11,098	7,584	5,860	8,282	5,902	11,122	8,790
청 어	5,113	7,592	12,524	28,356	45,505	37,617	25,005	23,644	28,135	45,182
밴 뎅 이	775	1,756	953	795	4,893	5,983	1,787	1,685	2,036	891
고 등 어	185,696	135,806	101,896	145,317	191,537	176,575	99,890	150,762	129,014	115,279
전 쟁 이	35,878	52,243	35,194	30,733	36,665	36,813	28,207	52,265	38,791	25,726
삼 치	27,604	35,492	37,346	45,760	46,624	42,168	39,543	33,877	38,742	31,419
퐁 치	36,956	44,828	12,706	21,716	34,500	25,551	23,924	20,759	16,392	23,355
학 퐁 치	1,753	607	369	293	462	518	-	396	381	672
방 어	5,395	2,969	5,142	6,569	12,852	14,384	19,610	9,969	9,203	13,783
임 연 수 어	772	1,048	1,294	1,266	758	191	1,470	81	551	1,136
다 랑 어	234,937	257,751	293,716	298,308	285,722	324,177	317,918	274,399	302,673	272,483
상 어	812	1,176	1,262	1,176	1,149	1,315	1,855	3,309	2,758	2,188
가 오 리	9,951	7,504	8,280	8,774	5,686	7,052	6,102	5,570	5,100	3,901
보 리 멸	8	22	165	215	131	231	1	-	-	-
쥐 치	1,286	1,129	1,208	3,258	3,200	8,826	3,990	1,869	1,765	1,591
준 치	16	17	19	18	9	1	-	3	6	20
아 귀	11,885	11,448	12,226	14,417	17,931	14,961	13,104	15,808	12,090	11,686
새 치 류	5,442	5,927	4,464	4,524	4,869	6,311	6,797	6,156	4,611	4,589
홍 어	1,334	1,428	1,299	1,676	2,005	4,396	5,806	4,804	3,371	2,752
기타해산어	57,232	70,881	105,990	70,370	71,512	65,876	89,206	88,916	86,122	79,539
송 어 류	3,502	3,320	1,878	2,882	2,811	2,737	2,652	3,015	3,087	3,399
잉 어	1,694	1,640	1,281	1,094	1,871	2,001	2,002	1,917	1,975	1,121
붕 어	1,537	1,321	1,223	1,495	2,543	2,636	2,734	2,802	2,745	1,571
미 꾸 라 지	1,836	1,953	798	798	432	506	703	569	466	609
뱀 장 어	5,205	5,810	8,012	10,597	6,576	6,766	8,021	7,257	4,365	5,217
쏘 가 리	97	99	102	83	127	138	139	121	140	99
가 물 치	302	265	301	313	233	301	283	359	328	276
메 기	1,916	2,575	2,985	2,266	3,905	3,869	4,282	4,940	3,825	4,040
향 어	702	975	706	800	1,028	930	1,169	1,434	1,738	1,068
기타담수어	3,616	3,801	4,105	2,743	5,715	5,766	4,276	4,036	4,172	3,011

Annual food production

Unit: ton

2014	2015	2016	2017	2018	2019	2020	2021	2022	Products
221,171	211,574	140,958	210,943	188,684	171,677	216,748	143,414	132,151	Anchovy
7,968	8,710	7,861	8,388	7,271	2,218	1,139	90	12,029	Sardine
8,924	5,680	5,002	10,787	11,968	10,954	10,050	11,349	6,763	Hickory Shad
23,862	25,953	24,278	32,537	24,049	25,835	21,057	14,089	27,832	Herring
1,506	2,852	2,003	1,501	1,827	2,168	1,177	2,828	1,821	Round Herring
131,202	140,979	156,224	115,913	216,608	121,624	83,086	151,260	152,886	Mackerel
31,073	50,344	28,404	22,594	31,339	50,498	46,207	49,692	37,761	Jack mackerel
31,210	39,665	36,110	38,306	32,089	37,901	32,985	30,994	35,657	Spaning Mackerel
23,751	11,777	17,831	15,558	24,409	10,737	6,637	5,774	3,720	Saury
917	1,172	598	997	610	650	759	545	381	Half Beak
11,375	9,456	15,012	16,687	13,874	16,578	13,823	15,490	21,907	Yellow Tail
1,124	1,448	3,507	172	740	2,226	629	3,415	2,250	Atka Fish
323,258	319,024	332,984	296,034	320,819	368,706	304,696	278,544	280,504	Tuna
1,865	1,375	651	633	611	583	344	261	211	Shark
3,631	2,848	5,382	2,096	2,464	2,485	1,890	2,024	2,014	Skate
-	-	-	-	-	-	0	0	0	Sea Smelt
2,711	2,432	2,222	2,217	2,603	3,369	2,703	2,638	2,072	File Fish
6	4	2	1	4	41	61	125	472	Bigeyed Herring
12,848	11,888	13,838	15,335	13,448	18,458	13,448	16,854	12,822	Monk Fish
4,338	4,368	4,114	3,912	3,317	3,394	2,684	2,323	2,166	Marlinsand Sword Fish
2,916	3,473	3,762	3,093	3,557	4,132	4,348	6,180	6,054	Skate Ray
64,471	59,468	55,349	45,651	39,708	45,808	43,252	51,061	51,595	Adjacent Waters Fishes, other
3,364	3,112	3,066	3,451	3,255	3,446	2,503	2,574	3,069	Trout
1,206	1,269	1,370	991	905	1,125	1,278	1,477	1,798	Common Carp
1,827	1,960	1,714	1,657	1,946	2,058	2,489	2,907	3,429	Carp
714	860	831	826	668	645	690	678	688	Loach
5,716	9,089	9,904	11,144	10,589	10,942	9,788	15,772	15,281	Eel
107	104	90	156	140	138	137	131	85	Mandarine Fish
345	333	397	300	261	191	157	168	157	Shake Head
4,764	4,267	4,953	5,330	4,846	4,269	3,951	3,783	3,908	Cat Fish
1,636	1,419	1,724	1,658	1,579	1,523	1,678	2,028	1,846	Israeli Carp
4,305	3,787	4,155	4,146	3,480	3,060	3,489	3,109	3,092	Inland Waters Fishes, other

4.1. 연도별 국내생산량

단위: 톤

식품명	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
패 류										
대 하	3,274	2,388	1,261	1,167	389	300	278	68	387	514
중 하	414	834	980	1,010	1,646	1,048	652	1052	1,328	1,154
새 우	28,529	48,764	33,720	68,083	64,353	56,083	69,665	57,243	58,343	69,669
계	34,117	39,263	45,030	52,234	58,208	66,428	68,973	64,040	68,026	72,476
전 북	1,342	2,198	3,050	4,547	5,216	6,399	6,436	6,941	6,732	7,598
소 라 고 동	9,507	8,498	7,496	6,909	8,647	8,333	10,260	9,790	9,726	8,891
콜 뱅 이	2,101	1,696	1,434	1,639	1,133	1,288	-	-	-	-
바 지 락	40,472	31,848	21,886	27,459	36,302	40,393	36,248	37,929	25,028	18,145
굴	264,960	279,026	314,312	350,592	279,161	265,165	290,462	306,007	303,280	252,530
백 합	6,987	3,182	4,597	2,843	1,454	1,460	1,146	800	572	164
가 무 락	1,029	906	918	808	1,105	938	2,424	1,659	672	372
동 죽	13,433	5,201	7,597	2,604	1,657	698	1,393	1,444	531	2,329
피 조 개	3,391	2,778	2,212	3,167	3,131	7,352	7,280	5,802	2,432	2,604
새 조 개	2,846	947	272	1,817	364	3,504	949	251	426	471
개 량 조 개	3,363	146	612	606	146	331	248	549	402	218
홍 합	20,997	44,677	82,801	99,723	69,890	58,434	57,711	72,642	63,045	36,396
꼬 막 류	13,420	5,053	9,429	28,853	2,957	6,831	5,114	3,197	4,177	2,660
키 조 개	4,468	8,403	6,281	11,767	6,805	8,688	10,972	8,351	6,638	5,061
채 치 조 개	4,149	1,034	816	523	628	591	798	1,173	988	1,330
맛 조 개	5,456	2,240	854	1,457	1,344	807	698	372	264	208
낙 지	7,023	7,658	7,397	8,625	7,879	7,013	6,954	6,445	5,799	5,061
오 징 어	282,759	270,298	367,295	396,643	367,940	273,812	224,546	241,773	262,934	254,684
문 어	6,510	7,717	8,444	12,414	11,857	16,107	10,828	10,427	10,298	9,288
주 꾸 미	5,048	4,390	4,032	6,828	4,052	4,285	2,977	2,596	3,415	2,340
해 삼	1,154	1,136	1,614	2,936	2,256	2,789	2,687	2,351	1,945	2,135
성 계	1,301	2,035	2,596	2,651	3,555	2,846	2,868	2,467	2,351	3,091
우 령 쉐 이	7,464	10,819	8,232	10,445	9,308	8,315	7,440	13,406	10,479	11,855
자 라	136	95	90	132	118	100	226	190	250	217

Annual food production

Unit: ton

2014	2015	2016	2017	2018	2019	2020	2021	2022	Products
									Shellfishes
663	594	666	377	143	116	78	144	674	Oriental Prawn
898	560	918	817	1,149	2,176	1,479	1,259	1,671	Metapenaeus Shrimp
84,703	47,635	54,370	63,669	70,168	76,087	84,369	80,115	73,326	Shrimp
68,292	62,420	51,658	46,321	11,770	12,306	15,417	19,715	21,808	Crab
9,149	10,235	12,433	16,134	20,165	18,550	20,162	23,298	22,167	Abalone
9,708	9,629	9,258	10,275	10,606	12,488	11,906	11,626	11,473	Topshell
-	-	-	-	-	-	-	-	-	Bai Topshell
19,952	25,517	28,083	27,696	51,464	46,027	45,755	45,836	37,699	Little Neck Clam
303,347	286,630	282,917	329,794	340,359	357,282	325,889	329,920	323,685	Oyster
352	460	294	462	28	18	33	87	252	Orient Hard Clam
477	645	775	382	806	468	128	385	345	Venus Clam
1,629	1,581	1,009	1,929	1,227	737	2,062	3,991	2,487	Surf Clam
3,031	3,218	3,633	4,524	9,303	3,188	2,498	1,740	3,457	Arkshell
1,910	81	293	1,101	194	49	439	447	1,254	Egg Cockle
152	175	329	59	16	46	70	116	2	Hen Cockle
53,238	53,208	55,806	77,554	50,494	60,562	62,601	64,065	53,473	Hard-Shelled Mussel
1,854	1,248	5,262	2,797	5,034	10,580	7,490	5,493	7,029	Granulated Ark Shell
4,702	4,560	8,214	5,356	5,854	7,307	4,970	8,277	6,726	Pen Shell
1,196	1,457	1,488	1,004	656	496	230	258	505	Marsh Clam
135	732	229	144	736	1,284	939	892	639	Jackknife
5,310	6,690	6,399	6,067	5,725	5,918	6,071	6,472	5,393	Whip-arm Octopus
330,909	306,578	141,723	134,052	81,348	72,357	93,529	134,747	84,675	Squid
10,192	9,613	9,413	10,085	9,747	9,808	8,988	9,239	7,716	Octopus
2,525	2,232	2,278	3,460	3,773	3,828	4,306	3,338	2,956	Webfoot Octopus
2,141	2,211	2,112	2,045	2,116	2,455	1,660	1,672	1,701	Sea Cucumber
2,839	2,963	2,172	1,895	2,555	2,477	1,576	1,911	3,101	Sea Urchin
8,746	22,833	32,634	27,412	38,248	26,993	31,516	18,326	20,308	Sea Squirt
196	177	192	156	160	153	59	50	64	Snapping Turtle

4.1. 연도별 국내생산량

단위: 톤

식 품 명	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
기 타 수 산	4,779	2,115	4,125	3,113	8,062	9,884	8,732	9,302	8,473	5,877
해 조 류										
다 시 마	22,510	108,336	201,931	250,077	285,223	306,537	241,502	246,791	308,640	373,268
미 역	262,293	286,611	325,940	315,481	384,190	313,037	398,399	396,745	342,108	330,162
김	228,557	197,623	217,561	210,980	224,243	211,467	235,542	316,471	349,862	405,553
톳	28,098	33,578	24,058	23,581	20,422	22,123	23,499	28,148	15,266	14,928
과 래	1,225	1,060	846	851	8,298	6,200	4,899	6,390	6,594	5,407
청 각	758	4,680	3,040	4,108	2,586	2,349	1,845	1,401	1,448	2,177
우뭇가사리	1,791	3,079	3,012	2,859	1,093	822	3,715	5,011	3,532	2,724
기타해조류	576	1,401	2,279	3,205	8,835	6,967	5,314	6,113	4,999	5,652
유 지 류										
콩 기 림	-	-	-	-	-	-	-	-	-	-
참 기 림	3,861	7,417	7,231	5,529	5,877	6,730	4,288	4,390	3,120	3,354
들 기 림	4,060	4,046	4,019	5,363	6,272	5,365	6,308	7,521	6,796	6,420
유 채 유	1,322	1,535	702	683	1,164	1,524	703	502	521	306
미 강 유	9,580	10,487	2,226	2,935	4,600	-	-	-	-	-
옥 배 유	-	-	-	-	-	-	-	-	-	-
면 실 유	-	-	-	-	-	-	-	-	-	-
고 추 씨 유	-	-	-	-	-	-	-	-	-	-
어 유	231	1,669	1,823	782	1,844	2,150	6,484	864	4,516	4,080
주 류										
탁 주	162,144	171,134	242,139	176,490	176,023	241,921	428,642	492,700	471,786	441,329
소 주	1,220,943	1,224,680	1,257,975	1,265,789	1,299,751	1,274,810	1,236,796	1,215,713	1,256,002	1,225,438
맥 주	2,030,798	1,989,632	1,947,059	2,055,075	2,130,529	2,136,964	2,060,481	2,131,120	2,179,703	2,219,540
기 타	402,196	404,708	402,753	395,473	425,739	405,857	375,051	389,135	402,752	401,959
청 주	23,362	23,883	21,054	20,291	18,390	16,968	18,905	19,747	19,452	19,572
과 실 주	19,052	21,958	24,569	29,318	30,279	28,147	23,018	21,226	17,510	19,005
위 스 키	10,574	10,742	11,058	11,824	9,197	5,973	4,907	3,471	2,399	2,155
브 랜 디	198	237	298	272	241	345	289	286	301	227

Annual food production

Unit: ton

2014	2015	2016	2017	2018	2019	2020	2021	2022	Products
13,304	9,256	8,081	9,275	5,846	5,292	6,616	6,870	3,378	Aquatics, other
									Seaweeds
372,325	442,647	433,257	542,305	572,685	662,558	675,074	685,239	560,899	Sea Tangle
287,240	337,024	498,716	624,733	521,971	525,219	506,620	583,140	595,676	Sea Mustard
397,872	386,710	409,444	523,692	567,328	605,840	536,341	547,779	550,438	Laver
18,002	29,104	34,217	56,692	39,544	39,840	28,017	16,940	13,525	Fusiforme
6,941	7,516	8,187	6,834	6,979	6,593	8,545	8,810	6,491	Sea Lettuce
5,855	4,161	4,503	4,151	3,397	3,507	7,202	11,363	2,501	Seastaghorn
3,227	735	2,831	2,781	1,107	654	485	413	227	Ceylon Moss
5,418	4,795	4,219	8,509	8,809	7,013	6,917	4,478	7,097	Seaweeds, other
									Oils and Fats
-	-	-	-	-	-	-	-	-	Soybean Oil
3,864	3,946	4,153	4,735	5,069	4,400	4,493	2,242	3,306	Sesame Seed Oil
7,406	9,582	11,280	11,237	8,936	8,916	9,377	8,587	9,395	Perilla Oil
257	198	163	149	154	165	179	176	182	Rape Seed Oil
-	-	-	-	-	-	-	-	-	Ricebran Oil
-	-	-	-	-	-	-	-	-	Maize Germ Oil
-	-	-	-	-	-	-	-	-	Cotton Seed Oil
-	-	-	-	-	-	-	-	-	Redpepper Seed Oil
3,864	3,864	25,631	1,753	1,365	21,171	19,404	5,570	4,381	Fish, Body Oil
									Alcoholic Beverages
440,763	407,152	399,667	409,407	402,580	370,500	379,976	363,132	342,517	Tak Ju
1,023,843	1,638,504	933,461	947,717	919,610	917,310	876,466	828,328	866,445	So Ju
2,192,205	2,038,178	1,978,699	1,823,899	1,736,927	1,715,995	1,566,914	1,538,968	1,697,823	Beer
435,385	168,219	331,974	338,595	345,947	344,129	362,968	333,624	327,815	Alcoholic Beverages, other
20,042	76,462	18,753	18,312	19,068	17,784	17,113	18,217	19,661	Sake
18,639	78,057	16,721	13,193	12,054	10,926	11,315	17,485	14,128	Fruit Wine
2,018	13,856	470	205	126	72	56	74	234	Whisky
234	401	84	77	1	-2	-1	-	-	Brandy

4.2. 연도별 수출입량

단위: 톤

식 품 명	2007		2008		2009		2010	
	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports
곡 류								
쌀	246,000	1,000	258,000		257,000	3,000	307,000	4,000
밀	3,315,000		2,435,000		3,740,000		4,319,000	
보리	183,000		170,000		193,000		185,000	
옥수수	8,617,000		9,318,000		7,259,000		8,512,000	
수수	4,000		11,000		4,000		3,000	
서 류								
감자	15,000		18,250		15,165		15,220	
고구마	-				-		-	
설탕 류								
설탕	-	360,000		285,000	-	291,000	-	371,000
두 류								
콩	1,209,000		1,262,000		1,200,000		1,236,000	
팥	22,000		27,000		22,000		24,000	
땅콩	32,793	80	31,104		33,191	50	31,728	64
녹두	6,000		6,000		5,000		3,000	
견과 류								
밤	8,564	12,756	6,988	12,550	5,222	12,889	6,223	13,185
호두	14,133	-	10,670	-	20,249	20	18,547	67
잣	-	-	-	5	-	-	0	1
도토리	451		197	9	147	3	63	14
은행	-	-	8	-	7	-	17	21
아몬드	6,027		7,546	-	11,186	22	13,008	6
피스타치오	435	-	505	2	291	5	348	-
너트류	950		1,054	-	1,192	-	1,331	-
기타견과류	551	2	228	22	179	15	190	-
종실 류								
참깨	59,720	17	63,949	29	72,966	178	77,747	1,110
들깨	28,327	1	18,209	2	29,618	1	17,517	2
채소 류								
무	11,510	3,666	15,685	1,682	13,618	2,757	19,937	2,923
양파	52,061	1,545	46,456	113	41,520	9,679	35,421	3,932
마늘	54,077	105	61,175	264	32,362	366	64,464	119
송이버섯	290		350	-	428	-	444	-
표고버섯								
양송이버섯	9,483	10	8,265	63	6,316	36	7,546	-
양배추	6,922	1,602	5,193	12,721	2,514	8,607	25,636	5,030
오이	20,384	435	19,680	184	18,702	197	21,251	59
당근	93,508	33	83,215	306	79,601	283	90,765	139
배추	425,047	52,010	427,091	57,450	284,511	61,930	384,002	59,516
기타버섯	8,120	995	5,886	2,047	5,102	1,157	8,639	1,010

Annual food imports and exports

Unit: ton

2011		2012		2013		2014		Products
수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	
327,000	4000	370,000	3,000	526,000	2,000	280,000	2,000	Cereals
4,522,000		5,280,000		4,676,000		3,613,000		Rice
218,000		249,000		234,000		291,000		Wheat
7,808,000		7,673,000		8,282,000		10,137,000		Barley
		-		-				Maize
								Sorghum
35,330		44,660		49,310		45,000		Starchy Roots
-		-		-		-		Potatoes
								Sweet Potatoes
-	360,000	-	359,000	-	339,000		306,000	Sweeteners
								Suger
1,212,000		1,110,000		1,146,000		1,290,000		Pulses
25,000		26,000		27,000		24,000		Soybeans
32,046	42	33,335	36	30,954	56	33,467	17	Red Beans
7,000		4,000		6,000		5,000		Groundnuts
								Green Beans
6,546	10,709	7,657	11,301	7,509	12,816	6,850	10,555	Tree Nuts
20,472	147	24,089	98	25,360	116	28,339	76	Chestnut
-	-	1	-	-	-	1	-	Walnut
95	2	12,737	1	13,124	3	12,881	1	Pinenuts
-	3	1	22	106	5	186	7	Acorn
15,496	82	22,676	28	21,851	25	24,245	22	Gingko Nut
277	-	797	-	1,032	-	872	-	Almonds
1,325	-	2,112	-	3,341	16	4,988	-	Pistachionuts
193	-	228	-	340	-	414	7	Nuts
								Tree Nuts, other
81,941	314	73,401	583	77,881	688	83,943	1,490	Oil Crops
26,557	4	22,022	22	30,590	10	24,032	11	Sesame
								Pelilla Seed
33,418	2,219	26,789	1,219	24,017	1,452	18,386	1,900	Vegetables
31,979	777	59,343	1,130	83,170	722	8,553	24,272	Radish
79,984	217	58,923	941	49,736	453	43,399	151	Onion
438	2	577	26	476	13	479	8	Garlic
-	-	13,929	179	14,255	146	17,507	61	Pine Mushroom
9,457	1	7,609	1	6,232	5	6,784	4	Oak Mushroom
26,976	6,411	23,211	8,193	29,350	6,177	4,519	17,541	Mushroom
22,067	49	22,333	72	22,151	167	24,663	467	Cabbage
100,847	70	99,972	347	112,064	100	103,041	90	Cucumber
448,074	61,238	422,064	59,234	424,221	55,961	409,029	61,430	Carrot
9,603	1,163	13,182	786	15,030	726	24,974	725	Chinese Cabbage
								Mushroom, other

4.2. 연도별 수출입량

단위: 톤

식 품 명	2015		2016		2017		2018	
	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports
곡 류								
쌀	438,000	2,000	287,000	2,000	382,000	3,000	398,000	2,000
밀	3,631,000		4,179,000		4,034,000		3,646,000	
보리	289,000		215,000		228,000		239,000	
옥수수	9,632,000		9,743,000		9,041,000		9,969,000	
서 류								
감	60,000		55,760		48,945		50,000	
고구마								
설탕 류								
설탕		305,000		324,000		307,000		299,000
두 류								
콩	1,317,000		1,342,000		1,294,000		1,338,000	
팥	16,000		21,000		25,000		25,000	
땅콩	30,662	252	31,029	257	31,006	152	27,870	151
녹두	5,000		5,000		6,000		5,000	
견과 류								
밤	6,001	8,486	7,359	8,018	7,579	9,817	9,371	8,537
호두	28,032	76	30,665	183	31,676	76	27,380	86
잣	1	0	25	1	9	0	16	0
도토리	10,193	1	9,536	5	9,607	6	9,571	122
은행	78	5	39	20	17	6	18	10
아몬드	22,930	64	23,337	138	25,179	41	23,728	68
피스타치오	588	0	508	9	876	19	791	5
너트류	4,218	20	4,703	8	3,547	28	3,250	46
기타견과류	478	6	570	39	887	6	1,163	27
종실 류								
참깨	77,796	780	77,906	304	74,993	74	74,993	74
들깨	24,281	19	25,993	47	24,867	48	14,661	18
채소 류								
무	14,550	3,091	15,845	2,181	14,291	3,127	11,259	4,126
양파	214,361	224	77,916	8,909	181,095	547	73,447	4,420
마늘	76,926	289	74,574	98	37,126	140	55,956	126
송이버섯	468	8	403	10	325	10	443	4
표고버섯	17,436	103	17,165	175	16,774	95	17,899	119
양송이버섯	7,018	3	6,766	22	7,420	33	7,233	11
양배추	8,731	12,006	12,908	10,830	16,337	8,949	17,456	9,206
오이	22,380	262	22,738	234	21,673	354	22,089	301
당근	101,463	573	110,952	941	112,261	172	111,431	189
배추	430,635	62,460	486,971	59,900	529,499	71,970	558,307	77,734
기타버섯	41,957	705	47,144	808	46,548	967	47,821	964

Annual food imports and exports

Unit: ton

2019		2020		2021		2022		Products
수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	
292,000	2,000	466,000	3,000	493,000	2,000	393,000	4,000	Cereals
3,239,000		3,339,000		4,170,000		4,565,000		Rice
211,000		168,000		165,000		164,000		Wheat
10,759,000		11,641,000		11,307,000		11,634,000		Barley
-		-		-		-		Maize
								Sorghum
50,000		47,000		55,000		58,000		Starchy Roots
								Potatoes
								Sweet Potatoes
	286,000		314,000		270,000		269,000	Sweeteners
								Suger
1,312,000		1,242,000		1,343,000		1,288,000		Pulses
22,000		14,000		15,000		21,000		Soybeans
33,340	29	34,442	37	38,342	35	37,900	92	Red Beans
5,000		8,000		7,000		7,000		Groundnuts
								Green Beans
8,711	7,891	8,312	4,190	10,293	6,165	9,855	6,165	Tree Nuts
28,128	68	27,214	53	37,346	118	32,982	118	Chestnut
16	0	106	0	92	0	106	0	Walnut
9,386	1	7,897	4	8,754	7	8,650	7	Pinenuts
51	10	100	5	162	8	28	8	Acorn
26,052	49	27,124	15	37,990	142	24,869	142	Gingko Nut
879	8	833	19	1,182	4	1,354	4	Almonds
3,448	29	3,928	10	5,446	36	4,945	36	Pistachionuts
1,014	9	1,036	14	1,550	24	-	24	Nuts
								Tree Nuts, other
76,812	1,244	77,662	52	86,923	970	84,250	70	Oil Crops
24,411	177	24,840	53	15,077	34	13,172	106	Sesame
								Pelilla Seed
13,002	4,503	13,935	7,103	16,102	4,710	10,128	3,563	Vegetables
57,908	49,853	98,734	5,688	63,738	10,797	140,755	3,623	Radish
40,321	4,230	49,636	1,932	53,881	198	78,229	208	Onion
450	5	321	3	244	3	258	4	Garlic
17,532	106	16,069	79	16,745	91	17,490	78	Pine Mushroom
6,885	8	6,210	5	6,623	2	6,384	4	Oak Mushroom
16,142	18,086	41,794	6,015	8,721	6,492	8,575	3,249	Mushroom
21,789	256	20,769	227	20,902	240	21,895	125	Cabbage
117,282	280	114,562	197	105,128	235	110,102	215	Cucumber
588,065	85,575	540,521	100,729	462,031	106,306	507,825	96,810	Carrot
49,475	987	49,665	1,014	60,133	599	56,572	587	Chinese Cabbage
								Mushroom, other

4.2. 연도별 수출입량

단위: 톤

식 품 명	2007		2008		2009		2010	
	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports
토 마 토	51,788	1,897	49,589	1,965	45,886	1,896	51,726	2,550
산 나 물	44,940	175	34,616	80	27,024	159	33,650	250
딸 기	7,558	987	7,610	1,596	4,632	2,876	7,150	3,304
건 고 추	26,581	2,733	25,631	3,434	29,866	3,107	30,663	3,357
과 파	11,658	5	10,567	96	7,303	6	11,494	182
생 강	11,923	33	5,217	48	9,184	61	7,979	62
기 타 채 소	269,811	19,265	249,606	28,045	197,004	27,392	206,039	29,743
과 실 류								
바 나 나	308,252	-	258,363	255	257,024	-	337,907	-
파 인 애플	77,275	-	67,032	-	54,526	-	60,565	19
포 도	27,802	325	32,483	430	28,437	606	34,963	471
귤	-	3,345	-	2,527	-	2,755	-	1,683
사 과	-	1,330	-	4,669	-	9,961	24	8,437
배 아	-	19,982	82	23,629	78	27,222	171	23,048
복 송 감	-	16	-	3	-	10	-	26
단 다 래	-	4,683	-	7,389	34	10,255	85	6,503
참 다 래	34,658	-	29,085	1	27,376	1	28,515	13
오 렌 지	77,671	-	107,888	57	71,221	120	110,055	33
자 몽	5,935	-	4,889	-	5,724	-	7,861	-
기 타 과 실	43,477	832	39,283	100	37,441	223	43,825	188
곡 류								
쇠 고 기	202,785	-	224,092	-	197,860	-	245,146	-
돼 지 고 기	248,162	12,616	214,289	10,360	209,840	12,513	179,491	482
닭 고 기	60,030	5,689	70,115	9,283	70,625	11,472	105,802	15,991
계 란 류								
달걀	3,054	17	1,910	59	1,665	290	2,118	460
우 유 류								
연 분 유	264	390	379	483	361	935	263	776
분 유	8,317	2,068	8,191	3,014	12,580	3,137	12,157	3,370
어 류								
농 어	6,476	19	6,204	88	4,821	256	6,333	90
서 대 류	944	260	492	365	605	206	163	244
노 가 리	-	-	-	-	-	-	-	-
조 기	51,782	429	43,068	428	41,061	411	44,242	343
민 어	10,281	1,117	4,800	1,282	3,412	1,357	4,220	1,082
장 어	5,073	7,353	12,124	8,322	9,785	6,549	10,350	6,807
꽂 치	42,849	8,211	42,024	6,059	59,905	5,666	43,437	4,195
삼 치	114	12,212	366	16,862	744	14,440	207	15,192

Annual food imports and exports

Unit: ton

2011		2012		2013		2014		Products
수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	
54,983	3,490	58,331	4,586	65,118	5,987	57,931	6,132	Tomato
32,130	286	14,777	11	16,131	14	15,884	52	Wild Plant
9,648	2,436	10,601	2,545	8,515	3,654	8,738	3,677	Stawberry
41,729	3,286	39,107	3,496	172,725	3,443	105,636	24,407	Red Pepper
25,791	45	11,311	104	7,652	12	9,617	22	Welsh Onion
3,596	23	7,503	13	8,347	36	15,244	264	Ginger
215,248	10,415	230,232	10,559	245,144	5,235	267,717	5,548	Vegetables, other
Fruit								
352,671	1	367,960	165	359,124	544	363,479	382	Banana
73,009	-	73,131	-	75,420	9	68,373	0	Pine Apple
45,189	323	54,192	345	59,260	583	66,193	813	Grape
1	2,905	-	3,561	-	3,038	0	2,802	Citrus
108	3,132	25	1,694	-	2,217	81	3,502	Apple
46	17,988	32	15,677	-	23,096	36	22,493	Pear
23	25	12	42	-	88	0	97	Peach
3	6,897	-	8,744	-	8,428	0	8,612	Persimmon
29,757	1	28,945	1	19,590	155	23,822	258	Gooseberry
141,961	7	173,943	29	98,371	4	111,743	1	Orange
9,337	-	10,452	-	19,491	-	25,010	0	Grapefruit
54,478	238	68,482	393	97,243	407	107,742	650	Fruit, other
Meat								
289,444	-	253,522	-	281,532	-	298,845	0	Bovine Meat
370,382	547	275,165	1,275	273,888	1,813	357,923	2,170	Pig Meat
130,949	15,346	130,389	20,866	141,400	19,280	118,600	26,403	Poultry Meat
Eggs								
2,892	56	2,771	473	2,623	66	2,050	43	Egg
Milk								
419	1,267	119	2,569	240	6,120	61	3,272	Condensed Milk
41,454	4,061	38,301	5,632	26,063	7,597	26,943	9,517	Milk Powder
Fishes								
4,081	137	3,453	136	4,459	32	3,725	107	Common Sea Bass
262	210	133	296	50	123	78	9	Sole
-	-	-	-	-	-	-	-	Small Alaska Pollack
36,428	561	27,926	337	25,433	343	24,724	193	Yellow Croaker
4,541	1,004	8,661	736	13,042	763	18,389	82	Cooaker
9,849	7,802	7,391	5,994	8,555	6,159	8,759	5,998	Eel
51,530	7,705	53,061	8,508	56,280	9,441	59,599	9,722	Saury
128	16,797	752	13,862	-	8,636	19	13,590	Spaning Mackerel

4.2. 연도별 수출입량

단위: 톤

식품명	2015		2016		2017		2018	
	수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports
토마토	57,931	6,132	57,940	5,754	64,604	6,760	66,773	7,814
산나물	15,884	52	15,337	25	15,718	38	16,709	49
딸기	8,738	3,677	10,137	4,106	10,268	5,129	10,821	4,902
건고추	105,636	24,407	42,316	4,082	46,575	3,789	124,509	33,425
과파	9,617	22	9,774	3	14,402	35	14,525	6
생강	15,244	264	10,486	227	3,740	78	17,163	101
기타채소	267,717	5,548	298,187	6,579	347,226	6,274	374,898	7,478
과실류								
바나나	363,479	382	364,599	0	363,479	382	427,150	0
파인애플	68,373	0	77,375	0	68,373	0	77,520	0
포도	66,193	813	48,730	1,032	51,268	1,218	59,998	1,275
귤	0	2,802	0	2,294	0	1,709	0	1,763
사과	81	3,502	31	3,947	0	2,639	0	2,639
배	36	22,493	21	25,607	0	27,157	49	32,925
복숭아	0	97	0	216	-	-	-	365
단감	0	8,612	0	6,819	0	7,002	-	5,660
참다래	23,822	258	30,735	1,389	23,822	258	32,923	438
오렌지	111,743	1	154,944	6	111,743	1	142,443	9
자몽	25,010	0	23,169	0	25,010	0	21,269	0
기타과실	107,742	650	107,466	6,840	103,377	494	120,048	630
육류								
쇠고기	298,845	0	363,000	0	344,000	0	416,000	0
돼지고기	357,923	2,170	318,498	2,074	376,200	1,477	414,539	925
닭고기	118,600	26,403	128,336	24,745	102,835	3,595	125,556	29,075
계란류								
달걀	2,050	43	2,276	227	9,400	-	3,600	0
우유류								
연유	61	3,272	50	3,567	32	3,629	55	4,039
분유	26,943	9,517	28,055	9,850	31,826	6,730	34,222	8,874
어류								
농어	3,725	107	4,257	106	3,759	87	4,105	58
서대구	78	9	136	44	421	23	506	9
노리	-	-	-	-	-	-	-	-
조기	24,724	193	28,437	303	23,198	209	27,798	89
민어	18,389	82	24,909	72	23,742	141	25,807	627
장어	8,759	5,998	8,152	5,864	7,037	5,602	6,176	4,808
꽂치	59,599	9,722	42,050	7,840	35,195	2,982	35,409	10,907
삼치	19	13,590	68	16,215	53	12,495	24	9,163

Annual food imports and exports

Unit: ton

2019		2020		2021		2022		Products
수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	
66,118	7,948	62,504	7,188	75,016	8,447	78,648	8,511	Tomato
16,530	45	15,435	37	16,571	35	16,337	38	Wild Plant
10,113	5,750	9,120	4,828	10,548	4,877	14,076	4,035	Strawberry
123,343	41,592	133,510	52,019	130,844	53,394	135,252	49,651	Red Pepper
10,400	19	12,883	13	16,441	73	7,297	19	Welsh Onion
19,648	96	13,577	138	16,780	137	11,390	137	Ginger
384,865	8,132	393,329	11,067	412,027	11,442	401,882	11,517	Vegetables, other
								Fruit
368,338	9	351,994	24	351,903	114	319,852	227	Banana
70,652	0	61,839	0	61,688	0	67,104	12	Pine Apple
69,075	1,866	56,684	1,972	49,404	2,053	39,928	2,005	Grape
18	2,305	0	5,996	102	6,637	34	3,206	Citrus
13	2,644	13	1,737	0	1,264	0	1,690	Apple
63	30,710	24	23,556	19	21,841	13	26,274	Pear
-	472	-	396	-	363	-	489	Peach
-	5,428	-	5,593	-	2,086	-	4,239	Persimmon
33,303	693	35,786	389	41,001	286	44,351	339	Gooseberry
124,386	3	115,356	14	109,338	29	77,788	92	Orange
17,786	0	16,522	0	14,507	0	13,530	1	Grapefruit
117,860	548	123,962	990	140,383	823	132,946	799	Fruit, other
								Meat
427,000	0	419,489	-	452,813	-	476,753	-	Bovine Meat
421,342	1,293	310,466	4,455	332,757	8,000	442,372	7,000	Pig Meat
140,077	46,603	138,548	50,892	124,025	35,700	188,301	63,000	Poultry Meat
								Eggs
3,772	-	4,506	-	37,051	-	4,524	-	Egg
								Milk
39	5,292	53	7,347	61	9,679	65	11,782	Condensed Milk
33,424	9,117	27,640	8,458	23,853	9,186	26,310	9,109	Milk Powder
								Fishes
4,585	105	3,345	16	3,052	44	3,086	190	Common Sea Bass
314	25	275	4	532	7	414	106	Sole
-	-	-	-	-	-	-	-	Small Alaska Pollack
27,459	128	21,173	198	23,168	236	19,044	759	Yellow Croaker
23,816	2,972	20,265	801	17,559	268	16,055	238	Cooaker
6,841	5,111	5,672	3,964	5,132	3,727	5,637	4,052	Eel
36,947	10,029	16,457	3,263	25,082	1,357	17,964	834	Saury
391	17,164	34	11,605	37	20,162	666	17,785	Spaning Mackerel

4.2. 연도별 수출입량

단위: 톤

식 품 명	2007		2008		2009		2010	
	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports
병 어	3	70	-	101	1	98	-	81
멸 치	15,360	8,306	6,993	7,593	8,842	6,757	14,086	7,160
정 어	9,761	231	6,831	148	8,268	123	10,740	126
갈 치	41,309	1,047	34,110	977	35,415	1,335	29,369	1,688
도 루	-	-	-	-	-	-	-	-
뱀 장 어	959	63	3,019	47	607	29	3,731	1
능 성 어	67	-	53	-	8	-	-	2
명 태	403,508	12,473	306,421	18,790	281,272	11,760	363,460	38,801
복 어	9,091	61	7,206	96	7,505	33	7,857	101
가 자	2,895	193	3,846	431	5,681	92	5,091	2,048
돔 류	15,921	10,025	10,624	6,198	9,335	7,888	7,816	8,419
방 어	477	756	246	351	577	789	14	830
진 갱 이	6,161	12,133	2,528	22,010	4,142	22,845	8,197	22,086
고 등 어	50,280	15,330	30,472	42,212	29,482	56,642	42,560	26,029
미 꾸 라 지	9,394	-	10,464	-	9,237	3	8,815	5
아 귀	32,386	242	31,104	255	30,428	288	30,281	266
다 랑 어	33,840	229,695	23,022	236,270	24,391	255,142	19,610	266,924
청 어	4,160	2,562	2,249	5,872	3,023	7,300	2,204	3,843
뱀 어	-	-	-	-	-	-	-	-
대 구	45,570	7,255	15,030	6,922	15,627	5,610	19,056	13,423
임 연 수 어	15,835	2,146	15,142	1,054	20,030	1,106	11,938	1,719
가 오 리	10,318	60	8,040	4	8,779	10	8,707	55
새 치 류	-	-	-	-	-	-	-	-
보 리	1	-	9	-	2	-	-	-
쥐 치	117,616	173	78,026	328	89,729	426	72,006	453
학 콩	-	-	-	-	-	-	-	-
넙 치	173	3,207	292	4,052	388	5,091	1,325	5,623
불 락	6,976	380	5,238	506	6,052	471	8,725	599
상 어	3,401	554	3,383	629	3,420	1,614	2,547	1,370
은 대 구	124	1	100	-	82	-	108	20
홍 어	10,915	-	8,904	-	8,737	-	9,151	8
기타해산어	561,305	109,492	453,764	121,013	413,351	142,026	534,207	145,043
연 어	12,936	1,658	10,898	1,101	11,483	973	9,656	1,162
기타담수어	7,455	-	1,928	-	691	1	762	11
패 류								
꽃 게	24,965	9	18,006	19	18,266	1,285	14,518	1,407
기 타	26,021	22,677	28,607	26,921	25,143	35,260	19,833	38,237
대하·중하	-	-	-	-	-	-	-	-
오 징 어	58,865	157,113	51,038	152,263	43,504	103,261	49,878	61,912
주 꾸 미	22,018	-	22,074	6	24,497	20	27,877	22
문 어	3,775	765	2,677	934	3,963	141	4,100	214
해 삼	2,974	85	3,805	172	2,552	395	2,145	737
성 게	50	182	50	190	14	145	1	147
전 복	347	377	336	630	60	1,037	106	1,158
가 리 비	29,351	712	30,971	69	26,514	60	28,334	26
낙 지	43,611	37	40,625	21	40,094	54	35,800	52

Annual food imports and exports

Unit: ton

2011		2012		2013		2014		Products
수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	수입 Imports	수출 Exports	
7	35	-	40	-	53	1	11	Harvest Fish
5,354	7,566	4,806	5,429	5,837	4,020	4,814	4,831	Anchovy
10,725	1,173	7,840	7,350	4,846	5,062	7,404	9,447	Sardine
28,944	1,969	27,192	1,713	29,141	4,620	27,786	1,421	Hair Tail
-	-	-	-	-	-	-	-	Sandfish
1,056	68	510	91	1,270	38	1,755	-	Eel
3	-	3	7	-	-	8	-	Sea Bass
306,777	39,064	300,030	52,338	299,687	47,312	287,249	23,929	Alaska Pollack
5,828	118	6,113	21	7,252	7	6,669	4	Puffer
2,309	153	1,620	114	2,541	38	981	36	Flounder
6,096	9,416	7,396	10,653	6,147	11,702	5,548	8,812	Sea Bream
59	499	103	27	108	59	163	185	Yellow Tail
4,637	17,229	9,932	17,318	3,574	17,019	4,559	20,059	Jack Mackerel
60,993	43,403	32,295	65,709	16,763	41,205	33,725	23,136	Mackerel
8,356	2	7,789	2	7,655	3	8,514	3	Loach
25,992	388	21,892	592	23,103	478	26,150	514	Monk Fish
22,025	193,242	3,866	245,070	17,077	161,789	17,080	221,511	Tuna
19,981	11,404	6,559	10,396	17,790	19,440	23,343	20,037	Herring
-	-	-	-	-	-	-	-	Icefish
26,529	20,130	23,181	15,222	29,598	14,696	21,045	13,059	Pacific Cod
16,265	2,961	16,235	2,292	9,763	2,790	14,285	3,462	Atka Fish
8,421	138	9,598	39	11,285	25	10,655	60	Skate
-	-	-	-	-	-	-	-	Marlinsand Sword Fish
-	-	-	-	-	-	-	-	Sea Smelt
82,927	111	78,669	194	72,841	344	75,284	267	File Fish
-	-	-	-	-	-	-	-	Half Beak
1,046	4,464	8,485	27,012	26,485	10,737	25,544	7,125	Bastard
8,216	925	7,965	420	9,994	544	7,847	944	Rock Fish
1,706	1,364	1,224	2,716	1,744	1,687	2,583	1,328	Shark
87	16	100	26	35	3	64	-	Black Cod
9,553	83	9,812	30	8,168	23	7,535	1	Skate Ray
185,786	162,791	613,548	100,123	600,103	100,117	739,025	100,411	Adjacent Waters Fishes, other
18,581	3,858	15,960	3,249	19,288	810	26,935	1,683	Chum Salmon
864	5	1,061	-	1,113	5	764	6	Inland Waters Fishes, other
								Shellfishes
11,809	202	13,193	1,057	15,307	240	16,170	70	Blue Crab
19,065	4,462	12,778	48,437	8,038	19,508	10,092	7,068	Crabs, other
-	-	-	-	-	-	-	-	Oriental Prawn - Metapenaeus Shrimp
67,447	66,747	130,208	59,237	129,084	77,721	150,177	74,951	Squid
27,536	267	24,378	70	23,871	26	31,890	59	Webfoot Octopus
3,967	97	7,875	640	14,310	1,372	17,364	856	Octopus
1,567	501	1,551	484	1,024	549	1,090	554	Sea Cucumber
1	219	56	198	13	202	34	102	Sea Urchin
44	1417	1,476	1537	1,789	1,664	2,011	1,271	Abalone
37,849	166	30,498	237	30,281	195	33,171	565	Scallop
33,932	22	42,206	153	31,469	58	39,392	81	Whip-arm Octopus

4.2. 연도별 수출입량

단위: 톤

식 품 명	2015		2016		2017		2018	
	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports
병	12	12	40	23	31	2	17	2
멸	1,898	4,008	1,672	5,192	1,948	4,355	1,170	7,163
정	5,812	6,275	9,619	6,241	13,336	765	10,893	1,551
갈	28,136	885	28,731	1,539	23,432	873	17,722	1,758
도	-	-	-	-	-	-	-	-
뺨	0	0	2,255	15	3,710	47	4,875	44
능	6	0	0	0	17	1	68	0
명	304,406	9,283	338,682	16,362	362,665	9,140	414,650	13,638
복	6,334	71	7,340	79	6,208	8	7,173	9
가	1,486	48	1,769	83	3,571	617	2,936	973
돌	6,981	4,752	6,875	1,124	6,587	335	7,393	469
방	300	260	479	276	749	337	1,574	54
진	4,128	23,343	6,483	12,423	5,465	10,686	6,335	10,632
고	51,754	26,375	45,134	21,624	45,598	16,954	42,653	70,828
미	8,824	4	8,800	3	9,015	2	8,720	2
아	31,206	533	27,274	497	26,805	838	28,873	1,295
다	45,122	265,000	20,694	225,052	24,954	194,138	25,945	216,920
청	3,541	5,937	3,819	3,529	5,816	3,726	3,341	4,202
뺨	-	-	-	-	-	-	-	-
대	19,671	11,120	25,831	11,596	28,665	14,494	25,037	11,139
임	13,883	2,632	8,264	1,999	9,914	3,168	11,727	3,480
가	12,847	103	11,270	68	10,497	260	9,657	302
새	-	-	-	-	-	-	-	-
보	-	-	-	-	-	-	-	-
취	64,089	311	70,186	303	70,248	457	64,476	606
학	-	-	-	-	-	-	-	-
넙	28,762	5,487	28,069	5,852	29,769	5,592	29,849	6,298
불	9,639	670	11,212	728	11,732	482	10,691	1,107
상	1,772	773	2,881	530	2,451	430	2,264	308
은	43	0	50	9	45	10	120	61
홍	9,543	1	8,780	3	7,026	10	6,629	104
기	770,441	100,711	784,118	374,558	852,482	351,081	909,266	125,785
연	32,992	705	28,573	1,527	30,879	2,374	39,337	877
기	889	0	846	4	883	11	997	1
패 류								
꽃	22,491	206	20,846	245	19,131	140	23,601	300
기	15,639	51,889	15,788	45,903	17,962	39,265	19,039	27,994
대	-	-	-	-	-	-	-	-
오	149,860	74,523	163,257	49,452	183,164	24,188	243,944	9,358
주	34,475	16	28,483	79	31,561	5	30,601	28
문	22,935	707	37,650	792	42,773	998	108,341	566
해	1,369	643	4,051	473	5,253	493	3,083	465
성	34	94	31	104	38	56	56	54
전	2,207	1,219	2,656	2,500	2,604	1,992	2,923	3,115
가	29,744	4,660	27,000	1,196	10,869	84	12,948	161
낙	35,079	259	43,661	366	36,266	154	35,598	60

Annual food imports and exports

Unit: ton

2019		2020		2021		2022		Products
수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	
1	3	0	1	0	1	0	174	Harvest Fish
1,217	4,737	483	4,286	536	4,137	397	5,164	Anchovy
29,659	3,291	67,948	10,868	76,071	39,750	58,170	11,655	Sardine
15,659	3,743	19,303	2,798	15,522	2,984	13,069	5,429	Hair Tail
-	-	-	-	-	-	-	-	Sandfish
4,534	28	7,041	27	7,555	164	10,123	309	Eel
82	0	40	1	41	0	74	0	Sea Bass
326,173	15,148	353,486	7,708	491,035	155,715	530,517	223,293	Alaska Pollack
5,600	12	5,164	7	5,183	6	5,098	11	Puffer
2,300	377	1,492	124	1,896	82	2,647	130	Flounder
6,856	310	6,906	119	8,521	183	8,990	222	Sea Bream
2,251	185	2,627	271	3,420	530	2,693	431	Yellow Tail
7,936	16,011	4,310	16,111	5,336	29,003	3,188	17,939	Jack Mackerel
43,608	45,482	47,180	36,846	54,678	34,431	56,878	76,077	Mackerel
8,542	1	7,860	2	8,503	6	8,486	7	Loach
26,300	1,623	28,147	721	29,323	733	25,022	592	Monk Fish
14,304	232,864	13,754	209,639	14,732	170,951	17,227	167,910	Tuna
23,629	11,728	16,866	16,436	18,507	12,612	29,813	28,842	Herring
-	-	-	-	-	-	-	-	Icefish
29,550	24,490	29,083	23,562	39,653	33,462	38,515	30,647	Pacific Cod
8,675	1,425	9,978	1,260	10,262	873	9,823	1,283	Atka Fish
2,462	231	1,628	58	1,283	182	1,612	113	Skate
10,413	10,466	8,478	10,905	8,101	9,473	7,863	6,827	Marlinsand Sword Fish
-	-	-	-	-	-	-	-	Sea Smelt
67,783	769	60,121	775	54,585	1,255	61,109	1,523	File Fish
-	-	-	-	-	-	-	-	Half Beak
31,573	7,986	27,322	4,792	27,514	4,558	23,982	5,837	Bastard
10,092	1,593	12,310	1,727	11,496	1,386	9,595	1,096	Rock Fish
2,154	396	2,522	333	1,336	190	2,154	100	Shark
49	39	54	42	67	3	122	219	Black Cod
4,926	132	5,879	194	4,614	367	3,553	211	Skate Ray
1,069,249	151,164	960,152	167,719	934,037	166,366	629,119	127,735	Adjacent Waters Fishes, other
38,706	1,478	43,079	3,893	63,056	19,038	76,791	36,876	Chum Salmon
1,161	1	1,129	0	1,166	0	1,160	0	Inland Waters Fishes, other
								Shellfishes
26,321	231	20,716	832	17,107	1,166	12,868	1,053	Blue Crab
19,420	5,908	20,386	4,704	17,173	4,616	19,714	6,683	Crabs, other
-	-	-	-	-	-	-	-	Oriental Prawn · Metapenaeus Shrimp
239,707	10,191	275,789	9,722	251,909	25,415	253,161	19,026	Squid
27,691	35	29,952	27	31,395	39	29,837	26	Webfoot Octopus
31,034	54	34,831	474	35,802	829	34,533	633	Octopus
1,603	687	813	567	875	785	4,623	4,550	Sea Cucumber
103	51	109	40	134	24	195	30	Sea Urchin
3,953	2,849	4,609	2,301	3,528	2,440	4,531	2,879	Abalone
17,008	81	20,719	82	27,254	69	35,744	158	Scallop
36,678	859	31,772	85	32,065	78	31,350	66	Whip-arm Octopus

4.2. 연도별 수출입량

단위: 톤

식 품 명	2007		2008		2009		2010	
	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports
꼬 막	-	-	-	-	-	-	-	-
개 량 조 개	240	-	27	-	-	-	100	-
바 지 락	16,077	6,166	10,389	9,792	15,750	18,466	28,102	24,009
백 합	4,005	58	3,114	38	1,913	15	4,182	5
새 조 개	1,510	529	1,281	919	299	121	509	61
소 라 고 동	332	1,240	107	1,613	148	1,930	-	1,736
홍 합	9,611	453	8,596	337	9,188	289	10,420	350
키 조 개	2,544	559	2,464	621	2,024	523	4,648	667
피 조 개	5,625	1,648	5,252	1,632	3,074	1,310	4,736	1,276
굴	757	120,395	7	135,189	1,824	108,476	716	135,290
새 우	140,816	10,058	139,798	9,913	132,891	10,057	145,349	7,370
꿀 뱅 이	15,092	2,760	14,251	1,739	15,830	2,200	16,087	2,274
채 치 조 개	12,066	1,291	11,315	1,258	9,790	365	8,319	153
기 타 패 류	-	1	-	9	-	12	-	6
기타연체동물	140,950	7,374	145,383	7,098	136,460	10,587	143,746	8,047
기타수산동물	11,095	844	10,325	627	8,202	367	9,959	233
해 조 류								
다 시 마	618	3,234	267	2,433	383	3,273	528	4,212
미 역	31,374	34,427	16,932	54,831	11,721	34,870	9,929	53,408
김	2,103	66,402	1,366	78,945	1,245	92,953	194	95,575
퓌	283	15,012	783	15,223	258	10,667	211	12,694
파 래	13	88	21	94	13	148	42	336
우뭇가사리	1,204	125	1,189	169	1,440	213	2,189	487
기 타	7,825	2,347	9,600	3,317	7,466	3,420	7,425	5,069
유 지 류								
콩 기 림	476,680	4,250	457,447	10,800	414,546	7,747	428,875	17,660
면 실 유	9,965	1,057	5,751	704	61	22	1,063	-
팜 유	187,564	39	199,993	24	252,997	2	280,795	11
야 자 유	58,151	18	60,059	4	57,678	6	64,969	5
기타식물성유	47,986	299	45,897	406	50,165	387	56,850	200
우 지	9,600	-	9,106	-	5,264	-	5,901	-
돈 지	-	-	-	39	-	690	-	-
어 유	6,482	737	9,307	1,536	17,806	570	9,968	1,659
기타동물성유지	59	1,711	510	1,377	57	642	124	301

Annual food imports and exports

Unit: ton

2011		2012		2013		2014		Products
수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	
-	-	-	-	-	-	-	-	Granulated Ark Shell
-	-	-	-	-	-	-	-	Hen Cockle
51,931	25,018	61,677	15,960	55,344	13,965	66,113	12,423	Little Neck Clam
10,017	3	9,971	20	10,939	31	13,303	20	Orient Hard Clam
59	174	25	160	17	93	31	454	Egg Cockle
-	1,697	2,300	2,178	2,320	2,179	2,561	1,532	Topshell
9,740	409	32,177	997	22,783	865	22,371	1,009	Hard-Shelled Mussel
4,350	974	4,320	667	3,856	513	7,804	396	Pen Shell
2,146	1,862	2,132	1,609	270	1,561	301	1,589	Arkshell
417	151,999	4,884	94,706	1,431	140,865	550	117,147	Oyster
168,590	11,200	178,246	4,053	158,500	1,449	163,077	1,694	Shrimp
15,417	2,162	14,820	998	18,110	1,566	18,153	1,447	Bai Topshell
3,804	74	5,012	38	4,707	301	4,736	82	Marsh Clam
-	1	22,060	799	18,730	937	20,479	915	Shellfishes, other
184,708	10,886	39,525	2,134	38,755	1,407	49,471	2,344	Molluscs, other
9,828	146	15,539	590	12,882	464	11,498	833	Aquatics, other
								Seaweeds
1,014	7,944	730	9,456	1,046	5,288	676	2,564	Sea Tangle
36,085	84,959	36,003	71,210	26,285	80,350	23,847	59,893	Sea Mustard
860	119,541	480	151,360	270	159,080	290	155,550	Laver
271	13,048	134	10,852	306	8,793	265	10,083	Fusiforme
37	133	65	100	41	89	131	80	Sea Lettuce
362	1,010	1,548	531	873	767	1,008	349	Ceylon Moss
11,553	6,455	9,182	1,201	6,804	1,603	8,917	1,225	Seaweeds, other
								Oils and Fats
442,866	24,543	481,592	25,538	276,409	10,974	261,535	5,570	Soybean Oil
171	1	8,924	200	3,063	-	260	0	Cotton Seed Oil
291,524	8	324,956	6	333,560	15	438,879	8	Palm Oil
58,393	10	59,529	2	60,688	15	56,796	5	Copra Oil
61,134	279	60,899	332	74,803	2,093	86,898	1,939	Vegetable Oils, other
5,112	-	5,124	-	4,903	-	5,351	-	Beef Tallow
118	-	-	-	-	80	-	58	Lard
9,975	1,339	14,077	1,030	6,784	2,084	9,245	1,978	Fish, Body Oil
494	708	806	401	1,022	1,537	430	2,232	Animal Fats, other

4.2. 연도별 수출입량

단위: 톤

식 품 명	2015		2016		2017		2018	
	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports
꼬 막	-	-	-	-	-	-	-	-
개 량 조 개	-	-	25	0	0	1	10	0
바 지 락	67,312	10,491	59,616	14,180	63,537	12,821	57,563	9,062
백 합	13,122	29	10,001	14	10,118	2	10,419	0
새 조 개	19	100	26	110	31	246	9	61
소 라 고 동	1,219	1,743	2,455	1,242	3,183	1,525	3,069	1,649
홍 합	21,542	1,576	19,359	1,322	21,739	1,096	19,119	902
키 조 개	6,114	70	1,040	74	1,453	295	1,002	77
피 조 개	843	1,221	310	1,388	360	3,047	332	6,481
굴	1,311	159,801	1,401	99,585	908	112,910	719	125,629
새 우	187,048	1,869	203,895	1,621	229,692	5,165	253,305	8,791
꿀 뱅 이	18,203	1,283	17,038	1,419	19,695	1,367	17,034	1,490
재 치 조 개	4,817	21	4,465	0	4,021	0	3,878	0
기 타 패 류	20,603	895	14,363	602	13,583	576	9,525	585
기타연체동물	44,371	1,637	35,804	1,290	39,806	2,740	42,200	1,512
기타수산동물	15,028	516	11,623	2,604	7,258	621	7,547	1,772
해 조 류								
다 시 마	339	1,287	337	2,935	443	3,572	132	2,765
미 역	22,614	63,830	27,913	104,605	22,722	77,697	22,114	77,004
김	140	177,210	1,156	178,330	288	211,896	396	220,974
퓌	252	9,398	98	8,665	642	8,035	464	7,864
파 래	31	50	173	84	146	68	70	117
우뭇가사리	445	498	518	405	451	500	1,157	292
기 타	14,769	984	6,381	886	7,134	870	10,434	1,351
유 지 류								
콩 기 림	248,895	4,238	241,869	3,572	309,799	9,419	286,155	1,836
면 실 유	528	4	144	0	306	0	148	2
팜 유	448,639	45	472,311	33	506,926	14	603,279	30
야 자 유	46,707	10	40,586	14	48,020	71	56,695	29
기타식물성유	87,442	1,787	86,486	1,734	91,109	1,925	99,777	1,559
우 지	3,920	0	5,273	0	6,218	0	5,076	0
돈 지	93	675	0	0	0	0	0	0
어 유	7,045	2,580	5,875	2,220	6,958	1,449	6,185	966
기타동물성유지	985	2,191	979	1,627	2,210	1,777	1,059	2,818

Annual food imports and exports

Unit: ton

2019		2020		2021		2022		Products
수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	수 입 Imports	수 출 Exports	
-	-	-	-	-	-	-	-	Granulated Ark Shell
90	0	18	5	230	1	268	0	Hen Cockle
56,236	10,139	50,316	10,962	50,693	6,666	52,653	2,383	Little Neck Clam
13,189	0	11,218	0	12,710	0	15,139	0	Orient Hard Clam
8	63	19	35	37	68	16	58	Egg Cockle
5,895	6,057	4,001	2,894	5,146	2,960	5,819	3,754	Topshell
20,824	609	19,704	559	19,101	342	20,760	569	Hard-Shelled Mussel
891	95	775	46	1,099	27	1,372	16	Pen Shell
536	5,885	522	3,531	566	5,002	272	5,930	Arkshell
760	133,510	494	117,517	115	127,885	515	125,831	Oyster
253,781	3,462	249,859	3,118	274,576	4,424	290,744	4,234	Shrimp
17,378	1,507	19,725	1,714	17,249	1,437	16,140	1,712	Bai Topshell
3,732	1	955	100	73	191	242	98	Marsh Clam
9,990	581	7,820	1,082	6,037	1,482	6,945	465	Shellfishes, other
41,330	5,128	32,109	3,098	29,151	4,183	27,923	5,644	Molluscs, other
8,884	2,510	6,365	2,216	14,193	10,037	19,909	15,916	Aquatics, other
								Seaweeds
210	2,578	175	2,584	93	2,099	208	13,170	Sea Tangle
30,504	78,195	34,789	73,875	17,247	47,610	12,291	34,876	Sea Mustard
321	269,484	375	249,562	855	295,440	970	304,684	Laver
349	10,030	328	7,924	386	7,632	372	7,904	Fusiforme
75	114	98	93	190	90	269	83	Sea Lettuce
1,210	176	406	255	41	218	58	312	Ceylon Moss
10,984	3,886	10,787	1,826	6,428	2,797	9,318	2,999	Seaweeds, other
								Oils and Fats
350,998	1,981	370,850	2,166	433,811	2,168	368,459	2,397	Soybean Oil
251	5	240	0	285	0	51	1	Cotton Seed Oil
641,966	33	587,126	7	605,701	0	566,138	2	Palm Oil
56,739	2	48,227	11	55,788	16	53,382	2	Copra Oil
111,621	1,974	116,894	2,763	106,817	2,267	102,542	1,536	Vegetable Oils, other
5,325	1,002	4,897	-	5,443	-	-	-	Beef Tallow
0	0	0	-	0	-	0	-	Lard
8,793	1,491	7,463	1,660	7,496	1,144	13,407	762	Fish, Body Oil
1,032	5,061	485	4,750	1,451	5,497	1,055	5,550	Animal Fats, other

4.3. 연도별 식품공급량

단위: 천 톤

연도		2007	2008	2009	2010	2011	2012	2013	2014
곡 류	식 품 명	7,279	7,061	6,831	7,169	7,192	7,343	6,941	6,877
밀 가루		1,588	1,546	1,585	1,647	1,695	1,706	1,585	1,612
쌀		4,011	4,045	3,961	4,025	4,011	3,972	3,905	3,798
보리쌀		49	54	60	66	66	66	51	66
옥수수		1,496	1,283	1,102	1,303	1,275	1,475	1,261	1,264
호밀수		7	8	2	2	-	-	-	-
조		5	4	2	3	-	-	-	-
메밀		7	6	5	4	5	4	5	5
기타		107	114	114	119	141	120	134	132
서 류		625	682	668	684	625	587	742	631
감자		434	438	443	441	419	418	508	403
고구마		191	244	226	243	206	169	234	228
설탕 류		982	1,152	1,162	1,123	1,130	1,119	1,191	1,198
설탕		955	1,124	1,139	1,084	1,097	1,092	1,166	1,173
꿀		27	28	23	39	33	27	25	25
두 류		519	471	476	514	493	501	494	521
콩팥		421	374	380	417	394	408	403	417
녹두		29	30	27	30	29	28	30	31
땅콩		8	8	7	5	8	7	6	8
기타		31	30	33	33	36	36	32	35
기타		30	29	29	29	26	22	23	30
견과 류		71	67	75	74	76	88	91	99
밤		52	50	49	44	43	42	42	40
호도		7	5	9	9	9	11	12	13
잣		3	2	2	6	6	2	2	7
도토리		1	1	0	0	0	8	8	8
은행		1	1	2	2	2	1	2	3
아몬드		6	7	11	13	15	22	21	24
피스타치오		0	0	0	0	0	0	1	0
너트류		1	1	1	1	1	2	3	5
기타견과류		0	0	0	0	0	0	0	0
종실 류		36	34	39	35	42	36	40	39
참깨		15	16	18	17	19	15	17	17
기타		20	18	21	18	24	21	23	22
채소 류		7,263	7,495	7,321	6,530	7,694	6,962	7,340	7,797

Annual food supply

Unit : thousand tons

2015	2016	2017	2018	2019	2020	2021	2022	Year Products
6,791	6,802	7,072	7,064	6,724	6,884	7,019	7,115	Cereals
1,638	1,630	1,652	1,628	1,632	1,605	1,907	1,954	Wheat Flour
3,658	3,636	3,690	3,729	3,622	3,483	3,466	3,488	Rice
67	52	68	67	49	65	32	24	Barley
1,264	1,309	1,476	1,444	1,235	1,513	1,388	1,413	Maize
-	-	-	1	0	0	0	0	Rye
-	-	-	0	0	0	0	0	Sorghum
-	-	-	0	0	0	0	0	Millet
4	5	3	5	4	4	4	5	Buck Wheat
160	170	182	190	216	234	222	231	Cereals, other
635	608	571	603	599	589	634	598	Starchy Roots
423	418	347	392	401	347	420	368	Potatoes
212	189	224	212	198	242	214	230	Sweet Potatoes
1,141	1,153	1,236	1,174	1,211	1,133	1,187	1,188	Sweeteners
1,117	1,138	1,157	1,132	1,127	1,116	1,172	1,173	Suger
24	15	79	42	85	18	15	15	Honey
517	506	437	430	423	436	439	476	Pulses
422	413	336	332	327	337	333	37878	Soybeans
25	25	26	30	26	27	23	23	Red Beans
6	8	8	7	7	10	9	8	Green Beans
34	33	36	34	38	34	38	38	Groundnuts
30	26	31	27	216	234	36	30	Pulses, other
89	97	88	84	83	82	112	99	Tree Nuts
38	38	34	37	34	34	35	34	Chestnut
13	14	14	12	13	13	17	15	Walnut
3	9	4	1	1	1	1	1	Pinenuts
6	6	6	6	6	5	5	5	Acorn
4	3	2	1	1	0	13	15	Gingko Nut
22	23	25	23	25	26	37	24	Almonds
0	0	0	0	0	0	0	1	Pistachionuts
4	4	3	3	3	3	5	4	Nuts
0	0	0	0	-	0	0	0	Tree Nuts, other
43	48	46	39	43	44	38	39	Oil Crops
17	18	17	18	18	18	18	18	Sesame
26	30	29	21	216	234	21	22	Oil Crops, Other
7,282	6,844	7,368	7,801	7,493	7,318	7,479	7,171	Vegetables

4.3. 연도별 식품공급량

단위: 천 톤

연도	2007	2008	2009	2010	2011	2012	2013	2014
식품명								
무	777	915	819	682	815	749	849	844
배추	1,549	1,767	1,645	1,260	1,947	1,596	1,749	1,832
배파	240	226	229	193	255	209	221	241
강파	346	356	314	296	360	261	317	333
생양파	19	10	13	17	14	13	15	18
마늘	972	827	1,077	1,107	1,186	959	1,053	1,171
마늘이	297	317	287	242	272	301	337	306
호박	270	311	286	252	254	242	216	237
호박치	277	272	283	252	254	277	275	289
시금치	56	64	72	61	76	70	66	61
토마토	420	361	339	296	332	385	350	443
고추	105	83	81	69	66	78	81	145
당근	125	134	132	137	138	116	137	133
상추	126	111	117	117	96	95	81	89
수박	397	459	453	363	357	377	395	403
송이버섯	131	141	146	133	115	119	113	101
송이버섯	1	1	1	1	1	1	1	1
표송이버섯	5	5	6	6	5	18	17	20
양송이버섯	20	19	14	29	22	18	13	18
느타리버섯	45	39	36	41	42	47	60	70
팽이버섯	27	38	38	28	28	40	21	22
기타버섯	58	55	49	59	69	70	406	84
산나물	76	66	66	72	70	55	49	51
딸기	160	152	157	180	137	153	171	164
기타채소	406	400	340	349	491	416	68	424
미나리	35	33	31	28	43	42	37	34
가지	40	20	29	25	30	25	25	28
쪽파	20	40	9	6	7	6	7	8
풋고추	194	201	179	157	142	152	139	142
멜론	25	24	25	21	26	33	35	33
셀러리	2	2	2	2	2	1	1	1
양상추	17	22	19	23	21	19	20	17
피망	4	5	6	7	5	1	0	20
과실류	2,181	2,281	2,378	2,183	2,324	2,311	2,386	2,528
사과	302	345	359	335	294	307	333	369
배	330	333	291	212	203	117	195	209
단감	144	148	131	124	148	149	138	166
포도	230	240	237	223	197	208	200	205
복숭아	134	145	152	106	162	177	169	184
귤	468	466	552	451	499	507	500	529
기타과실	200	228	308	305	338	339	338	163
유자	0	10	12	9	10	8	8	7
자두	53	55	52	52	47	47	46	48
참나무	41	36	37	40	45	42	34	37
바나나	178	149	148	195	190	199	169	194
과일엔	36	32	26	28	66	66	68	68
오렌지	51	71	47	72	93	114	100	65
자몽	4	3	4	5	6	6	7	12
육류	1,980	1,976	2,110	2,151	2,212	2,299	2,470	2,613
쇠고기	357	353	453	417	489	469	501	524
돼지고기	903	899	888	912	919	940	1,027	1,098
닭고기	339	341	366	408	442	453	453	505

Annual food supply

Unit : thousand tons

2015	2016	2017	2018	2019	2020	2021	2022	Year Products
810	659	752	798	719	762	761	769	Radish
1,547	1,414	1,817	1,830	1,505	1,709	1,512	1,663	Chinese Cabbage
230	249	247	277	238	255	283	237	Cabbage
273	279	333	336	316	279	339	304	Welsh Onion
25	31	20	19	22	21	25	16	Ginger
1,100	1,113	1,078	1,294	1,302	1,018	1,337	1,082	Onion
264	261	256	295	318	309	276	266	Garlic
236	286	292	332	312	286	245	244	Cucumber
316	261	275	273	301	286	221	233	Pumpkin
70	58	51	58	57	50	44	44	Spinach
405	352	329	356	332	318	347	357	Tomato
144	106	78	136	134	121	143	131	Red Pepper
170	142	144	143	143	167	168	149	Carrot
83	72	75	78	79	82	83	83	Lettuce
388	349	310	292	291	285	299	298	Water Melon
116	113	120	94	108	107	143	144	Muskmelon
1	0	0	1	1	0	0	0	Pine Mushroom
21	21	20	21	21	19	19	20	Oak Mushroom
16	16	18	18	28	26	15	14	Mushroom
55	51	46	32	39	37	39	43	Oyster Mushroom
24	24	15	14	16	13	16	17	Flamm Velutipes
96	99	100	101	97	99	117	111	Mushroom, other
54	54	56	60	60	51	50	50	Wild Plant
156	154	167	148	186	131	143	132	Strawberry
402	374	468	486	532	538	515	472	Vegetables, other
33	27	23	23	23	23	24	25	Water Dropwort
30	33	28	28	30	29	29	30	Egg Plant
7	6	5	5	5	5	5	5	Crown Daisy
132	128	140	146	133	138	127	110	Green Pepper
23	21	19	21	23	24	24	28	Melon
1	1	1	1	1	1	1	1	Celery
18	21	22	23	61	64	61	25	Head Lettuce
17	48	47	46	49	52	54	57	Sweet Pepper
2,476	2,198	2,149	2,065	2,065	1,872	1,984	2,013	Fruit
444	441	418	364	410	323	396	434	Apple
178	159	178	127	127	81	141	168	Pear
126	90	82	76	69	64	75	76	Persimmon
204	174	151	147	147	139	135	142	Grape
176	154	165	153	156	140	142	142	Peach
491	446	437	454	460	479	461	445	Citrus
465	313	328	322	216	234	270	274	Fruit, other
9	9	9	4	5	9	7	7	Citron
56	52	51	44	42	36	41	38	Plum
44	46	44	48	50	50	55	58	Goosebery
131	131	131	154	133	127	127	115	Banana
33	38	33	38	34	30	30	33	Pine Apple
73	102	73	94	82	76	72	51	Orange
18	17	18	16	13	12	11	10	Grape Fruit
2,730	2,871	3,089	3,273	3,505	3,374	3,426	3,482	Meat
535	574	563	631	649	646	692	741	Bovine Meat
1,143	1,215	1,268	1,293	1,419	1,490	1,505	1,505	Pig Meat
546	569	707	776	818	601	587	600	Poultry Meat

4.3. 연도별 식품공급량

단위: 천 톤

연도 식품명	2007	2008	2009	2010	2011	2012	2013	2014
부 산 물	381	384	402	414	362	437	489	485
계 란 류	461	458	489	488	491	517	517	563
달 갈	461	458	489	488	491	517	517	563
우 유 류	2,675	2,565	2,598	2,816	2,951	2,745	3,084	3,131
우 유	2,630	2,516	2,549	2,774	2,892	2,684	3,034	3,079
연 유	3	3	3	3	2	2	1	3
전지분유	5	5	4	4	7	3	4	4
탈지분유	22	25	28	19	37	42	31	32
조제분유	14	15	14	15	14	14	14	13
어 패 류	2,040	1,898	1,776	1,806	1,845	1,893	1,863	2,112
어 류	1,264	1,181	1,090	1,120	1,024	1,082	1,124	1,213
가 자 미	14	14	14	13	12	11	11	11
넙 치	21	24	28	21	36	22	49	56
서 대 류	3	2	2	2	2	2	1	1
대 구	22	8	10	10	12	10	13	15
은 대 구	0	0	0	0	0	0	0	0
노 가 리	0	0	0	0	0	0	0	0
명 태	142	130	110	119	122	105	107	104
돔 류	14	13	13	12	8	9	7	7
병 어	3	3	2	3	2	2	2	1
민 어	16	13	13	14	11	11	15	12
조 기	44	45	40	41	46	39	34	30
강 달 이	8	6	7	3	6	4	3	3
성 대 류	0	1	0	0	0	1	1	1
갈 치	74	72	76	55	37	38	44	49
도 루 목	2	1	2	2	2	2	3	2
농 어	5	4	4	5	4	3	3	3
눈 불 대	1	2	2	2	1	2	2	2
장 어	15	19	15	15	13	13	12	12
망 등 이	1	1	1	0	0	1	0	0

4.3. 연도별 식품공급량

단위: 천 톤

연도 식품명	2007	2008	2009	2010	2011	2012	2013	2014
매 통 이	0	0	0	0	0	0	0	0
양 태	1	1	1	1	1	1	1	1
볼 락	23	21	21	16	12	15	16	15
양 미 리	2	3	2	0	0	0	0	0
송 어	7	6	5	4	5	4	3	3
뱅 어	1	1	0	0	0	0	0	0
복 어	5	4	4	4	4	4	4	4
멸 치	217	248	196	244	276	201	200	210
정 어 리	5	4	4	6	6	3	4	3
진 어	5	4	3	4	3	5	4	4
청 어	15	21	17	12	18	13	24	15
밴 뎡 이	0	3	3	1	1	1	0	1
고 등 어	86	96	80	76	70	62	52	77
전 갱 이	15	11	9	11	21	17	7	8
삼 치	22	19	17	13	13	14	11	14
꽁 치	30	31	48	27	37	38	26	27
학 콩 치	0	0	0	0	0	0	0	1
망 어	3	7	7	10	5	5	8	6
임 연 수 어	10	10	9	8	7	9	6	3
다 량 어	64	46	59	44	65	39	80	75
새 치 류	3	3	4	4	4	3	3	3
상 어	2	2	2	2	2	1	1	2
가 오 리	15	11	12	11	11	11	12	11
보 리 멸	0	0	0	0	0	0	0	0
취 치	54	36	44	34	35	33	30	32
준 치	0	0	0	0	0	0	0	0
아 귀	19	19	18	17	15	12	13	14
홍 어	8	8	9	10	10	8	7	8
기타해산어	227	176	147	208	52	277	268	325
송 어 류	1	1	2	2	2	2	2	2
잉 어	2	2	2	2	2	2	2	2
붕 어	2	2	2	2	2	2	1	1
미 꾸 라 지	10	10	9	9	8	8	8	9
뱀 장 어	9	8	6	10	7	4	5	6
연 어	7	6	6	5	9	7	11	15
쏘 가 리	0	0	0	0	0	0	0	0
응 어	0	0	0	0	0	0	0	0
가 물 치	0	0	0	0	0	0	0	0
매 기	1	2	2	2	2	2	2	3
향 어	0	1	0	1	1	1	1	1

4.3. 연도별 식품공급량

단위: 천 톤

연도 식품명	2007	2008	2009	2010	2011	2012	2013	2014
기타담수어	5	4	3	2	2	3	2	3
패 류	776	717	685	686	822	811	747	898
대하·중하	1	1	1	0	1	1	1	0
새 우	180	176	162	188	198	214	209	227
꽃 계	17	13	17	16	16	14	15	15
기 타 계	28	29	17	12	32	3	19	28
전 북	2	2	2	2	2	3	3	4
소 라 고 동	1	1	1	1	1	1	1	1
굴	42	26	29	28	92	127	67	111
바 지 락	8	8	8	9	18	20	17	21
백 합	1	1	1	1	2	2	2	3
가 무 락	0	0	0	0	1	0	0	0
동 죽	1	0	0	0	0	0	1	0
피 조 개	3	3	4	5	2	1	1	1
새 조 개	0	0	0	0	0	0	0	0
골 뱅 이	2	2	2	2	2	2	2	2
개 량 조 개	0	0	0	0	0	0	0	0
홍 합	24	17	15	15	19	21	13	17
꼬 막	8	1	2	1	1	1	1	0
키 조 개	7	4	5	8	6	5	4	6
맛 조 개	1	1	0	0	0	0	0	0
채 치 조 개	2	2	2	1	1	1	1	1
가 리 비	12	13	11	12	16	13	13	14
기 타 패 류	5	4	5	4	6	17	15	16
오 징 어	223	204	195	170	178	227	224	272
문 어	12	11	16	11	11	14	17	21
주 꾸 미	24	21	23	25	24	23	21	28
낙 지	43	40	39	35	33	40	30	37
기타연체동물	114	119	110	118	144	37	38	43
해 삼	4	4	4	3	3	2	2	2
성 계	0	1	1	1	0	0	1	1
우 령 쉼 이	5	5	5	5	5	3	4	3
기타수산동물	4	5	5	5	5	7	5	7

Annual food supply

Unit : thousand tons

2015	2016	2017	2018	2019	2020	2021	2022	Year
								Products
2	3	3	2	2	2	2	2	Inland Waters Fishes, other
748	792	777	866	826	835	885	880	Shellfishes
1	1	1	1	1	1	1	1	Oriental Prawn, Metapenaeus Shrimp
215	237	266	290	301	305	323	332	Shrimp
10	7	8	7	9	8	7	9	Blue Crab
4	4	5	6	14	7	6	6	Crabs, other
5	5	7	9	9	10	11	10	Abalone
1	1	1	1	2	2	2	2	Topshell
27	39	46	46	47	44	43	42	Oyster
19	17	18	23	21	20	21	21	Little Neck Clam
3	2	2	2	3	2	3	3	Orient Hard Clam
0	0	0	0	0	0	0	0	Venus Clam
0	0	1	0	0	1	1	1	Surf Clam
1	1	1	1	-	0	0	0	Arkshell
0	0	0	0	-	0	0	0	Egg Cockle
2	2	2	2	2	2	2	2	Bai Topshell
0	0	0	0	0	0	0	0	Hen Cockle
17	17	22	16	18	19	19	17	Hard-Shelled Mussel
0	1	1	1	3	2	1	2	Granulated Ark Shell
5	5	3	3	4	3	5	4	Pen Shell
0	0	0	0	1	1	1	0	Jackknife
1	1	1	1	1	0	0	0	Marsh Clam
25	27	14	17	21	25	31	41	Scallop
17	13	12	11	11	22	26	30	Shellfishes, other
235	240	195	201	200	212	237	219	Squid
25	36	40	92	32	34	34	32	Octopus
30	25	29	28	26	28	28	27	Webfoot Octopus
30	36	31	30	31	28	28	27	Whip-arm Octopus
42	35	38	41	39	32	29	28	Molluscs, other
2	4	5	4	3	1	1	1	Sea Cucumber
1	0	0	0	0	0	0	1	Sea Urchin
8	11	10	13	10	11	7	7	Sea Squirt
7	5	5	3	3	3	3	2	Aquatics, other

4.3. 연도별 식품공급량

단위: 천 톤

연도 식품명	2007	2008	2009	2010	2011	2012	2013	2014
해 조 류	696	770	709	725	783	794	874	857
다 시 마	235	269	288	226	228	285	351	352
미 역	297	329	275	337	330	292	262	239
김	139	139	114	133	188	189	234	230
툃	8	6	11	10	15	4	6	8
파 래	1	8	6	4	6	6	5	7
우뭇가사리	4	2	2	5	4	4	3	4
청 각	4	2	2	2	1	1	2	6
기 타	8	14	10	7	11	12	10	12
유 지 류	882	904	931	992	1,049	1,109	913	1,037
(식 물 성)	866	885	907	972	1,034	1,087	899	1,021
콩 기 림	465	443	402	406	413	450	273	255
참 기 림	27	28	31	30	33	28	30	30
들 기 림	12	11	12	10	14	12	14	13
유 채 유	1	47	56	68	107	93	67	99
미 강 유	8	13	11	15	16	14	12	13
면 실 유	9	5	0	1	0	8	3	0
고 추 씨 유	0	0	0	0	0	0	0	0
팜 유	187	197	250	277	288	320	330	429
야 자 유	57	59	57	64	58	59	60	56
옥 배 유	51	37	39	44	45	44	38	42
기 타	47	45	49	56	60	60	71	83
(동 물 성)	16	18	24	21	15	22	14	16
우 지	10	9	5	6	5	5	5	5
돈 지	0	0	0	0	0	0	0	0
어 유	7	9	19	15	10	17	9	11
기 타	0	0	0	0	0	0	0	0
주 류	3,589	3,705	3,318	3,680	4,016	4,147	4,149	4,470
탁 주	171	171	178	403	459	463	432	498
소 주	1,178	1,210	1,076	1,094	1,174	1,163	1,162	1,182
맥 주	2,022	2,089	1,878	1,884	2,025	2,139	2,154	2,524
기 타	106	130	88	203	264	288	303	163
청 주	20	19	16	21	22	25	25	26
과 실 주	56	52	56	47	47	48	52	58
위 스 키	34	32	26	26	24	21	19	19
브 랜 디	2	2	2	1	1	1	1	1

Annual food supply

Unit : thousand tons

2015	2016	2017	2018	2019	2020	2021	2022	Year Products
948	1,079	1,424	1,374	1,454	1,406	1,451	1,326	Seaweeds
419	409	512	542	627	639	649	521	Sea Tangle
281	401	541	444	454	444	525	544	Sea Mustard
199	221	296	329	320	273	241	234	Laver
7	24	47	31	29	19	9	6	Fusiforme
17	8	7	7	6	8	8	6	Sea Lettuce
1	3	3	2	2	1	0	0	Ceylon Moss
4	4	4	3	3	7	11	2	Seastaghorn
18	9	14	17	13	15	8	13	Seaweeds, other
1,024	1,084	1,174	1,259	1,424	1,371	1,463	1,339	Oils and Fats
1,012	1,049	1,159	1,248	1,393	1,341	1,445	1,321	(Vegetable Oils)
243	236	294	282	342	364	424	362	Soybean Oil
29	31	30	31	31	31	30	30	Sesame Seed Oil
15	17	17	13	15	16	13	13	Perilla Oil
97	122	136	124	152	135	162	142	Rape Seed Oil
14	13	12	12	11	12	11	12	Ricebran Oil
1	0	0	0	0	0	0	0	Cotton Seed Oil
0	0	0	0	-	-	-	-	Redpepper Seed Oil
443	466	500	592	633	584	599	562	Palm Oil
47	40	47	56	56	48	55	53	Copra Oil
39	38	35	41	44	39	47	47	Maize Germ Oil
85	84	88	97	216	234	104	101	Vegetable Oils, other
12	34	14	12	31	30	18	18	(Animal Fats)
4	5	6	5	4	5	5	0	Beef Tallow
0	0	0	0	-	0	0	0	Lard
8	29	8	7	27	25	12	17	Fish, Body Oil
0	0	0	0	216	234	0	0	Animal Fats, other
5,014	3,606	3,553	3,460	3,388	3,239	3,176	3,176	Alcoholic Beverages
407	390	401	394	363	372	354	333	Tak Ju
1,639	875	889	865	862	830	782	818	So Ju
2,234	2,065	1,979	1,898	1,852	1,694	1,693	1,796	Beer
85	181	193	209	216	234	204	206	Alcoholic Beverages, other
94	23	25	25	22	20	21	26	Sake
302	56	51	55	63	78	111	98	Fruit Wine
245	16	15	13	11	9	11	19	Whisky
8	1	1	0	0	1	1	1	Brandy

4.4. 1인 1일당 식품공급량

단위: g

연도		2007	2008	2009	2010	2011	2012	2013	2014
식품명									
곡 류		411.58	397.97	380.55	397.52	395.84	402.31	378.68	371.26
밀 가 루		90.34	87.15	88.32	91.33	93.28	93.45	86.49	87.01
	쌀	226.78	228.00	220.65	223.18	220.75	217.62	213.04	205.05
보 리 쌀		2.77	3.04	3.34	3.66	3.63	3.62	2.78	3.56
옥 수 수		84.56	72.34	61.39	72.26	70.15	80.83	68.79	68.24
호 밀 수		0.40	0.45	0.11	0.11				
	조	0.28	0.23	0.11	0.17				
메 밀		0.40	0.34	0.28	0.22	0.28	0.22	0.27	0.27
기 타		6.05	6.43	6.35	6.60	7.76	6.57	7.31	8.78
서 류		35.34	38.45	37.22	37.92	34.39	32.16	40.50	34.08
감 자		24.55	24.70	24.65	24.44	23.07	22.92	27.72	21.77
고 구 마		10.79	13.75	12.57	13.48	11.32	9.23	12.78	12.31
설 량 류		55.53	64.91	64.72	62.25	62.17	61.33	64.99	64.69
설 량		54.02	63.33	63.42	60.11	60.37	59.83	63.62	63.34
	꿀	1.51	1.57	1.30	2.14	1.79	1.50	1.36	1.35
두 류		29.34	26.56	26.51	28.48	27.16	27.44	26.97	28.15
	콩	23.80	21.08	21.17	23.12	21.68	22.35	21.99	22.51
	팥	1.64	1.69	1.50	1.66	1.60	1.53	1.64	1.67
녹 두		0.45	0.45	0.39	0.28	0.44	0.38	0.33	0.43
땅 콩		1.75	1.70	1.83	1.81	1.99	1.95	1.76	1.90
기 타		1.70	1.63	1.62	1.61	1.45	1.22	1.26	8.78
견 과 류		4.00	3.77	4.16	4.13	4.20	4.82	4.95	5.34
	밤	2.95	2.79	2.71	2.43	2.37	2.29	2.29	2.14
호 두		0.38	0.29	0.52	0.48	0.52	0.60	0.63	0.70
	잣	0.19	0.13	0.13	0.33	0.31	0.08	0.13	0.37
도 토 리		0.04	0.03	0.02	0.02	0.02	0.42	0.42	0.41
은 행		0.05	0.04	0.09	0.09	0.09	0.08	0.11	0.15
아 몬 드		0.33	0.41	0.61	0.70	0.83	1.21	1.16	1.28
피스타치오		0.01	0.01	0.01	0.01	0.01	0.02	0.03	0.02
너 트 류		0.05	0.06	0.06	0.07	0.07	0.11	0.18	0.26
기타견과류		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
종 실 류		2.02	1.89	2.18	1.95	2.32	1.97	2.20	2.13
참 깨		0.86	0.87	1.01	0.95	1.02	0.84	0.93	0.92
기 타		1.16	1.02	1.17	0.99	1.30	1.12	1.26	8.78
체 소 류		410.67	422.48	407.83	362.08	423.45	381.45	400.41	420.97

Annual food supply per capita per day

Unit: g

2015	2016	2017	2018	2019	2020	2021	2022	Year Products
364.68	363.85	377.22	375.00	356.25	363.85	371.63	376.74	Cereals
88.0	87.20	88.14	86.42	86.45	84.85	100.94	103.47	Wheat Flour
196.45	194.50	196.83	197.97	191.91	184.09	183.51	184.68	Rice
3.60	2.78	3.63	3.56	2.60	3.44	1.69	1.27	Barley
67.87	70.01	78.75	76.65	65.44	79.95	73.51	74.82	Maize
			0.05	0.00	0.00	0.00	0.00	Rye
			0.00	0.00	0.00	0.00	0.00	Sorghum
			0.00	0.00	0.00	0.00	0.00	Millet
0.21	0.27	0.16	0.27	0.21	0.21	0.21	0.26	Buck Wheat
8.59	9.09	9.71	10.09	11.47	11.31	11.75	12.23	Cereals, other
34.10	32.50	30.45	32.02	31.72	31.16	33.56	31.65	Starchy Roots
22.72	22.38	18.52	20.78	21.22	18.36	22.25	19.49	Potatoes
11.39	10.12	11.93	11.24	10.50	12.79	11.31	12.16	Sweet Potatoes
61.28	61.65	65.93	62.31	64.18	59.90	62.84	62.89	Sweeteners
59.97	60.85	61.73	60.07	59.69	58.97	62.06	62.11	Suger
1.31	0.81	4.20	2.24	4.49	0.93	0.77	0.78	Honey
27.79	27.05	23.33	22.81	22.40	23.02	23.25	25.20	Pulses
22.68	22.09	17.92	17.63	17.33	17.81	17.63	19.96	Soybeans
1.34	1.34	1.39	1.59	1.38	1.43	1.22	1.22	Red Beans
0.32	0.43	0.43	0.37	0.37	0.53	0.48	0.42	Green Beans
1.82	1.79	1.93	1.79	2.03	1.79	2.01	2.03	Groundnuts
1.63	1.40	1.66	1.43	11.47	1.47	1.92	1.56	Pulses, other
4.80	5.16	4.68	4.48	4.41	4.35	5.92	5.27	Tree Nuts
2.03	2.02	1.81	1.99	1.78	1.77	1.84	1.79	Chestnut
0.69	0.74	0.77	0.66	0.69	0.66	0.90	0.80	Walnut
0.14	0.51	0.22	0.06	0.06	0.04	0.03	0.05	Pinenuts
0.32	0.30	0.30	0.29	0.29	0.24	0.27	0.27	Acorn
0.21	0.15	0.09	0.08	0.06	0.03	0.68	0.82	Gingko Nut
1.20	1.21	1.31	1.22	1.34	1.40	1.95	1.28	Almonds
0.02	0.01	0.02	0.02	0.02	0.02	0.00	0.04	Pistachionuts
0.20	0.22	0.17	0.15	0.16	0.18	0.25	0.23	Nuts
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Tree Nuts, other
2.30	2.57	2.47	2.09	2.26	2.32	2.04	2.07	Oil Crops
0.89	0.97	0.90	0.95	0.93	0.94	0.93	0.93	Sesame
1.41	1.60	1.57	1.14	11.47	1.38	1.11	1.14	Oil Crops, Other
391.09	366.12	393.02	414.15	396.99	386.78	396.01	379.70	Vegetables

4.4. 1인 1일당 식품공급량

단위: g

연도		2007	2008	2009	2010	2011	2012	2013	2014
식품명									
무		43.91	51.57	45.60	37.84	44.85	41.03	46.31	45.57
배	추	87.58	99.59	91.66	69.88	107.14	87.42	95.42	98.89
양배	추	13.55	12.74	12.78	10.69	14.05	11.43	12.07	12.99
파		19.56	20.09	17.50	16.43	19.80	14.28	17.27	17.99
생양	강	1.05	0.58	0.73	0.95	0.79	0.74	0.79	1.00
양	파	54.97	46.61	59.98	61.36	65.30	52.56	57.44	63.19
마늘	늘	16.78	17.84	15.98	13.39	14.95	16.47	18.40	16.54
오이	이	15.27	17.54	15.92	14.00	13.99	13.27	11.77	12.78
호박	박	15.68	15.36	15.74	13.99	13.97	15.17	15.02	15.58
시금	치	3.18	3.63	4.00	3.38	4.16	3.83	3.62	3.30
토마	토	23.72	20.35	18.87	16.42	18.30	21.11	19.10	23.91
건고	추	5.95	4.68	4.53	3.85	3.64	4.30	4.44	7.85
당근	근	7.05	7.57	7.36	7.61	7.62	6.37	7.45	7.16
상추	추	7.11	6.28	6.54	6.47	5.26	5.18	4.41	4.81
수박	박	22.46	25.86	25.26	20.15	19.64	20.65	21.53	21.74
송이버	외	7.43	7.95	8.12	7.37	6.34	6.55	6.17	5.47
송이	벗	0.04	0.03	0.04	0.06	0.03	0.05	0.03	0.03
표고	벗	0.31	0.31	0.34	0.31	0.28	0.97	0.95	1.10
양송	이	1.14	1.05	0.79	1.63	1.21	0.99	0.69	0.96
느타	리	2.52	2.18	2.00	2.28	2.33	2.58	3.29	3.79
팽이버	벗	1.54	2.15	2.10	1.56	1.57	2.17	1.17	1.21
기타	벗	3.28	3.10	2.72	3.25	3.81	3.84	3.71	4.51
산나물	물	4.32	3.75	3.66	4.01	3.88	3.00	2.67	2.73
딸기	기	9.07	8.54	8.74	9.99	7.52	8.38	9.31	8.86
기타채	소	22.94	22.52	18.93	19.35	27.00	22.80	22.12	22.90
미나리	리	1.99	1.86	1.73	1.58	2.37	2.28	2.02	1.83
가죽	지	2.24	2.23	1.59	1.36	1.64	1.37	1.36	1.53
꽃고추	갓	1.14	1.15	0.53	0.36	0.37	0.34	0.40	0.41
멜론	추	10.99	11.32	9.95	8.71	7.81	8.30	7.57	7.69
셀러리	론	1.39	1.36	1.40	1.18	1.43	1.79	1.89	1.76
양파	리	0.13	0.12	0.11	0.09	0.08	0.06	0.08	0.04
양파	추	0.96	1.25	1.08	1.30	1.17	1.03	1.08	0.90
양파	망	0.24	0.28	0.34	0.39	0.26	0.06	0.01	1.07
과실류		123.33	128.56	132.45	121.02	127.92	126.60	130.16	136.48
사과	과	17.07	19.46	19.99	18.55	16.17	16.80	20.90	19.91
배		18.63	18.77	16.23	11.77	11.19	6.41	10.66	11.26
단포	감	8.15	8.36	7.32	6.88	8.16	8.14	7.51	8.99
복숭아	도	13.00	13.52	13.19	12.37	10.83	11.39	10.89	11.07
기타	아	7.55	8.18	8.48	5.89	8.91	9.68	9.22	9.93
유자	송	26.45	26.28	30.73	25.00	27.44	27.77	27.26	28.58
자두	굴	11.30	12.88	17.15	16.90	18.61	18.59	18.42	8.78
참나물	타	0.00	0.55	0.66	0.52	0.53	0.46	0.42	0.39
바나나	자	3.00	3.08	2.90	2.86	2.58	2.56	2.51	2.58
파인애플	두	2.31	2.05	2.05	2.21	2.46	2.30	1.84	1.99
오렌지	래	10.04	8.38	8.25	10.79	10.48	10.88	9.24	10.45
자몽	나	2.06	1.78	1.43	1.57	3.62	3.61	3.74	3.67
	애	2.89	3.99	2.60	4.01	5.13	6.26	5.47	3.49
	플	0.21	0.17	0.20	0.27	0.31	0.35	0.39	0.64
	지								
	몽								
육류		111.96	111.40	117.54	119.29	121.73	125.94	134.75	141.07
쇠고기	기	20.17	19.90	25.25	23.13	26.89	25.72	27.35	28.28
돼지고기	기	51.07	50.67	49.47	50.56	50.60	51.48	56.00	59.29
닭고기	기	19.16	19.20	20.41	22.62	24.34	24.80	24.71	27.29

Annual food supply per capita per day

Unit: g

2015	2016	2017	2018	2019	2020	2021	2022	
43.51	35.26	40.11	42.36	38.11	40.26	40.28	40.73	Radish
83.06	75.66	96.95	97.14	79.73	90.31	80.04	88.03	Chinese Cabbage
12.34	13.32	13.17	14.72	12.62	13.46	15.00	12.54	Cabbage
14.64	14.95	17.74	17.83	16.73	14.74	17.96	16.07	Welsh Onion
1.35	1.66	1.05	0.99	1.15	1.11	1.31	0.84	Ginger
59.09	59.54	57.51	68.69	68.97	53.79	70.79	57.28	Onion
14.15	13.94	13.68	15.67	16.87	16.33	14.62	14.06	Garlic
12.65	15.32	15.55	17.62	16.51	15.13	12.96	12.92	Cucumber
16.97	13.98	14.68	14.51	15.93	15.13	11.72	12.32	Pumpkin
3.75	3.09	2.73	3.08	3.00	2.64	2.32	2.33	Spinach
21.75	18.84	17.53	18.92	17.58	16.80	18.37	18.92	Tomato
7.75	5.69	4.15	7.23	7.10	6.42	7.57	6.91	Red Pepper
9.15	7.60	7.70	7.60	7.58	8.83	8.92	7.87	Carrot
4.48	3.84	3.97	4.15	4.19	4.33	4.37	4.42	Lettuce
20.84	18.66	16.53	15.48	15.43	15.08	15.84	15.78	Water Melon
6.23	6.05	6.39	4.99	5.73	5.67	7.57	7.64	Muskmelon
0.03	0.03	0.02	0.03	0.03	0.02	0.02	0.02	Pine Mushroom
1.13	1.10	1.09	1.12	1.09	1.00	1.02	1.06	Oak Mushroom
0.88	0.88	0.94	0.96	1.49	1.38	0.82	0.74	Mushroom
2.96	2.73	2.44	1.68	2.06	1.94	2.04	2.26	Oyster Mushroom
1.28	1.29	0.80	0.73	0.83	0.69	0.85	0.89	Flamm Velutipes
5.18	5.30	5.34	5.34	5.13	5.22	6.18	5.88	Mushroom, other
2.88	2.89	2.98	3.21	3.19	2.69	2.67	2.63	Wild Plant
8.36	8.23	8.90	7.85	9.86	6.92	7.56	6.97	Strawberry
21.61	20.03	24.97	25.81	28.20	28.44	27.24	24.97	Vegetables, other
1.75	1.46	1.23	1.23	1.21	1.21	1.29	1.34	Water Dropwort
1.59	1.79	1.47	1.51	1.58	1.52	1.52	1.59	Egg Plant
0.36	0.34	0.28	0.26	0.26	0.26	0.28	0.25	Crown Daisy
7.11	6.82	7.49	7.76	7.02	7.31	6.72	5.83	Green Pepper
1.25	1.11	1.03	1.10	1.19	1.26	1.25	1.46	Melon
0.05	0.04	0.04	0.04	0.04	0.04	0.04	0.04	Celery
0.99	1.11	1.18	1.24	3.22	3.37	3.25	1.30	Head Lettuce
0.89	2.58	2.52	2.45	2.58	2.75	2.83	3.02	Sweet Pepper
133.0	117.58	114.61	109.64	109.41	98.93	105.02	106.61	Fruit
23.87	23.60	22.31	19.32	21.72	17.06	20.97	23.00	Apple
9.57	8.49	9.51	6.75	6.73	4.31	7.45	8.89	Pear
6.79	4.80	4.38	4.01	3.68	3.39	3.96	4.03	Persimmon
10.94	9.31	8.06	7.81	7.77	7.33	7.14	7.52	Grape
9.47	8.23	8.80	8.14	8.26	7.40	7.54	7.50	Peach
26.36	23.84	23.30	24.12	24.38	25.30	24.43	23.57	Citrus
24.98	16.76	17.52	17.11	11.47	12.38	14.29	14.48	Fruit, other
0.48	0.49	0.48	0.22	0.24	0.45	0.38	0.39	Citron
2.98	2.79	2.74	2.34	2.22	1.89	2.18	2.02	Plum
2.35	2.45	2.34	2.56	2.67	2.64	2.89	3.08	Gooseberry
7.02	7.02	6.97	8.18	7.04	6.72	6.73	6.11	Banana
1.79	2.01	1.78	2.00	1.82	1.59	1.59	1.73	Pine Apple
3.94	5.45	3.92	4.97	4.33	4.01	3.80	2.70	Orange
0.99	0.91	0.98	0.83	0.70	0.64	0.57	0.53	Grape fruit
146.59	153.57	164.77	173.74	185.69	178.34	181.40	184.39	Meat
28.73	30.69	30.04	33.48	34.39	34.13	36.66	39.21	Bovine Meat
61.39	65.02	67.64	68.66	75.19	78.73	79.68	79.69	Pig Meat
29.30	30.44	37.72	41.17	43.33	31.77	31.09	31.78	Poultry Meat

4.4. 1인 1일당 식품공급량

단위: g

연도 식품명	2007	2008	2009	2010	2011	2012	2013	2014
부 산 물	21.56	21.63	22.41	22.98	19.90	23.95	26.69	26.21
계 란 류	26.06	25.83	27.26	27.07	27.02	28.35	28.21	30.38
달 갈	26.06	25.83	27.26	27.07	27.02	28.35	28.21	30.38
우 유 류	151.23	144.56	144.73	156.14	162.39	150.39	168.23	169.03
우 유	148.69	141.84	142.02	153.84	159.15	147.03	165.51	166.22
연 유	0.19	0.19	0.19	0.18	0.09	0.09	0.06	0.15
전 지분유	0.26	0.28	0.23	0.23	0.36	0.18	0.22	0.22
달 지분유	1.27	1.41	1.53	1.07	2.03	2.30	1.70	1.71
조 제분유	0.82	0.84	0.77	0.82	0.75	0.79	0.74	0.72
어 패 류	115.34	106.98	98.91	100.13	101.55	103.74	101.65	114.00
어 류	71.45	66.59	60.73	62.11	56.33	59.28	61.30	65.50
가 자 미	0.77	0.77	0.76	0.74	0.66	0.58	0.60	0.61
넙 치	1.17	1.33	1.55	1.19	1.98	1.18	2.66	3.04
서 대 류	0.14	0.10	0.11	0.10	0.10	0.09	0.08	0.06
대 구	1.25	0.47	0.54	0.53	0.68	0.58	0.73	0.80
은 대 구	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
노 가 리	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
명 태	8.05	7.34	6.15	6.61	6.73	5.74	5.85	5.63
돔 류	0.79	0.74	0.75	0.66	0.42	0.50	0.37	0.37
병 어	0.18	0.16	0.10	0.16	0.14	0.10	0.10	0.07
민 어	0.90	0.73	0.70	0.78	0.58	0.62	0.84	0.65
조 기	2.49	2.53	2.21	2.26	2.51	2.16	1.83	1.63
강 달 이	0.43	0.34	0.37	0.15	0.35	0.19	0.18	0.18
성 대 류	0.02	0.03	0.02	0.02	0.03	0.04	0.04	0.04
갈 치	4.18	4.05	4.25	3.04	2.06	2.06	2.42	2.63
도 루 목	0.09	0.07	0.09	0.10	0.09	0.13	0.15	0.11
농 어	0.27	0.25	0.22	0.26	0.20	0.17	0.19	0.19
눈 볼 대	0.08	0.10	0.10	0.09	0.08	0.09	0.11	0.09
장 어	0.82	1.06	0.82	0.83	0.71	0.70	0.63	0.62
망 등 이	0.05	0.03	0.03	0.02	0.02	0.03	0.03	0.01

Annual food supply per capita per day

Unit: g

2015	2016	2017	2018	2019	2020	2021	2022	Year Products
27.18	27.42	29.38	30.43	32.78	33.71	33.97	33.71	Edible Viscera
29.86	31.68	26.37	29.11	29.59	32.38	32.22	31.75	Eggs
29.86	31.68	26.37	29.11	29.59	32.38	32.22	31.75	Egg
174.32	176.12	188.05	188.91	191.21	204.45	211.68	210.48	Milk
171.00	172.63	184.79	185.62	188.20	202.02	209.58	208.43	Milk
0.24	0.32	0.40	0.40	0.33	0.23	0.22	0.29	Condensed Milk
0.25	0.31	0.35	0.34	0.35	0.36	0.30	0.28	Whole Milk Powder
1.95	2.03	1.79	1.83	1.70	1.37	1.28	1.21	Skim Milk Powder
0.88	0.83	0.73	0.73	0.64	0.46	0.30	0.27	Modified Milk Powder
105.42	99.57	104.68	114.59	115.20	111.54	110.57	103.18	Fishes and Shellfishes
65.23	57.21	63.23	68.63	71.42	67.39	63.73	63.73	Fishes
0.61	0.43	0.55	0.57	0.66	0.58	0.71	0.68	Flounder
2.00	1.85	1.90	1.79	1.93	1.89	1.84	1.83	Bastard
0.05	0.05	0.07	0.08	0.08	0.08	0.08	0.05	Sole
0.65	0.65	0.73	0.82	0.77	0.52	0.60	0.46	Pacific Cod
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Black Cod
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Small Alaska Pollack
5.90	6.93	7.52	8.07	7.29	6.93	6.75	6.94	Alaska Pollack
0.55	0.53	0.57	0.56	0.55	0.53	0.66	0.67	Sea Bream
0.06	0.09	0.11	0.15	0.16	0.14	0.15	0.14	Harvest Fish
0.62	0.76	0.71	0.74	0.64	0.60	0.56	0.56	Croaker
1.65	1.30	1.43	1.33	1.38	1.77	1.56	1.01	Yellow Croaker
0.16	0.05	0.05	0.06	0.04	0.06	0.06	0.09	Kang Dal I
0.03	0.03	0.03	0.03	0.04	0.05	0.04	0.04	Bluefin Searobin
2.37	1.87	2.59	2.20	2.10	2.64	2.47	2.07	Hair Tail
0.24	0.38	0.25	0.21	0.15	0.26	0.14	0.07	Sandfish
0.18	0.21	0.19	0.19	0.19	0.16	0.17	0.16	Common Sea Bass
0.09	0.10	0.09	0.13	0.12	0.10	0.10	0.08	Black-Throat Sea Perch
0.61	0.60	0.48	0.50	0.55	0.58	0.54	0.56	Eel
0.01	0.01	0.01	0.02	0.01	0.01	0.01	0.01	Goby

4.4. 1인 1일당 식품공급량

단위: g

연도 식품명	2007	2008	2009	2010	2011	2012	2013	2014
매 통 이	0.01	0.00	0.01	0.00	0.00	0.00	0.00	0.00
양 태	0.05	0.06	0.06	0.06	0.06	0.05	0.05	0.04
볼 락	1.33	1.19	1.16	0.89	0.67	0.81	0.85	0.80
양 미 리	0.13	0.14	0.12	0.00	0.00	0.00	0.00	0.00
송 어	0.37	0.32	0.26	0.25	0.26	0.24	0.18	0.17
뱅 어	0.08	0.03	0.01	0.00	0.00	0.00	0.00	0.00
복 어	0.30	0.22	0.25	0.24	0.21	0.20	0.24	0.22
멸 치	12.26	13.97	10.89	13.51	15.19	11.00	10.93	11.34
정 어 리	0.28	0.20	0.24	0.31	0.35	0.19	0.22	0.17
전 어	0.31	0.21	0.16	0.23	0.16	0.30	0.24	0.24
청 어	0.87	1.21	0.95	0.66	0.98	0.73	1.31	0.81
밴 뎡 이	0.02	0.14	0.17	0.05	0.05	0.06	0.02	0.04
고 등 어	4.87	5.44	4.47	4.24	3.88	3.41	2.83	4.18
전 갱 이	0.88	0.61	0.48	0.63	1.18	0.94	0.38	0.45
삼 치	1.23	1.06	0.92	0.74	0.72	0.74	0.58	0.75
콩 치	1.67	1.76	2.67	1.52	2.05	2.08	1.42	1.44
학 콩 치	0.01	0.01	0.02	0.00	0.01	0.01	0.02	0.03
방 어	0.19	0.38	0.41	0.54	0.29	0.28	0.42	0.34
임 연 수 어	0.57	0.57	0.48	0.44	0.36	0.50	0.33	0.18
다 랑 어	3.65	2.57	3.28	2.46	3.57	2.12	4.38	4.04
새 치 류	0.16	0.17	0.22	0.23	0.21	0.16	0.15	0.14
상 어	0.13	0.12	0.10	0.09	0.11	0.04	0.06	0.09
가 오 리	0.84	0.60	0.68	0.64	0.59	0.62	0.64	0.60
보 리 멸	0.01	0.00	0.01	0.00	0.00	0.00	0.00	0.00
취 치	3.05	2.04	2.44	1.87	1.90	1.80	1.65	1.71
준 치	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
아 귀	1.05	1.10	1.00	0.95	0.84	0.68	0.69	0.77
홍 어	0.44	0.45	0.49	0.57	0.56	0.46	0.40	0.42
기타해산어	12.84	9.91	8.17	11.54	2.85	15.19	14.62	17.56
송 어 류	0.06	0.07	0.10	0.08	0.11	0.12	0.13	0.12
잉 어	0.13	0.12	0.11	0.10	0.10	0.10	0.09	0.08
붕 어	0.12	0.11	0.11	0.11	0.11	0.10	0.06	0.07
미 꾸 라 치	0.55	0.58	0.52	0.50	0.47	0.43	0.43	0.47
뱀 장 어	0.53	0.44	0.33	0.53	0.37	0.21	0.29	0.33
연 어	0.37	0.32	0.34	0.27	0.47	0.40	0.59	0.79
쏘 가 리	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
가 물 치	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01
메 기	0.08	0.10	0.10	0.11	0.12	0.13	0.13	0.15
향 어	0.02	0.03	0.03	0.03	0.04	0.05	0.03	0.05
기타담수어	0.28	0.21	0.17	0.13	0.14	0.14	0.11	0.14

Annual food supply per capita per day

Unit: g

2015	2016	2017	2018	2019	2020	2021	2022	Year Products
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Lizard Fish
0.05	0.05	0.06	0.05	0.05	0.04	0.04	0.04	Flat Head
0.72	0.72	0.83	0.81	0.74	0.80	0.69	0.62	Rock Fish
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Sand Lance
0.22	0.20	0.19	0.25	0.27	0.28	0.33	0.29	Mullet
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Icefish
0.22	0.25	0.21	0.23	0.21	0.16	0.18	0.19	Puffer
10.69	6.98	10.57	9.21	8.46	10.69	7.03	6.41	Anchovy
0.23	0.31	0.58	0.46	0.79	1.61	1.01	1.62	Sardine
0.15	0.13	0.28	0.31	0.29	0.26	0.30	0.18	Hickory Shad
0.70	0.72	1.02	0.68	1.10	0.63	0.58	0.84	Herring
0.08	0.05	0.04	0.05	0.06	0.03	0.08	0.05	Round Herring
4.40	6.03	5.08	5.43	4.12	3.17	4.08	4.21	Mackerel
0.83	0.71	0.52	0.73	1.24	0.94	0.74	0.66	Jack Mackerel
0.51	0.48	0.62	0.45	0.42	0.47	0.36	0.43	Spaning Mackerel
2.28	1.91	1.33	1.03	1.61	1.00	0.75	0.64	Saury
0.03	0.02	0.03	0.02	0.02	0.02	0.02	0.01	Half Beak
0.29	0.46	0.51	0.46	0.55	0.48	0.55	0.72	Yellow Tail
0.45	0.30	0.21	0.27	0.29	0.28	0.39	0.33	Atka Fish
3.35	4.33	4.26	4.33	5.00	3.62	4.07	4.32	Tuna
0.14	0.14	0.13	0.11	0.11	0.01	0.03	0.10	Marlinsand Sword Fish
0.06	0.08	0.07	0.06	0.06	0.06	0.04	0.06	Shark
0.65	0.69	0.51	0.49	0.19	0.14	0.13	0.14	Skate
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Sea Smelt
1.45	1.58	1.57	1.44	1.52	1.34	1.21	1.33	File Fish
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.01	Bigeyed Herring
0.85	0.80	0.82	0.81	0.85	0.80	0.89	0.73	Monk Fish
0.47	0.46	0.37	0.37	0.32	0.36	0.38	0.34	Skate Rey
18.11	11.50	13.50	20.21	23.62	20.43	20.05	13.54	Adjacent Waters Fishes, other
0.12	0.10	0.12	0.10	0.11	0.08	0.08	0.10	Trout
0.08	0.08	0.07	0.08	0.09	0.09	0.08	0.10	Common Carp
0.07	0.06	0.06	0.06	0.06	0.05	0.06	0.07	Carp
0.49	0.49	0.50	0.47	0.46	0.43	0.46	0.46	Loach
0.40	0.53	0.65	0.67	0.67	0.73	1.00	1.09	Eel
1.01	0.84	0.89	1.19	1.15	1.21	1.36	1.23	Chum Salmon
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Mandarine Fish
0.01	0.01	0.01	0.01	0.00	0.00	0.00	0.00	Shake Head
0.15	0.16	0.16	0.15	0.16	0.13	0.13	0.14	Cat Fish
0.04	0.05	0.05	0.04	0.04	0.05	0.06	0.05	Israeli Carp
0.13	0.13	0.13	0.12	0.11	0.12	0.11	0.11	Inland Waters Fishes, other

4.4. 1인 1일당 식품공급량

단위: g

연도 식품명	2007	2008	2009	2010	2011	2012	2013	2014
패 류	43.89	40.39	38.18	38.02	45.22	44.46	40.35	48.51
대하·중하	0.06	0.06	0.04	0.03	0.03	0.05	0.05	0.04
새 우	10.17	9.90	9.01	10.41	10.89	11.74	11.40	12.25
꽃 계	0.99	0.73	0.95	0.89	0.86	0.76	0.83	0.79
기 타 계	1.61	1.61	0.94	0.65	1.76	0.19	1.03	1.53
전 복	0.11	0.12	0.13	0.13	0.13	0.16	0.18	0.23
소 라 고 동	0.05	0.07	0.06	0.08	0.06	0.07	0.06	0.07
굴	2.36	1.46	1.59	1.56	5.04	6.94	3.66	5.98
바 지 락	0.48	0.47	0.47	0.50	1.00	1.08	0.91	1.11
백 합	0.08	0.06	0.04	0.06	0.13	0.13	0.13	0.16
가 무 락	0.01	0.01	0.01	0.03	0.04	0.02	0.01	0.01
동 죽	0.04	0.03	0.01	0.02	0.02	0.01	0.04	0.03
피 조 개	0.18	0.17	0.22	0.26	0.14	0.07	0.03	0.04
새 조 개	0.02	0.00	0.02	0.01	0.00	0.00	0.00	0.01
골 뱅 이	0.13	0.12	0.13	0.12	0.09	0.09	0.11	0.11
개 량 조 개	0.01	0.00	0.00	0.00	0.01	0.00	0.00	0.00
홍 합	1.35	0.96	0.82	0.82	1.03	1.18	0.73	0.92
꼬 막	0.45	0.05	0.10	0.08	0.04	0.06	0.04	0.02
키 조 개	0.39	0.25	0.29	0.42	0.32	0.28	0.23	0.33
맛 조 개	0.05	0.05	0.03	0.02	0.01	0.01	0.01	0.00
재 치 조 개	0.10	0.09	0.08	0.08	0.04	0.05	0.05	0.05
가 리 비	0.67	0.72	0.61	0.65	0.86	0.69	0.68	0.74
기 타 패 류	0.30	0.24	0.27	0.23	0.31	0.95	0.81	0.89
오 징 어	12.58	11.51	10.86	9.44	9.77	12.41	12.23	14.70
문 어	0.68	0.60	0.86	0.64	0.61	0.75	0.94	1.12
주 꾸 미	1.33	1.20	1.31	1.40	1.34	1.24	1.17	1.52
낙 지	2.44	2.26	2.17	1.96	1.84	2.17	1.64	1.99
기타연체동물	6.42	6.73	6.13	6.53	7.90	2.05	2.05	2.35
해 삼	0.25	0.25	0.21	0.17	0.14	0.12	0.11	0.11
성 계	0.03	0.04	0.03	0.03	0.02	0.02	0.03	0.03
우 령 행 이	0.30	0.29	0.27	0.30	0.27	0.19	0.22	0.19
기타수산동물	0.22	0.29	0.28	0.29	0.30	0.37	0.28	0.37
해 조 류	39.37	43.37	39.50	40.22	43.09	43.51	47.66	46.28
다 시 마	13.29	15.16	16.07	12.53	12.54	15.61	19.13	19.00

Annual food supply per capita per day

Unit: g

2015	2016	2017	2018	2019	2020	2021	2022	Year Products
40.19	42.37	41.44	45.96	43.78	44.15	46.84	46.58	Shellfishes
0.03	0.04	0.03	0.03	0.06	0.04	0.04	0.06	Oriental Prawn, Metapenaeus Shrimp
11.52	12.65	14.17	15.40	15.94	16.13	17.09	17.56	Shrimp
0.55	0.37	0.42	0.35	0.47	0.40	0.38	0.46	Blue Crab
0.20	0.20	0.25	0.30	0.75	0.37	0.30	0.30	Crabs, other
0.26	0.29	0.39	0.46	0.45	0.52	0.56	0.55	Abalone
0.06	0.07	0.08	0.08	0.08	0.08	0.09	0.09	Topshell
1.45	2.09	2.46	2.42	2.52	2.33	2.26	2.22	Oyster
1.03	0.92	0.98	1.24	1.14	1.05	1.11	1.09	Little Neck Clam
0.16	0.12	0.12	0.12	0.15	0.13	0.15	0.18	Orient Hard Clam
0.01	0.02	0.01	0.02	0.01	0.00	0.01	0.01	Venus Clam
0.03	0.02	0.03	0.02	0.01	0.03	0.06	0.04	Surf Clam
0.06	0.06	0.04	0.07	0.00	0.00	0.00	0.00	Arkshell
0.00	0.00	0.01	0.00	0.00	0.00	0.00	0.00	Egg Cockle
0.11	0.10	0.12	0.10	0.10	0.12	0.10	0.09	Bai Topshell
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Hen Cockle
0.90	0.90	1.19	0.83	0.98	0.99	1.00	0.89	Hard-Shelled Mussel
0.02	0.07	0.04	0.07	0.14	0.10	0.07	0.09	Granulated Ark Shell
0.29	0.25	0.17	0.18	0.22	0.15	0.25	0.22	Pen Shell
0.02	0.01	0.00	0.02	0.04	0.03	0.03	0.02	Jackknife
0.05	0.05	0.04	0.04	0.03	0.01	0.00	0.01	Marsh Clam
1.36	1.46	0.73	0.92	1.12	1.32	1.63	2.15	Scallop
0.90	0.69	0.66	0.60	0.58	1.19	1.40	1.56	Shellfishes, other
12.61	12.85	10.39	10.65	10.60	11.22	12.57	11.58	Squid
1.33	1.93	2.15	4.86	1.68	1.78	1.82	1.72	Octopus
1.61	1.34	1.53	1.49	1.36	1.48	1.50	1.42	Webfoot Octopus
1.63	1.94	1.65	1.60	1.62	1.46	1.49	1.42	Whip-arm Octopus
2.23	1.87	2.05	2.19	2.07	1.67	1.55	1.50	Molluscs, other
0.12	0.23	0.27	0.19	0.13	0.08	0.07	0.07	Sea Cucumber
0.03	0.02	0.02	0.03	0.03	0.02	0.02	0.03	Sea Urchin
0.43	0.60	0.55	0.70	0.55	0.58	0.35	0.39	Sea Squirt
0.36	0.26	0.24	0.18	0.18	0.16	0.17	0.11	Aquatics, other
50.90	57.73	75.96	72.94	77.03	74.31	76.83	70.23	Seaweeds
22.54	21.88	27.32	28.75	33.23	33.78	34.37	27.56	Sea Tangle

4.4. 1인 1일당 식품공급량

단위: g

연도 식품명	2007	2008	2009	2010	2011	2012	2013	2014
미역	16.78	18.54	15.34	18.70	18.19	15.97	14.31	12.88
김	7.88	7.85	6.34	7.38	10.34	10.36	12.79	12.44
툇	0.48	0.32	0.62	0.58	0.80	0.24	0.33	0.42
파래	0.04	0.44	0.32	0.24	0.33	0.34	0.28	0.36
우뭇가사리	0.21	0.11	0.11	0.29	0.23	0.24	0.15	0.20
기타해조류	0.47	0.81	0.58	0.40	0.59	0.68	0.56	0.67
유지류	49.86	50.95	51.84	55.01	57.72	60.79	49.78	55.99
(식물성)	48.95	49.91	50.50	53.87	56.91	59.58	49.02	55.12
콩기름	26.32	24.97	22.38	22.51	22.75	24.63	14.88	13.75
참기름	1.55	1.57	1.75	1.67	1.79	1.52	1.64	1.60
들기름	0.69	0.61	0.67	0.57	0.76	0.68	0.76	0.73
유채유	0.04	2.62	3.11	3.78	5.87	5.08	3.67	5.32
미강유	0.45	0.73	0.61	0.81	0.89	0.76	0.65	0.70
면실유	0.49	0.29	0.00	0.06	0.01	0.45	0.18	0.02
고추씨유								
팜유	10.60	11.13	13.80	15.33	15.85	17.53	17.99	23.17
야자유	3.25	3.35	3.19	3.55	3.20	3.23	3.27	3.05
옥배유	2.90	2.09	2.15	2.41	2.47	2.41	2.08	2.27
기타	2.66	2.54	2.73	3.09	3.30	3.29	3.89	4.51
(동물성)	0.91	1.04	1.35	1.14	0.81	1.21	0.76	0.87
우지	0.54	0.51	0.30	0.32	0.28	0.28	0.27	0.28
돈지	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
어유	0.37	0.53	1.04	0.82	0.53	0.93	0.49	0.59
기타	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
주류	202.95	208.82	184.85	204.04	221.02	227.19	226.32	241.33
탁주	9.65	9.64	9.92	22.37	25.26	25.35	23.59	26.87
소주	66.61	68.20	59.95	60.65	64.61	63.71	63.42	63.81
맥주	114.34	117.75	104.59	104.44	111.47	117.17	117.49	136.28
기타	6.01	7.32	4.88	11.26	14.51	15.80	16.54	8.78
청주	1.13	1.09	0.87	1.16	1.19	1.37	1.36	1.41
과실주	3.16	2.95	3.11	2.62	2.60	2.61	2.86	3.11
위스키	1.95	1.78	1.45	1.46	1.32	1.14	1.02	1.01
브랜디	0.11	0.09	0.09	0.07	0.06	0.05	0.05	0.06

Annual food supply per capita per day

Unit: g

2015	2016	2017	2018	2019	2020	2021	2022	Year Products
15.09	21.45	28.87	23.56	24.04	23.48	27.80	28.83	Sea Mustard
10.70	11.80	15.81	17.49	16.95	14.42	12.74	12.41	Laver
1.02	1.30	2.50	1.62	1.52	1.03	0.49	0.30	Fusiforme
0.38	0.42	0.35	0.35	0.33	0.43	0.45	0.34	Sea Lettuce
0.03	0.15	0.14	0.10	0.08	0.03	0.01	0.00	Ceylon Moss
0.95	0.49	0.75	0.90	0.71	0.80	0.41	0.67	Seaweeds, other
55.02	57.96	62.60	66.85	75.47	72.46	77.44	70.88	Oils and Fats
54.36	56.14	61.83	66.23	73.81	70.88	76.49	69.95	(Vegetable Oils)
13.04	12.64	15.68	15.00	18.14	19.23	22.46	19.19	Soybean Oil
1.56	1.68	1.58	1.66	1.62	1.63	1.60	1.60	Sesame Seed Oil
0.80	0.93	0.92	0.69	0.79	0.83	0.68	0.70	Perilla Oil
5.19	6.55	7.28	6.57	8.06	7.13	8.55	7.51	Rape Seed Oil
0.75	0.68	0.62	0.62	0.59	0.64	0.56	0.62	Ricebran Oil
0.03	0.01	0.02	0.01	0.01	0.01	0.01	0.00	Cotton Seed Oil
								Redpepper Seed Oil
23.81	24.95	26.67	31.45	33.56	30.86	31.71	29.74	Palm Oil
2.51	2.17	2.51	2.95	2.97	2.55	2.90	2.79	Copra Oil
2.12	2.05	1.85	2.15	2.34	2.06	2.50	2.48	Maize Germ Oil
4.55	4.49	4.70	5.14	11.47	5.96	5.50	5.33	Vegetable Oils, other
0.66	1.82	0.77	0.62	1.66	1.58	0.95	0.93	(Animal Fats)
0.21	0.28	0.33	0.27	0.23	0.26	0.28	0.01	Beef Tallow
0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	Lard
0.45	1.55	0.44	0.35	1.43	1.32	0.66	0.92	Fish, Body Oil
0.00	0.00	0.00	0.00	11.47	0.00	0.00	0.00	Animal Fats, other
269.26	192.87	189.50	183.67	179.53	171.19	168.18	174.52	Alcoholic Beverages
21.87	20.89	21.40	20.93	19.21	19.67	18.76	17.63	Tak Ju
88.03	46.78	47.41	45.92	45.65	43.86	41.40	43.31	So Ju
119.98	110.47	105.58	100.74	98.11	89.56	89.61	95.08	Beer
4.58	9.66	10.29	11.09	11.47	12.38	10.81	10.90	Alcoholic Beverages, other
5.02	1.21	1.31	1.34	1.14	1.07	1.12	1.38	Sake
16.23	2.98	2.71	2.93	3.35	4.13	5.89	5.17	Fruit Wine
13.15	0.83	0.79	0.69	0.57	0.49	0.56	1.01	Whisky
0.40	0.04	0.03	0.03	0.03	0.03	0.03	0.04	Brandy

제 5 장

개별품목의 추계방법

식품군별 추계방법

식품별 감모율

영양성분가 및 폐기율표

5.1. 식품군별 추계방법

① 곡류

- ① 생산량: 농림축산식품부 자료를 토대로 한 것이며, 정곡수준이다.
- ② 이입·이월·수입·수출·사료용·종자용: 농림축산식품부 자료를 토대로 계상하였다.
- ③ 가공용: 쌀, 보리, 밀, 옥수수 및 기타곡류의 식용가공용은 양조용으로서 농림축산식품부 자료를 토대로 계상하였다. 밀과 옥수수의 비식용가공용은 공업용으로 농림축산식품부와 한국전분당협회 자료에 따라 작성하였다.

② 서류

- ① 생산량: 농림축산식품부 자료를 토대로 계상하였으며, 생중량으로 표시하였다. 고구마는 추곡으로 2021년도 생산량이며, 감자는 2021년도 가을감자 생산량과 2022년도 봄감자 생산량의 합계이다.
- ② 종자용: 농림축산식품부 자료를 토대로 계상하였다.

③ 설탕류

- ① 생산량 이입·이월: 설탕은 대한제당협회 자료를 토대로 계상하였으며 정당 기준이고, 꿀은 한국양봉협회 자료를 토대로 계상하였다.
- ② 수출·이입·이월: 대한제당협회 자료를 토대로 계상하였다.
- ③ 식용가공용: 유제품용 및 양조용이며, 대한제당협회 자료를 토대로 계상하였다.

④ 두류

- ① 생산량: 농림축산식품부 자료를 토대로 한 것이며, 기타에서는 녹두, 땅콩 및 기타두류가 포함되었다.
- ② 수입·이입·이월·사료용·종자용: 농림축산식품부 자료를 토대로 계상하였다.
- ③ 가공용: 대두의 착유용 원료는 사료용과 중복되므로 별도로 계상하지 않았다.

[5] 견과류

산림청 자료를 토대로 계상하였다.

[6] 종실류

- ① 생산량·수입·이입·이월·사료·종자용: 농림축산식품부 자료를 토대로 계상하였으며 기타에는 들깨, 유채, 면실 등이 포함되었다.
- ② 가공용: 전량 착유용이며, 농림축산식품부 자료를 토대로 계상하였다.

[7] 채소류

- ① 생산량: 농림축산식품부와 산림청(버섯, 산나물 등) 자료를 토대로 계상하였다.
- ② 수입 수출 종자용: 농림축산식품부 자료를 토대로 계상하였다.

[8] 과실류

- ① 생산량 수출: 농림축산식품부 자료를 토대로 계상하였다.
- ② 식용가공용: 전량 양조용이며 농림축산식품부 자료를 토대로 계상하였다.

[9] 육류

농업협동조합중앙회 자료를 토대로 계상하였으며 정육 기준이다.

[10] 계란류

농업협동조합중앙회 자료를 토대로 계상하였다.

[11] 우유류

농업협동조합중앙회와 낙농진흥회 자료를 토대로 계상하였다.

[12] 어패류

- ① 생산량: 통계청 자료를 토대로 계상하였으며, 생중량으로 표시하였다.
- ② 수입·수출: 한국해양수산개발원 자료를 토대로 계상하였으며, 생중량으로 환산하여 표시하였다.

[13] 해조류

- ① 생산량: 통계청 자료를 토대로 계상하였으며, 생초 기준이다.
- ② 수입·수출: 한국해양수산개발원 자료를 토대로 계상하였으며, 생중량으로 환산하여 표시하였다.

⑭ 유지류

농림축산검역본부와 해양수산부 자료를 토대로 계상하였다.

⑮ 주류

국세청 자료를 토대로 계상하였으며, 용량단위로 표시하였다.

5.2. 식품별 감모율

① 곡류·서류·두류·채소류·과실류 등은 농림축산식품부 감모량 자료를 토대로 계상하였으며, 주류의 감모량은 국세청 자료를 이용하였다.

② 식품별 감모율표

단위: %

식품별	식용공급량 ¹⁾ 에 대한 감모율	생산량에 대한 감모율	이입·수입량에 대한 감모율
설탕류	1	—	—
견과류	2.6	—	—
종실류	2.8	—	—
육류	2	—	—
계란류	2	—	—
우유류	1	—	—
어패류	5	—	—
해조류	5	—	—
식물성유지류	1	—	—
동물성유지류	1	—	—

주 1) 식용공급량=총공급량-(이월+수출+사료+중자+가공용)

5.3. 영양성분가(100g당) 및 폐기율표

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)	
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)		
곡 류 Cereals												
쌀 ¹⁾ Rice	345	6.4	0.4	7.0	1.3	1	0.2	0.0	1.2	0	0	
보리쌀 ²⁾ Barley	316	9.1	1.7	30.0	2.5	0	0.1	0.1	1.9	0	0	
밀가루 ³⁾ Wheat Flour	374	10.6	1.0	17.2	0.7	0	0.1	0.0	0.4	0	23	
옥수수 ⁴⁾ Maize	267	9.7	3.8	25.0	2.1	47	0.3	0.1	1.4	0	0	
호밀 Rye	290	15.9	1.5	10.0	6.4	0	0.3	0.2	1.8	0	0	
수수 Sorghum	243	9.9	3.0	9.0	2.3	2	0.4	0.2	2.8	0	0	
조 Millet	357	10.7	3.7	15.0	3.6	4	0.6	0.2	1.2	0	0	
메밀 Buck Wheat	345	13.6	3.4	21.0	2.8	1	0.5	0.3	5.2	0	0	
기타곡물 ⁵⁾ Cereals, other	347	12.0	2.8	16.0	4.8	0	0.3	0.2	2.6	0	0	
서 류 Starchy Roots												
감자 Potatoes	52	2.0	0.0	7.5	0.5	0	0.0	0.0	0.4	7	10	
고구마 Sweet Potatoes	104	1.1	0.6	18.0	0.5	77	0.1	0.0	0.7	11	11	
설 탕 류 Sweeteners												
설탕 ⁶⁾ Sugar	400	0.0	0.0	4.0	0.1	0	0.0	0.6	0.0	0	0	
꿀 Honey	346	0.2	0.0	3.0	0.0	0	0.0	0.7	0.1	0	0	
로열젤리 Royal Jelly	143	10.4	0.7	237.0	1.8	22	0.3	0.3	3.0	0	0	

주 1) 멥쌀, 백미, 생것.

2) 겉보리와 쌀보리의 가중평균치. 가중치는 2016년 정곡생산량.

3) 강력분 15%, 중력분 70%, 박력분 15%의 가중평균치.

4) 메옥수수, 말린 것. 단, 식품수급자료가 옥수수 알갱이(가식부) 기준이므로 폐기율은 0으로 처리.

5) 기장, 귀리(겉귀리, 쌀귀리의 평균)의 평균.

6) 백설탕.

Food composition table (per 100g)

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)	
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)		
두류 Pulses												
콩 ⁷⁾ Soybean	417	35.1	16.3	182.0	7.6	5	0.4	0.5	2.1	2	0	
팥 ⁸⁾ Red Beans	360	19.6	0.4	94.5	6.1	0	0.4	0.1	2.5	0	0	
녹두 ⁹⁾ Green Beans	352	24.5	1.5	100.0	4.1	41	0.2	0.4	1.6	1	0	
땅콩 ¹⁰⁾ Groundnuts	561	22.9	46.1	48.3	2.7	0	1.5	0.1	16.7	0	18	
기타두류 ¹¹⁾ Pulses, other	268	18.4	1.0	79.3	5.9	5	0.4	0.3	2.6	4	16	
견과류 Tree Nuts												
밤 ¹²⁾ Chestnut	133	3.3	0.5	16.0	0.8	5	0.1	0.1	1.6	16	27	
호두 ¹²⁾ Walnut	693	16.0	68.4	81.0	2.5	4	0.0	0.3	2.9	0	55	
잣 ¹³⁾ Pinenuts	612	15.0	56.4	18.0	6.1	0	0.3	0.0	0.0	0	0	
도토리 ¹⁴⁾ Acorn	205	4.4	3.0	16.0	0.6	0	0.0	0.1	0.8	9	40	
은행 ¹⁵⁾ Gingko Nut	180	4.7	1.5	7.0	0.9	45	0.1	0.0	2.9	17	0	
아몬드 ¹⁶⁾ Almonds	583	23.4	50.0	368.0	4.8	3	0.0	1.5	3.8	0	0	
피스타치오 ¹⁷⁾ Pistachionuts	590	20.2	45.3	105.0	3.9	51	0.9	0.2	1.3	6	47	

주 7) 검정콩(흑태, 서리태의 평균), 노란콩(국내산, 중국산의 가중평균. 국내산의 가중치는 콩의 2011년 전체 자급률), 밤콩의 평균.

8) 붉은 팥의 국내산, 중국산의 가중평균치. 국내산의 가중치는 2011년 자급률.

9) 국내산 기준.

10) 대립종, 중립종, 소립종의 평균.

11) 기타 두류(강남콩, 완두콩, 잠두)의 평균.

12) 밤, 호두는 껍질 미탈각한 것 기준.

13) 껍질 탈각한 것 기준.

14) 껍질 미탈각한 것 기준.

15) 껍질 미탈각한 것 기준.

16) 껍질 탈각한 것 기준.

17) 껍질 미탈각한 것 기준.

5.3. 영양성분가(100g당) 및 폐기율표

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
너트류 ¹⁸⁾ Nuts	592	19.8	49.7	91.0	4.6	2	0.4	0.2	2.1	0	9
기타견과류 ¹⁹⁾ Tree Nuts, Other	574	6.2	50.3	59.0	2.4	2	0.3	0.1	1.2	0	16
종실류 Oil Crops											
참깨 ²⁰⁾ Sesame	558	25.4	45.3	750.0	8.0	3	0.2	0.7	3.4	1	0
들깨 Pelilla Seed	526	22.7	39.7	391.0	7.7	6	0.4	0.8	2.6	0	0
채소류 Vegetables											
무 ²¹⁾ Radish	16	0.9	0.1	25.0	0.3	1	0.0	0.0	0.4	15	6
배추 Chinese Cabbage	11	1.1	0.0	29.0	0.5	1	0.2	0.0	0.4	10	2
양배추 Cabbage	26	1.7	0.1	45.0	0.3	2	0.0	0.0	0.6	20	11
파 ²²⁾ Welsh Onion	17	1.7	0.1	57.0	1.4	104	0.0	0.1	0.2	14	22
생강 ²³⁾ Ginger	32	1.0	0.2	16.8	1.1	3	0.0	0.1	0.5	2	17
양파 ²⁴⁾ Onion	20	0.9	0.0	14.9	0.2	0	0.0	0.0	0.1	6	2
마늘 Garlic	99	6.8	6.8	7.8	0.8	0	0.1	0.2	0.6	14	11
오이 ²⁵⁾ Cucumber	11	1.2	0.0	23.0	0.2	14	0.1	0.0	0.1	5	9
호박 ²⁶⁾ Pumpkin	28	1.2	0.3	29.3	0.2	266	0.0	0.1	0.5	18	7

주 18) 헤이즐넛, 캐슈너트의 가중평균치.

19) 도토리분, 기타견과류(마카다미아, 피칸의 평균)의 가중평균치. 가중치는 2011년 수입량.

20) 흰깨.

21) 왜무, 조선무의 평균.

22) 대파, 쪽파, 실파의 평균.

23) 국내산, 중국산의 가중평균치. 국내산의 가중치는 2011년 자급률.

24) 국내산, 중국산의 가중평균치. 국내산의 가중치는 2011년 자급률.

25) 개량종, 재래종, 늙은 오이의 평균.

26) 단호박, 애호박, 주키니의 평균.

Food composition table (per 100g)

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
시금치 ²⁷⁾ Spinach	26	3.3	0.4	49.3	1.9	978	0.1	0.2	0.5	47	4
참외 Muskmelon	45	1.6	0.3	6.0	0.3	1	0.0	0.1	0.2	2	10
가지 Egg Plant	15	1.1	0.0	16.0	0.3	9	0.0	0.2	0.4	0	4
수박 ²⁸⁾ Water Melon	30	0.8	0.1	6.0	0.2	142	0.0	0.0	0.3	0	28
토마토 ²⁹⁾ Tomato	18	1.0	0.2	9.5	0.3	91	0.0	0.1	0.5	13	1
건고추 Red Pepper	263	13.4	8.7	57.0	4.0	2323	0.1	2.5	8.3	0	7
미나리 Water Dropwort	19	1.8	0.3	45.0	0.4	161	0.0	0.2	0.4	4	0
우엉 Burdock	54	2.6	0.1	46.0	0.8	0	0.0	0.1	0.1	1	15
당근 Carrot	25	1.0	0.1	24.0	0.3	919	0.0	0.1	0.9	3	3
상추 ³⁰⁾ Lettuce	15	1.1	0.3	9.5	1.6	173	0.1	0.3	0.4	17	0
딸기 ³¹⁾ Strawberry	34	0.8	0.2	7.0	0.4	0	0.0	0.0	0.5	71	0
토란 Taro	53	2.1	0.1	11.0	0.6	2	0.1	0.0	0.6	1	12
연근 Lotus Root	55	1.6	0.1	28.0	0.8	0	0.1	0.1	0.1	28	10
쑥갓 Crown Daisy	14	1.9	0.2	91.0	0.8	412	0.0	0.1	0.2	10	0
풋고추 ³²⁾ Green Pepper	36	2.1	0.8	14.8	0.6	205	0.1	0.2	1.1	67	6
멜론 ³³⁾ Melon	37	1.1	0.1	5.0	0.4	3	0.0	0.0	0.3	9	30
셀러리 Celery	14	1.0	0.1	88.0	0.3	114	0.0	0.1	0.8	11	2

주 27) 노지 시금치, 하우스 시금치의 가중평균치. 가중치는 2016년 노지, 하우스의 시금치 생산량.

28) 씨 있는 적육질의 수박을 기준으로 한 성분가.

29) 일반 토마토, 방울토마토의 평균.

30) 적상추.

31) 개량종.

32) 파리고추, 홍초, 풋고추의 평균.

33) 머스크, 화이트의 평균.

5.3. 영양성분(100g당) 및 폐기율표

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
양상추 Head Lettuce	13	0.6	0.0	15.0	0.4	13	0.2	0.0	0.3	0	14
피망 ³⁴⁾ Sweet Pepper	20	1.0	0.1	11.5	0.4	93	0.5	0.1	0.9	41	10
기타채소 ³⁵⁾ Vegetables, other	21	2.1	0.3	109.3	1.6	383	0.1	0.2	0.7	13	6
느타리 Oyster Mushroom	18	2.7	0.1	0.0	0.7	0	0.2	0.2	5.5	1	2
양송이 Mushroom	15	3.6	0.2	2.0	0.9	0	0.1	0.4	4.6	0	0
팽이버섯 Flamm Velutipes	20	2.2	0.2	2.0	1.0	0	0.1	0.2	1.2	0	14
송이버섯 Pine Mushroom	21	2.1	0.2	1.0	1.9	0	0.0	0.4	3.8	1	5
표고버섯 ³⁶⁾ Oak Mushroom	178	18.1	3.1	19.0	3.3	0	0.5	1.6	19.0	0	0
기타버섯 ³⁷⁾ Mushroom, other	94	7.0	0.5	24.5	112.4	99	0.1	0.4	3.3	0	0
산나물 ³⁸⁾ Wild Pnat	37	2.2	0.2	40.2	2.1	106	0.0	0.2	0.5	11	5
과실류 Fruit											
사과 ³⁹⁾ Apple	50	0.2	0.0	3.0	0.1	3	0.0	0.0	0.3	3	14
배 Pear	43	0.3	0.0	1.0	0.1	0	0.0	0.0	0.1	3	17
단감 Persimmon	48	0.4	0.0	6.0	0.2	14	0.1	0.1	0.3	14	15
포도 ⁴⁰⁾ Grape	59	0.6	0.2	5.3	0.2	4	0.1	0.0	0.2	0	30
복숭아 ⁴¹⁾ Peach	46	0.5	0.0	4.5	0.1	10	0.0	0.0	0.3	2	18
귤 ⁴²⁾ Citrus	36	0.7	0.1	13.0	0.1	6	0.3	0.0	0.4	37	19

주 34) 빨간색, 초록색의 평균.

35) 부추, 아욱, 근대, 치커리의 평균.

36) 말린 것, 재배.

37) 만가닥버섯, 석이버섯의 평균.

38) 고사리, 고비, 도라지, 더덕, 취나물의 평균.

39) 부사, 아오리, 홍옥의 평균.

40) 거봉, 델라웨어, 캠벨얼리의 평균.

41) 황도, 백도의 평균.

42) 은주밀감, 조생종의 평균.

Food composition table (per 100g)

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
유자 Citron	46	0.9	0.1	36.0	0.2	1	0.2	0.0	0.1	95	10
자두 Plum	25	0.5	0.6	3.0	0.2	0	0.0	0.0	0.3	5	9
참다래 ⁴³⁾ Goose berry	62	1.1	0.7	41.7	0.3	4	0.1	0.0	0.6	56	0
바나나 Banana	79	1.1	0.1	7.0	0.3	4	0.0	0.1	0.5	6	60
파인애플 Pineapple	50	0.5	0.0	16.0	0.1	10	0.1	0.1	0.1	45	46
오렌지 Orange	42	0.9	0.1	33.0	0.2	15	0.1	0.0	0.3	43	27
자몽 Grape fruit	30	0.8	0.1	31.0	0.1	92	0.1	0.0	0.1	32	18
기타과실 ⁴⁴⁾ Fruit, other	58	1.0	0.4	21.7	1.3	125	0.1	0.1	0.4	8	5
육류 Meat											
쇠고기 ⁴⁵⁾ Bovine Meat	183	18.7	11.4	11.1	2.4	6	0.1	0.2	3.6	0	1
돼지고기 ⁴⁶⁾ Pig Meat	180	19.2	11.8	5.5	0.7	7	0.5	0.2	3.6	1	0
닭고기 ⁴⁷⁾ Poultry Meat	138	21.1	6.2	9.7	0.6	33	0.2	0.1	6.1	0	18
육류부산물 ⁴⁸⁾ Edible Viscera	139	15.5	8.3	24.6	5.9	1299	0.3	0.6	10.1	4	5
계란류 Eggs											
달걀 Egg	0	0.0	0.0	0.0	0.0	0	0.0	0.0	0.0	0	0

주 43) 다래, 키위의 가중평균치, 다래의 가중치는 2011년 자급률.

44) 기타 국내과실(매실, 살구, 뽕은감의 평균)과 기타 수입과실(레몬, 건포도의 평균)의 가중평균치.
기타 국내과실의 가중치는 2011년 국내생산량, 기타 수입과실의 가중치는 2011년 수입량.
뽕은감은 연시 성분가와 단감 폐기율 적용.

45) 한우, 수입육 모두 한우 암소·수소의 평균 부위별 정육량을 가중치로 적용.

한우, 수입육의 가중평균치. 한우의 가중치는 2011년 자급률.

46) 부위별 가중평균치. 가중치는 암돼지, 거세돼지의 평균 부위별 정육량.

47) 부위별 가중평균치. 가중치는 육계 암·수의 평균 부위별 정육량.

48) 쇠고기, 돼지고기, 닭고기의 부산물 부위별 평균 후 각 부류별 부산물생산량(국내총생산량/정육률×부산물 생산비율)을 이용한 가중평균치.

5.3. 영양성분가(100g당) 및 폐기율표

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)	
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)		
우유류 Milk												
우유 Milk	66	3.1	3.3	113.0	0.1	55	0.0	0.2	0.3	1	0	
전지분유 Whole Milk Powder	514	25.5	27.3	977.0	0.1	419	0.2	1.1	0.9	8	0	
탈지분유 Skim Milk Powder	364	33.9	1.0	1414.0	0.2	0	0.2	1.3	1.3	10	0	
조제분유 ⁴⁹⁾ Modified Milk Powder	512	14.0	23.9	679.7	5.9	534	0.6	0.6	6.0	92	0	
연유 Condensed Milk	382	7.8	7.8	273.0	0.0	95	0.1	0.5	0.2	2	0	
어류 Fishes												
가오리 ⁵⁰⁾ Skate	78	18.5	0.7	465.3	1.1	2	0.0	0.1	2.6	0	18	
가자미 Flounder	120	22.1	3.7	40.0	0.7	0	0.2	0.3	4.3	2	45	
갈치 Hair Tail	140	18.5	7.5	46.0	1.0	20	0.1	0.1	2.3	1	33	
강달이 ⁵¹⁾ Kang Dal I	101	17.0	3.9	51.0	1.3	11	0.1	0.1	3.8	1	52	
고등어 Mackerel	172	20.2	10.4	26.0	1.6	23	0.2	0.5	8.2	1	41	
꽂치 Saury	132	22.7	4.7	42.0	1.7	21	0.0	0.3	6.4	1	44	
넙치 Bastard	116	22.4	3.3	61.0	0.5	8	0.1	0.1	6.5	1	46	
노가리 Small A lasta Pollack	355	76.1	3.2	432.0	3.5	0	0.2	0.3	8.8	0	22	
농어 Common Sea Pass	88	18.2	1.9	58.0	1.5	36	0.2	0.1	3.1	1	48	
눈볼대 Black-Throat Sea Perch	134	22.3	5.3	29.0	0.3	24	0.1	0.1	3.7	1	37	
능성어 Sea Bass	86	18.8	1.3	29.0	1.0	6	0.2	0.2	2.7	1	56	

주 49) 분유 1단계, 2단계, 3단계의 평균.

50) 나비가오리, 노랑가오리, 목탁가오리, 전기가오리의 평균.

51) 눈강달이.

Food composition table (per 100g)

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
다랑어류 ⁵²⁾ Tuna	115	25.5	1.7	15.8	1.8	11	0.2	0.2	14.5	1	34
대구 ⁵³⁾ Pacific Cod	80	19.1	0.5	40.7	0.6	23	0.1	0.2	2.4	1	52
도루묵 Sandfish	106	16.0	4.6	18.0	0.4	24	0.0	0.1	1.7	0	0
돔류 ⁵⁴⁾ Sea Bream	85	18.7	1.2	41.5	0.5	22	0.2	0.2	3.5	1	49
망둥이 Goby	77	16.4	0.7	12.0	0.9	9	0.1	0.0	2.4	1	48
매통이 Lizard Fish	85	20.8	0.5	52.0	0.4	5	0.1	0.1	2.9	1	50
멸치 Anchovy	118	17.7	5.4	496.0	3.6	38	0.0	0.3	8.8	1	0
명태 Alaska Pollack	74	17.5	0.7	109.0	1.5	17	0.0	0.1	2.3	0	61
민어 Croaker	79	18.0	0.8	22.0	0.3	9	0.1	0.3	3.7	1	50
방어 Yellow Tail	80	18.4	0.8	16.0	0.7	14	0.2	0.2	7.8	1	41
밴댕이 Round Herring	213	16.3	16.5	175.0	1.9	36	0.1	0.2	1.9	1	46
빙어 Ice Fish	63	13.3	1.1	135.0	0.7	45	0.1	0.1	2.0	3	0
병어 Harvest Fish	122	16.4	6.3	22.0	0.4	63	0.3	0.1	3.2	1	63
보리멸 Sea Smelt	85	19.5	1.1	65.0	2.3	8	0.0	0.2	4.4	0	42
복어 ⁵⁵⁾ Puffer	77	18.8	0.4	16.9	1.5	0	0.1	0.1	4.9	0	59
볼락 Rock Fish	86	19.3	1.0	42.0	0.6	9	0.1	0.1	1.8	1	56
삼치 Spaning Mackerel	104	20.1	2.9	5.0	0.1	9	0.1	0.1	8.9	0	56
상어 ⁵⁶⁾ Shark	134	20.5	6.0	43.7	2.0	28	0.1	0.1	3.4	0	50

주 52) 가다랭이, 황다랑어, 참다랑어의 가중평균치. 가중치는 2011년 생산량.

53) 대구, 붉은대구의 가중평균치. 가중치는 2011년 생산량.

54) 흑돔, 옥돔, 돌돔, 황돔의 평균.

55) 검복, 까치복, 까칠복, 매리복, 밀복, 자주복, 흰점복의 평균.

56) 가래상어, 곱상어, 까치상어, 돔발상어, 두툽상어, 모조리상어, 별상어, 악상어, 은상어, 청새리상어, 흉상어의 평균.

5.3. 영양성분(100g당) 및 폐기율표

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
새치류 ⁵⁷⁾ Marlinsand Sword Fish	77	17.3	1.0	94.9	5.9	34	0.1	0.1	7.4	2	35
서대류 ⁵⁸⁾ Sole	83	18.6	1.1	53.7	1.1	7	0.1	0.2	4.4	1	41
성대류 Bluefin Searobin	87	19.9	1.0	22.0	0.6	10	0.1	0.1	5.0	0	55
송어 Mullet	99	21.7	1.5	42.0	1.0	0	0.1	0.0	0.0	0	57
아구 Monk fish	59	14.1	0.2	10.0	2.5	26	0.0	0.1	4.2	0	61
양미리 Sand Lance	114	21.5	3.4	115.0	1.5	103	0.2	0.4	5.9	1	36
양태 Flat Head	80	20.0	0.2	101.0	0.6	18	0.0	0.1	3.4	1	48
은대구 ⁵⁹⁾ Black Cod	122	13.1	7.9	105.0	2.2	23	0.1	0.2	2.4	1	54
임연수 A tak Fish	142	19.6	7.1	13.0	7.9	23	0.1	0.1	3.7	0	40
장어 ⁶⁰⁾ Eel	128	17.4	6.6	38.2	0.6	373	0.1	0.2	3.1	2	30
전갱이 Jack Mackerel	133	20.7	4.8	24.0	0.9	6	0.1	0.2	5.3	1	43
전어 Hickory Shad	107	19.2	2.7	141.0	1.2	0	0.0	0.3	6.1	0	48
정어리 Sardine	171	20.0	9.1	94.0	1.9	21	0.0	0.4	8.1	1	45
조기 Yellow Croaker	169	15.8	9.5	19.0	0.4	177	0.1	0.2	0.6	0	45
준치 Bigeyed Herring	129	20.1	4.7	78.0	0.8	14	0.4	0.2	7.9	1	43
퀴치 File Fish	83	19.1	0.1	56.0	0.4	0	0.0	0.1	3.5	0	57
청어 Herring	213	16.3	15.1	35.0	0.8	69	0.0	0.3	6.3	1	42
학꽂이 Half Beak	94	17.8	1.7	20.0	3.5	8	0.0	0.2	4.8	1	42

주 57) 청새치, 황새치의 가중평균치. 가중치는 2011년 생산량.

58) 각시서대, 궁제기서대, 참서대의 평균.

59) 대구의 비타민A, B1, B2, 나이아신, 비타민C, 폐기율 적용.

60) 갯장어, 먹장어, 붕장어의 가중평균치. 가중치는 2011년 생산량.

Food composition table (per 100g)

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
홍어 Skate Ray	87	19.6	0.5	305.0	1.2	0	0.1	0.1	2.4	0	28
기타해산어 ⁶¹⁾ Adjacent Waters Fishes, other	105	18.4	3.5	26.1	0.5	6	0.1	0.1	2.9	1	51
가물치 Shake Head	79	18.2	0.8	71.0	1.1	10	0.1	0.1	7.7	1	57
메기 Cat Fish	107	15.1	5.3	26.0	0.8	48	0.2	0.1	2.3	1	54
미꾸라지 Loach	89	16.2	2.8	736.0	8.0	189	0.1	0.7	7.9	2	0
뱀장어 Eel	211	14.4	17.1	157.0	1.6	1050	0.7	0.5	4.5	1	14
붕어 Carp	87	18.1	1.8	56.0	2.4	7	0.3	0.2	2.6	1	57
송어 Trout	112	21.0	3.4	35.0	1.3	26	0.5	0.1	9.8	1	36
쏘가리 Mandarin Fish	104	17.2	4.1	71.0	2.1	10	0.1	0.2	3.0	1	43
연어 Chum Salmon	98	20.6	1.9	24.0	1.1	18	0.2	0.2	7.5	1	39
응어 Korean Sword Fish	159	15.9	10.8	84.0	1.1	24	0.0	0.1	3.7	1	47
잉어 Common Carp	105	17.5	4.0	50.0	1.4	11	0.4	0.1	3.3	1	52
향어 Israeli Carp	167	16.8	11.2	37.0	1.2	33	0.3	0.2	4.3	1	44
기타담수어 ⁶²⁾ Inland Waters Fishes, other	89	18.3	1.9	71.3	1.4	18	0.1	0.2	3.0	1	47
패류 Shellfishes											
대하 Oriental Prawn	76	18.1	0.6	74.0	1.4	0	0.0	0.1	1.9	1	46
중하 Metapenaeus Shrimp	86	20.1	0.9	77.0	2.6	0	0.0	0.1	2.4	1	47
새우류 ⁶³⁾ Shrimp	64	11.0	1.3	610.3	1.2	3	0.1	0.1	3.0	2	3

주 61) 달고기, 보구치, 부세, 적어, 솜뱅이의 가중평균치. 가중치는 2011년 생산량.

62) 블루길, 빙어, 자연산 은어, 양식산 은어, 피라미, 황어의 가중평균치. 가중치는 2011년 생산량.

63) 꽃새우, 닭새우, 보리새우, 젓새우의 가중평균치. 가중치는 2011년 생산량.

5.3. 영양성분가(100g당) 및 폐기율표

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
꽃게 Blue Crab	71	16.2	0.7	127.0	0.7	0	0.0	0.1	2.6	0	76
기타게 ⁶⁴⁾ Crabs, other	50	11.0	0.6	268.3	1.6	65	0.0	0.0	0.2	0	60
기타갑각류 ⁶⁵⁾ Crustacea, other	119	15.5	5.1	230.0	15.8	39	0.1	0.4	2.6	2	60
가리비 Scallop	74	15.2	1.7	65.0	3.0	0	0.1	0.1	1.6	2	0
가무락 Venus Clam	72	14.1	0.6	54.0	2.4	9	0.1	0.3	1.8	2	56
개랑조개 Hen Cockle	57	12.0	0.7	65.0	11.0	19	0.0	0.2	1.0	3	78
콜뱅이 ⁶⁶⁾ Bai Topshell	100	20.7	0.3	92.0	8.2	0	0.0	0.2	1.7	1	87
굴 ⁶⁷⁾ Oyster	72	9.7	1.8	77.5	4.1	17	0.2	0.2	3.1	4	78
꼬막류 granulated Ark Shell	58	12.6	0.3	83.0	6.8	39	0.0	0.2	3.4	3	74
동죽 Surf Clam	64	11.8	1.6	90.0	22.7	4	0.1	0.1	2.5	1	69
맛조개 Jackknife	52	9.7	1.0	166.0	5.5	21	0.0	0.2	1.5	1	36
반지락 ⁶⁸⁾ Little Neck Clam	65	12.8	1.0	83.6	9.9	14	0.0	0.2	2.5	2	75
백합 Orient Hard Clam	70	11.7	1.0	161.0	11.9	0	0.0	0.2	3.4	3	77
새조개 Egg Cockle	106	21.5	1.9	32.0	3.7	0	0.1	0.1	2.7	2	88
소라고동 Topshell	100	20.7	0.3	92.0	8.2	0	0.0	0.2	1.7	1	87
재치조개 Marsh Clam	90	12.5	1.9	181.0	21.0	8	0.1	0.2	2.6	2	84
전복 ⁶⁹⁾ A balone	80	14.0	0.7	50.7	2.1	0	0.2	0.2	3.2	2	54
키조개 Pen Shell	53	10.3	1.1	38.0	8.2	8	0.0	0.1	1.8	2	47

주 64) 붉은대게, 대게, 기타게(닭게, 반게, 참게, 왕게의 평균)의 가중평균치. 가중치는 2011년 생산량.

65) 바닷가재.

66) 소라의 성분가, 폐기율 적용.

67) 석굴, 참굴(자연산, 양식산)의 가중평균치. 가중치는 2011년 생산량)의 평균.

68) 자연산, 양식산의 가중평균치. 가중치는 2011년 생산량.

69) 까막전복, 말전복, 참전복의 평균.

Food composition table (per 100g)

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
피조개 ⁷⁰⁾ Arkshell	68	11.7	1.2	44.7	5.0	45	0.2	0.2	2.6	3	57
홍합 Hard-Shell Mussel	77	13.8	1.2	43.0	6.1	30	0.0	0.3	2.5	4	76
기타패류 ⁷¹⁾ Shellfishes, other	69	10.5	1.4	1201.0	5.8	14	0.3	0.3	1.1	0	36
낙지 Whip-arm Octopus	54	13.0	0.4	26.0	1.5	0	0.0	0.0	1.5	0	23
문어 Octopus	68	15.5	0.8	31.0	1.0	0	0.0	0.1	2.2	0	18
오징어 Squid	87	18.8	1.4	11.0	0.2	2	0.1	0.0	2.5	0	31
주꾸미 Webfoot Octopus	48	10.8	0.5	19.0	1.4	0	0.0	0.2	1.6	0	14
기타연체 ⁷²⁾ Molluscs, other	71	14.5	1.4	34.5	0.9	0	0.0	0.1	2.8	0	17
성게 ⁷³⁾ Sea Urchin	146	15.8	8.5	20.0	4.0	390	0.0	0.4	2.5	0	80
우렁쉥이 ⁷⁴⁾ Sea Squirt	75	8.5	2.1	42.8	6.2	0	0.0	0.2	0.8	3	67
자라 ⁷⁵⁾ Snapping Turtle	197	16.4	13.4	18.0	0.9	94	0.9	0.4	3.0	1	50
해삼 Sea Cucumber	23	3.7	0.4	119.0	2.1	0	0.0	0.0	1.2	0	21
기타수산 ⁷⁶⁾ Aquatics, other	45	4.3	1.2	40.0	3.2	0	0.0	0.1	2.0	4	70
해조류 Seaweeds											
김 ⁷⁷⁾ Laver	165	38.6	1.7	325.0	17.6	3750	1.2	3.0	10.4	93	89
다시마 ⁷⁷⁾ Sea Tangle	110	7.4	1.1	708.0	6.3	96	0.2	0.5	4.5	18	90
미역 ⁷⁷⁾ Sea Muatard	126	20.0	2.9	959.0	9.1	555	0.3	1.0	4.5	18	87

주 70) 자연산, 양식산의 가중평균치. 가중치는 2011년 생산량.

71) 오분자기, 우렁의 가중평균치. 가중치는 2011년 생산량.

72) 꼴뚜기, 갑오징어의 가중평균치. 가중치는 2011년 생산량.

73) 식품수급자료는 생체 중 기준이고 가식부는 주로 알이므로 폐기율을 80%로 임의 적용.

74) 자연산, 양식산의 가중평균치. 가중치는 2011년 생산량.

75) 가식부 계산을 위해 폐기율을 50%로 임의 적용.

76) 미더덕.

77) 폐기율을 생것과 마른것의 수분비율 차이를 이용하여 별도계산.

$$\text{계산식: 폐기율} = \text{생것 수분비율} - \text{마른 것 수분비율} \times \left(\frac{1 - \text{생것 수분비율}}{1 - \text{마른것 수분비율}} \right)$$

5.3. 영양성분(100g당) 및 폐기율표

식품명 Products	에너지 Energy (kcal)	단백질 Protein (g)	지방질 Fat (g)	무기질 Minerals		비타민류 Vitamins					폐기율 Refuse (%)
				칼슘 Calcium (mg)	철 Iron (mg)	A (R.E)	B ₁ (mg)	B ₂ (mg)	Niacin (mg)	C (mg)	
우뭇가사리 ⁷⁸⁾ Ceylon Moss	154	2.3	0.1	523.0	7.8	0	0.0	0.0	0.0	0	63
청각 Seastaghorn	8	1.4	0.4	37.0	2.5	45	0.0	0.1	1.4	9	0
푯 Fusiforme	14	1.9	0.4	157.0	3.9	63	0.0	0.1	1.9	4	0
과래 ⁷⁹⁾ Sea Lettuce	144	23.8	0.6	652.0	17.2	995	0.4	0.5	10.0	10	93
기타해조류 ⁸⁰⁾ Seaweeds, other	20	2.2	0.5	400.5	6.9	552	0.1	0.2	0.8	53	0
유지류 Oils and Fats											
콩기름 Soybean Oil	915	0.0	99.3	0.0	0.0	0	0.0	0.0	0.0	0	0
참기름 Sesame Seed Oil	917	0.0	99.6	43.0	1.8	2	0.0	0.1	0.0	0	0
들기름 Perilla Oil	920	0.0	99.9	75.0	5.4	10	0.0	0.1	0.0	0	0
유채유 Rape Seed Oil	920	0.0	99.9	1.0	0.2	0	0.0	0.0	0.0	0	0
미강유 Ricebran Oil	921	0.0	100.0	0.0	0.0	0	0.0	0.0	0.0	0	0
면실류 Cotton Seed Oil	921	0.0	100.0	0.0	0.0	0	0.0	0.0	0.0	0	0
고추씨유 Redpepper Seed Oil	920	0.0	99.9	1.0	0.2	0	0.0	0.0	0.0	0	0
야자유 Copra Oil	920	0.0	99.9	1.0	0.2	0	0.0	0.0	0.0	0	0
옥배유 Maize Germ Oil	919	0.0	99.7	0.0	0.6	0	0.0	0.0	0.0	0	0
팜유 Palm Oil	921	0.0	100.0	0.0	0.0	0	0.0	0.0	0.0	0	0
기타식물성 ⁸¹⁾ Vegetable Oils, other	920	0.0	99.9	1.0	0.2	0	0.0	0.0	0.0	0	0
우지 Beef Tallow	940	0.2	99.8	0.0	0.1	85	0.0	0.0	0.0	0	0
돈지 Lard	941	0.0	100.0	0.0	0.0	0	0.0	0.0	0.0	0	0
어유 Fish, Body Oil	902	0.0	100.0	0.0	0.0	591	0.0	0.0	0.0	0	0
기타동물성 Animal Fats, other	941	0.0	100.0	0.0	0.0	0	0.0	0.0	0.0	0	0

주 78) 한천의 성분가 적용, 폐기율은 생것과 한천의 수분비율 차이를 이용하여 별도계산.

79) 폐기율 계산방식은 주⁷⁷⁾과 동일.

80) 꼬시래기, 순채의 평균.

81) 유채유의 성분가, 폐기율 적용.

자료: 농촌진흥청, 『식품성분표』, 2017(제9개정판).

제 6 장

영양공급량과 영양섭취기준과의 비교

영양섭취기준

식품수급의 영양 평가를 위한 주요 영양소 결정

식품수급의 영양 평가

6.1. 영양섭취기준

2022년 식품수급표에서는 우리 국민의 영양필요량에 근거한 식품수급 수준을 평가하기 위해 2020년에 개정된 영양섭취기준을 활용하여 2022년 인구집단의 총 영양필요량을 산출하고 식품공급 수준에서 영양 평가를 실시하고자 하였다. 영양섭취기준은 인구집단의 신체적 특성, 건강과 활동수준 등을 고려하여 주기적으로 개정되는데, 이번 영양평가에서는 가장 최근에 개정된 2020년 한국인 영양섭취기준(한국영양학회)을 활용하였으며, 식품수급표에서 산출되는 공급량이 인구집단의 섭취량이라고 할 수는 없지만, 영양섭취기준 대비 공급량을 지속적으로 평가해 보는 것은 식품수급이 영양적으로 적절히 이루어졌는가를 파악할 수 있는 유용한 자료가 될 수 있을 것이다.

6.2. 식품수급의 영양 평가를 위한 주요 영양소 결정

현재 한국인 영양섭취기준은 30여개 영양소에 대해 섭취기준을 설정하고 있으나, 여기서는 식품수급의 영양적 적절성을 평가하기 위한 것이므로 우리나라 국민의 건강에 중요한 영양소를 선정하여 평가하였다.

첫째, 식품수급을 통한 에너지 공급 적절성 평가를 위해 에너지 섭취량과 탄수화물, 단백질, 지질로부터 에너지적정비율(AMDR)을 평가하였다. 두 번째, 우리나라 국민건강영양조사에서 부족하게 섭취하는 경향을 보였던 영양소 중 칼슘, 철분, 비타민A, 리보플라빈과 그 외 지속적으로 식품수급표에서 섭취량 평가가 이루어졌던 단백질, 티아민, 비타민C에 대하여 평가하였다.

각 영양소에 대하여 <표 6-1>과 <표 6-2>에 영양소별 영양섭취기준과 에너지적정비율(AMDR)을 제시하였다. 성별 연령별로 정해진 영양섭취기준 중 평균필요량(EAR)이 있으면 평균필요량(EAR)을 사용하였고, 평균필요량(EAR)이 없으면 충분섭취량(AI)을 활용하였다. 임신부와 수유부의 경우 부가량을 적용하였다.

표 6-1. 식품수급의 영양적 평가를 위한 주요 영양소의 영양섭취기준(1인 1일당)

구분	연령 (세)	에너지 (Kcal)	단백질(g)	칼슘 (mg)	철 (mg)	비타민A (μgR.E)	티아민 (mg)	리보플라빈 (mg)	비타민 C (mg)
영아	0-5개월	500	10*	250*	0.3*	350*	0.2*	0.3*	40*
	6-11개월	600	12	300*	4	450*	0.3*	0.4*	55*
유아	1-2	900	15	400	4.5	190	0.4	0.4	30
	3-5	1400	20	500	5	230	0.4	0.5	35
남자	6-8	1700	30	600	7	310	0.5	0.7	40
	9-11	2000	40	650	8	410	0.7	0.9	55
	12-14	2500	50	800	11	530	0.9	1.2	70
	15-18	2700	55	750	11	620	1.1	1.4	80
	19-29	2600	50	650	8	570	1	1.3	75
	30-49	2500	50	650	8	560	1	1.3	75
	50-64	2200	50	600	8	530	1	1.3	75
	65-74	2000	50	600	7	510	0.9	1.2	75
	75이상	1900	50	600	7	500	0.9	1.1	75
여자	6-8	1500	30	600	7	290	0.6	0.6	40
	9-11	1800	40	650	8	390	0.8	0.8	55
	12-14	2000	45	750	12	480	0.9	1	70
	15-18	2000	45	700	11	450	0.9	1	80
	19-29	2000	45	550	11	460	0.9	1	75
	30-49	1900	40	550	11	450	0.9	1	75
	50-64	1700	40	600	6	430	0.9	1	75
	65-74	1600	40	600	6	410	0.8	0.9	75
75이상	1500	40	600	5	410	0.7	0.8	75	
임산부	0/+340/+450**	0/12/25**	0	8	50	0.4	0.3	10	
수유부	+340	20	0	0	350	0.3	0.4	35	

주 1) *표시된 수치는 충분섭취량(AI)이며, 다른 수치는 평균 필요량(EAR)임.

2) **표시된 수치는 임신 3분기별 영양섭취기준

자료: 한국영양학회, 한국인의 영양섭취기준(2020년)

표 6-2. 한국인영양섭취기준 중 식품수급평가에 사용된 에너지적정비율

영양소/연령	1~2세	3~19세	20세 이상
탄수화물	55-65%	55-65%	55-65%
단백질	7-20%	7-20%	7-20%
지방	20-35%	15-30%	15-30%

6.3. 식품수급의 영양 평가

6.3.1. 평균영양권장량의 산출

1) 총인구 및 분포

2022년도 총 인구는 통계청에서 작성한 인구총조사 자료를 활용하였고, 2022년도의 추계 인구는 51,665,660명이며 총 인구의 연령별 구분은 <표 6-3>에 제시하였는데, 한국인영양 섭취기준 연령구분에 따랐다.

표 6-3. 2022년도 연령별, 성별 추계인구 및 인구구성비

성별	연령	인구 수	인구구성비
영아	0~5개월	129,897	0.25
	6~11개월	129,899	0.25
유아	1~2세	567,049	1.10
	3~5세	1,051,671	2.04
남자	6~8세	665,056	1.29
	9~11세	719,949	1.39
	12~14세	704,596	1.36
	15~18세	931,100	1.80
	19~29세	3,806,667	7.37
	30~49세	7,734,422	14.97
	50~64세	6,368,787	12.33
	65~74세	2,490,737	4.82
	75세 이상	1,432,723	2.77
여자	6~8세	633,773	1.23
	9~11세	682,587	1.32
	12~14세	663,487	1.28
	15~18세	869,446	1.68
	19~29세	3,414,681	6.61
	30~49세	7,235,534	14.00
	50~64세	6,382,835	12.35
	65~74세	2,737,879	5.30
75세 이상	2,312,885	4.48	
계		51,665,660	100.00

자료: 2022추계인구(통계청)

2) 임신부와 수유부의 수

총인구 중 임신부의 인구비율은 FAO/WHO 영양필요량 공동위원회의 측정법을 사용하였는데, 임신부의 수는 12개월 미만 영아의 수인 249,186명에 1.1배하여 274,104명으로 추산했으며, 수유부는 가장 최근 조사된 제8기 국민건강영양조사(2019-2021)의 6개월 모유수유율이 39.8%이므로 0-12개월 영아수의 39.8%, 즉 109,093명으로 추산하였다. 연령별 임신부와 수유부의 비율은 2022년 통계청 인구동향조사의 연령별 출산율 통계를 활용하여 배분하였다.

3) 평균영양권장량의 계산방법

2022년 평균영양권장량은 가장 최근 개정된 2020년 한국인영양섭취기준의 성별연령별 영양소별 영양섭취기준값에 2022년도 추계인구와 연령별 출산율을 활용한 인구구성비를 가중하여 계산하였다<표 6-4>. 월령별 영아(12개월 미만)와 임신주기 별 임신부의 분포는 구간별로 동일하게 분포된 것으로 계산하였다. 산출된 2020년 한국인 1인 1일 평균영양권장량은 <표 6-4>에 제시하였고, 모든 영양소는 정수나, 유효숫자 세 자리로 정리하여 표시하였다.

6.3.2. 연도별 평균영양권장량 추이

한국인 평균영양권장량의 변화를 보면 <표 6-4>와 같다. 한국인 평균영양권장량은 영양섭취기준과 인구구성의 변화를 반영하여 산출되는 값으로 이번 수급표 작성을 위해서 2022년 인구분포와 2020년 한국인영양소섭취기준을 반영하여 산출하였다. 대부분의 영양소에서 전년도와 유사한 권장량이 산출되었으나, 에너지, 칼슘 등 일부 영양소의 영양권장량은 2021년보다 약간 증가하였다.

표 6-4. 1인 1일당 평균영양권장량의 연도별 비교

영양소	1인 1일당 평균영양권장량												
	1985	1990	1995	2000	2005	2010	2016	2017	2018	2019	2020	2021	2022
에너지(kcal)	2,100	2,100	2,101	2,106	2,040	2,042	2040	2,043	2,058	2,056	2,043	2025	2038
단백질(g)	65	65	63	58	36	37	42	43	43	43	44	44	44
칼슘(mg)	600	630	712	708	583	578	583	583	588	587	606	605	609
철(mg)	14	13	14	13	8.7	8.2	8.1	8.1	8.2	8.1	8.2	8.2	8.3
비타민 A(R.E.)	660	650	653	659	456	458	472	474	478	477	479	480	483
티아민(mg)	0.8	1.1	1.1	1.1	0.89	0.90	0.91	0.91	0.92	0.92	0.9	0.9	0.91
리보플라빈(mg)	1.1	1.3	1.3	1.3	1.08	1.09	1.10	1.10	1.1	1.1	1.09	1.09	1.1
비타민 C(mg)	50	52	52	67	70	71	69	72	72	72	72	73	73

주: 2005년부터 한국인영양섭취기준 이용, 그 이전 연도는 한국인 영양권장량 이용.

6.3.3. 연도별 영양공급량과 평균영양권장량의 비교

영양공급량의 경우 섭취량은 아니기 때문에, 국민의 영양 상태를 평가하는 자료로 쓰일 수는 없으나, 지속적으로 산출하면 추이변화를 관찰할 수 있으므로 영양 및 식품 정책 수립 시 의미있는 자료로 활용할 수 있을 것이다. 우리나라의 1인 1일당 영양공급량은 <표 6-5>에서 볼 수 있는 바와 같이 거의 모든 영양소에서 크게 변동은 없는 것으로 보인다. 또한 영양공급량과 평균영양권장량의 비율을 산출한 결과 거의 모든 영양소에서 권장량에 비해 공급량이 충분한 것을 확인할 수 있다. 그렇지만 공급되는 영양소의 양은 유통과정, 저장과정, 조리과정 중에 감소가 일어나므로 적절한 공급과정을 거쳐 우리 국민의 영양섭취가 적절하게 이루어질 수 있도록 식품의 생산과 공급, 유통 등 식품순환의 전 과정에서 충분한 섭취를 지원할 수 있도록 고려해야할 것으로 보인다.

6.3.4. 다량영양소의 에너지 공급비율

다량영양소의 에너지 공급 비율이 적정한가를 보기 위하여 공급 비율을 살펴보았다<표 6-7>. 지방으로부터 에너지 공급비율은 지속적으로 증가하다가 2021년에 비하여 2022년에 약간 감소하였고 탄수화물로부터 에너지 공급비율도 2021년에 비해 2022년에 늘어 트렌드의 변화가 있었으며, 이런 변화가 일시적일 것인지, 지속적인 것일지 향후 주목할 필요가 있겠다.

표 6-5. 1인 1일당 영양공급량 추이 연도별 비교

영양소	1985	1990	1995	2000	2005	2010	2016	2017	2018	2019	2020	2021	2022
에너지(kcal)	2,687	2,853	2,959	3,010	2,983	2,841	2,860	2,983	3,010	3,063	3,024	3,141	3,091
단백질(g)	87	89	97	97	98	97	105	112	112	112	111	113	113
지방(g)	52	72	77	83	89	77	99	104	109	119	117	122	116
칼슘(mg)	413	495	573	660	646	649	717	777	776	774	803	804	795
철(mg)	27	27	25	16	17	17	22	23	23	23	23	24	24
비타민A(R.E.)	915	1,290	1,309	1,352	1,243	1,179	1,143	1,172	1,219	1,303	1,307	1,316	1,278
티아민(mg)	1.7	1.9	1.9	1.9	1.9	1.9	2.1	2.2	2.3	2.2	2.2	2.2	2.3
리보플라빈(mg)	1.2	1.5	1.5	1.6	1.6	1.6	2.3	2.4	2.4	2.4	2.4	2.5	2.5
비타민 C(mg)	96	124	146	163	124	124	74	79	81	80	77	77	74

표 6-6. 1인 1일당 평균영양권장량과 영양공급량 비율 추이

영양소	1985	1990	1995	2000	2005	2010	2016	2017	2018	2019	2020	2021	2022
에너지	1.28	1.36	1.41	1.43	1.48	1.39	1.40	1.46	1.47	1.49	1.48	1.56	1.52
단백질	1.34	1.37	1.54	1.71	2.75	2.62	2.50	2.60	2.60	2.60	2.52	2.57	2.57
칼슘	0.69	0.79	0.80	0.92	1.13	1.12	1.23	1.33	1.33	1.32	1.33	1.33	1.31
철	2.21	2.08	1.79	1.23	1.95	2.07	2.72	2.84	2.84	2.84	2.80	2.93	2.89
비타민 A	1.39	1.98	2.00	2.00	2.61	2.57	2.42	2.47	2.57	2.73	2.73	2.74	2.65
티아민	2.13	1.73	1.73	1.73	2.13	2.11	2.31	2.42	2.53	2.39	2.44	2.44	2.53
리보플라빈	1.09	1.15	1.15	1.23	1.48	1.47	2.09	2.18	2.18	2.18	2.20	2.29	2.27
비타민 C	1.92	2.38	2.81	2.19	2.19	1.59	1.07	1.10	1.13	1.11	1.07	1.05	1.01

표 6-7. 에너지의 영양소별 공급비율

영양소	2015 한국인영양섭취기준 에너지적정비율(%)	2010년 공급비율	2014년 공급비율	2015년 공급비율	2016년 공급비율	2017년 공급비율	2018년 공급비율	2019년 공급비율	2020년 공급비율	2021년 공급비율	2022년 공급비율
탄수화물	55 - 65	58.6	57.8	58.8	58.2	54.4	52.5	50.4	50.5	50.7	51.6
단백질	7 - 20	13.0	13.4	13.6	13.6	15.2	14.9	14.7	14.7	14.4	14.6
지방	15 - 30	28.3	28.8	27.6	28.2	31.9	32.6	34.9	34.8	35.0	33.8

제 7 장

국민 영양섭취량 조사결과

1인 1일당 영양소 섭취량 추이
1인 1일당 식품군별 섭취량 추이

7.1. 영양소 섭취량 추이

2022년 국민건강영양조사에 따르면 우리 국민의 에너지 섭취량은 1인 1일 평균 1,808.9 kcal을 섭취하고 있었고, 에너지 섭취 중 단백질의 비율은 15.8%로 나타났다. 2021년 대비 2022년 국민건강영양조사 영양소 섭취량 산출 결과를 살펴보면, 에너지 섭취량이 감소하였고, 지속적으로 증가하던 지방 섭취량이 2021년에 약간 줄었다가 다시 2022년에 증가한 것으로 나타났다.

7.2. 식품군별 섭취량 추이

2022년 국민건강영양조사에 따르면 우리 국민의 1인 1일 식품 총 섭취량은 1398.7g으로, 2021년도와 비교하였을 때 전반적으로 모든 식품군의 섭취량이 감소하였는데 2021년에 크게 감소하였던 조미료 및 주·음료류의 섭취량이 다시 크게 증가한 것이 특이적으로 보인다.

7.1. 1인 1일당 영양실취량 추이

영양소	1994	1998	2001	2005	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
에너지 (kcal)	1,770	1,931	1,881	1,979	1,831	1,868	1,846	2,055.8	2,029.9	1,994.2	2,056.2	2,055.0	2,085.6	2,027.8	1,991.9	1,988.4	1,926.0	1,877.4	1,837.0	1,808.9
단백질 (g)	71.9	72.8	70.1	75.0	65.9	66.7	67.5	74.3	73.5	72.4	71.1	71.6	73.2	72.8	71.6	71.1	71.6	70.3	70.4	69.0
지방 (g)	35.9	40.8	41.6	45.2	37.7	38.9	39.9	45.4	45.0	45.2	46.8	47.8	48.9	47.1	46.8	46.9	49.7	50.6	48.4	49.3
탄수화물 (g)	286	314	285	301	294	299	306	323.1	318.4	311.6	310.4	308.5	312.1	300.9	295.2	289.7	274.5	264.4	261.7	255.3
칼슘 (mg)	556	501	495	553	469	488	491.5	525.3	515.2	501.5	494.1	488.7	497.5	519.1	520.7	514.1	490.4	481.5	489.1	491.7
철 (mg)	220	12.3	12.1	13.8	13.1	13.4	13.5	14.6	14.6	14.5	17.2	17.3	16.9	11.9	11.8	11.6	9.4	9.3	9.6	9.2
비타민 A (μgRE)	411	607	619	781	736	771	768.5	800.0	812.5	863.8	707.3	767.2	720.1	388.5	372.5	373.0	383.0	383.7	394.4	385.2
비타민 B ₁ (mg)	1.12	1.30	1.30	1.30	1.20	1.20	1,260.1	1,394.0	1,361.2	1,338.9	2,011.5	2,012.9	2,014.6	1,360.0	1,326.3	1,328.8	1,174.1	1,136.7	1,141.4	1,094.3
비타민 B ₂ (mg)	1.19	1.10	1.10	1.20	1.10	1.20	1,189.4	1,292.0	1,278.2	1,281.4	1,363.1	1,387.8	1,404.7	1,589.2	1,580.1	1,603.4	1,580.8	1,585.6	1,574.6	1,562.2
나이아신 (mg)	166	154	166	170	147	151	155	171	170	169	158	164	166	135	134	131	124	122	125	121
비타민 C (mg)	93.5	122.7	133.2	99.1	98.2	100.1	100.4	105.1	103.9	105.3	91.4	98.7	97.2	61.7	62.5	60.4	66.5	61.2	66.9	68.7
단백질에너지섭취분율%	16.2	14.9	15.1	15.5	14.7	14.6	14.6	14.6	14.6	14.7	14.4	14.5	14.5	15.0	15.0	15.1	15.5	15.5	15.8	15.8
탄수화물에너지섭취분율%	64.6	66.8	65.7	64.2	67.1	67.1	66.8	66.2	66.0	65.6	65.2	64.6	64.7	64.2	63.9	63.3	61.4	60.5	60.7	59.6

* 비타민 A는 1990년까지는 IU, 이후로 2015년까지 레티놀 당량(RE)으로 산출해왔으나, 영양소 섭취기준이 레티놀 활성 당량(Retinol Activity Equivalents, RAE)으로 변경됨에 따라 2016년부터 레티놀 활성 당량으로 산출
 자료: 연도별 「국민건강통계」, 질병관리본부.

7.2. 1인 1일당 식품군별 섭취량 추이

단위: g

식품군	1994	1998	2001	2005	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
곡	310.4	336.0	287.5	314.5	290.0	293.6	294.6	315.3	309.8	300.8	298.2	293.7	300.0	291.3	288.1	287.5	269.8	267.2	261.5	251.3
서	19.0	35.2	26.5	20.2	34.3	37.4	37.3	33.7	35.4	32.2	39.3	40.6	37.4	36.7	34.0	28.6	33.8	32.5	33.4	31.6
당	-	7.3	10.9	7.3	8.1	7.7	7.7	9.7	10.5	10.1	12.3	11.6	12.3	10.6	10.6	9.9	10.3	8.8	9.9	9.4
두	33.9	30.5	31.5	38.7	37.7	37.1	35.4	36.2	39.1	36.8	37.4	35.8	34.8	34.2	33.6	34.1	33.8	34.2	41.9	41.8
중	-	2.9	2.6	4.2	2.4	2.7	2.7	4.3	4.9	4.6	6.4	7.8	7.6	6.3	6.6	5.7	5.6	5.7	6.0	5.6
채	275.7	283.6	295.3	330.4	283.4	302.2	295.6	305.9	300.3	297.7	304.8	313.9	296.8	284.3	287.4	271	274	267.9	272.0	260.3
과	122.2	197.8	207.2	87.5	177.4	165.7	169.5	193.1	174.3	174.3	171.7	190.5	198.3	179.5	161.7	139.4	145	131.3	127.6	138.0
육	55.7	67.8	91.4	89.8	88.6	83.7	86.1	105.0	105.4	110.1	112.7	108.1	109.6	121.5	118.8	121.8	126.2	130.4	126.0	113.6
계	20.0	22.4	21.1	25.8	21.9	23.2	24.9	26.4	25.9	24.8	27.9	27.1	28.9	31.2	25.7	30.2	34	33.1	33.0	35.8
우	65.7	86.9	84.6	90.5	90.6	98.1	101.2	116.4	108.8	107.9	111.4	102.3	101.6	101.3	104.6	106.9	100.5	96.2	102.7	102.6
어	82.6	65.4	63.6	67.7	52.7	52.7	50.4	56.3	55.5	49.2	71.4	89.3	96.3	98.8	105.1	97.4	98.2	88	87.5	46.0
해	7.4	7.7	9.0	8.5	6.3	5.4	4.8	4.6	3.8	4.9	12.7	22.4	27.5	27.9	27.7	25.3	26	25.4	24.9	3.9
조미료, 주·음료류	53.5	117.4	142.1	179.2	191.5	201.1	224.5	287.5	272.4	271.0	326.7	328.9	349.4	348.3	349.2	340.0	345.4	341.2	322.0	351.1
유	7.7	7.6	9.8	9.1	7.4	7.9	7.6	8.4	8.6	8.0	8.7	8.7	8.8	7.0	6.9	6.7	6.8	6.5	6.7	6.6
기	12.9	3.2	5.3	0.3	0.5	0.3	0.5	2.5	3.2	3.0	2.0	1.6	0.9	0.3	0.6	0.7	0.9	0.9	1.0	1.1
총	1,067.0	1,271.7	1,288.5	1,273.6	1,292.9	1,318.8	1,343.2	1,505.3	1,457.8	1,435.5	1,543.8	1,582.3	1,610.2	1,579.5	1,560.6	1,505.2	1,516.7	1,475.5	1,463.1	1,398.7

자료: 연도별 「국민건강통계」, 질병관리본부.

제 8 장

주요 식품 자급률표

2022년도 주요 식품 자급률표
Self sufficiency rate of each group, 2022

식 품 명 Products	국내 생산량 Production	국내 소비량 ²⁾ Domestic consumption	자 급 률 ³⁾ Self sufficiency rate
1. 곡 류 Cereals¹⁾	4,098.0 천톤	20,595.0 천톤	19.9%
쌀 Rice	3,882.0	4,034.0	96.2
보 리 Barley	68.0	265.0	25.7
밀 Wheat	35.0	4,653.0	0.8
옥 수 수 Maize	95.0	11,334.0	0.8
2. 서 류 Starchy Roots	827.0	885.0	93.4
3. 두 류 Pulses	138.7	1,559.5	8.9
콩 Soybean	111.0	1,445.0	7.7
4. 종 실 류 Oil Crops	52.8	145.8	36.2
5. 채 소 류 Vegetables	8,551.3	9,993.4	85.6
6. 과 실 류 Fruit	2,206.1	2,862.2	77.1
7. 육 류 Meat	2,778.0	3,783.8	73.4
쇠 고 기 Bovine Meat	290.0	766.8	37.8
돼 지 고 기 Pig Meat	1132.0	1,535.7	73.7
닭 고 기 Poultry Meat	618.0	743.3	83.1
8. 계 란 류 Eggs	706.9	711.4	99.4
9. 우 유 류 Milk	2,007.3	4,414.9	45.5
10. 어 패 류 Fishes and Shellfishes	1,863.8	3,575.3	52.1
11. 해 조 류 Seaweeds	1,736.9	1,396.3	124.4
12. 유 지 류 Oils and Fats	17.3	1,352.3	1.3

주 1) 기타 곡물(호밀, 조, 수수, 메밀 등) 포함.

2) 국내소비량 = 식용 + 가공용 + 사료용 + 종자용 + 감모량.

3) 자급률 = 국내생산량 / 국내소비량 × 100(%)

공급영양소 자급률표
Annual self sufficiency rate of nutrient supply

연 도	공 급 에 너 지 Energy supply	공 급 단 백 질 Protein supply	공 급 지 방 Fat supply
1990	62.6	67.8	30.3
2000	50.6	52.8	21.4
2001	49.2	51.9	20.3
2002	49.6	50.4	20.4
2003	45.6	47.4	19.2
2004	46.6	46.9	18.6
2005	45.4	47.0	18.1
2006	44.9	46.3	17.6
2007	44.1	46.5	17.7
2008	45.8	49.4	18.2
2009	47.3	49.5	17.6
2010	46.8	47.6	16.7
2011	38.8	44.2	14.6
2012	38.7	43.7	14.5
2013	41.7	44.8	16.7
2014	41.8	44.8	15.8
2015	42.5	43.9	16.0
2016	37.0	41.9	23.0
2017	36.6	42.4	21.8
2018	35.1	43.2	21.4
2019	34.7	43.4	21.1
2020	33.9	42.0	21.1
2021	32.0	41.3	19.6
2022	32.9	41.1	20.4

- 주 1) 자급률 = 1인 1일당 국내산 공급에너지(단백질, 지방) / 1인 1일당 순식용 공급에너지(단백질, 지방)×100
 2) 육류의 경우 사료자급률을 고려함.
 3) 물량기준 자급률이 100%를 넘는 경우도 그대로 곱함.

연도별 주요식품 자급률 추이

단위: %

식품명	연 도	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006
		1. 곡 류¹⁾	34.4	28.3	30.0	26.8	31.7	32.7	30.1	30.8	32.2	31.0	28.1	27.6	29.4
쌀		96.8	87.7	91.1	89.9	105.0	104.5	96.6	102.9	102.7	99.2	90.3	94.3	96.0	95.2
보리		74.9	51.0	67.0	73.5	49.3	56.8	67.1	46.9	77.2	60.4	49.8	54.1	56.4	41.7
밀		0.0	0.0	0.3	0.4	0.2	0.1	0.1	0.1	0.1	0.2	0.3	0.4	0.2	0.2
옥수수		1.4	1.4	1.1	0.8	0.9	1.2	1.0	0.9	0.8	0.7	0.8	0.8	0.9	0.8
2. 서 류		99.7	95.0	98.7	99.7	99.2	99.4	98.5	98.9	98.6	99.0	97.7	96.6	98.3	98.5
3. 두 류		16.8	14.9	11.7	11.7	10.3	11.1	10.7	8.2	9.2	8.8	8.2	8.0	10.7	14.1
콩		13.8	12.6	9.9	9.9	8.6	9.4	9.1	6.8	7.7	7.3	7.3	7.1	9.8	13.6
4. 증 실 류		35.4	40.9	44.7	42.1	43.7	44.7	41.6	34.2	43.6	37.5	24.3	23.9	29.6	27.7
5. 채 소 류		98.4	97.8	99.2	98.7	97.0	97.8	97.4	97.7	98.3	97.7	94.7	95.0	94.5	92.2
6. 과 실 류		92.1	92.1	93.2	92.6	92.0	94.3	91.1	88.7	88.9	89.1	85.0	85.2	85.6	82.6
7. 육 류		93.1	91.0	89.2	90.8	92.1	96.4	86.1	83.9	81.0	82.0	81.2	83.5	81.6	78.7
쇠고기		55.6	54.6	50.8	53.8	65.3	76.4	57.8	53.2	42.3	36.6	36.3	44.2	48.1	47.8
돼지고기		100.9	98.3	96.6	99.3	100.1	104.6	92.9	91.6	90.8	96.9	93.8	87.4	83.7	77.4
닭고기		99.4	99.2	98.1	97.6	93.1	94.0	84.1	79.9	76.1	76.0	76.7	90.2	84.3	83.8
8. 계 란 류		100.4	99.6	99.9	100.0	100.2	99.8	100.0	100.0	100.0	100.0	100.0	100.0	99.3	99.4
9. 우 유 류		93.2	92.9	93.3	83.1	81.8	89.0	81.6	81.2	78.9	81.0	81.0	74.2	72.8	72.4
10. 어 패 류		110.7	106.7	100.4	97.2	98.3	112.5	102.2	87.7	77.9	63.8	61.7	55.7	60.0	60.1
11. 해 조 류		125.4	134.0	122.2	126.7	119.4	132.1	129.4	132.6	118.5	121.3	141.5	137.4	131.0	117.7
12. 유 지 류		7.3	3.8	4.8	5.3	4.1	4.5	3.3	3.2	2.4	3.5	2.4	2.2	2.8	1.8

주 1) 기타 곡물(호밀, 조, 수수, 메밀 등) 포함.

Annual food self sufficiency rate

Unit: %

2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	Year	Products
27.9	28.3	30.2	28.1	24.6	23.7	23.2	24.1	24.0	24.4	24.0	21.9	21.2	20.2	18.5	19.9	1.	Cereals
92.5	94.3	101.1	104.5	83.3	86.6	89.2	95.4	101.0	102.6	94.6	82.5	82.3	90.8	84.6	96.2		Rice
50.8	38.6	45.4	24.3	22.3	16.4	19.2	24.7	21.9	23.3	24.9	31.3	46.1	36.5	31.4	25.7		Barley
0.2	0.4	0.5	0.9	1.0	0.7	0.4	0.6	0.7	0.9	0.9	0.7	0.5	0.5	0.7	0.8		Wheat
0.7	1.0	1.2	0.9	0.9	0.9	1.0	0.8	0.8	0.8	0.8	0.7	0.7	0.7	0.8	0.8		Maize
98.3	98.1	98.4	98.4	96.4	95.1	95.7	95.3	93.6	93.4	94.2	94.3	94.4	94.6	94.2	93.4	2.	Starchy Roots
11.8	9.3	10.7	11.0	9.3	11.3	10.7	12.4	10.8	8.2	7.0	7.5	8.3	8.8	7.2	8.9	3.	Pulses
11.2	8.6	9.9	10.1	7.9	10.3	9.7	11.3	9.4	7.0	5.4	6.3	6.6	7.5	5.9	7.7		Soybean
30.3	36.3	29.7	30.7	30.0	30.5	26.3	31.6	35.4	37.5	40.1	37.4	34.3	34.9	31.8	36.2	4.	Oil Crops
90.2	91.5	93.7	90.7	90.4	89.5	89.8	90.8	87.7	86.6	86.4	87.2	87.2	86.4	87.3	85.6	5.	Vegetables
83.5	84.4	87.0	81.0	78.5	76.1	78.7	79.6	78.8	78.9	77.0	75.4	74.5	73.2	74.2	77.1	6.	Fruit
78.2	78.6	77.5	78.6	68.8	77.3	79.5	76.0	76.3	73.9	76.4	75.2	76.7	76.8	75.5	73.4	7.	Meat
46.4	47.6	42.2	43.2	42.8	48.2	50.1	48.1	46.0	38.9	41.0	36.3	36.5	37.2	36.8	37.8		Bovine Meat
75.8	76.5	78.9	81.0	61.4	78.2	81.5	74.1	72.8	71.8	72.5	71.6	73.9	77.2	76.4	73.7		Pig Meat
87.7	86.4	87.1	83.4	80.6	80.0	81.6	81.6	86.6	85.1	88.7	89.9	91.1	88.2	86.9	83.1		Poultry Meat
99.4	99.7	99.8	99.7	99.5	99.6	99.7	99.6	99.7	99.7	98.4	99.4	99.4	99.4	94.9	99.4	8.	Eggs
70.8	72.3	70.5	66.3	53.4	61.5	58.6	59.0	56.6	54.7	50.8	49.8	49.4	47.9	46.4	45.5	9.	Milk
65.3	72.3	72.8	68.1	74.4	64.7	61.8	60.7	57.9	50.5	53.8	51.2	48.9	49.8	51.0	52.1	10.	Fishes and shellfishes
110.7	115.4	116.5	119.8	122.2	123.5	124.0	121.6	121.5	121.9	118.1	119.1	121.0	119.5	121.6	124.4	11.	Seaweeds
1.7	2.2	1.7	1.8	1.3	1.3	1.5	1.5	1.7	1.8	1.5	1.2	2.4	2.4	1.1	1.3	12.	Oils and Fats

제 9 장

국 제 통 계

국별 주요 식품 자급률
1인 1일당 식품공급량
1인 1일당 영양공급량과 구성비
식품별 에너지 공급량
식품별 단백질 공급량
식품별 지방질 공급량

9.1. 국별 주요 식품 자급률
Comparison of food self sufficiency rate by nation

단위: %

국명 Nation	연도 Year	곡류 Cereals	서류 Starchy Roots	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	우유류 Milk	어패류 Fishes and Shellfishes	유지류 Oils and Fats
한국 Korea, Republic of	2020	23.4	64.7	10.4	102.5	77.4	68.1	109.6	91.1	59.3	21.1
일본 Japan	2020	31.1	87.7	5.4	89.5	57.5	61.2	101.5	95.4	51.6	64.9
미국 USA	2020	72.9	87.1	52.0	44.2	14.6	76.8	92.5	88.3	53.4	51.2
영국 United Kingdom	2020	121.5	107.6	169.6	89.4	61.8	114.3	106.1	102.4	62.6	89.9
캐나다 Canada	2020	196.1	162.3	236.0	60.9	24.5	152.0	97.0	96.5	86.0	222.2
덴마크 Denmark	2020	111.1	141.3	74.1	46.1	14.7	509.7	83.3	167.5	468.4	72.9
프랑스 France	2020	171.9	173.0	85.4	82.5	71.2	104.4	98.7	110.2	30.4	91.2
독일 Germany	2020	105.1	136.1	29.5	44.2	33.4	116.9	72.2	107.6	26.6	94.1
이탈리아 Italy	2020	63.7	58.5	55.0	202.5	108.1	81.6	96.0	90.9	16.4	41.8
스페인 Spain	2020	71.4	62.3	77.2	271.3	154.9	156.7	120.8	85.8	57.0	69.8
스웨덴 Sweden	2020	144.6	94.3	71.6	38.4	6.6	76.1	102.8	80.3	68.7	31.1
스위스 Switzerland	2020	50.7	97.0	56.0	49.1	40.4	84.1	67.3	99.9	2.4	51.4

주 1) 두류에는 종실류 및 견과류가 포함됨.

2) 어패류에는 해조류가 포함됨.

9.2. 1인 1일당 식품공급량

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
한 국(Korea, Republic of)											
1979-81	679	55	33	33	532	99	39	17	140	31	16
1982-84	679	40	33	33	500	120	47	18	149	40	19
1984-86	660	31	41	28	492	127	50	19	172	47	23
1986-88	638	28	51	29	478	135	49	22	193	49	27
1989-91	545	40	84	22	495	193	71	23	156	58	32
1992-94	512	43	88	28	511	229	100	25	224	58	35
1995-97	466	45	97	38	512	257	106	25	139	58	35
1998-00	448	48	95	38	596	173	118	26	164	70	40
2001-03	415	42	101	41	594	183	136	29	154	77	43
2004-06	401	49	103	41	613	198	137	28	152	70	50
2007-09	394	46	98	43	600	209	152	30	155	70	54
2010-13	410	51	103	45	563	184	170	30	155	73	61
2014-17	520	42	106	40	535	148	179	33	151	24	62
2018-20	422	49	136	42	541	138	215	34	153	26	76
2020	424	50	133	44	526	129	215	33	151	24	78
북 한(Korea, Dem. People's Rep.)											
1979-81	823	215	16	64	283	123	29	15	93	8	8
1982-84	838	216	17	58	300	137	31	15	105	9	9
1984-86	831	227	16	60	316	146	33	16	113	10	10
1986-88	853	230	15	62	323	152	34	16	113	10	10
1989-91	522	218	31	64	462	170	36	17	116	10	13
1992-94	425	175	32	60	396	169	34	16	119	10	12
1995-97	471	46	6	53	338	164	18	10	127	9	15
1998-00	407	148	6	60	404	150	23	11	24	10	13
2001-03	422	171	8	68	437	160	31	15	23	11	14
2004-06	418	192	7	47	405	153	39	15	22	15	15
2007-09	396	160	14	46	396	149	37	16	31	13	15
2010-13	410	168	12	41	350	158	38	13	26	11	17
2014-17	495	169	12	40	346	163	38	13	30	8	17
2018-20	495	89	12	38	338	166	38	12	30	8	19
2020	503	81	12	38	336	163	37	12	30	8	22
일 본(Japan)											
1979-81	469	92	76	39	309	179	88	45	193	153	39
1982-84	465	96	70	41	306	167	93	46	193	159	42
1984-86	459	101	69	40	307	159	98	47	200	162	41
1986-88	449	105	69	44	305	168	106	50	201	168	40
1989-91	396	103	92	41	296	157	113	52	196	182	39
1992-94	400	99	87	40	292	161	118	55	194	187	38
1995-97	362	98	87	37	297	156	120	54	194	187	41
1998-00	319	95	79	36	304	138	116	53	183	184	41
2001-03	315	92	79	37	294	150	124	52	179	181	44
2004-06	322	90	79	36	294	159	125	52	165	214	48
2007-09	316	89	79	35	284	151	127	53	155	206	47
2010-13	298	84	74	34	279	142	134	52	142	198	46
2014-17	387	69	74	31	256	93	130	53	128	129	45
2018-20	372	68	75	33	261	92	141	54	126	130	46
2020	360	65	76	33	258	91	146	54	127	128	46

주 1) 2004년 이후는 새로이 개편된 FAO 자료 집계 방식을 따르는 자료를 이용함.

2) 분석 대상은 조식공급량 기준임.

3) 두류에는 콩실류 및 견과류가 포함됨.

4) 어패류에는 해조류가 포함됨.

Comparison of the food supply per capita per day by nation

Unit: g

국 명 Nation (연도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweeten- ers	두 류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
아르헨티나(Argentina)											
1979-81	364	202	106	9	179	281	324	22	18	475	43
1982-84	377	206	107	8	184	228	282	22	15	456	45
1984-86	381	215	115	8	196	222	306	22	18	473	42
1986-88	380	225	107	10	198	215	297	22	20	496	43
1989-91	348	163	110	5	185	200	253	22	16	479	45
1992-94	329	165	117	5	194	254	267	17	22	532	55
1995-97	358	186	125	8	187	275	220	18	27	605	53
1998-00	364	196	124	8	206	265	266	21	23	616	53
2001-03	379	155	118	7	192	242	260	19	23	497	48
2004-06	371	128	133	7	184	219	245	24	21	469	47
2007-09	313	123	131	8	182	199	263	29	19	546	46
2010-13	334	126	131	4	191	206	285	33	17	536	47
2014-17	351	135	128	11	191	223	299	40	18	501	50
2018-20	370	128	127	18	194	215	305	44	19	444	52
2020	380	134	129	22	196	203	302	46	19	444	52
오스트레일리아(Australia)											
1979-81	297	136	138	17	183	242	283	34	39	676	60
1982-84	298	146	132	20	197	247	276	33	42	707	60
1984-86	308	153	132	22	209	277	285	30	44	728	59
1986-88	307	157	132	22	212	256	286	29	43	704	63
1989-91	248	165	123	26	216	267	323	26	49	727	52
1992-94	238	161	129	25	206	288	318	21	50	747	55
1995-97	238	161	135	45	225	257	287	23	52	698	69
1998-00	233	160	122	37	255	244	300	17	59	679	72
2001-03	231	149	130	30	259	267	327	18	60	715	69
2004-06	230	157	128	30	272	284	303	16	72	610	81
2007-09	251	163	128	39	275	287	314	16	69	618	81
2010-13	240	153	126	45	272	256	320	20	71	626	85
2014-17	260	134	165	30	249	203	329	22	72	584	83
2018-20	261	132	113	44	235	189	320	22	69	616	81
2020	257	130	113	54	222	195	333	21	66	648	77
오스트리아(Austria)											
1979-81	255	164	119	19	238	334	272	40	17	670	101
1982-84	248	167	115	21	195	350	275	38	18	690	107
1984-86	247	168	111	21	197	361	273	39	18	704	109
1986-88	249	168	108	25	206	387	276	40	19	716	108
1989-91	249	172	113	26	204	401	297	37	25	702	107
1992-94	246	153	109	26	210	440	300	37	27	742	107
1995-97	258	165	130	25	254	322	281	38	32	761	101
1998-00	309	177	128	27	265	303	291	36	39	760	96
2001-03	308	174	129	30	255	364	306	35	40	807	96
2004-06	318	168	131	31	265	391	296	36	35	616	104
2007-09	319	170	130	35	273	398	282	38	42	634	118
2010-13	306	157	129	34	289	398	269	38	37	674	129
2014-17	320	155	129	29	260	232	234	38	38	491	87
2018-20	317	155	112	35	261	247	222	39	39	510	96
2020	336	154	101	37	267	244	211	38	39	510	104

9.2. 1인 1일당 식품공급량

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
브라질(Brazil)											
1979-81	376	265	141	57	77	230	100	15	18	218	27
1982-84	387	238	133	59	79	218	90	16	15	222	30
1984-86	390	235	132	56	79	249	85	19	16	240	33
1986-88	394	225	133	53	84	272	98	21	17	247	34
1989-91	316	187	133	58	87	282	135	21	17	260	49
1992-94	319	174	139	64	88	237	149	21	16	262	48
1995-97	296	185	155	65	95	309	169	21	21	322	43
1998-00	293	163	158	81	107	239	201	19	17	316	44
2001-03	305	166	156	95	109	302	220	19	17	318	44
2004-06	318	172	115	96	123	287	214	20	17	330	54
2007-09	313	176	115	97	133	311	230	21	21	350	58
2010-13	315	165	117	96	143	322	256	24	29	407	58
2014-17	350	154	117	82	143	262	267	27	25	398	63
2018-20	344	143	116	70	136	274	274	34	23	404	71
2020	340	145	117	69	131	280	272	35	22	414	76
캐나다(Canada)											
1979-81	254	197	127	32	268	342	281	35	60	607	92
1982-84	258	188	126	34	290	338	275	34	57	613	95
1984-86	265	195	132	35	293	339	279	33	61	608	102
1986-88	265	195	133	35	295	341	285	33	66	607	109
1989-91	247	168	113	33	301	318	266	29	63	612	92
1992-94	257	175	122	43	299	330	266	29	63	559	89
1995-97	278	175	121	42	299	354	251	29	62	559	88
1998-00	291	156	116	47	332	346	274	30	67	571	91
2001-03	308	204	153	47	336	336	276	32	69	564	110
2004-06	325	216	151	49	331	348	265	30	65	558	118
2007-09	321	185	137	53	321	373	264	32	64	561	117
2010-13	309	215	128	63	307	359	252	34	61	547	121
2014-17	295	212	247	52	285	264	247	38	61	405	112
2018-20	316	204	143	54	276	260	252	42	59	447	105
2020	327	191	136	51	273	254	248	41	57	442	106
칠레(Chile)											
1979-81	439	137	104	18	280	190	93	14	64	273	25
1982-84	430	143	96	16	273	179	94	14	49	246	25
1984-86	430	145	97	16	230	142	84	15	53	241	26
1986-88	430	147	101	16	221	139	90	15	52	251	28
1989-91	389	145	107	10	243	165	112	17	65	253	27
1992-94	385	147	120	12	262	200	140	15	92	302	33
1995-97	364	147	127	13	274	189	158	8	47	336	35
1998-00	378	140	131	13	266	172	169	14	58	317	37
2001-03	390	147	129	15	284	130	180	15	39	303	38
2004-06	394	174	119	20	281	151	197	18	58	279	36
2007-09	408	143	117	18	245	172	210	19	59	267	30
2010-13	387	174	133	21	193	163	223	27	35	290	33
2014-17	394	157	131	21	193	163	232	27	32	223	28
2018-20	410	158	121	28	203	168	234	27	40	237	25
2020	403	153	123	30	201	203	228	26	40	245	28

Comparison of the food supply per capita per day by nation

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
중 국(China)											
1979-81	638	253	12	28	180	30	41	7	16	7	9
1982-84	710	214	16	26	189	34	48	9	18	9	12
1984-86	729	188	18	26	210	41	56	12	21	11	14
1986-88	727	167	18	25	225	50	63	14	22	13	15
1989-91	619	160	21	24	223	58	72	18	32	15	17
1992-94	614	161	20	24	235	78	95	26	47	16	18
1995-97	523	171	21	22	386	148	109	39	66	21	22
1998-00	532	198	21	33	521	115	134	43	85	24	27
2001-03	456	209	20	30	698	131	150	44	69	41	32
2004-06	421	203	19	25	772	158	145	45	74	65	27
2007-09	414	179	21	27	858	184	153	49	82	79	29
2010-13	412	186	20	32	925	235	163	51	92	88	27
2014-17	527	181	23	37	965	261	166	53	102	66	28
2018-20	553	188	23	45	1023	274	171	57	109	64	30
2020	556	193	24	46	1026	271	170	59	109	68	31
콜롬비아(Colombia)											
1979-81	283	279	167	22	118	284	96	17	12	188	21
1982-84	304	289	162	25	102	249	92	16	10	213	25
1984-86	303	287	156	25	115	242	93	17	9	216	27
1986-88	297	275	158	26	117	252	93	18	9	226	28
1989-91	263	246	159	32	117	242	114	18	7	265	29
1992-94	279	257	148	35	87	267	103	20	10	293	32
1995-97	265	241	136	32	79	260	95	19	12	310	33
1998-00	266	238	138	30	107	277	92	19	12	317	35
2001-03	274	240	136	32	97	281	96	18	11	297	36
2004-06	293	187	121	28	97	309	109	26	15	344	38
2007-09	291	227	114	27	100	323	123	27	15	359	37
2010-13	247	206	125	27	110	350	132	31	16	302	49
2014-17	334	212	180	30	123	474	155	33	20	314	49
2018-20	351	236	170	31	145	373	165	38	23	302	47
2020	356	259	152	28	140	367	159	41	24	305	48
덴마크(Denmark)											
1979-81	239	209	125	11	164	171	218	37	67	640	111
1982-84	249	205	125	13	190	151	214	39	62	604	101
1984-86	262	204	119	14	216	182	246	40	58	594	94
1986-88	269	197	116	14	222	221	275	41	55	594	90
1989-91	269	-	112	14	212	216	279	39	52	641	98
1992-94	289	-	125	14	238	200	278	43	55	467	100
1995-97	299	110	136	15	236	244	276	42	72	625	95
1998-00	329	225	137	18	274	249	309	40	73	625	92
2001-03	371	215	150	21	283	351	317	46	69	656	93
2004-06	360	217	149	21	274	365	282	53	65	710	87
2007-09	364	212	147	22	285	313	264	50	60	728	89
2010-13	375	166	149	25	313	306	212	43	63	728	88
2014-17	329	160	151	15	267	160	200	44	68	645	66
2018-20	307	168	155	18	269	166	199	42	73	675	76
2020	302	177	162	20	260	166	174	41	72	665	87

9.2. 1인 1일당 식품공급량

단위: g

국 명 Nation (연도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweeten- ers	두 류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
이 집 트(Egypt)											
1979-81	652	61	84	24	341	223	42	4	14	115	40
1982-84	678	62	103	26	345	233	50	6	16	128	43
1984-86	679	65	105	27	377	239	54	7	15	124	48
1986-88	680	71	100	29	422	256	50	7	14	113	52
1989-91	662	68	86	28	337	251	48	6	21	100	32
1992-94	689	73	81	27	345	250	53	5	19	103	30
1995-97	674	68	82	39	363	297	54	6	20	111	27
1998-00	669	64	86	42	490	244	62	6	34	133	23
2001-03	648	63	81	49	485	252	66	6	41	149	24
2004-06	655	81	68	45	550	274	62	7	44	135	20
2007-09	672	95	65	42	614	283	71	9	47	171	21
2010-13	689	113	79	42	569	281	80	11	61	175	24
2014-17	724	93	73	38	469	287	77	11	65	101	18
2018-20	710	94	74	36	412	260	74	9	73	81	25
2020	720	91	75	34	408	256	64	9	74	74	28
핀 란 드(Finland)											
1979-81	265	236	109	6	92	238	169	29	76	904	72
1982-84	263	228	109	6	107	224	173	28	90	895	72
1984-86	274	247	107	7	122	215	177	30	96	850	72
1986-88	277	247	110	8	140	241	180	31	101	853	68
1989-91	251	225	107	9	152	263	183	29	87	903	64
1992-94	248	212	115	8	157	257	172	28	90	881	67
1995-97	266	187	112	11	183	179	177	28	95	96	64
1998-00	297	191	107	10	188	224	182	26	90	993	61
2001-03	297	194	95	11	193	258	187	24	89	970	61
2004-06	299	198	95	12	209	256	199	23	91	929	61
2007-09	295	187	89	13	220	247	206	23	101	1028	62
2010-13	314	180	85	15	233	260	209	25	99	1110	61
2014-17	310	160	110	12	226	192	204	28	93	971	38
2018-20	307	170	128	15	230	197	202	30	92	789	50
2020	292	174	136	19	229	197	196	31	92	708	51
프 랑 스(France)											
1979-81	291	221	110	18	302	180	287	40	67	688	82
1982-84	279	208	109	16	315	208	286	41	68	666	85
1984-86	278	209	110	17	324	212	288	42	71	719	93
1986-88	268	212	111	19	328	211	289	43	73	765	98
1989-91	307	198	96	20	330	226	301	41	81	779	90
1992-94	305	199	100	20	324	239	298	41	78	770	95
1995-97	306	188	104	22	325	258	266	43	77	708	97
1998-00	313	186	112	24	357	247	274	44	87	715	97
2001-03	321	181	111	24	375	268	293	42	85	751	100
2004-06	331	177	111	22	288	303	247	39	94	720	99
2007-09	332	158	111	23	266	312	240	40	93	691	107
2010-13	349	149	105	25	275	304	244	35	93	668	96
2014-17	395	137	105	22	267	236	219	33	90	487	80
2018-20	382	138	100	23	265	231	215	36	92	528	85
2020	383	140	99	23	260	230	214	38	91	544	85

Comparison of the food supply per capita per day by nation

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
독 일(Germany)											
1979-81	251	230	119	16	195	303	264	46	22	571	90
1982-84	257	202	119	17	208	321	263	46	25	588	90
1984-86	269	212	121	18	229	327	287	45	28	599	92
1986-88	269	208	123	18	234	336	297	44	31	616	95
1989-91	269	235	112	28	240	317	270	40	35	621	94
1992-94	258	212	118	28	243	334	248	34	34	624	96
1995-97	269	213	118	26	224	319	230	34	43	659	106
1998-00	270	212	115	25	202	335	234	34	41	641	112
2001-03	294	203	124	26	250	318	234	34	41	695	113
2004-06	312	193	134	27	240	244	231	33	40	691	104
2007-09	298	188	130	28	247	230	241	33	42	724	106
2010-13	305	179	133	30	257	228	238	34	37	704	102
2014-17	315	179	132	21	250	201	228	35	36	446	73
2018-20	280	176	122	22	246	214	219	40	35	534	84
2020	255	184	125	22	250	215	216	42	34	571	86
그 리 스(Greece)											
1979-81	386	199	104	61	620	471	190	31	45	551	68
1982-84	402	199	92	63	644	513	207	31	47	562	71
1984-86	401	188	95	59	678	516	208	30	50	588	72
1986-88	390	199	97	59	551	510	215	30	49	614	75
1989-91	415	207	98	67	621	538	201	32	56	620	84
1992-94	403	218	97	67	615	579	202	31	64	634	83
1995-97	413	183	87	77	654	517	216	28	70	675	90
1998-00	411	194	89	80	771	429	232	28	69	727	86
2001-03	420	188	97	84	724	420	238	25	66	694	83
2004-06	409	198	98	82	724	472	213	25	56	755	80
2007-09	408	200	91	110	648	388	203	25	56	804	81
2010-13	367	189	78	88	619	331	214	26	53	748	86
2014-17	379	175	83	97	444	296	190	27	52	637	86
2018-20	324	149	96	122	422	370	216	25	58	600	91
2020	314	136	105	134	432	392	204	24	60	554	92
인 도(India)											
1979-81	507	54	54	48	145	70	4	2	8	106	18
1982-84	499	53	57	53	146	74	4	2	8	125	20
1984-86	493	53	58	54	150	78	4	3	9	137	20
1986-88	482	51	56	51	148	77	5	3	9	139	21
1989-91	483	54	62	60	172	86	13	4	10	150	21
1992-94	489	57	65	58	176	98	13	4	11	158	22
1995-97	469	61	64	57	146	96	13	4	12	157	24
1998-00	435	66	70	54	168	108	13	4	13	180	27
2001-03	437	66	68	52	191	106	15	4	13	179	33
2004-06	407	70	54	51	161	108	11	5	14	178	28
2007-09	401	77	58	57	189	131	12	6	15	195	30
2010-13	411	85	62	62	226	146	11	7	15	227	32
2014-17	499	81	61	63	238	160	11	8	18	259	25
2018-20	502	82	64	75	245	173	13	10	22	195	33
2020	514	80	59	77	248	174	13	11	22	184	32

9.2. 1인 1일당 식품공급량

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
인도네시아(Indonesia)											
1979-81	575	218	41	119	45	68	11	4	32	15	16
1982-84	638	212	45	107	47	88	12	5	35	18	17
1984-86	641	206	39	113	56	90	14	5	37	13	18
1986-88	674	190	38	113	54	89	16	6	38	10	18
1989-91	559	170	36	111	62	86	23	6	41	12	24
1992-94	561	181	38	110	65	90	26	7	43	16	23
1995-97	564	196	42	142	71	100	28	8	49	18	25
1998-00	558	188	52	117	77	82	22	7	53	20	27
2001-03	548	190	47	129	81	110	27	10	55	21	31
2004-06	488	144	43	82	97	161	28	11	59	27	22
2007-09	504	151	39	82	103	178	31	13	68	29	26
2010-13	527	166	43	70	113	170	36	13	77	38	29
2014-17	705	247	46	69	117	176	33	15	109	13	30
2018-20	675	191	73	57	125	185	45	42	121	13	37
2020	654	200	74	55	130	190	49	43	122	13	39
아일랜드(Ireland)											
1979-81	316	365	141	13	253	172	280	32	42	619	75
1982-84	326	364	135	14	194	185	285	32	38	657	81
1984-86	325	379	136	17	183	186	286	29	42	631	77
1986-88	315	389	145	23	190	191	287	25	48	610	76
1989-91	366	345	112	17	195	182	287	24	39	811	84
1992-94	365	352	118	16	229	185	298	23	46	740	84
1995-97	354	346	123	13	198	202	229	18	55	667	88
1998-00	354	350	126	17	203	205	259	20	45	743	89
2001-03	350	327	118	17	225	309	291	19	57	819	77
2004-06	354	305	103	18	207	316	285	19	61	691	77
2007-09	364	311	111	22	237	415	250	23	62	676	78
2010-13	355	252	125	25	260	392	229	25	61	707	78
2014-17	346	199	230	21	247	178	217	25	60	675	74
2018-20	350	183	231	21	224	198	221	24	63	664	73
2020	326	166	239	20	217	215	217	25	62	654	82
이스라엘(Israel)											
1979-81	387	113	97	49	320	395	165	53	48	555	61
1982-84	378	101	98	56	349	541	172	57	39	571	64
1984-86	371	95	105	57	351	511	158	58	44	585	68
1986-88	368	95	99	59	330	488	148	52	47	599	77
1989-91	384	87	118	63	425	421	166	49	57	559	76
1992-94	377	99	118	56	419	384	172	43	55	533	70
1995-97	379	107	179	59	436	542	177	34	60	542	74
1998-00	422	120	143	58	675	348	190	31	61	581	80
2001-03	413	125	214	59	612	333	255	28	58	574	83
2004-06	420	131	73	61	558	450	278	26	59	507	80
2007-09	416	127	71	65	473	362	272	25	66	514	78
2010-13	410	107	81	64	464	326	269	29	58	518	79
2014-17	397	98	85	50	448	273	265	32	67	467	83
2018-20	388	97	124	53	416	284	281	33	69	477	72
2020	394	87	130	50	420	285	272	32	68	472	72

Comparison of the food supply per capita per day by nation

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
이탈리아(Italy)											
1979-81	503	113	93	29	433	324	211	32	38	707	79
1982-84	438	109	86	27	472	354	219	32	44	742	81
1984-86	445	110	84	30	492	345	222	32	49	762	85
1986-88	446	113	81	35	444	362	230	32	50	761	89
1989-91	441	116	81	35	460	371	243	33	60	711	98
1992-94	422	120	72	36	446	399	247	33	59	678	95
1995-97	432	103	81	37	462	362	232	34	63	695	97
1998-00	438	110	86	42	495	367	247	35	67	729	101
2001-03	444	110	86	41	463	367	257	32	71	689	105
2004-06	435	108	86	44	490	420	242	31	67	718	105
2007-09	428	108	86	42	412	407	248	33	68	705	106
2010-13	429	107	84	45	378	378	238	34	70	699	109
2014-17	444	97	89	44	358	334	209	32	80	505	88
2018-20	425	101	92	52	288	335	201	31	80	519	93
2020	410	103	95	58	259	350	192	31	80	496	100
멕시코(Mexico)											
1979-81	469	37	128	52	81	253	111	21	29	307	32
1982-84	481	34	125	58	85	272	121	22	27	285	35
1984-86	488	33	122	54	85	266	117	25	27	282	38
1986-88	494	30	126	49	81	240	116	26	27	299	39
1989-91	484	37	140	44	105	260	114	30	32	253	39
1992-94	468	35	140	46	95	289	130	32	31	289	41
1995-97	479	37	137	49	95	299	124	32	26	271	42
1998-00	481	43	135	46	158	285	146	40	24	292	38
2001-03	479	46	134	46	157	328	170	44	29	315	35
2004-06	466	48	137	48	182	318	166	46	31	310	39
2007-09	454	49	140	47	172	308	173	50	32	312	39
2010-13	434	45	136	41	153	276	168	48	30	304	39
2014-17	440	46	136	39	178	308	180	53	41	248	35
2018-20	443	46	122	38	185	325	193	56	37	252	34
2020	448	46	119	35	170	330	195	56	37	251	32
네덜란드(Netherlands)											
1979-81	228	232	118	18	182	284	215	34	26	906	105
1982-84	225	235	112	21	202	298	216	39	25	891	104
1984-86	224	249	110	21	207	288	221	38	23	856	110
1986-88	216	241	115	27	197	319	225	34	20	915	109
1989-91	199	242	153	33	196	367	228	31	27	846	79
1992-94	211	243	153	36	190	426	246	36	31	862	70
1995-97	195	236	137	36	207	367	250	44	40	979	69
1998-00	199	233	127	29	232	350	250	49	59	948	69
2001-03	284	220	120	47	409	386	239	38	62	868	73
2004-06	216	228	128	34	255	370	208	49	54	975	70
2007-09	228	255	128	38	254	360	221	37	54	927	67
2010-13	248	255	125	28	223	421	227	40	64	931	54
2014-17	243	250	123	20	172	290	189	56	61	796	61
2018-20	268	218	121	27	213	282	156	57	53	734	73
2020	264	258	130	34	217	295	162	61	60	714	71

9.2. 1인 1일당 식품공급량

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
뉴질랜드(New Zealand)											
1979-81	284	150	146	20	231	233	300	44	69	740	77
1982-84	278	168	142	22	229	259	278	41	105	831	74
1984-86	265	172	146	24	211	297	279	36	113	883	73
1986-88	259	169	152	24	220	337	294	36	113	833	69
1989-91	257	162	149	24	221	280	287	33	56	760	67
1992-94	263	164	151	27	221	292	330	34	45	599	65
1995-97	241	226	132	28	500	343	275	26	63	814	65
1998-00	244	231	157	27	394	305	300	31	82	597	55
2001-03	251	219	163	35	371	323	301	27	75	449	60
2004-06	248	182	159	37	375	301	292	28	72	259	65
2007-09	253	170	161	36	366	322	309	28	72	268	65
2010-13	253	208	138	36	273	367	276	34	67	628	59
2014-17	302	139	154	32	336	187	250	28	66	349	48
2018-20	311	136	163	32	305	164	242	32	72	337	53
2020	312	144	170	33	247	149	233	34	72	280	59
노르웨이(Norway)											
1979-81	287	219	117	14	130	230	152	29	112	871	90
1982-84	278	234	108	15	131	245	140	32	111	846	87
1984-86	287	241	112	16	129	259	147	32	110	845	87
1986-88	326	241	108	17	136	275	155	33	100	797	86
1989-91	316	216	112	14	161	276	145	30	121	738	82
1992-94	324	213	116	14	163	307	155	28	127	698	84
1995-97	352	215	123	15	168	321	163	29	138	736	81
1998-00	352	194	126	15	163	292	158	28	143	723	87
2001-03	356	198	124	15	174	326	172	27	146	738	90
2004-06	343	190	118	19	205	362	179	28	140	713	92
2007-09	343	184	114	19	218	383	183	30	140	713	87
2010-13	334	150	112	32	205	375	186	31	146	718	91
2014-17	323	140	120	27	201	220	185	32	140	468	41
2018-20	324	145	129	49	204	209	188	33	139	466	41
2020	310	152	148	59	210	204	184	34	137	478	40
파키스탄(Pakistan)											
1979-81	468	10	79	16	59	80	27	3	4	198	28
1982-84	455	12	76	17	62	91	28	4	5	193	32
1984-86	441	12	71	17	63	90	29	4	5	194	37
1986-88	417	12	68	16	68	85	31	4	5	201	40
1989-91	415	20	73	17	53	99	35	4	5	267	38
1992-94	426	24	68	16	58	102	38	4	6	283	44
1995-97	406	25	77	21	69	114	39	5	5	312	12
1998-00	429	35	77	22	90	99	34	5	7	421	39
2001-03	405	35	76	21	87	91	36	6	6	427	44
2004-06	373	35	80	20	84	97	35	6	5	437	45
2007-09	370	42	77	24	89	94	39	7	5	465	48
2010-13	389	47	76	23	76	84	43	8	5	492	47
2014-17	414	45	68	19	67	75	43	8	5	469	15
2018-20	394	45	64	16	71	99	49	10	5	322	30
2020	395	45	63	16	73	97	51	10	4	332	30

Comparison of the food supply per capita per day by nation

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
페루(Peru)											
1976-78	320	307	100	20	102	228	68	8	53	199	19
1979-81	341	290	92	20	91	193	65	8	68	183	20
1982-84	349	269	90	22	96	166	72	8	50	172	18
1984-86	353	253	95	22	86	158	70	9	48	169	18
1986-88	365	251	105	22	85	141	81	11	46	181	20
1989-91	276	231	91	18	93	205	72	11	68	124	27
1992-94	292	212	90	18	98	200	76	11	53	130	31
1995-97	313	266	93	27	111	197	53	13	70	146	30
1998-00	338	319	106	32	127	200	59	13	51	145	27
2001-03	338	306	106	32	128	220	67	13	55	135	27
2004-06	344	304	59	30	129	249	51	14	53	140	17
2007-09	345	324	62	34	152	253	57	18	59	150	17
2010-13	350	342	63	40	181	301	60	21	61	171	21
2014-17	434	362	61	36	188	342	64	25	68	148	24
2018-20	422	361	61	40	172	349	146	30	74	154	25
2020	429	361	60	41	158	356	146	30	74	154	27
필리핀(Philippines)											
1976-78	551	142	63	13	42	116	39	15	91	50	13
1979-81	575	175	68	12	42	167	48	13	87	52	12
1982-84	564	121	63	15	38	173	47	13	97	42	11
1989-91	434	107	73	14	175	194	54	14	100	50	16
1992-94	429	89	79	14	173	185	67	13	95	50	18
1995-97	345	103	81	18	185	317	72	19	89	57	18
1998-00	373	96	79	18	169	269	71	18	81	53	21
2001-03	384	83	77	18	170	277	85	18	80	51	19
2004-06	407	77	71	22	162	277	84	12	89	43	18
2007-09	430	83	67	22	176	313	92	12	98	35	20
2010-13	447	85	66	22	177	307	95	12	90	41	22
2014-17	633	48	62	23	171	298	98	11	78	2	21
2018-20	701	51	64	28	168	271	98	13	79	3	23
2020	735	52	65	32	164	277	92	14	80	3	19
포르투갈(Portugal)											
1979-81	434	272	73	28	315	136	138	15	76	288	55
1982-84	437	255	74	29	356	142	136	15	102	365	56
1984-86	434	272	78	29	399	128	131	16	136	362	56
1986-88	445	264	75	36	372	138	138	17	152	377	60
1989-91	357	327	90	35	440	281	186	21	164	462	66
1992-94	362	350	87	34	394	291	215	26	156	510	68
1995-97	347	373	98	28	419	325	218	25	160	509	81
1998-00	360	347	93	30	512	356	245	26	196	547	77
2001-03	363	344	94	34	496	355	252	28	177	604	85
2004-06	367	222	89	32	497	327	235	26	149	584	83
2007-09	369	208	83	30	476	332	256	26	168	599	90
2010-13	360	178	79	119	475	310	247	25	151	573	92
2014-17	371	178	104	25	429	312	248	26	151	357	63
2018-20	358	166	98	38	336	373	257	29	164	388	71
2020	363	160	93	46	359	361	247	28	164	385	76

9.2. 1인 1일당 식품공급량

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
사우디아라비아(Saudi Arabia)											
1979-81	448	27	62	27	221	476	115	15	24	331	39
1982-84	439	24	69	38	284	515	135	21	27	347	41
1984-86	442	23	70	42	259	415	132	23	25	342	38
1986-88	442	22	73	42	234	363	129	22	22	334	38
1989-91	347	30	83	16	313	346	127	14	18	265	45
1992-94	353	36	84	17	290	336	117	14	16	143	41
1995-97	446	43	78	18	297	338	129	13	16	239	41
1998-00	414	55	77	19	285	274	139	13	21	241	44
2001-03	412	50	78	17	255	270	133	12	20	241	47
2004-06	445	53	90	20	286	269	140	12	26	237	46
2007-09	479	51	91	21	258	229	145	12	28	179	43
2010-13	430	41	89	29	270	241	167	14	30	239	62
2014-17	516	39	85	25	177	171	146	18	32	117	68
2018-20	518	49	91	37	188	220	140	24	31	120	62
2020	520	54	93	44	204	240	151	28	32	132	56
남아프리카공화국(Republic of South Africa)											
1979-81	530	53	115	15	134	82	112	12	24	247	26
1982-84	546	64	122	12	130	75	116	13	22	233	27
1984-86	539	67	128	11	127	82	118	12	24	211	29
1986-88	561	63	122	10	127	92	121	12	24	197	32
1989-91	502	73	100	11	115	95	112	12	22	164	34
1992-94	496	71	93	13	115	90	108	13	12	152	35
1995-97	509	86	101	14	130	105	100	16	29	188	39
1998-00	503	80	99	12	121	103	106	16	18	165	36
2001-03	509	78	91	16	119	101	117	16	21	150	41
2004-06	512	84	86	15	112	100	128	17	24	150	40
2007-09	500	89	85	17	117	97	155	19	21	155	39
2010-13	486	100	96	15	121	102	160	19	17	157	39
2014-17	502	89	120	15	115	70	174	17	18	132	36
2018-20	463	94	110	8	105	64	169	19	19	135	48
2020	448	93	112	8	105	61	164	21	18	136	51
스페인(Spain)											
1979-81	312	304	85	41	392	345	201	42	82	427	61
1982-84	313	292	76	40	387	335	221	44	86	428	61
1984-86	316	297	73	42	389	343	222	43	92	443	63
1986-88	316	285	83	44	388	365	233	47	92	437	64
1989-91	283	301	80	44	458	399	263	43	104	418	79
1992-94	281	285	87	46	393	376	277	44	105	436	83
1995-97	281	240	85	52	353	322	276	39	102	449	85
1998-00	275	232	85	50	440	312	310	35	125	447	88
2001-03	272	222	92	53	407	325	334	36	127	454	92
2004-06	262	196	84	63	425	284	294	40	117	463	88
2007-09	268	192	70	85	408	245	282	39	119	431	90
2010-13	269	170	76	55	276	208	259	37	115	475	96
2014-17	311	159	91	42	362	235	267	39	118	421	90
2018-20	312	163	89	64	314	270	288	40	112	436	94
2020	313	160	86	66	292	269	279	41	112	429	97

Comparison of the food supply per capita per day by nation

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
스리랑카(Sri Lanka)											
1979-81	504	94	49	200	92	215	8	5	39	73	10
1982-84	525	108	48	195	123	140	8	5	42	71	12
1984-86	559	94	61	193	158	105	7	5	40	72	13
1989-91	423	62	57	234	87	105	8	7	41	89	8
1992-94	436	48	53	234	86	99	9	7	43	74	7
1995-97	393	53	62	227	93	111	14	6	54	91	7
1998-00	393	52	81	205	93	112	14	7	58	110	8
2001-03	395	43	81	194	91	113	19	7	59	108	9
2004-06	400	41	78	212	92	92	18	6	52	93	10
2007-09	398	47	77	218	108	88	18	7	58	97	9
2010-13	411	52	76	215	114	99	18	9	71	104	9
2014-17	582	57	77	233	133	142	18	12	84	27	10
2018-20	637	56	87	211	159	121	30	12	79	44	11
2020	646	57	89	206	191	153	32	11	79	45	10
스웨덴(Sweden)											
1979-81	229	202	122	16	136	234	179	33	81	1,011	89
1982-84	243	197	126	16	144	216	172	34	82	1,018	92
1984-86	241	195	128	16	153	222	169	35	76	1,015	93
1986-88	225	198	126	18	159	242	169	36	77	996	92
1989-91	224	196	118	18	173	278	167	35	74	966	89
1992-94	241	196	120	19	181	274	176	34	74	980	84
1995-97	271	174	126	16	182	264	182	32	84	947	99
1998-00	276	147	128	17	199	264	194	32	84	947	93
2001-03	283	146	129	19	209	299	204	30	90	1,009	90
2004-06	281	164	114	21	239	306	211	31	87	1017	88
2007-09	279	161	112	28	243	337	218	31	88	981	90
2010-13	274	161	110	28	256	328	221	35	86	941	101
2014-17	281	147	133	19	243	180	206	37	91	489	77
2018-20	307	149	122	20	234	164	192	39	89	546	67
2020	304	156	104	20	242	165	186	37	88	593	62
스위스(Switzerland)											
1979-81	277	135	131	27	246	391	239	33	30	904	90
1982-84	254	134	132	29	260	379	241	33	32	919	89
1984-86	272	135	133	29	255	362	246	34	35	911	90
1986-88	282	132	137	31	227	391	252	35	38	903	90
1989-91	273	122	117	33	242	337	239	30	36	866	71
1992-94	272	124	118	34	243	343	224	28	36	842	69
1995-97	282	121	143	30	247	319	197	27	47	865	74
1998-00	305	117	139	33	263	288	198	28	51	824	74
2001-03	304	141	159	35	263	230	237	28	55	891	79
2004-06	291	110	168	33	248	205	198	28	42	838	81
2007-09	289	117	163	37	262	240	205	29	45	867	80
2010-13	283	117	163	35	294	304	201	29	48	845	93
2014-17	284	109	135	23	257	224	185	27	47	784	79
2018-20	284	129	126	24	251	225	184	29	45	791	84
2020	279	129	128	24	257	228	181	30	44	802	85

9.2. 1인 1일당 식품공급량

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweeten- ers	두류 Pulses	채소류 Vegeta- bles	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats
터 키(Turkey)											
1979-81	572	142	73	56	357	484	54	12	19	227	45
1982-84	559	137	80	53	337	472	52	12	21	187	47
1984-86	558	152	79	51	367	456	54	12	18	183	48
1986-88	558	172	83	61	374	442	54	13	17	175	51
1989-91	628	171	83	72	438	428	61	16	15	391	57
1992-94	630	161	83	67	450	423	60	19	20	395	56
1995-97	615	169	84	61	498	407	53	25	25	375	60
1998-00	595	187	85	64	593	299	54	25	23	337	51
2001-03	597	167	73	71	625	287	56	21	24	305	54
2004-06	624	144	82	75	662	308	62	26	22	372	64
2007-09	627	133	83	85	647	336	68	26	23	392	67
2010-13	567	136	87	82	650	341	92	20	19	480	73
2014-17	578	130	87	74	651	339	103	23	14	434	52
2018-20	564	133	87	76	685	349	102	26	15	491	55
2020	558	140	87	74	706	355	102	28	15	500	55
영 국(United Kingdom)											
1979-81	252	289	145	18	213	164	203	38	45	603	73
1982-84	235	295	144	18	227	176	198	35	49	607	72
1986-88	235	303	135	21	246	196	208	32	52	625	73
1989-91	257	287	114	27	245	213	205	28	50	614	67
1992-94	255	292	112	27	250	220	194	28	51	598	71
1995-97	261	304	106	28	219	224	201	27	55	623	68
1998-00	289	307	101	31	232	236	208	27	59	625	70
2001-03	297	314	114	30	247	281	226	31	62	640	65
2004-06	308	314	100	27	257	349	233	28	57	663	67
2007-09	315	289	100	27	251	353	229	28	58	677	67
2010-13	315	278	107	25	258	344	225	30	54	651	66
2014-17	332	240	104	22	223	228	216	30	52	561	51
2018-20	348	187	103	22	224	223	218	31	49	556	54
2020	353	182	97	23	237	234	217	31	49	543	55
미 국(United States of America)											
1979-81	247	152	163	28	273	298	319	43	44	639	73
1982-84	251	153	162	30	284	310	316	41	47	642	75
1984-86	258	158	167	31	286	318	323	40	50	659	78
1986-88	274	161	170	32	287	343	327	39	50	676	76
1989-91	298	161	175	28	296	372	321	36	59	694	78
1992-94	315	171	185	30	292	412	333	37	60	698	82
1995-97	314	177	194	31	307	346	324	37	58	696	83
1998-00	312	180	201	33	346	327	335	39	59	701	86
2001-03	311	180	196	35	343	308	339	40	58	712	91
2004-06	305	173	193	37	349	307	347	41	68	705	88
2007-09	302	157	180	39	338	308	339	39	67	702	88
2010-13	291	160	170	37	317	279	320	39	59	698	97
2014-17	301	152	181	37	322	241	325	42	60	614	63
2018-20	308	149	179	41	320	281	349	45	63	631	66
2020	312	144	178	48	327	261	352	44	62	629	66

9.3. 1인 1일당 영양공급량과 구성비

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수 Quantity (kcal)	구성비 Proportion					실수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실수 Quantity (g)	유지방 Oils and Fats (g)	유지방비 Oils and Fats Proportion (%)
		전분 식품 Starchy	설탕류 Sweet- eners (%)	동물성 식품 Animal Food (%)	유지방 Oils and Fats (%)	기타 Others (%)						
한 국(Korea, Republic of)												
1979-81	2,829	67.1	4.2	7.4	4.6	16.7	75.5	18.6	24.6	39.9	14.6	36.6
1982-84	2,851	65.6	4.1	9.0	5.4	16.0	77.1	21.7	28.1	45.9	17.4	37.9
1984-86	2,848	63.5	5.0	9.9	6.6	15.6	77.4	24.4	31.5	50.1	21.2	42.3
1986-88	2,867	60.9	5.7	10.1	8.0	15.3	78.1	26.0	33.3	54.6	25.8	47.3
1989-91	3,219	54.2	8.7	10.4	8.4	18.3	81.9	27.2	33.2	64.5	30.4	47.1
1992-94	3,229	53.6	9.1	12.9	9.2	15.2	85.5	32.3	37.8	74.4	33.5	45.0
1995-97	3,158	54.9	10.2	15.7	9.3	9.9	85.6	34.4	40.1	76.3	33.3	43.6
1998-00	3,064	54.4	10.2	12.4	11.0	12.0	87.2	36.3	41.6	73.6	38.0	51.6
2001-03	3,049	51.3	11.0	13.0	12.1	12.6	89.2	37.9	42.5	78.7	41.4	52.6
2004-06	2,940	48.4	11.6	13.3	14.5	12.1	83.0	36.1	43.5	85.0	48.1	56.6
2007-09	3,000	47.4	10.8	14.1	15.4	12.4	84.9	38.2	45.0	91.9	52.0	56.6
2010-13	3,144	46.5	10.8	14.8	16.4	11.6	88.8	41.6	46.8	101.6	58.1	57.2
2014-17	3,165	45.8	11.1	15.6	16.7	10.8	89.9	43.9	48.9	104.6	59.6	57.0
2018-20	3,226	37.8	14.1	17.2	19.8	11.0	91.5	48.7	53.2	122.5	72.0	58.8
2020	3,223	37.5	13.9	17.2	20.5	10.8	91.5	48.6	53.2	125.3	74.6	59.5
북 한(Korea, Dem. People's Rep.)												
1979-81	3,013	79.8	2.5	6.9	2.8	10.5	83.0	15.2	18.3	31.3	7.6	24.3
1982-84	3,067	79.2	2.5	7.5	3.3	10.4	84.1	16.7	19.9	33.2	8.8	26.5
1984-86	3,087	78.4	2.4	8.0	3.4	10.9	86.2	17.8	20.6	34.7	9.2	26.5
1986-88	3,172	78.4	2.2	7.9	3.6	10.9	88.9	18.1	20.4	36.3	10.0	27.5
1989-91	2,698	71.0	4.2	7.6	4.3	13.0	81.4	18.4	22.6	41.4	13.1	31.6
1992-94	2,308	72.3	4.9	8.5	4.3	10.0	72.9	18.3	25.1	37.5	11.2	29.9
1995-97	1,978	72.8	1.8	8.2	6.6	22	64.7	16.7	25.8	35.5	14.8	41.6
1998-00	2,172	77.5	1.2	4.8	5.2	11.4	60.8	6.8	11.2	33.2	12.7	38.3
2001-03	2,174	76.3	1.5	5.6	5.3	11.3	62.8	7.7	12.2	35.1	13.0	37.0
2004-06	2,113	76.1	1.4	6.6	6.2	9.8	58.6	9.7	16.5	35.3	14.6	41.4
2007-09	2,028	74.9	2.5	6.2	6.4	10.0	56.4	10.0	17.7	33.4	14.7	44.0
2010-13	2,040	75.9	2.0	5.8	7.3	9.0	55.3	9.7	17.5	35.1	16.9	48.1
2014-17	1,996	75.0	2.1	6.1	7.7	9.1	54.1	10.2	18.8	34.9	17.2	49.3
2018-20	2,003	74.3	2.1	6.1	8.5	9.0	53.7	10.0	18.6	38.2	19.3	50.5
2020	2,014	73.6	2.2	5.8	9.5	8.8	53.5	9.8	18.4	40.1	21.6	53.9
일 본(Japan)												
1979-81	2,791	47.7	9.6	16.7	11.8	14.2	85.5	43.1	50.4	74.6	37.2	49.9
1982-84	2,815	46.8	8.8	17.2	12.7	14.6	86.8	44.8	51.6	79.2	40.4	51.0
1984-86	2,805	46.5	8.7	17.8	12.3	14.8	88.1	46.3	52.6	78.8	39.0	49.5
1986-88	2,822	45.4	8.7	18.2	12.0	15.7	89.8	47.7	53.1	80.2	38.4	47.9
1989-91	2,899	54.1	10.7	18.5	11.3	5.4	94.4	52.6	55.7	79.4	37.0	46.6
1992-94	2,890	58.6	10.1	18.7	10.9	1.6	95.0	52.4	55.2	78.9	35.6	45.1
1995-97	2,926	48.4	9.8	20.6	11.7	9.5	96.6	54.3	56.2	82.6	38.6	46.7
1998-00	2,759	47.1	9.9	19.1	12.7	11.2	91.5	51.1	55.8	81.9	39.7	48.5

주 1) 2004년 이후는 새로이 개편된 FAO 자료 집계 방식을 따르는 자료를 이용함.

- 2) 분석 대상은 조식공급량 기준임.
- 3) 두류에는 종실류 및 견과류가 포함됨.
- 4) 어패류에는 해조류가 포함됨.

Comparison of the nutrient supply and proportion per capita per day by nation

국 명 Nation (연도) (Year)	에너지 Energy						단백질 Protein			지방질 Fat		
	실 수 Quantity (kcal)	구 성 비 Proportion					실 수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실 수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
		전분 질 식품 Starchy	설탕류 Sweeten- ers (%)	동물성 식품 Animal Food (%)	유지류 Oils and Fats (%)	기 타 Others (%)						
2001-03	2,758	46.5	9.9	19.0	13.4	11.2	91.2	50.5	55.0	84.4	41.7	49.1
2004-06	2,652	43.9	10.3	20.3	15.6	10.0	88.8	50.8	57.2	88.7	46.5	52.5
2007-09	2,597	44.0	10.5	20.3	15.5	9.7	86.8	49.4	56.9	86.7	45.4	52.4
2010-13	2,540	44.9	10.0	20.1	15.5	9.5	86.7	47.5	54.8	85.3	44.5	52.3
2014-17	2,536	45.0	9.9	20.1	15.5	9.4	83.1	46.6	56.1	85.6	44.5	51.9
2018-20	2,562	43.7	10.2	20.7	15.8	9.7	84.8	48.2	56.8	88.7	45.7	51.5
2020	2,547	43.0	10.3	21.1	15.7	9.9	85.3	48.9	57.3	88.8	45.3	51.0
아르헨티나(Argentina)												
1979-81	3,243	34.4	11.6	30.4	11.3	12.3	107.9	71.8	66.5	113.9	41.4	36.3
1982-84	3,142	36.9	12.2	27.8	12.3	10.8	100.5	63.7	63.4	107.9	43.5	40.3
1984-86	3,186	36.4	12.9	29.4	11.1	10.1	106.0	68.9	65.0	108.3	40.0	36.9
1986-88	3,168	36.8	12.2	29.3	11.4	7.0	105.7	68.2	64.5	108.5	40.9	37.7
1989-91	2,960	36.5	13.3	27.8	12.8	9.7	94.3	60.1	63.7	101.8	42.7	41.9
1992-94	3,076	34.1	13.6	27.6	14.9	9.8	96.7	62.6	64.7	113.9	51.8	45.5
1995-97	3,113	35.5	14.3	29.1	14.4	6.7	95.9	60.0	62.5	110.9	50.7	45.7
1998-00	3,181	34.4	14.0	29.0	14.1	8.6	102.5	66.7	65.1	117.8	50.5	42.9
2001-03	3,041	37.5	13.9	26.6	13.3	8.6	96.6	59.4	61.4	106.2	45.8	43.2
2004-06	2,941	38.4	16.2	27.0	13.7	4.7	89.9	56.7	63.1	103.9	45.4	43.8
2007-09	2,825	34.6	16.5	30.5	13.9	4.5	89.7	60.8	67.7	107.7	44.2	41.1
2010-13	3,055	37.5	15.3	29.2	13.3	4.6	94.8	62.9	66.3	113.5	46.0	40.6
2014-17	3,137	38.2	14.4	29.3	13.5	4.6	99.5	64.0	64.3	118.1	47.7	40.4
2018-20	3,166	38.3	13.9	29.2	14.1	4.5	101.3	63.7	63.0	121.3	50.4	41.5
2020	3,188	38.5	13.9	28.9	14.1	4.5	102.0	63.3	62.0	122.0	50.8	41.7
오스트레일리아(Australia)												
1979-81	3,260	25.6	15.7	30.6	15.5	12.6	96.3	64.0	66.5	134.1	57.0	42.5
1982-84	3,268	26.2	15.0	30.3	15.7	12.8	96.5	63.1	65.4	135.2	57.9	42.8
1984-86	3,348	26.6	14.7	30.5	15.0	13.1	99.7	64.9	65.1	137.1	56.8	41.4
1986-88	3,339	26.8	14.8	30.4	15.1	12.9	99.4	64.8	65.2	136.6	56.8	41.6
1989-91	3,079	25.9	14.9	31.5	14.1	13.6	103.6	71.5	69.0	118.5	49.1	41.4
1992-94	3,080	26.1	15.7	31.2	14.9	12.2	101.6	70.8	69.7	119.9	51.7	43.1
1995-97	3,231	28.5	14.6	3.20	17.9	7.0	108.7	69.0	63.4	132.6	65.5	49.3
1998-00	3,142	28.1	13.1	28.8	19.0	10.9	106.5	69.9	65.6	133.8	67.3	50.3
2001-03	3,105	27.4	13.7	29.3	18.2	11.4	107.0	70.3	65.8	133.2	63.9	48.0
2004-06	2,952	26.8	14.0	28.2	22.7	8.3	97.0	63.9	65.8	140.3	75.7	54.0
2007-09	3,055	28.3	13.2	27.8	22.2	8.5	99.9	65.2	65.3	143.4	76.4	53.2
2010-13	3,047	27.3	12.7	28.3	22.8	8.7	98.5	66.7	67.7	148.7	79.1	53.2
2014-17	3,177	26.1	14.6	28.7	22.2	8.3	100.3	68.8	68.6	153.1	79.6	52.0
2018-20	3,197	27.4	13.1	29.4	21.7	8.5	104.1	69.3	66.6	155.7	78.4	50.4
2020	3,200	28.0	13.2	29.7	20.4	8.7	107.6	71.0	66.0	152.4	73.9	48.5
오스트리아(Austria)												
1979-81	3,393	24.1	12.5	25.7	21.8	15.9	95.7	61.2	64.0	153.5	83.0	54.1
1982-84	3,422	23.6	12.0	25.7	22.7	16.0	96.0	61.8	64.4	158.6	87.0	54.9
1984-86	3,444	23.5	11.5	25.9	22.9	16.3	96.9	62.6	64.6	160.8	88.1	54.8
1986-88	3,476	23.5	11.2	26.2	22.5	16.7	99.3	64.0	64.5	161.8	87.7	54.2
1989-91	3,503	23.8	11.5	24.5	22.6	17.5	101.6	65.0	64.0	157.6	88.8	56.3
1992-94	3,473	25.5	11.2	25.1	22.9	15.3	101.9	66.0	64.8	158.7	89.0	56.1
1995-97	3,555	26.2	12.8	35.2	21.4	4.4	105.3	69.1	65.6	159.7	85.5	53.5
1998-00	3,731	29.2	12.1	24.8	20.3	13.5	109.7	69.3	63.2	161.4	85.1	52.7

9.3. 1인 1일당 영양공급량과 구성비

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수 Quantity	구성비 Proportion					실수 Quantity	단백질		실수 Quantity	지방질	
		전분 Starchy	설탕류 Sweeteners	동물성 Animal Food	유지류 Oils and Fats	기타 Others		동물성 Animal Protein	동물성 Animal Protein		유지류 Oils and Fats	유지류 Oils and Fats
(연도) (Year)	(kcal)	(%)	(%)	(%)	(%)	(%)	(g)	(g)	(%)	(g)	(g)	(%)
2001-03	3,735	29.3	12.1	24.3	20.2	14.0	110.4	69.0	62.5	159.9	84.7	53.0
2004-06	3,428	30.4	13.4	23.0	23.6	9.4	102.2	63.6	62.2	159.0	91.1	57.3
2007-09	3,537	29.6	12.8	22.3	25.5	9.8	103.2	63.3	61.3	168.2	100.9	60.0
2010-13	3,473	28.7	13.0	20.9	27.2	10.1	101.7	62.6	61.6	170.1	106.0	62.4
2014-17	3,403	30.4	13.5	21.8	26.1	8.1	102.7	62.6	60.9	161.3	99.5	61.7
2018-20	3,458	29.3	11.6	21.6	28.7	8.7	102.9	62.4	60.7	174.2	111.4	64.0
2020	3,455	28.4	10.4	21.1	31.0	9.0	101.0	60.8	60.2	182.3	120.2	65.9
브라질(Brazil)												
1979-81	2,623	51.9	19.2	12.8	8.7	7.4	61.1	22.6	37.0	54.2	25.5	47.0
1982-84	2,629	52.6	18.0	12.2	9.8	7.4	61.1	21.5	35.2	56.5	28.9	51.2
1984-86	2,667	51.9	17.6	12.2	10.6	7.8	61.1	21.8	35.7	59.1	31.8	53.8
1986-88	2,703	50.8	17.5	13.1	10.6	8.0	62.5	23.9	38.2	61.8	32.4	52.4
1989-91	2,751	44.3	17.2	14.6	15.3	8.7	65.1	29.1	44.7	79.7	47.6	59.7
1992-94	2,797	45.2	17.7	15.2	14.8	7.1	67.9	30.8	45.4	81.0	46.8	57.8
1995-97	2,933	43.1	18.7	19.0	12.5	6.7	74.9	36.3	48.4	81.5	41.4	50.7
1998-00	2,957	42.2	19.0	18.6	12.7	7.5	78.7	39.6	50.3	86.9	42.5	48.9
2001-03	3,066	42.5	18.2	19.3	12.2	7.8	82.6	41.0	49.6	92.4	42.2	45.7
2004-06	2,979	42.8	13.7	20.1	15.6	7.7	80.6	40.6	50.4	103.9	52.5	50.5
2007-09	3,037	41.2	13.5	21.1	16.2	7.9	84.2	43.9	52.1	109.2	55.6	50.9
2010-13	3,128	39.7	13.3	23.3	15.9	7.9	90.5	49.8	55.0	115.2	55.9	48.6
2014-17	3,149	37.9	13.1	24.1	17.7	7.3	90.6	51.6	57.0	124.0	62.7	50.5
2018-20	3,187	36.3	12.8	24.8	19.7	6.4	89.8	53.6	59.7	133.7	70.9	53.0
2020	3,224	35.5	12.7	24.8	20.8	6.1	88.7	53.7	60.5	139.3	75.8	54.4
캐나다(Canada)												
1979-81	3,266	24.4	13.9	26.3	19.8	15.6	96.0	60.0	62.5	141.7	72.3	51.0
1982-84	3,300	24.5	13.6	25.8	20.2	15.9	96.0	59.1	61.1	144.1	74.6	51.8
1984-86	3,400	24.6	13.8	25.0	20.7	15.9	97.5	59.3	60.8	148.7	78.6	52.9
1986-88	3,451	24.6	13.7	24.7	21.2	15.8	98.8	60.4	61.1	152.2	81.8	53.7
1989-91	3,015	26.1	14.2	23.9	21.1	14.7	96.2	59.2	61.5	128.0	71.0	55.5
1992-94	3,059	30.3	15.2	22.8	20.5	11.2	96.2	57.0	59.3	126.1	69.9	55.4
1995-97	3,091	32.2	14.8	27.7	20.0	5.3	97.3	55.9	57.4	124.8	69.2	55.4
1998-00	3,166	32.8	13.9	22.2	19.4	11.7	102.6	59.3	57.8	127.3	68.3	53.7
2001-03	3,457	32.2	15.3	20.4	21.4	10.7	103.9	58.1	55.9	141.1	82.8	58.5
2004-06	3,348	31.9	15.3	19.9	23.6	9.3	100.6	57.3	57.0	144.4	88.1	61.0
2007-09	3,291	32.1	13.9	20.3	23.8	9.8	100.9	57.5	56.9	144.5	87.3	60.4
2010-13	3,324	33.3	13.1	19.4	24.4	9.8	101.0	55.7	55.2	147.6	90.2	61.1
2014-17	3,317	31.1	13.2	19.4	26.4	10.0	98.0	54.9	56.0	156.6	97.7	62.4
2018-20	3,412	32.5	12.1	20.8	24.7	9.9	104.2	59.9	57.5	158.6	94.3	59.5
2020	3,442	32.8	11.9	20.3	25.2	9.8	103.4	59.2	57.3	160.5	97.0	60.4

Comparison of the nutrient supply and proportion per capita per day by nation

국명 Nation	에너지 Energy						단백질 Protein			지방 Fat		
	실수 Quantity (kcal)	구성비 Proportion					실수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
전분질 Starchy		설탕류 Sweeten- ers	동물성 식품 Animal Food	유지류 Oils and Fats	기타 Others							
(연도) (Year)	(%)	(%)	(%)	(%)	(%)	(%)	(g)	(g)	(%)	(g)	(g)	(%)
칠레(Chile)												
1976-78	2,554	55.6	13.9	13.7	7.0	9.8	67.6	22.8	33.7	49.6	20.3	40.9
1979-81	2,658	52.9	14.0	14.8	7.8	10.6	73.1	27.5	37.6	55.9	23.4	41.9
1982-84	2,593	53.5	13.2	14.6	8.3	10.5	70.0	25.5	36.4	56.2	24.2	43.1
1984-86	2,565	54.3	13.4	14.0	8.8	9.3	68.4	24.6	36.0	55.9	25.5	45.6
1986-88	2,581	53.6	13.9	14.5	9.3	8.8	68.8	25.4	36.9	58.1	27.0	46.5
1989-91	2,537	49.4	14.9	17.4	9.2	9.0	69.3	29.9	43.2	63.0	26.4	41.9
1992-94	2,735	46.1	15.6	19.3	10.4	8.7	77.9	37.7	48.4	74.8	32.0	42.8
1995-97	2,774	44.1	16.2	21.7	10.8	7.2	77.0	37.6	48.8	80.9	34.0	42.2
1998-00	2,846	44.4	16.4	20.0	11.1	8.0	77.8	37.7	48.5	84.0	35.6	42.4
2001-03	2,868	45.5	15.9	19.6	11.3	7.8	79.0	36.9	46.8	85.2	36.3	42.6
2004-06	2,840	47.2	14.9	21.5	10.6	5.8	85.0	42.8	50.3	86.5	33.8	39.2
2007-09	2,829	47.4	14.6	23.1	8.8	6.2	87.5	46.0	52.6	85.5	28.0	32.8
2010-13	2,845	46.7	16.3	22.2	9.0	5.8	84.3	43.2	51.2	86.3	29.8	34.6
2014-17	2,881	45.1	15.9	23.3	9.4	6.2	86.8	46.4	53.5	89.3	30.5	34.2
2018-20	2,977	45.5	14.0	23.4	10.2	6.8	91.2	48.7	53.4	94.3	34.2	36.3
2020	3,024	44.1	14.0	22.7	11.6	7.6	90.5	48.1	53.1	98.8	39.5	39.9
중국(China)												
1979-81	2,328	82.9	1.8	6.6	3.4	5.2	55.1	7.6	13.8	30.7	9.0	29.3
1982-84	2,542	81.4	2.3	7.0	4.2	5.0	59.7	8.1	13.6	36.5	12.0	32.9
1984-86	2,622	79.5	2.4	8.2	4.5	5.4	62.4	10.8	17.3	41.3	13.4	32.4
1986-88	2,637	77.9	2.4	9.1	4.7	5.8	63.6	12.1	19.0	44.0	14.1	32.0
1989-91	2,651	74.9	2.8	10.6	5.4	6.4	64.2	13.9	21.7	49.3	16.0	32.5
1992-94	2,757	73.7	2.5	13.2	5.6	5.0	69.7	18.8	27.0	58.1	17.3	29.8
1995-97	2,834	66.6	2.6	17.0	6.7	7.1	75.1	25.1	33.4	68.4	21.5	31.4
1998-00	3,033	65.1	2.4	17.1	7.6	7.8	84.3	29.0	34.4	81.9	25.8	31.5
2001-03	2,951	59.4	2.4	19.1	9.3	9.8	83.1	30.6	36.9	90.3	30.9	34.1
2004-06	2,839	58.1	2.3	20.3	7.9	11.5	86.1	30.9	35.9	86.3	25.3	29.2
2007-09	2,894	55.5	2.6	21.1	8.4	12.4	89.2	33.6	37.7	91.4	27.5	30.1
2010-13	2,964	53.6	2.4	21.8	7.7	14.5	93.1	36.0	38.8	94.2	25.7	27.3
2014-17	3,042	52.8	2.6	21.7	7.9	15.0	96.0	37.2	38.8	97.2	27.2	27.9
2018-20	3,199	52.7	2.5	21.0	8.3	15.6	101.9	38.7	38.0	102.5	29.9	29.2
2020	3,214	52.6	2.6	20.7	8.5	15.6	102.6	39.1	38.1	102.9	31.0	30.1
콜롬비아(Colombia)												
1979-81	2,491	43.0	23.7	12.9	7.1	15.4	54.3	23.5	43.3	47.6	19.8	41.6
1982-84	2,548	44.5	22.6	12.8	8.3	14.3	55.7	23.3	41.8	51.8	24.0	46.3
1984-86	2,539	44.1	21.8	13.0	9.1	14.3	55.9	23.6	42.2	54.2	26.1	48.2
1986-88	2,544	43.0	21.9	13.2	9.5	14.8	55.8	23.8	42.7	55.7	27.3	49.0
1989-91	2,591	41.6	21.8	15.4	9.5	11.7	59.2	27.6	46.6	61.2	27.9	45.6
1992-94	2,663	44.1	19.6	18.5	10.4	7.4	63.0	27.3	43.3	64.5	31.3	48.5

9.3. 1인 1일당 영양공급량과 구성비

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수 Quantity (kcal)	구성비 Proportion					실수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
전분 식품 Starchy		설탕류 Sweeten- ers (%)	동물성 식품 Animal Food (%)	유지류 Oils and Fats (%)	기타 Others (%)							
1995-97	2,591	44.2	18.5	16.8	11.1	9.4	62.3	28.0	44.9	65.8	32.6	49.5
1998-00	2,568	43.5	18.9	15.5	11.8	10.4	59.9	27.6	46.1	65.4	34.2	52.3
2001-03	2,577	44.6	18.6	14.6	11.9	10.3	59.9	26.1	43.5	64.9	34.7	53.4
2004-06	2,564	44.3	16.7	17.3	12.7	9.0	61.9	30.0	48.4	70.8	36.7	51.9
2007-09	2,602	44.7	15.6	18.3	12.2	9.2	64.6	32.2	49.9	72.1	35.8	49.7
2010-13	2,647	37.8	20.5	17.0	14.5	10.1	61.5	31.6	51.3	87.3	47.9	54.9
2014-17	2,925	37.3	19.4	17.2	14.3	11.9	68.1	35.2	51.7	87.6	47.1	53.8
2018-20	2,882	39.4	19.3	18.0	14.1	9.2	70.7	36.7	51.9	89.0	45.9	51.6
2020	2,874	40.0	18.3	18.0	14.4	9.3	70.2	36.5	52.0	90.4	46.7	51.7
덴마크(Denmark)												
1979-81	3,530	22.8	12.6	32.1	20.6	11.8	93.5	60.8	65.0	177.0	81.2	45.9
1982-84	3,463	23.9	12.9	31.6	19.1	12.6	93.2	59.3	63.6	166.0	73.6	44.3
1984-86	3,528	24.3	12.0	33.7	17.1	12.8	97.8	62.3	63.7	169.6	67.4	39.7
1986-88	3,605	24.1	11.5	35.3	16.0	13.2	100.5	64.5	64.2	176.0	64.4	36.6
1989-91	3,653	23.9	11.0	34.6	17.3	13.2	103.9	68.3	65.7	180.8	70.5	39.0
1992-94	3,722	26.0	12.0	31.4	17.7	13.0	100.2	62.2	62.1	181.7	73.1	40.2
1995-97	3,355	30.0	13.5	37.4	18.2	0.9	105.8	67.1	63.4	133.9	68.1	50.8
1998-00	3,403	29.9	12.8	24.8	17.6	14.8	107.1	67.1	62.7	135.5	66.5	49.1
2001-03	3,455	29.5	13.6	25.2	17.4	14.3	110.6	69.8	63.1	139.9	66.4	47.5
2004-06	3,105	30.9	15.2	27.6	18.2	8.1	104.4	69.2	66.3	131.3	62.7	47.8
2007-09	3,128	31.1	15.0	27.8	18.0	8.1	104.8	69.0	65.9	132.7	62.3	46.9
2010-13	3,098	31.9	15.4	26.1	18.2	8.5	100.4	64.2	64.0	127.5	62.6	49.1
2014-17	3,109	31.7	15.4	28.1	17.0	7.7	106.0	70.6	66.6	127.0	58.7	46.2
2018-20	3,184	29.3	15.2	29.5	18.0	8.0	109.3	75.4	69.0	136.8	63.7	46.5
2020	3,201	29.0	15.4	28.5	19.0	8.1	107.2	73.2	68.3	138.4	67.3	48.6
이집트(Egypt)												
1979-81	3,031	66.5	9.8	4.6	11.4	7.7	75.3	11.6	15.4	67.5	39.0	57.8
1982-84	3,238	64.8	11.3	5.1	11.5	7.4	80.2	13.8	17.2	73.3	42.0	57.3
1984-86	3,310	63.6	11.2	5.1	12.7	7.4	81.1	14.0	17.3	79.8	47.5	59.5
1986-88	3,344	63.1	10.6	4.8	13.7	7.8	81.1	13.3	16.4	84.0	51.7	61.5
1989-91	3,149	68.9	9.7	4.7	8.7	8.0	82.8	12.9	15.6	58.9	30.8	52.3
1992-94	3,228	77.9	8.7	4.8	7.7	0.9	85.1	13.3	15.6	58.5	28.5	48.7
1995-97	3,276	71.3	8.9	6.5	6.8	6.5	88.6	14.5	16.3	57.7	25.4	44.0
1998-00	3,323	70.2	9.2	6.0	6.0	8.7	92.5	17.9	19.4	57.4	22.3	38.9
2001-03	3,360	70.9	7.4	6.4	6.0	9.3	95.3	18.8	19.7	60.5	22.7	37.5
2004-06	3,205	70.0	7.8	6.2	5.3	10.7	91.6	18.0	19.7	53.9	19.3	35.8
2007-09	3,314	68.8	7.3	7.4	5.2	11.3	95.6	21.0	21.9	58.0	19.5	33.5
2010-13	3,475	67.6	8.3	7.9	5.7	10.4	100.7	24.3	24.1	60.2	19.8	32.7
2014-17	3,309	68.7	8.1	7.6	5.2	10.4	95.3	23.1	24.3	57.0	19.4	34.1
2018-20	3,260	68.1	8.3	7.4	6.5	9.8	92.3	22.5	24.3	59.8	23.8	39.7
2020	3,274	68.0	8.4	6.7	7.3	9.7	90.2	20.4	22.6	61.7	26.9	43.5

Comparison of the nutrient supply and proportion per capita per day by nation

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수 Quantity	구성비 Proportion					실수 Quantity	단백질		실수 Quantity	지방질	
		전분질 Starchy	설탕류 Sweeteners	동물성 식품 Animal Food	유지류 Oils and Fats	기타 Others		동물성 단백질 Animal Protein	동물성 단백질비 Animal Protein Proportion		유지류 Oils and Fats	유지류비 Oils and Fats Proportion
(연도) (Year)	(kcal)	(%)	(%)	(%)	(%)	(%)	(g)	(g)	(%)	(g)	(g)	(%)
핀란드(Finland)												
1979-81	3,088	28.7	12.5	48.7	15.3	9.8	94.1	60.0	63.8	130.9	52.8	40.3
1982-84	3,087	29.9	12.5	48.5	15.0	10.2	94.9	61.1	64.4	131.2	51.8	39.5
1984-86	3,087	29.7	12.3	47.4	14.7	10.4	96.0	60.7	63.2	129.4	50.9	39.3
1986-88	3,120	29.7	12.5	46.5	13.7	11.3	97.7	61.7	63.2	128.6	47.7	37.1
1989-91	3,064	28.1	12.5	33.6	13.0	12.8	96.1	61.6	64.1	125.7	44.5	35.4
1992-94	3,050	28.6	13.4	32.3	13.9	11.7	94.2	60.4	64.1	125.0	47.5	38.0
1995-97	3,083	30.3	12.8	39.4	13.2	4.3	99.8	64.8	64.9	127.1	45.6	35.8
1998-00	3,192	32.6	12.0	33.0	12.1	10.3	103.2	64.7	62.7	126.3	43.2	34.2
2001-03	3,148	33.3	10.7	32.4	12.2	11.4	102.3	62.3	60.9	125.0	43.0	34.4
2004-06	2,965	34.8	11.2	35.1	13.0	5.8	101.4	64.4	63.5	126.3	43.2	34.2
2007-09	2,988	34.0	10.4	36.6	13.1	6.0	104.8	68.2	65.0	130.6	43.5	33.3
2010-13	3,076	34.7	9.7	36.7	12.7	6.2	109.3	70.3	64.3	134.4	43.6	32.5
2014-17	3,095	34.6	9.7	36.6	12.6	6.5	112.3	73.7	65.6	138.1	43.6	31.6
2018-20	3,114	34.7	10.7	34.7	13.2	6.7	112.9	73.8	65.4	134.4	45.8	34.1
2020	3,115	33.6	11.0	34.2	14.4	6.7	112.5	73.7	65.5	136.7	49.9	36.5
프랑스(France)												
1979-81	3,244	29.4	12.1	27.4	16.2	15.0	110.1	72.0	65.4	125.7	59.0	46.9
1982-84	3,221	28.2	12.0	27.6	17.1	14.9	109.3	72.3	66.1	129.0	62.1	48.1
1984-86	3,285	27.7	11.9	28.0	18.3	14.0	111.7	74.7	66.9	136.6	67.7	49.6
1986-88	3,312	26.8	12.0	28.2	19.2	13.8	112.5	75.9	67.5	141.8	71.5	50.4
1989-91	3,543	27.8	9.7	30.7	18.9	13.0	116.7	77.2	66.2	163.3	75.4	46.2
1992-94	3,543	29.0	10.0	30.4	19.3	11.3	115.7	75.2	65.9	163.8	77.0	47.0
1995-97	3,522	29.0	10.4	37.9	20.1	2.6	113.4	74.5	65.6	163.4	79.7	48.7
1998-00	3,581	29.4	10.7	29.4	19.5	11.0	116.5	76.4	65.6	165.0	78.3	47.5
2001-03	3,634	29.4	10.5	28.8	20.0	11.3	118.2	75.3	63.6	169.1	81.7	48.3
2004-06	3,335	31.3	11.5	28.8	21.9	6.6	107.6	69.6	64.7	160.1	82.0	51.2
2007-09	3,335	31.0	11.5	27.8	23.3	6.5	106.3	68.7	64.7	162.6	87.3	53.7
2010-13	3,301	32.6	11.0	28.2	21.5	6.7	106.7	67.4	63.2	158.3	80.3	50.8
2014-17	3,293	36.1	11.1	25.8	20.1	7.0	103.5	61.0	59.0	146.6	74.3	50.7
2018-20	3,316	34.8	10.4	27.5	19.9	7.3	110.8	69.1	62.4	148.9	74.0	49.7
2020	3,341	34.6	10.3	28.2	19.5	7.4	114.7	73.0	63.7	149.3	73.1	49.0
독일(Germany)												
1979-81	3,337	25.3	12.7	25.8	19.5	16.8	95.1	60.1	63.2	142.0	72.8	51.3
1982-84	3,352	25.4	12.6	26.0	19.2	16.9	96.2	60.5	62.9	142.3	71.9	50.5
1984-86	3,473	25.7	12.3	26.7	18.9	16.3	101.4	64.3	63.4	148.7	73.5	49.4
1986-88	3,528	25.3	12.4	27.1	19.0	16.3	103.5	66.1	63.9	152.6	75.0	49.1
1989-91	3,392	26.7	11.8	24.2	19.8	17.5	100.5	61.8	61.5	140.9	75.5	53.6
1992-94	3,382	28.0	12.4	23.6	20.5	15.5	98.3	58.5	59.5	143.4	77.7	54.2
1995-97	3,393	29.1	12.3	31.2	22.0	5.4	96.1	57.5	59.8	144.7	83.7	57.8
1998-00	3,414	29.1	11.9	21.2	22.8	15.0	95.2	57.2	60.1	148.5	87.3	58.8
2001-03	3,516	30.0	12.6	20.9	22.4	14.2	99.5	57.9	58.2	148.3	88.2	59.4
2004-06	3,234	31.7	14.8	23.3	22.5	7.7	96.1	58.8	61.2	140.7	81.7	58.0

9.3. 1인 1일당 영양공급량과 구성비

국 명 Nation	에 너 지 Energy						단 백 질 Protein			지 방 질 Fat		
	실 수 Quantity (kcal)	구 성 비 Proportion					실 수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실 수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
		전분 식품 Starchy	설탕류 Sweeten- ers (%)	동물성 식품 Animal Food (%)	유지류 Oils and Fats (%)	기 타 Others (%)						
2007-09	3,217	30.4	14.3	24.4	23.0	7.7	97.7	61.9	63.3	143.7	83.2	57.9
2010-13	3,224	31.0	14.6	24.1	22.3	7.9	98.5	61.3	62.3	141.5	80.7	57.0
2014-17	3,270	31.1	14.3	24.1	21.9	8.6	100.8	62.5	62.0	142.0	80.0	56.4
2018-20	3,327	28.4	13.0	25.9	23.9	8.8	102.0	65.6	64.3	158.0	89.4	56.6
2020	3,367	27.4	13.2	26.5	24.1	8.8	102.5	66.8	65.2	162.7	91.2	56.1
그 리 스(Greece)												
1979-81	3,540	36.0	10.4	22.4	16.6	14.6	108.4	54.0	49.8	137.5	66.3	48.2
1982-84	3,634	36.0	8.9	23.0	16.8	15.3	111.8	56.3	50.4	145.6	69.1	47.5
1984-86	3,676	35.3	9.2	23.3	17.0	15.3	112.7	57.5	51.0	148.5	70.6	47.5
1986-88	3,701	34.5	9.3	24.2	17.5	14.7	113.0	59.1	52.3	153.9	73.0	47.4
1989-91	3,717	33.4	9.3	21.9	19.4	16.0	111.9	58.2	52.0	155.0	81.3	52.5
1992-94	3,689	35.5	9.3	22.2	19.0	14.0	111.7	58.7	50.2	154.2	79.1	51.3
1995-97	3,568	36.5	8.5	20.9	20.9	13.2	113.4	60.4	53.3	149.1	84.2	56.5
1998-00	3,679	36.2	8.5	21.6	19.4	14.2	118.5	64.5	54.4	151.5	80.5	53.1
2001-03	3,714	36.7	9.0	21.0	18.7	14.6	117.2	61.6	52.6	150.1	78.3	52.2
2004-06	3,464	35.3	9.7	22.5	18.9	13.6	111.9	60.3	53.9	143.6	73.9	51.5
2007-09	3,446	35.4	9.2	23.0	19.5	12.9	111.4	60.8	54.6	148.7	75.8	51.0
2010-13	3,244	33.8	8.4	23.9	21.5	12.5	106.1	59.4	56.0	147.0	78.1	53.2
2014-17	3,217	35.0	8.8	23.0	21.6	11.5	102.1	56.2	55.1	146.2	78.6	53.7
2018-20	3,211	30.0	9.4	24.3	22.9	13.4	102.2	61.3	60.0	154.3	82.9	53.7
2020	3,203	29.0	10.4	23.4	23.1	14.2	98.9	59.2	59.9	153.3	83.4	54.4
인 도(India)												
1979-81	2,091	73.4	9.1	3.9	7.5	6.2	50.0	5.7	11.4	33.0	17.6	53.3
1982-84	2,140	71.5	9.3	4.8	7.9	6.5	52.0	6.5	12.5	36.6	19.2	52.5
1984-86	2,143	70.6	9.6	5.4	7.7	6.7	52.4	7.0	13.4	36.8	18.8	51.1
1986-88	2,104	70.1	9.4	5.6	8.2	6.8	51.3	7.2	14.0	37.2	19.5	52.4
1989-91	2,345	70.9	9.4	5.5	7.6	6.7	57.1	8.7	15.2	39.8	20.1	50.5
1992-94	2,397	71.8	9.6	5.5	7.9	5.2	58.0	9.2	15.9	41.8	21.4	51.2
1995-97	2,466	72.2	9.1	6.9	8.4	3.4	58.8	9.5	16.1	43.8	23.4	53.4
1998-00	2,426	68.5	10.2	6.3	9.7	5.3	57.8	10.5	18.2	47.2	26.6	56.4
2001-03	2,473	67.5	9.7	5.7	11.5	5.6	58.2	10.4	17.8	51.5	32.3	62.7
2004-06	2,230	68.1	8.6	5.9	11.3	6.2	53.9	9.8	18.2	45.7	28.6	62.5
2007-09	2,291	66.1	9.0	6.3	11.7	7.0	55.5	10.7	19.3	48.7	30.3	62.3
2010-13	2,402	65.2	9.2	6.8	11.6	7.2	58.5	11.8	20.2	51.2	31.7	61.9
2014-17	2,436	63.6	8.8	7.6	12.6	7.4	60.4	13.4	22.2	54.9	34.7	63.2
2018-20	2,530	61.9	8.9	8.6	11.9	8.7	64.6	15.8	24.4	59.0	34.1	57.9
2020	2,543	62.8	8.2	8.3	11.5	9.2	65.7	15.4	23.5	58.6	33.0	56.3
인도네시아(Indonesia)												
1979-81	2,375	75.1	6.3	2.2	5.8	10.6	47.9	6.1	12.7	38.8	15.6	40.2
1982-84	2,571	76.2	6.2	2.3	5.9	9.4	51.7	6.8	13.2	39.6	17.1	43.2
1984-86	2,589	75.7	5.4	2.5	6.0	10.3	54.5	7.4	13.6	41.7	17.7	42.4

Comparison of the nutrient supply and proportion per capita per day by nation

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수 Quantity (kcal)	구성비 Proportion					실수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
전분질 식품 Starchy (%)		설탕류 Sweeten- ers (%)	동물성 식품 Animal Food (%)	유지류 Oils and Fats (%)	기타 Others (%)							
1986-88	2,631	75.8	5.1	2.7	6.0	10.4	57.1	7.8	13.7	42.5	17.8	41.9
1989-91	2,561	71.5	5.0	3.8	8.0	11.8	57.1	9.2	16.1	49.8	23.1	46.4
1992-94	2,609	79.5	5.2	4.1	7.7	3.5	60.3	10.3	17.1	50.8	22.8	44.9
1995-97	2,900	80.5	5.2	4.5	7.3	2.5	67.4	11.8	17.5	57.7	24.2	41.9
1998-00	2,904	79.2	6.4	3.9	8.0	2.5	63.8	11.3	17.7	55.5	26.2	47.2
2001-03	2,900	77.8	5.8	4.1	9.2	3.3	63.8	12.1	18.9	61.1	30.0	49.1
2004-06	2,473	71.0	6.1	5.2	7.8	9.8	53.2	12.9	24.3	48.1	21.7	45.1
2007-09	2,576	70.3	5.3	5.6	8.9	10.0	56.1	14.4	25.7	53.8	26.0	48.3
2010-13	2,704	70.5	5.6	6.0	9.2	8.7	59.5	16.4	27.6	55.5	28.4	51.1
2014-17	2,824	70.5	5.8	6.2	9.3	8.3	64.1	19.8	30.9	55.7	29.7	53.3
2018-20	2,903	64.0	8.9	8.0	11.3	7.8	67.9	25.6	37.8	65.4	37.1	56.7
2020	2,900	62.7	9.0	8.3	12.1	7.9	67.6	26.4	39.1	68.1	39.7	58.3
아일랜드(Ireland)												
1979-81	3,641	30.0	13.8	31.3	14.3	10.6	105.9	65.6	61.9	150.5	58.5	38.9
1982-84	3,673	30.5	13.0	31.8	14.6	10.0	108.0	67.3	62.3	154.8	60.2	38.9
1984-86	3,663	31.0	13.2	30.5	13.9	10.6	108.5	67.0	61.8	150.0	57.0	38.0
1986-88	3,688	30.8	14.0	30.5	13.7	11.0	108.5	66.4	61.2	148.1	56.8	38.4
1989-91	3,628	34.1	11.0	27.5	16.3	11.1	115.6	71.6	61.9	139.1	66.4	47.7
1992-94	3,629	34.0	11.5	26.4	15.9	12.2	113.9	70.3	61.7	135.0	64.6	47.9
1995-97	3,557	34.5	11.9	30.7	16.2	6.7	109.4	67.3	61.5	129.7	64.3	49.5
1998-00	3,625	33.6	11.8	25.9	16.1	12.6	112.6	70.4	62.5	135.8	65.0	47.9
2001-03	3,680	32.8	10.9	26.2	14.7	15.4	115.2	69.9	60.7	133.7	60.6	45.3
2004-06	3,163	37.3	11.0	28.9	16.9	6.0	105.9	66.5	62.7	127.2	59.9	47.1
2007-09	3,222	38.5	11.1	26.0	16.8	7.5	103.6	61.7	59.5	125.5	60.6	48.3
2010-13	3,244	38.6	12.2	24.8	16.8	7.6	101.9	59.6	58.4	125.5	60.9	48.5
2014-17	3,429	36.5	13.5	25.5	16.7	7.8	108.1	65.6	60.7	134.2	64.2	47.8
2018-20	3,509	34.3	12.6	27.7	17.7	7.7	111.4	70.3	63.1	146.1	69.8	47.8
2020	3,487	31.7	12.2	28.8	19.5	7.8	110.5	72.5	65.6	153.2	76.6	50.0
이스라엘(Israel)												
1979-81	2,984	39.4	11.5	20.4	16.3	12.5	100.2	52.4	52.3	106.8	54.6	51.1
1982-84	3,031	37.7	11.4	20.7	16.4	13.9	102.5	54.4	53.1	110.2	55.8	50.6
1984-86	3,034	36.6	12.3	20.3	17.1	14.0	99.7	53.0	53.2	113.4	58.4	51.5
1986-88	3,132	35.5	12.4	19.2	19.1	13.9	98.3	51.3	52.2	122.7	67.3	54.8
1989-91	3,253	35.8	12.9	18.4	18.4	14.6	105.1	53.4	50.8	124.0	67.2	54.2
1992-94	3,115	40.8	13.4	18.6	17.0	10.1	102.5	52.8	51.5	114.2	59.4	52.0
1995-97	3,282	40.5	14.3	19.0	16.9	9.3	107.1	54.6	50.9	116.6	62.3	53.4
1998-00	3,566	41.1	14.1	17.1	17.2	10.5	116.2	59.0	50.8	126.6	68.8	54.3
2001-03	3,577	40.5	12.2	19.0	18.0	10.4	122.0	65.3	53.4	135.1	72.3	53.4

9.3. 1인 1일당 영양공급량과 구성비

국명 Nation	에너지 Energy						단백질 Protein			지방 Fat		
	구성비 Proportion											
	실수	전분 식품	설탕류	동물성 식품	유지류	기타	실수	동물성 단백질	동물성 단백질비	실수	유지류	유지류비
(연도) (Year)	Quantity (kcal)	Starchy (%)	Sweet- eners (%)	Animal Food (%)	Oils and Fats (%)	Others (%)	Quantity (g)	Animal Protein (g)	Animal Protein Proportion (%)	Quantity (g)	Oils and Fats (g)	Oils and Fats Proportion (%)
2004-06	3,508	38.3	7.1	20.7	19.9	13.9	123.7	68.3	55.2	144.7	78.9	54.5
2007-09	3,474	38.6	6.9	21.1	19.8	13.5	122.2	67.6	55.3	145.2	77.5	53.4
2010-13	3,471	38.0	7.4	21.5	19.9	13.2	121.8	67.8	55.6	145.5	77.9	53.5
2014-17	3,446	37.3	7.3	22.4	20.4	12.7	121.6	70.5	58.0	149.7	79.6	53.2
2018-20	3,474	36.0	10.3	23.0	17.4	13.3	123.5	74.0	60.0	142.5	68.3	47.9
2020	3,482	36.1	10.6	22.5	17.3	13.5	121.4	72.0	59.3	142.4	68.2	47.9
이탈리아(Italy)												
1979-81	3,603	38.8	9.2	20.3	17.9	13.7	108.4	54.9	50.6	131.2	72.8	55.5
1982-84	3,457	35.6	8.8	22.3	18.7	14.6	106.1	57.5	54.2	133.3	72.9	54.7
1984-86	3,516	35.7	8.5	22.4	19.3	14.1	108.9	58.9	54.1	138.5	76.5	55.2
1986-88	3,571	35.4	8.1	22.6	19.9	14.1	110.4	59.9	54.3	144.4	79.8	55.3
1989-91	3,579	35.5	8.0	21.4	21.7	13.4	109.9	59.2	53.9	149.8	87.5	58.4
1992-94	3,464	36.7	7.4	21.9	21.4	12.5	108.5	59.0	54.4	145.4	83.6	57.5
1995-97	3,504	36.9	8.1	25.9	21.6	7.5	108.6	58.6	53.9	146.8	85.4	58.1
1998-00	3,637	36.6	8.2	21.6	21.6	12.0	113.5	62.1	54.7	152.7	88.2	57.8
2001-03	3,675	36.5	8.2	21.1	22.3	11.8	113.2	60.6	53.5	156.9	92.4	58.9
2004-06	3,514	36.1	8.5	22.0	23.4	10.0	108.8	59.0	54.3	157.2	92.5	58.9
2007-09	3,473	36.0	8.6	22.2	23.7	9.5	108.0	59.7	55.3	156.6	92.5	59.1
2010-13	3,446	36.1	8.6	22.0	23.8	9.4	106.3	58.4	55.0	155.8	92.1	59.1
2014-17	3,351	38.0	9.3	20.5	23.4	8.9	101.6	53.6	52.8	146.5	88.1	60.1
2018-20	3,370	36.8	9.7	21.3	23.6	8.7	102.6	56.0	54.6	148.9	89.4	60.0
2020	3,409	35.8	9.8	21.3	24.4	8.7	102.8	56.4	54.9	152.6	93.7	61.4
멕시코(Mexico)												
1979-81	3,014	53.1	15.1	16.1	9.3	6.4	78.0	29.0	37.2	82.0	31.4	38.3
1982-84	3,115	53.4	14.3	15.9	10.0	6.5	80.8	29.6	36.6	87.3	35.0	40.1
1984-86	3,118	53.8	14.0	15.2	10.8	6.4	80.8	29.5	36.5	87.9	37.7	42.9
1986-88	3,123	53.9	14.3	14.9	11.2	5.7	81.0	30.2	37.3	87.7	39.3	44.8
1989-91	3,038	52.5	16.4	13.0	10.7	7.4	78.6	29.5	37.5	79.5	36.7	46.2
1992-94	3,053	51.4	16.3	14.3	11.2	6.8	80.7	32.8	40.6	83.6	38.5	46.1
1995-97	3,107	52.4	15.6	16.4	11.4	6.5	82.4	32.6	39.5	86.3	40.0	46.3
1998-00	3,146	52.2	15.1	15.8	10.2	6.6	87.2	36.6	42.0	88.2	36.4	41.3
2001-03	3,159	51.5	15.0	17.0	9.1	7.3	90.6	39.1	43.1	87.3	32.6	37.3
2004-06	3,117	49.9	15.6	17.4	10.5	6.6	86.9	38.1	43.8	92.5	37.1	40.1
2007-09	3,093	49.0	15.9	18.1	10.6	6.4	86.8	39.3	45.3	93.3	36.9	39.6
2010-13	2,964	48.9	15.7	18.4	11.1	6.0	82.9	37.8	45.6	91.3	37.1	40.6
2014-17	3,057	47.4	15.4	19.4	11.4	6.4	86.7	41.2	47.5	97.6	39.2	40.2
2018-20	3,080	47.2	13.9	20.3	12.0	6.5	87.9	42.6	48.4	103.2	41.6	40.3
2020	3,069	47.9	13.5	20.5	11.9	6.2	87.5	42.4	48.5	102.6	41.2	40.1

Comparison of the nutrient supply and proportion per capita per day by nation

국명 Nation	에너지 Energy						단백질 Protein			지방 Fat		
	실수 Quantity (kcal)	구성비 Proportion					실수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
전분 식품 Starchy		설탕류 Sweeteners	동물성 식품 Animal Food	유지류 Oils and Fats	기타 Others							
네덜란드(Netherlands)												
1979-81	3,321	23.9	12.6	26.3	24.1	13.1	96.0	63.0	65.6	155.9	89.7	57.5
1982-84	3,278	24.3	12.2	26.0	23.8	13.8	96.0	62.6	65.2	152.6	87.6	57.4
1984-86	3,280	24.9	11.9	25.3	24.2	13.8	95.9	62.0	64.7	152.4	89.0	58.4
1986-88	3,303	24.2	12.4	26.0	23.5	14.0	97.6	63.4	65.0	152.3	87.0	57.1
1989-91	3,261	23.0	16.7	26.3	18.7	15.3	94.7	61.7	65.2	137.8	68.8	49.9
1992-94	3,343	25.8	16.2	27.2	17.1	13.7	100.8	65.6	65.1	139.0	64.5	46.4
1995-97	3,249	24.6	14.9	35.0	17.2	8.3	104.9	71.8	68.4	142.6	63.4	44.4
1998-00	3,243	24.4	13.9	30.4	17.0	14.3	106.2	73.8	69.5	140.9	62.1	44.1
2001-03	3,437	29.4	12.3	26.9	17.2	14.2	111.4	69.5	62.7	143.4	66.6	46.4
2004-06	3,033	25.5	14.9	30.5	19.1	10.1	101.4	70.4	69.4	134.3	65.1	48.5
2007-09	3,073	26.5	14.6	30.1	18.5	10.4	103.0	70.6	68.5	134.7	63.9	47.5
2010-13	3,055	29.4	14.4	31.0	15.4	9.7	107.2	73.4	68.4	121.5	51.4	42.3
2014-17	3,089	29.4	13.8	29.4	16.6	10.7	104.5	70.1	67.1	127.2	57.8	45.5
2018-20	3,258	30.6	12.3	28.4	18.2	10.6	105.4	67.3	63.8	137.2	66.6	48.5
2020	3,364	30.0	12.8	28.8	17.4	11.0	110.2	70.6	64.0	139.5	65.9	47.2
뉴질랜드(New Zealand)												
1979-81	3,382	25.4	14.9	31.5	16.3	11.9	104.9	71.3	68.0	142.7	62.2	43.6
1982-84	3,414	25.6	14.4	32.0	15.8	12.2	108.5	73.9	68.1	142.8	60.7	42.5
1984-86	3,445	24.6	14.7	32.8	15.3	12.7	109.7	75.8	69.1	144.2	59.4	41.2
1986-88	3,475	24.2	15.1	32.6	14.6	13.5	109.7	75.9	69.2	143.8	57.3	39.8
1989-91	3,297	26.3	15.8	28.4	16.3	13.3	101.3	67.1	66.2	131.5	60.8	46.2
1992-94	3,314	28.8	15.9	27.5	15.5	12.3	103.2	67.9	65.8	131.0	58.2	44.4
1995-97	3,360	27.8	13.7	39.2	15.4	3.9	108.0	70.4	65.1	137.5	58.7	42.6
1998-00	3,238	29.5	17.0	27.1	14.0	12.3	103.6	67.0	64.7	120.5	51.3	42.6
2001-03	3,218	30.9	17.8	24.3	14.7	12.4	98.3	59.6	60.4	117.1	53.6	45.7
2004-06	2,987	30.5	18.8	23.0	17.3	10.5	88.7	53.3	60.1	116.2	58.5	50.3
2007-09	3,022	29.8	18.8	22.8	17.8	10.8	89.6	55.0	61.4	119.0	60.8	51.1
2010-13	2,996	31.1	18.6	22.9	17.0	10.4	89.8	53.8	59.8	118.2	58.6	49.6
2014-17	3,005	34.8	17.7	21.5	15.3	10.7	88.8	49.4	55.6	111.3	51.9	46.6
2018-20	3,019	35.4	17.9	20.6	16.4	9.7	88.1	48.5	55.0	113.6	56.0	49.3
2020	3,026	35.7	18.0	19.4	17.9	9.0	85.0	46.1	54.2	116.3	61.4	52.8
노르웨이(Norway)												
1979-81	3,332	28.7	12.7	30.3	18.9	9.5	105.5	68.8	65.2	146.5	70.6	48.2
1982-84	3,203	29.3	12.2	29.8	19.0	9.7	102.4	66.3	64.7	139.9	67.9	48.5
1984-86	3,237	30.0	12.6	29.1	18.1	10.1	102.3	65.4	63.9	138.3	65.4	47.3
1986-88	3,266	32.1	12.0	27.8	17.5	10.7	100.5	61.2	60.9	136.7	63.8	46.7
1989-91	3,168	32.6	12.9	26.2	17.7	10.7	97.8	58.9	60.2	129.3	62.7	48.5

9.3. 1인 1일당 영양공급량과 구성비

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수 Quantity (연도) (Year)	구성비 Proportion					실수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
전분 질 Starchy		설탕류 Sweeten- ers	동물성 식품 Animal Food	유지류 Oils and Fats	기타 Others							
1992-94	3,244	33.6	13.0	26.4	17.7	9.3	99.9	60.3	60.4	132.9	64.1	48.2
1995-97	3,327	33.0	13.2	34.1	16.6	3.1	103.4	63.9	61.7	136.4	62.1	45.5
1998-00	3,385	34.2	13.3	26.0	17.5	9.0	104.5	63.6	60.9	137.3	66.4	48.4
2001-03	3,459	34.2	12.5	25.8	17.6	10.1	106.7	63.9	59.9	142.3	68.4	48.0
2004-06	3,251	34.4	12.8	26.6	19.2	6.9	100.7	62.6	62.2	140.2	69.9	49.8
2007-09	3,229	34.7	12.5	27.0	18.4	7.4	102.7	64.3	62.6	137.1	66.5	48.5
2010-13	3,199	35.1	10.1	27.5	20.0	7.3	103.2	64.4	62.4	143.5	71.7	50.0
2014-17	3,125	36.4	9.5	28.9	17.3	7.8	105.5	65.7	62.3	135.1	60.4	44.7
2018-20	3,153	39.2	9.1	27.6	16.2	8.0	110.4	64.6	58.5	131.3	56.9	43.4
2020	3,156	39.6	9.2	27.3	15.8	8.0	111.7	64.5	57.7	129.6	55.9	43.1
파키스탄(Pakistan)												
1979-81	2,231	65.7	12.5	7.5	10.4	3.9	59.9	11.9	19.9	44.4	26.2	59.0
1982-84	2,226	63.9	12.0	7.5	12.0	4.5	58.6	11.9	20.3	48.3	30.2	62.5
1984-86	2,214	62.8	11.4	7.7	13.9	4.2	58.1	12.3	21.2	52.9	34.7	65.6
1986-88	2,167	61.2	11.2	8.3	15.5	3.8	57.0	12.9	22.6	56.2	37.9	67.4
1989-91	2,326	61.1	11.1	10.0	13.6	4.1	56.4	16.1	28.6	57.1	35.7	62.5
1992-94	2,400	61.4	10.1	10.3	14.6	3.6	58.9	17.3	29.4	62.0	39.5	63.7
1995-97	2,461	58.9	11.0	14.6	15.0	0.5	61.3	19.2	31.3	65.8	41.7	63.3
1998-00	2,458	56.5	11.1	13.9	13.3	5.2	63.0	22.6	35.9	64.7	36.9	57.0
2001-03	2,397	54.8	11.3	14.1	15.2	4.6	61.1	22.6	36.9	67.9	41.1	60.5
2004-06	2,285	52.8	12.4	15.1	16.1	3.6	57.3	22.6	39.4	68.3	41.6	60.9
2007-09	2,352	51.8	11.7	15.9	16.8	3.9	59.9	24.2	40.5	73.2	44.5	60.8
2010-13	2,395	52.7	11.3	16.6	15.9	3.5	62.8	25.8	41.1	73.7	43.0	58.3
2014-17	2,424	54.7	10.1	16.1	16.3	2.8	62.9	25.2	40.0	75.4	44.4	58.9
2018-20	2,439	52.4	9.3	18.3	16.9	3.1	65.8	29.4	44.7	80.0	46.4	58.1
2020	2,447	52.5	9.1	18.9	16.4	3.1	66.9	30.3	45.3	79.9	45.4	56.8
페루(Peru)												
1979-81	2,196	56.5	14.9	10.6	7.9	10.1	57.5	20.0	34.8	41.1	19.6	47.7
1982-84	2,180	57.8	14.6	11.0	7.2	9.4	58.1	20.5	35.3	39.7	17.7	44.6
1984-86	2,181	57.5	15.5	11.0	7.2	8.9	57.4	19.8	34.5	39.5	17.7	44.8
1986-88	2,277	56.1	16.5	11.8	7.6	8.0	60.1	21.8	36.3	43.1	19.6	45.5
1989-91	2,054	51.4	15.8	9.7	11.2	11.9	52.0	20.7	39.8	45.3	25.9	57.2
1992-94	2,123	51.7	15.2	11.2	12.7	9.3	53.8	21.3	39.6	50.1	30.3	60.5
1995-97	2,363	55.3	14.0	14.4	11.0	5.3	60.0	22.4	37.3	50.2	29.2	58.1
1998-00	2,598	58.3	14.5	9.2	9.1	8.9	64.8	22.3	34.4	48.7	26.6	54.6
2001-03	2,587	57.6	10.2	9.3	6.7	16.2	65.7	23.2	35.3	49.0	26.1	53.3
2004-06	2,283	64.5	9.3	9.9	6.3	10.1	61.3	20.6	33.6	37.8	16.1	42.5
2007-09	2,385	63.9	9.2	10.3	6.1	10.3	65.4	22.4	34.3	40.1	16.5	41.2

Comparison of the nutrient supply and proportion per capita per day by nation

국 명 Nation	에 너 지 Energy						단 백 질 Protein			지 방 질 Fat		
	실 수 Quantity	구 성 비 Proportion					실 수 Quantity	단 백 질 Protein		실 수 Quantity	지 방 질 Fat	
		전분질 Starchy	설탕류 Sweeteners	동물성 식품 Animal Food	유지류 Oils and Fats	기 타 Others		동물성 단백질 Animal Protein	동물성 단백질비 Animal Protein Proportion		유지류 Oils and Fats	유지류비 Oils and Fats Proportion
(연도) (Year)	(kcal)	(%)	(%)	(%)	(%)	(%)	(g)	(g)	(%)	(g)	(g)	(%)
2010-13	2,529	61.8	8.9	10.6	7.1	11.6	68.8	23.7	34.5	46.4	20.2	43.5
2014-17	2,660	60.4	8.2	11.3	8.1	11.9	73.6	27.1	36.8	53.4	24.4	45.7
2018-20	2,717	57.1	7.9	16.6	8.2	10.1	88.1	43.1	49.0	62.4	25.2	40.4
2020	2,742	57.2	7.7	16.5	8.5	10.0	88.4	43.1	48.8	63.8	26.5	41.5
필 리 핀(Philippines)												
1979-81	2,299	68.6	10.5	10.1	4.4	6.5	53.1	21.0	39.5	32.2	11.4	35.4
1982-84	2,239	67.7	10.1	10.5	4.1	7.6	53.0	21.3	40.2	31.5	10.3	32.7
1984-86	2,239	68.1	10.2	9.7	4.5	7.6	51.3	19.8	38.6	31.3	11.3	36.1
1986-88	2,235	67.4	9.8	10.0	5.0	7.7	51.5	19.9	38.6	33.0	12.5	37.9
1989-91	2,350	59.5	11.1	11.4	6.0	12.1	55.6	23.4	40.1	40.1	15.9	39.7
1992-94	2,371	58.4	12.0	12.5	6.6	10.6	56.5	24.5	43.4	44.2	17.5	39.6
1995-97	2,363	55.2	12.1	14.8	6.5	11.4	56.2	26.0	46.2	46.6	17.3	37.1
1998-00	2,360	58.1	11.7	12.5	7.5	10.2	54.9	23.5	42.8	47.5	19.7	41.5
2001-03	2,410	50.4	11.0	19.6	8.4	10.6	56.6	23.9	48.0	48.0	17.5	36.0
2004-06	2,399	61.5	10.5	13.0	6.2	8.9	55.6	22.9	41.3	46.9	16.5	35.2
2007-09	2,539	61.5	9.5	13.1	6.5	9.3	59.1	24.7	41.7	50.6	18.4	36.4
2010-13	2,511	61.6	9.1	13.0	7.2	9.1	58.5	24.1	41.1	51.9	20.2	39.0
2014-17	2,491	61.1	9.2	13.1	7.0	9.6	58.1	23.3	40.2	51.2	19.4	37.8
2018-20	2,732	63.9	8.6	11.8	7.1	8.6	63.5	24.4	38.4	53.6	21.7	40.4
2020	2,768	66.1	8.4	11.1	5.6	8.8	65.1	23.9	36.8	48.2	17.4	36.1
포르투갈(Portugal)												
1979-81	3,089	46.4	8.4	17.6	15.5	12.1	84.4	36.3	43.0	101.4	54.1	53.4
1982-84	3,142	45.5	8.4	18.4	15.5	12.1	88.4	39.7	44.9	104.0	54.9	52.8
1984-86	3,164	45.4	8.7	18.7	15.4	11.9	91.7	42.5	46.3	104.3	54.9	52.6
1986-88	3,284	45.0	8.2	19.6	15.8	11.4	97.5	46.6	47.8	112.3	58.5	52.1
1989-91	3,510	37.0	9.1	21.6	15.8	16.4	104.5	56.1	53.7	124.9	62.5	50.0
1992-94	3,608	37.7	8.6	23.5	15.4	14.9	109.5	61.1	55.7	131.8	62.3	47.3
1995-97	3,654	36.9	9.2	26.2	17.4	10.3	112.3	63.8	56.8	129.9	71.4	54.9
1998-00	3,670	36.0	8.5	22.5	16.6	16.4	117.9	69.9	59.3	132.6	68.6	51.7
2001-03	3,746	35.5	8.4	22.4	17.9	16.0	118.5	69.1	58.4	139.9	74.2	53.1
2004-06	3,244	37.6	9.0	23.9	20.0	9.5	108.8	64.9	59.7	130.2	72.8	55.9
2007-09	3,311	36.5	8.1	24.7	21.5	9.3	112.9	69.9	61.9	140.0	80.0	57.1
2010-13	3,185	36.7	8.1	23.7	22.5	9.0	107.4	65.8	61.3	137.6	81.7	59.4
2014-17	3,118	37.0	8.1	25.1	21.0	8.7	108.6	68.4	63.0	130.5	73.6	56.4
2018-20	3,190	35.2	7.7	26.5	21.2	9.4	113.7	74.6	65.6	138.9	75.8	54.6
2020	3,232	35.1	7.4	25.9	22.0	9.6	113.4	73.6	64.9	142.5	79.8	56.0

9.3. 1인 1일당 영양공급량과 구성비

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수 Quantity (kcal)	구성비 Proportion					실수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
전분 Starchy (%)		설탕류 Sweeten- ers (%)	동물성 식품 Animal Food (%)	유지류 Oils and Fats (%)	기타 Others (%)							
사우디아라비아(Saudi Arabia)												
1979-81	2,772	48.6	8.2	14.8	12.0	16.4	76.9	31.4	40.8	78.2	37.6	48.1
1982-84	2,877	45.8	8.8	16.0	12.2	17.3	83.5	35.6	42.6	84.8	39.5	46.6
1984-86	2,833	46.5	8.9	16.1	11.7	16.8	84.3	35.1	41.6	82.7	37.4	45.2
1986-88	2,805	47.3	9.3	15.4	11.6	16.3	84.3	34.0	40.3	80.4	36.8	45.8
1989-91	2,503	42.8	11.6	15.2	15.5	14.9	69.5	30.1	43.3	79.2	44.2	55.8
1992-94	2,395	47.1	12.5	12.9	14.9	12.7	63.3	24.0	37.9	70.1	40.2	57.3
1995-97	2,795	51.9	10.0	14.7	12.7	10.7	78.3	30.3	38.6	75.9	40.4	53.2
1998-00	2,837	51.0	10.0	14.0	13.5	11.5	78.1	31.7	40.6	80.2	43.2	53.9
2001-03	2,842	51.1	10.1	13.2	14.2	11.4	76.0	29.2	38.4	82.1	45.7	55.4
2004-06	2,990	52.0	10.7	12.7	13.4	11.1	80.2	30.8	38.4	80.4	45.4	56.4
2007-09	3,016	55.6	10.7	11.6	12.3	9.8	81.3	29.5	36.2	76.3	42.1	55.2
2010-13	3,082	49.4	10.2	14.2	16.2	10.1	84.0	35.6	42.4	87.8	57.2	65.2
2014-17	3,202	52.2	9.3	13.1	17.2	8.1	87.0	35.6	41.0	103.1	62.3	60.4
2018-20	3,227	52.2	9.5	12.6	15.4	10.3	86.5	34.5	39.9	98.8	56.0	56.7
2020	3,228	52.5	9.7	13.4	13.4	11.0	89.4	36.8	41.1	94.4	49.0	51.9
남아프리카공화국(Republic of South Africa)												
1979-81	2,961	55.8	13.7	14.1	7.7	8.7	77.7	28.4	36.6	67.8	25.6	37.8
1982-84	3,015	56.4	14.3	13.7	7.6	8.1	78.2	28.1	35.9	67.5	25.9	38.4
1984-86	3,023	55.4	15.0	13.4	8.3	7.9	77.1	27.9	36.2	69.2	28.4	41.0
1986-88	3,083	56.4	14.1	13.0	9.0	7.6	78.9	27.8	35.2	72.0	31.2	43.3
1989-91	2,863	56.1	12.4	12.6	10.3	8.7	73.2	25.3	35.6	71.3	33.2	46.6
1992-94	2,776	57.3	12.0	12.3	10.9	7.6	70.7	23.4	33.1	70.4	34.2	48.6
1995-97	2,956	56.5	12.0	13.9	11.4	6.2	76.7	27.2	35.4	76.1	38.0	49.9
1998-00	2,881	57.4	12.0	12.3	11.0	7.4	74.2	25.7	34.6	72.5	35.7	49.2
2001-03	2,946	57.7	10.9	11.7	12.0	7.7	76.2	25.6	33.6	78.0	39.9	51.2
2004-06	2,812	59.9	10.6	13.4	12.5	3.5	76.4	27.3	35.7	79.1	39.8	50.3
2007-09	2,827	58.4	10.4	15.5	12.0	3.7	79.6	30.9	38.8	82.7	38.5	46.5
2010-13	2,842	57.2	11.4	15.6	12.3	3.6	78.8	31.4	39.9	81.0	38.2	47.1
2014-17	2,772	57.0	11.6	16.2	11.3	3.9	80.3	33.3	41.4	80.7	35.5	44.0
2018-20	2,731	54.5	11.2	16.2	15.1	3.0	75.5	32.9	43.7	89.6	46.7	52.2
2020	2,722	53.5	11.3	15.9	16.2	3.1	74.2	32.3	43.5	92.1	49.8	54.1
스페인(Spain)												
1979-81	3,325	32.4	9.1	26.6	15.8	16.0	95.8	52.7	55.0	134.1	59.6	44.4
1982-84	3,352	31.9	8.1	28.5	16.0	15.5	97.2	54.5	56.1	142.5	60.5	42.5
1984-86	3,403	31.8	7.6	28.6	16.2	15.7	98.8	55.5	56.2	146.2	62.4	42.7
1986-88	3,494	31.0	8.4	28.9	15.9	15.7	100.9	57.1	56.6	150.7	62.9	41.7

Comparison of the nutrient supply and proportion per capita per day by nation

국 명 Nation (연도) (Year)	에 너 지 Energy						단 백 질 Protein			지 방 질 Fat		
	실 수 Quantity (kcal)	구 성 비 Proportion					실 수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실 수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
		전분 식품 Starchy (%)	설탕류 Sweeten- ers (%)	동물성 식품 Animal Food (%)	유지류 Oils and Fats (%)	기 타 Others (%)						
1989-91	3,594	27.8	7.9	30.2	18.6	15.5	104.2	60.5	58.1	172.7	75.3	43.6
1992-94	3,673	28.7	8.4	31.3	19.1	12.5	106.1	63.5	59.9	181.4	79.2	43.7
1995-97	3,288	32.0	9.1	26.0	21.8	11.1	106.7	64.2	60.1	143.7	80.9	56.2
1998-00	3,349	30.4	8.9	25.7	22.0	13.0	110.8	69.8	63.0	150.9	83.0	55.0
2001-03	3,405	29.9	9.6	25.7	21.7	13.2	112.7	71.3	63.3	153.8	83.4	54.2
2004-06	3,079	29.8	9.6	26.8	23.7	10.1	106.7	67.6	63.4	148.3	82.4	55.5
2007-09	3,023	31.3	8.2	26.0	24.3	10.3	104.9	65.8	62.7	148.1	82.7	55.8
2010-13	2,978	31.7	10.1	25.5	24.3	8.5	98.9	63.4	64.1	148.6	88.3	59.3
2014-17	3,037	30.7	10.1	25.9	24.3	8.9	101.8	64.4	63.3	145.7	83.5	57.3
2018-20	3,142	30.0	9.5	25.9	24.7	9.8	106.5	68.6	64.5	151.9	87.9	57.9
2020	3,150	29.8	9.2	25.7	25.4	9.8	106.7	69.0	64.7	153.4	90.4	58.9
스리랑카(Sri Lanka)												
1979-81	2,256	61.4	7.7	4.5	3.9	22.3	44.5	8.9	20.0	46.1	10.0	21.7
1982-84	2,287	63.5	7.6	4.3	4.6	19.9	46.1	9.2	20.0	47.4	11.9	25.1
1984-86	2,404	63.8	9.1	4.0	4.9	18.3	48.3	9.1	18.8	48.3	13.3	27.5
1986-88	2,297	63.7	9.4	4.3	4.2	18.5	47.1	9.0	19.1	45.2	10.8	23.9
1989-91	2,199	62.4	9.3	5.0	3.3	20.0	45.7	10.1	22.1	44.4	8.3	18.7
1992-94	2,242	76.9	8.4	4.7	2.9	7.2	47.1	10.0	21.2	47.4	7.2	15.1
1995-97	2,288	73.8	10.0	6.1	2.8	7.3	51.7	12.3	23.7	46.6	7.3	15.6
1998-00	2,360	71.2	12.6	6.2	3.1	6.9	53.4	13.9	26.0	44.8	8.1	18.1
2001-03	2,358	70.3	12.6	6.3	3.5	7.4	54.2	14.2	26.2	44.7	9.3	20.7
2004-06	2,310	61.8	12.3	5.8	3.6	16.5	52.8	12.7	24.1	44.5	9.3	20.8
2007-09	2,356	62.0	12.0	6.1	3.5	16.4	55.3	13.8	25.1	45.0	9.3	20.5
2010-13	2,428	62.1	11.5	6.6	3.3	16.6	56.2	15.8	28.2	46.3	9.0	19.5
2014-17	2,590	61.4	10.9	7.0	3.3	17.4	61.4	17.3	28.2	51.6	9.7	18.7
2018-20	2,730	63.1	10.7	7.5	3.6	15.2	66.7	18.8	28.2	50.6	11.2	22.1
2020	2,769	62.7	10.6	7.5	3.4	15.9	67.8	19.2	28.3	49.8	10.6	21.2
스웨덴(Sweden)												
1979-81	3,039	25.3	14.3	29.4	20.1	10.9	97.2	66.5	68.4	130.5	68.4	52.4
1982-84	3,093	25.9	14.5	28.6	20.3	10.6	98.1	66.1	67.4	132.0	70.3	53.3
1984-86	3,087	26.2	14.8	28.3	20.4	10.3	97.5	65.2	66.9	131.7	70.4	53.5
1986-88	3,030	25.4	14.8	28.7	20.3	10.7	96.2	64.8	67.4	131.0	68.8	52.5
1989-91	2,956	26.7	14.3	27.0	19.6	11.5	95.4	63.4	66.5	120.5	64.5	53.5
1992-94	2,914	27.5	14.8	27.5	17.8	12.4	96.6	64.1	66.4	114.2	57.8	50.6
1995-97	3,163	28.5	14.3	34.1	20.3	2.8	100.4	66.5	66.2	131.8	72.1	54.7
1998-00	3,104	29.2	14.7	27.0	19.2	10.0	101.4	67.4	66.5	126.0	66.5	52.8
2001-03	3,186	29.5	14.5	27.5	18.2	10.3	106.2	69.9	65.9	126.2	64.8	51.3
2004-06	2,960	30.4	13.7	29.7	18.8	7.4	103.6	71.1	68.7	122.9	62.3	50.7

9.3. 1인 1일당 영양공급량과 구성비

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수	구성비 Proportion					실수	구성비		실수	구성비	
(연도) (Year)	Quantity (kcal)	전분질 Starchy (%)	설탕류 Sweeten- ers (%)	동물성 식품 Animal Food (%)	유지류 Oils and Fats (%)	기타 Others (%)	Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
2007-09	2,955	30.2	13.5	29.4	18.8	8.0	103.5	70.7	68.3	124.1	61.9	49.9
2010-13	2,984	29.9	13.2	28.7	20.3	7.9	103.1	70.2	68.1	130.3	67.0	51.4
2014-17	3,007	30.4	12.0	28.4	21.5	7.7	103.6	70.3	67.8	135.1	71.9	53.2
2018-20	3,011	33.2	11.6	27.9	19.8	7.5	102.5	66.8	65.2	131.2	66.7	50.8
2020	3,024	33.2	11.2	28.2	19.9	7.5	102.6	66.7	65.1	132.2	67.4	51.0
스위스(Switzerland)												
1979-81	3,582	23.7	13.0	31.7	17.2	14.4	98.0	61.4	62.7	168.0	69.6	41.4
1982-84	3,553	22.1	13.1	32.4	17.2	15.3	96.8	62.0	64.0	168.9	68.7	40.7
1984-86	3,580	23.0	13.2	32.0	17.1	14.7	98.2	62.9	64.1	169.0	68.8	40.7
1986-88	3,623	23.4	13.4	31.7	16.8	14.7	100.1	64.0	63.9	169.6	68.6	40.4
1989-91	3,316	24.3	12.5	30.4	17.0	15.8	93.6	59.4	63.5	150.8	64.0	42.4
1992-94	3,251	27.7	12.8	29.5	16.9	13.0	91.7	56.9	62.1	146.0	62.4	42.7
1995-97	3,253	26.9	15.0	34.9	18.0	5.2	89.7	56.3	62.7	145.8	66.4	45.5
1998-00	3,288	28.5	14.6	27.6	17.8	11.4	91.0	55.5	61.0	146.0	66.4	45.5
2001-03	3,504	27.8	15.6	28.7	17.9	9.9	96.0	58.9	61.4	156.0	71.1	45.6
2004-06	3,196	25.8	18.2	28.6	20.1	7.4	86.1	54.4	63.2	152.9	72.7	47.6
2007-09	3,227	25.6	17.9	29.1	19.5	7.9	89.7	57.2	63.8	153.5	71.6	46.7
2010-13	3,222	24.8	17.8	28.7	20.2	8.5	89.9	57.5	64.0	153.5	73.0	47.5
2014-17	3,200	26.3	14.9	30.4	19.7	8.7	93.7	59.8	63.8	155.6	71.6	46.0
2018-20	3,200	27.1	13.8	29.4	20.9	8.8	94.1	59.5	63.3	157.8	76.0	48.1
2020	3,213	26.7	13.9	29.3	21.0	9.0	94.1	59.7	63.5	159.1	76.7	48.2
터키(Turkey)												
1979-81	3,042	57.7	8.5	7.9	12.6	13.3	86.2	19.8	23.0	74.4	43.1	57.9
1982-84	3,006	56.6	9.5	7.2	13.4	13.3	82.2	18.2	22.1	75.7	45.5	60.1
1984-86	3,006	57.5	9.3	7.1	13.6	12.5	83.2	18.0	21.6	74.3	46.0	61.9
1986-88	3,084	56.9	9.5	6.9	14.1	12.5	84.1	17.8	21.2	78.8	49.0	62.2
1989-91	3,564	56.3	8.4	10.1	13.8	11.4	101.8	25.8	25.3	94.9	55.7	60.6
1992-94	3,527	58.8	8.3	10.3	12.4	10.2	101.4	26.0	25.6	93.6	54.0	57.7
1995-97	3,521	57.6	8.4	11.4	14.6	8.0	100.0	26.6	26.2	96.9	58.2	60.0
1998-00	3,391	59.0	8.8	10.0	13.0	9.1	97.8	25.1	25.7	87.7	49.9	56.9
2001-03	3,343	60.1	7.7	9.2	13.9	9.1	95.5	22.8	23.8	90.6	52.5	58.0
2004-06	3,575	55.0	8.1	10.1	15.6	11.3	101.0	26.4	26.2	104.5	62.8	60.1
2007-09	3,635	53.6	8.0	10.5	15.8	12.1	102.6	27.9	27.2	109.8	65.0	59.2
2010-13	3,628	49.9	8.5	12.4	17.2	12.0	103.9	33.5	32.2	117.6	70.5	60.0
2014-17	3,645	49.3	8.4	13.5	17.0	11.8	106.5	36.2	34.0	119.2	70.2	58.9
2018-20	3,682	47.8	8.3	14.4	17.4	12.1	108.4	39.0	36.0	124.1	72.5	58.4
2020	3,685	47.6	8.3	14.5	17.4	12.2	109.9	39.9	36.3	123.4	72.6	58.8

Comparison of the nutrient supply and proportion per capita per day by nation

국명 Nation	에너지 Energy						단백질 Protein			지방질 Fat		
	실수 Quantity (kcal)	구성비 Proportion					실수 Quantity (g)	동물성 단백질 Animal Protein (g)	동물성 단백질비 Animal Protein Proportion (%)	실수 Quantity (g)	유지류 Oils and Fats (g)	유지류비 Oils and Fats Proportion (%)
전분질 식품 Starchy (%)		설탕류 Sweeten- ers (%)	동물성 식품 Animal Food (%)	유지류 Oils and Fats (%)	기타 Others (%)							

영국(United Kingdom)

1979-81	3,215	27.4	16.1	28.5	16.9	11.1	88.3	52.8	59.8	136.6	61.2	44.8
1982-84	3,161	26.9	16.2	28.3	17.2	11.4	86.9	52.1	60.0	134.5	61.2	45.5
1984-86	3,178	27.1	15.1	28.3	17.8	11.7	88.5	53.2	60.1	137.8	63.8	46.3
1986-88	3,218	26.7	15.0	28.3	17.8	12.1	89.4	53.9	60.3	140.7	64.6	45.9
1989-91	3,209	29.7	12.7	26.7	18.0	13.0	91.9	52.5	57.1	135.4	65.1	48.1
1992-94	3,216	31.1	12.3	25.8	19.4	11.4	90.5	50.9	56.2	139.1	70.5	50.7
1995-97	3,211	31.6	11.6	30.9	18.7	7.2	93.4	53.6	57.3	139.0	68.1	48.9
1998-00	3,326	33.6	10.6	26.1	18.6	11.2	98.3	54.8	55.7	142.1	69.8	49.1
2001-03	3,410	33.9	11.5	26.0	16.9	11.8	102.9	57.8	56.2	138.4	64.9	46.9
2004-06	3,186	34.8	10.9	27.9	18.3	8.0	99.1	58.3	58.8	139.1	66.0	47.4
2007-09	3,196	34.9	11.1	27.7	18.2	8.1	99.3	58.2	58.6	139.0	65.9	47.4
2010-13	3,169	34.9	11.9	27.3	17.9	8.0	98.2	57.5	58.5	135.0	64.0	47.4
2014-17	3,140	36.1	10.9	27.6	17.6	7.8	99.4	57.9	58.3	134.2	62.5	46.6
2018-20	3,140	36.5	9.4	27.5	18.5	8.2	99.9	57.9	57.9	137.9	65.7	47.6
2020	3,148	37.0	8.2	27.4	18.8	8.6	100.9	58.0	57.5	139.5	67.2	48.1

미국(United States of America)

1979-81	3,510	21.9	16.4	31.6	17.2	12.8	103.3	69.6	67.4	159.7	68.0	42.6
1982-84	3,517	22.1	16.0	31.1	17.6	13.1	103.8	69.3	66.8	160.9	69.9	43.4
1984-86	3,595	22.3	15.9	31.0	17.8	13.0	106.6	71.1	66.7	165.0	72.1	43.7
1986-88	3,644	23.2	15.9	30.9	17.0	13.0	109.0	72.2	66.2	163.5	69.9	42.8
1989-91	3,492	26.4	17.0	25.2	18.2	13.2	109.5	71.0	64.8	139.1	71.7	51.5
1992-94	3,610	28.8	17.4	25.0	18.2	10.7	112.5	72.6	64.5	142.3	74.0	52.0
1995-97	3,657	29.1	17.9	27.4	18.1	7.5	111.7	70.9	63.4	142.4	74.9	52.5
1998-00	3,739	28.8	18.2	24.5	18.3	10.2	113.9	72.7	63.8	148.0	77.5	52.4
2001-03	3,765	28.6	17.6	24.5	19.4	9.9	114.4	73.1	63.9	154.8	82.4	53.2
2004-06	3,613	26.9	18.2	26.0	20.9	8.1	113.2	74.4	65.8	158.4	85.1	53.7
2007-09	3,540	27.4	17.4	26.1	20.8	8.3	112.1	73.3	65.4	156.0	83.0	53.2
2010-13	3,476	26.7	16.9	25.5	22.7	8.2	107.4	70.2	65.4	160.0	89.3	55.8
2014-17	3,553	26.5	17.1	25.6	22.5	8.3	109.4	71.8	65.6	164.0	90.4	55.1
2018-20	3,727	25.9	15.8	27.5	22.1	8.7	114.2	75.7	66.2	180.0	92.9	51.6
2020	3,753	26.1	15.6	27.6	21.7	9.0	116.2	76.2	65.6	182.0	91.9	50.5

9.4. 식품별 에너지 공급량(1인 1일당)

단위: kcal

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
한 국(Korea, Republic of)												
1979-81	1,834	50	119	120	144	31	101	25	67	15	30	2,829
1982-84	1,822	34	117	120	137	40	124	27	86	19	154	2,851
1984-86	1,769	25	142	101	135	42	131	28	100	23	188	2,848
1986-88	1,709	22	163	107	138	45	125	31	109	25	228	2,867
1989-91	1,699	32	280	116	144	62	174	34	98	29	270	3,219
1992-94	1,558	33	294	139	148	70	246	36	106	28	250	3,229
1995-97	1,584	35	32.3	115	150	79	269	37	87	29	295	3,158
1998-00	1,513	37	311	118	166	67	199	37	106	37	337	2,928
2001-03	1,410	32	335	123	165	71	218	42	99	40	367	2,902
2004-06	1,374	38	341	118	172	79	216	41	98	37	426	2,940
2007-09	1,375	34	324	124	174	86	245	43	98	36	461	3,000
2010-13	1,409	36	338	132	169	75	272	44	110	37	516	3,138
2014-17	1,401	37	352	121	163	69	290	49	111	45	529	3,165
2018-20	1,166	42	454	134	170	65	342	50	112	51	639	3,226
2020	1,154	43	447	138	164	60	341	49	112	53	662	3,223
북 한(Korea, Dem. People's Rep.)												
1979-81	2,110	166	59	224	65	48	81	21	60	5	67	3,013
1982-84	2,148	167	60	203	70	53	86	22	67	6	79	3,067
1984-86	2,129	175	57	211	74	57	92	23	73	6	82	3,087
1986-88	2,191	178	55	216	76	59	95	23	73	6	89	3,172
1989-91	1,623	169	112	233	109	65	100	24	73	7	116	2,698
1992-94	1,316	137	114	216	94	65	92	24	74	6	99	2,308
1995-97	1,216	37	26	188	81	63	55	14	80	6	131	1,978
1998-00	1,356	116	25	211	94	63	69	16	12	6	112	2,080
2001-03	1,299	127	34	232	103	64	82	21	13	7	115	2,092
2004-06	1,347	146	30	160	96	64	97	22	12	9	130	2,113
2007-09	1,283	124	50	158	94	62	81	23	16	8	130	2,028
2010-13	1,314	130	41	140	83	66	80	18	14	7	149	2,041
2014-17	1,264	130	43	136	82	68	82	18	17	5	153	1,996
2018-20	1,313	75	42	130	80	69	83	18	16	6	171	2,003
2020	1,315	70	45	129	79	68	78	18	16	5	191	2,014
일 본(Japan)												
1979-81	1,240	69	268	140	72	59	134	65	172	94	329	2,791
1982-84	1,224	72	248	141	72	56	141	66	180	97	358	2,815
1984-86	1,208	76	245	144	73	54	151	68	181	98	346	2,805
1986-88	1,179	79	245	153	74	57	164	72	178	101	340	2,822
1989-91	1,178	78	311	164	74	53	158	75	196	109	328	2,899
1992-94	1,186	74	293	162	75	55	164	79	187	111	316	2,890
1995-97	1,193	74	288	152	77	54	161	78	193	111	343	2,926
1998-00	1,081	72	273	146	79	50	160	77	174	108	351	2,571
2001-03	1,066	69	273	148	76	52	171	76	170	107	370	2,579
2004-06	1,084	67	273	146	77	54	176	76	164	121	412	2,652
2007-09	1,063	64	274	141	74	53	177	77	154	118	402	2,597

주 1) 2004년 이후는 새로이 개편된 FAO 자료 집계 방식을 따르는 자료를 이용함.

2) 분석 대상은 조식품공급량 기준임.

3) 두류에는 종실류 및 견과류가 포함됨.

4) 어패류에는 해조류가 포함됨.

Comparison of the energy supply for each food group by nation(per capita per day)

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2010-13	1,066	60	255	134	73	50	187	76	136	114	395	2,544
2014-17	1,070	59	252	133	71	48	189	76	128	117	394	2,536
2018-20	1,049	58	261	140	73	47	204	79	126	120	404	2,562
2020	1,028	56	263	143	73	47	210	79	127	121	400	2,547
아르헨티나(Argentina)												
1979-81	958	142	377	26	50	105	702	29	10	245	366	3,243
1982-84	998	146	384	23	48	83	604	29	8	233	385	3,142
1984-86	994	152	411	25	50	83	658	29	10	241	354	3,186
1986-88	993	159	385	27	51	81	636	29	11	253	362	3,168
1989-91	965	115	394	16	49	75	537	29	9	247	378	2,960
1992-94	962	116	419	15	52	88	558	22	12	257	458	3,076
1995-97	956	131	447	21	50	97	467	23	16	304	449	3,113
1998-00	939	137	444	19	57	92	553	27	14	310	448	3,040
2001-03	1,002	109	423	18	54	90	534	25	14	238	406	2,921
2004-06	1,025	92	477	19	50	83	511	32	13	238	402	2,941
2007-09	872	87	467	23	49	73	544	37	13	268	391	2,825
2010-13	1,052	90	466	11	53	80	582	43	12	257	408	3,052
2014-17	1,082	94	452	30	56	81	610	53	12	245	423	3,137
2018-20	1,078	88	440	59	54	76	624	58	12	230	446	3,166
2020	1,079	91	444	75	54	73	616	60	11	234	451	3,188
오스트레일리아(Australia)												
1979-81	745	80	512	37	46	97	590	48	24	336	505	3,260
1982-84	757	86	491	46	51	98	579	47	25	338	513	3,268
1984-86	786	90	493	51	54	108	605	43	27	345	503	3,348
1986-88	786	92	494	51	55	102	601	42	26	347	505	3,339
1989-91	673	97	460	65	56	114	506	36	27	400	435	3,079
1992-94	646	95	483	62	54	122	494	29	27	410	458	3,080
1995-97	697	95	472	132	60	113	450	32	27	374	580	3,231
2001-03	686	89	425	78	67	116	497	25	30	357	567	2,935
2004-06	686	93	413	67	70	120	463	22	39	308	671	2,952
2007-09	743	95	405	92	73	121	473	23	37	316	677	3,055
2010-13	725	89	388	103	74	110	477	28	39	326	702	3,060
2014-17	735	84	465	96	75	105	491	31	42	350	705	3,177
2018-20	745	84	417	149	71	98	483	31	41	383	694	3,197
2020	739	83	421	182	68	102	496	30	40	385	654	3,200
오스트리아(Austria)												
1979-81	702	110	423	55	52	143	484	56	15	318	741	3,393
1982-84	690	112	411	61	45	145	485	54	15	326	777	3,422
1984-86	689	113	396	59	46	149	485	54	16	336	787	3,444

9.4. 식품별 에너지 공급량(1인 1일당)

단위: kcal

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
1986-88	690	113	388	73	48	162	494	56	17	342	783	3,476
1989-91	707	115	404	85	52	173	457	52	22	328	793	3,503
1992-94	700	102	390	82	55	180	459	51	25	337	795	3,473
1995-97	757	110	456	66	62	137	475	53	17	368	763	3,555
1998-00	900	115	451	75	66	139	496	50	21	356	759	3,428
2001-03	895	116	453	83	62	159	486	50	22	352	754	3,432
2004-06	922	116	461	87	66	174	468	51	29	243	811	3,428
2007-09	925	117	455	96	71	185	446	53	33	256	901	3,537
2010-13	883	108	451	97	76	179	414	54	30	259	948	3,498
2014-17	921	107	460	92	77	116	365	54	30	294	889	3,403
2018-20	894	106	403	113	76	125	347	55	30	315	994	3,458
2020	863	104	361	123	79	125	329	54	30	315	1072	3,455
브라질(Brazil)												
1979-81	994	217	504	170	21	98	177	20	11	129	227	2,623
1982-84	1,029	196	472	178	21	94	158	21	10	133	257	2,629
1984-86	1,041	194	469	169	21	104	149	25	11	141	282	2,667
1986-88	1,052	184	472	156	22	110	172	27	11	145	287	2,703
1989-91	928	154	472	166	23	115	207	27	11	156	422	2,751
1992-94	938	142	494	185	24	102	229	27	9	160	415	2,797
1995-97	918	151	550	196	26	124	273	27	12	195	368	2,933
1998-00	906	132	561	211	28	103	315	25	10	193	377	2,861
2001-03	934	135	557	233	29	122	362	25	10	195	374	2,976
2004-06	989	139	410	228	30	120	358	27	10	204	465	2,979
2007-09	957	141	410	235	33	127	386	28	12	215	492	3,037
2010-13	958	132	416	232	37	131	429	32	16	251	496	3,128
2014-17	940	125	411	211	37	112	453	36	15	255	557	3,149
2018-20	924	110	407	179	35	112	474	46	13	258	629	3,187
2020	912	111	410	172	35	112	475	47	13	265	672	3,224
캐나다(Canada)												
1979-81	658	116	453	96	74	118	487	49	29	294	647	3,266
1982-84	671	111	449	104	79	118	476	47	27	301	668	3,300
1984-86	696	115	470	107	79	119	482	46	30	291	703	3,400
1986-88	705	115	473	108	81	119	490	45	33	283	732	3,451
1989-91	657	100	428	119	82	118	365	41	39	275	636	3,051
1992-94	673	104	465	150	81	119	369	40	37	251	626	3,059
1995-97	737	104	458	155	83	124	347	40	39	240	620	3,091
1998-00	775	93	440	170	90	121	380	42	39	238	614	3,002
2001-03	832	121	532	162	90	116	384	45	38	234	743	3,296
2004-06	873	128	512	168	87	122	369	42	36	218	791	3,348
2007-09	869	110	460	185	84	130	370	44	37	217	784	3,291
2010-13	855	127	421	221	82	130	355	47	36	213	810	3,298
2014-17	816	127	437	212	78	130	358	53	37	196	875	3,317
2018-20	894	122	412	222	77	132	364	58	36	252	843	3,412
2020	934	115	410	208	80	130	357	58	35	249	866	3,442

Comparison of the energy supply for each food group by nation(per capita per day)

Unit: kcal

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
칠레(Chile)												
1979-81	1,250	100	371	60	87	65	186	18	34	155	208	2,658
1982-84	1,233	104	342	54	86	65	192	18	24	145	215	2,593
1984-86	1,240	106	344	53	71	54	173	20	26	141	226	2,565
1986-88	1,229	107	359	52	68	55	183	20	26	145	240	2,581
1989-91	1,120	106	380	35	75	66	241	22	36	142	234	2,537
1992-94	1,113	108	427	39	81	84	284	20	60	163	284	2,735
1995-97	1,075	107	450	42	82	79	327	17	27	180	302	2,774
1998-00	1,116	102	466	47	76	77	348	19	28	166	316	2,761
2001-03	1,147	107	457	50	81	56	360	20	23	159	322	2,782
2004-06	1,170	126	423	62	81	67	390	23	55	144	300	2,840
2007-09	1,203	103	413	55	70	83	420	25	69	138	250	2,829
2010-13	1,169	125	466	62	60	76	430	35	25	147	266	2,860
2014-17	1,152	117	460	66	63	81	452	36	23	161	272	2,881
2018-20	1,199	117	417	88	67	89	449	36	26	186	304	2,977
2020	1,172	114	424	97	68	112	436	35	26	189	351	3,024
중국(China)												
1979-81	1,643	243	42	90	42	9	127	10	10	6	79	2,328
1982-84	1,826	205	59	83	43	10	148	13	11	7	106	2,542
1984-86	1,872	179	62	82	48	13	174	18	14	8	118	2,622
1986-88	1,867	159	63	78	52	16	194	21	15	10	125	2,637
1989-91	1,812	151	73	81	57	19	225	26	18	11	142	2,651
1992-94	1,798	149	70	84	61	27	289	39	25	12	153	2,757
1995-97	1,656	156	75	74	96	46	328	58	35	16	157	2,834
1998-00	1,681	173	73	121	119	48	395	63	41	18	229	2,961
2001-03	1,454	181	71	113	158	54	431	71	35	26	274	2,868
2004-06	1,466	173	65	89	182	65	426	67	39	43	224	2,839
2007-09	1,446	149	74	95	200	75	440	73	44	52	244	2,894
2010-13	1,425	152	70	120	226	95	466	75	49	58	228	2,963
2014-17	1,446	148	80	125	238	105	475	78	54	53	241	3,042
2018-20	1,521	152	79	152	249	110	477	84	56	54	265	3,199
2020	1,522	155	85	157	247	109	466	87	56	56	274	3,214
콜롬비아(Colombia)												
1979-81	794	225	590	63	31	224	184	22	10	106	176	2,491
1982-84	844	230	575	71	28	194	173	21	8	123	212	2,548
1984-86	835	226	553	70	32	188	175	22	7	126	231	2,539
1986-88	817	217	558	72	34	197	172	24	7	133	242	2,544
1989-91	821	194	565	96	32	183	212	23	6	157	247	2,591
1992-94	864	203	523	107	23	201	184	26	8	174	277	2,663
1995-97	861	192	480	94	21	191	173	25	10	184	289	2,591
1998-00	840	190	486	86	33	182	165	24	9	190	303	2,508

9.4. 식품별 에너지 공급량(1인 1일당)

단위: kcal

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2001-03	862	192	480	96	29	166	166	23	9	179	306	2,527
2004-06	922	149	428	81	28	187	190	34	12	208	325	2,564
2007-09	920	180	406	80	29	194	211	35	12	217	317	2,602
2010-13	781	166	444	81	79	210	220	39	13	182	424	2,638
2014-17	859	171	567	88	35	287	256	43	15	188	417	2,925
2018-20	890	179	555	90	40	202	270	50	18	181	406	2,882
2020	898	197	526	79	38	206	263	53	18	183	413	2,874
덴 마 크(Denmark)												
1979-81	655	141	446	26	43	76	691	54	74	315	728	3,530
1982-84	682	137	446	32	51	70	682	57	71	284	660	3,463
1984-86	718	132	423	35	59	79	778	58	65	288	604	3,528
1986-88	729	130	413	37	60	92	873	59	58	282	578	3,605
1989-91	745	119	400	43	58	95	828	57	82	296	633	3,653
1992-94	799	125	447	43	66	96	827	62	82	197	658	3,722
1995-97	842	122	454	43	67	99	392	61	69	292	613	3,355
1998-00	826	144	436	49	76	98	444	60	47	290	598	3,068
2001-03	822	140	470	55	77	124	464	68	51	290	600	3,161
2004-06	825	126	472	56	71	132	416	82	57	302	566	3,105
2007-09	840	124	470	59	74	129	422	75	57	314	563	3,128
2010-13	871	106	476	65	83	126	356	65	69	321	565	3,102
2014-17	866	110	480	66	76	108	340	66	72	397	530	3,109
2018-20	807	115	485	78	76	110	348	64	75	452	574	3,184
2020	794	121	494	88	73	111	304	62	75	472	607	3,201
이 집 트(Egypt)												
1979-81	1,938	47	298	50	87	95	67	6	10	56	345	3,031
1982-84	2,020	47	365	49	88	103	82	9	11	62	372	3,238
1984-86	2,022	49	372	51	91	105	88	9	10	61	421	3,310
1986-88	2,023	53	355	53	99	112	82	10	10	57	458	3,344
1989-91	2,055	52	306	91	84	115	78	9	14	48	273	3,149
1992-94	2,146	57	287	89	86	124	83	8	13	53	252	3,228
1995-97	2,157	52	294	126	83	141	84	8	14	57	225	3,276
1998-00	2,147	50	305	135	109	149	93	8	24	69	198	3,287
2001-03	2,131	49	293	156	106	157	99	10	26	80	200	3,309
2004-06	2,097	63	251	136	120	169	92	10	28	69	171	3,205
2007-09	2,151	73	242	118	140	172	107	13	29	97	172	3,314
2010-13	2,206	86	289	123	132	171	118	15	40	102	198	3,480
2014-17	2,155	71	269	99	114	179	115	16	43	77	172	3,309
2018-20	2,107	72	271	89	105	164	107	13	48	72	211	3,260
2020	2,122	70	274	85	103	163	92	12	48	67	238	3,274

Comparison of the energy supply for each food group by nation(per capita per day)

Unit: kcal

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
핀 란 드(Finland)												
1979-81	733	153	387	19	20	100	474	41	51	467	471	3,088
1982-84	727	150	387	20	24	96	493	40	61	441	462	3,087
1984-86	749	163	379	22	27	94	498	42	66	403	455	3,087
1986-88	754	163	390	26	33	105	508	44	69	403	426	3,120
1989-91	701	152	382	30	38	110	504	41	60	424	398	3,064
1992-94	695	151	409	25	40	109	468	39	64	416	425	3,050
1995-97	767	132	397	36	46	77	488	46	65	442	408	3,083
1998-00	872	135	382	34	46	86	494	36	62	455	387	2,989
2001-03	876	136	335	35	48	92	494	33	60	432	385	2,928
2004-06	886	136	333	39	52	92	518	32	67	424	386	2,965
2007-09	879	127	309	42	55	93	530	33	73	457	390	2,988
2010-13	937	119	298	47	57	97	530	36	73	487	390	3,070
2014-17	951	109	301	48	58	107	516	40	65	513	389	3,095
2018-20	943	116	333	62	60	108	489	43	63	486	412	3,114
2020	894	119	343	76	60	108	469	44	62	491	449	3,115
프 랑 스(France)												
1979-81	788	147	392	50	73	75	455	56	35	343	524	3,244
1982-84	756	138	387	46	78	89	455	58	35	342	552	3,221
1984-86	755	139	391	48	79	91	459	60	37	365	602	3,285
1986-88	728	141	396	55	80	87	462	61	38	372	637	3,312
1989-91	836	131	342	61	84	87	582	57	41	407	670	3,543
1992-94	833	131	354	62	83	88	573	57	41	405	685	3,543
1995-97	841	121	364	61	83	93	531	61	40	371	709	3,522
1998-00	866	121	383	65	94	83	546	61	44	373	698	3,334
2001-03	886	119	381	64	99	95	556	59	46	387	728	3,419
2004-06	910	116	384	59	77	100	463	55	72	369	730	3,335
2007-09	914	103	384	60	71	101	440	57	70	359	778	3,335
2010-13	963	97	363	67	74	97	467	50	73	344	714	3,306
2014-17	1,079	93	365	68	71	107	430	47	61	312	661	3,293
2018-20	1,048	93	346	71	73	112	423	51	62	378	660	3,316
2020	1,050	95	345	72	71	115	418	54	62	407	652	3,341
독 일(Germany)												
1979-81	682	153	424	47	49	134	505	65	22	269	650	3,337
1982-84	705	135	422	50	52	146	505	64	21	281	643	3,352
1984-86	741	140	428	53	57	148	554	64	22	288	657	3,473
1986-88	744	138	436	55	59	151	575	62	23	297	670	3,528
1979-81	1,081	134	367	136	137	180	404	44	29	316	586	3,540
1982-84	1,124	134	324	131	141	194	450	43	31	311	611	3,634

9.4. 식품별 에너지 공급량(1인 1일당)

단위: kcal

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
1989-91	741	155	399	88	62	143	444	57	29	290	673	3,392
1992-94	720	140	419	88	62	154	437	48	26	288	693	3,382
1995-97	767	142	419	80	59	139	363	48	26	286	747	3,393
1998-00	771	141	407	81	54	150	369	48	27	267	780	3,095
2001-03	834	135	441	80	66	141	358	48	25	302	788	3,225
2004-06	888	129	478	79	63	113	349	47	41	317	729	3,234
2007-09	846	127	461	83	65	107	363	47	40	335	742	3,217
2010-13	869	122	470	89	68	105	360	48	39	332	720	3,220
2014-17	888	122	468	96	74	118	342	50	37	360	715	3,270
2018-20	820	119	433	101	74	124	330	58	37	437	795	3,327
2020	794	124	445	102	76	125	324	60	37	470	810	3,367
그 리 스(Greece)												
1989-91	1,051	138	347	148	136	204	398	46	35	335	720	3,717
1992-94	1,023	143	342	144	136	221	400	44	39	338	700	3,689
1995-97	1,059	123	306	148	144	196	303	39	40	358	757	3,617
1998-00	1,056	129	314	148	161	185	327	40	42	374	714	3,490
2001-03	1,076	125	335	162	155	189	337	35	39	368	694	3,515
2004-06	1,049	132	335	157	153	204	307	35	34	402	656	3,464
2007-09	1,045	133	315	181	139	167	293	35	37	428	672	3,446
2010-13	938	126	271	165	136	150	304	36	32	405	693	3,255
2014-17	970	111	283	178	102	136	268	38	32	403	696	3,217
2018-20	834	94	301	193	97	176	296	36	37	411	735	3,211
2020	811	87	332	198	98	189	280	34	38	396	740	3,203
인 도(India)												
1979-81	1,374	41	191	147	34	31	6	3	5	67	156	2,091
1982-84	1,361	40	200	163	34	33	7	4	5	86	170	2,140
1984-86	1,340	40	205	167	35	34	7	4	6	98	166	2,143
1986-88	1,310	38	197	157	34	33	8	4	6	99	173	2,104
1989-91	1,492	40	220	176	39	39	20	5	6	98	178	2,345
1992-94	1,511	42	230	167	40	44	20	5	7	101	189	2,397
1995-97	1,575	45	226	162	35	43	20	5	8	100	208	2,466
1998-00	1,457	48	248	158	40	50	20	6	9	115	235	2,386
2001-03	1,467	48	240	153	46	50	24	6	9	103	285	2,429
2004-06	1,364	50	192	151	40	51	17	7	9	98	252	2,230
2007-09	1,342	55	205	168	47	61	17	8	10	108	268	2,291
2010-13	1,376	60	220	181	57	67	17	9	10	127	279	2,403
2014-17	1,354	57	215	186	61	73	16	11	12	146	307	2,436
2018-20	1,365	58	225	219	64	78	19	14	15	171	302	2,530
2020	1,401	57	209	229	66	78	18	15	15	163	292	2,543

Comparison of the energy supply for each food group by nation(per capita per day)

Unit: kcal

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
인도네시아(Indonesia)												
1979-81	1,550	216	149	218	13	34	20	6	22	5	138	2,375
1982-84	1,733	208	160	199	13	42	22	7	25	5	151	2,571
1984-86	1,739	203	141	222	15	43	26	8	27	5	156	2,589
1986-88	1,789	187	134	229	15	43	30	9	28	4	158	2,631
1989-91	1,654	155	127	256	20	43	50	9	31	7	205	2,561
1992-94	1,657	162	136	254	22	44	56	10	34	8	202	2,609
1995-97	1,856	174	151	306	23	48	59	13	37	9	214	2,900
1998-00	1,860	190	186	250	25	42	48	10	40	10	233	2,894
2001-03	1,814	192	167	250	27	53	51	14	42	10	266	2,885
2004-06	1,600	145	152	149	31	74	56	16	44	13	193	2,473
2007-09	1,646	153	136	152	34	82	60	19	50	15	230	2,576
2010-13	1,725	168	150	132	37	79	69	19	57	19	251	2,705
2014-17	1,730	249	164	119	39	86	57	22	77	20	263	2,824
2018-20	1,658	192	258	104	43	89	66	61	84	20	328	2,903
2020	1,607	201	262	102	44	93	72	63	85	20	351	2,900
아일랜드(Ireland)												
1979-81	831	240	502	38	60	73	688	44	27	379	521	3,541
1982-84	862	236	479	39	54	76	695	45	29	400	537	3,673
1984-86	861	244	485	47	52	77	691	41	30	386	509	3,663
1986-88	839	250	516	68	55	78	687	36	30	370	507	3,688
1989-91	988	218	396	54	58	83	449	33	28	488	593	3,628
1992-94	966	212	417	48	60	82	462	32	28	436	578	3,629
1995-97	973	215	426	41	58	85	382	26	34	386	577	3,557
1998-00	955	215	429	49	62	83	428	28	26	399	583	3,257
2001-03	952	202	399	53	71	101	454	27	27	458	541	3,287
2004-06	963	187	348	59	65	94	453	27	37	396	535	3,163
2007-09	1,024	192	358	69	77	122	404	32	35	367	541	3,222
2010-13	1,074	152	397	79	85	118	385	35	35	336	544	3,239
2014-17	1,090	136	463	77	87	128	383	37	50	405	574	3,429
2018-20	1,062	124	441	77	78	135	403	35	53	478	621	3,509
2020	977	113	427	75	77	134	390	37	53	523	681	3,487
이스라엘(Israel)												
1979-81	1,055	76	343	134	70	161	272	75	27	236	486	2,984
1982-84	1,030	68	345	147	75	192	276	81	24	246	496	3,031
1984-86	1,008	64	372	145	76	190	258	81	26	252	520	3,043
1986-88	1,001	64	388	154	72	200	245	73	28	255	598	3,132
1989-91	1,036	58	418	199	100	179	269	69	32	229	559	3,253
1992-94	1,036	67	418	168	101	168	276	60	30	214	484	3,115
1995-97	1,074	72	471	184	101	212	261	48	30	211	556	3,282
1998-00	1,193	81	503	192	133	176	280	44	32	236	613	3,483

9.4. 식품별 에너지 공급량(1인 1일당)

단위: kcal

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2001-03	1,170	85	434	194	125	168	372	39	31	239	642	3,499
2004-06	1,189	89	249	220	122	215	410	36	31	248	698	3,508
2007-09	1,183	87	241	236	118	188	405	35	32	262	686	3,474
2010-13	1,166	74	275	237	124	178	402	41	35	268	689	3,489
2014-17	1,155	72	252	212	117	165	405	45	42	279	704	3,446
2018-20	1,134	71	358	217	104	186	422	47	43	287	604	3,474
2020	1,156	64	369	211	106	191	412	45	43	283	602	3,482
이탈리아(Italy)												
1979-81	1,290	76	331	70	96	136	363	44	26	300	646	3,603
1982-84	1,124	73	305	68	103	151	377	45	29	319	647	3,457
1984-86	1,142	73	298	76	107	144	382	44	33	327	680	3,516
1986-88	1,149	75	288	87	98	153	396	45	34	331	709	3,571
1989-91	1,146	76	287	92	101	161	407	47	40	271	778	3,579
1992-94	1,096	79	256	96	99	171	412	47	40	261	743	3,464
1995-97	1,131	67	286	97	101	153	387	48	39	265	760	3,504
1998-00	1,150	71	299	109	107	165	403	49	44	278	785	3,460
2001-03	1,167	71	301	105	102	163	413	46	46	273	821	3,507
2004-06	1,146	70	298	112	108	184	396	44	48	284	823	3,514
2007-09	1,130	69	300	110	93	178	398	47	49	278	822	3,473
2010-13	1,131	67	291	110	89	167	381	47	48	283	818	3,431
2014-17	1,157	67	312	110	86	151	333	45	56	254	783	3,351
2018-20	1,111	69	326	130	70	150	319	44	57	299	794	3,370
2020	1,076	71	335	149	64	156	304	44	57	321	832	3,409
멕시코(Mexico)												
1979-81	1,426	26	455	171	20	92	266	28	18	172	280	3,014
1982-84	1,474	24	446	188	22	100	290	30	18	156	312	3,115
1984-86	1,501	23	435	177	23	99	270	34	18	152	336	3,118
1986-88	1,520	21	448	163	22	88	251	35	18	161	349	3,123
1989-91	1,444	25	498	154	27	95	198	40	20	136	325	3,038
1992-94	1,388	24	498	157	26	104	224	42	20	151	341	3,053
1995-97	1,439	25	485	168	26	104	220	42	17	145	355	3,107
1998-00	1,453	29	475	161	39	101	254	52	17	160	322	3,063
2001-03	1,436	31	474	160	38	116	289	58	20	170	289	3,081
2004-06	1,400	32	486	165	46	117	290	61	22	169	328	3,117
2007-09	1,365	32	490	162	44	111	302	66	22	170	328	3,093
2010-13	1,304	30	467	145	40	101	299	63	21	162	328	2,960
2014-17	1,318	32	472	138	46	110	329	69	30	166	348	3,057
2018-20	1,329	32	429	131	48	116	360	74	28	164	369	3,080
2020	1,345	32	415	122	44	117	363	75	27	164	365	3,069

Comparison of the energy supply for each food group by nation(per capita per day)

단위: kcal

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
네덜란드(Netherlands)												
1979-81	618	157	419	48	45	115	376	48	20	428	799	3,321
1982-84	611	159	399	54	51	121	375	55	18	404	780	3,278
1984-86	620	171	389	56	51	117	380	53	19	378	793	3,280
1986-88	600	165	410	73	49	126	387	47	17	407	775	3,303
1989-91	559	165	545	92	54	133	395	44	20	398	611	3,261
1992-94	593	166	543	102	55	156	425	51	25	407	572	3,343
1995-97	551	158	91	61	125	434	434	62	29	449	762	3,249
1998-00	564	156	452	72	72	129	437	68	47	426	551	2,974
2001-03	772	146	419	102	103	160	395	53	45	425	591	3,211
2004-06	609	152	451	82	90	148	353	70	49	453	577	3,033
2007-09	632	170	449	88	90	151	372	52	48	453	567	3,073
2010-13	713	170	440	75	76	161	388	57	50	451	455	3,034
2014-17	726	167	428	82	79	185	338	79	41	452	514	3,089
2018-20	831	146	399	103	78	186	302	80	38	504	592	3,258
2020	811	172	431	138	70	190	309	85	44	530	584	3,364
뉴질랜드(New Zealand)												
1979-81	750	93	505	53	62	109	620	61	34	351	552	3,382
1982-84	755	103	493	60	60	122	581	57	53	401	538	3,414
1984-86	721	106	505	66	55	140	593	51	56	430	527	3,445
1986-88	719	104	523	67	58	156	625	51	56	402	508	3,475
1989-91	748	98	520	78	54	128	473	47	29	386	538	3,297
1992-94	766	100	527	87	56	132	529	48	29	305	515	3,314
1995-97	715	138	461	84	130	157	453	37	52	448	45.0	3,360
1998-00	729	139	552	87	109	141	486	44	53	282	454	3,076
2001-03	750	132	571	110	103	146	473	38	47	224	474	3,068
2004-06	753	111	562	113	106	139	459	40	50	137	518	2,987
2007-09	768	102	568	104	101	151	472	40	54	124	538	3,022
2010-13	796	98	549	120	95	134	443	38	45	163	518	2,999
2014-17	918	97	533	135	91	127	392	39	43	172	459	3,005
2018-20	949	86	541	137	78	110	373	44	45	161	495	3,019
2020	956	90	546	142	62	102	358	47	44	137	542	3,026
노르웨이(Norway)												
1979-81	795	147	423	42	34	103	382	41	45	470	630	3,332
1982-84	771	157	391	44	34	106	347	45	112	450	607	3,203
1984-86	797	162	408	47	34	109	366	46	98	434	585	3,237
1986-88	876	161	393	51	37	113	383	46	75	403	571	3,266
1989-91	877	145	408	45	41	114	313	42	116	359	560	3,168
1992-94	902	144	423	45	42	122	335	41	127	352	573	3,244
1995-97	910	144	441	45	45	125	363	42	124	378	555	3,327
1998-00	985	130	450	43	44	107	351	39	124	358	592	3,223

9.4. 식품별 에너지 공급량(1인 1일당)

Unit: kcal

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2001-03	1,001	133	433	48	47	115	372	38	130	352	611	3,278
2004-06	978	128	417	58	54	126	386	40	110	329	625	3,251
2007-09	981	124	405	61	57	135	381	42	116	333	595	3,229
2010-13	977	101	324	94	56	129	385	44	112	336	641	3,198
2014-17	996	94	298	106	59	127	386	46	106	366	541	3,125
2018-20	1,021	98	286	188	59	122	399	47	104	319	510	3,153
2020	999	103	290	222	61	119	386	47	103	326	500	3,156
파키스탄(Pakistan)												
1979-81	1,411	7	278	54	17	39	46	4	3	115	232	2,231
1982-84	1,364	8	267	58	18	42	47	5	3	112	268	2,226
1984-86	1,331	8	252	59	18	42	49	5	3	114	308	2,214
1986-88	1,268	8	242	56	19	40	52	5	4	119	336	2,167
1989-91	1,360	15	259	60	16	42	56	6	3	167	317	2,326
1992-94	1,399	18	243	57	17	44	60	6	4	177	350	2,400
1995-97	1,359	18	273	73	21	53	64	6	4	194	370	2,461
1998-00	1,288	26	274	74	26	53	54	7	5	271	327	2,405
2001-03	1,219	26	270	70	25	49	58	8	4	268	364	2,360
2004-06	1,124	25	283	66	25	47	57	8	4	276	369	2,285
2007-09	1,120	30	275	83	27	49	64	10	4	297	395	2,352
2010-13	1,171	33	270	78	23	41	69	11	4	314	381	2,394
2014-17	1,247	32	245	62	21	35	68	12	4	307	395	2,424
2018-20	1,196	32	226	54	25	47	78	13	3	353	412	2,439
2020	1,205	31	223	53	25	46	81	14	3	364	402	2,447
페루(Peru)												
1979-81	968	223	327	63	30	94	98	10	32	93	173	2,196
1982-84	996	207	319	69	31	78	109	10	29	92	157	2,180
1984-86	1,003	193	338	71	28	73	105	12	27	95	157	2,181
1986-88	1,033	188	375	69	28	65	122	14	27	105	174	2,277
1989-91	853	175	324	55	30	94	108	14	39	68	231	2,054
1992-94	879	161	322	57	31	90	113	14	35	75	270	2,123
1995-97	929	292	332	88	35	119	87	16	38	90	261	2,363
1998-00	1,053	354	377	107	41	121	97	17	29	87	237	2,520
2001-03	1,046	339	377	104	43	133	106	16	37	82	233	2,516
2004-06	1,067	340	211	98	45	152	84	18	38	86	143	2,283
2007-09	1,090	364	220	112	52	155	94	23	39	90	147	2,385
2010-13	1,104	383	225	129	61	179	98	27	40	102	179	2,525
2014-17	1,123	403	218	131	64	205	106	33	49	113	216	2,660
2018-20	1,072	398	215	124	57	177	247	39	53	113	223	2,717
2020	1,085	399	211	125	53	182	247	40	53	113	234	2,742
필리핀(Philippines)												
1979-81	1,396	173	242	25	11	89	118	20	72	23	101	2,299
1982-84	1,389	119	226	27	10	95	118	20	78	19	91	2,239

Comparison of the energy supply for each food group by nation(per capita per day)

단위: kcal

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
1984-86	1,405	112	228	28	9	91	109	18	74	16	100	2,239
1986-88	1,390	109	219	28	9	94	113	17	72	22	111	2,235
1989-91	1,282	105	260	37	48	109	141	20	83	24	141	2,350
1992-94	1,260	87	283	37	48	105	174	19	80	23	156	2,371
1995-97	1,160	100	287	45	52	143	188	27	75	25	154	2,363
1998-00	1,234	94	276	43	47	130	177	27	63	23	176	2,290
2001-03	1,286	81	241	43	48	134	213	26	62	21	156	2,345
2004-06	1,385	74	252	50	44	133	215	17	62	17	149	2,399
2007-09	1,465	80	241	49	50	157	232	17	69	15	165	2,539
2010-13	1,462	82	230	45	49	149	233	17	61	17	181	2,524
2014-17	1,469	41	229	44	50	160	239	16	52	19	174	2,491
2018-20	1690	43	235	50	49	148	225	19	53	26	194	2,732
2020	1773	44	232	55	48	154	205	20	53	28	156	2,768
포르투갈(Portugal)												
1979-81	1,204	183	260	70	74	64	331	21	47	145	479	3,089
1982-84	1,211	171	263	74	80	68	333	20	57	169	486	3,142
1984-86	1,203	183	276	74	88	62	329	22	75	165	487	3,164
1986-88	1,234	178	268	94	84	67	354	24	86	180	519	3,284
1989-91	1,022	219	319	88	97	139	427	29	87	217	555	3,510
1992-94	1,042	233	309	84	90	138	498	36	86	229	554	3,608
1995-97	1,030	248	339	72	95	154	360	35	87	264	636	3,654
1998-00	1,018	230	313	73	116	168	399	37	94	276	610	3,334
2001-03	1,029	226	314	77	113	163	406	39	89	304	661	3,422
2004-06	1,040	145	293	76	115	153	381	36	85	272	649	3,244
2007-09	1,040	135	268	71	110	158	406	37	98	276	712	3,311
2010-13	1,010	114	257	112	111	142	391	35	85	245	728	3,230
2014-17	998	123	253	66	105	135	397	37	87	263	656	3,118
2018-20	970	115	247	89	82	165	421	41	104	281	675	3,190
2020	986	111	240	101	89	158	408	40	105	283	711	3,232
사우디아라비아(Saudi Arabia)												
1979-81	1,298	20	227	89	59	276	195	21	17	178	333	2,961
1982-84	1,262	18	252	130	73	278	229	30	19	183	350	3,015
1984-86	1,264	17	253	149	65	246	222	33	18	182	331	3,023
1986-88	1,275	16	262	153	59	229	207	32	15	178	326	3,083
1989-91	1,039	22	294	51	75	210	200	20	12	153	391	2,503
1992-94	1,049	27	300	51	71	211	182	20	10	96	356	2,395
1995-97	1,368	31	280	52	79	216	199	18	10	139	357	2,795
1998-00	1,351	38	285	57	67	221	208	18	12	148	383	2,788
2001-03	1,365	33	287	54	60	218	198	17	12	148	405	2,797
2004	1,486	38	320	62	72	230	208	17	17	138	401	2,990
2007-09	1,600	35	322	64	65	208	211	16	19	104	372	3,016

9.4. 식품별 에너지 공급량(1인 1일당)

Unit: kcal

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2010-13	1,439	27	314	85	71	210	243	20	20	145	506	3,080
2014-17	1,586	32	298	87	58	169	217	26	22	156	552	3,202
2018-20	1,595	38	307	100	61	223	205	35	21	146	496	3,227
2020	1,601	42	312	108	67	231	218	40	21	154	434	3,228
남아프리카공화국(Republic of South Africa)												
1979-81	1,298	20	227	89	59	276	195	21	17	178	333	2,772
1982-84	1,262	18	252	130	73	278	229	30	19	183	350	2,877
1984-86	1,264	17	253	149	65	246	222	33	18	182	331	2,833
1986-88	1,275	16	262	153	59	229	207	32	15	178	326	2,805
1989-91	1,526	53	354	34	33	40	230	17	16	98	294	2,863
1992-94	1,499	51	332	41	33	36	220	18	10	92	302	2,776
1995-97	1,564	62	357	45	38	41	204	22	223	115	337	2,956
1998-00	1,558	57	346	39	36	44	208	23	13	98	316	2,738
2001-03	1,588	56	321	56	35	41	222	23	15	85	338	2,795
2004-06	1,596	61	298	51	34	43	248	24	17	89	352	2,812
2007-09	1,558	64	293	56	37	40	305	27	14	92	341	2,827
2010-13	1,517	73	317	50	38	42	299	26	13	91	338	2,803
2014-17	1,497	64	323	54	37	35	329	24	12	83	314	2,772
2018-20	1,408	68	307	29	34	31	319	27	13	83	413	2,731
2020	1,378	67	308	31	34	30	309	29	12	84	440	2,722
스 페 인(Spain)												
1979-81	819	204	304	97	98	137	508	60	50	266	527	3,325
1982-84	823	196	271	93	98	134	584	62	50	259	535	3,352
1984-86	832	199	259	98	100	135	592	61	54	267	552	3,403
1986-88	833	191	294	107	99	135	628	67	53	262	557	3,494
1989-91	749	200	285	115	114	155	722	61	62	239	667	3,594
1992-94	745	189	309	120	101	151	769	62	68	250	702	3,673
1995-97	756	158	300	141	93	130	409	55	63	259	717	3,288
1998-00	744	152	299	123	106	137	462	50	83	253	736	3,145
2001-03	740	145	327	131	102	143	493	51	82	249	739	3,202
2004-06	709	127	296	164	104	125	432	56	88	248	730	3,079
2007-09	744	123	246	179	99	112	415	55	88	228	734	3,023
2010-13	741	109	270	140	88	94	372	52	85	251	782	2,984
2014-17	783	103	307	117	90	112	381	55	86	265	739	3,037
2018-20	786	105	299	151	79	130	405	57	86	266	777	3,142
2020	787	104	290	153	75	131	395	58	87	270	800	3,150
스리랑카(Sri Lanka)												
1979-81	1,256	92	174	323	23	152	12	7	31	51	89	2,256
1982-84	1,309	106	173	316	31	95	12	7	33	47	106	2,287
1984-86	1,394	92	218	320	40	70	12	8	31	46	118	2,404
1986-88	1,340	73	215	318	39	64	11	10	28	50	96	2,297
1989-91	1,266	59	204	374	24	73	12	10	33	56	73	2,199

Comparison of the energy supply for each food group by nation(per capita per day)

단위: kcal

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
1992-94	1,297	46	188	380	23	67	13	10	34	49	64	2,242
1995-97	1,247	64	229	379	29	75	20	9	41	59	65	2,288
1998-00	1,264	66	298	350	31	78	19	9	47	70	72	2,304
2001-03	1,263	55	298	338	31	77	26	9	48	67	82	2,295
2004-06	1,282	52	286	379	34	61	24	8	44	58	83	2,310
2007-09	1,290	58	282	398	41	60	24	10	49	62	82	2,356
2010-13	1,353	65	279	378	41	68	23	13	59	68	80	2,425
2014-17	1,424	72	282	409	49	87	24	18	61	78	86	2,590
2018-20	1,542	69	291	384	56	85	38	17	58	91	99	2,730
2020	1,555	70	294	377	65	107	41	16	59	92	93	2,769
스웨덴(Sweden)												
1979-81	625	136	434	42	32	98	335	47	68	443	612	3,039
1982-84	660	132	448	43	35	93	319	48	65	454	629	3,093
1984-86	668	131	456	44	38	97	315	50	62	448	630	3,087
1986-88	628	133	447	50	40	106	314	51	63	443	616	3,030
1989-91	633	130	423	55	45	121	266	50	68	414	578	2,956
1992-94	659	129	432	57	47	112	280	49	67	405	518	2,914
1995-97	740	114	454	49	48	106	293	46	77	415	645	3,163
1998-00	758	94	455	53	52	99	312	45	73	403	595	2,939
2001-03	792	93	461	55	54	105	325	43	82	427	580	3,018
2004-06	778	104	406	62	62	110	336	44	64	434	558	2,960
2007-09	775	102	400	77	64	112	343	44	64	418	556	2,955
2010-13	772	102	395	80	68	106	355	51	59	395	603	2,985
2014-17	797	100	360	77	71	101	331	53	59	411	646	3,007
2018-20	879	102	349	82	70	94	310	55	59	415	597	3,011
2020	875	107	339	83	72	93	300	53	58	441	603	3,024
스위스(Switzerland)												
1979-81	738	90	465	84	61	160	644	46	18	428	617	3,582
1982-84	678	90	467	88	63	163	653	47	19	431	610	3,553
1984-86	720	91	472	86	63	158	656	47	21	423	611	3,580
1986-88	746	89	485	92	57	162	661	48	23	418	609	3,623
1989-91	715	81	415	101	58	134	556	42	27	383	564	3,316
1992-94	715	83	416	103	58	140	519	39	26	375	551	3,251
1995-97	707	81	489	90	61	131	463	38	26	380	586	3,253
1998-00	765	78	479	95	65	128	465	39	28	363	586	3,091
2001-03	780	94	547	100	65	234	368	39	29	412	628	3,296
2004-06	736	74	582	95	60	95	465	39	28	381	642	3,196
2007-09	729	78	576	103	62	108	469	41	29	400	631	3,227
2010-13	709	78	572	99	71	129	458	40	30	387	652	3,224
2014-17	751	74	477	100	69	127	429	40	31	473	631	3,200
2018-20	761	87	443	105	68	126	408	41	30	462	668	3,200
2020	754	87	448	109	70	127	404	42	29	468	675	3,213
터키(Turkey)												
1979-81	1,576	101	258	170	91	199	89	17	15	120	382	3,042
1982-84	1,540	97	285	157	86	192	86	17	17	97	404	3,006
1984-86	1,535	108	281	157	93	181	89	17	14	94	408	3,006

9.4. 식품별 에너지 공급량(1인 1일당)

Unit: kcal

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
1986-88	1,536	122	294	185	94	173	89	19	13	91	434	3,084
1989-91	1,741	121	299	233	109	171	97	23	11	228	493	3,564
1992-94	1,742	114	294	217	112	165	91	28	14	231	478	3,527
1995-97	1,714	119	297	197	124	159	85	36	20	218	515	3,521
1998-00	1,660	132	300	207	136	139	86	37	18	195	442	3,352
2001-03	1,668	119	258	226	138	131	85	31	15	177	465	3,308
2004-06	1,745	102	289	234	146	142	92	37	15	216	556	3,575
2007-09	1,751	94	293	246	142	154	99	37	16	227	576	3,635
2010-13	1,590	96	309	258	144	159	129	30	13	279	624	3,629
2014-17	1,582	92	308	254	143	154	145	34	9	302	621	3,645
2018-20	1,541	94	307	261	149	160	138	38	10	343	641	3,682
2020	1,524	99	306	261	154	165	133	40	10	351	642	3,685
영 국(United Kingdom)												
1979-81	664	193	518	55	55	69	516	54	22	325	544	3,215
1982-84	632	196	513	56	58	73	498	49	25	321	544	3,161
1984-86	639	198	479	62	59	76	500	48	27	323	567	3,178
1986-88	635	201	484	65	62	80	513	46	27	326	573	3,218
1989-91	718	190	406	90	61	86	447	40	29	340	577	3,209
1992-94	716	193	396	92	62	92	428	39	29	332	624	3,216
1995-97	720	201	373	94	58	96	439	39	31	340	602	3,211
1998-00	813	200	353	103	62	96	446	37	33	343	617	3,103
2001-03	853	205	392	98	67	110	458	44	36	349	574	3,184
2004-06	875	204	349	84	70	132	462	39	38	350	584	3,186
2007-09	904	186	353	83	68	134	457	40	40	348	582	3,196
2010-13	900	178	376	78	70	133	444	42	37	343	567	3,167
2014-17	939	167	342	79	68	126	447	43	48	330	553	3,140
2018-20	992	133	294	82	69	127	440	43	45	336	580	3,140
2020	1,011	130	257	87	74	132	436	43	45	340	593	3,148
미 국(United States of America)												
1979-81	651	91	576	94	69	108	686	59	23	340	604	3,510
1982-84	658	92	563	99	72	114	670	57	23	343	620	3,517
1984-86	678	95	571	102	72	117	679	56	25	356	639	3,595
1986-88	718	96	579	105	72	126	681	55	26	365	620	3,644
1989-91	793	96	595	101	66	127	437	50	29	364	635	3,492
1992-94	833	102	628	105	66	137	455	51	29	366	656	3,610
1995-97	851	105	658	111	70	126	426	52	29	381	663	3,657
1998-00	850	107	680	119	79	125	445	55	30	384	686	3,560
2001-03	843	106	663	126	77	118	450	56	29	387	731	3,587
2004-06	831	102	657	134	80	118	463	56	36	383	754	3,613
2007-09	837	94	616	140	77	117	453	54	39	379	735	3,540
2010-13	801	96	581	131	70	114	429	54	36	373	791	3,474
2014-17	815	93	607	136	71	121	437	58	36	379	801	3,553
2018-20	835	91	591	151	72	142	547	62	37	379	822	3,727
2020	845	87	586	178	74	134	561	61	37	377	813	3,753

9.5. 식품별 단백질 공급량(1인 1일당)

단위: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동 물 성 단백질계 Animal Protein	계 Total
한 국 (Korea, Republic of)													
1979-81	37.6	0.7	0.0	8.9	8.7	0.4	4.8	1.9	10.6	1.1	0.0	18.6	75.5
1982-84	36.4	0.5	0.0	9.1	8.2	0.5	5.8	2.1	12.4	1.4	0.1	21.7	77.1
1984-86	35.6	0.5	0.0	7.6	8.0	0.5	6.3	2.2	14.3	1.6	0.1	24.4	77.4
1986-88	34.6	0.4	0.0	7.9	7.9	0.6	6.2	2.5	15.6	1.7	0.1	26.0	78.1
1989-91	34.5	0.6	0.0	10.2	8.0	0.8	8.9	2.7	13.6	2.0	0.1	27.3	81.9
1992-94	31.0	0.6	0.0	12.4	8.2	0.9	12.5	2.8	15.0	2.0	0.1	32.4	85.5
1995-97	31.7	0.7	0.1	7.5	8.2	1.0	12.9	2.9	13.8	2.0	0.2	34.3	85.6
1998-00	30.3	0.7	0.1	8.2	8.7	0.8	13.8	2.9	15.2	2.5	0.2	36.3	83.4
2001-03	28.8	0.6	0.1	8.5	8.7	0.8	16.0	3.3	15.9	2.7	0.2	37.9	85.5
2004-06	28.2	0.7	0.1	8.0	9.0	0.9	15.1	3.2	15.0	2.5	0.2	36.1	83.0
2007-09	27.9	0.6	0.1	8.3	8.9	1.0	17.1	3.4	15.0	2.5	0.2	38.2	84.9
2010-13	28.5	0.7	0.1	8.6	8.5	0.9	19.3	3.5	15.9	2.7	0.3	41.6	88.8
2014-17	28.6	0.7	0.1	7.5	8.3	0.8	20.6	3.8	16.1	3.2	0.3	43.9	89.9
2018-20	24.9	0.7	0.1	7.7	8.6	0.8	24.7	3.9	16.0	3.7	0.4	48.7	91.5
2020	24.8	0.8	0.1	8.0	8.4	0.8	24.8	3.9	15.9	3.8	0.3	48.6	91.5
북 한 (Korea, Dem. People's Rep.)													
1979-81	42.5	3.4	0.0	17.0	4.0	0.5	3.6	1.7	9.6	0.2	0.1	15.2	83.0
1982-84	43.4	3.4	0.0	15.5	4.3	0.5	3.8	1.7	10.8	0.3	0.1	16.7	84.1
1984-86	43.2	3.5	0.0	16.1	4.5	0.6	4.0	1.8	11.6	0.3	0.1	17.8	86.2
1986-88	45.1	3.6	0.0	16.5	4.6	0.6	4.2	1.8	11.7	0.3	0.1	18.1	88.9
1989-91	34.9	3.3	0.0	15.6	6.7	0.6	4.5	1.9	11.7	0.3	0.1	18.5	81.4
1992-94	9.1	2.7	0.0	14.6	5.8	0.6	4.2	1.9	11.9	0.3	0.1	18.4	72.9
1995-97	27.1	0.7	0.0	14.7	4.9	0.6	2.2	1.1	12.8	0.3	0.0	18.2	64.7
1998-00	29.2	2.2	0.0	16.3	5.6	0.6	2.7	1.3	2.2	0.3	0.1	6.8	60.5
2001-03	28.1	2.6	0.0	17.7	5.9	0.6	3.5	1.7	2.5	0.3	0.1	7.7	62.6
2004-06	28.2	3.1	0.0	11.4	5.6	0.6	5.1	1.7	2.3	0.5	0.1	9.7	58.6
2007-09	26.5	2.5	0.0	11.2	5.5	0.6	5.0	1.8	2.8	0.4	0.0	10.0	56.4
2010-13	27.7	2.6	0.0	9.9	4.9	0.6	5.3	1.5	2.6	0.3	0.0	9.7	55.3
2014-17	26.3	2.6	0.0	9.5	4.8	0.6	5.4	1.4	3.0	0.3	0.0	10.2	54.1
2018-20	28.0	1.2	0.0	9.1	4.7	0.7	5.4	1.4	2.9	0.3	0.0	10.0	53.7
2020	28.2	1.1	0.0	9.0	4.7	0.6	5.3	1.4	2.9	0.3	0.0	9.8	53.5
일 본 (Japan)													
1979-81	24.3	1.0	0.0	10.7	4.1	0.9	10.6	5.2	21.8	5.5	0.1	43.1	85.5
1982-84	23.6	1.0	0.0	10.9	4.0	0.8	11.2	5.3	22.7	5.6	0.1	44.8	86.8
1984-86	23.2	1.1	0.0	11.1	4.1	0.8	11.9	5.4	23.3	5.7	0.1	46.3	88.1
1986-88	22.6	1.1	0.0	11.6	4.1	0.8	12.9	5.7	23.1	6.0	0.1	47.7	89.8
1989-91	22.3	1.1	0.0	12.4	4.0	0.7	14.1	6.0	26.1	6.4	0.1	52.7	94.4
1992-94	22.5	1.0	0.0	12.3	4.0	0.7	14.8	6.3	24.6	6.7	0.1	52.5	95.0
1995-97	22.8	1.0	0.1	11.4	4.1	0.7	14.1	6.2	25.6	6.7	0.0	54.6	96.7
1998-00	21.6	1.0	0.1	10.9	4.0	0.6	13.8	6.1	23.1	6.7	0.0	51.1	87.9
2001-03	21.4	1.0	0.1	11.0	3.9	0.6	14.9	6.4	23.0	6.2	0.1	52.3	88.5
2004-06	21.5	0.9	0.1	10.8	3.9	0.7	14.8	6.0	22.3	7.7	0.0	50.8	88.8

주 1) 2004년 이후는 새로이 개편된 FAO 자료 집계 방식을 따르는 자료를 이용함.

2) 분석 대상은 조식품공급량 기준임.

3) 두류에는 종실류 및 견과류가 포함됨.

4) 어패류에는 해조류가 포함됨.

Comparison of the protein supply for each food group by nation(per capita per day)

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질 Animal Protein	계 Total
2007-09	21.6	0.9	0.1	10.4	3.8	0.6	15.1	6.1	20.8	7.4	0.0	49.4	86.8
2010-13	22.2	0.8	0.1	9.9	3.7	0.6	16.1	6.0	18.2	7.2	2.0	47.5	86.7
2014-17	21.7	0.8	0.1	9.8	3.5	0.6	16.3	6.0	17.1	7.2	0.1	46.6	83.1
2018-20	21.3	0.8	0.1	10.3	3.7	0.6	17.8	6.3	16.7	7.4	0.1	48.2	84.8
2020	20.9	0.8	0.1	10.4	3.7	0.6	18.4	6.3	16.7	7.5	0.1	48.9	85.3
아르헨티나 (Argentina)													
1979-81	25.2	4.3	0.0	1.4	2.1	1.2	54.0	2.2	1.8	13.8	0.0	71.8	107.9
1982-84	26.2	4.4	0.0	1.4	2.0	1.0	47.0	2.2	1.4	13.1	0.0	63.8	100.5
1984-86	26.1	4.6	0.0	1.4	2.0	1.0	51.4	2.2	1.7	13.6	0.0	68.9	106.0
1986-88	26.0	4.8	0.0	1.6	2.0	1.0	49.8	2.2	1.9	14.3	0.0	68.2	105.7
1989-91	25.2	3.5	0.0	0.9	1.9	0.9	42.4	2.2	1.5	14.0	0.0	60.1	94.3
1992-94	24.2	3.5	0.0	0.8	2.1	1.1	43.7	1.7	2.1	15.1	0.1	62.7	96.7
1995-97	24.9	4.0	0.1	1.1	2.0	1.2	35.2	1.8	2.5	17.4	0.1	60.1	95.9
1998-00	24.6	4.3	0.0	0.9	2.2	1.2	41.4	2.0	2.3	17.9	0.0	66.7	96.8
2001-03	26.4	3.4	0.0	0.9	2.1	1.1	41.3	1.9	2.3	13.9	0.0	59.4	93.2
2004-06	26.6	2.7	0.0	1.0	1.9	1.0	38.6	2.4	2.2	13.6	0.0	56.7	89.9
2007-09	22.4	2.5	0.0	1.2	1.9	0.9	40.4	2.8	2.1	15.4	0.0	60.8	89.7
2010-13	27.3	1.3	0.0	0.5	2.1	0.9	42.8	3.2	1.9	14.9	0.0	62.9	94.8
2014-17	27.9	2.8	0.0	1.6	2.2	1.0	43.8	4.0	1.9	14.2	0.0	64.0	99.5
2018-20	28.3	2.8	0.0	3.3	2.1	1.0	44.1	4.4	1.9	13.2	0.0	63.7	101.3
2020	28.5	2.9	0.1	4.2	2.1	0.9	43.4	4.6	1.9	13.4	0.1	63.3	102.0
오스트레일리아 (Australia)													
1979-81	21.2	2.2	0.0	1.4	2.2	1.1	36.2	3.6	3.5	20.7	0.3	64.2	96.3
1982-84	21.7	2.3	0.0	1.8	2.4	1.1	34.8	3.6	3.8	20.9	0.3	63.2	96.5
1984-86	22.4	2.4	0.0	2.1	2.6	1.2	36.0	3.2	4.1	21.6	0.2	65.1	99.7
1986-88	22.2	2.5	0.0	2.0	2.6	1.1	35.9	3.2	4.0	21.7	0.4	65.0	99.4
1989-91	19.3	2.6	0.0	2.8	2.5	1.2	41.5	2.8	4.3	22.9	0.2	71.7	103.6
1992-94	18.4	2.5	0.0	2.7	2.5	1.3	40.7	2.2	4.4	23.5	0.2	71.0	101.6
1995-97	24.5	2.5	0.0	2.2	2.6	1.2	35.6	2.5	4.3	21.8	0.3	68.5	108.7
1998-00	23.3	2.5	0.0	4.9	2.8	1.2	37.2	1.8	4.6	21.2	0.2	69.9	99.7
2001-03	23.8	2.4	0.0	3.0	2.9	1.2	41.7	1.9	4.8	21.9	0.2	70.3	103.8
2004-06	24.0	2.4	0.0	2.4	3.0	1.2	37.3	1.7	6.1	18.6	0.3	63.9	97.0
2007-09	24.2	2.4	0.0	3.5	3.2	1.2	38.7	1.8	5.9	18.7	0.3	65.2	99.9
2010-13	21.4	2.3	0.0	3.8	3.1	1.1	39.2	2.2	6.1	19.1	0.4	66.7	98.5
2014-17	21.8	2.1	0.0	3.3	3.2	1.1	40.0	2.3	6.5	19.8	0.3	68.8	100.3
2018-20	22.3	2.0	0.0	6.5	3.0	1.0	38.6	2.4	6.3	21.7	0.3	69.3	104.1
2020	22.2	2.0	0.0	8.5	2.9	1.1	40.7	2.3	6.0	21.7	0.3	71.0	107.6

9.5. 식품별 단백질 공급량(1인 1일당)

단위: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질계 Animal Protein	계 Total
오스트리아 (Austria)													
1979-81	21.1	2.6	0.0	1.8	3.0	1.7	34.3	4.5	1.8	20.6	0.5	61.7	95.7
1982-84	20.7	2.7	0.0	1.8	2.5	1.7	34.3	4.3	1.9	21.3	0.6	62.2	96.0
1984-86	20.7	2.7	0.0	1.9	2.5	1.7	34.4	4.4	1.9	21.9	0.6	63.1	96.9
1986-88	20.7	2.7	0.0	2.6	2.6	1.9	35.1	4.5	2.0	22.4	0.6	64.5	99.3
1989-91	21.1	2.8	0.0	3.1	2.7	1.8	36.0	4.2	2.7	22.1	0.7	65.7	101.6
1992-94	20.7	2.4	0.0	2.9	2.9	1.9	36.5	4.1	2.9	22.5	0.7	66.7	101.9
1995-97	22.6	2.6	0.0	2.4	3.2	1.4	36.2	4.3	2.4	24.4	0.6	64.0	105.3
1998-00	26.7	2.5	0.0	2.8	3.2	1.4	37.4	4.1	2.9	24.2	0.4	69.3	105.6
2001	26.6	2.5	0.0	3.5	3.0	1.6	37.1	4.0	3.0	24.9	0.4	69.0	106.7
2004	27.6	2.5	0.0	3.5	3.1	1.8	36.0	4.1	3.7	19.6	0.4	63.6	102.2
2007-09	28.0	2.5	0.0	4.2	3.2	1.8	34.2	4.3	4.2	20.1	0.8	63.3	103.2
2010-13	26.8	2.3	0.0	4.6	3.4	1.8	32.5	4.4	3.9	21.3	0.9	62.6	101.7
2014-17	28.6	2.2	0.0	4.6	3.3	1.3	28.7	4.3	4.0	24.7	0.9	62.6	102.7
2018-20	27.6	2.2	0.0	5.9	3.4	1.4	27.4	4.5	4.0	25.7	0.9	62.4	102.9
2020	26.6	2.2	0.0	6.5	3.6	1.4	25.9	4.4	4.0	25.7	0.9	60.8	101.0
브 라 질 (Brazil)													
1979-81	21.7	2.1	0.0	10.2	0.9	1.4	12.3	1.5	1.8	7.0	0.1	22.7	61.1
1982-84	22.7	2.0	0.0	10.8	0.9	1.3	11.2	1.6	1.6	7.1	0.1	21.5	61.1
1984-86	23.5	1.9	0.0	10.1	0.9	1.4	10.5	1.9	1.7	7.7	0.1	21.9	61.1
1986-88	23.7	1.9	0.0	9.1	1.0	1.5	12.1	2.0	1.8	8.0	0.1	23.9	62.5
1989-91	23.8	1.7	0.0	9.5	1.0	1.6	17.0	2.1	1.7	8.3	0.1	29.2	65.1
1992-94	21.1	1.6	0.0	10.7	1.1	1.4	18.8	2.1	1.5	8.4	0.1	30.9	67.9
1995-97	21.3	1.8	0.0	11.8	1.2	1.7	20.9	2.1	2.0	10.5	0.1	35.0	74.9
1998-00	20.8	1.6	0.0	12.4	1.2	1.4	24.7	1.9	1.7	10.2	0.1	39.6	76.0
2001-03	21.7	1.7	0.0	13.1	0.9	1.7	27.2	1.9	1.7	10.2	0.1	41.0	80.5
2004-06	22.9	1.7	0.0	12.5	1.3	1.6	26.3	2.0	1.6	10.6	0.1	40.6	80.6
2007-09	22.3	1.8	0.0	13.2	1.4	1.7	28.5	2.1	2.0	11.2	0.0	43.9	84.2
2010-13	22.4	1.8	0.0	13.3	1.6	1.7	31.6	2.4	2.7	13.1	0.1	49.8	90.5
2014-17	22.0	1.7	0.0	12.2	1.5	1.4	33.0	2.7	2.5	13.3	0.1	51.6	90.6
2018-20	22.0	1.6	0.0	9.7	1.5	1.4	34.2	3.4	2.3	13.5	0.2	53.6	89.8
2020	21.8	1.6	0.0	8.8	1.5	1.4	33.9	3.5	2.2	13.9	0.2	53.7	88.7
캐 나 다 (Canada)													
1979-81	20.7	3.1	0	4.5	3.3	1.3	33.7	3.8	4.7	17.8	1.0	60.8	96.0
1982-84	21.0	3.0	0	4.8	3.6	1.3	33.0	3.6	4.5	18.0	1.0	59.8	96.0
1984-86	21.8	3.1	0	4.9	3.6	1.3	33.5	3.5	4.9	17.4	1.0	60.2	97.5
1986-88	22.1	3.1	0	5.1	3.7	1.3	34.4	3.5	5.4	17.1	1.0	61.1	98.8
1989-91	20.2	2.7	0	6.0	3.6	1.2	33.4	3.1	5.9	16.8	1.0	60.2	96.2
1992-94	20.5	2.8	0	8.1	3.6	1.3	33.2	3.1	5.6	15.1	0.9	57.9	96.2
1995-97	22.8	2.8	0.1	8.5	3.9	1.3	31	3.1	5.7	14.6	0.9	55.3	97.3
1998-00	23.8	2.5	0.0	9.3	3.9	1.3	33.6	3.3	5.9	14.7	1.1	59.3	99.4
2001-03	24.9	3.3	0.0	8.6	3.9	1.3	34.1	3.5	5.9	14.6	1.4	58.1	101.4
2004-06	25.7	3.4	0.0	9.0	3.7	1.3	32.8	3.3	5.9	14.1	1.5	57.3	100.6
2007-09	25.4	2.9	0.0	9.9	3.6	1.4	32.8	3.4	5.9	14.1	1.5	57.5	100.9
2010-13	24.8	3.4	0.0	12.1	3.5	1.4	31.2	3.6	5.7	13.8	1.5	55.7	101.0
2014-17	23.6	3.3	0.0	11.2	3.4	1.4	30.9	4.1	5.7	13.0	1.4	54.9	98.0

Comparison of the protein supply for each food group by nation(per capita per day)

Unit: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질계 Animal Protein	계 Total
2018-20	24.9	3.2	0.0	11.5	3.3	1.4	31.4	4.5	5.6	17.3	1.2	59.9	104.2
2020	26.0	3.0	0.0	10.4	3.3	1.4	31.0	4.4	5.4	17.2	1.2	59.2	103.4
칠 레 (Chile)													
1979-81	34.0	2.6	0.0	3.6	3.6	0.8	11.8	1.4	5.1	9.2	0.1	27.5	73.1
1982-84	33.4	2.7	0.0	3.3	3.5	0.8	12.1	1.4	3.6	8.4	0.1	25.5	70.0
1984-86	33.6	2.7	0.0	3.3	2.9	0.6	10.9	1.5	3.9	8.3	0.0	24.5	68.4
1986-88	33.2	2.8	0.0	3.3	2.7	0.6	11.5	1.5	3.8	8.6	0.1	25.6	68.8
1989-91	30.2	2.7	0.0	2.1	3.0	0.7	14.2	1.7	5.4	8.6	0.1	30.0	69.3
1992-94	29.9	2.8	0.0	2.3	3.4	1.0	17.6	1.5	8.7	9.9	0.1	37.8	77.9
1995-97	29.0	2.8	0.0	2.5	3.3	1.0	19.4	1.3	3.9	10.9	0.0	37.4	77.0
1998-00	30.0	2.6	0.1	2.7	3.0	0.9	20.6	1.4	3.8	10.3	0.0	37.7	75.4
2001	30.9	2.8	0.0	2.9	3.1	0.7	22.3	1.5	3.3	9.8	0.2	36.9	77.5
2004	31.2	3.2	0.0	3.7	3.2	0.8	24.4	1.7	7.6	8.9	0.2	42.8	85.0
2007-09	32.1	2.6	0.0	3.0	2.7	1.0	25.8	1.9	9.5	8.5	0.3	46.0	87.5
2010-13	31.3	3.2	0.0	3.5	2.3	0.9	27.4	2.7	3.9	9.1	0.3	43.2	84.3
2014-17	30.7	2.9	0.0	3.4	2.4	0.9	29.8	2.7	3.5	10.2	0.2	46.4	86.8
2018-20	31.7	2.9	0.0	4.4	2.6	1.0	30.6	2.7	3.8	11.4	0.3	48.7	91.2
2020	31.0	2.8	0.0	4.8	2.6	1.2	29.9	2.7	3.8	11.6	0.3	48.1	90.5
중 국 (China)													
1979-81	35.7	2.8	0.0	6.3	2.5	0.1	4.9	0.8	1.6	0.3	0.0	7.7	55.1
1982-84	39.9	2.3	0.0	5.6	2.6	0.1	5.8	1.0	1.8	0.4	0.0	9.0	59.7
1984-86	40.9	2.1	0.0	5.3	2.9	0.2	6.7	1.4	2.2	0.5	0.0	10.8	62.4
1986-88	40.9	1.9	0.0	5.2	3.1	0.2	7.5	1.7	2.4	0.5	0.0	12.2	63.6
1989-91	39.7	1.8	0.0	5.3	3.4	0.2	8.5	2.0	2.8	0.6	0.0	13.9	64.2
1992-94	39.4	1.9	0.0	5.5	3.6	0.3	11.3	3.0	3.8	0.7	0.0	18.8	69.7
1995-97	36.4	2.0	0.0	4.9	5.7	0.6	12.6	4.5	5.6	0.9	0.0	24.1	75.1
1998-00	36.8	2.6	0.0	8.3	6.6	0.5	15.5	4.9	6.3	1.0	0.0	29.0	82.5
2001-03	31.5	2.7	0.0	7.4	8.7	0.6	17.8	5.5	5.9	1.4	0.0	30.6	81.6
2004-06	35.8	2.7	0.0	5.8	10.2	0.7	17.0	5.2	6.5	2.2	0.0	30.9	86.1
2007-09	35.2	2.5	0.0	5.8	11.2	0.8	17.9	5.6	7.4	2.7	0.0	33.6	89.2
2010-13	33.9	2.6	0.0	6.9	12.5	1.1	19.0	5.9	8.2	3.0	0.0	36.0	93.1
2014-17	34.5	2.7	0.0	7.0	13.3	1.2	19.4	6.1	8.9	2.8	0.0	37.2	96.0
2018-20	36.0	2.8	0.0	9.0	14.1	1.3	19.9	6.5	9.3	2.8	0.0	38.7	101.9
2020	35.9	2.8	0.0	9.4	14.1	1.3	19.9	6.8	9.4	3.0	0.0	39.1	102.6
콜롬비아 (Columbia)													
1979-81	18.3	3.5	0.7	3.6	1.3	2.1	13.5	1.7	1.4	6.9	0.0	23.4	54.3
1982-84	19.5	4.0	0.6	4.0	1.1	1.8	12.8	1.6	1.1	7.8	0.0	23.3	55.7
1984-86	19.2	4.1	0.6	4.0	1.3	1.8	12.9	1.7	1.1	7.9	0.0	23.6	55.9
1986-88	18.8	4.0	0.6	4.1	1.3	1.8	12.7	1.8	1.0	8.3	0.0	23.9	55.8
1989-91	19.1	3.4	0.0	6.4	1.3	1.7	15.4	1.7	0.9	9.6	0.0	27.6	59.2
1992-94	20.4	3.6	0.0	7.2	1.0	1.9	13.5	2.0	1.2	10.6	0.0	27.3	63.0
1995-97	20.3	3.4	0.5	6.4	0.9	1.8	11.9	1.9	1.4	11.2	0.1	30.3	62.3
1998-00	19.1	3.3	0.5	5.7	1.2	1.8	11.6	1.8	1.3	11.4	0.0	27.6	57.7
2001-03	19.7	3.3	0.5	6.3	1.1	1.8	12.3	1.8	1.3	10.7	0.0	26.1	58.8
2004-06	21.0	2.5	0.3	5.1	1.1	2.0	13.5	2.6	1.6	12.3	0.0	30.0	61.9

9.5. 식품별 단백질 공급량(1인 1일당)

단위: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동 물 성 단백질계 Animal Protein	계 Total
2007-09	20.9	2.9	0.3	5.1	1.1	2.0	15.1	2.7	1.6	12.8	0.0	32.2	64.6
2010-13	17.9	2.5	0.5	5.0	1.9	2.2	16.0	3.0	1.7	10.9	0.1	31.6	61.5
2014-17	19.7	2.6	0.7	5.5	1.3	3.1	18.4	3.3	2.1	11.4	0.1	35.2	68.1
2018-20	20.5	3.7	0.7	5.4	1.5	2.2	19.2	3.8	2.6	11.0	0.1	36.7	70.7
2020	20.7	4.2	0.6	4.6	1.5	2.2	18.6	4.1	2.7	11.1	0.1	36.5	70.2
덴 마 크 (Denmark)													
1979-81	19.6	3.3	0.0	0.9	2.2	0.8	24.7	4.3	10.7	21.1	1.1	61.8	93.5
1982-84	20.3	3.2	0.0	1.0	2.8	0.8	24.2	4.6	10.2	20.3	1.1	60.1	93.2
1984-86	21.3	3.1	0.0	1.3	3.2	0.8	27.8	4.7	9.6	20.2	1.0	63.2	97.8
1986-88	21.6	3.1	0.0	1.3	3.1	1.0	31.0	4.7	8.7	20.1	1.0	65.4	100.5
1989-91	21.8	2.8	0.0	1.7	3.0	1.0	30.3	4.6	11.9	21.5	1.0	69.3	103.9
1992-94	23.7	2.8	0.0	1.7	3.3	1.0	30.4	5.0	11.4	15.4	0.9	63.1	100.2
1995-97	25.4	2.8	0.0	1.6	3.3	1.1	30.5	4.9	19.8	20.6	0.8	66.7	105.8
1998-00	25.4	3.0	0.1	1.7	3.7	1.1	34.1	4.8	6.5	20.4	0.8	67.1	101.6
2001-03	25.4	2.9	0.0	1.9	3.7	1.3	35.8	5.4	6.8	21.7	1.0	69.8	106.1
2004-06	25.5	2.9	0.0	2.0	3.2	1.4	32.4	6.5	7.7	21.8	0.9	69.2	104.4
2007-09	25.9	2.8	0.0	2.1	3.3	1.5	31.6	6.1	7.8	22.7	1.0	69.0	104.8
2010-13	26.5	2.2	0.0	2.3	3.7	1.5	27.3	5.2	8.8	22.1	1.0	64.2	100.4
2014-17	26.2	2.2	0.0	2.4	3.3	1.2	26.9	5.3	9.5	28.1	1.0	70.6	106.0
2018-20	24.3	2.2	0.0	2.8	3.3	1.3	27.8	5.1	9.9	31.4	1.1	75.4	109.3
2020	23.8	2.3	0.0	3.3	3.2	1.3	24.6	5.0	9.9	32.4	1.3	73.2	107.2
이 집 트 (Egypt)													
1979-81	53.0	0.7	0.0	3.5	4.2	1.3	5.9	0.7	1.5	3.7	0.2	11.7	75.3
1982-84	55.6	0.7	0.0	3.5	4.3	1.4	7.2	0.7	1.7	4.2	0.1	13.8	80.2
1984-86	55.7	0.8	0.0	3.6	4.5	1.5	7.7	0.7	1.6	4.0	0.1	14.1	81.1
1986-88	55.7	0.8	0.0	3.7	5.0	1.6	7.2	0.8	1.5	3.7	0.1	13.2	81.1
1989-91	56.7	0.8	0.0	5.6	4.1	1.6	6.8	0.6	2.3	3.2	0.1	13.0	82.8
1992-94	58.6	0.8	0.0	5.5	4.2	1.7	7.4	0.6	2.0	3.3	0.1	13.4	85.1
1995-97	58.6	0.8	0.0	7.5	4.3	1.9	7.4	0.6	2.1	3.5	0.1	13.2	88.6
1998-00	58.2	0.7	0.0	7.6	5.2	1.9	8.3	0.6	3.7	4.2	0.1	17.9	90.5
2001-03	58.4	0.7	0.0	8.8	5.2	2.0	9.0	0.7	4.2	4.8	0.1	18.8	94.0
2004-06	57.0	0.9	0.0	7.7	5.8	2.1	8.3	0.7	4.5	4.4	0.1	18.0	91.6
2007-09	58.4	1.1	0.0	6.3	6.7	2.2	9.5	1.0	4.7	5.7	0.1	21.0	95.6
2010-13	60.0	1.3	0.0	6.8	6.3	2.1	10.7	1.1	6.4	6.0	0.1	24.3	100.7
2014-17	58.8	1.1	0.0	4.8	5.3	2.2	10.5	1.2	6.8	4.6	0.1	23.1	95.3
2018-20	57.9	1.1	0.0	4.0	4.8	1.9	10.1	1.0	6.8	4.5	0.1	22.5	92.3
2020	58.3	1.1	0.0	3.7	4.8	1.9	8.7	0.9	6.6	4.2	0.1	20.4	90.2
핀 란 드 (Finland)													
1979-81	22.1	3.7	0.0	1.0	0.9	1.2	21.3	3.3	7.6	27.8	0.8	60.8	94.1
1982-84	21.9	3.6	0.0	1.0	1.1	1.1	21.6	3.2	9.2	27.1	0.9	61.7	94.9
1984-86	22.8	3.9	0.0	1.1	1.3	1.1	22.2	3.4	9.8	25.3	0.9	61.5	96.0
1986-88	23.0	3.9	0.0	1.2	1.6	1.2	22.4	3.5	10.3	25.5	0.8	62.4	97.7
1989-91	20.9	3.6	0.0	1.4	1.7	1.3	22.7	3.3	8.7	26.9	0.8	62.4	96.1
1992-94	20.6	3.6	0.0	1.1	1.8	1.3	21.4	3.2	9.3	26.5	0.8	61.2	94.2
1995-97	23.9	3.1	0.0	1.8	2.0	0.9	21.6	3.3	9.6	28.6	0.8	64.6	99.8
1998-00	27.0	3.2	0.0	1.6	2.0	1.0	22.1	2.9	9.2	29.1	0.8	64.7	98.9
2001-03	27.2	3.2	0.0	1.7	2.1	1.0	23.2	2.7	8.9	27.5	0.8	62.3	98.3
2004-06	28.5	3.2	0.0	1.9	2.2	1.0	24.9	2.6	9.8	26.5	0.8	64.4	101.4

Comparison of the protein supply for each food group by nation(per capita per day)

Unit: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질계 Animal Protein	계 Total
2007-09	28.2	2.9	0.0	1.9	2.4	1.0	25.9	2.7	10.4	28.6	0.8	68.2	104.8
2010-13	30.4	2.8	0.0	2.1	2.5	1.1	26.1	2.9	10.3	30.4	0.8	70.3	109.3
2014-17	30.2	2.5	0.0	2.0	2.5	1.3	25.5	3.2	9.3	35.1	0.7	73.7	112.3
2018-20	29.6	2.7	0.0	2.9	2.6	1.3	25.5	3.4	9.0	34.9	1.0	73.8	112.9
2020	28.4	2.8	0.0	3.8	2.6	1.3	24.9	3.6	9.0	35.3	1.1	73.7	112.5
프 랑 스 (France)													
1979-81	24.9	3.5	0.0	1.9	4.2	1.0	39.5	4.5	5.4	22.6	0.4	72.4	110.1
1982-84	23.8	3.3	0.0	1.8	4.4	1.2	39.6	4.7	5.4	22.6	0.5	72.7	109.3
1984-86	23.6	3.3	0.0	2.0	4.5	1.2	39.8	4.8	5.7	24.4	0.5	75.2	111.7
1986-88	22.7	3.3	0.0	2.3	4.5	1.2	39.9	4.9	5.9	25.2	0.6	76.4	112.5
1989-91	25.4	3.1	0.0	2.6	4.5	1.2	39.9	4.6	6.3	26.4	0.5	77.0	116.7
1992-94	25.4	3.1	0.0	2.7	4.4	1.2	39.2	4.6	6.2	26.2	0.6	76.1	115.7
1995-97	25.6	2.9	0.1	2.6	4.5	1.2	33.7	4.9	6.1	24.5	0.6	74.4	113.4
1998-00	26.3	2.9	0.0	2.7	4.8	1.1	34.5	5.0	6.8	24.9	0.6	76.4	109.6
2001-03	26.9	2.8	0.0	2.6	5.0	1.2	37.9	4.8	6.8	25.7	0.7	75.3	131.2
2004-06	27.7	2.7	0.0	2.5	3.7	1.2	31.1	4.5	8.9	24.5	0.7	69.6	107.6
2007-09	27.8	2.4	0.0	2.5	3.5	1.2	30.5	4.6	8.8	24.1	0.8	68.7	106.3
2010-13	29.4	2.3	0.0	2.7	3.6	1.2	30.5	4.0	9.2	23.2	0.6	67.4	106.7
2014-17	32.8	2.2	0.0	2.7	3.4	1.4	27.5	3.8	8.3	20.9	0.5	61.0	103.5
2018-20	32.0	2.2	0.0	2.7	3.4	1.4	27.1	4.1	8.5	28.8	0.7	69.1	110.8
2020	32.0	2.2	0.0	2.7	3.3	1.4	27.0	4.4	8.4	32.4	0.8	73.0	114.7
독 일 (Germany)													
1974-76	19.6	3.9	0.0	1.5	2.3	1.5	31.7	5.2	3.3	16.6	0.6	57.3	90.0
1976-78	20.1	3.8	0.0	1.6	2.4	1.5	33.0	5.3	2.9	17.0	0.6	58.7	92.3
1979-81	20.7	3.6	0.0	1.7	2.6	1.5	34.2	5.3	2.9	17.7	0.7	60.6	95.1
1982-84	21.4	3.2	0.0	1.9	2.8	1.6	33.9	5.2	2.9	18.5	0.7	61.1	96.2
1984-86	22.3	3.3	0.0	2.0	3.1	1.6	37.1	5.1	3.1	19.0	0.7	64.9	101.4
1986-88	22.4	3.2	0.0	2.0	3.1	1.7	38.3	5.0	3.2	19.6	0.7	66.8	103.5
1989-91	22.5	3.6	0.0	5.1	3.2	1.6	33.0	4.6	4.1	20.1	0.7	62.5	100.5
1992-94	21.9	3.2	0.0	5.0	3.2	1.7	30.9	3.9	3.8	19.9	0.7	59.2	98.3
1995-97	23.3	3.3	0.0	3.7	3.0	1.5	26.4	3.9	3.9	20.7	0.8	57.6	96.1
1998-00	23.4	3.3	0.0	3.4	2.6	1.6	27.2	3.9	4.0	19.5	0.8	57.2	89.7
2001-03	25.5	3.1	0.0	3.6	3.3	1.5	28.2	3.9	3.7	22.2	0.8	57.9	95.7
2004-06	26.7	3.0	0.0	3.2	3.0	1.2	26.6	3.8	4.6	23.2	0.7	58.8	96.1
2007-09	25.4	2.8	0.0	3.3	3.0	1.2	28.4	3.8	4.6	24.5	0.7	61.9	97.7
2010-13	26.5	2.6	0.0	3.6	3.1	1.2	28.1	3.9	4.4	24.3	0.7	61.3	98.4
2014-17	27.0	2.6	0.0	3.8	3.4	1.3	27.3	4.0	4.3	26.2	0.7	62.5	100.8
2018-20	25.1	2.6	0.0	4.0	3.3	1.4	26.1	4.7	4.3	29.9	0.7	65.6	102.0
2020	24.3	2.8	0.0	3.9	3.4	1.4	25.8	4.8	4.3	31.2	0.7	66.8	102.5
그 리 스 (Greece)													
1979-81	34.5	3.2	0.0	5.7	7.1	2.6	25.9	3.6	5.0	19.5	0.0	54.0	108.4
1982-84	35.7	3.2	0.0	5.1	7.4	2.8	27.8	3.5	5.2	19.8	0.1	56.4	111.8
1984-86	35.6	3.0	0.0	5.0	7.6	2.9	27.8	3.5	5.6	20.6	0.1	57.5	112.7
1986-88	34.8	3.2	0.0	5.4	6.4	2.9	28.6	3.4	5.5	21.6	0.1	59.2	113.0
1989-91	33.5	3.2	0.0	5.8	7.0	3.0	27.1	3.7	5.9	21.5	0.1	58.3	111.9
1992-94	32.5	3.3	0.0	5.6	6.9	3.2	27.1	3.6	6.4	21.6	0.2	58.9	111.7
1995-97	33.3	2.9	0.0	5.4	7.2	2.8	26.0	3.2	6.6	22.9	0.2	60.2	114.2

9.5. 식품별 단백질 공급량(1인 1일당)

단위: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질계 Animal Protein	계 Total
1998-00	33.3	3.0	0.0	5.3	7.8	2.5	27.9	3.2	7.2	24.0	0.2	64.5	114.4
2001-03	33.7	2.9	0.0	5.7	7.4	2.5	28.8	2.8	6.8	23.3	0.2	61.6	114.1
2004-06	33.0	3.0	0.0	5.5	7.2	2.7	25.8	2.8	5.9	25.6	0.3	60.3	111.9
2007-09	33.0	3.1	0.0	5.7	6.5	2.2	24.4	2.8	6.2	27.1	0.3	60.8	111.4
2010-13	29.5	2.9	0.0	5.7	6.5	2.0	25.5	2.9	5.2	25.6	0.4	59.4	106.1
2014-17	30.5	2.5	0.0	6.0	5.0	1.9	22.4	3.1	5.3	25.3	0.2	56.2	102.1
2018-20	25.9	2.2	0.0	5.6	4.7	2.5	26.2	2.9	6.1	25.9	0.3	61.3	102.2
2020	25.0	2.0	0.0	5.3	4.6	2.7	25.0	2.7	6.3	25.0	0.3	59.2	98.9
인 도 (India)													
1979-81	32.7	0.6	0.3	7.6	2.1	0.3	0.6	0.3	0.9	3.9	0.0	5.6	50.0
1982-84	32.8	0.6	0.3	8.6	2.1	0.4	0.6	0.3	0.9	4.7	0.0	6.5	52.0
1984-86	32.0	0.6	0.3	9.0	2.1	0.4	0.6	0.3	0.9	5.2	0.0	7.1	52.4
1986-88	31.3	0.6	0.2	8.6	2.1	0.4	0.7	0.3	0.9	5.3	0.0	7.2	51.3
1989-91	35.1	0.7	0.3	8.9	2.4	0.4	1.8	0.4	1.1	5.4	0.0	8.7	57.1
1992-94	35.6	0.7	0.3	8.4	2.5	0.5	1.9	0.4	1.2	5.7	0.0	9.2	58.0
1995-97	37.0	0.8	0.2	7.9	2.0	0.5	1.7	0.4	0.7	5.8	0.0	9.6	58.8
1998-00	34.4	0.8	0.2	8.1	2.3	0.6	1.7	0.4	1.4	6.7	0.0	10.5	56.6
2001-03	34.6	0.8	0.2	7.8	2.6	0.6	2.1	0.5	1.4	6.4	0.0	10.4	57.1
2004-06	32.4	0.9	0.1	7.9	2.2	0.6	1.5	0.5	1.5	6.3	0.0	9.8	53.9
2007-09	31.7	1.0	0.1	8.8	2.5	0.8	1.5	0.6	1.6	6.9	0.0	10.7	55.5
2010-13	32.6	1.1	0.1	9.0	3.1	0.8	1.5	0.7	1.7	8.0	0.0	11.8	58.5
2014-17	32.2	1.1	0.1	9.5	3.2	0.9	1.4	0.8	1.9	9.2	0.0	13.4	60.4
2018-20	32.6	1.2	0.1	10.7	3.4	0.9	1.7	1.1	2.3	10.6	0.0	15.8	64.6
2020	33.6	1.2	0.1	11.1	3.5	0.9	1.6	1.2	2.4	10.3	0.0	15.4	65.7
인도네시아 (Indonesia)													
1979-81	29.7	1.6	0.1	9.3	0.6	0.4	1.5	0.4	3.8	0.4	0.0	6.1	47.9
1982-84	33.2	1.5	0.1	8.8	0.6	0.5	1.6	0.5	4.2	0.5	0.0	6.8	51.7
1984-86	33.4	1.5	0.0	10.8	0.8	0.5	1.9	0.6	4.5	0.4	0.0	7.4	54.5
1986-88	34.5	1.4	0.0	11.8	0.7	0.6	2.2	0.7	4.6	0.3	0.0	7.8	57.1
1989-91	31.6	1.0	0.0	14.6	0.9	0.5	2.9	0.7	5.2	0.4	0.0	9.2	57.1
1992-94	31.8	1.0	0.0	14.5	1.0	0.5	3.3	0.8	5.7	0.5	0.1	9.9	60.3
1995-97	37.1	1.1	0.0	15.4	1.0	0.6	3.5	1.0	6.1	0.6	0.0	11.3	67.4
1998-00	36.8	1.1	0.1	12.5	1.1	0.5	2.7	0.8	6.5	0.7	0.0	11.3	62.8
2001	36.1	1.1	0.0	11.8	1.2	0.7	3.4	1.1	6.8	0.7	0.0	12.1	62.9
2004	32.3	1.0	0.0	4.7	1.4	0.9	3.5	1.3	7.2	0.9	0.0	12.9	53.2
2007-09	33.2	1.0	0.0	4.9	1.5	1.0	3.8	1.5	8.2	1.0	0.0	14.4	56.1
2010-13	34.8	1.1	0.0	4.6	1.6	1.0	4.4	1.5	9.3	1.2	0.1	16.4	59.5
2014-17	35.6	1.7	0.0	4.2	1.7	1.1	4.2	1.7	12.6	1.4	0.0	19.8	64.1
2018-20	34.0	1.4	0.0	3.9	1.8	1.1	5.6	4.8	13.8	1.5	0.0	25.6	67.9
2020	32.9	1.4	0.0	3.8	1.9	1.2	6.1	4.9	13.9	1.5	0.1	26.4	67.6
아일랜드 (Ireland)													
1979-81	25.5	5.7	0.0	1.9	3.0	0.8	36.7	3.6	4.2	21.1	0.7	66.1	105.9
1982-84	26.4	5.5	0.0	1.9	2.6	0.9	37.0	3.7	4.0	22.6	0.8	68.1	108.0
1984-86	26.4	5.7	0.0	2.4	2.5	0.9	37.2	3.3	4.2	22.3	0.8	67.7	108.5
1986-88	25.5	5.8	0.0	3.7	2.6	0.9	37.6	2.9	4.6	21.3	0.7	67.0	108.5
1989-91	29.2	5.0	0.0	2.9	2.7	0.9	38.4	2.7	4.0	26.5	0.7	72.3	115.6
1992-94	28.4	5.1	0.0	3.5	2.8	1.0	39.8	2.6	4.0	23.9	0.8	71.1	113.9
1995-97	28.1	4.9	0.1	2.0	2.8	1.0	28.5	2.1	5.2	21.1	0.8	68.3	109.4

Comparison of the protein supply for each food group by nation(per capita per day)

Unit: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질 Animal Protein	계 Total
1998-00	27.8	4.9	0.0	2.4	2.9	0.9	31.7	2.2	4.0	22.3	0.8	70.4	99.9
2001	27.7	4.6	0.0	2.6	3.2	1.2	37.9	2.2	4.2	25.6	0.6	69.9	109.8
2004	28.0	4.2	0.0	3.0	3.0	1.2	36.2	2.2	5.3	22.3	0.6	66.5	105.9
2007-09	29.1	4.4	0.0	3.4	3.5	1.5	32.1	2.6	5.1	21.3	0.7	61.7	103.6
2010-13	29.7	3.4	0.0	3.8	3.9	1.5	29.3	2.8	5.3	21.7	0.6	59.6	101.9
2014-17	30.3	3.0	0.0	3.5	3.9	1.7	29.7	2.9	6.4	26.0	0.6	65.6	108.1
2018-20	29.8	2.8	0.0	3.2	3.7	1.7	31.8	2.8	6.8	28.4	0.5	70.3	111.4
2020	27.3	2.5	0.0	3.1	3.6	1.6	31.7	3.0	6.7	30.6	0.5	72.5	110.5
이스라엘 (Israel)													
1979-81	33.5	1.8	0.0	5.6	3.4	2.0	24.8	6.1	4.2	17.3	0.4	52.6	100.2
1982-84	34.6	1.6	0.0	6.0	3.7	2.4	26.0	6.5	3.6	18.3	0.4	54.8	102.5
1984-86	31.8	1.5	0.0	5.6	3.6	2.4	24.0	6.6	3.9	18.5	0.5	53.5	99.7
1986-88	31.6	1.5	0.0	6.1	3.4	2.4	22.6	5.9	4.1	12.7	0.5	51.6	98.3
1989-91	32.5	1.4	0.0		4.6	2.2	25.5	5.6	4.9	17.4	0.4	53.8	105.1
1992-94	32.6	1.6	0.0	6.6	4.6	2.1	26.6	4.9	4.6	16.7	0.5	53.3	102.5
1995-97	34.1	1.7	0.0	7.4	4.8	2.0	26.5	3.9	4.8	16.7	0.5	52.9	107.1
1998-00	37.5	1.9	0.1	8.1	5.9	2.2	28.4	3.5	5.0	18.8	0.5	59.0	111.9
2001-03	35.9	2.0	0.0	8.1	5.5	2.0	38.5	3.2	4.8	18.8	0.5	65.3	119.2
2004-06	35.9	2.1	0.0	9.3	5.5	2.6	41.4	2.9	4.9	19.0	0.1	68.3	123.7
2007-09	35.2	2.1	0.0	10.0	5.0	2.2	40.2	2.9	5.1	19.4	0.1	67.6	122.2
2010-13	35.0	1.7	0.0	10.2	5.0	2.1	39.9	3.3	5.2	19.4	0.2	67.8	121.8
2014-17	34.2	1.7	0.0	8.5	4.7	1.8	40.3	3.6	6.2	20.4	0.1	70.5	121.6
2018-20	33.2	1.7	0.0	8.2	4.3	2.0	42.8	3.8	6.4	20.9	0.1	74.0	123.5
2020	33.4	1.5	0.0	8.0	4.4	2.1	41.4	3.7	6.3	20.6	0.1	72.0	121.4
이탈리아 (Italy)													
1979-81	40.1	1.8	0.0	3.0	5.4	1.8	29.3	3.6	4.1	17.9	0.2	55.1	108.4
1982-84	34.8	1.7	0.0	3.0	5.7	1.9	30.4	3.6	4.6	18.9	0.2	57.6	106.1
1984-86	35.4	1.7	0.0	3.5	5.9	1.9	30.7	3.6	5.2	19.4	0.2	59.0	108.9
1986-88	35.6	1.8	0.0	3.9	5.5	2.0	31.7	3.7	5.2	19.3	0.3	60.1	110.4
1989-91	35.3	1.8	0.0	4.2	5.5	2.1	32.6	3.8	6.2	16.6	0.3	59.5	109.9
1992-94	33.8	1.8	0.0	4.5	5.4	2.2	33.0	3.8	6.1	16.1	0.3	59.3	108.5
1995-97	34.9	1.6	0.0	4.4	5.5	2.0	30.0	3.9	6.1	16.4	0.3	58.3	108.6
1998-00	35.4	1.6	0.1	4.8	5.6	2.1	31.4	4.0	6.7	17.8	0.4	62.1	109.9
2001-03	35.9	1.6	0.0	4.7	5.3	2.1	32.5	3.7	6.8	17.6	0.4	60.6	110.6
2004-06	35.2	1.6	0.0	4.9	5.5	2.5	30.1	3.6	7.1	18.0	0.4	59.0	108.8
2007-09	34.7	1.6	0.0	4.8	4.7	2.4	30.8	3.8	7.2	17.6	0.5	59.7	108.0
2010-13	34.7	1.5	0.0	4.7	4.8	2.3	29.6	3.8	7.0	17.7	0.4	58.4	106.3
2014-17	35.5	1.5	0.0	4.7	4.2	2.0	25.9	3.6	8.0	15.9	0.3	53.6	101.6
2018-20	33.9	1.6	0.0	5.6	3.4	2.0	24.9	3.6	8.4	18.7	0.5	56.0	102.6
2020	32.8	1.6	0.0	6.7	3.1	2.1	23.9	3.5	8.3	20.2	0.5	56.4	102.8
멕시코 (Mexico)													
1979-81	36.8	0.4	0.0	8.8	0.9	1.4	14.1	2.2	2.8	9.9	0.0	29.0	78.0
1982-84	38.1	0.4	0.0	9.7	0.9	1.6	15.3	2.3	2.7	9.3	0.0	29.5	80.8
1984-86	38.7	0.4	0.0	9.1	1.0	1.5	15.0	2.6	2.7	9.2	0.0	29.5	80.8
1986-88	39.3	0.4	0.0	8.3	0.9	1.3	15.0	2.7	2.7	9.8	0.0	30.1	81.0
1989-91	37.2	0.4	0.0	7.7	1.2	1.4	15.2	3.0	3.1	8.2	0.1	29.6	78.6
1992-94	35.8	0.4	0.0	7.9	1.2	1.6	17.2	3.2	3.1	9.3	0.1	32.9	80.7

9.5. 식품별 단백질 공급량(1인 1일당)

단위: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지방 Oils and Fats	동물성 단백질 Animal Protein	계 Total
1995-97	37.1	0.4	0.0	8.5	1.2	1.6	15.4	3.2	2.7	8.8	0.0	32.2	82.4
1998-00	37.5	0.5	0.0	8.3	1.7	1.6	18.0	4.0	2.6	9.5	0.0	36.6	83.7
2001-03	37.1	0.5	0.0	8.2	1.7	1.8	21.4	4.4	3.1	10.2	0.1	39.1	88.4
2004-06	36.1	0.6	0.0	8.4	1.9	1.8	20.0	4.7	3.3	10.1	0.0	38.1	86.9
2007-09	35.2	0.6	0.0	8.2	1.8	1.7	20.7	5.0	3.4	10.2	0.0	39.3	86.8
2010-13	33.7	0.5	0.1	7.6	1.7	1.5	19.8	4.9	3.3	9.9	0.1	37.8	82.9
2014-17	34.0	0.6	0.1	7.2	2.0	1.7	21.1	5.3	4.6	10.1	0.0	41.2	86.7
2018-20	34.2	0.6	0.1	6.7	2.0	1.8	22.4	5.6	4.5	9.9	0.1	42.6	87.9
2020	34.5	0.6	0.1	6.3	1.8	1.8	22.5	5.7	4.2	9.9	0.1	42.4	87.5
네덜란드 (Netherlands)													
1979-81	19.2	3.7	0.0	2.0	2.7	1.2	28.2	3.9	3.0	27.9	0.6	63.5	96.0
1982-84	19.0	3.7	0.0	2.4	2.9	1.3	28.2	4.4	2.9	27.1	0.7	63.0	96.0
1984-86	19.3	3.9	0.0	2.4	2.8	1.2	28.8	4.3	2.8	26.1	0.7	62.4	95.9
1986-88	18.7	3.8	0.0	3.4	2.7	1.4	29.3	3.8	2.6	27.7	0.7	63.9	97.6
1989-91	17.4	3.8	0.0	4.6	2.6	1.5	29.0	3.5	3.3	25.9	0.5	62.2	94.7
1992-94	18.4	3.8	0.0	4.3	2.7	1.7	31.0	4.1	3.9	26.6	0.3	65.9	100.8
1995-97	17.1	3.7	0.0	3.7	3.2	1.3	31.4	5.0	4.6	29.8	0.3	70.6	104.9
1998-00	17.4	3.7	0.0	3.0	3.2	1.3	31.5	5.5	7.0	28.7	0.3	73.8	101.6
2001-03	23.9	3.4	0.0	3.9	4.8	1.8	30.6	4.3	7.1	27.5	0.3	69.5	107.5
2004-06	19.2	3.6	0.0	2.9	3.7	1.5	27.7	5.6	6.8	30.2	0.2	70.4	101.4
2007-09	20.0	4.0	0.0	3.2	3.6	1.6	30.7	4.2	6.9	28.6	0.2	70.6	103.0
2010-13	22.1	4.0	0.0	2.9	3.0	1.8	32.6	4.6	7.2	28.9	0.2	73.4	107.2
2014-17	22.2	3.9	0.0	3.0	3.1	2.0	28.0	6.4	6.3	29.3	0.2	70.1	104.5
2018-20	25.1	3.4	0.0	4.0	3.5	2.1	23.0	6.5	6.1	31.3	0.5	67.3	105.4
2020	24.6	4.0	0.0	5.4	3.5	2.2	24.5	6.9	6.8	32.1	0.4	70.6	110.2
뉴질랜드 (New Zealand)													
1979-81	22.1	2.3	0.0	2.4	3.0	1.1	37.2	4.7	5.8	23.6	0.6	71.8	104.9
1982-84	22.2	2.7	0.0	2.7	3.0	1.4	34.4	4.3	8.9	26.3	0.5	74.5	108.5
1984-86	21.1	2.7	0.0	3.0	2.8	1.7	34.5	3.9	9.6	27.8	0.5	76.3	109.7
1986-88	21.0	2.7	0.0	3.0	3.0	1.8	36.4	3.9	9.6	26.0	0.5	76.3	109.7
1989-91	22.0	2.5	0.0	3.6	2.7	1.5	35.6	3.6	4.5	23.4	0.3	67.4	101.3
1992-94	22.0	2.5	0.0	4.3	2.7	1.6	41.3	3.7	4.4	18.5	0.2	68.1	103.2
1995-97	20.8	3.4	0.1	3.8	6.1	2.0	33.1	2.8	6.5	25.2	0.3	69.0	108.0
1998-00	20.9	3.5	0.1	4.1	4.8	1.6	36.1	3.4	8.4	16.6	0.2	67.0	99.7
2001-03	21.2	3.3	0.0	5.5	4.4	1.7	36.5	2.9	7.5	12.6	0.3	59.6	95.9
2004-06	21.0	2.7	0.0	5.5	4.8	1.5	34.8	3.1	7.7	7.4	0.3	53.3	88.7
2007-09	21.4	2.3	0.0	4.8	4.5	1.6	36.7	3.0	8.0	7.0	0.4	55.0	89.6
2010-13	22.3	2.3	0.0	5.6	4.3	1.5	34.5	2.9	6.8	9.3	0.3	53.8	89.8
2014-17	25.8	2.2	0.0	5.9	4.2	1.4	29.6	3.0	6.6	9.9	0.3	49.4	88.8
2018-20	26.4	2.2	0.0	6.0	3.8	1.3	28.6	3.4	7.1	9.1	0.3	48.5	88.1
2020	26.4	2.2	0.0	6.3	2.9	1.1	27.7	3.6	7.0	7.4	0.4	46.1	85.0

Comparison of the protein supply for each food group by nation(per capita per day)

Unit: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질 Animal Protein	계 Total
노르웨이 (Norway)													
1979-81	24.6	3.5	0.0	1.7	1.6	1.2	19.4	3.3	18.0	28.1	1.0	69.6	105.5
1982-84	23.6	3.8	0.0	1.7	1.6	1.3	18.0	3.6	17.5	27.2	1.0	67.2	102.4
1984-86	24.2	3.9	0.0	1.8	1.6	1.3	18.9	3.7	15.6	27.2	1.0	66.2	102.3
1986-88	26.2	3.9	0.0	1.9	1.7	1.4	19.8	3.7	12.3	25.4	1.0	62.2	100.5
1989-91	26.4	3.5	0.0	1.8	1.9	1.4	17.9	3.4	14.2	23.4	0.9	59.8	97.8
1992-94	27.0	3.5	0.0	1.7	2.0	1.5	19.1	3.3	15.4	22.5	1.0	61.3	99.9
1995-97	27.4	3.4	0.0	1.7	2.1	1.5	19.6	3.4	15.3	23.7	0.9	68.0	103.4
1998-00	29.6	3.1	0.0	1.6	2.0	1.3	18.9	3.2	16.5	23.1	0.9	63.6	100.2
2001-03	29.8	3.2	0.0	1.8	2.1	1.4	21.1	3.1	16.7	23.0	0.9	63.9	103.1
2004-06	28.6	3.1	0.0	2.2	2.5	1.5	21.8	3.2	15.1	21.8	1.0	62.6	100.7
2007-09	28.7	3.0	0.0	2.3	2.6	1.6	22.7	3.4	15.6	21.8	1.0	64.3	102.7
2010-13	27.9	2.4	0.0	4.4	2.4	1.5	23.2	3.6	15.1	21.9	1.0	64.4	103.2
2014-17	28.1	2.2	0.0	5.1	2.7	1.5	23.2	3.7	14.6	23.4	0.9	65.7	105.5
2018-20	29.1	2.3	0.0	10.2	2.7	1.4	23.5	3.8	14.5	21.9	0.9	64.6	110.4
2020	28.2	2.4	0.0	12.4	2.8	1.4	23.1	3.8	14.4	22.3	0.9	64.5	111.7
파키스탄 (Pakistan)													
1979-81	41.7	0.2	0.5	3.2	0.9	0.5	3.7	0.3	0.5	7.4	0.1	12.0	59.9
1982-84	40.1	0.2	0.4	3.4	0.9	0.6	3.8	0.4	0.5	7.2	0.1	12.0	58.6
1984-86	39.4	0.2	0.3	3.4	0.9	0.6	4.0	0.4	0.6	7.3	0.1	12.4	58.1
1986-88	38.1	0.2	0.2	3.3	1.0	0.5	4.3	0.4	0.6	7.6	0.1	12.9	57.0
1989-91	34.3	0.3	0.2	3.6	0.7	0.6	4.7	0.4	0.5	10.2	0.2	16.0	56.4
1992-94	35.4	0.4	0.1	3.4	0.8	0.6	5.2	0.5	0.7	10.9	0.2	17.5	58.9
1995-97	34.4	0.4	0.2	4.5	0.9	0.7	5.2	0.5	0.6	12.0	0.3	19.0	61.3
1998-00	32.6	0.6	0.1	4.3	1.1	0.7	4.5	0.6	0.8	16.0	0.2	22.6	61.5
2001	30.8	0.5	0.1	4.2	1.0	0.6	5.0	0.6	0.7	16.3	0.2	22.6	60.0
2004	28.4	0.6	0.1	4.0	1.0	0.6	4.6	0.6	0.6	16.7	0.2	22.6	57.3
2007-09	28.1	0.7	0.1	5.0	1.1	0.6	5.1	0.8	0.6	17.7	0.3	24.2	59.9
2010-13	29.8	0.8	0.0	4.9	0.9	0.5	5.6	0.9	0.6	18.7	0.3	25.8	62.8
2014-17	31.7	0.7	0.0	3.9	0.9	0.4	5.5	0.9	0.6	18.0	0.3	25.2	62.9
2018-20	30.7	0.7	0.0	3.2	1.1	0.6	6.3	1.0	0.5	21.2	0.3	29.4	65.8
2020	31.1	0.7	0.0	3.2	1.1	0.6	6.6	1.1	0.5	21.9	0.3	30.3	66.9
페루 (Peru)													
1979-81	26.1	4.5	3.5	3.8	1.3	1.2	8.8	0.8	4.7	5.7	0.0	20.0	57.5
1982-84	26.3	4.1	3.9	4.3	1.4	1.0	9.7	0.8	4.5	5.5	0.0	20.5	58.1
1984-86	26.5	4.0	3.9	4.3	1.3	0.9	9.4	0.9	4.1	5.4	0.0	19.9	57.4
1986-88	27.3	4.1	3.9	4.3	1.2	0.8	10.9	1.1	4.0	5.8	0.0	21.8	60.1
1989-91	21.6	3.5	-	3.3	1.3	1.2	9.7	1.1	6.0	3.9	0.0	20.7	52.0
1992-94	22.8	3.2	-	3.4	1.3	1.1	10.2	1.1	5.8	4.2	0.0	21.3	53.8
1995-97	24.4	4.6	-	6.0	1.4	0.6	9.5	1.2	5.7	4.7	0.0	22.9	60.0
1998-00	26.9	5.4	-	7.2	1.6	0.6	10.6	1.3	4.4	4.7	0.1	22.3	62.8
2001-03	26.7	5.1	0.0	7.0	1.7	0.7	12.1	1.2	5.6	4.3	0.0	23.2	64.4
2004-06	26.7	5.1	0.0	6.4	1.7	0.8	9.2	1.4	5.6	4.5	0.0	20.6	61.3

9.5. 식품별 단백질 공급량(1인 1일당)

단위: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질 Animal Protein	계 Total
2007-09	27.2	5.5	0.0	7.6	2.0	0.8	10.2	1.8	5.7	4.7	0.0	22.4	65.4
2010-13	27.5	5.8	0.0	8.4	2.4	1.0	10.6	2.1	5.7	5.4	0.0	23.7	68.8
2014-17	28.1	6.2	0.0	8.5	2.6	1.1	11.4	2.5	7.3	5.9	0.0	27.1	73.6
2018-20	26.8	6.3	0.0	7.6	2.4	2.0	26.3	2.9	7.8	6.0	0.0	43.1	88.1
2020	27.3	6.3	0.0	7.6	2.2	2.0	26.3	3.0	7.8	6.0	0.0	43.1	88.4
필 리 핀 (Philippines)													
1979-81	27.1	1.5	0.0	1.0	0.6	1.0	6.1	1.6	11.5	1.8	0.1	21.0	53.1
1982-84	27.0	1.1	0.0	1.1	0.5	1.0	5.8	1.5	12.5	1.5	0.0	21.4	53.0
1984-86	27.1	1.0	0.0	1.1	0.5	0.9	5.1	1.4	12.0	1.3	0.0	19.8	51.3
1986-88	27.0	0.9	0.0	1.2	0.5	0.8	5.4	1.3	11.6	1.6	0.0	20.1	51.5
1989-91	24.7	0.9	0.0	1.7	2.6	1.2	6.7	1.6	13.3	1.8	0.1	23.5	55.6
1992-94	24.8	0.8	0.0	1.6	2.6	1.2	8.3	1.5	12.9	1.8	0.2	24.7	56.5
1995-97	22.1	0.9	0.0	2.0	2.8	1.6	8.7	2.1	12.1	2.0	0.2	25.4	56.2
1998-00	23.9	0.8	0.0	2.0	2.5	1.5	8.6	2.1	9.8	1.8	0.2	23.5	53.2
2001-03	24.6	0.8	0.0	2.0	2.5	1.5	10.4	2.0	9.6	1.8	0.3	23.9	55.5
2004-06	26.0	0.7	0.0	2.1	2.3	1.5	10.0	1.3	9.8	1.5	0.3	22.9	55.6
2007-09	27.4	0.7	0.0	2.0	2.6	1.8	10.9	1.3	10.9	1.2	0.3	24.7	59.1
2010-13	27.6	0.7	0.1	1.7	2.6	1.8	11.3	1.4	9.7	1.4	0.3	24.1	58.5
2014-17	28.3	0.4	0.0	1.6	2.5	1.9	11.7	1.3	8.4	1.7	0.3	23.3	58.1
2018-20	32.8	0.4	0.0	1.8	2.4	1.7	11.7	1.5	8.4	2.4	0.3	24.4	63.5
2020	34.7	0.4	0.0	1.8	2.4	1.8	11.0	1.6	8.5	2.6	0.3	23.9	65.1
포르투갈 (Portugal)													
1979-81	34.7	4.3	0.0	3.3	4.0	0.8	18.3	1.7	7.7	8.6	0.1	36.3	84.4
1982-84	34.8	4.0	0.0	3.5	4.4	0.8	17.8	1.7	9.8	10.4	0.1	39.7	88.4
1984-86	34.6	4.3	0.0	3.5	4.8	0.8	17.1	1.8	13.1	10.5	0.1	42.5	91.7
1986-88	35.2	4.2	0.0	3.7	4.6	0.9	18.9	1.9	14.8	11.0	0.1	46.6	97.5
1989-91	30.0	5.2	0.0	4.3	5.3	1.6	25.2	2.4	15.2	13.3	0.2	56.3	104.5
1992-94	30.4	5.5	0.0	4.0	4.9	1.6	29.0	2.9	14.7	14.5	0.2	61.3	109.7
1995-97	30.2	5.9	0.0	3.5	5.2	1.8	27.2	2.8	14.8	15.9	0.3	62.2	112.3
1998-00	29.2	5.4	0.1	3.1	5.8	1.9	30.9	3.0	15.9	17.0	0.2	69.9	112.5
2001-03	29.5	5.3	0.0	3.2	5.7	1.9	32.1	3.2	15.1	18.8	0.6	69.1	115.0
2004-06	29.7	3.4	0.0	3.2	5.8	1.7	29.3	2.9	14.3	18.2	0.3	64.9	108.8
2007-09	29.6	3.1	0.0	3.0	5.5	1.7	32.0	3.0	16.4	18.5	0.2	69.9	112.9
2010-13	28.4	2.7	0.0	3.3	5.5	1.6	31.4	2.9	14.4	17.1	0.3	65.8	107.4
2014-17	28.1	2.8	0.0	2.9	4.7	1.6	32.4	3.0	14.4	18.2	0.5	68.4	108.6
2018-20	27.5	2.7	0.0	3.4	3.6	2.0	33.5	3.3	18.0	19.2	0.5	74.6	113.7
2020	27.8	2.6	0.0	3.7	3.8	2.0	32.4	3.2	18.1	19.3	0.6	73.6	113.4

Comparison of the protein supply for each food group by nation(per capita per day)

Unit: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질 Animal Protein	계 Total
사우디아라비아 (Saudi Arabia)													
1979-81	42.4	0.8	0.0	2.8	1.7	0.4	16.1	1.4	2.8	8.1	0.0	28.4	77.7
1982-84	43.7	0.9	0.0	2.3	1.6	0.4	16.7	1.4	2.5	7.5	0.0	28.1	78.2
1984-86	43.0	1.0	0.0	2.1	1.6	0.4	17.0	1.4	2.7	6.8	0.0	27.9	77.1
1986-88	45.1	0.9	0.0	1.9	1.6	0.5	17.4	1.4	2.6	6.4	0.0	27.8	78.9
1989-91	28.6	0.3	0.0	2.5	3.9	2.4	17.2	1.5	1.8	9.6	0.0	30.1	69.5
1992-94	29.2	0.4	0.0	2.8	3.6	2.4	15.9	1.5	1.5	5.1	0.0	24.0	63.3
1995-97	37.5	0.5	0.0	2.5	3.7	2.5	17.1	1.4	1.5	8.4	0.0	29.3	78.3
1998-00	36.0	0.6	0.0	3.0	2.9	2.4	18.2	1.4	1.9	8.4	0.0	31.7	74.8
2001-03	36.3	0.5	0.0	2.8	2.6	2.4	17.8	1.3	1.8	8.3	0.1	29.2	73.8
2004-06	39.9	0.6	0.0	3.4	3.0	2.5	18.5	1.3	2.6	8.4	0.0	30.8	80.2
2007-09	42.9	0.6	0.0	3.5	2.7	2.2	19.2	1.2	2.8	6.3	0.0	29.5	81.3
2010-13	38.1	0.4	0.0	4.6	3.0	2.2	22.0	1.5	2.9	9.0	0.2	35.6	84.0
2014-17	42.2	0.5	0.0	4.6	2.4	1.8	19.8	1.9	3.2	10.6	0.2	35.6	87.0
2018-20	42.1	0.6	0.0	4.6	2.5	2.3	18.8	2.6	3.1	9.8	0.2	34.5	86.5
2020	42.2	0.7	0.0	4.7	2.8	2.3	20.2	3.0	3.1	10.2	0.2	36.8	89.4
남아프리카공화국 (Republic of South Africa)													
1979-81	33.6	0.3	0.0	4.1	2.8	3.1	15.5	1.6	2.4	11.9	0.1	31.4	76.9
1982-84	32.7	0.3	0.0	6.3	3.5	3.2	18.2	2.2	2.7	12.5	0.1	35.6	83.5
1984-86	33.3	0.3	0.0	7.9	3.1	2.8	17.8	2.5	2.6	12.2	0.1	35.2	84.3
1986-88	34.7	0.3	0.0	8.2	2.8	2.6	17.4	2.4	2.2	12.0	0.1	34.1	84.3
1989-91	40.7	1.0	0.0	2.1	1.5	0.5	16.1	1.4	2.4	5.4	0.0	25.3	73.2
1992-94	39.9	1.0	0.0	2.5	1.4	0.4	15.6	1.4	1.4	5.0	0.0	23.4	70.7
1995-97	42.3	1.3	0.0	2.7	1.6	0.5	14.0	1.8	3.4	6.2	0.1	24.3	76.7
1998-00	42.0	1.2	0.0	2.3	1.5	0.5	14.8	1.9	1.9	5.3	0.1	25.7	71.5
2001-03	42.2	1.2	0.0	3.4	1.5	0.5	16.8	1.9	2.3	4.6	0.0	25.6	74.5
2004-06	42.7	1.3	0.0	3.3	1.4	0.5	18.1	1.9	2.6	4.7	0.0	27.3	76.4
2007-09	41.8	1.3	0.0	3.7	1.4	0.5	21.6	2.2	2.2	4.9	0.0	30.9	79.6
2010-13	40.5	1.5	0.0	3.4	1.5	0.5	22.6	2.1	1.8	4.9	0.0	31.4	78.8
2014-17	39.8	1.3	0.0	4.1	1.3	0.4	24.6	2.0	1.8	4.9	0.0	33.3	80.3
2018-20	37.9	1.4	0.0	1.6	1.2	0.4	24.0	2.1	1.9	4.9	0.0	32.9	75.5
2020	37.1	1.4	0.0	1.8	1.2	0.4	23.2	2.4	1.8	5.0	0.0	32.3	74.2
스페인 (Spain)													
1979-81	25.3	4.8	0.0	4.5	5.1	1.8	25.2	4.8	8.4	14.3	0.0	52.8	95.8
1982-84	25.4	4.6	0.0	4.3	5.0	1.8	27.1	5.0	8.3	14.1	0.0	54.5	97.2
1984-86	25.6	4.7	0.0	3.5	5.1	1.8	27.2	4.9	8.8	14.6	0.0	55.4	98.8
1986-88	25.5	4.5	0.0	5.1	5.0	1.9	28.5	5.4	8.9	14.3	0.0	57.1	100.9
1989-91	23.4	4.7	0.0	5.1	5.7	2.2	31.8	4.9	10.4	13.4	0.1	60.6	104.2
1992-94	23.1	4.5	0.0	5.4	5.1	2.1	33.2	5.0	11.3	14.0	0.2	63.7	106.1
1995-97	23.5	3.7	0.1	6.9	4.5	1.8	33.0	4.5	10.4	14.5	0.2	64.4	106.7
1998-00	23.0	3.6	0.0	5.5	4.9	1.8	36.5	4.0	13.0	14.3	0.2	69.8	106.8
2001-03	22.9	3.4	0.0	5.7	4.6	1.9	40.1	4.1	12.8	14.3	0.2	71.3	110.1
2004-06	22.0	2.9	0.0	7.8	4.7	1.6	35.1	4.5	13.4	14.4	0.2	67.6	106.7

9.5. 식품별 단백질 공급량(1인 1일당)

단위: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지방 Oils and Fats	동물성 단백질 Animal Protein	계 Total
2007-09	22.7	2.9	0.0	7.7	4.5	1.4	34.0	4.4	13.5	13.7	0.2	65.8	104.9
2010-13	22.7	2.5	0.0	6.6	2.6	1.2	31.4	4.2	12.7	14.9	0.2	63.4	98.9
2014-17	24.0	2.4	0.0	5.4	4.1	1.4	31.7	4.5	12.6	15.4	0.2	64.4	101.8
2018-20	24.1	2.4	0.0	6.2	3.4	1.7	34.5	4.6	12.5	16.9	0.2	68.6	106.5
2020	24.2	2.4	0.0	6.2	3.2	1.7	33.8	4.7	12.6	17.7	0.2	69.0	106.7
스리랑카 (Sri Lanka)													
1979-81	25.6	0.8	0.0	5.5	1.2	1.2	1.1	0.6	4.7	2.5	0.0	8.8	44.5
1982-84	26.6	0.9	0.0	5.5	1.7	0.8	1.1	0.6	5.1	2.4	0.0	9.3	46.1
1984-86	28.4	0.8	0.0	5.9	2.2	0.6	1.1	0.6	4.9	2.5	0.0	9.1	48.3
1986-88	27.4	0.6	0.0	6.1	2.1	0.5	1.0	0.8	4.4	2.8	0.0	8.9	47.0
1989-91	26.1	0.5	0.0	6.1	1.1	0.6	1.2	0.8	5.2	2.9	1.1	11.2	45.7
1992-94	26.9	0.4	0.0	6.4	1.0	0.6	1.3	0.8	5.4	2.5	1.2	11.2	47.1
1995-97	28.2	0.5	0.0	7.3	1.2	0.6	1.8	0.7	6.5	2.9	0.0	10.9	51.7
1998-00	28.2	0.6	0.0	7.5	1.3	0.7	1.9	0.7	7.2	3.5	0.0	13.9	51.6
2001-03	28.4	0.5	0.0	7.6	1.3	0.6	2.6	0.7	7.3	3.5	0.0	14.2	52.5
2004-06	28.6	0.4	0.0	9.2	1.3	0.5	2.3	0.6	6.7	3.1	0.0	12.7	52.8
2007-09	28.3	0.5	0.0	10.6	1.5	0.5	2.3	0.8	7.5	3.2	0.0	13.8	55.3
2010-13	29.1	0.6	0.0	8.5	1.6	0.6	2.3	1.0	9.1	3.5	0.0	15.8	56.2
2014-17	31.5	0.6	0.0	9.3	1.9	0.8	2.3	1.4	9.5	4.1	0.0	17.3	61.4
2018-20	34.4	0.7	0.0	9.8	2.2	0.7	3.7	1.3	9.1	4.7	0.0	18.8	66.7
2020	34.6	0.7	0.0	9.8	2.7	0.9	4.1	1.2	9.1	4.8	0.0	19.2	67.8
스웨덴 (Sweden)													
1979-81	19.0	3.2	0.0	1.5	1.6	1.1	23.9	3.8	9.1	29.7	1.0	62.3	97.2
1982-84	20.0	3.2	0.0	1.5	1.8	1.0	23.0	3.8	9.0	30.3	1.1	67.0	98.1
1984-86	20.3	3.1	0.0	1.6	1.9	1.1	22.8	4.0	8.4	30.0	1.1	60.1	97.5
1986-88	18.9	3.2	0.0	1.8	1.9	1.2	22.7	4.1	8.6	29.4	1.1	65.7	96.2
1989-91	18.9	3.1	0.0	2.2	2.2	1.3	22.2	4.1	8.5	28.6	1.0	64.4	95.4
1992-94	19.4	3.0	0.0	2.3	2.2	1.3	23.4	3.9	8.3	28.5	1.0	65.1	96.6
1995-97	22.6	2.7	0.1	1.9	2.2	1.2	23.7	3.7	9.6	27.7	1.0	65.0	100.4
1998-00	22.8	2.2	0.0	2.2	2.3	1.2	25.3	3.7	9.3	27.6	1.0	67.4	97.6
2001-03	23.7	2.1	0.0	2.2	2.4	1.3	27.0	3.5	9.9	29.5	1.0	69.9	102.8
2004-06	23.2	2.4	0.0	2.6	2.7	1.3	28.0	3.5	8.8	29.9	1.0	71.1	103.6
2007-09	23.1	2.3	0.0	3.1	2.8	1.3	28.9	3.6	8.8	28.5	1.1	70.7	103.5
2010-13	22.8	2.4	0.0	3.3	2.9	1.4	29.5	4.1	8.3	27.2	1.3	70.2	103.1
2014-17	23.5	2.3	0.0	3.1	3.1	1.2	28.0	4.3	8.7	28.2	1.4	70.3	103.6
2018-20	25.9	2.3	0.0	3.3	2.9	1.1	26.0	4.5	8.4	26.7	1.2	66.8	102.5
2020	25.8	2.4	0.0	3.4	3.0	1.1	25.2	4.3	8.4	27.9	1.0	66.7	102.6
스위스 (Switzerland)													
1979-81	23.1	2.2	0.0	3.1	3.2	1.8	29.8	3.7	2.6	25.3	0.6	62.0	98.0
1982-84	21.4	2.1	0.0	3.0	3.4	1.9	29.9	3.8	2.8	25.5	0.6	62.6	96.8
1986-88	22.1	2.2	0.0	2.8	3.3	1.8	30.9	3.8	3.1	25.1	0.7	63.6	98.2
1989-91	22.2	1.9	0.0	3.4	3.1	1.6	28.8	3.4	3.6	23.6	0.3	59.7	93.6
1992-94	22.3	2.0	0.0	3.5	3.1	1.6	27.1	3.2	3.5	23.1	0.3	57.2	91.7
1995-97	22.0	1.9	0.0	2.8	3.2	1.5	23.0	3.1	3.6	23.8	0.3	55.2	89.7
1998-00	23.6	1.9	0.0	3.4	3.3	1.5	23.2	3.1	3.8	22.7	0.3	55.5	86.8
2001-03	24.0	2.2	0.0	3.7	3.1	1.4	25.3	3.1	4.0	26.1	0.3	58.9	93.1
2004-06	22.6	1.7	0.0	3.2	3.0	1.2	23.3	3.1	3.9	23.8	0.3	54.4	86.1

Comparison of the protein supply for each food group by nation(per capita per day)

Unit: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동 물 성 단백질계 Animal Protein	계 Total
2007-09	22.3	1.9	0.0	3.8	3.1	1.3	24.2	3.3	4.2	25.4	0.3	57.2	89.7
2010-13	22.0	1.9	0.0	3.6	3.5	1.5	24.0	3.3	4.4	24.0	1.9	57.5	89.9
2014-17	23.7	1.8	0.0	3.6	3.3	1.5	22.5	3.2	4.4	29.6	0.2	59.8	93.7
2018-20	24.0	2.1	0.0	3.8	3.2	1.5	22.4	3.3	4.2	29.4	0.2	59.5	94.1
2020	23.7	2.1	0.0	3.8	3.3	1.5	22.1	3.4	4.2	29.9	0.2	59.7	94.1
터 키 (Turkey)													
1979-81	49.8	2.4	0.0	6.4	4.4	2.5	7.6	1.3	2.3	8.6	0.2	19.9	86.2
1982-84	48.4	2.3	0.0	5.5	4.1	2.4	7.3	1.3	2.5	7.1	0.2	18.3	82.2
1984-86	48.0	2.6	0.0	6.3	4.5	2.3	7.6	1.3	2.1	7.0	0.2	18.1	83.2
1986-88	47.8	2.9	0.0	7.2	4.5	2.3	7.6	1.5	2.0	6.7	0.2	17.9	84.1
1989-91	54.3	2.9	0.0	8.6	5.4	2.2	8.6	1.8	1.8	13.6	0.2	26.0	101.8
1992-94	54.7	2.7	0.0	9.1	5.5	2.1	7.9	2.2	2.2	13.7	0.2	26.2	101.4
1995-97	53.0	2.9	0.1	8.3	6.1	2.0	7.2	2.9	3.0	12.9	0.0	27.1	100.0
1998-00	51.6	3.1	0.1	8.8	6.3	1.6	7.3	2.9	2.7	11.6	0.1	25.1	96.1
2001-03	51.6	2.8	0.0	8.9	6.6	1.5	7.5	2.5	2.3	10.5	0.2	22.8	94.3
2004-06	54.2	2.4	0.0	9.3	7.0	1.7	8.3	3.0	2.3	12.8	0.2	26.4	101.0
2007-09	54.3	2.2	0.0	9.4	6.9	1.8	9.1	3.0	2.4	13.4	0.2	27.9	102.6
2010-13	49.0	2.3	0.0	10.3	7.0	1.9	12.7	2.3	2.0	16.4	0.2	33.5	103.9
2014-17	48.5	2.2	0.0	10.6	7.0	1.8	14.3	2.7	1.4	17.8	0.2	36.2	106.5
2018-20	47.3	2.3	0.0	10.6	7.3	1.9	14.3	3.0	1.5	20.0	0.2	39.0	108.4
2020	46.9	2.4	0.0	11.1	7.6	2.0	14.5	3.2	1.5	20.4	0.2	39.9	109.9
영 국 (United Kngdom)													
1979-81	21.2	4.6	0.0	2.7	3.0	0.8	26.9	4.3	3.7	17.9	0.2	53.1	88.3
1982-84	20.0	4.7	0.0	2.7	3.1	0.8	26.1	3.9	4.2	17.9	0.2	52.5	86.9
1984-86	20.0	4.7	0.0	2.9	3.2	0.8	26.7	3.8	4.5	18.2	0.2	53.5	88.5
1986-88	20.1	4.8	0.0	3.1	3.3	0.9	27.6	3.7	4.5	18.1	0.1	54.1	89.4
1989-91	22.8	4.5	0.0	4.6	3.1	0.9	26.1	3.2	4.6	18.6	0.1	52.6	91.9
1992-94	22.8	4.6	0.0	4.7	3.1	1.0	24.7	3.2	4.6	18.4	0.1	51.0	90.5
1995-97	22.9	4.8	0.1	4.9	2.9	1.1	25.1	3.1	5.0	19.0	0.1	53.9	93.4
1998-00	25.9	4.7	0.1	5.5	3.0	1.1	26.2	3.0	5.3	19.1	0.2	54.8	94.1
2001-03	27.1	4.8	0.0	5.0	3.1	1.2	29.4	3.5	5.6	19.4	0.1	56.8	99.2
2004-06	27.4	4.8	0.0	3.9	3.2	1.5	29.7	3.2	5.7	19.5	0.1	58.3	99.1
2007-09	28.3	4.3	0.0	3.8	3.2	1.5	29.5	3.2	6.0	19.4	0.1	58.2	99.3
2010-13	28.2	4.1	0.0	3.7	3.2	1.5	29.3	3.4	5.5	19.3	0.1	57.5	98.2
2014-17	29.5	3.9	0.0	3.7	3.0	1.4	30.1	3.4	6.0	18.3	0.1	57.9	99.4
2018-20	30.9	3.0	0.0	3.6	3.1	1.4	30.1	3.5	5.6	18.6	0.1	57.9	99.9
2020	31.3	3.0	0.0	3.9	3.3	1.4	30.0	3.5	5.7	18.8	0.1	58.0	100.9

9.5. 식품별 단백질 공급량(1인 1일당)

단위:g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	동물성 단백질 Animal Protein	계 Total
미 국 (United States of America)													
1979-81	19.8	2.4	0.1	4.3	3.4	1.2	41.0	4.6	3.4	20.6	0.3	69.7	103.3
1982-84	20.0	2.4	0.1	4.6	3.5	1.3	40.8	4.4	3.5	20.6	0.3	69.4	103.8
1984-86	20.7	2.5	0.2	4.7	3.5	1.3	41.7	4.3	3.8	21.3	0.3	71.2	106.6
1986-88	21.8	2.5	0.2	4.9	3.5	1.4	42.3	4.2	3.9	21.8	0.3	72.3	109.0
1989-91	23.6	2.6	0.0	4.8	3.2	1.3	40.8	3.9	4.7	21.6	0.3	71.3	109.5
1992-94	24.8	2.7	0.0	5.0	3.1	1.4	42.1	3.9	4.9	21.7	0.3	72.9	112.5
1995-97	25.3	2.8	0.2	5.3	3.3	1.5	39.0	4.0	4.8	22.5	0.3	70.4	111.7
1998-00	24.9	2.8	0.2	5.7	3.6	1.5	40.5	4.2	5.1	22.5	0.3	72.7	111.3
2001-03	24.7	2.8	0.2	5.9	3.6	1.4	41.1	4.3	4.8	23.0	0.3	73.1	111.9
2004-06	24.3	2.7	0.2	6.3	3.6	1.4	41.9	4.3	5.6	22.5	0.3	74.4	113.2
2007-09	24.6	2.5	0.2	6.5	3.5	1.4	41.1	4.1	5.7	22.3	0.3	73.3	112.1
2010-13	23.7	2.5	0.2	6.1	3.2	1.4	38.8	4.2	5.2	22.1	0.3	70.2	107.4
2014-17	24.0	2.4	0.2	6.3	3.3	1.3	39.5	4.4	5.3	22.5	0.3	71.8	109.4
2018-20	24.4	2.3	0.2	6.8	3.3	1.5	43.0	4.8	5.5	22.1	0.3	75.7	114.2
2020	24.7	2.2	0.2	8.1	3.4	1.4	43.7	4.7	5.5	22.0	0.3	76.2	116.2

9.6. 식품별 지방질 공급량(1인 1일당)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
한 국(Korea, Republic of)												
1979-81	5.5	0.1	0.0	5.0	1.6	0.2	8.9	1.7	1.7	0.4	14.6	39.9
1982-84	5.2	0.1	0.0	5.1	1.5	0.2	11.0	1.9	2.9	0.6	17.4	45.9
1984-86	5.1	0.1	0.0	4.4	1.5	0.2	11.6	2.0	3.4	0.7	21.2	50.1
1986-88	4.9	0.0	0.0	4.6	1.4	0.2	10.9	2.2	3.6	0.8	25.8	54.6
1989-91	4.8	0.1	0.0	4.3	1.5	0.3	15.1	2.4	3.4	1.0	30.4	64.5
1992-94	4.3	0.1	0.0	4.4	1.5	0.3	21.3	2.5	3.4	1.0	33.5	74.4
1995-97	4.5	0.1	0.0	5.6	1.5	0.4	23.7	2.6	2.9	1.2	33.3	76.3
1998-00	4.3	0.1	0.0	5.3	1.6	0.3	15.5	2.6	3.6	1.6	38.0	72.9
2001-03	4.2	0.1	0.0	6.0	1.6	0.3	16.6	3.0	3.3	1.8	41.4	78.2
2004-06	4.0	0.1	0.0	5.9	1.7	0.4	16.7	2.8	3.5	1.7	48.1	85.0
2007-09	4.0	0.1	0.0	6.4	1.6	0.4	19.1	3.1	3.5	1.7	52.0	91.9
2010-13	4.0	0.1	0.0	7.2	1.5	0.3	21.0	3.1	4.4	1.9	58.1	101.6
2014-17	4.0	0.1	0.0	6.7	1.5	0.3	22.3	3.4	4.3	2.4	59.6	104.6
2018-20	3.6	0.1	0.0	7.9	1.5	0.4	26.2	3.5	4.5	2.8	72.0	122.5
2020	3.8	0.1	0.0	8.1	1.5	0.4	26.0	3.5	4.5	3.0	74.6	125.3
북 한(Korea, Dem. People's Rep.)												
1979-81	7.2	0.3	0.0	4.1	0.6	0.3	7.3	1.5	2.1	0.3	7.6	31.3
1982-84	7.4	0.3	0.0	3.9	0.7	0.4	7.7	1.5	2.3	0.3	8.8	33.2
1984-86	7.4	0.3	0.0	4.0	0.7	0.4	8.3	1.6	2.5	0.3	9.2	34.7
1986-88	7.7	0.3	0.0	4.2	0.7	0.4	8.6	1.6	2.5	0.4	10.0	36.3
1989-91	8.7	0.3	0.0	6.3	1.1	0.5	8.9	1.7	2.5	0.4	13.1	41.4
1992-94	7.6	0.3	0.0	6.2	0.9	0.5	8.3	1.7	2.5	0.4	11.2	37.5
1995-97	6.5	0.1	0.0	3.7	0.8	0.5	5.0	1.0	2.7	0.3	14.8	35.5
1998-00	6.6	0.2	0.0	4.1	0.9	0.5	6.3	1.1	0.3	0.4	12.7	33.1
2001-03	6.3	0.2	0.0	4.5	1.0	0.5	7.5	1.5	0.4	0.4	13.0	35.1
2004-06	6.2	0.3	0.0	2.3	0.9	0.5	8.3	1.5	0.3	0.4	14.6	35.3
2007-09	6.0	0.2	0.0	2.2	0.9	0.4	6.6	1.6	0.4	0.4	14.7	33.4
2010-13	6.4	0.3	0.0	1.8	0.8	0.5	6.4	1.3	0.4	0.4	16.9	35.1
2014-17	6.1	0.2	0.0	1.7	0.8	0.5	6.5	1.3	0.4	0.3	17.2	34.9
2018-20	7.3	0.2	0.0	1.6	0.8	0.5	6.7	1.2	0.4	0.3	19.3	38.2
2020	7.4	0.2	0.0	1.6	0.8	0.5	6.2	1.2	0.4	0.3	21.6	40.1
일 본(Japan)												
1979-81	3.6	0.1	0.0	5.3	0.7	0.3	9.8	4.6	7.9	4.6	37.2	74.6
1982-84	3.6	0.1	0.0	5.5	0.7	0.3	10.3	4.7	8.3	4.8	40.4	79.2
1984-86	3.5	0.1	0.0	5.7	0.7	0.3	11.0	4.8	8.3	4.8	39.0	78.8
1986-88	3.5	0.1	0.0	6.2	0.7	0.3	12.0	5.1	8.0	5.0	38.4	80.2
1989-91	3.5	0.1	0.0	6.9	0.7	0.3	10.7	5.3	8.8	5.4	37.0	79.4
1992-94	3.5	0.1	0.0	6.7	0.7	0.3	11.0	5.6	8.4	5.6	35.6	78.9
1995-97	3.6	0.1	0.0	6.5	0.7	0.3	11.2	5.5	8.8	5.6	38.6	82.6
1998-00	3.3	0.1	0.0	6.5	0.7	0.2	11.2	5.4	7.8	5.5	39.7	80.4

주 1) 2004년 이후는 새로이 개편된 FAO 자료 집계 방식을 따르는 자료를 이용함.

2) 분석 대상은 조식품공급량 기준임.

3) 두류에는 종실류 및 견과류가 포함됨.

4) 어패류에는 해조류가 포함됨.

Comparison of the fat supply for each food group by nation(per capita per day)

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2001-03	3.3	0.1	0.0	6.7	0.7	0.3	11.8	5.3	7.6	5.5	41.7	82.9
2004-06	3.3	0.1	0.0	6.8	0.7	0.3	12.4	5.3	7.2	6.0	46.5	88.7
2007-09	3.2	0.1	0.0	6.4	0.7	0.3	12.5	5.4	6.8	5.8	45.4	86.7
2010-13	3.2	0.1	0.0	6.3	0.7	0.3	13.0	5.3	6.1	5.8	44.5	85.3
2014-17	3.3	0.1	0.0	6.3	0.6	0.3	13.2	5.4	5.8	6.1	44.5	85.6
2018-20	3.3	0.1	0.0	6.7	0.6	0.4	14.2	5.5	5.8	6.4	45.7	88.7
2020	3.2	0.1	0.0	7.0	0.6	0.4	14.6	5.5	5.8	6.4	45.3	88.8
아르헨티나(Argentina)												
1979-81	2.6	0.4	0.0	1.0	0.4	0.6	49.5	1.9	0.3	15.6	41.4	113.9
1982-84	2.7	0.4	0.0	0.9	0.4	0.5	42.4	1.9	0.2	14.7	43.5	107.9
1984-86	2.7	0.4	0.0	0.9	0.5	0.5	46.0	1.9	0.3	15.1	40.0	108.3
1986-88	2.7	0.5	0.0	1.0	0.5	0.4	44.4	1.9	0.3	15.7	40.9	108.5
1989-91	2.6	0.3	0.0	0.7	0.4	0.4	37.2	1.9	0.2	15.0	42.7	101.8
1992-94	2.7	0.3	0.1	0.7	0.5	0.5	39.1	1.5	0.4	16.3	51.8	113.9
1995-97	2.6	0.4	0.0	0.9	0.4	0.5	33.5	1.5	0.6	19.1	50.7	110.9
1998-00	2.7	0.4	0.0	0.8	0.5	0.5	39.9	1.8	0.4	19.6	50.5	117.1
2001-03	2.9	0.4	0.0	0.7	0.4	0.5	37.8	1.6	0.4	15.4	45.8	105.9
2004-06	2.9	0.2	0.0	0.6	0.4	0.4	36.7	2.1	0.4	14.8	45.4	103.9
2007-09	2.5	0.2	0.0	0.6	0.4	0.3	39.6	2.5	0.4	17.1	44.2	107.7
2010-13	3.0	0.1	0.0	0.7	0.5	0.4	42.7	2.8	0.4	16.9	46.0	113.5
2014-17	3.1	0.3	0.0	1.0	0.5	0.4	45.4	3.5	0.4	15.9	47.7	118.1
2018-20	3.1	0.3	0.0	1.5	0.5	0.4	46.9	3.9	0.3	14.2	50.4	121.3
2020	3.1	0.3	0.0	2.0	0.5	0.4	46.4	4.0	0.3	14.2	50.8	122.0
오스트레일리아(Australia)												
1979-81	3.3	0.1	0.0	2.7	0.4	0.4	48.2	3.4	0.9	16.7	57.0	134.1
1982-84	3.3	0.1	0.0	3.0	0.4	0.4	47.7	3.3	0.9	17.2	57.9	135.2
1984-86	3.4	0.2	0.0	3.3	0.5	0.4	49.9	3.0	1.0	17.6	56.8	137.1
1986-88	3.5	0.2	0.0	3.2	0.5	0.4	49.6	2.9	0.9	17.5	56.8	136.6
1989-91	2.2	0.2	0.0	3.7	0.5	0.7	36.3	2.6	0.9	21.2	49.1	118.5
1992-94	2.0	0.2	0.0	3.7	0.5	0.8	35.4	2.0	0.9	21.6	51.7	119.9
1995-97	2.6	0.2	0.0	5.3	0.5	0.8	33.1	2.5	4.3	21.8	65.5	132.6
1998-00	2.7	0.2	0.0	5.3	0.6	0.8	34.2	1.7	0.9	19.0	67.3	132.7
2001-03	2.6	0.2	0.0	5.8	0.6	1.0	35.3	1.8	1.0	20.4	63.9	132.4
2004-06	2.8	0.2	0.0	5.1	0.6	1.1	33.7	1.5	1.3	18.3	75.7	140.3
2007-09	2.8	0.2	0.0	6.2	0.6	1.2	34.2	1.6	1.2	19.0	76.4	143.4
2010-13	2.7	0.1	0.0	7.6	0.7	1.2	34.3	2.0	1.4	19.7	79.1	148.7
2014-17	2.9	0.1	0.0	7.6	0.7	1.3	35.4	2.1	1.5	21.9	79.6	153.1
2018-20	3.0	0.1	0.0	9.3	0.6	1.4	35.2	2.2	1.5	24.0	78.4	155.7
2020	2.9	0.1	0.0	10.0	0.6	1.5	35.7	2.1	1.4	24.1	73.9	152.4

9.6. 식품별 지방질 공급량(1인 1일당)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
오스트리아(Austria)												
1979-81	2.7	0.2	0.0	4.4	0.5	0.7	37.2	4.0	0.8	17.9	83.0	153.5
1982-84	2.7	0.2	0.0	4.9	0.4	0.7	37.4	3.8	0.8	18.4	87.0	158.6
1984-86	2.8	0.2	0.0	4.9	0.4	0.7	37.3	3.8	0.8	19.0	88.1	160.8
1986-88	2.8	0.2	0.0	5.5	0.4	0.8	38.0	3.9	0.9	19.5	87.7	161.8
1989-91	3.1	0.2	0.0	6.6	0.5	0.8	33.5	3.7	1.1	18.0	88.8	157.6
1992-94	3.2	0.2	0.0	6.6	0.5	0.9	33.5	3.6	1.3	18.7	89.0	158.7
1995-97	4.5	0.2	0.0	5.1	0.6	0.7	35.5	3.7	0.7	21.6	85.5	159.7
1998-00	5.0	0.2	-	6.0	0.6	0.8	37.3	3.5	0.9	20.9	85.1	160.3
2001-03	4.4	0.2	0.0	6.5	0.6	0.8	36.3	3.5	0.9	20.8	84.7	158.7
2004-06	5.3	0.2	0.0	7.0	0.6	0.9	34.9	3.6	1.3	14.1	91.1	159.0
2007-09	4.4	0.2	0.0	7.5	0.7	1.0	33.2	3.8	1.6	15.0	100.9	168.2
2010-13	4.2	0.2	0.0	7.4	0.7	1.0	30.5	3.8	1.4	14.9	106.0	170.1
2014-17	4.4	0.2	0.0	6.9	0.7	0.7	26.8	3.8	1.4	16.9	99.5	161.3
2018-20	4.3	0.1	0.0	8.2	0.7	0.9	25.5	3.9	1.3	18.0	111.4	174.2
2020	4.2	0.1	0.0	8.8	0.7	0.9	24.2	3.8	1.4	18.0	120.2	182.3
브라질(Brazil)												
1979-81	2.6	0.5	0.0	2.5	0.2	0.5	13.8	1.3	0.4	6.7	25.5	54.2
1982-84	2.7	0.5	0.0	2.6	0.2	0.5	12.3	1.4	0.3	7.0	28.9	56.5
1984-86	2.8	0.5	0.0	2.4	0.2	0.5	11.6	1.7	0.3	7.2	31.8	59.1
1986-88	2.8	0.4	0.0	2.4	0.2	0.5	13.4	1.8	0.3	7.4	32.4	61.8
1989-91	2.5	0.4	0.0	3.3	0.2	0.6	14.9	1.8	0.3	8.2	47.6	79.7
1992-94	2.5	0.4	0.0	3.3	0.2	0.5	16.5	1.8	0.3	8.5	46.8	81.0
1995-97	2.4	0.4	0.0	3.1	0.2	0.6	20.5	1.8	0.4	10.2	41.4	81.5
1998-00	2.4	0.3	0.0	5.0	0.2	0.5	23.4	1.7	0.3	10.1	42.5	86.4
2001-03	2.6	0.4	0.0	6.4	0.3	0.6	27.3	1.7	0.3	10.4	42.2	92.1
2004-06	3.1	0.4	0.0	6.8	0.3	0.6	27.4	1.8	0.3	10.8	52.5	103.9
2007-09	2.6	0.4	0.0	6.7	0.3	0.6	29.5	1.8	0.4	11.4	55.6	109.2
2010-13	2.8	0.3	0.0	6.5	0.3	0.7	32.8	2.1	0.5	13.3	55.9	115.2
2014-17	2.8	0.3	0.0	6.2	0.3	0.6	34.7	2.4	0.5	13.5	62.7	124.0
2018-20	2.9	0.3	0.0	5.2	0.3	0.6	36.4	3.0	0.4	13.7	70.9	133.7
2020	2.8	0.3	0.0	5.2	0.3	0.7	36.8	3.1	0.4	14.0	75.8	139.3
캐나다(Canada)												
1979-81	2.7	0.2	0.0	6.5	0.7	0.6	37.9	3.5	1.0	15.5	72.3	141.7
1982-84	2.8	0.2	0.0	7.0	0.8	0.6	37.1	3.3	0.9	15.9	74.6	144.1
1984-86	2.9	0.2	0.0	7.3	0.8	0.6	37.5	3.2	1.0	15.7	78.6	148.7
1986-88	2.9	0.2	0.0	7.0	0.8	0.6	38.0	3.2	1.1	15.7	81.8	152.2
1989-91	2.7	0.2	0.0	7.3	0.8	0.6	24.6	2.9	1.4	15.5	71.0	128.0
1992-94	2.8	0.2	0.0	7.5	0.8	0.7	25.1	2.8	1.4	14.5	69.9	126.1
1995-97	3.1	0.2	0.0	7.8	0.8	0.7	23.8	2.8	1.5	14.3	69.2	124.9

Comparison of the fat supply for each food group by nation(per capita per day)

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
1998-00	3.1	0.2	0.0	8.1	0.8	0.7	26.2	3.0	1.4	14.6	68.3	126.4
2001-03	3.1	0.2	0.0	8.0	0.8	0.7	26.3	3.2	1.3	14.0	82.8	140.5
2004-06	3.2	0.2	0.0	8.6	0.8	0.8	25.3	3.0	1.2	13.2	88.1	144.4
2007-09	3.1	0.2	0.0	9.3	0.8	0.9	25.4	3.1	1.2	13.1	87.3	144.5
2010-13	3.1	0.2	0.0	10.1	0.8	1.1	24.6	3.3	1.2	13.1	90.2	147.6
2014-17	3.0	0.2	0.0	10.7	0.7	1.3	25.0	3.7	1.3	12.9	97.7	156.6
2018-20	4.4	0.2	0.0	11.4	0.7	1.5	25.4	4.1	1.3	15.3	94.3	158.6
2020	4.5	0.2	0.0	11.4	0.7	1.5	24.9	4.1	1.3	15.1	97.0	160.5
칠레(Chile)												
1979-81	4.6	0.3	0.0	0.8	0.6	0.7	15.0	1.2	1.3	7.8	23.4	55.9
1982-84	4.6	0.3	0.0	0.7	0.6	0.8	15.5	1.2	0.9	7.2	24.2	56.2
1984-86	4.6	0.3	0.0	0.7	0.5	0.8	14.0	1.3	1.0	7.1	25.5	55.9
1986-88	4.5	0.3	0.0	0.7	0.5	0.8	14.8	1.3	1.0	7.1	27.0	58.1
1989-91	4.1	0.3	0.0	0.9	0.6	0.8	20.0	1.5	1.4	7.2	26.4	63.0
1992-94	4.2	0.3	0.0	0.9	0.6	0.9	23.2	1.3	2.5	8.4	32.0	74.8
1995-97	4.3	0.3	0.0	1.1	0.7	0.9	27.1	1.1	1.2	9.4	34.2	80.9
1998-00	5.0	0.3	0.0	1.2	0.6	0.7	28.8	1.2	1.2	8.7	35.6	83.3
2001-03	5.2	0.3	0.0	1.4	0.7	0.7	29.3	1.3	1.0	15.2	36.3	84.6
2004-06	5.4	0.3	0.0	2.1	0.7	0.8	31.7	1.5	2.4	7.8	33.8	86.5
2007-09	5.6	0.3	0.0	2.2	0.6	2.3	34.4	1.6	3.0	7.5	28.0	85.5
2010-13	5.5	0.3	0.0	2.9	0.5	1.0	34.8	2.3	0.9	8.4	29.8	86.3
2014-17	5.5	0.3	0.0	3.4	0.4	0.8	36.1	2.4	0.8	9.0	30.5	89.3
2018-20	5.1	0.3	0.0	4.7	0.5	0.7	35.4	2.4	1.0	10.1	34.2	94.3
2020	4.5	0.3	0.0	4.9	0.5	1.4	34.3	2.3	1.0	10.3	39.5	98.8
중국(China)												
1979-81	5.1	0.7	0.0	2.3	0.4	0.1	11.7	0.7	0.2	0.4	9.0	30.7
1982-84	5.7	0.6	0.0	2.4	0.4	0.1	13.6	0.9	0.3	0.5	12.0	36.5
1984-86	5.8	0.5	0.0	2.8	0.5	0.1	16.1	1.3	0.4	0.5	13.4	41.3
1986-88	5.7	0.4	0.0	2.7	0.5	0.1	17.8	1.5	0.4	0.6	14.1	44.0
1989-91	5.5	0.4	0.0	3.3	0.5	0.1	20.9	1.9	0.5	0.7	16.0	49.3
1992-94	5.5	0.4	0.0	3.3	0.5	0.1	26.7	2.7	0.7	0.7	17.3	58.1
1995-97	5.0	0.4	0.0	3.5	0.9	0.3	30.4	4.2	1.1	0.9	21.5	68.4
1998-00	5.1	0.4	0.0	6.1	1.1	0.3	36.4	4.5	1.0	1.0	25.8	81.7
2001-03	4.3	0.4	0.0	5.8	1.5	0.3	39.3	5.0	1.0	1.5	30.9	90.0
2004-06	6.7	0.4	0.0	4.5	1.6	0.4	39.1	4.8	1.1	2.4	25.3	86.3
2007-09	6.6	0.3	0.0	5.0	1.9	0.4	40.3	5.1	1.3	2.9	27.5	91.4
2010-13	6.1	0.3	0.0	7.0	2.0	0.6	42.6	5.4	1.4	3.2	25.7	94.2
2014-17	6.2	0.3	0.0	7.4	2.1	0.6	43.4	5.6	1.6	2.9	27.2	97.2
2018-20	6.4	0.3	0.0	9.1	2.3	0.6	43.4	6.0	1.6	2.9	29.9	102.5
2020	6.4	0.3	0.0	9.3	2.3	0.6	42.2	6.2	1.6	3.1	31.0	102.9

9.6. 식품별 지방질 공급량(1인 1일당)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
콜롬비아(Columbia)												
1979-81	3.9	0.6	0.0	1.2	0.3	0.4	13.9	1.5	0.4	5.1	19.8	47.6
1982-84	3.8	0.7	0.0	1.5	0.2	0.4	13.1	1.4	0.3	6.1	24.0	51.8
1984-86	3.6	0.6	0.0	1.4	0.3	0.5	13.3	1.4	0.3	6.3	26.1	54.2
1986-88	3.5	0.6	0.0	1.4	0.3	0.5	13.0	1.6	0.3	6.7	27.3	55.7
1989-91	3.9	0.6	0.0	2.2	0.3	0.7	16.2	1.5	0.3	7.9	27.9	61.2
1992-94	4.2	0.6	0.0	2.2	0.2	0.8	14.0	1.7	0.4	8.7	31.3	64.5
1995-97	4.1	0.5	0.0	2.2	0.2	0.7	13.6	1.7	0.5	9.2	32.6	65.8
1998-00	2.4	0.5	0.0	1.8	0.2	1.3	12.8	1.6	0.4	9.5	34.2	64.7
2001-03	2.4	0.6	0.0	2.0	0.2	1.4	12.5	1.5	0.4	8.9	34.7	64.5
2004-06	2.6	0.4	0.0	1.6	0.2	1.4	14.6	2.3	0.5	10.3	36.7	70.8
2007-09	2.7	0.5	0.0	1.7	0.2	1.4	16.2	2.3	0.5	10.8	35.8	72.1
2010-13	2.5	0.5	0.0	1.8	3.9	1.7	16.8	2.6	0.6	9.1	47.9	87.3
2014-17	2.6	0.5	0.0	2.3	0.3	2.1	19.7	2.9	0.6	9.5	47.1	87.6
2018-20	2.8	0.5	0.0	2.4	0.3	3.1	20.8	3.3	0.7	9.1	45.9	89.0
2020	2.8	0.5	0.0	2.3	0.3	4.0	20.3	3.5	0.8	9.2	46.7	90.4
덴마크(Denmark)												
1979-81	2.8	0.2	0.0	1.8	0.4	0.5	64.7	3.8	2.8	17.3	81.2	177.0
1982-84	2.9	0.2	0.0	2.2	0.4	0.5	63.9	4.0	2.7	14.0	73.6	166.0
1984-86	3.0	0.2	0.0	2.5	0.5	0.5	72.8	4.1	2.4	14.9	67.4	169.6
1986-88	3.0	0.2	0.0	2.6	0.5	0.6	81.8	4.1	2.1	14.9	64.4	176.0
1989-91	3.4	0.2	0.0	3.0	0.5	0.6	77.3	4.0	3.3	15.9	70.5	180.8
1992-94	3.5	0.2	0.0	3.0	0.6	0.7	77.1	4.4	3.5	12.1	73.1	181.7
1995-97	3.6	0.2	0.0	3.2	0.6	0.6	29.0	4.3	2.8	17.3	68.1	133.9
1998-00	3.4	0.2	0.0	3.6	0.7	0.6	33.1	4.2	1.9	16.8	66.5	131.0
2001-03	3.6	0.2	0.0	4.1	0.7	0.8	34.4	4.8	2.2	18.9	66.4	136.2
2004-06	3.7	0.2	0.0	4.3	0.7	1.0	30.8	5.7	2.5	19.8	62.7	131.3
2007-09	4.0	0.2	0.0	4.5	0.7	1.1	31.9	5.3	2.4	20.2	62.3	132.7
2010-13	4.2	0.1	0.0	5.0	0.8	1.3	26.6	4.6	3.3	19.2	62.6	127.5
2014-17	3.8	0.1	0.0	5.1	0.7	1.4	24.9	4.6	3.2	24.5	58.7	127.0
2018-20	3.6	0.1	0.0	6.1	0.7	1.6	25.4	4.5	3.4	27.7	63.7	136.8
2020	3.7	0.1	0.0	6.6	0.7	1.6	22.1	4.4	3.4	28.4	67.3	138.4
이집트(Egypt)												
1979-81	13.8	0.1	0.0	4.5	0.6	0.5	4.5	0.5	0.4	3.4	39.0	67.5
1982-84	14.4	0.1	0.0	4.9	0.6	0.5	5.6	0.6	0.4	3.8	42.0	73.3
1984-86	14.5	0.1	0.0	5.2	0.7	0.5	6.1	0.7	0.4	3.8	47.5	79.8
1986-88	14.4	0.1	0.0	5.8	0.8	0.6	5.7	0.7	0.4	3.6	51.7	84.0
1989-91	14.6	0.1	0.0	2.8	0.6	0.6	5.4	0.6	0.5	3.0	30.8	58.9
1992-94	15.3	0.1	0.0	2.9	0.6	0.6	5.7	0.6	0.5	3.4	28.5	58.5
1995-97	14.9	0.1	0.0	4.7	0.7	0.7	5.8	0.6	0.5	3.8	25.4	57.7
1998-00	15.0	0.1	0.0	5.5	0.8	0.7	6.3	0.6	0.9	4.6	22.3	56.8
2001-03	15.6	0.1	0.0	6.4	0.8	0.8	6.7	0.7	0.9	5.4	22.3	60.0
2004-06	14.7	0.1	0.0	5.3	0.9	0.8	6.3	0.7	1.0	4.7	19.3	53.9
2007-09	15.1	0.2	0.0	5.7	1.1	0.8	7.3	0.9	1.0	6.5	19.5	58.0
2010-13	15.7	0.2	0.0	5.7	1.0	0.8	8.0	1.1	1.5	6.4	19.8	60.2
2014-17	15.4	0.2	0.0	5.0	0.8	0.9	7.7	1.1	1.6	4.9	19.4	57.0
2018-20	15.3	0.2	0.0	4.9	0.7	0.8	7.1	1.0	1.7	4.4	23.8	59.8
2020	15.4	0.2	0.0	5.0	0.7	0.8	6.1	0.9	1.7	4.0	26.9	61.7

Comparison of the fat supply for each food group by nation(per capita per day)

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
핀란드(Finland)												
1979-81	3.3	0.2	0.0	0.7	0.2	0.5	42.4	2.9	2.0	25.4	52.8	130.9
1982-84	3.3	0.2	0.0	0.9	0.2	0.5	44.5	2.8	2.4	24.0	51.8	131.2
1984-86	3.7	0.2	0.0	1.1	0.2	0.5	44.7	3.0	2.6	21.9	50.9	129.4
1986-88	3.9	0.2	0.0	1.4	0.3	0.5	45.7	3.1	2.8	22.3	47.7	128.6
1989-91	3.1	0.2	0.0	1.9	0.4	0.5	45.2	2.9	2.4	24.0	44.5	125.7
1992-94	3.0	0.2	0.0	1.9	0.4	0.5	41.8	2.8	2.7	23.8	47.5	125.0
1995-97	3.8	0.2	0.0	2.0	0.4	0.5	43.9	2.8	2.5	24.9	45.6	127.1
1998-00	4.3	0.2	0.0	2.0	0.4	0.4	44.3	2.5	2.5	25.8	43.2	125.6
2001-03	4.4	0.2	0.0	2.0	0.4	0.4	43.8	2.4	2.4	25.0	43.0	124.0
2004-06	4.4	0.2	0.0	2.4	0.5	0.4	45.7	2.3	2.6	24.5	43.2	126.3
2007-09	4.3	0.2	0.0	2.7	0.5	0.4	46.6	2.3	3.0	27.2	43.5	130.6
2010-13	4.6	0.2	0.0	3.2	0.6	0.5	46.4	2.5	3.1	29.8	43.6	134.4
2014-17	4.5	0.1	0.0	3.3	0.5	0.8	45.2	2.8	2.7	34.5	43.6	138.1
2018-20	4.5	0.2	0.0	3.5	0.6	0.8	42.1	3.0	2.6	31.3	45.8	134.4
2020	4.1	0.2	0.0	3.8	0.6	0.8	40.3	3.1	2.6	31.3	49.9	136.7
프랑스(France)												
1979-81	3.2	0.2	0.0	2.8	0.6	0.5	31.7	3.9	1.2	21.4	59.0	125.7
1982-84	3.3	0.2	0.0	2.8	0.6	0.7	31.7	4.1	1.3	21.3	62.1	129.0
1984-86	3.5	0.2	0.0	2.9	0.7	0.8	32.0	4.2	1.3	22.5	67.7	136.6
1986-88	3.6	0.2	0.0	3.1	0.7	0.8	32.3	4.3	1.4	22.8	71.5	141.8
1989-91	4.0	0.2	0.0	4.1	0.7	0.8	45.6	4.0	1.5	25.7	75.4	163.3
1992-94	3.8	0.2	0.0	4.1	0.6	0.8	44.9	4.0	1.5	25.8	77.0	163.8
1995-97	3.7	0.2	0.0	3.8	0.7	1.0	43.0	4.3	1.5	23.9	79.9	163.4
1998-00	3.8	0.2	0.0	4.1	0.8	0.9	44.3	4.3	1.5	24.2	78.3	162.4
2001-03	4.2	0.2	0.0	4.1	0.8	1.0	43.7	4.2	1.7	25.3	81.7	166.9
2004-06	4.3	0.2	0.0	3.7	0.6	1.0	36.7	3.9	3.5	24.2	82.0	160.1
2007-09	4.3	0.1	0.0	4.0	0.6	0.9	34.3	4.0	3.4	23.7	87.3	162.6
2010-13	4.6	0.1	0.0	4.5	0.6	0.9	37.4	3.5	3.6	22.9	80.3	158.3
2014-17	5.2	0.1	0.0	4.7	0.6	1.1	34.8	3.3	2.7	19.9	74.3	146.6
2018-20	4.8	0.1	0.0	5.2	0.6	1.3	34.1	3.5	2.7	22.6	74.0	148.9
2020	5.0	0.1	0.0	5.4	0.6	1.3	33.6	3.8	2.7	23.6	73.1	149.3
독일(Germany)												
1979-81	2.8	0.2	0.0	3.4	0.4	0.7	39.6	4.6	1.0	15.0	72.8	142.0
1982-84	2.9	0.2	0.0	3.6	0.5	0.8	39.8	4.5	0.9	15.9	71.9	142.3
1984-86	3.0	0.2	0.0	3.8	0.5	0.8	43.7	4.5	1.0	16.5	73.5	148.7
1986-88	3.1	0.2	0.0	4.0	0.5	0.8	45.5	4.3	1.0	17.0	75.0	152.6
1989-91	3.2	0.2	0.0	6.0	0.5	0.8	33.4	4.0	1.3	16.1	75.5	140.9
1992-94	3.1	0.2	0.0	6.0	0.6	0.9	33.6	3.4	1.1	16.0	77.7	143.4
1995-97	3.2	0.2	0.0	5.8	0.5	0.8	27.7	3.4	1.0	15.3	83.7	144.9
1998-00	3.2	0.2	0.0	5.7	0.5	0.8	28.0	3.4	1.1	14.6	87.3	144.8
2001-03	3.5	0.2	0.0	5.9	0.6	0.7	26.3	3.4	1.0	16.0	88.2	145.8
2004-06	3.7	0.2	0.0	6.1	0.5	0.6	26.1	3.3	2.3	16.2	81.7	140.7
2007-09	3.5	0.2	0.0	6.5	0.5	0.6	26.8	3.3	2.2	16.9	83.2	143.7
2010-13	3.6	0.2	0.0	7.0	0.6	0.6	26.6	3.4	2.2	16.9	80.7	141.5
2014-17	3.5	0.2	0.0	7.7	0.6	0.8	25.0	3.5	2.0	18.8	80.0	142.0
2018-20	3.6	0.2	0.0	8.1	0.6	1.0	24.2	4.0	2.1	24.8	89.4	158.0
2020	3.7	0.2	0.0	8.4	0.6	1.1	23.7	4.2	2.1	27.5	91.2	162.7

9.6. 식품별 지방질 공급량(1인 1일당)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
그리스(Greece)												
1979-81	4.3	0.2	0.0	6.9	1.3	0.9	32.5	3.1	0.8	20.8	66.3	137.5
1982-84	4.5	0.2	0.0	7.5	1.3	1.0	36.7	3.0	0.9	21.0	69.1	145.6
1982-86	4.4	0.2	0.0	7.1	1.4	1.0	37.6	3.0	1.0	21.8	70.6	148.5
1982-88	4.3	0.2	0.0	7.4	1.1	1.0	39.6	3.0	1.0	22.8	73.0	153.9
1989-91	4.2	0.2	0.0	8.7	1.2	1.0	31.3	3.2	1.0	23.0	81.3	155.0
1992-94	4.0	0.2	0.0	8.7	1.2	1.1	31.5	3.1	1.2	23.2	79.1	154.2
1995-97	4.2	0.2	0.0	9.2	1.3	1.1	21.3	2.7	1.2	24.4	85.5	152.3
1998-00	4.3	0.2	0.0	9.5	1.5	0.9	23.1	2.8	1.2	25.7	80.5	149.7
2001-03	4.4	0.2	0.0	10.8	1.4	0.9	23.7	2.4	1.0	24.9	78.3	147.7
2004-06	4.3	0.2	0.0	10.3	1.4	0.9	21.9	2.5	0.9	27.4	73.9	143.6
2007-09	4.2	0.2	0.0	13.0	1.3	0.7	20.9	2.5	1.0	29.0	75.8	148.7
2010-13	3.9	0.2	0.0	10.7	1.2	0.7	21.7	2.5	1.0	27.2	78.1	147.0
2014-17	4.0	0.1	0.0	11.8	0.9	0.7	19.1	2.7	1.0	27.4	78.6	146.2
2018-20	3.4	0.1	0.0	14.4	0.9	1.0	20.5	2.5	1.1	27.6	82.9	154.3
2020	3.3	0.1	0.0	15.2	0.9	1.1	19.3	2.4	1.2	26.4	83.4	153.3
인도(India)												
1979-81	6.5	0.1	0.0	3.5	0.3	0.2	0.4	0.2	0.2	3.6	17.6	33.0
1982-84	6.6	0.1	0.0	4.0	0.3	0.2	0.4	0.2	0.2	4.9	19.2	36.6
1984-86	6.2	0.1	0.0	3.9	0.3	0.3	0.5	0.3	0.2	5.8	18.8	36.8
1986-88	6.0	0.1	0.0	3.7	0.3	0.2	0.5	0.3	0.2	5.8	19.5	37.2
1989-91	6.6	0.1	0.0	5.0	0.4	0.3	1.3	0.3	0.2	5.4	20.1	39.8
1992-94	6.6	0.1	0.0	4.9	0.4	0.3	1.4	0.3	0.2	5.4	21.4	41.8
1995-97	6.8	0.1	0.0	5.0	0.3	0.3	1.4	0.4	0.3	5.2	23.4	43.8
1998-00	6.5	0.1	0.0	4.7	0.3	0.4	1.4	0.4	0.3	6.0	26.6	46.7
2001-03	6.2	0.1	0.0	4.5	0.4	0.3	1.6	0.4	0.3	4.7	32.3	50.8
2004-06	5.6	0.1	0.0	4.7	0.4	0.4	1.2	0.5	0.3	4.4	29.8	47.4
2007-09	5.6	0.1	0.0	5.0	0.4	0.4	1.2	0.6	0.3	4.7	30.3	48.7
2010-13	5.8	0.1	0.0	5.1	0.5	0.4	1.2	0.7	0.4	5.6	31.7	51.2
2014-17	5.5	0.1	0.0	5.0	0.5	0.5	1.1	0.8	0.4	6.4	34.7	54.9
2018-20	5.6	0.1	0.0	7.6	0.5	0.5	1.3	1.0	0.5	7.7	34.1	59.0
2020	5.8	0.1	0.0	8.7	0.5	0.5	1.2	1.1	0.5	7.2	33.0	58.6
인도네시아(Indonesia)												
1979-81	5.1	0.6	0.1	14.1	0.1	0.3	1.6	0.4	0.7	0.1	15.6	38.8
1982-84	5.6	0.6	0.1	12.7	0.1	0.3	1.7	0.5	0.8	0.1	17.1	39.6
1984-86	5.8	0.5	0.1	13.5	0.1	0.3	2.0	0.6	0.8	0.1	17.7	41.7
1986-88	6.1	0.5	0.1	13.5	0.1	0.3	2.3	0.7	0.8	0.1	17.8	42.5
1989-91	5.1	0.4	0.0	14.2	0.2	0.4	4.1	0.6	1.0	0.3	23.1	49.8
1992-94	5.1	0.4	0.0	14.3	0.2	0.4	4.6	0.7	1.0	0.4	22.8	50.8
1995-97	7.4	0.4	0.1	17.5	0.2	0.5	4.9	0.9	1.1	0.4	24.2	57.7
1998-00	7.2	0.4	0.1	14.3	0.2	0.4	4.0	0.7	1.3	0.4	26.2	55.2
2001-03	7.2	0.4	0.1	15.7	0.2	0.5	4.1	1.0	1.4	0.4	30.0	60.9
2004-06	6.4	0.3	0.1	11.0	0.2	0.7	4.5	1.2	1.4	0.5	21.7	48.1
2007-09	6.7	0.4	0.1	11.3	0.2	0.7	4.9	1.3	1.6	0.6	26.0	53.8

Comparison of the fat supply for each food group by nation(per capita per day)

Unit: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2010-13	6.8	0.4	0.1	9.5	0.3	0.7	5.5	1.4	1.9	0.7	28.4	55.5
2014-17	6.7	0.6	0.1	8.5	0.3	0.8	4.3	1.6	2.5	0.8	29.7	55.7
2018-20	6.6	0.5	0.1	7.4	0.3	0.9	4.7	4.3	2.7	0.8	37.1	65.4
2020	6.3	0.5	0.1	7.2	0.3	1.0	5.1	4.4	2.8	0.8	39.7	68.1
아일랜드(Ireland)												
1979-81	3.0	0.3	0.0	1.7	0.5	0.3	58.7	3.1	1.1	21.9	58.5	150.5
1982-84	3.1	0.3	0.0	1.6	0.4	0.4	59.3	3.2	1.3	23.2	60.2	154.8
1984-86	3.1	0.3	0.0	1.8	0.4	0.4	58.8	2.8	1.3	22.2	57.0	150.0
1986-88	3.0	0.3	0.0	2.0	0.4	0.4	58.1	2.5	1.2	21.3	56.8	148.1
1989-91	3.8	0.3	0.0	2.1	0.4	0.4	31.2	2.3	1.2	28.7	66.4	139.1
1992-94	3.8	0.3	0.0	2.1	0.5	0.4	32.1	2.3	1.1	26.1	64.6	135.0
1995-97	4.0	0.3	0.0	1.6	0.4	0.4	28.8	1.8	1.2	23.0	64.3	129.7
1998-00	3.4	0.3	0.0	2.3	0.5	0.4	32.4	2.0	0.9	24.3	65.0	131.5
2001-03	3.5	0.3	0.0	2.5	0.6	0.4	32.1	1.9	1.0	27.9	60.6	130.7
2004-06	4.1	0.3	0.0	2.7	0.5	0.4	33.0	1.9	1.5	22.8	59.9	127.2
2007-09	5.0	0.2	0.0	3.8	0.6	0.5	29.6	2.2	1.3	21.7	60.6	125.5
2010-13	7.9	0.2	0.0	4.2	0.6	0.5	28.8	2.4	1.4	18.8	60.9	125.5
2014-17	7.7	0.2	0.0	4.6	0.6	0.7	28.3	2.6	2.4	22.8	64.2	134.2
2018-20	6.8	0.1	0.0	5.1	0.6	0.7	29.6	2.5	2.6	28.1	69.8	146.1
2020	6.0	0.1	0.0	5.3	0.6	0.7	28.2	2.6	2.6	30.6	76.6	153.2
이스라엘 (Israel)												
1979-81	4.1	0.1	0.0	8.6	0.6	1.1	18.4	5.3	1.0	12.9	54.6	106.8
1982-84	3.9	0.1	0.0	9.5	0.7	1.7	18.2	5.7	0.9	13.4	55.8	110.2
1984-86	3.8	0.1	0.0	10.0	0.7	2.2	17.2	5.7	1.0	13.8	58.4	113.4
1986-88	3.8	0.1	0.0	10.2	0.6	3.4	16.4	5.1	1.1	14.0	67.3	122.7
1989-91	4.0	0.1	0.0	11.9	0.8	1.9	17.6	4.8	1.2	12.5	67.2	124.0
1992-94	4.0	0.1	0.0	11.7	0.8	2.8	18.0	4.2	1.1	11.6	59.4	114.2
1995-97	4.5	0.1	0.0	12.2	0.9	2.9	16.4	3.4	1.1	11.3	62.3	116.6
1998-00	4.7	0.1	0.0	12.4	1.2	2.9	17.6	3.1	1.2	12.1	68.8	124.1
2001-03	4.6	0.1	0.0	12.3	1.1	3.1	23.0	2.7	1.2	12.5	72.3	132.9
2004-06	4.8	0.1	0.0	13.8	1.0	3.3	26.0	2.5	1.2	13.0	78.9	144.7
2007-09	4.9	0.1	0.0	14.7	0.9	3.6	25.9	2.5	1.1	13.9	77.5	145.2
2010-13	4.9	0.1	0.0	14.2	1.0	3.1	25.8	2.9	1.4	14.3	77.9	145.5
2014-17	5.2	0.1	0.0	13.9	0.9	4.4	25.9	3.1	1.6	14.9	79.6	149.7
2018-20	4.9	0.1	0.0	15.2	0.9	6.1	26.6	3.3	1.7	15.3	68.3	142.5
2020	5.2	0.1	0.0	15.3	0.9	6.5	26.2	3.2	1.7	15.2	68.2	142.4
이탈리아(Italy)												
1979-81	4.3	0.1	0.0	3.4	0.8	0.7	26.3	3.1	0.9	18.4	72.8	131.2
1982-84	3.7	0.1	0.0	3.2	0.9	0.8	27.4	3.1	1.0	19.7	72.9	133.3
1984-86	3.8	0.1	0.0	3.5	1.0	0.8	27.7	3.1	1.1	20.1	76.5	138.5
1986-88	3.8	0.1	0.0	4.3	0.9	0.8	28.9	3.2	1.2	20.8	79.8	144.4
1989-91	3.9	0.1	0.0	4.2	0.9	0.9	29.6	3.3	1.4	17.5	87.5	149.8
1992-94	3.7	0.1	0.0	4.2	0.9	0.9	30.0	3.3	1.4	16.8	83.6	145.4
1995-97	3.8	0.1	0.0	4.5	0.9	0.8	28.7	3.4	1.4	17.2	85.4	146.8
1998-00	3.9	0.1	0.0	5.3	0.9	0.9	29.8	3.5	1.6	17.5	88.2	151.7
2001-03	4.0	0.1	0.0	5.1	0.9	0.8	30.3	3.2	1.7	17.7	92.4	156.1

9.6. 식품별 지방질 공급량(1인 1일당)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2004-06	3.9	0.1	0.0	5.8	0.9	0.9	29.6	3.1	1.9	18.4	92.5	157.2
2007-09	3.9	0.1	0.0	5.5	0.8	0.9	29.5	3.2	1.9	18.2	92.5	156.6
2010-13	4.1	0.1	0.0	5.7	0.8	0.8	28.2	3.3	1.9	19.0	92.1	155.8
2014-17	4.1	0.1	0.0	5.6	0.7	0.8	24.6	3.2	2.2	17.0	88.1	146.5
2018-20	4.0	0.1	0.0	6.6	0.6	0.9	23.6	3.1	2.3	18.4	89.4	148.9
2020	3.9	0.1	0.0	7.2	0.5	1.0	22.3	3.1	2.2	18.5	93.7	152.6
멕시코(Mexico)												
1979-81	12.7	0.0	0.0	2.8	0.2	0.8	22.8	1.9	0.7	8.6	31.4	82.0
1982-84	12.8	0.0	0.0	2.9	0.2	0.8	24.8	2.0	0.7	7.9	35.0	87.3
1984-86	12.9	0.0	0.0	2.9	0.2	0.9	22.7	2.2	0.7	7.6	37.7	87.9
1986-88	13.0	0.0	0.0	2.6	0.2	0.7	20.7	2.3	0.7	8.1	39.3	87.7
1989-91	13.1	0.0	0.0	3.1	0.2	0.9	14.7	2.6	0.8	7.0	36.7	79.5
1992-94	12.6	0.0	0.0	3.1	0.2	1.0	16.6	2.8	0.7	7.7	38.5	83.6
1995-97	13.1	0.0	0.1	3.2	0.2	1.0	17.1	2.8	0.6	7.6	40.0	86.3
1998-00	13.3	0.0	0.1	3.9	0.3	1.0	19.6	3.4	0.7	8.7	36.4	87.4
2001-03	13.1	0.1	0.0	3.8	0.3	1.1	21.8	3.8	0.7	9.3	32.6	86.6
2004-06	12.6	0.0	0.0	4.5	0.4	1.1	22.7	4.1	0.8	9.2	37.1	92.5
2007-09	12.5	0.0	0.0	4.5	0.4	1.0	23.7	4.3	0.8	9.2	36.9	93.3
2010-13	12.0	0.0	0.0	3.7	0.3	0.9	23.7	4.2	0.8	8.7	37.1	91.3
2014-17	12.2	0.1	0.0	3.8	0.4	1.0	26.5	4.6	1.1	8.9	39.2	97.6
2018-20	12.3	0.1	0.0	3.7	0.4	1.1	29.2	4.9	1.0	9.0	41.6	103.2
2020	12.4	0.1	0.0	3.2	0.4	1.2	29.5	4.9	1.0	9.0	41.2	102.6
네덜란드(Netherlands)												
1979-81	2.4	0.2	0.0	2.7	0.4	0.6	28.2	3.4	0.7	23.5	89.7	155.9
1982-84	2.4	0.2	0.0	2.8	0.4	0.6	28.2	3.8	0.6	21.9	87.6	152.6
1984-86	2.4	0.3	0.0	3.0	0.4	0.6	28.4	3.7	0.7	19.9	89.0	152.4
1986-88	2.3	0.2	0.0	3.5	0.4	0.6	28.8	3.3	0.6	21.8	87.0	152.3
1989-91	2.3	0.2	0.0	5.9	0.4	0.7	29.9	3.1	0.6	22.2	68.8	137.8
1992-94	2.4	0.2	0.0	6.0	0.4	0.8	32.3	3.6	0.8	23.0	64.5	139.0
1995-97	2.2	0.2	0.0	5.7	0.5	0.6	33.2	4.3	1.0	26.1	63.4	142.6
1998-00	2.3	0.2	0.0	4.4	0.5	0.7	33.5	4.8	1.9	25.4	62.1	135.8
2001-03	3.1	0.2	0.0	6.8	0.8	0.8	29.0	3.7	1.6	26.4	66.6	139.1
2004-06	2.5	0.2	0.0	5.8	0.6	0.8	25.9	4.9	2.2	26.4	65.1	134.3
2007-09	2.6	0.3	0.0	6.6	0.7	0.8	26.7	3.7	2.0	27.4	63.9	134.7
2010-13	3.0	0.3	0.0	5.3	0.5	1.0	27.6	4.0	2.0	26.5	51.4	121.5
2014-17	3.1	0.2	0.0	5.9	0.6	1.3	24.1	5.5	1.4	27.2	57.8	127.2
2018-20	3.6	0.2	0.0	7.3	0.7	1.1	22.6	5.6	1.4	28.2	66.6	137.2
2020	3.6	0.3	0.0	9.9	0.7	1.2	22.6	6.0	1.6	27.9	65.9	139.5
뉴질랜드(New Zealand)												
1979-81	2.5	0.2	0.0	3.4	0.5	0.5	51.0	4.3	1.0	15.7	62.2	142.7
1982-84	2.6	0.2	0.0	3.9	0.5	0.6	48.0	4.0	1.7	19.3	60.7	142.8
1984-86	2.5	0.2	0.0	4.2	0.5	0.7	49.3	3.6	1.6	21.1	59.4	144.2
1986-88	2.5	0.2	0.0	4.5	0.5	0.8	51.9	3.6	1.6	19.6	57.3	143.8
1989-91	2.7	0.2	0.0	5.1	0.5	0.6	35.5	3.3	1.0	20.8	60.8	131.5
1992-94	2.6	0.2	0.0	5.2	0.5	0.6	39.0	3.4	1.1	16.6	58.2	131.0
1995-97	2.7	0.2	0.0	5.4	1.1	0.7	34.6	2.6	1.9	28.5	58.7	137.5
1998-00	2.7	0.2	0.0	5.0	1.0	0.8	36.7	3.1	1.9	16.7	51.3	119.4

Comparison of the fat supply for each food group by nation(per capita per day)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2001-03	2.6	0.2	0.0	5.4	0.9	1.1	35.0	2.7	1.6	12.9	53.6	116.0
2004-06	2.6	0.2	0.0	6.0	0.9	1.1	34.3	2.8	1.8	8.0	58.5	116.2
2007-09	2.7	0.2	0.0	6.4	0.9	1.2	34.8	2.8	2.1	7.2	60.8	119.0
2010-13	2.8	0.2	0.0	7.1	0.9	1.2	32.7	2.7	1.8	10.3	58.6	118.2
2014-17	3.1	0.2	0.0	9.0	0.8	1.0	29.4	2.8	1.6	11.5	51.9	111.3
2018-20	3.2	0.1	0.0	9.0	0.7	1.1	27.7	3.1	1.6	10.9	56.0	113.6
2020	3.3	0.2	0.0	9.3	0.6	1.0	26.5	3.3	1.5	9.4	61.4	116.3
노르웨이(Norway)												
1979-81	3.4	0.2	0.0	2.7	0.3	0.5	33.0	2.9	4.3	26.8	70.6	146.5
1982-84	3.3	0.2	0.0	3.1	0.3	0.5	29.9	3.2	3.9	25.7	67.9	139.9
1984-86	3.4	0.2	0.0	3.2	0.3	0.5	31.6	3.2	3.2	24.6	65.4	138.3
1986-88	3.6	0.2	0.0	3.6	0.3	0.5	33.0	3.2	2.3	23.3	63.8	136.7
1989-91	3.8	0.2	0.0	3.2	0.3	0.5	26.2	2.9	6.0	21.0	62.7	129.3
1992-94	3.9	0.2	0.0	3.2	0.3	0.6	28.0	2.8	6.6	20.9	64.0	132.9
1995-97	4.0	0.2	0.0	3.2	0.4	0.6	30.9	2.9	6.3	22.9	62.1	136.4
1998-00	4.4	0.2	0.0	3.2	0.4	0.5	29.9	2.7	5.9	21.2	66.4	134.8
2001-03	4.8	0.2	0.0	3.4	0.4	0.5	31.1	2.7	6.4	20.9	68.4	138.7
2004-06	4.9	0.2	0.0	4.2	0.5	0.7	32.5	2.8	5.0	19.6	69.9	140.2
2007-09	5.2	0.2	0.0	4.3	0.5	0.8	31.5	3.0	5.4	19.8	66.5	137.1
2010-13	5.6	0.2	0.0	4.7	0.5	0.9	31.7	3.1	5.3	20.0	71.7	143.5
2014-17	6.0	0.1	0.0	5.4	0.5	1.2	31.8	3.2	4.8	21.6	60.4	135.1
2018-20	6.9	0.1	0.0	6.5	0.5	1.2	33.2	3.3	4.5	18.0	56.9	131.3
2020	6.7	0.2	0.0	6.9	0.5	1.3	31.9	3.3	4.5	18.4	55.9	129.6
파키스탄(Pakistan)												
1979-81	7.6	0.0	0.0	0.9	0.1	0.2	3.3	0.3	0.1	5.3	26.2	44.4
1982-84	7.3	0.0	0.0	0.9	0.1	0.3	3.4	0.4	0.1	5.2	30.2	48.3
1984-86	7.2	0.0	0.0	0.9	0.1	0.3	3.5	0.4	0.1	5.4	34.7	52.9
1986-88	7.0	0.0	0.0	0.9	0.1	0.3	3.7	0.4	0.1	5.6	37.9	56.2
1989-91	6.8	0.0	0.0	1.2	0.1	0.3	3.9	0.4	0.1	8.4	35.7	57.1
1992-94	7.0	0.0	0.0	1.1	0.1	0.3	4.2	0.4	0.1	8.9	39.5	62.0
1995-97	6.8	0.0	0.0	1.3	0.1	0.3	4.6	0.5	0.1	9.7	42.7	65.8
1998-00	6.6	0.0	0.0	1.2	0.2	0.3	3.9	0.5	0.1	14.3	36.9	64.0
2001-03	6.3	0.0	0.0	1.1	0.2	0.3	4.1	0.6	0.1	13.7	41.1	67.4
2004-06	6.0	0.0	0.0	1.0	0.2	0.3	4.1	0.6	0.1	14.3	41.6	68.3
2007-09	5.8	0.1	0.0	1.3	0.2	0.3	4.6	0.7	0.1	15.6	44.5	73.2
2010-13	6.6	0.1	0.0	1.3	0.1	0.3	5.0	0.8	0.1	16.5	43.0	73.7
2014-17	7.2	0.1	0.0	1.0	0.1	0.2	4.9	0.8	0.1	16.5	44.4	75.4
2018-20	7.4	0.1	0.0	0.7	0.1	0.3	5.6	0.9	0.1	18.4	46.4	80.0
2020	7.6	0.1	0.0	0.7	0.2	0.3	5.8	1.0	0.1	18.9	45.4	79.9
페루(Peru)												
1979-81	4.8	0.7	0.0	1.6	0.2	0.9	6.7	0.7	1.2	4.7	19.6	41.1
1982-84	4.9	0.6	0.0	1.6	0.2	0.8	7.5	0.7	1.1	4.6	17.7	39.7
1984-86	5.0	0.6	0.0	1.6	0.2	0.6	7.2	0.8	1.0	4.8	17.7	39.5
1986-88	4.9	0.6	0.0	1.5	0.2	0.4	8.3	1.0	1.1	5.4	19.6	43.1
1989-91	3.2	0.5	0.0	1.3	0.2	0.8	7.3	1.0	1.4	3.5	25.9	45.3
1992-94	3.4	0.5	0.0	1.3	0.2	0.8	7.7	0.9	1.0	3.8	30.3	50.1
1995-97	4.6	0.6	0.0	1.8	0.3	0.8	5.2	1.1	1.4	4.6	29.2	50.2
1998-00	4.9	0.7	0.0	2.4	0.3	0.8	5.8	1.1	1.1	4.5	26.6	48.2

9.6. 식품별 지방질 공급량(1인 1일당)

단위: g

국 명 Nation (연 도) (Year)	곡 류 Cereals	서 류 Starchy Roots	설탕류 Sweet- eners	두 류 Pulses	채소류 Vege- tables	과실류 Fruit	육 류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2001-03	4.9	0.6	0.0	2.8	0.3	0.9	6.0	1.1	1.4	4.4	26.1	48.5
2004-06	5.1	0.6	0.0	2.7	0.3	0.9	5.1	1.2	1.5	4.5	16.1	37.8
2007-09	5.1	0.7	0.0	3.0	0.3	1.0	5.7	1.5	1.5	4.8	16.5	40.1
2010-13	5.3	0.7	0.0	3.9	0.4	1.4	5.9	1.8	1.7	5.3	20.2	46.4
2014-17	5.9	0.7	0.0	3.9	0.4	1.6	6.4	2.2	1.9	6.0	24.4	53.4
2018-20	4.9	0.7	0.0	3.8	0.4	1.8	15.0	2.6	2.1	5.9	25.2	62.4
2020	5.0	0.7	0.0	3.6	0.4	1.9	15.0	2.6	2.1	5.9	26.5	63.8
필 리 핀(Philippines)												
1979-81	3.5	0.5	0.0	1.5	0.1	0.4	10.2	1.4	2.4	0.6	11.4	32.2
1982-84	3.5	0.4	0.0	1.7	0.1	0.5	10.3	1.4	2.5	0.5	10.3	31.5
1984-86	3.5	0.3	0.0	1.7	0.1	0.4	9.7	1.3	2.4	0.4	11.3	31.3
1986-88	3.5	0.3	0.0	1.6	0.1	0.4	10.0	1.2	2.3	0.7	12.5	33.0
1989-91	3.1	0.3	0.0	2.1	0.4	0.5	12.4	1.5	2.8	0.7	15.9	40.1
1992-94	3.1	0.0	0.0	2.1	0.4	0.5	15.3	1.4	2.6	0.7	17.5	44.2
1995-97	2.8	0.3	0.0	2.4	0.4	1.0	16.7	2.0	2.5	0.7	17.3	46.6
1998-00	2.9	0.3	0.0	2.4	0.4	0.9	15.5	1.9	2.3	0.7	19.7	47.0
2001-03	3.0	0.2	0.0	2.2	0.4	0.9	18.6	1.9	2.3	0.6	17.5	47.5
2004-06	3.2	0.2	0.0	2.8	0.4	0.9	19.1	1.2	2.2	0.4	16.5	46.9
2007-09	3.5	0.2	0.0	2.7	0.4	0.9	20.5	1.2	2.4	0.3	18.4	50.6
2010-13	3.5	0.2	0.0	2.6	0.4	0.9	20.4	1.3	2.1	0.4	20.2	51.9
2014-17	3.6	0.1	0.1	2.6	0.4	0.9	20.9	1.2	1.7	0.4	19.4	51.2
2018-20	4.3	0.1	0.1	3.1	0.4	0.8	19.3	1.4	1.8	0.6	21.7	53.6
2020	4.6	0.1	0.1	3.5	0.4	0.9	17.5	1.4	1.8	0.6	17.4	48.2
포르투갈(Portugal)												
1979-81	4.3	0.3	0.0	2.1	0.6	0.4	28.0	1.5	1.5	8.5	54.1	101.4
1982-84	4.3	0.3	0.0	2.1	0.7	0.4	28.5	1.4	1.7	9.6	54.9	104.0
1984-86	4.3	0.3	0.0	2.2	0.8	0.3	28.4	1.6	2.1	9.2	54.9	104.3
1986-88	4.4	0.3	0.0	2.8	0.7	0.3	30.3	1.7	2.5	10.3	58.5	112.3
1989-91	4.0	0.3	0.0	2.9	0.9	0.7	35.3	2.0	2.4	12.2	62.5	124.9
1992-94	4.3	0.3	0.0	2.8	0.8	0.7	4.2	2.5	2.5	12.6	62.3	131.8
1995-97	4.5	0.4	0.0	2.4	0.8	1.3	26.9	2.4	2.5	15.0	71.4	129.9
1998-00	5.2	0.3	0.0	2.6	1.0	1.4	29.5	2.6	2.8	15.3	68.6	129.3
2001-03	5.2	0.3	0.0	3.1	1.0	1.4	29.6	2.8	2.6	16.3	74.2	136.5
2004-06	5.4	0.2	0.0	3.1	1.0	1.3	28.3	2.6	2.5	13.1	72.8	130.2
2007-09	5.7	0.2	0.0	3.1	0.9	1.5	29.8	2.6	2.9	13.4	80.0	140.0
2010-13	6.1	0.2	0.0	2.9	0.9	1.5	28.4	2.5	2.5	11.1	81.7	137.6
2014-17	6.0	0.2	0.0	3.0	0.9	0.6	28.6	2.6	2.6	12.4	73.6	130.5
2018-20	6.6	0.2	0.0	4.6	0.7	1.2	30.7	2.9	2.7	13.7	75.8	138.9
2020	6.7	0.2	0.0	5.4	0.7	1.0	29.9	2.8	2.7	13.5	79.8	142.5
사우디아라비아(Saudi Arabia)												
1979-81	8.7	0.0	0.0	4.9	0.6	1.1	14.2	1.5	0.7	7.5	37.6	78.2
1982-84	7.6	0.0	0.0	6.9	0.7	1.1	16.7	2.1	0.8	7.4	39.5	84.8
1984-86	7.4	0.0	0.0	7.5	0.7	0.9	16.1	2.4	0.7	7.3	37.4	82.7
1986-88	7.4	0.0	0.0	7.6	0.6	0.8	14.7	2.3	0.6	7.3	36.8	80.4
1989-91	6.1	0.0	0.0	2.0	0.7	0.9	13.9	1.4	0.5	7.3	44.2	79.2
1992-94	5.6	0.0	0.0	2.0	0.6	1.0	12.5	1.4	0.4	5.3	40.2	70.1
1995-97	7.1	0.1	0.0	1.9	0.6	1.0	13.9	1.3	0.4	7.3	40.4	75.9

Comparison of the fat supply for each food group by nation(per capita per day)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
1998-00	7.0	0.1	0.0	2.2	0.5	0.9	14.4	1.3	0.5	8.2	43.2	78.3
2001-03	8.0	0.1	0.0	2.1	0.5	0.8	13.4	0.9	0.5	8.0	45.7	80.2
2004-06	9.1	0.1	0.0	1.8	0.6	0.8	14.3	1.2	0.6	6.5	45.4	80.4
2007-09	9.4	0.1	0.0	2.2	0.5	0.7	14.3	1.2	0.7	5.1	42.1	76.3
2010-13	8.6	0.1	0.0	3.0	0.6	0.8	8.1	1.4	0.8	7.5	57.2	87.8
2014-17	10.6	0.1	0.0	3.3	0.8	0.7	14.7	1.8	0.9	8.0	62.3	103.1
2018-20	11.3	0.1	0.0	4.8	0.7	0.8	13.8	2.5	0.8	7.9	56.0	98.8
2020	11.3	0.1	0.0	5.6	0.8	0.8	14.6	2.9	0.8	8.7	49.0	94.4
남아프리카공화국(Republic of South Africa)												
1979-81	11.1	0.1	0.0	1.5	0.3	0.2	18.3	1.2	0.8	8.1	25.6	67.8
1982-84	11.1	0.1	0.0	0.8	0.3	0.2	18.9	1.2	0.7	7.7	25.9	67.5
1984-86	10.9	0.1	0.0	0.7	0.3	0.2	19.1	1.2	0.7	7.2	28.4	69.2
1986-88	11.0	0.1	0.0	0.6	0.3	0.3	19.3	1.2	0.6	6.9	31.2	72.0
1989-91	10.7	0.3	0.0	0.6	0.3	0.2	17.9	1.2	0.6	5.7	33.2	71.3
1992-94	10.4	0.3	0.0	0.6	0.3	0.2	16.9	1.2	0.4	5.4	34.2	70.4
1995-97	10.4	0.1	0.0	1.0	0.3	0.3	16.0	1.6	0.9	6.7	38.0	76.1
1998-00	10.5	0.1	0.0	1.0	0.3	0.3	16.1	1.6	0.5	5.6	35.7	71.7
2001-03	11.2	0.1	0.0	2.1	0.3	0.3	16.7	1.6	0.6	4.9	39.9	77.6
2004-06	10.8	0.1	0.0	1.7	0.3	0.2	18.9	1.7	0.6	5.0	39.8	79.1
2007-09	10.4	0.1	0.0	2.1	0.3	0.2	23.5	1.9	0.5	5.2	38.5	82.7
2010-13	10.3	0.1	0.0	1.7	0.3	0.3	22.4	1.9	0.6	5.3	38.2	81.0
2014-17	10.2	0.1	0.0	2.5	0.3	0.2	24.8	1.7	0.5	4.9	35.5	80.7
2018-20	9.4	0.1	0.0	1.5	0.3	0.2	24.1	1.9	0.5	5.0	46.7	89.6
2020	9.2	0.1	0.0	1.7	0.3	0.2	23.3	2.0	0.5	5.0	49.8	92.1
스페인(Spain)												
1979-81	3.1	0.3	0.0	4.1	0.8	0.8	44.3	4.2	1.4	15.2	59.6	134.1
1982-84	3.1	0.3	0.0	4.1	0.8	0.8	51.8	4.4	1.5	14.8	60.5	142.5
1984-86	3.1	0.3	0.0	4.4	0.8	0.9	52.7	4.3	1.7	15.4	62.4	146.2
1986-88	3.1	0.3	0.0	4.6	0.8	0.9	56.0	4.7	1.5	15.1	62.9	150.7
1989-91	2.9	0.3	0.0	6.0	0.9	1.0	64.8	4.3	1.8	14.3	75.3	172.7
1992-94	2.8	0.3	0.0	6.0	0.8	0.9	69.4	4.3	1.9	14.8	79.2	181.4
1995-97	2.9	0.2	0.0	6.5	6.7	0.7	33.0	4.5	10.4	14.5	80.9	143.7
1998-00	2.8	0.2	0.0	6.8	0.8	0.8	34.0	3.5	2.7	15.1	83.0	149.7
2001-03	2.8	0.2	0.0	7.5	0.8	1.1	35.7	3.6	2.6	15.1	83.4	152.7
2004-06	2.8	0.2	0.0	7.9	0.8	1.0	31.3	3.9	3.0	15.0	82.4	148.3
2007-09	3.0	0.2	0.0	9.8	0.8	1.0	30.0	3.8	2.9	14.0	82.7	148.1
2010-13	3.1	0.2	0.0	7.1	0.7	0.8	26.4	3.7	3.0	15.4	88.3	148.6
2014-17	3.2	0.1	0.0	6.4	0.7	1.1	27.2	3.9	3.2	16.5	83.5	145.7
2018-20	3.4	0.1	0.0	8.0	0.6	1.5	28.6	4.0	3.3	14.4	87.9	151.9
2020	3.4	0.1	0.0	8.3	0.6	1.7	27.8	4.1	3.4	13.6	90.4	153.4
스리랑카(Sri Lanka)												
1979-81	3.2	0.3	0.0	25.8	0.2	0.3	0.8	0.5	1.2	2.8	10.0	46.1
1982-84	3.3	0.3	0.0	25.2	0.3	0.3	0.8	0.5	1.2	2.6	11.9	47.4
1984-86	3.6	0.3	0.0	24.6	0.4	0.2	0.8	0.6	1.1	2.5	13.3	48.3
1986-88	3.5	0.2	0.0	24.3	0.4	0.2	0.7	0.7	1.0	2.5	10.8	45.2
1989-91	3.4	0.2	0.0	29.7	0.2	0.2	0.8	0.7	1.2	3.1	8.3	44.4
1992-94	3.5	0.1	0.0	29.7	0.2	0.2	0.8	0.7	1.2	2.7	7.2	47.7
1995-97	2.3	0.1	0.0	28.7	0.2	0.2	1.3	0.6	1.5	3.3	7.3	46.6
1998-00	2.4	0.1	0.0	25.2	0.2	0.2	1.3	0.6	1.7	3.8	8.1	43.6

9.6. 식품별 지방질 공급량(1인 1일당)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
2001-03	2.4	0.1	0.0	23.7	0.2	0.2	1.6	0.7	1.8	3.5	9.3	43.4
2004-06	2.4	0.1	0.0	25.6	0.2	0.1	1.6	0.6	1.6	3.0	9.3	44.5
2007-09	2.3	0.1	0.0	25.7	0.2	0.1	1.5	0.7	1.8	3.3	9.3	45.0
2010-13	2.5	0.1	0.0	26.3	0.2	0.2	1.5	0.9	2.1	3.6	9.0	46.3
2014-17	3.5	0.1	0.0	28.3	0.2	0.7	1.5	1.3	2.2	4.1	9.7	51.6
2018-20	3.4	0.1	0.0	24.5	0.3	0.5	2.4	1.2	2.1	4.9	11.2	50.6
2020	3.4	0.1	0.0	24.0	0.4	0.5	2.6	1.1	2.2	4.9	10.6	49.8
스웨덴(Sweden)												
1979-81	3.0	0.2	0.0	3.0	0.3	0.6	25.8	3.3	3.1	22.4	68.4	130.5
1982-84	3.0	0.2	0.0	3.1	0.3	0.6	24.4	3.3	2.9	23.3	70.3	132.0
1984-86	3.1	0.2	0.0	3.2	0.3	0.6	24.1	3.5	2.7	23.0	70.4	131.7
1986-88	3.0	0.2	0.0	3.7	0.4	0.7	24.0	3.6	2.8	23.4	68.8	131.0
1989-91	3.5	0.2	0.0	3.9	0.4	0.7	18.9	3.5	3.4	21.0	64.5	120.5
1992-94	3.6	0.2	0.0	3.9	0.4	0.7	19.9	3.4	3.4	20.4	57.8	114.2
1995-97	3.5	0.2	0.0	4.0	0.4	0.7	23.7	3.2	3.9	22.6	72.1	131.8
1998-00	3.2	0.1	0.0	3.4	0.5	0.6	22.6	3.2	3.6	21.7	66.5	125.4
2001-03	3.2	0.1	0.0	3.6	0.5	0.6	23.1	3.1	4.2	22.2	64.8	125.4
2004-06	3.1	0.1	0.0	4.2	0.6	0.7	24.0	3.1	2.8	22.2	62.3	122.9
2007-09	3.1	0.1	0.0	5.4	0.6	0.8	24.3	3.1	2.7	22.2	61.9	124.1
2010-13	3.4	0.1	0.0	5.7	0.6	0.9	25.3	3.6	2.5	21.3	67.0	130.3
2014-17	4.6	0.1	0.0	5.4	0.6	0.9	23.4	3.7	2.3	22.1	71.9	135.1
2018-20	5.0	0.1	0.0	5.6	0.6	0.9	22.0	3.9	2.3	24.0	66.7	131.2
2020	4.7	0.1	0.0	5.5	0.6	1.0	21.3	3.7	2.3	25.5	67.4	132.2
스위스(Switzerland)												
1979-81	3.1	0.1	0.0	5.8	0.5	0.8	57.1	3.2	0.7	26.3	69.6	168.0
1982-84	2.8	0.1	0.0	6.6	0.5	0.8	58.2	3.3	0.8	26.5	68.7	168.9
1984-86	2.9	0.1	0.0	6.8	0.5	0.8	58.0	3.3	0.9	26.1	68.8	169.0
1986-88	3.0	0.1	0.0	7.3	0.5	0.8	57.9	3.4	0.9	25.9	68.6	169.6
1989-91	2.9	0.1	0.0	8.1	0.5	0.7	47.9	3.0	1.2	22.8	64.0	150.8
1992-94	2.9	0.1	0.0	8.2	0.5	0.7	44.5	2.8	1.2	22.4	62.4	146.0
1995-97	2.8	0.1	0.0	7.2	0.5	0.7	40.3	2.7	1.2	2.3	66.4	145.8
1998-00	3.2	0.1	0.0	7.4	0.6	0.7	40.5	2.7	1.2	22.3	66.4	145.1
2001-03	3.5	0.2	0.0	7.8	0.6	0.6	41.5	2.7	1.3	26.1	71.1	155.4
2004-06	3.4	0.1	0.0	7.3	0.5	0.5	40.4	2.7	1.2	24.2	72.7	152.9
2007-09	3.4	0.1	0.0	7.6	0.6	0.6	40.5	2.9	1.2	25.0	71.6	153.5
2010-13	3.3	0.1	0.0	7.4	0.7	0.8	39.3	2.8	1.2	25.0	73.0	153.5
2014-17	3.1	0.1	0.0	7.5	0.7	0.9	36.8	2.8	1.2	30.9	71.6	155.6
2018-20	3.2	0.1	0.0	7.9	0.6	1.0	34.6	2.9	1.2	30.2	76.0	157.8
2020	3.2	0.1	0.0	8.2	0.7	1.1	34.3	3.0	1.2	30.7	76.7	159.1
터키(Turkey)												
1979-81	6.2	0.1	0.0	8.9	0.9	0.9	6.3	1.2	0.6	6.0	43.1	74.4
1982-84	6.0	0.1	0.0	9.0	0.8	0.9	6.0	1.2	0.7	4.8	45.5	75.7
1984-86	6.0	0.2	0.0	7.2	0.9	0.9	6.2	1.2	0.6	4.7	46.0	74.3
1986-88	6.0	0.2	0.0	8.5	0.9	0.9	6.3	1.3	0.5	4.5	49.0	78.8

Comparison of the fat supply for each food group by nation(per capita per day)

단위: g

국명 Nation (연도) (Year)	곡류 Cereals	서류 Starchy Roots	설탕류 Sweet- eners	두류 Pulses	채소류 Vege- tables	과실류 Fruit	육류 Meat	계란류 Eggs	어패류 Fishes and Shellfishes	우유류 Milk	유지류 Oils and Fats	계 Total
1989-91	6.7	0.2	0.0	8.9	1.1	0.8	6.7	1.6	0.4	12.4	55.7	94.9
1992-94	6.7	0.2	0.0	8.9	1.2	0.8	6.3	1.9	0.6	12.6	54.0	93.6
1995-97	6.6	0.2	0.0	8.4	1.3	0.8	6.0	2.5	0.8	11.8	58.2	96.9
1998-00	6.4	0.2	0.0	9.0	1.3	0.6	6.0	2.6	0.7	10.5	49.9	87.2
2001-03	6.4	0.2	0.0	10.9	1.4	0.6	5.8	2.2	0.6	9.5	52.5	90.2
2004-06	6.7	0.1	0.0	11.5	1.5	0.7	6.3	2.6	0.6	11.6	62.8	104.5
2007-09	6.7	0.1	0.0	13.7	1.5	0.8	6.7	2.6	0.6	12.2	65.0	109.8
2010-13	6.1	0.1	0.0	12.9	1.6	0.8	8.2	2.1	0.5	15.0	70.5	117.6
2014-17	6.0	0.1	0.0	12.3	1.6	0.8	9.3	2.4	0.4	16.2	70.2	119.2
2018-20	5.8	0.1	0.0	13.2	1.7	0.9	8.5	2.7	0.4	18.4	72.5	124.1
2020	5.8	0.1	0.0	12.5	1.8	0.9	7.9	2.8	0.4	18.8	72.6	123.4
영국(United Kingdom)												
1979-81	2.8	0.3	0.0	2.9	0.4	0.4	44.4	3.8	0.7	19.3	61.2	136.6
1982-84	2.7	0.3	0.0	3.0	0.5	0.4	42.8	3.4	0.8	18.9	61.2	134.5
1984-86	2.7	0.3	0.0	3.4	0.5	0.4	42.7	3.4	0.9	19.1	63.8	137.8
1986-88	2.7	0.3	0.0	3.8	0.5	0.5	43.7	3.2	0.9	19.8	64.6	140.7
1989-91	3.1	0.3	0.0	4.0	0.5	0.5	37.1	2.8	1.0	19.9	65.1	135.4
1992-94	3.1	0.3	0.0	4.0	0.5	0.5	35.6	2.8	0.9	19.7	70.5	139.1
1995-97	3.1	0.3	0.0	4.4	0.5	0.5	36.8	2.7	1.0	20.5	68.1	139.0
1998-00	3.5	0.3	0.0	4.2	0.5	0.5	37.1	2.6	1.2	20.7	69.8	140.4
2001-03	3.7	0.3	0.0	4.5	0.5	0.6	36.8	3.1	1.3	21.1	64.9	136.7
2004-06	3.7	0.3	0.0	4.9	0.6	0.8	37.2	2.8	1.4	21.4	66.0	139.1
2007-09	4.0	0.3	0.0	4.9	0.6	0.8	36.8	2.8	1.5	21.5	65.9	139.0
2010-13	4.0	0.2	0.0	4.5	0.6	0.7	35.4	3.0	1.5	21.2	64.0	135.0
2014-17	4.2	0.2	0.0	4.5	0.6	1.0	35.3	3.0	2.4	20.5	62.5	134.2
2018-20	4.4	0.2	0.0	5.3	0.6	1.2	34.5	3.0	2.2	20.8	65.7	137.9
2020	4.5	0.2	0.0	5.7	0.6	1.2	34.1	3.0	2.2	20.8	67.2	139.5
미국(United States of America)												
1979-81	2.7	0.2	0.0	6.1	0.7	0.7	56.6	4.2	0.8	19.2	68.0	159.7
1982-84	2.8	0.2	0.0	6.3	0.7	0.8	54.9	4.0	0.8	19.8	69.9	160.9
1984-86	2.9	0.2	0.0	6.5	0.8	0.8	55.4	3.9	0.9	20.6	72.1	165.0
1986-88	3.1	0.2	0.0	6.6	0.8	0.8	55.4	3.8	0.9	21.2	69.9	163.5
1989-91	3.3	0.2	0.0	6.2	0.6	0.7	29.0	3.5	0.9	21.2	71.7	139.1
1992-94	3.4	0.2	0.0	6.3	0.6	0.8	30.3	3.6	0.9	21.4	74.0	142.3
1995-97	3.5	0.2	0.0	6.6	0.7	0.7	28.7	3.7	0.9	21.7	74.9	142.4
1998-00	3.5	0.2	0.0	7.1	0.7	0.8	30.1	3.8	0.9	22.2	77.5	146.8
2001-03	3.6	0.2	0.0	7.9	0.7	0.8	30.4	3.9	0.8	22.6	82.4	153.5
2004-06	3.7	0.2	0.0	8.3	0.8	0.9	31.3	4.0	1.2	22.9	85.1	158.4
2007-09	3.7	0.2	0.0	8.8	0.7	1.0	30.8	3.8	1.5	22.4	83.0	156.0
2010-13	3.6	0.2	0.0	8.4	0.7	1.1	29.2	3.8	1.4	22.4	89.3	160.0
2014-17	4.1	0.2	0.0	9.0	0.7	1.4	29.7	4.1	1.3	23.2	90.4	164.0
2018-20	4.8	0.2	0.0	9.9	0.7	1.6	40.1	4.4	1.4	24.0	92.9	180.0
2020	5.0	0.2	0.0	11.5	0.7	1.7	41.4	4.3	1.4	24.0	91.9	182.0

2022 식품수급표

2022 FOOD BALANCE SHEET

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